

SEPTEMBER 2015

# GUIDE — AND — DIGEST



---

A PUBLICATION OF HMC-TV AT HERSHEY'S MILL

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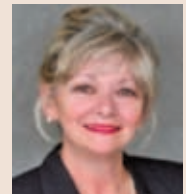
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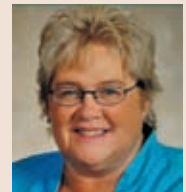
[www.hersheysmillrealty.com](http://www.hersheysmillrealty.com)



Lillian Willis



Monica Connolly



Carol Flynn



1500 Greenhill Road, West Chester, Pennsylvania 19380

Office hours are Monday-Saturday from 10-5 p.m.,  
Sunday from Noon-5 p.m., and by appointment.

*We recommend an appointment for viewing properties.*

**Hershey's Mill Community-TV**

A fully self-supported nonprofit organization.

20 Hershey's Drive, West Chester, PA 19380

Tel 610-436-5922 • Fax 610-436-6429

Guide and Digest Email: [hmctvguide@comcast.net](mailto:hmctvguide@comcast.net)

Business Email: [hmctv@comcast.net](mailto:hmctv@comcast.net)



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All submissions are welcomed. Send to [hmctvguide@comcast.net](mailto:hmctvguide@comcast.net), Attention Editor. Hardcopy submissions are not accepted. Articles should be limited to 500 words (although others may be considered), and photographs should be high-resolution. HMC-TV determines suitability and has sole discretion to publish any submission. Submissions are due by the 22nd (38 - 41 days in advance of each edition) for possible inclusion (those received after will be reviewed for the next); contact the Editor for exceptions. Articles are subject to editing for space, clarity, and grammar. Contents are from various sources; the information and opinions are of the author, and may not reflect those of Hershey's Mill Community-TV, its officers, or directors.

**HMC-TV Guide and Digest**

Volume XVI Number 9 - September 2015

Editor Louise O'Brien

Featured Writers Gay Barry, Mary Kay Hagerty, Joe Kennedy, Don Trauger

Advertising/Marketing Director Jack Keeley

Marketing Finance Dir. William (Bill) Armstrong

Billing Manager Eve Bailey

Volunteer Coordinator Lee Gamma



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**Cover:** Early autumn beauty in Hershey's Mill alongside the 15th golf hole. See important information about the golf cart path in Community News.

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## FROM THE MAIN GATE

Marc Fraser | Director of Security

The Hershey's Mill Security Department would like to remind residents who are departing for vacation – regardless of how many nights, weeks, or months they will be away – to stop by the Main Gate Security Center before leaving in order to fill out a “Vacant Premises” card.

These cards allow Security to know the dates and length of vacation, where the resident can be reached in case of an emergency, and whether there will be any unusual traffic (construction work, part-time house sitting, timed lights, etc.) in the unoccupied home while the resident is away. This information can prove to be invaluable to the Security Department when responding to incidents in and around vacant residences!

# Notify HM Security of Vacancies

**HERSHEY'S MILL SECURITY**  
*VACANT PREMISES CARD*

RESIDENT NAME: \_\_\_\_\_

RESIDENT ADDRESS: \_\_\_\_\_

PHONE # WHERE YOU CAN BE REACHED: \_\_\_\_\_

VACATING DATE: \_\_\_\_\_

RETURN DATE: \_\_\_\_\_

NOTES (*lights remain on, people staying at house...etc*): \_\_\_\_\_



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## POOL NEWS

Carol Campanelli | Ulster

Summer is not over! We invite you all to usher it out in Dixie-land style at the Pool from **4pm to 7pm** on **Saturday, September 5** (rain date is Sunday, September 6). There will be food, keg beer, music, and much more. Additional information and sign-up slips are at the Pool sign-in table.

**Pool open May 23 through September 7, 2015**

**Hours are from 10:30 a.m. to 7:30 p.m.**

**Tel. 610-692-8437**  
**www.hersheysmillpool.org**



The best way to stay up-to-date with Pool happenings is to check our website at [hersheysmillpool.org](http://hersheysmillpool.org). It has been completely updated and will have all the current information. Check out

upcoming events, view photos of past events, and much more.

The Pool Committee welcomes input about Pool concerns, and the Volunteers and Events Committee welcomes new volunteers to man the sign-in table and help with Pool functions. Watch the website for information about our Pool Volunteers' Orientation Brunch in early May of 2016.

The pool will be covered on September 8, but the Pool pavilions will remain open for reading or group meetings for most of September. The other sports activities around the Pool area will continue well into the winter. So participate and stay fit and you will be ready for next summer.

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Mary Kay Hagerty | Heatherton

When I walked into Geraldine (Geri) Porter's living room on Chatham Way, I was struck by the beautiful Victorian doll house in the corner next to the fireplace and perched on a lazy susan pedestal made by her husband. The doll house can be swiveled to be viewed from all angles. The architectural details, furnishings and decor are something to see, down to the minutest accessories such as china, silver-

mas and other holidays throughout the year.

Geri, who grew up in Queens, New York, did not have a doll house when she was a child. She became interested in doll houses much later in her life. She met her husband Gerald (Jerry) when they both attended Susquehanna University in Selinsgrove, PA, north of Harrisburg. Geri and Jerry were married fifty years ago. After living in Kennett Square for a year, they bought a home in the North Hill neighborhood



ware, a chandelier and a tiny silver tea set! She also made a miniature mirror framed with tiny shells for the house. This "Painted Lady" like the Victorian homes in Cape May, New Jersey, came from a kit which Geri worked on for over a year. She adds many pieces as she finds them and decorates the doll house, which is electrified, for Christ-

of West Chester. They lived there for many years before downsizing and moving to Hershey's Mill.

The Porters have three children, two sons and a daughter. One son lives in North Carolina and works for MERCK Pharmaceuticals. Her other son is an engineer living in Rochester, New York. Their daughter, who lives in Collegewille, has the first doll house Geri ever

made. They have six grandchildren, three boys and three girls, all of whom are in college. Each granddaughter has a custom-made, personalized doll house made by their grandmother! What wonderful heirlooms to treasure!

After being home and raising her family for fifteen years, Geri completed a paralegal training program at Penn State. As a paralegal, she worked for Judge Thomas Gavin in West Chester for twenty-five years. Her husband Jerry was a broker with Porter & Painter Realtors in Exton. He is also now retired. Jerry's brother Ken is a Hershey's Mill resident, living nearby in Eaton Village.

Geri began making doll houses about twenty years ago. It was, as she explains, a trial and error process. Her husband Jerry is very handy making and fixing things around the house. This helped her to get started

The bathrooms and kitchens have tile floors, along with all the appropriate appliances and fixtures. Not only does she put the houses together, but she also decorates and furnishes them! She even has a tiny set of tools to work



# Meet Geraldine Porter

## Chatham

working on her doll houses. After she gave her first doll house to her daughter, the grandchildren started coming, and this meant more doll house projects for Geri! With a great eye for detail, Geri's doll houses are made with real wood floors and movable windows.

with on her creations! She is especially proud of using a mini miter box to make crown and baseboard moldings as well as chair rails for her houses. It goes without saying that lots of patience and a steady hand are vital when working with miniatures!

It isn't always easy to get parts and supplies for the doll houses she furnishes. Since many of the area doll house and

Photos by Mary Kay Hagerty

*Continued on next page*



hobby shops have closed, Geri relies on the internet like [miniatures.com](http://miniatures.com) and catalogs such as Miniature Collector and Hobby Builders Supply to obtain what she needs. Working with miniatures, she explains, is a very expensive hobby. Shipping costs for supplies from catalogs are very high. Doll house furniture can sometimes cost as much as the real thing.

she do it? She does it for fun! Usually, Geri works on her doll houses for a little while each day. On other days, if she has extra free time, she can spend hours on it, working out of her bedroom. As is typical when you are doing something you enjoy, the time flies! As evidenced by her beautiful, detailed work, Geri

**Up Close with Geri**

**How long have you lived in Hershey's Mill?**

About a year and a half.

**Where did you live before moving to Hershey's Mill?** In North Hill, a part of West Chester.

**What activities do you enjoy at Hershey's Mill?** We have been busy renovating our house since we moved in, so we haven't tried any activities yet.

**Why did you choose Hershey's Mill?** We looked all over the area and at about twenty different places. We like Hershey's Mill the best because of

the independent way of life here. We also like that our house is an end-unit, has a beautiful view, and even room to do a little gardening.

**How many children and grandchildren do you have?** We have three children and six grandchildren.

**Favorite places to travel?** We took a cruise to Alaska which was wonderful! We also have been to Hilton Head and loved it!

**Favorite local restaurant?** The General Warren Inn.

Geri explains that working with miniatures is becoming very popular. There are now mini cruises and conventions for miniature collectors. Geri just learned about a mini club that meets in Downingtown which is called "Startin' Small Mini Club." It is a "NAME" club: National Association of Miniature Enthusiasts. She will be attending the first meeting in August. She is looking forward to working with other miniature crafters. Last year she attended a Mini show in Fogglesville, Pennsylvania, a suburb of Allentown, where she met other miniature collectors and craftsmen.

Working on doll houses, Geri finds, is very enjoyable and relaxing. Why does

Porter is quite an artist. She may even like to teach others how to make doll houses someday. As she says, it would be a fun outlet. She is always on the lookout for old doll houses to rehabilitate. Some members of the Auxiliary found doll houses in their attics which they gave to her to refurbish. She has also been to Bunch Auction House on Route 202 in her search. In order for a doll house to be refurbished it needs to have a strong basic structure to work with.

Geri's creativity extends to needlework as well. Many beautiful crewel and embroidery pieces that she has created adorn the walls of her home. She has been doing needlework for many years,

and is afraid that it is a dying art. For many of her embroidered pieces she used yarn from England. She would

friend or granddaughter. The drawing will be held at the Holiday Market held at the hospital on December 10th. Eleven different auxiliaries of the hospital participate in the Holiday Market event and sell handmade goods. The auxiliaries raised close to \$600,000 for the hospital last year. The volunteer groups were organized for the purpose of extending the interests of the hospital to all parts of the county and raise funds for building, furnishing and maintaining the hospital.

It is wonderful when someone can find an enjoyable, creative hobby and then share it with the community by raising money for a local hospital. Geraldine Porter is truly a creative and philan-



like to make a bedspread for one of her doll houses from this yarn. She also has an extensive collection of beautiful glass cruets that she has been collecting for many years.

Geri is fortunate to be able to use her hobby in a charitable way. As a member of the West Chester Day Auxiliary to the Chester County Hospital she donates the proceeds from the sale of tickets on a house she renovates each year and is always looking for houses to rehabilitate for this purpose. Raffle tickets are \$1 a piece or six for \$5. If you are interested in buying tickets give Geri a call or email her. Winning a doll house would be a wonderful gift for a niece,

thropic artist! It was a pleasure to see her amazing doll house creations.



