

FEBRUARY 2015

GUIDE — AND — DIGEST



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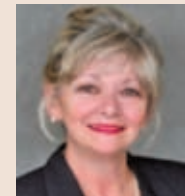
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Lillian Willis



Monica Connolly



Carol Flynn

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Office hours are Monday-Saturday from 10-5 p.m.,
Sunday from Noon-5 p.m., and by appointment.

We recommend an appointment for viewing properties.

Hershey's Mill Community-TV

A fully self-supported nonprofit organization.

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All submissions are welcomed (including articles no longer than 500 words). HMC-TV reserves the right to determine suitability. Send to hmctvguide@comcast.net, Attention Editor. Hardcopy articles are no longer accepted. Submissions must be received five weeks in advance of the issue (no later than the 22nd of the previous month) for possible inclusion in the HMC-TV *Guide and Digest*. Any article received after that date will be reviewed for publication the following month. All articles are subject to editing for space, clarity, and grammar. Contents are from various sources; the information and opinions presented are those of the author, and may not reflect those of Hershey's Mill Community-TV, its officers, or directors.

HMC-TV Guide and Digest

Volume XVI Number 2 – February 2015









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	From The Main Gate	7
	Resident Directory Changes	7
	VD Crossword Puzzle	8
	Getting To Know You	10
	Master Association	12
	HM Bus Trips	16
	HM Series Trips	21
	Dining Around	24
	Valentine's Day Craft	26
	HM Library News	29
	Activities Calendar	30
	Community News	34
	Holiday Lights at HM	36
	HMC-TV Ch20 Programming	38
	Classifieds	41
	HM Golf Club	42
	Club News	46
	Technology Tips	48
	Local History	50
	Recipes	54
	Activities Contacts	57
	Advertisers' Index	58

Ruggeri Cadillac Moving Sale Event

During our Moving Sale Event Mark Ruggeri is selling 2014 and 2015 Cadillacs at GM Supplier Prices.

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Cover: A hand-crafted Valentine's Day heart created by local crafter Catherine Palmquist. Our guide to making your own version begins on page 26.

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FROM THE MAIN GATE

Marc Fraser | Director of Security

Please be **very** aware of “black ice.” This almost-transparent form of ice can sometimes accumulate on outdoor surfaces and is extremely difficult for the naked eye to detect. During this time of year, the Security department responds to a high number of emergencies that are the result of a person slipping and falling on black ice. Storing Ice Melt or salt in the house is an excellent idea, as slippery walkways can be treated without having to first use those walkways to access the Ice Melt or salt in your garage.

Please also be aware that “black ice” is often found on roadways and can make driving quite dangerous. Be sure to obey all local traffic signs and give yourself plenty of room for stopping!

Mid-Winter Warning



RESIDENT DIRECTORY CHANGES

Hamilton, Bill & Jane

Madden, George & Helen

Horner, Carolyn

Murray, Jeanne

Scully, Thomas

Houlahan, Tom, Kathleen,
& Lillian

Reynolds, William &
Rosemarie

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VALENTINE'S DAY CROSSWORD PUZZLE

Across

- 2 More than 6,000 of these ceremonies of love happen every day in the U.S.
- 5 If Valentine, Nebraska isn't quite right for you, head two states south to Valentine in this state.
- 6 Among states, this is by far the leading producer of cut flowers.
- 7 In 200-300 A.D., there were at least _ Christian clerics known as Valentine who were martyred.
- 8 This collection of countries embraced the tradition of exchanging valentines in the 1600s.
- 12 By the Middle Ages, Valentine was one of the most popular saints in _ and France.
- 14 During the Middle Ages, February 14 was commonly believe to be the beginning of the mating season for these animals.
- 15 English poet Geoffrey _ wrote a poem in 1375 that refers to February 14 as the day birds (and humans) come together to find a mate.
- 16 Americans probably began exchanging _ valentines in the early 1700s.
- 19 This state ranks very high in marriages performed even though its population ranks low.
- 20 America's per capita consumption of this was more than 25 pounds in 2005.
- 21 Beating out red roses, _ flowers are the top flower shop seller for Valentine's Day.
- 22 The mid-February celebration of Valentine's Day could commemorate Valentine's death or be an effort to Christianize the celebration of _.
- 24 The oldest known valentine existing today is a _ written in 1415 by Charles, Duke of Orleans, to his wife.
- 25 In late 400 A.D., Pope _ declares February 14 a day for honoring Saint Valentine.
- 27 Esther A. Howland, known as the " _ of the Valentine," made elaborate creations with lace, ribbons and pictures.
- 28 In what country do women give men chocolates for Valentine's Day?

29 Valentine's Day is the _-most popular greeting-card-giving occasion.

30 At about \$8.6 million, American spending on this drink is fourth behind New Year's, Christmas, and Thanksgiving.

Down

1 One legend suggests that Valentine was killed for helping Christians escape Roman prisons, and may have sent a love letter from prison signed _.

3 The median age for marriage is higher in Massachusetts and lower in _.

4 _ purchase approximately 85 percent of all valentines.

9 In the 1300s, Saint Valentine's Day became associated with love and _.

10 As of 2004, there were 1,241 U.S. locations producing chocolate products. California had the most at 136, followed by _ at 122.

11 St. Valentine is officially recognized by the _ Church as a person who died around A.D. 270.

13 In ancient Rome, Lupercalia, a _ festival, was celebrated in mid-February.

17 These were first mass-produced in the U.S. in the 1840s.

18 One legend contends that Valentine was a priest who married soldiers even though Emperor _ II outlawed it because single men were thought to make better soldiers.

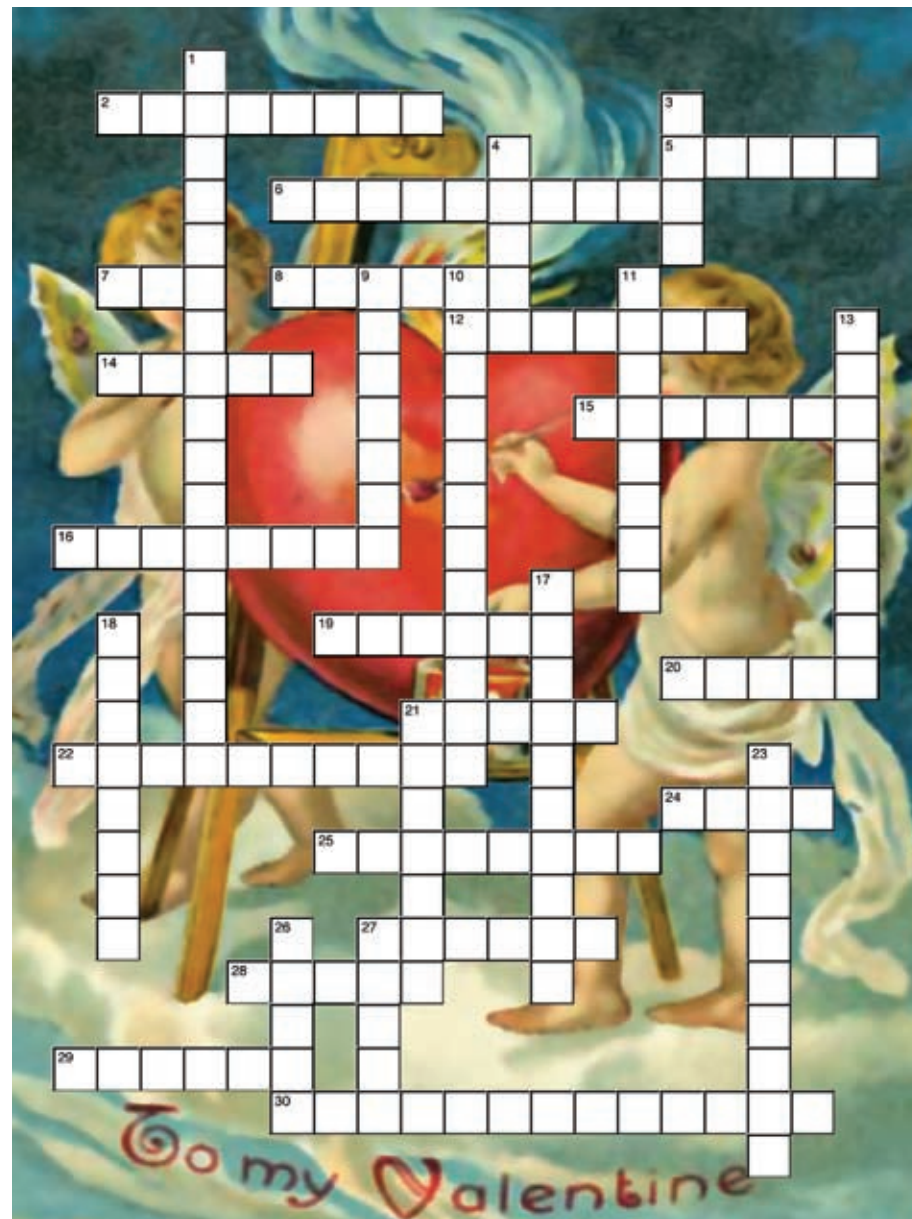
21 About 36 _ heart-shaped chocolate boxes are sold for Valentine's Day.

