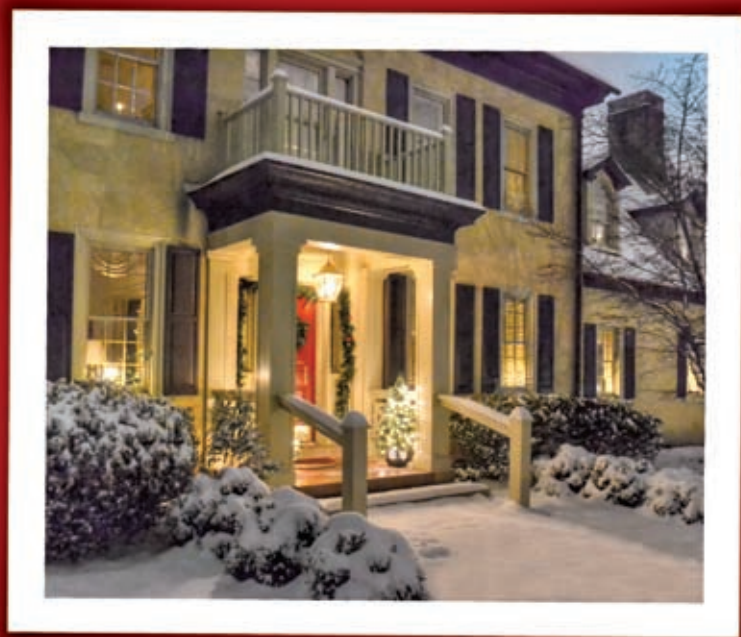


DECEMBER 2015

# GUIDE — AND — DIGEST



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A PUBLICATION OF HMC-TV AT HERSHEY'S MILL



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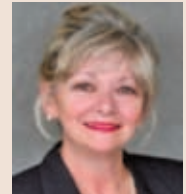
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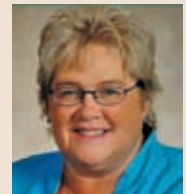
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All submissions are welcomed. Send to [hmctvguide@comcast.net](mailto:hmctvguide@comcast.net), Attention Editor. Hardcopy submissions are not accepted. Articles should be limited to 500 words (although others may be considered), and photographs should be high-resolution. HMC-TV determines suitability and has sole discretion to publish any submission. Submissions are due by the 22nd (38 - 41 days in advance of each edition) for possible inclusion (those received after will be reviewed for the next); contact the Editor for exceptions. Articles are subject to editing for space, clarity, and grammar. Contents are from various sources; the information and opinions are of the author, and may not reflect those of Hershey's Mill Community-TV, its officers, or directors.

**HMC-TV Guide and Digest**

Volume XVI Number 12 - December 2015

Editor Louise O'Brien

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**Cover:** The Sullivan House shines while a blanket of snow snuggles against her. Find out about the Open House in this month's Community News.

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BAYADA caregiver Laura McCarthy with her client Mrs. Rita A.

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## FROM THE MAIN GATE

**Marc Fraser | Director of Security**

Each year Hershey's Mill Security receives checks from residents who wish to donate to the Security Department Christmas Fund. The money is spread amongst the officers as a "thank you" for all they have done to serve Hershey's Mill in the past year. To contribute to the Christmas Fund, make your check payable to "Hershey's Mill HOA" and drop it off at the Main Gate, or mail the check to:

Hershey's Mill Security  
 1389 East Boot Road  
 West Chester, PA 19380

The Hershey's Mill Security staff would like to wish each of you a very happy and safe holiday season. We look forward to serving you in 2016!

## Wishing You Safe Holidays



## HM RESIDENTS UPDATE

**Crolius, Allen & Sue**

**Olin, Connie**

**Sorrell, Gareth & Jody**

1007 Kennett Way

1423 Springton Lane

555 Franklin Way

**Landolph, Bruce & Patrice**

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The Residents Update is provided by Hershey's Mill Security.

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**(Left to Right)** Todd Michener, MD, Adrienne Towsen, MD, Chet Simmons Jr., MD

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Tom Barrett | Kennett

It was my worst Christmas ever about 12 years ago. I was suddenly single again. My kids were scattered across the country. My younger daughter would be deployed for eight months to a Marine base in 'the sandbox' leaving a



one-year-old baby behind. My older daughter's husband was General John Abizaid's communications officer and would be flying in and out of Baghdad's Green Zone many times. I was looking forward to Christmas about as much as a trip to the dentist.