**Bob Bronner | Zephyr Village President  
MA Finance Committee Chair**

Several years ago when the Community Center was being renovated, a funding fee of \$7.50 per home per month was enacted by the Master Association (MA). The fee was voted to remain in place after the completion of the Community Center by the MA to help fund new and improved amenities. This fee generates about \$154,800 each year.



In addition to the above funding, a Capital Improvement Fee (CIF) was enacted by the MA effective July 1, 2014. It is applicable each time a home is sold in Hershey's Mill. The Uniform Planned Community Act - Pennsylvania allows the collection of this fee to fund Capital Improvements. It can be up to twelve times the monthly Home Owner Association fee; which in the case of the MA is \$141.33 per month or \$1,695 each time a home is sold. This fee is collected at settlement and is typically paid by the buyer. A conservative budget was established at eighty homes

being sold each year. That equates to \$135,600 each year. This target was exceeded in the first twelve months of the fee enactment. These funds are kept in a separate account as they must be used for Capital Improvement. They cannot be used for maintenance; such as the repair of heating and air conditioning units in one of our buildings.

The third funding source which may be available each year is the Contingent Reserve. Each year monies not spent in a fiscal year remain in the Contingent Reserve until the current year is completed. These monies are used to cover any shortfall in the current year budget if needed. If not needed, the MA may vote to transfer the funds to the Vision Quest Funding budget and/or the Hershey's Mill Reserve Budget. The Contingent Reserve from 2014 is currently \$116,315.41 as of May 31, 2015.

The Vision Quest funding as of May 31 is \$529,293. In addition, there is \$118,650 in the CIF fund and up to \$116,315.41 in the Contingent Reserve if transferred to Vision Quest Funding.

There are three current amenity projects being evaluated. The first is the renovated pool house which will be available for use all year. It will be handicap accessible, have meeting space for up to fifty people seated in chairs at round tables, new heating and air conditioning equipment, new kitchen, new men's and women's showers, and more storage. The cost is being finalized but will be in the \$650,000 to \$750,000 range; with a completion date of May 2017.

The second project is to improve access to the third floor of the Community Center either through an elevator or access ramps. It has an approximate cost of up to \$175,000 with a completion date of 2016.

The third project is additional walking trails beginning with the East Gate to beyond Inverness with an estimated cost of approximately \$100,000. It has a completion date of 2015. Additional trails are also being considered.



## Vision Quest Funding of Hershey's Mill Amenities

Based on the worst case expected costs for these potential projects and their schedules – and considering the money we have on hand and will collect in 2015, 2016

and half of 2017 and not considering any Contingent Reserve in 2015 and 2016 going to Vision Quest – we have more than enough funds for these projects if they are approved. There will not be any special assessments or increase in the current fees needed to improve our amenities and keep Hershey's Mill



competitive with other 55 and older communities. Our current funding mechanisms for our amenities are adequate.

In addition, there are ample funds in our Replacement Reserve Account to continue maintaining our infrastructure, landscape, and roads making Hershey's Mill competitive in the marketplace.



**Louise O'Brien | Springton**

This is a community-wide event and all Hershey's Mill Residents are invited and encouraged to participate. This year the Health Fair is sponsored by Channel 20, and is designed to assist residents who are challenged by the decision to move into assisted living facilities or to remain living in their own homes. Exhibitors at the Fair will present many options, and the pros and cons of various choices can be explored. Refreshments including wine, beer, and light fare will be served.

**Barclay Friends**

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# Health Fair

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## October 6, 2015

## Hershey's Mill Community Center

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Look for the following participating groups and vendors (listed alphabetically), many of whom will be offering free samples of their products and/or services:

**AMDG Insurance Services**

Health Plans and Medicare Plans made simple by Joe Murphy.

**Angel Companions**

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**Brooklands Audiology**

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**Calmon Patient Advocate**

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**Clomput Reto & Halscheid**

Comprehensive eye care including optical department and on site lab.

**Exton Dental Arts**

Offering special pricing for Hershey's Mill residents.

**Frazer Dental Care**

Trusted and affordable dental care.

**Friends Life Care**

Offers an affordable alternative or supplement to long-term care insurance and continuing care retirement communities.

**Giant Markets**

Your "delivered to your door market and pharmacy." Will be offering flu shots at the Fair.

**Home Choice Companion Care**

Meal preparation, laundry, housekeeping, transportation, companionship and hospice care.

*As we move through the stages of life it's important to consider our physical, emotional, and financial health.*

**Safe Bath**

Installing grab bars for safety in the bathroom and elsewhere.

**Seniors Helping Seniors**

We offer services you need to stay in your home and live independently.

**ShelfGenie**

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**Survival Essentials**

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**Westtown/East Goshen Police**

Will be on hand to collect unwanted and outdated medications.

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TRIPS ARE LISTED IN  
CHRONOLOGICAL ORDER

**Philadelphia Phillies**

**Friday, September 11, 2015**

**Cost:** \$49  
**Departs:** 4:45pm  
**Contact:** Priscilla Burt

Join us for an evening of baseball at Citizen's Bank Park, as we watch our Philadelphia Phillies take on the Chicago Cubs in a 7:05pm game. Tickets have been pre-purchased, and seating this season has been upgraded to Section 210. Food is on your own at one of the many ballpark concessions. *Children age 8 and older are welcome.*

**Delaware Park**

**Monday, September 14, 2015**

**Monday, October 5, 2015**  
**Monday, October 12, 2015**  
**Cost:** \$14 + Lunch  
**Departs:** 10:15am  
**Contact:** Ann Seraphin

Join us for an exciting day at the races! Watch the horse racing or try your luck at slots and table games. \$30 free slots play is given to everyone on the bus. Lunch is on your own.

The HM Bus Committee is always looking for more volunteers to share ideas and plan trips! If interested, call Marc Fraser at

All bus riders must be age 18 or older (unless specifically noted in description).

Trip payment checks should be made payable to "Hershey's Mill HOA", sealed in an envelope (noting trip name and date), and placed in the maroon Customer Service mailbox next to the Security Center in the exit lane at the Main Gate.

Bus leaves promptly at the scheduled time. Please plan to arrive 10 minutes early.

**Turkey Hill Experience and National Watch & Clock Museum**

**Wednesday, September 23, 2015**

**Cost:** \$44  
**Departs:** 8:45am  
**Contact:** Ann McClay

Our trip begins with the Watch & Clock Museum, which boasts a collection of over 12,000 items including a wide variety of clocks, watches, tools, and other time-related items. The exhibits take you on a chronological tour through the entire history of timekeeping technology from early non-mechanical

devices to today's atomic and radio-controlled clocks. Afterwards, we will board the bus to tour the Borough of Columbia, PA, before making our last stop at the Turkey Hill Experience, where we will enjoy our box lunch; and then tour the facility which features interactive exhibits allowing us to learn about dairy culture, the story of Turkey Hill Dairy, and how the company's ice cream and iced tea flavors are selected and created. You will also have the opportunity to create your own virtual ice cream flavor, sit in the vintage milk truck, milk the mechanical cows, star in your very own Turkey Hill commercial, and enjoy plenty of free samples of iced tea and ice cream!

**Penn's Peak - Glenn Miller Orchestra**

**Wednesday, October 7, 2015**

**Cost:** \$70  
**Departs:** 9:15am  
**Contact:** Ann McClay

Experience family dining while enjoying a performance by the Glenn Miller Orchestra. The legendary Glenn Miller was one of the most successful of all dance bandleaders back in the Swing Era of the 1930s and '40s. Since January 2012, vocalist Nick Hilscher has been leading the 18-piece band, which is still today's most sought-after big band in

the world! From this famous mountain-top venue, you will also enjoy a breathtaking overlook of nearby Beltzville Lake, plus a commanding, picturesque 50-mile panoramic view of northeastern Pennsylvania's Appalachian mountains. Lunch and show are included in the price.



**19th Annual Jimmy Brent Concert at The Curtis Institute of Music**

**Sunday, October 11, 2015**

**Cost:** \$14  
**Departs:** 12:30pm  
**Contact:** Lillian Brent

Talented students of the Curtis Institute in Philadelphia will perform a selection of classical compositions; and a

*Continued on next page*





buffet reception to meet the performers follows the concert.

### Gettysburg National Military Park

**Tuesday, October 13, 2015**

**Cost: \$63**

**Departs: 7:30am**

**Contact: Priscilla Burt**

The small town of Gettysburg, Pennsylvania was the site of the largest battle ever waged during the American Civil War. Our visit will begin at the National Park Visitor's Center. A tour of the museum will be followed by a film, *A New Birth of Freedom*, and Cyclorama depicting Pickett's charge during the third day of the battle. After lunch at the Historic Dobbin House, we will board the bus for a tour of the battlefield with a licensed guide. Lunch is included in the cost.

### American Treasure Tour

**Saturday, October 17, 2015**

**Cost: \$56**

**Departs: 9:00am**

**Contact: Ann McClay**

An all-indoor, massive collection of Americana from antiques to kitsch to pop culture. Two of the major exhibits are mechanical music and classic preserved automobiles. The mechanical music display includes hundreds of machines such as nickelode-

ons, band organs, and music boxes. In addition to seeing the sights, you will hear the great sounds of the music of days gone by. Additionally, they have a jam-packed display of animated store window advertising, dolls, doll houses, model airplanes, circus, patriotic, holiday items, and many surprises! We'll be riding the tram through the vast collection, as well as enjoying a seated presentation in the Music Room. A buffet lunch at 12:30pm is included. Remember to bring your camera!

### Franklin Institute - Vatican Splendors

**Wednesday, November 4, 2015**

**Cost: \$42 + Lunch**

**Departs: 8:30am**

**Contact: Priscilla Burt**

Experience 2,000 years of Vatican history with more than 200 works of art and historically significant objects that form a great mosaic of the history of the Church. The eleven galleries walk you through the history of Christianity and the amazing religious art that came out of Rome. Many of the artifacts and works from the renaissance and baroque period have never before left Vatican City. The exhibit includes artwork by Michelangelo, embroidered silk vestments, religious

relics, and bone fragments of Saints Peter and Paul. Following lunch on your own at Franklin Foodworks, there will be time to visit the Gift Shop and other museum exhibits.

### Sugarloaf Crafts Festival

**Friday, November 6, 2015**

**Cost: \$13 + Admission**

**Departs: 9:30am**

**Contact: Sandy Waldman**

Lovers of fine crafts and art will find more than 250 top artisans displaying and selling their unique creations in pottery, sculpture, glass, jewelry, fashion, home decor, furniture, home accessories, and photography. This is a great opportunity to buy unique holiday gifts!

### West Chester University President's Speaker Series - Dan Rather

**Friday, November 6, 2015**

**Cost: \$29**

**Departs: 7:15pm**

**Contact: Dolores Labowskie**

WCU presents this prominent American journalist who was the anchor of the *CBS Evening News* for 24 years and a contributor to CBS's *60 Minutes*. Join us for this interesting and informative experience!