23 Valentine is not only the patron saint of engaged couples and happy marriages, but many others including this one that will have everyone buzzing.

26 140-150 million of these are exchanged each Valentine's Day.

27 The flower-adorned skull of St. Valentine is on display in the Basilica of Santa _ in Cosmedin, Rome.

It's that time of year when love and romance are in the air, and chocolate and flowers abound. If you haven't told a loved one or friend how much they mean to you, now would be a great time! But what do you really know about Valentine's Day? We thought you might enjoy a fun way to show off your smarts or learn something new. Our crossword puzzle, made just for Hershey's Mill, can help with that. If you need help, or to double-check your noggin, you'll find the answers on page 19.



Greg Gaul | Ulster

Once you pierce the veils of old world British charm and understatement, you discover some striking similarities in their backgrounds that makes them, Heather and John Lutley, really rather unique.

Married fifty-five years, John and Heather share the distinction of having been born and raised in different parts of the world. Heather was born

Heather has always enjoyed interfacing with friends and acquaintances, which has made it easy for her to volunteer here at Hershey's Mill Golf Club heading up the nine holers and participating in other women's golf activities. When you speak with Heather you will notice her elegance enhanced by her British/West Indian accent. John says that when they met that day at Cambridge University, she was "the prettiest girl he

Springton

Meet Heather & John Lutley

Stretching Life's Boundaries

in Trinidad in the British West Indies of an old colonial family with French/German/Irish/Scottish heritage and spent a free and easy early childhood there. John, on the other hand, spent his first nine years in China. Born the son of an Anglican missionary, John developed confidence in an open and free environment with playmates and friends that taught him not to fear the world and all that it offers. Both, in different ways and different parts of the world, were nurtured to cope, engage people and stretch their boundaries. It is still with them today.

had ever met." Cambridge has played an important role in the Lutley family. John was preceded by his father at the University and has been followed there by two grandchildren. Heather and John, after marrying in 1959, lived in Cambridge where their first child was born.

John is a man of plain spoken, yet careful integrity, and it became one of his stalwart skills as he rose the corporate ladder eventually heading up North American Operations as President for Johnson Matthey, a worldwide, pre-

cious metals-based, technology firm, employing some three thousand people here in North America. John worked for ten years in the UK for Johnson Matthey and then for another ten years in Toronto. In 1978, the company transferred him to their US headquarters in Malvern. It was like coming home for him as his mother's family were Philadelphians and he had many relatives here. His great grandfather, John

C. Bullitt, was the lawyer who, in the late 19th Century wrote the Charter for the City of Philadelphia, and then in 1890, with several city friends, organized the formation of the Philadelphia Country Club in Bala, and the golf course followed a few years later.

John and Heather both attended boarding schools in England from an early age. This was family tradition, and they did the same for their three children, Tessa, Jennifer and Richard when they lived in Canada. Their children and twelve grandchildren share the Lutleys' respect and affinity for learning and education. Seven of their grandchildren have graduated from colleges in the US and UK, four are undergraduates and the last one enters college in 2015.

Their backgrounds, learning and practical experience have shaped and stretched their view of the world. Their travel and the places in which they have lived have contributed to that also. They have spent time living in China, India, Canada, Britain, Trinidad, Jamaica and the United States. Heather's father, who was a noted lawyer on the island of

Trinidad, taught her that law and order are the basis of a civilized society, that everyone should be treated fairly and "to try see both sides of any question." John acquired some management skills that he refers to as "managing by walking around" during his time serving in the British Army. These skills helped him immensely in his business career.



Late in his career, John purchased a consulting firm in Washington, D.C. which managed precious metals trade associations. Heather worked with John in this business and used her organizational skills to manage book-keeping, taxes and payroll as well as learning how to use a computer, which, at that time, was quite a new skill. John says she ran the office with "great efficiency."

They have lived in Springton Village here in Hershey's Mill for sixteen years. It has been a wonderful experience for them both. John served on the House Committee and then the Board of Directors of Hershey's Mill Golf Club for a number of years. Today he serves on Springton Village Council and is responsible for landscaping. The unique concept of Hershey's Mill has freed Heather and John to travel, garden, golf, socialize with friends, and visit their far flung family. It truly has been a great place for them to live after retirement.



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MA Board of Directors

Hopefully, by now, you have heard that the Master Association is considering significant renovation of the Pool House Facility. You may also have heard some very high cost figures, perhaps as much as \$1 million. The reality is the Master Association has only conducted a feasibility study and has just now engaged the architect to begin the process of developing Schematic Design and Design Development based on Guidelines developed by the Master Association in cooperation with the Pool Committee and the Sports Group.

The goal of the Master Association is that the renovated Pool House Facility will promote the image of Hershey's Mill as a premier Active Adult Community. The design and features of the Facility were defined to meet the current and anticipated future needs of the Master Association, the Villages, and the many "Mill" activity groups.

This article is an attempt to dispel rumors and clarify actions taken by the Master Association regarding plans for the Pool House Facility. The Pool House is approximately 40 years old; it is not only outdated, but in poor condition and inadequate for today's usage. During the Vision Quest Focus Group meetings and surveys of representatives throughout the "Mill", the Pool House was identified as a priority item for much needed betterment and improvement.

As a result of this evaluation conducted by Board of Directors member Harry Staller – with participation by Tom Daley representing the architectural firm of Daley and Jalboot (D&J), and Carol Campanelli, Pool Committee Chairperson – the needs for a renovated pool house facility were developed. These needs include those desired by the Pool Committee: a year



round Pool House (used by the Sports Group) with an enlarged main room (current Mermaid Cove), improved kitchen, improved locker facilities and storage space. The Master Association identified the need for private meeting space to supplement that of the current Community Center (available for any Community use during those times when the pool is closed). The conservative preliminary estimate for such renovation is approximately \$800,000.

A "Design Guidance" list was formulated to identify the features and requirements for the Pool House Facility. The list was shared with all Village Presidents and revised and finalized at the January 8 Master Association meeting. This list will be used by D&J to refine their initial concept into the final version of the Pool House Facility. D&J has submitted a proposal for

this next phase of the project (i.e. full architectural and engineering design services) at a total cost of \$92,000 (\$72,000 architectural fee and \$20,000 for the required civil engineering). After evaluation and discussion, the Master Association passed a motion to approve only the Schematic Design (to be completed by April 15th) and Design Development (April through July) efforts (\$25,200) of this proposal. Additionally, the necessary engineering survey at a cost of \$8,500 was

approved and was completed in January. The results of these contracted efforts (updated Facility Design and revised cost estimate) will be presented to the Master Association and will provide the information needed to make a decision on further implementation of the project.

The Master Association believes that the above action is the appropriate approach for evaluating and implementing this project.

Pool House Facility Progress Report

Pool House Facility – Design Guidance

Aesthetic Characteristics – The renovated Pool House should be an attractive building. The design should incorporate features that reflect an appreciation of style and quality.

Design Guidance – The Pool House Facility concept provided is a starting point for the desired buildings. The key features desired in the final design are:

Pool House

- Location on or near current building site.
- A single story structure design for year round usage including air conditioning for summer usage.
- Provide an expanded meeting/party room of approximately 800 square feet.
- Provide an adjacent screened in porch.
- Provide both male and female rest room facilities appropriate for a senior population, with provisions for handicapped usage.
- Provide convenient storage area adjacent to the main room for tables and chairs.
- Provide adequate kitchen facilities.

Continued on page 15

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Locker Room and Pool Staff Office

- Replace or renovate current locker room and improve ambiance and appearance. *Note:* this room is only for pool season usage.
- If possible, increase the size/number of shower's in the Women's Room – space could be taken from the Men's changing area.
- Provide a pool staff office of approximately the current size. *Note:* this room is only for pool season usage and can be combined with the locker room.

Storage Building/Area

- Expand storage area to accommodate pool and sports group equipment. *Note:* Storage area can be separate building or prefab shed without heating or cooling.

Other Pool House Site Features

- Provide features that prevent access to pool area when pool is closed and during off season.
- Provide features that permit access to main building and restrooms when pool is closed and during off season.
- Incorporate lighting in and around Pool House and parking area suitable for night usage.