Liberty USO is an oasis for traveling soldiers at Philadelphia Airport. At that time, the USO was open only 12 hours daily. It was two days before Christmas and due to a few call outs, I was the only volunteer on duty. A few minutes before the 8pm closing time a dozen

soldiers in combat uniforms arrived. Due to a delayed flight, they missed their connecting flights and they were hungry; and they missed their last pay so they had little cash. Our USO dining options then consisted of hot dogs and snack foods. I was about to restart the hot dog grill when I thought that their first meal back on US soil should not be a tube steak. They followed me across the concourse to Lamberti's Restaurant; which was one of the better food options at the airport. I gave my credit card to the hostess with instructions that their money "would not spend."

Back at the USO desk, we managed to get 8 of the 12 soldiers on flights to their destinations. By 10pm, all but 4 were gone. I went to settle the tab at the restaurant, and the hostess handed back my card telling me nothing was charged. The soldiers entertained the guests with Iraq money, playing cards, and stories. The guests at the restaurant picked up the tabs for all twelve soldiers.

The remaining four could not get flights until the following afternoon. They said they would roll out their bags and sleep on the concourse floor. That was not an

option to me. On the way to my home I asked when they had their last hot shower; it was almost a year. I decided that rank hath privilege, and as a result, the one female soldier was first to the shower. I thought they would be ready for a good night's sleep in a real bed,

excited looking forward to being home by Christmas. The female soldier especially wanted to surprise her mom by walking into her church where her mother played the organ for Christmas Eve services. This would be a time challenge since she needed several flights

# My Worst Best Christmas Ever



but they had other plans. They were happy that their unit suffered no casualties in Iraq, and had hundreds of pictures to share. Finally, at 1am, they were ready to retire. I suggested they sleep late, and in the morning would get a classic Philly breakfast before their flights.

Off to Wawa at 1am I went. Bacon, scrapple, eggs, muffins, orange juice and coffee. I collapsed on my living room couch eager to sleep-in the next morning. At 0630 (6:30am) I was awakened by conversation; they were up! I said "I thought you guys were sleeping in?" They said they did – since they're usually up at 0430. They were just so

to get to her small hometown in North Dakota.

On the way to the airport we all exchanged email addresses and they promised to let me know their progress. On Christmas day, I received emails from all four and a phone call from the female soldier.

They all made it home in time for Christmas; and the content of their emails was exuberance, excitement, appreciation, and total joy – complete with heartwarming photos. It made my day and it made my year. It was my best Christmas ever!

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Mary Kay Hagerty | Heatherton

For Pat Owens sports are, and have always been, a big part of his life. He is the son of the late Paul Owens (“The Pope”) who was the General Manager of the Philadelphia Phillies.



Pat was born in Buffalo, New York. His biological father, who had cerebral palsy, saved his life when he was two years old by throwing him out a third-floor window of a burning building to be caught by fire fighters. Sadly, his father died in the fire. His family was poor and his mother had a difficult time raising five small children alone. Consequently, Pat spent a few years living in an orphanage until at the age of seven he and his brother were adopted by Paul Owens and his wife Marcelle. In the meantime,

his biological sister had been looking for her brothers, and fortunately she found them. Pat was reunited with his biological mother, who was quite ill, just three days before she passed. He also met another sister and two brothers at that time. Because he was adopted, Pat had always wondered where he came from. With information provided to him by his sister, he found out that he was of Norwegian and Irish descent. Through Ancestry.com he traced his

Photographs by  
Mary Kay Hagerty

Norwegian roots back to the 1600s. He had always been drawn to the Norway exhibit at Epcot Center in Disneyworld, and now he knew why.

After he and his brother were adopted, the Owens family settled in California where his Dad managed Minor League baseball’s Bakersfield Bears. Eventually, they moved to New Jersey where Pat, who is 6’7”, played high school basketball and baseball. He was recruited by West Chester University to pitch for the baseball team. He also played for the basketball team but had to drop out due to injuries. He majored in psychology and history. After graduation, he played in the West Chester Adult

League; and says he would still play baseball if he could.