**Save all the Dates!**

**September 11, 14, 23**

**October 5, 7, 11, 12,  
13, 17**

**November 4, 6, 12**

### 39th Annual Philadelphia Museum of Art Contemporary Craft Show

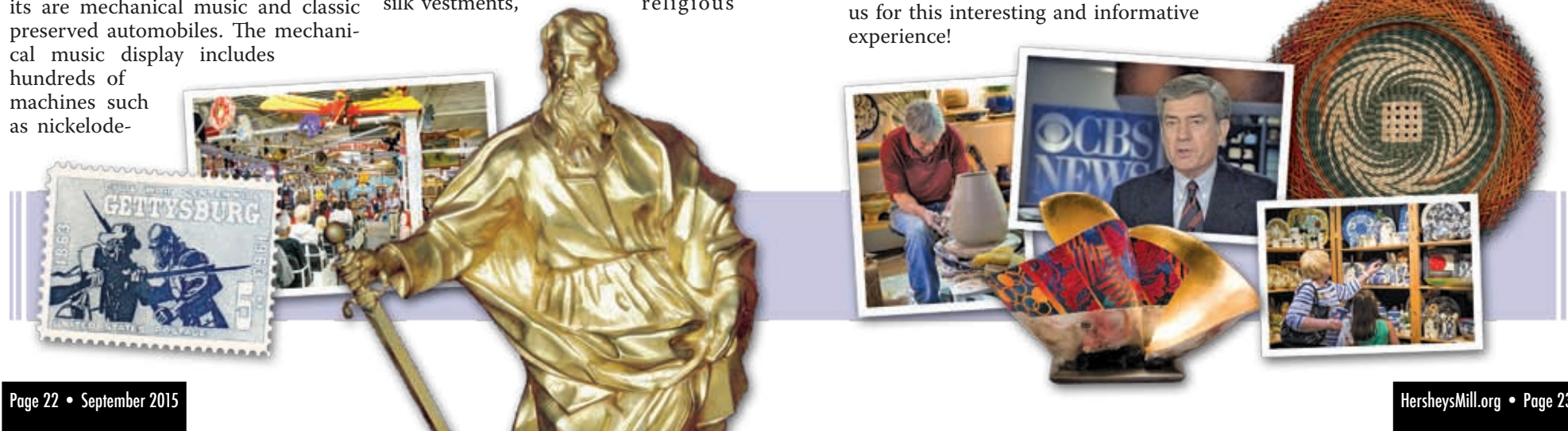
**Thursday, November 12, 2015**

**Cost: \$14 + Admission**

**Departs: 9:30am**

**Contact: Sandy Waldman**

Join us for this show at the Convention Center, which features more than 195 fine craft artists from across the United States. The trip also provides an opportunity to spend time, or grab a lunch, at the Reading Terminal Market.





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**2015-2016 Philadelphia Orchestra**

**Friday Evening Series**

*Cost:* \$84 (All 6 Dates Bus Only) *or* \$14 (Single Date Bus Only) + Performance Admission

*Departs:* 6:00pm  
*Contact:* Ann Seraphin

If you haven't been to the Philadelphia Orchestra, or haven't been lately, join us to experience the wonderful and thrilling music which you've been missing! Our Friday Evening Series dates and performances are:

- October 16, 2015
- November 13, 2015
- November 27, 2015
- February 12, 2016
- March 11, 2016
- April 29, 2016

Call now to reserve your place. Please note that admission to the performances are in addition to bus transportation.



**2015-2016 WCU Travel Adventures**

**Tuesday Evening Series**

*Cost:* \$48 (Series Bus Fee Only) *or* \$8 (Single Date Bus Only) + Event Admission

*Departs:* 6:30pm  
*Contact:* Sandy Waldman

The West Chester University Travel Adventures Series is a wonderful and inexpensive way to see the world! The presenters are professional photographers who entertain across the country, and we are very fortunate to have these programs available close by. The WCU Geography Department presents:

- September 29, 2015  
The Silk Road
- October 27, 2015  
Ghost Towns of the Wild West
- November 17, 2015  
China Rising
- February 16, 2016  
Florida's West Coast

- March 15, 2016  
South America & Central America
- March 29, 2016  
Not a Day Goes By: Remembering Hell's Canyon

Please note that admission to the performances are in addition to bus transportation, and participants need to order the series tickets on their own. Tickets can also be purchased at the door.



**2015-2016 Walnut Street Theatre**

**Thursday & Saturday Matinees**

*Cost:* \$41 (per show)  
*Departs:* 12:30pm  
*Contact:* Adele Juzi (Thursdays)



*Contact:* Connie Cline (Saturdays)

The 207th anniversary season includes the following shows:

- Thursday 9/24/15 & Saturday 10/3/15  
*High Society*
- Friday 11/27/15 & Saturday 11/28/15  
*A Christmas Story, The Musical*
- Thursday 2/4/16 & Saturday 2/13/16  
*Harvey*
- Thursday 3/31/16 & Saturday 4/9/16  
*Peter And The Starcatcher*
- Thursday 6/2/16 & Saturday 6/11/16  
*Sister Act*

We're collecting names for the wait list to fill vacancies as they become available for individual shows.



**The Playhouse on Rodney Square**

**Wednesday Matinees**

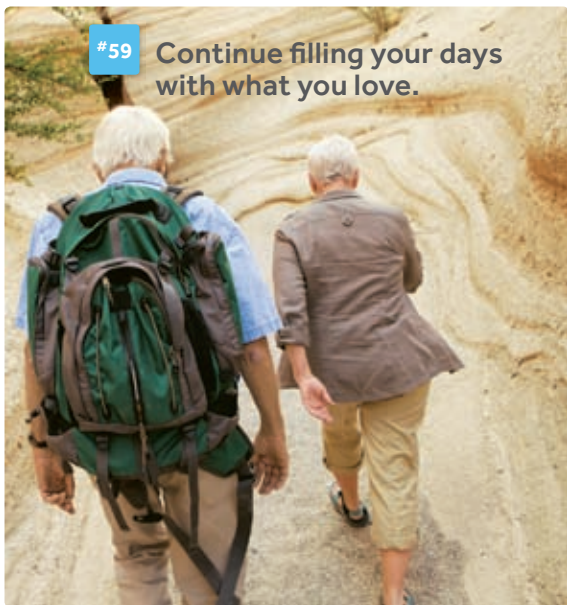
*Cost:* \$235  
*Departs:* 12:30pm  
*Contact:* Adele Juzi

This venue was previously known as DuPont Theatre. We will attend three performances this season:

- January 13, 2016  
*Chicago*  
*A tale of fame, fortune, and all that jazz with one show-stopping song after another, in addition to some astonishing dancing!*
- April 20, 2016  
*42nd Street*  
*Portrays the story of a starry-eyed young dancer's journey from her Allentown home to becoming a Broadway star!*
- May 11, 2016  
*Jersey Boys*  
*The Tony, Grammy, and Oliver award-winning Best Musical about Rock and Roll Hall of Famers The Four Seasons.*

Our orchestra seats will sell out quickly, so reserve your seats as soon as possible!





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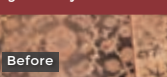
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Gay Barry | Quaker

"I'll tell you why I can't find you. Every time I go out to your place, you 'gone fishin.' Well, how you know? Well, there's a sign on your door – 'Gone Fishin.'" I know there are anglers out there that will attest to the words of that song that this is the best thing for one's well-being. "Gone fishin" is something we would all love to do now and then

like seafood, premium aged steaks are available as well as pasta, many salads, and burgers.

This is a casual restaurant decorated in an enjoyable sea and fish theme. Blue is the dominant color giving off the feel-



# Delaware's Big Fish Grill

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as it conjures up such a peaceful image of country, blue skies, and not a care in the world. That feeling is hard to come by these days.

*There is certainly something in angling that tends to produce a serenity of the mind. – Washington Irving*

If you can't catch your own fish, trying or not, Delaware's Big Fish Grill in Glen Mills might be your fishing "spot." We have put it on our list. Be aware that the menu is enormous. In addition, there is a "Big Fish Board" every day with a huge selection of daily entrées. Actually, it really is the main menu. If you love lobster, it is flown in fresh from Maine daily and then freshly steamed. If one of your dinner partners does not

ing of serenity. Four of us arrived early for dinner before it became full so it was quiet. But even when other diners arrived, it was still pleasant. We could hear each other talk!

*Guests, like fish, begin to smell after three days. – Benjamin Franklin*

If raw fish is a treat for you, the Fresh Raw Shellfish bar menu has ample selections; with clams from Washburn's to Middle Neck – priced from a single, half dozen, or dozen. Some of the raw bar specials at the time we were there were (prices subject to change): a half dozen oysters and a half dozen U-10 shrimp for \$27.95; Gulf shrimp priced \$12.95 for a half pound or \$22.95 for a pound. These and others are served with special sauces. The menu also features daily fresh fish such as Scottish salmon, Australian barramundi, Costa Rica tilapia, Norwegian cod, and others. There are several homemade soups. Two of the appetizer specials are one

pound of steamed snow crab legs and corn on the cob with melted butter.

*An angler is a man who spends rainy days sitting around on the muddy banks of rivers doing nothing because his wife won't let him do it at home.*

There are abundant salads offered including a Big Fish Southwest salad and a Big Fish salad. Big Fish entrées are so numerous one wonders how the kitchen can keep up with all of the choices. Iron-

and tossed in a light tomato broth); lobster and shrimp mac-'n'-cheese (made with penne pasta); grilled Cape Hatteras yellow-finned tuna; and surf and

turf. There is a "Little Fish" menu for those 12 and under. There are featured nightly specials as well.

*Give a man a fish and you feed him for a day; teach a man to fish and you feed him for a lifetime. – Maimonides*

Top off your dinner with a selection of desserts which change with the seasons. A few choices when we were there that may satisfy your sweet tooth are peanut butter pie; double chocolate cake a

ically, the four of us all chose the same entrée; English style fish 'n chips, made with beer-battered Norwegian cod and also including homemade coleslaw. *Delish!*

Some other entrées include: pecan-crusted Atlantic swordfish; grilled boneless pork ribeye; blackened Florida red snapper; pan-seared ruby red rainbow trout; frutti di Mare (shrimp, mussels, clams and fresh fish over linguini

la mode; bread pudding with Sabayon sauce; and warm pecan apple cobbler pie with cinnamon ice cream.

*May the holes in your net be no larger than the fish in it. – Irish blessing*

Lunch and dinner are served daily. If you don't see me at the Mill, I may just have "gone fishin'!"



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Margie Joyce | Robynwood

The ladies of Hershey's Mill who volunteer at the Community Volunteers in Medicine Clinic invite you to the 11th Annual Cocktails & Dinner Party on October 4 from 4:30pm to 7pm at the Sullivan House. All proceeds from the

dinner go directly to Judy's Cookie Jar which funds special cases at the Clinic.