Facility Cost and Operational Expenses

- Design and construction techniques and features that minimize cost should be utilized.
- Equipment operational efficiency should be major criteria in systems selection.
- Design characteristics and features that have significant cost impact should be identified along with lower cost options.

All residents should be aware that the Pool House Facility and other Vision Quest programs will be implemented without resident assessment increases.

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TRIPS ARE LISTED IN
CHRONOLOGICAL ORDER

West Chester University - Traditional Irish Music & Dance

Friday, February 27, 2015

Cost: \$21

Departs: 6:45pm

Contact: Connie Cline

Brian Conway, premier Irish-American fiddler, performs with skill, grace, and force that are steeped in tradition but distinctly his own. Well known in the Irish/Celtic community, he has won numerous all-Ireland fiddling competitions and has been called one of the best fiddlers of his generation.

West Chester University - President's Speaker Series: Jane Pauley

Friday, March 6, 2015

Cost: \$29

Departs: 7:15pm

Contact: Ruth Sugar

Jane Pauley – *Your Life Calling*. A respected broadcast journalist for over 30 years, Jane Pauley's career has spanned morning, primetime, and daytime television, making her one of the most recognizable personalities in America. Call now to reserve your seat as this trip will fill up quickly!



The HM Bus Committee is always looking for more volunteers to share ideas and plan trips! If interested, call Marc Fraser at

All bus riders must be age 18 or older!

Trip payment checks should be made payable to "Hershey's Mill HOA".

Bus leaves promptly at the scheduled time. Please plan to arrive 10 minutes early.

West Chester University - Popovich Comedy Pet Theater

Friday, March 27, 2015

Cost: \$21

Departs: 6:45pm

Contact: Connie Cline

A world famous blend of the unique comedy and juggling skills of Gregory Popovich and the extraordinary talents of his performing pets. Each of the show's 15 cats and 10 dogs were once strays and rescued from animal shelters. Enjoy an extravaganza of European-style clowns, amazing juggling and balancing acts, and very talented performing pets. We have excellent seats set aside for us.

West Chester University - Taiko Drumming & Japanese Folkloric Dance

Tuesday, March 31, 2015

Cost: \$17

Departs: 6:45pm

Contact: Dolores Labowskie

Nearly 30 drummers and dancers from Tamagawa University in Japan return to WCU for an athletic and graceful performance. This amazing stage show has received rave reviews from the *New York Times* and other media outlets. Join us for an exciting and unique experience!

National Iron & Steel Museum

Wednesday, April 8, 2015

Cost: \$20 + Lunch

Departs: 9:45am

Contact: Jane Bevan

Join us as we travel to Coatesville to visit the National Iron & Steel Museum where a guide will explain the historic developments of this local steel mill and many artifacts. The restored homes of Isabel Huston and Rebecca Lukens will be open for us. Remember the Silver Diners of the 1950s? We will be having lunch and fun at Wimpy & Dees Diner in Honey Brook. Lastly, we will be visiting the unique September Farm Cheese and Country Store. As in the

1950s, please pay for your trip lunch and other trip purchases in cash.



Philadelphia Zoo

Monday, April 20, 2015

Cost: \$29 + Lunch

Departs: 10:00am

Contact: Priscilla Burt

Visit America's first zoo, located on a 42-acre Victorian Garden and home to more than 1,300 animals; many rare and endangered. Recent additions include first-of-its-kind animal trail systems, including the Big Cat Crossing, Treetop Trail, and the Great Ape Trail. Lunch is on your own at the Zoo.

Continued on page 19



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When you talk with senior adults about the quality of life at a retirement community, dining is always near the top of the list. Why? Well-prepared, healthy and tastefully presented menu options are part of the joy of living – and part of every day life at Riddle Village.

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MAG/HMGD/11-14

HERSHEY'S MILL BUS TRIPS (continued)

Penn's Peak – "Branson Fever"

Wednesday, May 6, 2015

Cost: \$62

Departs: 9:00am

Contact: Ann McClay

Experience family dining at Penn's Peak while enjoying a performance of *Branson Fever*. The show features Dave Rehrig of Twitty Fever, the comedy of Crazy Elmer, and a tribute to Dolly Parton! They'll entertain you with favorites like "It's Only Make Believe", "Hello Darlin'", "I Will Always Love You", "Jolene", "9 to 5", and more. Combine these hits with the knee-slappin' comedy of Crazy Elmer, and you've got yourself an afternoon of music and fun, Country Style! You will also enjoy a breathtaking overlook of nearby Beltzville Lake and a picturesque 50 mile panoramic view of northeastern Pennsylvania's Appalachian Mountains. Lunch and show are included in the price.

Penn's Peak – "A Tribute To Elvis"

Tuesday, May 12, 2015

Cost: \$66

Departs: 9:00am

Contact: Ann McClay

Experience family dining and live entertainment at *Mike Albert & the Big E Band: A Tribute to Elvis*. Mike Albert's "Ultimate Tribute" show has become known worldwide for the respectful portrayal of the late Elvis Presley. Mike won several major world Elvis contests, and demand for his shows resulted in a seven piece Big E Band to emulate the sound Elvis' band had in Vegas and on tour. Mike's powerful voice lends itself to every type of Elvis' music – rock and roll, love songs, and gospel. You will also enjoy a breathtaking overlook of nearby Beltzville Lake and a picturesque 50 mile panoramic view of northeastern Pennsylvania's Appalachian Mountains. Lunch and show are included in the price.



Valentine's Day Crossword Puzzle Answers

Across

2. Marriage
5. Texas
6. California
7. Two
8. Europe
12. England
14. Birds
15. Chaucer

16. Homemade
19. Nevada
20. Candy
21. Mixed
22. Lupercalia
24. Poem
25. Gelasius
27. Mother
28. Japan

29. Second
 30. SparklingWine
- #### Down
1. FromYourValentine
 3. Utah
 4. Women
 9. Romance
 10. Pennsylvania
 11. Catholic

13. Fertility
17. Valentines
18. Claudius
21. Million
23. Beekeeping
26. Cards
27. Maria



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HERSHEY'S MILL SERIES TRIPS

2014-2015 Philadelphia Orchestra

Friday Evening Series

Cost: \$14 (Bus Only) + Admission
Departs: 6:00pm
Contact: Ann Seraphin

The enthusiasm for the Philadelphia Orchestra continues, and there are only a few seats available on the bus for the remaining select 2014-2015 season dates:

March 20, 2015

May 1, 2015

Call now to reserve your place.

2014-2015 West Chester University Travel Adventures Series

Evening Series

Cost: \$8 (Individual Bus Fee) + Admission
Departs: 6:30pm
Contact: Ruth Sugar

This series is a wonderful and inexpensive way to see the world! The WCU Geography Department's remaining 2014-2015 season programs are:

Tuesday, March 17, 2015 – The Soul of India

Monday, March 30, 2015 – Lure and Lore of Deserts

Participants need to order program tickets on their own. These may also be purchased at the door.



2014-2015 DuPont Theatre

Wednesday Matinee Series

Cost: \$14 (Individual Bus Fee) + Admission
Departs: 12:30pm
Contact: Ruth Sugar

The remaining performances we will be attending this year are:

April 15, 2015 – Camelot is the story of King Arthur's kingdom – its passion, pageantry, and betrayal.

May 13, 2015 – Guys and Dolls is set in Damon Runyon's mythical New York City. This oddball romantic comedy soars with the spirit of Broadway! Participants need to order program tickets on their own.

2014-2015 Walnut Street Theatre Series

Thursday & Saturday Matinees

Cost: \$40 per show
Departs: 12:30pm
Contact: Ruth Sugar (Thurs. shows)



Contact: Connie Cline (Sat. shows)

We are collecting names for the Wait List, as series subscribers often miss performances due to scheduling conflicts. Remaining dates and shows are as follows:

Thurs. 3/26/15 and Sat. 4/4/15
 Agatha Christie's *And Then There Were None*

Thurs. 5/28/15 and Sat. 6/6/15
Memphis



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Louise O'Brien | Springton

At last! West Chester now has its own Fellini Café. After many years in Newtown Square, Manny Matsos has opened up his new restaurant in the Waterview Apartments on Route 3, an easy and short drive from Hershey's Mill. The driveway entrance is the first driveway after the Goshen Apartments. Manny brings a friendly, welcoming personality to this causal but upscale restaurant featuring moderately priced Italian cuisine; and is close enough to

(#34) won with Linda Lang's choice of Tagliatelle Fellini coming in a close second. Eve Bailey chose a Panini served with homemade potato chips and a side salad that made a great lunch. Owner Manny's favorite is the Veal Parmigiana (#61); but for a special treat try the Involtini Fellini (#60) a combination of veal, spinach, and blue cheese in a cream sauce. Your dinner comes with a complimentary Bruschetta and if you happen to mention you are from Hershey's Mill, Manny will pour you a complimentary glass of wine. Honestly,

Fellini Café

Casual Restaurant
Gourmet Food

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BYOB

"The Mill" even if the weather is not the best.