After graduating from college, Pat worked as a guidance counselor in New Jersey – a job he loved. As his wife Karen pointed out, “The kids loved him and gravitated to him.” Through his job he visited many colleges every summer. He was “wined and dined” by the schools, proclaiming himself “America’s Guest”. He didn’t tell the kids where to go, but simply told students and parents about the various schools; and left the

I asked Pat what it was like being the son of “The Pope”. He explained that it was lots of fun growing up around baseball. Paul Owens, a man who came from modest beginnings, was not in it for the money. He simply loved baseball; a feeling that he passed on to his son. Nicknamed “The Pope” because he resembled Pope Paul VI, Paul Owens, a World War II veteran, was born in Salamanca, New York and attended St. Bonaventure University where he

Kennett

# Meet Pat Owens

choice up to them. He later worked in the College Admissions Office at Roger Williams University in Rhode Island; recruiting students for the Architecture, Marine Biology, and Six-Year Law programs.

Meeting his wife Karen was serendipitous. Pat, who was a single dad, met Karen through friends 16 years ago. Karen attended Moore College of Art and Design in Center City and worked in Philadelphia as a graphic designer for W.B. Saunders. Her co-worker Rita had left the firm for 17 years to have a family. During a brief period when she returned to work, she introduced Karen to her husband’s best friend who happened to be Pat; the rest is history.

also played baseball. His professional baseball career began at the relatively



advanced age of 27. He went to watch the Olean Oilers, a Minor League team

*Continued on next page*



in upstate New York, paying the 75 cent admission fee. Upon entering, he was approached by the Oilers' manager who knew Paul from his baseball days at St. Bonaventure. He asked Paul if he could fill in for the first baseman, who had been injured. Thus was the beginning of Paul Owens' professional baseball career. The Olean Community Baseball Club wrote him a check for 75 cents to refund his admission ticket; which Pat has framed and hanging in his den with a plaque stating "Paul Owens ... the only player in the history of the game who paid to play his first game." As first baseman he had a .400 batting average. In 1955, Paul Owens was named Olean's player manager; and the following year they became a Phillies' affiliate. In 1958, he managed Class C Bakersfield of the California League. Pat said that his Dad's passion was working with the young players in the Minor League; but it was not a glamorous life for them, traveling and being away from their families. Pat recalls as a young boy hanging around the ballpark and helping with batting practice. He shagged batting practice homeruns. Equipped with a roll of dimes, he compensated other kids who out-raced him for baseballs.

After becoming a scout and director of the Phillies Farm System, Paul Owens was named the Phillies' General Manager in 1972. He fired the manager and

assumed his job to get a closer look at the last-place Phillies' on-field struggles. He returned to the front office and turned the Phillies into pennant contenders within three seasons.



Pat remembers being at the 1980 World Series in the family booth. He'll never forget the thrill of witnessing Tug McGraw throw the last strike of the final game, and celebrating in the clubhouse with the team. His dad managed the 1984 National League All Star team in San Francisco where he met Don Drysdale, Tommy LaSorda, George and Ken Brett, and sportscaster Harry Kalas.

Paul Owens remained with the Phillies as a senior advisor until his death, in 2003, at the age of 79. He designed the Paul Owens Complex at the Phillies spring training camp in Clearwater, Florida; which Pat and Karen visit every year. The family sports tradition has been carried on by Pat's children. His sons Geoff and Kevin, two years apart in age, are both 6'11". His older son Geoff graduated from the University

of Pennsylvania where he played basketball. After graduation, he played in the Euroleague (France) where Pat was able to watch him play. Geoff played briefly with the Cleveland Cavaliers; signing at the same time as Lebron James with whom he had played in a summer league, and who Pat describes

NBA Development League; and were known as "The Bruise Brothers". Both sons married college basketball players, one of whom was the all-time leading scorer in Ivy League and Big-5 history for both men and women! Pat's daughter

### Up Close with Pat

**How long have you lived at Hershey's Mill?** 3½ years.

**In what activities are you involved at Hershey's Mill?** I enjoy playing golf; it is fun to challenge myself. Karen is head of the decorating committee for Kennett Village, and also paints scenery and backdrops for the HM Players.