Judy Atticks, Clinical Manager, tells about one special patient who benefits from Judy's Cookie Jar every day: A 32 year old woman, mother of two, was diagnosed with ALS disease after the birth of her son four years ago. Unable

# Judy's Cookie Jar

**October 4  
4:30-7 p.m.**

**11th Annual CVIM Fundraiser at  
Sullivan House**



to work, she is now living with her parents. Her mother has left work in order to care for her daughter full time. Her father cleans offices to support the family. The patient is a fiery, loving woman with a great sense of humor, struggling through the constant loss of independence brought on by this disease. Judy's Cookie Jar has covered hundreds of dollars of medical bills from the ALS clinic and currently we are purchasing a neck brace with extra support.

Health care needs that Judy's Cookie Jar supports are constantly changing and this year was no exception. There has been a greater number of patients who need specialty eye care outside the Clinic. With your kind donations, we helped to pay for 28 eye consults and surgeries. The need for basic medical and dental care for our uninsured, working neighbors has not been diminished by the Affordable Care Act.



Please join us on October 4 for a fun evening with two open bars, hot and cold appetizers, a full dinner, and desserts. Much of the food is homemade by the CVIM volunteers. The ticket price this year is \$60 per person. If you attended last year, an invitation will be mailed to you. If you are a new guest, please call Cathy Thorn at [phone number] for an invitation. All are welcome to join us for a fun evening.

Check out [www.cvim.org](http://www.cvim.org) for more details about the Clinic.



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Joan Atkins | Troon

The Women's Auxiliary to Chester County Hospital is proud to celebrate Chester County Day 2015, the 75th gala year of the longest running house tour in the country.

Who would have guessed that when Mrs. William A. Limberger and her fel-

Located on West Chester's oldest road, at High Street, visit the oldest inhabited structure in the Borough built in 1712, and then renovated by a well known author in the 1920s. Stroll through the neighborhoods of the north section of West Chester to visit charming mansions where your imagination can take you to a bygone era of Gatsby life. Stop by the home of former builder Henry

craftsman style row homes were built when long, narrow lots were available.

Walk the quiet streets and visit those unique and quaint homes along S. Darlington St. and West Miner Street. Another rest and refreshment stop is available in the area; or consider spreading out a picnic lunch in picturesque Everhart Park.

Visitors will be enchanted by the magnificent trees, pond, historical buildings and serene atmosphere at our lunch stop at the Church of the Loving



Shepherd on South New Street. Arianna's Gourmet Café of West Chester will offer boxed lunches (preorders preferred), and the historic PA bank barn and manor house on the property will be open to enjoy your lunch either indoors or outside. Antique carriages will be on display.

Drive the country roads out into the Southeastern quadrant which showcases the Chester County countryside at its best – rolling hills, beautiful vistas, and magnificent horse farms. If you prefer to start the day at the early morning fox hunt, riders and hounds will meet at 8:30am and take off at 9am from the beautiful grounds of the Radnor Hunt. Coffee and baked goods will be available.

Continue on to a nearby horse farm, and then visit a spectacular house and restored mill once owned by one of the most famous clock makers in the country. Be sure to also visit Historic Sugartown, a rural crossroads village dating from the late 18th century. Stop into

the General Store, Carriage Museum, bank barn and book bindery. Pick up a boxed lunch by Arianna's Gourmet Café (preorders preferred).

Enjoy the day in style and treat yourself to a VIP ticket which includes:

- VIP Reception and Preview Cocktail Party at historic Vickers Restaurant on Sunday, September 27.

- Enjoy visiting a special VIP house in West Chester which includes a private tour and a gourmet boxed lunch served by White Horse Tavern. VIP tickets are \$100 and 100% of your contribution benefits Chester

County Hospital.

Tour tickets are \$40 and all tickets are non-refundable. Tickets may be purchased by mail up to September 22. Orders received after that have to be picked up at the Information Center on the day of the event. Tickets may be purchased online at [www.chestercountyday.com](http://www.chestercountyday.com) (there is a fee for this service) or in person starting on September 1 at our satellite locations and at Chester County Hospital (701 East Marshall Street in West Chester). For more information please call 610-431-5301 or go to [chestercountyhospital.org/chestercountyday](http://chestercountyhospital.org/chestercountyday).

Dress appropriately including comfortable shoes for walking, and enjoy the beauty and history of Chester County. See you on Saturday, October 3rd!

Chester County Day is a project of The Women's Auxiliary to Chester County Hospital. Proceeds from this year's tour will benefit the Hospital's Cardiac Program.

# Chester County Day

Saturday, October 3, from 10 a.m. to 5 p.m.

Friday, October 2 (Preview Lectures)

# 2015

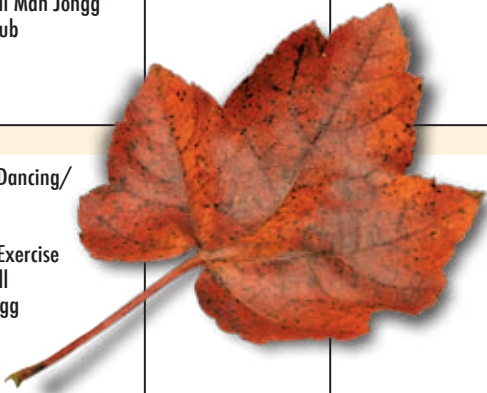
low auxiliary members decided to hold a house tour in 1936 – which featured 22 homes, was known as West Chester Day, and with tickets that cost \$1 – that it would go on successfully for so many years? We cordially invite you to visit old and interesting houses, gardens, and historic landmarks in Chester County on Saturday, October 3, from 10am to 5pm.

This year we focus our attention on the Borough of West Chester where the tour began in 1936. Architecture is like frozen history, and this is especially true of an area like Chester County which is one of the longest settled parts of Pennsylvania. West Chester is of particular interest because of its Greek revival architecture. On Friday, October 2, visit Thomas U. Walter's 1846 Historic Court House for Preview Lectures of the tour presented at 6pm and 7:30pm in Court Room 1. Or travel south on Route 1 where three preview lectures will be given in the Auditorium at beautiful Longwood Gardens at 5pm, 6pm, and 7pm.

Price, and then see how a newly built home fits into the historic mix on E. Marshall Street. Be sure to listen for the sound of the horse drawn carriages as they make their way through the shaded and wide streets of the north end of town. Stop by the West Chester Public Library – our rest stop and one of West Chester's most impressive public buildings built in 1888 in Queen Anne style – to have a brief tour and enjoy some refreshments.

Don't worry about parking as there is plenty on the streets and in the many garages scattered throughout the Borough. But don't let that keep you from enjoying the "walk-ability" of West Chester as you make your way through the downtown area of restaurants, art galleries, and shops on your way to the interesting stops south of Market Street.

Booming businesses in West Chester circa 1850 increased the demand for housing; so land owners began to sell off parcels of land in the borough. Large twin homes were popular, and

| Monday   | Tuesday  | Wednesday  | Thursday   | Friday  | Saturday  | Sunday           |
|--|--|--|--|---|---|------------------|
| <p><i>"I want to say something so embarrassing about September that even the leaves start blushing and turning red."</i><br/>Jarod Kintz</p>   | <p><b>1</b></p> <p>9:45am Aquacise<br/>1:00pm Pinochle<br/>1:00pm Mah Jongg<br/>1:30pm Mah Jongg<br/>3:00pm (SH) Model Railroaders<br/>7:00pm Camera Club</p>  | <p><b>2</b></p> <p>7:30am Men's Bible Study<br/>8:30am Aerobic Dancing/Exercise (Cld)<br/>9:30am Intermediate Bridge Lesson<br/>9:45am Aquacise<br/>10:00am Ageless Exercise<br/>12:30pm Social Club Bridge<br/>12:30pm Art Group<br/>1:00pm Dominoes<br/>7:00pm Casual Singing Group<br/>7:30pm Mah Jongg</p> | <p><b>3</b></p> <p>9:45am Aquacise<br/>10:00am Alzheimer/Dementia Support Group<br/>10:00am Yoga<br/>1:00pm Card Games<br/>1:00pm (SH) Chess Club<br/>1:00pm Knitting Circle<br/>6:30pm Poker<br/>7:00pm Remedies For Wellness</p> | <p><b>4</b></p> <p>8:30am Aerobic Dancing/Exercise (Cld)<br/>9:45am Aquacise<br/>10:00am Quilters<br/>1:00pm Pickleball Mah Jongg</p>   | <p><b>5</b></p> <p>9:45am Aquacise</p>  | <p><b>6</b></p>  |
|  | <p><b>7</b></p> <p><i>Most Activities Canceled</i><br/>8:30am Aerobic Dancing/Exercise (Cld)<br/>9:45am Aquacise<br/>12:00pm (SH) Circle Of Friends<br/>12:30pm Mah Jongg<br/>12:30pm WH Duplicate Bridge<br/>3:00pm Bridge<br/>7:00pm WH Duplicate Bridge</p> | <p><b>8</b></p> <p>10:30am Hearing Screening<br/>1:00pm Pinochle<br/>1:00pm Mah Jongg<br/>1:30pm Mah Jongg<br/>3:00pm (SH) Model Railroaders<br/>3:00pm Paoli Hospital Cocktail Party<br/>6:30pm Open Bunco<br/>7:00pm (SH) Great Books Club</p>   | <p><b>9</b></p> <p>7:30am Men's Bible Study<br/>8:30am Aerobic Dancing/Exercise (Cld)<br/>10:00am Ageless Exercise<br/>12:30pm Art Group<br/>1:00pm Dominoes<br/>7:30pm Mah Jongg<br/>7:30pm Boomers Scrabble Club</p>             | <p><b>10</b></p> <p>10:00am Yoga<br/>11:30am Mermaid Book Club<br/>1:00pm Card Games<br/>1:00pm (SH) Chess Club<br/>1:00pm Knitting Circle<br/>2:00pm (SH) Books Discussion<br/>6:30pm Poker<br/>7:00pm Remedies For Wellness</p> | <p><b>11</b></p> <p>8:30am Aerobic Dancing/Exercise (Cld)<br/>10:00am Quilters<br/>10:00am Ageless Exercise<br/>1:00pm Pickleball Mah Jongg<br/>2:00pm Rummikub</p> | <p><b>12</b></p> |
| <p><b>14</b></p> <p>8:30am Aerobic Dancing/Exercise<br/>10:00am Ageless Exercise<br/>12:00pm (SH) Circle Of Friends<br/>12:30pm Mah Jongg<br/>12:30pm WH Duplicate Bridge<br/>3:00pm Bridge<br/>7:00pm HM Singers<br/>7:00pm WH Duplicate Bridge</p> | <p><b>15</b></p> <p>1:00pm Pinochle<br/>1:00pm Mah Jongg<br/>1:30pm Mah Jongg<br/>3:00pm (SH) Model Railroaders<br/>7:00pm PC Computer Club</p>  | <p><b>16</b></p> <p>7:30am Men's Bible Study<br/>8:30am Aerobic Dancing/Exercise<br/>9:30am Intermediate Bridge Lesson<br/>10:00am Ageless Exercise<br/>12:00pm Social Club Bridge<br/>12:30pm Art Group<br/>1:00pm Dominoes<br/>7:00pm Chester County Day Preview<br/>Slide Show<br/>7:30pm Mah Jongg</p>     | <p><b>17</b></p> <p>9:30am Paoli Hospital Aux<br/>10:00am Yoga<br/>1:00pm Card Games<br/>1:00pm (SH) Chess Club<br/>1:00pm Knitting Circle<br/>6:30pm Poker<br/>7:00pm Remedies For Wellness</p>                                   | <p><b>18</b></p> <p>8:30am Aerobic Dancing/Exercise<br/>10:00am Quilters<br/>10:00am Ageless Exercise<br/>1:00pm Pickleball Mah Jongg</p>   |   |                  |
| <p><b>21</b></p> <p>8:30am Aerobic Dancing/Exercise<br/>10:00am Ageless Exercise<br/>12:00pm (SH) Circle Of Friends<br/>12:30pm Mah Jongg<br/>12:30pm WH Duplicate Bridge<br/>3:00pm Bridge<br/>7:00pm HM Singers<br/>7:00pm WH Duplicate Bridge</p> | <p><b>22</b></p> <p>1:00pm Pinochle<br/>1:00pm Mah Jongg<br/>1:30pm Mah Jongg<br/>3:00pm (SH) Model Railroaders<br/>7:00pm (SH) Great Books Club</p>   | <p><b>23</b></p> <p>7:30am Men's Bible Study<br/>8:30am Aerobic Dancing/Exercise<br/>10:00am Ageless Exercise<br/>12:30pm Art Group<br/>1:00pm Dominoes<br/>7:30pm Mah Jongg<br/>7:30pm Boomers Scrabble Club</p>  | <p><b>24</b></p> <p>10:00am Yoga<br/>1:00pm Card Games<br/>1:00pm (SH) Chess Club<br/>1:00pm Knitting Circle<br/>6:30pm Poker<br/>7:00pm Remedies For Wellness</p>   | <p><b>25</b></p> <p>8:30am Aerobic Dancing/Exercise<br/>10:00am Quilters<br/>10:00am Ageless Exercise<br/>1:00pm Pickleball Mah Jongg<br/>2:00pm Rummikub<br/>7:00pm Bingo</p>  |   |                  |
| <p><b>28</b></p> <p>8:30am Aerobic Dancing/Exercise<br/>10:00am Ageless Exercise<br/>12:00pm (SH) Circle Of Friends<br/>12:30pm Mah Jongg<br/>12:30pm WH Duplicate Bridge<br/>3:00pm Bridge<br/>7:00pm HM Singers<br/>7:00pm WH Duplicate Bridge</p> | <p><b>29</b></p> <p>1:00pm Pinochle<br/>1:00pm Mah Jongg<br/>1:30pm Mah Jongg<br/>3:00pm (SH) Model Railroaders<br/>7:00pm Franklin Open</p>   | <p><b>30</b></p> <p>7:30am Men's Bible Study<br/>8:30am Aerobic Dancing/Exercise<br/>10:00am Ageless Exercise<br/>12:30pm Art Group<br/>1:00pm Dominoes<br/>7:30pm Mah Jongg</p>   | <p>Cld is Canceled.<br/>SH is Sullivan House.<br/>Dates and times subject to change.<br/>Contact program leader for details.</p>   | <p><b>September 2015<br/>Activities Calendar</b></p>  |   |                  |