Fellini Café has an extensive menu with at least 63 regular items to choose from and 4-5 daily specials; there really is something for everyone. Portions are large and attractively plated, and the salads resemble a flower arrangement. Leftovers are graciously boxed for take home. And very important to "Millers", the menu always includes fresh seafood, the grouper being my personal recommendation.

Several Channel 20 volunteers enjoyed four different entrees and had trouble deciding whose choice was the best. Lee Gamma's choice of Penne Fellini



there are too many exciting items on the menu to mention, but we all can't wait to go back and try each one. Rest assured, all your old favorites are available as well.

Take special note that Fellini Café has a \$12.99 luncheon special that includes your choice of any salad on the menu and your choice of any entrée. Lunch is served until 4pm. If you can save a

bit of room, you won't want to pass on the desserts which include four flavors of gelato, Limoncello raspberry cake,

Photos courtesy of Linda Lang and Fellini Café

Tiramisu, chocolate truffles, cheese cake, and other decadent treats.

The restaurant is brightly decorated, very clean and appealing. Beautiful granite topped tables are set with ample sized cloth napkins. The atmosphere compliments your dining experience with music that



does not interfere with table conversation. Another plus is the menu, printed in large type to make reading easy. To add a bit of old world style, the menu covers are leather direct from Italy.

Fellini Café has takeout service available now, with online ordering expected to be up and running by February. For parties of 20 or more, they have an extensive catering menu with delivery service to Hershey's Mill. On off nights like Monday, Tuesday and Wednesday, special table placement is available at the restaurant which nicely facilitates group conversation.

The restaurant is located on the west bound side of West Chester Pike approximately ¾ miles west of Route

352. It is situated on the grounds of the Waterview Apartment complex in what was the former Mythos Greek restaurant. From Hershey's Mill, take Route 352 to West Chester Pike, make a right, then go down to Waterview Road and make another right. The entrance to the Fellini Café parking lot will be on your left.

Hours are Sunday through Thursday from 11am to 9pm, Friday and Saturday 11am to 10pm. Reservations are suggested, especially on Friday and Saturday nights. The average

wait time is 5 to 15 minutes with reservations.

Manny has successfully run his original restaurant in Newtown Square for several years, and based on the two visits that Gerry and I have paid to this new restaurant, he is going to be just as successful here in West Chester.

Fellini Café has good food with an extensive menu, moderate prices, a nice atmosphere, all the advantages of a BYOB, and it is close to home – what more could we ask for?

VALENTINE'S DAY CRAFT

We hope that you enjoy the beautiful, unique, and hand-crafted Valentine's Day heart that adorns this *Guide and Digest* cover; and another variation on the Activities Calendar. These were both created by the marvelous local crafter Catherine Palmquist who has graciously shared them with us.

There are approximately 36 million heart shaped chocolate boxes sold each year. The way we see it, that is a craft project just waiting for you. Good for the earth, great for using up those small

Just about any size box can be used and it doesn't matter whether you use the top, bottom, or both. Note that many boxes have a



flange on the top and/or bottom sections that we like; it frames the box nicely and guides the edge banding.



fabric scraps, easy to do, quick and fun; of course, burning off those chocolate calories is an entirely separate project – hello pickleball!

Getting started is as easy as choosing a box, fabric squares, and some mini-cupcake papers; then obtaining some soft stuffing along with fabric glue and ribbon. A low temperature glue gun works quickly but isn't necessary. Construction begins by placing the empty papers in

the box to determine how large the candies should be. Once determined, cut fabric and place a small wad of stuffing inside each to create a ball with a pinched seam at one spot. This can be glued shut (or sewn), then glued into a paper to hide the seam. To create a truly unique look, make papers by folding your own.

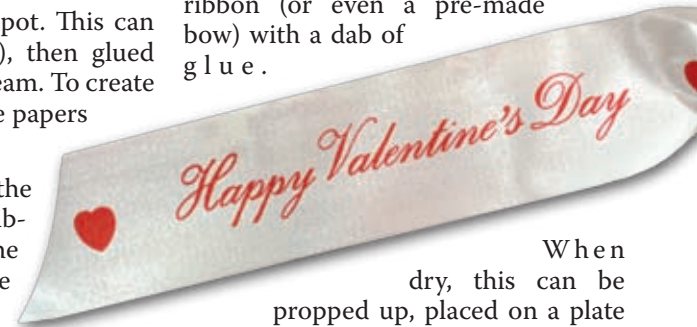
Next, wrap the edge of the box in either fabric or ribbon and glue a seam at the indent of the heart. If the box sides are to your liking, you can leave them as is. Now it's time to dry-fit the fabric



candies into the box, and they can be as tight or loose as you desire. It may take some practice to get the candies

made and fitted in the box just right, but even a first try usually looks great.

To finish up the project, just add your ribbon (or even a pre-made bow) with a dab of glue.



When dry, this can be propped up, placed on a plate stand, or a stick-on picture hook can be added for hanging. That's all there is to it, though the variations are endless.

For a more realistic look, you might try using the actual candy papers, and fabrics in shades of brown; maybe even some brown and gold puff paint to mimic chocolate top decorations. Have fun with this project, alone or in a group, and let us know if you need a hand emptying out all of those chocolate boxes.



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Michael C. Neale, P.C.H.
Connie L. Friedrich, P.C.H.



HM LIBRARY NEWS

Donna Spoto | Ulster

It is likely **cold** outside! For those of us that have not escaped to a warmer climate, I suggest you curl up with a good book; and new books are at the library. Our librarian Peggy McReynolds has just purchased 2015's best sellers so come see what's available. If you know someone who is unable to get to the library, please contact Becky Bell at _____ and arrangements will be made to get books to that resident.

Another thought on a cold day may be cleaning out some books and donating them to the library for our used book sale in September. Please remember that we would like "gently used" books. Religious books should go to a local church.

Community Center Library Hours

Monday to Friday 10am-2pm

Saturday 10am-Noon

www.hmlibrary.com

Consider joining "Friends of the Library" for a yearly contribution of \$5, or more if you choose, which entitles you to attend our used book sale preview party on Friday, September 11.

Warmer days will be here before you know it.

My two favourite things in life are libraries and bicycles. They both move people forward without wasting anything. – Peter Golkin

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				30	31	1	
<p><i>Time is too slow for those who wait, too swift for those who fear, too long for those who grieve, too short for those who rejoice, but for those who love, time is eternity. – Henry Van Dyke</i></p>							
2	3	4	5	6	7	8	
8:30am Aerobic Dancing/Exercise 10:00am Ageless Exercise 12:00pm (SH) Circle Of Friends 12:30pm Mah Jongg 12:30pm WH Duplicate Bridge 3:00pm Bridge 7:00pm WH Duplicate Bridge	12:30pm HMGC Bridge 1:00pm Pinochle 1:00pm Mah Jongg 1:30pm Mah Jongg 3:00pm (SH) Railroad Club	7:30am Men's Bible Study 8:30am Aerobic Dancing/Exercise 9:30am Intermediate Bridge Lesson 10:00am Ageless Exercise 12:00pm Art Group 12:30pm Social Club Bridge 12:30pm Billiards 1:00pm Dominoes 7:00pm Casual Singing Group 7:30pm Mah Jongg	10:00am Alzheimer/Dementia Support Group 10:00am Yoga 12:30pm Billiards 1:00pm (SH) Chess Club 1:00pm Knitting Circle 2:00pm Card Games 6:30pm Poker 7:00pm Stress Management Class	8:30am Aerobic Dancing/Exercise 9:00am HMGC Bridge 10:00am Quilters 10:00am Ageless Exercise 12:30pm Billiards 1:00pm Pickleball Mah Jongg			
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16	17	18	19	20		21	22
8:30am Aerobic Dancing/Exercise 10:00am Ageless Exercise 12:00pm (SH) Circle Of Friends 12:30pm Mah Jongg 12:30pm WH Duplicate Bridge 3:00pm Bridge 7:00pm WH Duplicate Bridge	10:30am Hearing Screening 12:30pm HMGC Bridge 1:00pm Pinochle 1:00pm Mah Jongg 1:30pm Mah Jongg 3:00pm (SH) Railroad Club 7:00pm Investment Club	7:30am Men's Bible Study 8:30am Aerobic Dancing/Exercise 9:30am Intermediate Bridge Lesson 10:00am Ageless Exercise 12:00pm Art Group 12:00pm Social Club Bridge 12:30pm Billiards 1:00pm Dominoes 7:30pm Mah Jongg	10:00am Yoga 12:30pm Billiards 1:00pm (SH) Chess Club 1:00pm Knitting Circle 2:00pm Card Games 6:30pm Poker 7:00pm Stress Management Class	8:30am Aerobic Dancing/Exercise 10:00am Quilters 10:00am Ageless Exercise 12:30pm Billiards 1:00pm Pickleball Mah Jongg			
23	24	25	26	27		28	
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February 2015 Activities Calendar