**Favorite local restaurants?** The Marshalton Inn and Four Dogs Tavern.

**Favorite place to travel?** Skaneateles; in the Finger Lakes of New York.

**How did you come to Hershey's Mill?** Karen's mom, who is in her 90s, lives in Berwyn; and there is other family in the area that we want to be close to. As a West Chester University graduate, Pat is familiar with this area. We looked at other places, but when we saw Hershey's Mill we loved it and decided to move here.



ter Paulette also follows in her dad's footsteps as a guidance counselor. Paul Owens was very proud of his grandchildren and loved to go to their games; especially when Geoff played basketball at the Palestra.

Pat remained involved in sports for many years, coaching high school basketball, soccer, and softball; and refereeing soccer for 25 years. From his many years of coaching and being a guidance counselor, Pat feels that sports are a great outlet for kids and that they should try several different sports – not specializing too young.

It was wonderful to meet Pat and his lovely wife Karen. Pat has passed his dad's love of sports on to his children and grandchildren. Hopefully the Owens' sports dynasty will live on for a long time.

as a "great guy". Kevin graduated from Monmouth College and played in Australia. His sons were the only two brothers who ever played on the same team (The Roanoke Dazzle) in the

It was wonderful to meet Pat and his lovely wife Karen. Pat has passed his dad's love of sports on to his children and grandchildren. Hopefully the Owens' sports dynasty will live on for a long time.

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**The Pennsylvania Christmas & Gift Show**

**Wednesday, December 2, 2015**

**Cost: \$22 + Lunch**

**Departs: 9:00am**

**Contact: Joan Wood**

Christmas shop at one of the largest holiday shows in the country – located in Harrisburg, PA! Thousands come from all over to visit this festive celebration of the season's finest decorations, arts & crafts, cuisines, and musical & dance groups. You can visit over 500 specialty shops; located completely indoors and all on one floor! Among the unique and exclusive gifts available for purchase are crafts, jewelry, clothing,



Christmas decorations, toys, household accents, ceramics, furniture, dolls, flowers, paintings, holiday foods, and much more! Lunch is on your own at the show.

**American Music Theatre – Christmas Show**

**Thursday, December 3, 2015**

**Cost: \$66**

**Departs: 12:00pm**

**Contact: BJ VanSchooneveld**

When the holidays arrive, the sounds of the season are always at the AMT. Awe-inspiring music and dance, incomparable voices, and light-hearted holiday humor are the



ingredients for this season's extravaganza. This year's all-new show is sure to be the highlight of your holiday season and will warm your heart and touch your soul with the true meaning of Christmas. The 2015 show is a musical memory you'll cherish! A smorgasbord lunch at Bird-in-Hand Restaurant is included prior to the show.

**Pennsylvania Farm Show – 100th Anniversary**

**Thursday, January 14, 2016**

**Cost: \$15 + Lunch**

**Departs: 10:30am**

**Contact: Priscilla Burt**

Celebrate agriculture at the Farm Show Complex; the largest indoor



Trip payment checks should be made payable to "Hershey's Mill HOA", sealed in an envelope (noting trip name and date), and placed in the maroon Customer Service mailbox next to the Security Center in the exit lane at the Main Gate.

Bus leaves promptly at the scheduled time. Please plan to arrive 10 minutes early.

All bus riders must be age 18 or older (unless specifically noted in description).

The HM Bus Committee is always looking for more volunteers to share ideas and plan trips! If interested, call Marc Fraser at

Show highlights the agriculture industry as Pennsylvania's leading economic driver, with an estimated \$75 billion in economic impact. Beyond hosting competitions that help improve the industry, it's a showcase of how PA farmers continue to



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**2015-2016 WCU Travel Adventures**

**Tuesday Evening Series**

**Cost:** \$8 (Single Date Bus Only) + Event Admission  
**Departs:** 6:30pm  
**Contact:** Sandy Waldman

The West Chester University Travel Adventures Series is a wonderful and inexpensive way to see the world! The presenters are professional photographers who entertain across the country, and we are very fortunate to have these programs available close by. The WCU Geography Department remaining programs are:

- February 16, 2016**  
Florida's West Coast
- March 15, 2016**  
South America & Central America

**March 29, 2016**  
**Not a Day Goes By: Remembering Hell's Canyon**  
 Purchase event tickets in advance or at the door.