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**24TH ANNUAL DILWORTHTOWN INN WINE FESTIVAL**

*Jeannie Reith | Glenwood*

The Dilworthtown Inn Wine Festival is the second Sunday in October and benefits The Cancer Program of Chester County Hospital and Neighborhood Hospice. Enjoy a tasting of more than 100 wines, live entertainment, silent auction of impressive items, performance car show, and an artisan shopping gallery. Your VIP tickets allow you access to an exclusive tent where you will find reserved seating, a variety of gourmet foods, special wines, and more.

**Date: Sunday, October 11**

**Time: Noon to 4pm (rain or shine)**

**Ticket Prices:** \$40 in advance or \$45 at the door. VIP tickets also available.

**Location:** Dilworthtown Inn  
1390 Old Wilmington Pike  
West Chester, PA

Contact Jonathan Waple at 610-431-5328 or jonathan.waple@uphs.upenn.edu.

**HERSHEY'S MILL PLAYERS WINE AND CHEESE PARTY**

*Franne Lytle | Ulster*

Come meet the Players at a casual Wine & Cheese Party for Hershey's Mill residents who are seriously interested in being part of our merry group. If you are a singer, musician, dancer or actor, we want you! We also need behind-the-scenes volunteers: set designers and builders, stage hands, advertising, artists for posters and programs, costume design and preparation, photographers, parking attendants, props, ticket manager, ticket takers, and ushers.

We will also enjoy a sneak preview of our 2016 production *Hershey's Mill's Got Talent* – it's a show you won't want to miss!

**Location:** Hershey's Mill Golf Club

**Date: Wednesday, October 14**

**Time: 5:30 to 7pm**

The deadline for reservations is October 7. Please RSVP to Franne Lytle at

**BARNES/DEMAZIA FOUNDATION ART CLASSES AT HERSHEY'S MILL**

*Bernice Soffer | Kennett*

Because of the success of the last three courses here at Hershey's Mill by the Barnes/deMazia Foundation, the offerings have been extended to include both afternoon and evening sessions.

**A Look at Cezanne**

Few artists of the late 19th century continue to engage modern audiences as profoundly as does



Paul Cezanne.

More than one hundred years after his death, Cezanne's works remain fresh and surprising. This four session class will closely explore Cezanne's artwork, his relationship to the traditions of art, and the development of modern art. Three classroom sessions will be complimented by a guided tour of the Philadelphia Museum of Art on October 18, 2015.

**Location:** HM Community Center

**Instructor:** David Nolan

**Dates: October 7 to October 21**

*Four Wednesday sessions; three at Hershey's Mill plus the Museum visit*

**Time:** 6:30pm to 8:30pm

**Price:** \$100

**Appreciating Impressionism Objectively**

This four session course will examine the work of the impressionism's originators, study their sources in the traditions of art, evaluate their methods and techniques, and review their legacy.

**Location:** HM Community Center

**Instructor:** Marilyn Bauman

**Dates: October 29 to November 19**

*Four Thursday sessions*

**Time:** 1pm to 3pm

**Price:** \$100

For enrollment information contact the Barnes/deMazia Education & Outreach Programs office at 215-278-7309.

**HOUSE TOUR PREVIEW**

*Joan Atkins | Troon*

The Hershey's Mill Auxiliary to the Chester County Hospital invites all Hershey's Mill residents as well as their guests to a Chester County Day House Tour Preview on **Wednesday, September 16 at 7pm** at the Hershey's Mill Community Center.

This is an opportunity to learn about the homes, their

locations, and if you are going to include them in your tour. Also, tickets for the Chester County Day Tour on **October 3** will be available for



purchase; \$40 each by check or cash.

The Women's Auxiliary and the Chester County Day Committee have raised over \$5 million to help Chester County Hospital serve the residents of Chester County. The Committee and over 500 volunteers are working very hard to provide you with a great Chester County Day experience.

*Continued on next page*



**DONATION DAY TO SUPPORT PAOLI HOSPITAL**

*Lydia Voigt | Inverness*

The Hershey's Mill branch of the Paoli Hospital Auxiliary will host Donation Day on **Tuesday, October 6** from **9am to noon** at the Community Center. We accept women's clothing, jewelry, very select household items, and small furniture. We do not accept items for men or children. Many thanks in advance for supporting this important cause.

**WHITE HORSE VILLAGE "OCTOFAIR"**

*Dorothy Elicker | White Horse Village*

Save the date for our event on **October 10 from 9am to 2:30pm**. There will be a silent auction, which this year has over



200 items of fine furniture, rugs, paintings, china, jewelry, and collectibles. Also for sale are needlework handicrafts and items created in our Art Studio and Woodshop. Baskets of amazing quality, a handmade quilt, and much more will be raffled off as well. The October edition of the *Guide and Digest* will have additional information.

**SULLIVAN HOUSE GOURMET DINNER FUNDRAISER RAFFLE WINNER**

*Ann Gunn | Jefferson*

We have a winner of the Sullivan House Gourmet Dinner Fundraiser Raffle. With great excitement at the Entertainment in the Park concert on June 28 – that featured 22 Park Avenue Orchestra (sponsored by Wagner Realty) – the winning ticket was drawn. Sue and Jim DiCarlo of Yardley were the lucky couple to win a gourmet dinner with wine pairing for 10 people to be held at the Sullivan House. The dinner will be catered by Brandywine Caterers and should be a beautiful evening for the DiCarlo family and friends.

Keep an eye on the *Guide and Digest* for news about upcoming Sullivan House fundraising activities and events. Thank you to all who bought tickets in support of our beautiful and historic Sullivan House.

**GOLF COURSE CART PATH SAFETY**

*Matt Harvey | PGA*

If you are a golfer, you know me from my monthly Golf Tip in the *Guide and Digest*. But this month I have a "tip" directed not only to those who love to spend their time playing golf on the beautiful course here at



Hershey's Mill but also the residents who enjoy walking its cart paths. In the interest of safety for all, we ask that you please limit your walking to the designated walking-only paths during our active golf times, which are defined as 8am (7:30am on weekends) to dusk Tuesday through Sunday. Also please note that we host a number of golf outings on various Mondays throughout the season. For more details about the problems for both golfers and walkers, check out the HM Golf Club Scorecard section in the July 2015 *Guide and Digest* that is available online. We thank you all for your cooperation in this very important safety matter.

the HM Golf Club Scorecard section in the July 2015 *Guide and Digest* that is available online. We thank you all for your cooperation in this very important safety matter.