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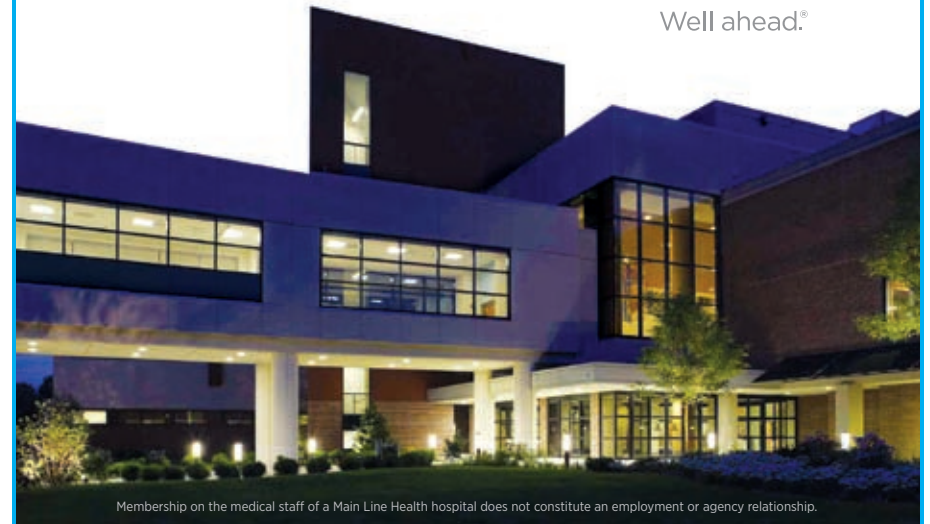
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ART LOVERS COURSE

Bernice Soffer | Kennett

Are you an art lover, but look at a work by Picasso and wonder, "What was he thinking?" Wonder no more, because right here at Hershey's Mill your questions will be answered.

The Violette deMazia Foundation, an offshoot of the famous Barnes Foundation, will be offering a series of three classes on an objective way at looking at cubism – Picasso, Braque, Duchamp and others. It will explore the "why" of the distorted images in an effort to



determine what the artist is trying to tell us and what makes the work move us aesthetically.

The course will be offered in the Ardmore Room at the Community Center on Thursday, **April 16, 23, and 30** from **1pm to 3pm**. For more information, and to sign up, call the Foundation at 610-971-9960. You can also access their web site at www.demazia.org.

keyboard player. If you play one of the above instruments, know someone who does, or would like additional information, please call me at

REMEMBERING DEBBIE LEE

Hershey's Mill Community-TV

There are those special people whose ever-present smile and zest for life are an inspiration, and this was the case with our friend Debbie Lee. We lost Debbie late in 2014, but are so grateful that she has been a part of our Channel 20 family. Even at this sad time, we carry her joyful spirit forward knowing she wouldn't want it any other way.



bring so many of the wonderful bands that have graced our stage. In fact, we were pleased to have featured both she and Jack Keeley, co-chairs of these concerts, on the cover of the August *Guide and Digest*.

Even those who didn't know her well had the chance to share a smile. Debbie didn't just listen to the music she loved, it moved her. She was that woman, dressed brightly and



often singing along, that you would see out the corner of your eye dancing at the concerts. So when the next concert rolls around, and it's a perfect summer evening, when you are gathered with friends, and the band is really swinging, put on your best smile and dancing shoes – she'll be right there with you.

One of Debbie's great joys was the wonderful live music of the outdoor Summer Concert Series. Her work on these events began in 2010 and her enthusiasm helped



CASUAL SINGING GROUP GOING STRONG

Sally Thompson | Franklin

If you like to have a really good time and you love singing, you don't know what you are missing if you don't join us on the first Wednesday evening of every month! Our guitar accompanists are such good musicians that they alone are a joy to have in the room and they make the rest of us sound so good. We are changing the time to **7pm to 8:30pm** this month on **February 4**. We meet on the top floor of the Community Center, going up the stairs next to the library. We consider ourselves to be a Baby Boomer activity, due to the evening hours for those that still work, but one of our best singers is a gentleman of 86 years! For more information, call

HM HOME SALES 2014 OVERVIEW

Lynne Carter | Kennett

2014 was a very positive year for those people who sold their home or purchased one in our HM Community.

- Sold and settled: 100**
- Sold pending settlement: 9**
(as of December 31, 2014)
- Average Days on Market: 30**

The inventory continues to be low and we are seeing price increases including multiple offers on some properties.

The Average Days on Market in 2013 was 79 (now 30 days as shown above); so you will notice that Hershey's Mill is a popular destination for those looking for Active 55 Plus Community living.



The outlook for 2015 is very positive given there are nine properties pending settlement as of the end of December, 2014, and seven of those were scheduled to settle in January of 2015.

The marketing efforts of the Master Association have been significant and successful. We all live in a wonderful community and should be proud to call Hershey's Mill our home.

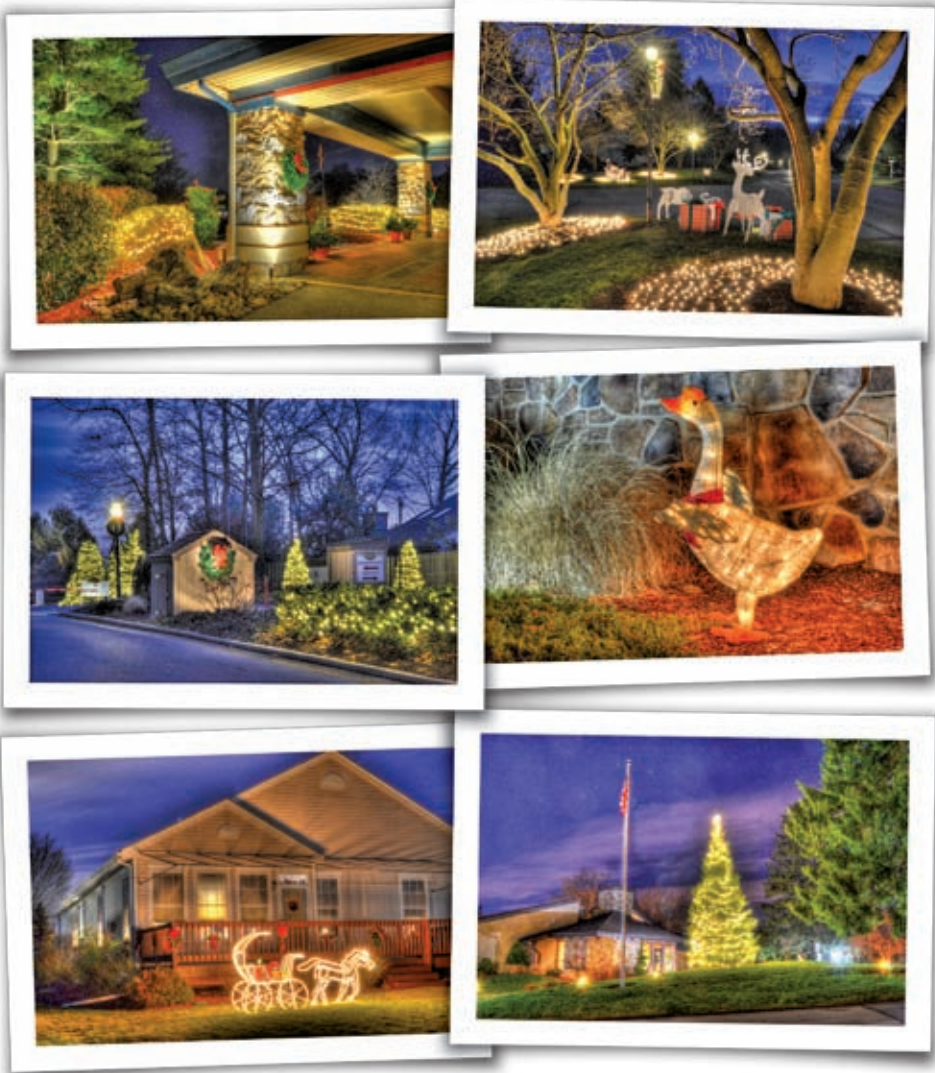
CLASSIC ROCK BAND

Mark Blaha | Springton

We need musicians to complete a classic rock band. Needed is a guitar and

HOLIDAY LIGHTS AT HERSHEY'S MILL

For residents and visitors alike, the early winter holidays are a lovely time to be out and about at Hershey's Mill. Nearly everywhere you turn there is the twinkle of lights, glittering decorations, or seasonal ornamentation to add to the beauty of the Mill. We hope that you enjoy a look back, or for those out of town enjoy a first look, at these photos from the end of 2014. Our thanks to all the village volunteers who braved the cold, the dedicated Hershey's Mill landscape and maintenance staff, and the inspired homeowners who work so hard each year to brighten all our lives! Photographs courtesy of Todd P.