**2015-2016 Walnut Street Theatre**

**Thursday & Saturday Matinees**

**Cost:** \$41 (per show)  
**Departs:** 12:30pm  
**Contact:** Adele Juzi (Thursdays)



**Contact:** Connie Cline (Saturdays)

- Remaining 2017th anniversary season:
- Thursday 2/4/16 & Saturday 2/13/16**  
*Harvey*
  - Thursday 3/31/16 & Saturday 4/9/16**  
*Peter And The Starcatcher*

**Thursday 6/2/16 & Saturday 6/11/16**  
**Sister Act**

We're collecting names as vacancies become available for individual shows.

**2015-2016 Philadelphia Orchestra**

**Friday Evening Series**

**Cost:** \$14 (Single Date Bus Only) + Performance Admission  
**Departs:** 6:00pm  
**Contact:** Ann Seraphin

If you haven't been to the Philadelphia Orchestra, or haven't been lately, join us to experience the wonderful and thrilling music which you've been missing! Our remaining series dates are:

- February 12, 2016**
- March 11, 2016**
- April 29, 2016**

Call now to reserve your place.

**The Playhouse on Rodney Square**

**Wednesday Matinee Series**

**Cost:** \$235  
**Departs:** 12:30pm  
**Contact:** Adele Juzi

This venue was previously known as DuPont Theatre. We will attend three performances this season:

**January 13, 2016**  
**Chicago**

*A tale of fame, fortune, and all that jazz with one show-stopping song after another, in addition to some astonishing dancing!*

**April 20, 2016**  
**42nd Street**

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**May 11, 2016**  
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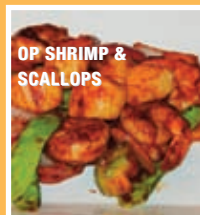
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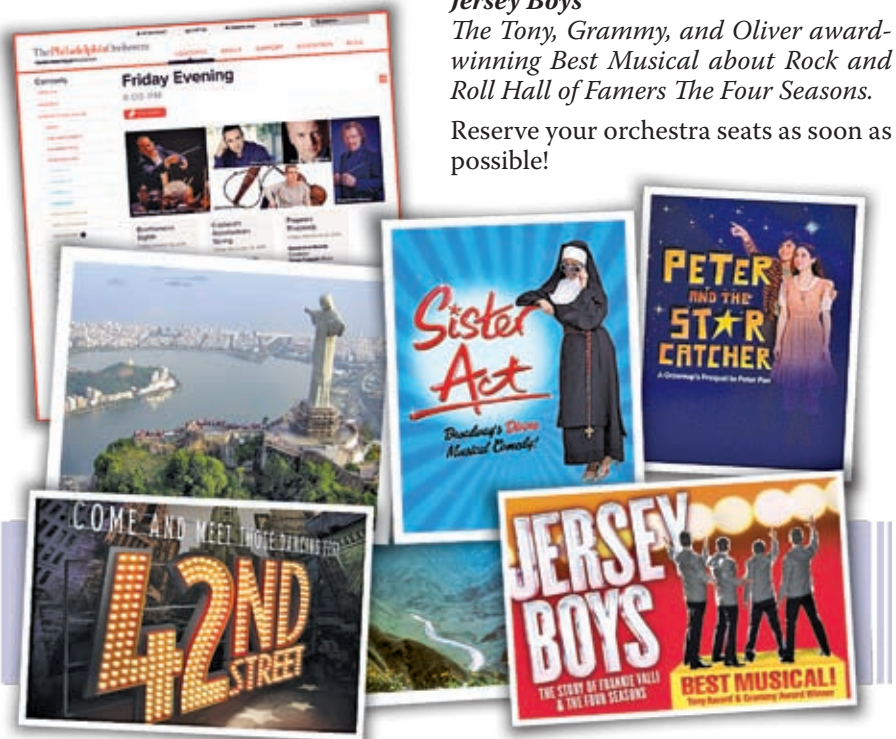
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Gay Barry | Quaker

*Bienvenuti* – welcome to Laguna Miramare in West Chester. According to one of the owners, Carolyn Lewis, it is true Mediterranean food – both pasta and seafood. Carolyn was born in Trieste, Italy, which is bordered by Slovenia. Hence the indigenous food is influenced by several cultures. Trieste is located on the northern most part of the Adriatic, with the city of Trieste at the head of the Gulf of Trieste. Since the 10-9th century BC, it has been inhabited and ruled by a multitude of governments and countries – until it was stabilized after World War II.

owner with Carolyn Lewis. The staff is small, so Carolyn is very much involved with serving patrons as well as preparing food tableside. It was entrancing to watch her prepare a whole fish; believe me, she can filet.