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| <b>Original Programming</b>   | <b>September 1-15, 2015</b> |         |         |          |
|---|-----------------------------|---------|---------|----------|
| <b>State Capitol Update – Part 1</b><br><i>With Charlie Vogel</i><br>Charlie talks to State Senator Andy Dinniman about current issues at the State Capitol.  | 10:00 am                    | 4:00 pm | 7:00 pm | 12 am    |
| <b>State Capitol Update – Part 2</b><br><i>With Charlie Vogel</i><br>Charlie continues his discussion with Andy about issues that are important to Chester County and Hershey's Mill.   | 10:15 am                    | 4:15 pm | 7:15 pm | 12:15 am |
| <b>Ms. Senior America Pageant – Part 1</b><br><i>With Kay Ricker</i><br>Meet Vicki Rogers, Ms. Senior Pennsylvania 2013, who discusses the national organization and the celebration of senior women in honoring "The Art of Elegance." | 10:30 am                    | 4:30 pm | 7:30 pm | 12:30 am |
| <b>Ms. Senior America Pageant – Part 2</b><br><i>With Kay Ricker</i><br>Ms. Rogers reflects on her competition in the pageant and her continuing contributions.   | 10:45 am                    | 4:45 pm | 7:45 pm | 12:45 am |

|   |   |  |  |
|---|---|--|--|
| <b>Movies</b><br><b>Noon</b><br><i>and</i><br><b>8:30pm</b> | <b>September 1-7</b><br><b>Flight 93 (PG-13)</b><br><i>Jeffrey Nordling and Brennan Elliott</i><br>Story of the heroic passengers that took back their plane in an effort to stop a 9/11 terrorist attack. [Run time 1h 30m]  |  |  |
|   | <b>September 8-14</b><br><b>Flight 93 (PG-13)</b><br><i>Jeffrey Nordling and Brennan Elliott</i><br>Story of the heroic passengers that took back their plane in an effort to stop a 9/11 terrorist attack. [Run time 1h 30m] |  |  |

|                       |                |               |                                    |
|-----------------------|----------------|---------------|------------------------------------|
| <b>Bulletin Board</b> | 1:00am-10:00am | 11:00am-Noon  | Following the movie until 4:00pm   |
|                       | 5:00pm-7:00pm  | 8:00pm-8:30pm | Following the movie until Midnight |

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| <b>Original Programming</b>   | <b>September 16-30, 2015</b> |         |         |          |
|---|------------------------------|---------|---------|----------|
| <b>What is a Tweet? – Part 1</b><br><i>With Bernice Soffer</i><br>Interviews with social media experts Mimi Lewis and Daniel Wolf. Facebook, LinkedIn, and Twitter are discussed.                           | 10:00 am                     | 4:00 pm | 7:00 pm | 12 am    |
| <b>What is a Tweet? – Part 2</b><br><i>With Bernice Soffer</i><br>Bernice sends her very first tweet.   | 10:15 am                     | 4:15 pm | 7:15 pm | 12:15 am |
| <b>What is a Tweet? – Part 3</b><br><i>With Bernice Soffer</i><br>Mimi Lewis and Daniel Wolf discuss other apps and privacy issues.   | 10:30 am                     | 4:30 pm | 7:30 pm | 12:30 am |
| <b>East Goshen Park &amp; Recreation</b><br><i>With Kathy Myers</i><br>Meet Jason Lang, East Goshen's Park and Recreation Director. Learn about all the new programs available for everyone in East Goshen. | 10:45 am                     | 4:45 pm | 7:45 pm | 12:45 am |

|   |  |
|---|--|
| <b>Movies</b><br><b>Noon</b><br><i>and</i><br><b>8:30pm</b> | <b>September 15-22</b><br><b>Bandits (PG-13)</b><br><i>Bruce Willis and Billy Bob Thornton</i><br>A love triangle forms between two bank robbers and a housewife they kidnap in this action packed comedy.<br>[Run time 2h 3m] |
|   | <b>September 23-30</b><br><b>Girl With a Pearl Earring (PG-13)</b><br><i>Scarlett Johansson and Colin Firth</i><br>A maid in 17th century Holland becomes the model for a famous Vermeer painting. [Run time 1h 40m]           |

**To view Channel 20's original programming on your computer:**

Go to [hersheysmill.org](http://hersheysmill.org). Select TV & Digest, HMC-TV20, and Original Programming.

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Matthew Harvey | PGA

What seems a few lifetimes ago, prior to getting into the golf business, my girlfriend at the time gave me a golf lesson as a birthday present. I had to fake my excitement. Up until that point, my athletic skill in various activities came from mimicking what I saw. From bowling to skiing and ultimately golf, I had just tried to imitate the positions of others who seemed to know what they were doing.

pro and explaining what I thought my weaknesses and shot tendencies were, he had me hit five 8 irons. After those five swings he nodded and proceeded to completely change my grip and takeaway. I could manage the ball around the golf course and score, but I had to incorporate certain compensations in my swing for my faults.

# Put Fun In Your Game

*The fun you get from golf is in direct ratio to the effort you put into it. – Bob Allen*



That was the case until that golf lesson. At first, I was reluctant to even go. I thought I understood my golf swing. That the lesson came with unlimited practice balls was the only reason it seemed worthwhile. After meeting the

Those two alterations changed my entire golf swing. It corrected my path, plane, and trajectory while adding control and distance. From that point forward, I changed my thoughts about one-on-one instruc-

## Golf Tip

Solid golf is all about routine. A great tip that will help you on the greens starts before you even get there. As you are approaching the putting surface, either from the fairway or the cart path, notice the slope of the green. Usually the green is elevated from those positions and you should have a worm's-eye perspective of its contours.

When going to your ball, circle from the hole out to your position, pacing off your strides for distance, being mindful of other's positions and intended lines. Even before you mark and clean your ball, half your work will be completed. Add this to your putting routine and watch your scores drop.

Matt Harvey, PGA

## September Club Activities

- September 3 ..... Steak House Night
- September 6 ..... Labor Day Cookout
- September 24 ..... Trivia

*"It takes hundreds of good golf shots to gain confidence, but only one bad one to lose it."*  
Jack Nicklaus

tion. Having another set of eyes confirm or deny what you think you're doing is invaluable. Since then, I've had numerous fellow PGA pros look at my swing, each usually finding something different that needs work. This doesn't mean I have a helpless swing, it means the golf swing is a complicated movement and has many different facets, all of which need attention.

There is no end game when learning the golf swing; it's a lifelong endeavor. That is what makes this game so great. Just when you think you've got it figured out, it usually proves you wrong – very wrong. So no matter how good you are, you can always benefit from some observation and teaching.

Instruction is a major part of the services our PGA professionals offer at Hershey's Mill Golf Club. You don't need to be a member to take advantage of our lesson program. HM house members are also entitled to a range membership, which allows nearly unlimited access to our natural-grass golf range, dedicated short-game area, and the large and perfectly maintained practice putting green. Please give us a call and we'll answer any questions you may have. I look forward to seeing you on the range.



I can be reached through the Golf Shop at 610-692-6592, or at either [mattharvey@pga.com](mailto:mattharvey@pga.com) or [golfpro@hersheysmill.com](mailto:golfpro@hersheysmill.com).



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## CLASSIFIEDS

Ad deadline is the 22nd and runs two months at no cost (due to lead time, an ad received on January 22 would start in the March edition, etc.). Limit description to 30 words per item, and include pricing and contact information. Ads are subject to review and editing. Email submission to [hmctvguide@comcast.net](mailto:hmctvguide@comcast.net), attention Louise O'Brien, or place printed/typed copy in the Channel 20 mailbox outside the building. You must be a HM resident to advertise.

**FOR SALE** Panasonic DVD, 5 disc, **home theater sound system**, complete in excellent working condition. \$100. Kenneth Marlowe "Lillie's in Delft" **oil print in gold leaf frame**. Frame is 42" x 34", print is 30" x 24". Excellent condition. \$150. **Wicker TV table**, swivel, white with glass top, and rollers; 27" width x 18" depth x 23" height. \$35. Call

**FOR SALE** Two rockers, white wood. \$10 each. **Row boat**, 16 feet. Call Al at

**FOR SALE** Deck furniture, glass round top table (48") with large umbrella and stand, and 4 matching chairs. \$250. **Dining table**, double pedestal, solid mahogany, with 3 leaves, late 1800's era, beautiful condition. \$800 or best offer. **Café set**, 30" round wrought iron table and 2 chairs. \$100. Tray-top mahogany **coffee table**. \$75. Call

**FOR SALE** Used Rally Scooter, battery powered, easy to operate. \$125. Call

**FREE** Sweet cat, "Hon Hon" pure bred, certified Himalayan (have certification papers). Needs new home. 9 years old; will live about 6 more years. Perfect for elderly person or couple. Call

**WANTED** Old gas golf cart. Call



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**APPLE MAC CONNECTION**

*Carol Campanelli | Ulster*

If you need support for a Mac, iPad, or iPhone then plan to attend our meeting on **September 26** in the HM Community Center (on the second floor). Bob Barton offers help from **10am to noon** each fourth Saturday of the month. If you email Bob, at bartonbob@comcast.net, your general or specific problems or questions he can be ready to address them when we meet. Coffee, tea, and goodies are usually available.



If you plan to attend the Main Line Macintosh Users Group that usually meets at the Good Samaritan Church in Paoli on the second Saturday of the month, please check their website at [mlmug.org](http://mlmug.org) for information about the meeting location during the church's renovations.

**BOOK CLUB**

*Anne McAssey | Merrifield  
Audene Paulson | Eaton*

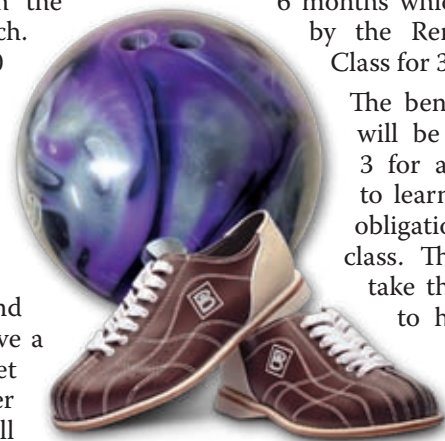
*All the Light We Cannot See*  
by Anthony Doerr  
Join us in Sullivan House on **Thursday, September 10** at **2pm** to discuss this stunningly beautiful novel about a blind French girl and an orphaned German boy whose paths intertwine in

Saint-Malo, France, as both try to survive the devastation of World War II.

**BOWLERS AND FRIENDS**

*Franne Lytle | Ulster*

The Hershey's Mill Bowlers will be starting their season on **Tuesday, October 6**. If anyone is interested in joining our non-sanctioned league as a regular bowler or as a substitute bowler, please let us know as soon as possible. We meet **every Tuesday morning at 10am** at the Palace Bowling Lanes in Downingtown. Our season runs through the last week of March. We currently have 20 teams that consist of 3 bowlers each. You do not need to be a great bowler; you are a plus whether you are good or bad. We are a happy go lucky group. At the end of the season, we have a great bowling banquet and awards dinner held at Hershey's Mill Golf Club. We are currently working with Rover transportation to transport HM bowlers to and from the bowling alley. If you're ready to have fun, please contact our club president, Rick Metz, at or



Paoli Room of the Community Center, and welcome beginning and experienced knitters and crocheters. We are very happy to assist people with projects and techniques to the best of our abilities. For more information contact Bernice Soffer at

**REMEDIES FOR WELLNESS**

*Anita Weeks | Kennett*

We restart our club on **September 3** in the Malvern Room upstairs in the Community Center from **7pm to 9pm**. The Remedies for Wellness Class is for 6 months which will be followed by the Remedies for Riches Class for 3 months.