Original Programming	February 1-15, 2015			
Slips, Trips and Falls - Part 1 <i>With Lee McCarthy</i> The first of a four-part series with Mike Rackover on the dangers of falling among older people explores the topic of why do we fall as we age.	10:00 am	4:00 pm	7:00 pm	12 am
Slips, Trips and Falls - Part 2 <i>With Lee McCarthy</i> Mike Rackover on preventing falls among older adults.	10:15 am	4:15 pm	7:15 pm	12:15 am
Slips, Trips and Falls - Part 3 <i>With Lee McCarthy</i> Mike Rackover cites the risk factors leading to falls.	10:30 am	4:30 pm	7:30 pm	12:30 am
Slips, Trips and Falls - Part 4 <i>With Lee McCarthy</i> Mike Rackover concludes with an overview of the problems of seniors and falling.	10:45 am	4:45 pm	7:45 pm	12:45 am

Movies Noon and 8:30pm	February 1-7 Eight On The Lam (PG) <i>Bob Hope and Phyllis Diller</i> When a bank teller is falsely accused of embezzlement, he goes on the lam with his seven children. [Run time 1h7m]
	February 8-14 Persuasion (PG) <i>Amanda Root and Ciaran Hinds</i> Jane Austen's last completed book before her death. [Run time 1h4m]

Bulletin Board	1:00am-10:00am	11:00am-Noon	Following the movie until 4:00pm
	5:00pm-7:00pm	8:00pm-8:30pm	Following the movie until Midnight

HMC-TV Channel 20 reserves the right to make program substitutions, and all dates and times are subject to change. The expressed opinions of reporters, guests, or advertisements in this publication or in any Channel 20 telecast shall not be construed as an endorsement by HMC-TV Channel 20. ©2015 HMC-TV

Original Programming	February 16-28, 2015			
22 Park Avenue Swing Band - Part 1 Excerpts from one of last summer's HMC-TV concerts that took place in the HM Golf Club parking lot.	10:00 am	4:00 pm	7:00 pm	12 am
22 Park Avenue Swing Band - Part 2 More of the concert.	10:15 am	4:15 pm	7:15 pm	12:15 am
Transatlantic Crossings - Part 1 <i>With Kay Ricker</i> Traveler Carolyn with memories and mementos from crossing the Atlantic Ocean on both the QE2 and the Concorde.	10:30 am	4:30 pm	7:30 pm	12:30 am
Transatlantic Crossings - Part 2 <i>With Kay Ricker</i> This interview focuses on flying the Atlantic on the Concorde.	10:45 am	4:45 pm	7:45 pm	12:45 am

Movies Noon and 8:30pm	February 15-21 Flying Scotsman (PG-13) <i>Johnny Lee Miller and Brian Cox</i> The true story of Graeme Obree, the champion cyclist who set world records atop a homemade bike comprised of washing machine parts. [Run time 1h36m]
	February 22-28 Hotel Rwanda (PG-13) <i>Don Cheadle and Joaquin Phoenix</i> Based on a true story, a hotel manager tries to rescue over a thousand Tutsi refugees during the Rwandan Genocide. [Run time 1h21m]

To view Channel 20's Original Programming on your computer:

Go to www.hersheysmill.org, choose "Original Programming" from the "HMC-TV20" tab, then click "TV Original Programming".

To view or print the HM TV channels listing:

Choose "Cable TV Line-up". A listing is available for both the basic channel lineup as well as the complete Comcast channel lineup.



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CLASSIFIEDS

Ad deadline is the 22nd and will run the following two months at no cost. Limit description to 30 words per item, and include pricing and contact information.

Email submission to hmctvguide@comcast.net, attention Louise O'Brien, or place printed/typed copy in the Channel 20 mailbox outside the building. All ads are subject to review and editing. You must be a HM resident to advertise.

FOR SALE Matching round 42" **coffee table** and 52" **sofa table**; glass and wood top with wrought iron ornate legs. \$75 each. Small size **antique rocking chair**. \$50. Call

FOR SALE Four year old Waterloo Gardens **outdoor dining set**; 60" round table with 4 chairs. Rubber Maid **storage chest**. Four **outdoor chairs**. Call

or

FOR SALE Rarely used **pine table**, 3' 8" by 2' 2"; includes two **ladder-back chairs** with rush seats. \$100 or best offer. Call

FOR SALE Two **Drury rugs**, one 8' x 10' and one 6' x 9'. Off white background with muted color flowers. \$75 each or best offer. Call

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continuous exercise. There is a large retractable tray for your book or laptop. There are also attachments for adjustable bands so you can do 50 more exercises for all your muscles. Google this amazing chair for more details. \$500 (purchased 6 months ago for \$1,000). Call

WANTED **Musicians** to form a classic rock band: bass guitar, rhythm guitar, keyboard, lead guitar. For more information, call Mark at

WANTED **Fireplace door** (one or two) for a Heatilator fireplace, model number HF42A; size is 42" x 19 11/16". It is the standard Heatilator fireplace in Heatherton Village. Call Bob at

FREE All-weather **wicker loveseat** with cushions. Call or

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Reiny Ludin | Yardley

Rick has been a member of the HM Golf Club Board of Directors for two years and has been President since 2013. He is the first Board Member since the 1980s who is not a resident of “the Mill”, and he represents a portion of the Club

February Club Activities

- Valentines Day Dinner..... February 14
- Indoor Mini-Golf..... February 28

membership that until his election was not represented on the Board. As a full golf member since 1995, Rick is a valuable asset to the Club both as a regular golfer and as President.

Currently enjoying his retirement from PNC Wealth Management, as Vice-President, he is now able to devote more time to his family; wife Joann of 40 years, children, and grandchildren. He also has a number of other passions, least of which is playing as much golf as he can, and he is an excellent cook, specializing in Italian cuisine. After indulging in a wonderful lunch

which Rick catered for the Board, I must admit that the reason for this article is twofold. First, we wanted to introduce Rick to the Hershey’s Mill community as Club President, and second to have him share a recipe or two. Thanks to Rick for all he does for the Club.

best. I always use San Marzano tomatoes. Cento, sold in most stores is also a good brand. Into a large pot, add around six cloves of chopped garlic to a little extra virgin olive oil, being careful not to burn the garlic. Add the tomatoes to a blender and puree, add-

Introducing The HMGC President Rick Monterosso



Good putters believe they are good putters. – Curtis Strange

Golf Tip

If Mother Nature is still forcing our practice time indoors then this putting drill should be part of the routine. Put a yardstick on the floor and continually make straight back and straight through strokes above it. This drill will coordinate the feeling of a straight stroke with the visual of the stroke. You will have a little trouble with this exercise until you begin

to slowly position your hands directly beneath your shoulder sockets at address. Once you feel comfortable with your stroke, place a ball on the yardstick at the 12 inch mark and putt it off the end, trying to keep it on the yardstick. Then challenge yourself with longer and longer putts, an inch at a time.

Matt Harvey, PGA

Please enjoy his menu suggestions for Mediterranean Salad and Simple Marinara Sauce.

Rick’s Mediterranean Salad

Wash and cut up a large head of romaine lettuce. Add one pound of steamed shrimp with no seasoning. Add one pound of jumbo lump crab meat, being careful not to break it up. Season with salt and pepper. For the dressing, squeeze at least three lemons into the salad, along with extra virgin olive oil. Mix gently and top off with Parmesan Reggiano cheese. Serve with a chilled white wine for a healthy and delicious meal.

Simple Marinara Sauce from Rick

Most people add too many ingredients in their sauce and I believe less is

ing them to the pot. Add fresh basil and some Peccorino Romano cheese, also known as Locatelli cheese, and simmer for around 90 minutes. You will have a wonderful old world sauce to add to any pasta.

As Italians say – “manga” or let’s eat!