There is a very large mural of Miramare Castle in Trieste at the back of the restaurant – quite stunning. I really could not keep my eyes off it. The castle was built by Maximilian I, the Holy Roman

# Laguna Miramare

In 1947 it was declared an independent state; then in 1975 it became a part of Italy.

**700 W. Niels Street  
West Chester, PA  
(610) 344-0388**



Miramare is a combination of two words, *mira* (to gaze or to contemplate), and *mare* (the sea). Hence it means *seaview*. Laguna is a Spanish word for lagoon. I find the name of the restaurant to be lyrical.

The chef, Marco Gola, is Italian and has worked with food for 50 years. He is co-

Emperor in the 15th century. Other appropriate art grace the walls as well. Laguna Miramare is located in the former Butterfish restaurant.

There are a number of starters from which to select. If you like Caesar salad, you may enjoy watching their version be made table side (prepared for two). Others include octopus Laguna, fried calamari, steamed clams, artichokes, shrimp cocktail, and strawberry basil salad. Each is prepared with tasty ingredients to enhance flavor.

For an Italian restaurant, there are a number of fish dishes. As mentioned,

Trieste is located at the head waters of the Adriatic, so fish is a major part of the diet. Carolyn buys fish fresh every

I have no doubt that you will find one of your favorites among the pasta entrées; such as crabmeat *ravioloni* with lobster sauce; polenta *trevisana*, soppressata and Gruyère cheese (gluten free); chicken *cannelloni*; and spaghetti with baby shrimp (gluten free spaghetti).

There are also classic Italian favorites served with pasta; veal *saltimbocca*,



Photos courtesy of Laguna Miramare



day from the South Street Market, so there are days that items on the menu may be missing if they are not up to standards. Patrons can enjoy blackened tuna; grilled salmon filet with orange glaze; swordfish *Livornese*; jumbo lump crab cake that is baked and served over capellini; *scarpina* (sea bass, crab meat and asparagus orzotto); and others.

Side orders include parmesan asparagus, sautéed spinach, gorgonzola polenta, and pasta with tomato and butter. Any of these along with a salad could make a delicious light meal.

Pasta dishes are prepared in the true Northern Italian style. Light on the tomatoes with cream serving as the replacement. We had the rigatoni Bolognese, which was delicious; made with meat sauce, tomato cream and parmesan. *Yum!*

veal Milanese, chicken *fiorentina*, and chicken parmesan.

Several desserts are offered – that is, if you have room. Bananas Foster for two (prepared tableside), warm apple strudel, and gelato for example.

Carolyn also conducts cooking schools. If you love Limoncello, this is one of the dishes you will learn to prepare – as well as Tiramisu, pasta Chianti, and salad sauces. You can even select a dish you wish to learn.

Laguna Miramare is open Tuesdays through Sundays from 5pm to 10pm. Happily, it is a BYOB. *Bellissimo!*

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Teresa Redcay | Club Manager

The Club is a great way to celebrate the Holidays! There are many holiday happenings here in the "Mill" and the Golf Club is a wonderful place to use for your celebrations.

During December, the Club offers three Sunday Brunches; these take place on December 6, 13 and 20. Though open to all, many villages take advantage of this to hold their annual holiday party and celebrate the season with neighbors.



# Celebrating the Holidays at the Club

On Saturday, December 5, we have the annual Brunch with Santa event; a wonderful way to start your family holiday celebration by bringing the grandkids to have brunch with Santa and his elf.

The Holiday Dinner Buffet is to be held on Thursday, December 17. This is an ideal way to start your holiday festivities with friends and family. The monthly Steak Night held on Thursday, December 3 is also a great way to celebrate.

Then there's New Year's Eve Dinner & Dancing. The party is highlighted by a special dinner selection by Chef Steve, and great music for dancing and celebration by Howard the DJ.