The benefits of the classes will be shared September 3 for all those who wish to learn more; there is no obligation to attend either class. The main reason to take the Wellness class is to have no stress that lasts longer than 20 minutes. This does not apply to medical conditions. The reasons


to take the Riches class are to become valued with a passion to make your retirement days healthy, and to make money at your calling if you know what it is. If you do not realize your value, a Crystal class will be offered in March so you can discover what you are to do at the end of your life to contribute to the planet, and be fulfilled with a step by step plan for happiness.

Please call Anita at to find out if your goals are such that you will be able to attain them in these classes. There is a cost of \$125 for the year and \$50 for the manual.

**KNITTING CIRCLE**

*Ruth Schick | Chatham*

The Hershey's Mill Knitting Circle has been meeting weekly for about ten years. We enjoy ourselves while knitting and crocheting; with plenty of chatting and laughter as we helping each other with our projects. We meet from **1pm to 3pm** on **Thursdays** in the



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Take a Step in the Right Direction

[PodiatryCareSpecialists.com](http://PodiatryCareSpecialists.com)

HM Sports Group members believe all the residents of Hershey's Mill should "Get involved, play where you live." It's more than a mantra, it speaks to the wide range of activities that are great for keeping the body healthy and the mind sharp; it's the type of joyful play that keeps us all young and can be done right here with friends and neighbors. We are fortunate to live in a community that features sporting activities, social events, and more; this is what sets us apart and provides for the fantastic "Hershey's Mill Lifestyle."

The Sports Group is on a mission to spread the word about all that it offers, and it is our plan to talk about the activi-

ties you already know and love and those you may not. We hope you will keep an eye out for us in the *Guide and Digest* as we provide details about how the group works and how you can get involved. The Mill is a volunteer led community where you not only par-



ticipate in activities but help to guide and support them as well.

In the coming months you can likely look forward to: finding out about the Sports Group officers (we're installing a new slate this month); stories about the volunteers who make each activity happen and provide crucial leadership; articles about the rules of the activities/sports; and the what, when, and where of our events.

**Select HM Sports Group Activities**

- Fall Social (October 23) ..... At Sullivan House  
(Contact Demi Neilson)
- Pickleball ..... Every Monday, Wednesday,  
Friday and Saturday
- Tennis (mixed doubles) ... Wednesdays at 4:30pm  
(Contact Lisa Groff)

include: low impact activities like biking; social activities like shuffleboard, horseshoes, ping-pong and local nature

# Play Where You Live

No matter your physical state or experience, the Sports Group probably has something for you. There are activities for the casual beginner, including those who need help getting

walks; team and single sports like tennis and paddle tennis; the latest hot fads such as pickleball; and the imported fun and competition that is bocce. We offer assorted clinics and classes to get newbies started. Whether you are looking to be part of a competitive travelling team or just a friendly reason to get moving, we can help.



If your favorite activity isn't currently in play at the Mill, we hope you speak up. We want to know how we can help you better; and if you have an interest, it is likely many of your friends and neighbors do as well. Many of the favorite activities at the Mill were started by residents

who took the initiative and found they were not alone in their interests. We encourage you to look us up in the Activities Contacts and give us a call to find out more about getting involved.

started, and there are competitive activities for those who believe crushing the opponent is part of the game. If you grew up in a time when sports were only football, baseball and basketball, you will be pleased to know the options now



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**FRIENDS OF THE LIBRARY**

The Hershey's Mill Library needs friends. Become a "Friend of the Library" for \$5 or more. Your generous donation will augment the budget allocated for new

books and help the library. You will also be entitled to attend our Wine and Cheese Preview Reception on **Friday, September 11** from 4pm to 6pm at the Community Center and be able to purchase books prior to the opening.

**Community Center Library Hours**  
**Monday to Friday 10 a.m. – 2 p.m.**  
**Saturday 10 a.m. – Noon**  
[www.hmlibrary.com](http://www.hmlibrary.com)

**I/We want to support the Hershey's Mill Library in 2015 with a donation.**

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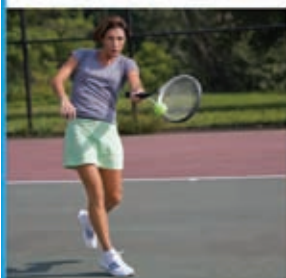
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**Hershey's Mill Library  
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Hardbacks books and trade paperbacks are \$1. Small paperbacks, puzzles, and music CDs are also available. Please spread the word and bring friends!

*We're accepting book donations for this sale until September 4 (during regular library hours). Periodicals and text books are not accepted, and Bibles and religious books should be donated to a local church. We do appreciate you not donating books which are in poor condition.*

*The Library Committee appreciates all those involved in this important annual event. Our success wouldn't be possible without the generous residents who have already donated items, and the many dedicated volunteers who have worked to make this possible – and of course you!*

Refreshments will be available for a good will donation.

The Library Board thanks you in advance, and looks forward to seeing you there!



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Don Trauger | Kennett

Over the years I've written many articles about how to clean up unneeded, junk, or temporary files that have been used and left discarded on the hard drive of your computer. After months of these files building up, and if cleanup chores have been neglected, your computer may become unstable and/or run more slowly. I often wonder how many people buy a new computer because their current one is simply running poorly. Had they done the required maintenance maybe they wouldn't have needed a new one. As a side note, installing and configuring a new computer already qualifies as a cleanup. That's because there are many hundreds of files used only once to get the computer up and running.

Issues button. This free download provides a fast, easy, and safe way to clean your computer. There is a very handy built-in monitor in CCleaner that pops up a reminder window when the computer has accumulated too much junk. However, there's more about cleaning up your computer, so read on. Also, if you have a laptop, be sure to plug in the battery charger before starting the cleaning and defragmenting tasks.

Windows includes a built-in disk file cleaner that also removes unneeded files. The trouble is it just doesn't clean as well as CCleaner. Let's look at Windows 7 first. Click the Windows Globe in the lower left corner of the Desktop screen, then click All Programs, then Accessories, then System Tools, then Disk

all items are checked. This is a safe procedure as nothing that is needed or wanted will be deleted. At the top of the window click the More Options tab. Under System Restore and Shadow Copies, click Clean Up. In the pop-up

will see Pass 1, 2, 3, etc. After it stops, click the Defragment Disk button again for another go around. Ideally, most computers will stop at pass 5 when fully defragmented. Plus or minus a pass is fine too.

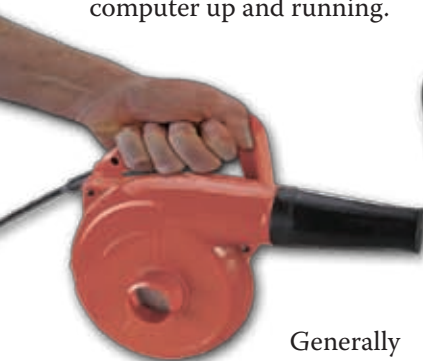
# Clean Up Your Windows 7 or 8 PC

window click the Delete button. Click the OK button in the Disk Cleanup window and then Delete Files in the pop-up

Next is the procedure for Windows 8 or 8.1. Right click the 4 pane Window icon in the lower left corner of the Desktop screen. Click the Control Panel item. When the Control Panel opens, click Administrative Tools. If you don't see it, click Category view in the upper right and change it to Large Icons. When Administrative Tools opens click Disk Cleanup. Click OK in the pop-up window.

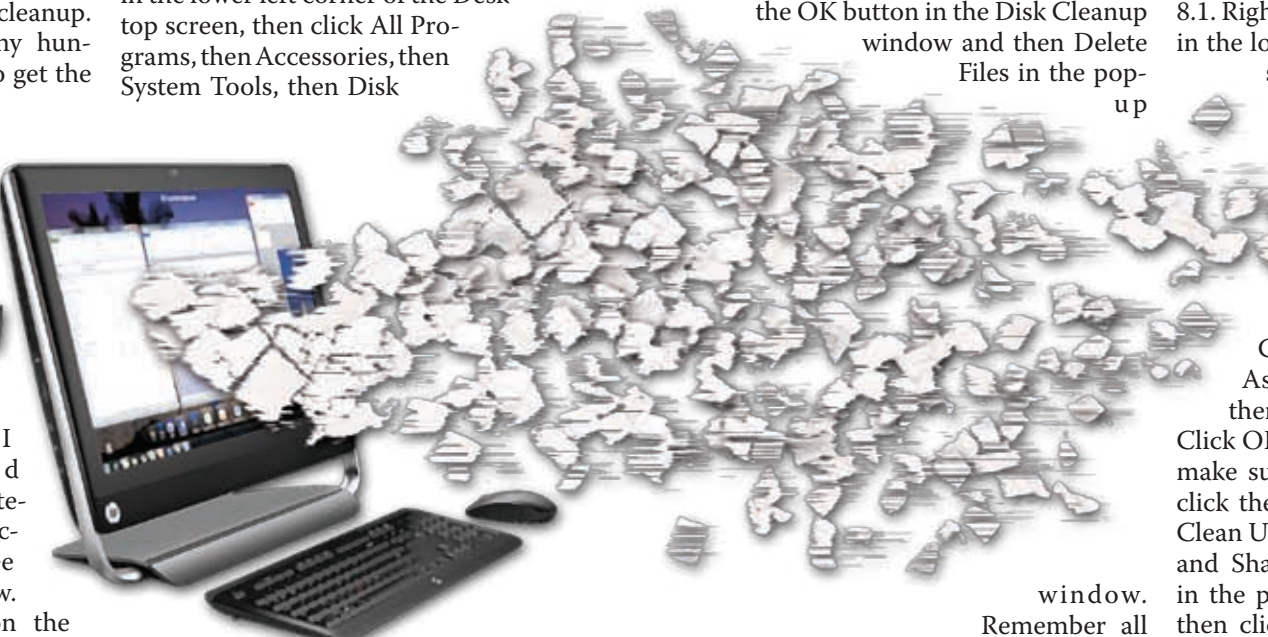
As in Windows 7, check all items then click Clean Up System Files. Click OK again. In the pop-up window make sure all items are checked then click the More Options tab. Click the Clean Up button under System Restore and Shadow Copies and click Delete in the pop-up window. Click OK and then click Delete Files in the pop-up window. If you can't find Disk Cleanup, look for it on the Task bar at the bottom of the Desktop window. Click it to make the window visible. As with Windows 7, this procedure is safe for Windows 8 too and may also take a while. To defragment a Windows 8 computer

*Continued on page 65*



Generally I recommend you do the maintenance once a month. I also recommend you download the free CCleaner program from [www.filehippo.com](http://www.filehippo.com). Look for it on the opening page of the site under Popular Software. Double click the download file button to install CCleaner. It will place an icon on your Desktop screen. Double click it to open and then click the Run Cleaner button. After cleaning is complete, click the Registry button, then click the Scan for Issues button. After this completes, click the Fix Selected

Clean up. The program should start by calculating how much space it can free. After it completes, a new window will open showing many items that can be cleaned. Click the empty box next to an item so it appears with a check. Do this for all items (scrolling down as needed). Make sure





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## TECHNOLOGY TIPS (continued)

click on Defragment and Optimize Drives in Administrative Tools. When the window opens, click the Optimize button. Again, about 5 passes is normal so repeat as necessary.