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APPLE MAC CONNECTION

Carol Campanelli | Ulster

Help about all things Macintosh is provided by Bob Barton in a question and answer format on the 4th Saturday of each month on the second floor of the Community Center. He encourages attendees to email him questions at sothathecaninclude so that he can include them on his agenda. There won't be refreshments this month, but feel free to bring your own coffee and learn how to better utilize your Mac.

BOOK CLUB

*Anne McAssey | Merrifield
Audene Paulson | Eaton*

Persuasion by Jane Austen

Enjoy this saga of love, marriage and the social customs of the middle class English in the early nineteenth century. This is Jane Austen's last novel, written when she was 41.

Join us on February 12 at 2pm in the Sullivan House.

CHESS CLUB

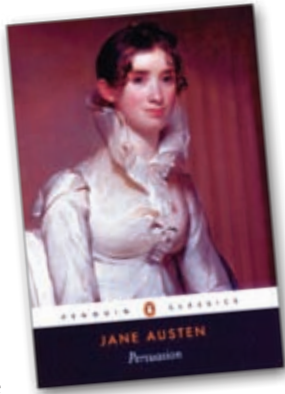
Miki Sugar | Quaker

Meetings are on Thursday at 1:30pm in the Sullivan House. New members, or for more information, please call

COMPUTER CLUB

Don Trauger | Kennett

Be sure to attend the PC Club meeting on Tuesday, February 10 at 7pm in the Ardmore Room of the Community Center. There is a new topic discussed each month as well as a question and answer segment. This month we will discuss AdwCleaner. So bring your questions and we will make an effort to get you answers.



DOMINOES

Sheila DiCroce | Devon

Join us for Mexican train dominoes and some fun with your neighbors. We meet Wednesdays from 1pm to 3:30pm

upstairs in the Community Center. For more information call

OPEN BUNCO

Agnes O'Leary | Eaton

Open Bunco meets the second Tuesday of the month through April at the Community Center Hall. All are welcome, so bring your friends and neighbors. A \$3 fee is paid at the door and used for prizes that night. Doors open at 6:30pm for socialization and with the game promptly starting at 7pm. Play stops at 8:30pm. We are hoping for a group of 40 so please email if you wish to attend. Walk-ins are welcome as long as we have room. Contact Pat Phillips at patphillips@winfieldhall.com or [717-431-3338](tel:7174313338), or Barbara Harney at [717-431-3338](tel:7174313338).



The Winfield Hall Duplicate Bridge group gathered for fun and competition on December 29 in the warm glow of the Hershey's Mill Community Center.

PINOCHLE CLUB

Erna Graham | Franklin

The Pinochle Club meets in the upper room of the Community Center on the

first and third Tuesday of each month, with play from 1pm to 3pm. We are low key and welcome anyone who has previously played or would like to learn to play. We don't play for money, and we start promptly at 1pm. Pinochle is a fun game and provides healthy mental activity. Our members are patient and enjoy interacting with new members. For more details, call

STRESS MANAGEMENT

Anita Weeks | Kennett

If you want to heal yourself, we are teaching remedies to relax you; then your body will be able to heal better – quickly and without as much distress. Join us for classes on Thursdays from 7pm to 8:20pm in the Community Center Billiards Room. RSVP to anitaw@winfieldhall.com

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Don Trauger | Kennett

AdwCleaner is another free malware cleanup program that can be utilized should your computer become infected. Of course, if you have previously installed my recommendation of Malwarebytes, you may not need AdwCleaner. However, I have seen several

have chosen to download. Always remove check marks next to selections for unneeded programs other than the one you want; and *read very carefully* each installation window to see if additional software may be installed by other means. I have seen selections of PUPS embedded in fake license information. You seldom need a license for a free program or a trial of a program.

AdwCleaner

cases and have been told by another user that AdwCleaner removed some malware that Malwarebytes did not detect. This is a common issue in the industry. Each anti-malware company uses its proprietary detection and removal methods and the results will differ. Anti-virus programs work the same way. No two will produce the same detection and removal results.

AdwCleaner detects and removes the same type of malware that Malwarebytes does. It will remove browser hijackers, toolbars, and other unwanted programs. Often these potentially unwanted programs (PUPS) come bundled with a program that you may

Unfortunately these PUPS can also infect your computer simply by visiting a web site without clicking on anything. It can be very frustrating when you get infected, but having the right tools at your disposal can minimize the pain.

As good as Malwarebytes is, it's not perfect. A second opinion is always a good idea. I recommend that when Malwarebytes detects an infection and it's quarantined, you follow up with a scan using AdwCleaner. This program works well on its own, but better yet in conjunction with Malwarebytes.

My recommended free security installations (three total) are Malwarebytes,



Bitdefender Anti-Virus, and AdwCleaner. Malwarebytes can be downloaded from www.malwarebytes.org. Bitdefender can be downloaded from www.bitdefender.com/solutions/free.html. And AdwCleaner can be downloaded from <https://toolslib.net/downloads/viewdownload/1-adwcleaner/>.

If using Bitdefender, remember to uninstall or turn off any other anti-virus program (such as Norton, McAfee, etc). Only one anti-virus program should be active on a computer.

After any of the programs are downloaded, you will probably find them in your Downloads folder. Double click them to install.

Once AdwCleaner is installed, start it by clicking the Scan button and then allow it to proceed. After scanning you may see some entries in the various Results categories such as Services, Files, Folders, etc. After it finishes scanning, click the Clean button. This will remove the unwanted entries. Reboot the computer and repeat the process until no issues are detected.

See a demonstration of AdwCleaner at the February PC Club meeting. The PC Club meets the second Tuesday of each month at 7pm upstairs in the Community Center.



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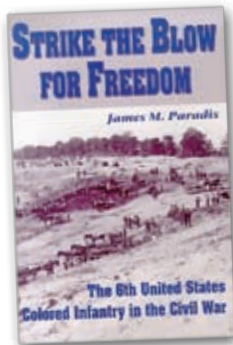
Jean Back/Chandler Drive/Hershey's Mill

Joe Kennedy | Princeton

The Sixth United States Colored Infantry, largely recruited and wholly trained in our region, fought as free men for the Union, but at enormous personal cost.

In his book, *Strike the Blow for Freedom* (White Mane Books), James M. Paradis of Abington tells the story of this unit, which suffered mass casualties to illness, battle and the emotional trauma of war. The book, which adds to a growing number of histories of black Civil War regiments, offers sound scholarship with a human face.

“I’ve had a lifelong interest in the Civil War,” said Paradis in an interview. Paradis is currently Dean of the Upper School at St. Mary’s Hall-Doane Academy in Burlington, N.J., and a frequent participant in Civil War Round Tables.



in Philadelphia. He was a civil-rights reformer and campaigned for the establishment of black regiments. One of 14 African Americans among 133 chaplains who served black troops, Asher wrote a memoir of his experiences.

“His writing bears special importance because black soldiers ... were usually deprived of the opportunity for formal education and of the chance to tell their own story,” Paradis notes. African Americans became Union soldiers as a result of the Emancipation Proclamation of January 1863, which removed the barrier that kept black men out of the armed forces. Camp William Penn then was established in Cheltenham Township to train black soldiers. Nearly 11,000 African Americans that made up 11 regiments were trained at this camp between 1863 and 1865. The Sixth

Colored soldiers near Dutch Gap about November 1864.

Using primary sources from the National Archives – such as letters, muster rolls, service records and official orders of the Sixth – Paradis has drawn a profile of the officers and men of the unit for the book; which was also his doctoral dissertation at Temple.

Paradis pieced together anecdotes about a few men from the ranks, in which the Rev. Jeremiah Asher, the regiment’s chaplain, is a standout. Born in Connecticut in 1812, Asher became the pastor of the Shiloh Baptist Church

was the second regiment raised and trained there. While men came from 23 states, most were recruited from Philadelphia and the surrounding area.

While 43 percent of the soldiers in the Sixth were volunteers, some were

draftees and substitutes for those drafted. Most were laborers with little or no education. Their average height was 5 feet 6½ inches and their median age was 23.