I've written this article in preparation for those of you that wish to upgrade to Windows 10. I feel it's important to prepare your computer for this major event and get it in the best possible condition prior to commencing the Windows 10 upgrade. That said, I'm also saying that you should hold off for 2-3 months before even considering the upgrade so any major bugs are worked out. Finish up my recommended procedures above by doing a scan with Malwarebytes and your anti-virus program. This should put you in good shape for upgrading to Windows

10 when the time comes. The above procedures are also a good idea even if you are not planning to upgrade.

If you are considering the free Windows 10 upgrade, most Windows 7 and 8 computers have a 4 pane white icon near the clock in the lower right hand corner of your screen. Click it, then click the 3 bar blue icon in the upper left of the window, and then click Check Your PC. This is a very basic check to see if your PC meets the minimum requirements for Windows 10.

*To help you with questions about this or any PC subject, the Computer Club now meets on the **third Tuesday** of every month at 7pm upstairs in the Ardmore room of the Community Center. And many of my past articles are also available on the Hershey's Mill website.*

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**Coppola, Marie**

489 Eaton Way

**Davis, Michael & Sharon**

1293 Robynwood Lane

**Denney, Robert & Mary Lou**  
154 Chandler Drive

**Hofmann, Linda**

467 Eaton Way

**Ihlenfeld, Wayne & Joan**

1244 Oakmont Court

**Lunsford, Linda**

368 Devon Way

**Madara, Patty**

1499 Quaker Ridge

**Munn, Kathleen**

652 Heatherton Lane

**O'Grady, Helen**

753 Inverness Drive

**Pilko, Thomas & Joan**

(new #)

330 Devon Way

**Pizzola, Gerald & Diane**

513 Eaton Way

**Prior, Thomas & Jacqueline**

1320 Robynwood Lane

**Schultz, William & Patricia**

235 Chatham Way

**Sellers, Fran**

838 Jefferson Way

**Simon, Henry & Rosina**  
111 Ashton Way

**Speer, Edgar Jr. & Agnes**

1600 Ulster Lane

**Sykes, Gianna**

(new #)

189 Chandler Drive

**Turner, Thomas & Erika**

254 Chatham Way

**Walsh, Robert & Geraldine**

(new #)

1349 Troon Lane

The Residents Updates published in the *Guide and Digest* are provided by HM Security. Using these with the annual *HM Resident Directory* is a great way to stay current with community contacts.



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Joe Kennedy | Princeton

In 1928, a young woman from our region published a book about the sexual mores of teenagers in the South Seas. The book was titled *Coming of Age in Samoa*, and the author was Margaret Mead. After months of field observations and interviews, Mead concluded that Samoan adolescents, thanks to their sexual freedom, were untroubled by many of the conflicts that plagued their Western counterparts. This was the beginning of a controversial 50-year career that made her the best-known anthropologist of her generation.

cong near the present site of Central Bucks East High School. In 1916, they rented a home on West Court Street in Doylestown to be near Doylestown High School. Records from the Spruance Library of the Bucks County Historical Society show that Margaret Mead was enrolled in the General Course and her standing as a student was “of the highest rank.”

In her senior year, she was editor of the school’s magazine, the *Torch*. She wrote a series of articles in which she endorsed America’s involvement in the first World War, praised both the U.S. soldiers and the Red Cross, and attacked “German barbarism.” Also

# Margaret Mead

“She was a woman of many contradictions who could be brilliant or naïve ... demanding or forgiving,” wrote Jane Howard in her 1984 biography *Margaret Mead: A Life*.

Mead was born in Philadelphia on December 16, 1901. Her father, Edward, taught economics at the Wharton School of the University of Pennsylvania, and her mother, Emily, was a sociologist.

“We moved around, living in Hammonton, New Jersey, Lansdowne and Swarthmore,” Mead wrote in a 1975 letter to a friend. In 1912, the family – there were four children in addition to Margaret – moved to a farm in Holi-



while in high school, Mead edited the magazine section of the local paper, the *Intelligencer*, according to biographer Howard.

After graduating from high school in 1918, she studied English at DePauw University in Chicago before transferring to Barnard College of Columbia University, where she received her bachelor’s degree in psychology. Her field study in Samoa and the subsequent book that followed were part of her graduate study in anthropology at Columbia.

During the 1930s, Mead accepted a position as a curator at the American

Museum of Natural History in New York City.

In a career spanning nearly five decades, she wrote 34 books and a myriad of



and child rearing. She once delivered a lecture to the Doylestown Parent-Teacher Association that did not go over very well with the audience.

“Doylestown wasn’t ready for her,” recalled W. Lester Trauch, a former *Intelligencer* reporter and associate editor.

“The story of Mead’s private life ... reads like a novel,” writes Howard. She was married three times and had “several intense liaisons,” according to Howard. She and her third husband, Gregory Bateson, produced a daughter.

In 1975, three years before her death, Mead commented

Anthropologist Margaret Mead (1901-1978) in 1948

articles, produced 10 films, conducted personal research, lectured, and attended worldwide academic conferences.

Mead was an outspoken feminist who questioned the traditions of marriage

to a friend about her early years in Doylestown: “I have always regarded Doylestown as a good town to grow up in, small enough so that a school child can grasp it ... and with enough character ... to give a young American a sense of what it is to be an American.”

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Summer is barely over, but if you're like us you just can't wait to make soup! There is something special about a cool evening and a steaming bowl of homemade deliciousness, and our recipes make the most of summer's fresh goodness. We hope that Autumn comes in soup friendly, but if we get a late summer heatwave the asparagus and pea soups are also delicious chilled. It is worth choosing a quality vegetable stock, or making your own. We hope you're inspired to give these a try.

## Broccoli & Roquefort Cheese Soup

A rich twist on a traditional favorite.

- 3 tablespoons unsalted butter
- 2 medium white onions, chopped
- 1 large Russet potato, chopped
- 2 cups broccoli florets
- 6¼ cups vegetable stock
- ½ cup diced Roquefort cheese
- ½ teaspoon ground mace
- Salt and freshly ground pepper

In a heavy sauce pan set over low heat, melt the butter; then stir in the onions and potato and cook, covered, for 7 minutes. Stir in the broccoli and cook, covered, for another 6 minutes. Add the vegetable stock and bring to a boil over medium high heat. Lightly season with salt and pepper, to taste, then reduce heat to a simmer and cook covered for 16-20 minutes (until vegetables are tender). Process soup with an immersion blender until smooth (or carefully in a traditional blender in batches).

Remove pan from heat and stir in the cheese until melted and well combined. Add the mace and adjust seasonings as needed. Serve in a wide bowl; croutons are a nice garnish if desired.

## Last Of The Summer Tomatoes Soup

A hearty end of summer treat that works with a variety of tomato types.

- 3 tablespoons olive oil
- 1 large onion, finely chopped
- 4 scallions, finely chopped
- 3 garlic cloves, finely chopped
- 2 celery stalks, finely chopped
- 5 medium tomatoes, peeled and chopped (do not remove seeds)
- 1 tablespoon fresh parsley, chopped
- 3 cups vegetable stock
- Cayenne pepper
- Salt and freshly ground pepper
- ¾ cup bow tie pasta (or other small and thin shapes)

In a heavy sauce pan set over low heat, heat the oil, then add the onion, scal-

lions, garlic and celery and cook, stirring occasionally, for 5-7 minutes (until softened). Add tomatoes and simmer, covered and stirring occasionally, for 30 minutes. Process soup with an immersion blender until very smooth (or carefully in a traditional blender in batches). Add the vegetable stock and bring to a boil while stirring.

Season, to taste, with cayenne, salt and pepper. Add pasta and cook over medium heat until it is al dente. Serve in a handled, deep bowl; and garnish with additional fresh parsley if desired.

## Asparagus & Crème Fraîche Soup

Delicious hot, or cool and serve chilled.

- 25-30 medium asparagus stalks, trimmed, tips removed and remainder cut into ½" pieces
- 4 tablespoons unsalted butter
- 6 scallions, chopped
- 3 tablespoons flour
- 6¼ cups vegetable stock
- 1 teaspoon lemon juice
- ¾ cup crème fraîche
- Salt and freshly ground pepper

In a heavy sauce pan set over low heat, melt the butter; then stir in the scallions and cook for 5 minutes. Stir in the asparagus, except for the tips, and cook for 6 minutes more (stirring occasionally). Sprinkle in the flour, and stir constantly for 2 minutes. Add the vegetable stock and lemon juice and bring to a boil over high heat while stirring often. Season with salt and pepper, cover, and simmer for 35 minutes. Meanwhile, boil the asparagus tips in another pan until firm but tender (about 4 minutes) and

set aside. Remove the soup from the heat and process soup with an immersion blender until smooth (or carefully in a traditional blender

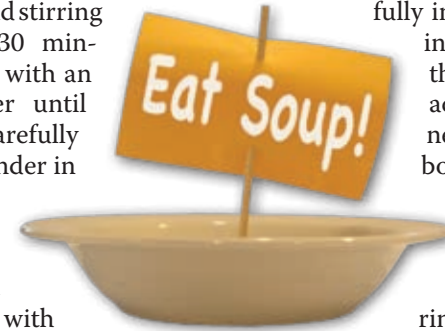
in batches). Whisk in the crème fraîche and adjust seasonings as needed. Serve in a wide bowl with the asparagus tips sprinkled on top (or lightly mixed with surface). Grated lemon rind can be used as garnish if desired.

## Fresh Sweet Pea Soup

If your peas are not particularly sweet, add a bit more honey to taste. Lowfat dairy can be used, but not fat-free.

- 3¾ cups vegetable stock
- 1 medium Vidalia onion
- 2 garlic cloves, finely chopped
- 3 cups fresh sweet peas
- 2 fresh mint sprigs
- 1 fresh lavender sprig
- ½ teaspoon mild honey
- 1 tablespoon lemon juice
- ½ cup sour cream
- ½ cup plain yogurt
- Salt and freshly ground pepper

In a heavy sauce pan set over medium high heat, add the vegetable stock, onion and garlic and bring to a boil; then cover and simmer for 20 minutes. Add the peas, mint, lavender and honey and simmer, covered, for another 8 minutes. Remove pan from heat, remove sprigs, then process soup with an immersion blender until smooth (or carefully in a traditional blender in batches). Whisk in the lemon juice, sour cream and yogurt, and season with salt and pepper to taste. Serve in a deep bowl with a very thin string of honey on the surface.



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| WH Duplicate Bridge, Mondays at 7pm.....      | Lee Gamma .....                        |
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