The discrimination that was rife in segregated society at the time continued

fications and dug a canal on the James River. “Black troops often took on heavy fatigue duty,” Paradis writes. And in these projects, the Sixth, like many other black units, took heavy casualties from sickness, exhaustion and shelling. As a result, by the time the Sixth was ordered to assault the Confederate line

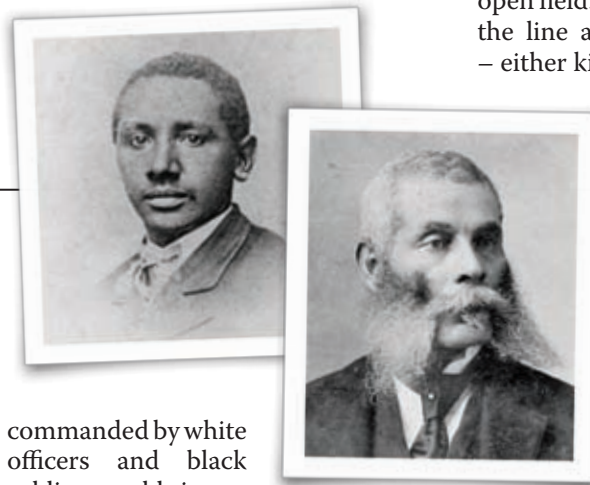
6th United States Colored Infantry Regiment

for the men in the Union army. White soldiers were paid \$13 a month with a clothing allowance of \$3.50. Black soldiers were paid \$10 per month with a clothing allowance of \$3, and that came out of their base pay. Black troops were

defending Richmond and Petersburg at New Market Heights, it could muster only 367 men of the more than 1,000 originally in the regiment.

The men were ordered to attack an entrenched Confederate line across an open field. They were not able to breach the line and sustained 210 casualties – either killed, wounded or missing.

Three men – Capt. Nathan Edgerton, a white



Thomas R. Hawkins (left) and Alexander Kelly

officer; and Sgt. Alexander Kelly and Thomas Hawkins, both black noncommissioned officers – were awarded the Medal of Honor for their courage in protecting the regimental flag. Other soldiers

commanded by white officers and black soldiers could rise no higher than noncommissioned officer.

The Sixth left Camp William Penn in October 1863 and traveled by sea to Virginia. From the time of arrival until September 1864, soldiers of the Sixth used picks and shovels rather than rifles as they dug trenches, worked on forti-

diers who survived the horror of that day would carry psychological wounds for the rest of their lives, Paradis writes. Some lost their sanity or committed suicide, he said. That was an additional price paid by the men of the Sixth who struck a blow for freedom.

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February is a great month to stay cozy inside and treat loved ones and friends to something special. We've put together a menu full of new flavors, healthy twists, and rich experiences to warm up the kitchen and the heart of just about anyone.

Torn Garlic Chive Croutons

These craggy delights are both crisp and chewy, and are a treat atop the soup.

- 2 garlic cloves
- 1/3 cup finely chopped fresh chives
- 1 stick (4 ounces) unsalted butter
- 2 tablespoons olive oil
- 2 teaspoons Kosher salt
- 1 teaspoon black pepper
- 1 sourdough bread boule

Preheat oven to 400°F. Finely mince garlic and mix with finely chopped fresh chives. Soften butter in a large bowl, then add olive oil, garlic and chives, and salt and pepper. Tear bread into very rough pieces about 1 1/2 inches. Place all at once into the bowl and toss to thoroughly coat. Spread in one layer on a baking sheet and bake for about 15 minutes until crisp on the outside and chewy on the inside. Check seasoning and add while hot if needed. Best served warm.



- 2 medium onions, chopped
- 1 clove garlic, chopped
- 1 green bell pepper, chopped
- 1/2 red bell pepper, chopped
- 1/2 cup celery, chopped
- 1 jar (~24 fluid ounces) homemade chunky tomato sauce
- 1/2 cup fresh tomato chunks
- 1 tablespoon cayenne pepper
- 2 tablespoons paprika
- 1 teaspoon cumin
- 2 bay leaves
- 2 teaspoons kosher salt
- 1 teaspoon black pepper
- 1 1/2 teaspoons southern-style hot sauce

In a soup pan, saute garlic in oil until very soft, then add onion, peppers and celery, and continue cooking until just soft. Add tomato sauce, clam juice, peppers, salt, bay leaves, cumin, paprika and hot sauce, and simmer for 30 minutes. Add cod fillet (will break down), shrimp, clams, scallops, tomato chunks and oil, and simmer for 2 hours. Remove bay leaves, and serve

with fresh sourdough croutons.

Green Pea Risotto

This rich dish is great alone or under the Salmon and that terrific orange sauce.

- 6 1/2 cups of vegetable stock
- 1/2 cup dry white wine
- 1 clove garlic, finely minced
- 2 tablespoons olive oil
- 3 tablespoons unsalted butter
- 2 cups Arborio rice

- 1/2 teaspoon kosher salt
- 1/2 teaspoon white pepper
- 1/2 cup grated Parmesan cheese
- 1/3 cup fresh green peas, steamed

Heat the stock and keep at a simmer. In a heavy saucepan, saute the chives and



garlic in olive oil and 1 tablespoon of the butter until very soft. Add the rice, salt, and pepper and cook, stirring constantly, for 2 minutes. Using a ladle, add stock 1/2 cup at a time, and stir rice very often (nearly constant at the beginning). Wait until liquid is absorbed before adding next 1/2 cup. Add the wine in place of the stock after the first 1/2 cup of stock is added. Continue cooking and stirring, until the rice is tender but still firm. Rice may not require all the stock. Remove from heat and stir in cheese, steamed peas, and remaining butter. Best served immediately.

Orange-Glazed Salmon

The glazed fish is moist and delicious, and we always go back for extra sauce.

- 2 pounds salmon fillets (or a single large fillet)
- 1 teaspoon kosher salt
- 1/2 teaspoon black pepper
- 3/4 cup orange marmalade
- 1/4 cup sliced green onions
- 1 clove garlic, minced
- 2 teaspoons dry white wine



- 1 1/2 teaspoons grated fresh ginger
- 1 teaspoon Dijon mustard
- 1/4 teaspoon ground cayenne pepper
- 1/8 teaspoon Chinese five spice powder
- 3 tablespoons sliced, toasted almonds

Salmon skin may be removed before cooking or before service. Preheat oven to 450°F. Clean fish and dry thoroughly, season with salt and pepper, and place in a shallow baking dish. In a bowl, mix the marmalade, onions, garlic, wine, ginger, mustard, pepper and five spice powder. Spoon the mixture over Salmon and bake, uncovered, for about 6-7 minutes per 1/2 inch of thickness (will flake when tested); do not undercook. Serve in baking dish or portioned; plate individual fillets. Sprinkle almonds on fish just out of the oven.

Apple Walnut Salad With Maple Vinaigrette

A simple and light salad to go along with rich dishes and fun flavors.

- 3 cups torn mild lettuce leaves
- 3/4 cup diced sweet, crisp apple
- 1/2 cup walnut chunks
- 1/3 cup extra virgin olive oil
- 1 tablespoon maple syrup
- 1 tablespoon apple cider vinegar
- 1/2 teaspoon Dijon mustard
- 1/2 teaspoon kosher salt
- 1/4 teaspoon black pepper

Whisk together the oil, syrup, vinegar, mustard, salt and pepper until emulsified. Let stand 20 minutes; whisk again before combining with the lettuce, apples and walnuts.

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AAA Car Care Centers – Wayne.....	45	Hershey's Mill Realty.....	3
Angel Companions.....	2	John S. Price, Jeweler, Inc.	28
A to Z Appliance Repair.....	47	Kevin Free.....	46
Barclay Friends.....	56	MacLaren Fabrication.....	28
Bayada Home Health Care.....	52	Oliver.....	44
Beaux Tours.....	42	Oriental Pearl Restaurant.....	14
Blinds 4 U.....	52	Paoli Hospital.....	33
Boyles Flooring.....	15	Paoli Rug Co.....	22
Brewer Heating & Air Conditioning.....	48	Podiatry, Ronald Melincoff, DPM.....	2
Brooklands Audiology, Inc.....	59	Podiatry Care Specialists.....	20
Buckley, Brion, McGuire & Morris LLP.....	44	RE/MAX Main Line.....	40
Calmon Patient Advocate.....	52	Richard J. Egan Painting Co.....	27
Chester County Orthopaedic Associates.....	6	Riddle Village.....	18
Cordes Contracting.....	40	Ruggeri Cadillac.....	4
Deck Protect Plus LLC.....	14	SarahCare.....	26
Del Vacchio Landscape & Garden Center.....	52	Seniors Helping Seniors.....	7
E.W. Brown, Inc.....	56	ShelfGenie.....	10
Exton Dental Arts.....	45	Smile Solutions.....	53
Franklin Auto Spa.....	22	Stowers Handyman Service LLC.....	56
Freedom Village Brandywine.....	23	Surrey Services for Seniors.....	32
General Warren Inne.....	40	Survival Essentials.....	49
Haller Enterprises, Inc.....	20	Toninos Pizza & Pasta Co.....	32
		Wagner Real Estate, Inc.....	60
		Wellington.....	44

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