As you can see, there are plenty of ways to celebrate the Holidays at the Hershey's Mill Golf Club. If not a member,

Photo by James Faunce of Oakmont

Golf Tip

This month, I will suggest that maybe, just maybe, it is actually the arrow and not the Indian. If you feel that could be the case, we'd love to help you get the right equipment here at the Hershey's Mill Golf Shop. We carry most major equipment manufacturers, as well as many popular clothing lines; includ-

ing items for the non-golfer. I'd also like to remind residents (and golf members) our policy on equipment pricing. We try to match, or beat, the lowest advertised price of any major retailer. If you have any questions, please come in and see our pros.

Matt Harvey, PGA

December Club Activities

- December 3 ..... Steak House Night
- December 5 ..... Brunch with Santa
- December 6, 13, 20 ..... Sunday Brunch
- December 17 ..... Holiday Dinner Buffet
- December 31 .... New Year's Eve Dinner & Dancing



contact Scott Martin at the Club for an introductory tour.

Also keep in mind that even though the Club is closed during January, as a member you can enjoy dinner at a number of other private clubs in the

area. You merely call to find what their reciprocal policy is, enjoy your dinner, and sign your check back to HMGC.

Wherever you may be at the Holidays, we wish you a safe and enjoyable time.

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- Exterior Wash - \$9 (incl. Tax)**  
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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	<b>1</b> 1:00pm Pinochle 1:00pm Mah Jongg 1:30pm Mah Jongg 2:00pm Robynwood Open 7:00pm Camera Club	<b>2</b> 7:30am Men's Bible Study 8:30am Aerobic Dancing/Exercise 9:30am Intermediate Bridge Lesson 10:00am Ageless Exercise 12:30pm Art Group 12:30pm Social Club Bridge 1:00pm Dominoes 1:00pm Groff Mah Jongg 3:00pm (SH) Model Railroaders 3:15pm Singers 5:00pm Paoli Hosp Aux Tree Lighting 7:00pm Casual Singing Group 7:00pm Mah Jongg	<b>3</b> 10:00am Alzheimer/Dementia Support Group 10:00am Yoga 10:30am Cradle Stitchers Luncheon 1:00pm Card Games 1:00pm (SH) Chess Club 1:00pm Knitting Circle 6:30pm Poker 7:00pm Remedies For Wellness 7:00pm Springton Open	<b>4</b> 8:30am Aerobic Dancing/Exercise 10:00am Ageless Exercise 10:00am Quilters 12:30pm Silio Billiards 1:00pm Pickleball Mah Jongg 2:30pm Scrabble	<b>5</b> SH is Sullivan House. Dates and times subject to change. Contact program leader for details.	<b>6</b>
<p><i>Silently, like thoughts that come and go, the snowflakes fall, each one a gem. – William Hamilton Gibson</i></p>						
<b>7</b> 8:30am Aerobic Dancing/Exercise 10:00am Ageless Exercise 12:00pm (SH) Circle Of Friends 12:30pm Mah Jongg 12:30pm WH Duplicate Bridge 1:00pm Talking Bridge 3:00pm Bridge 7:00pm WH Duplicate Bridge	<b>8</b> 10:30am Hearing Screening 1:00pm Pinochle 1:00pm Mah Jongg 1:30pm Mah Jongg 6:30pm Open Bunco 7:00pm (SH) Great Books Club	<b>9</b> 7:30am Men's Bible Study 8:30am Aerobic Dancing/Exercise 10:00am Ageless Exercise 12:30pm Art Group 1:00pm Dominoes 1:00pm Groff Mah Jongg 3:00pm (SH) Model Railroaders 7:00pm Mah Jongg 7:00pm Yardley Open 7:30pm Boomers Scrabble Club	<b>10</b> 10:00am Yoga 11:30am Mermaid Book Club 1:00pm Card Games 1:00pm (SH) Chess Club 1:00pm Knitting Circle 2:00pm (SH) Books Discussion 6:30pm Poker 7:00pm Remedies For Wellness 7:00pm Ulster Open	<b>11</b> 8:30am Aerobic Dancing/Exercise 10:00am Ageless Exercise 10:00am Quilters 12:30pm Silio Billiards 1:00pm Pickleball Mah Jongg 1:00pm Rummikub	<b>12</b>	<b>13</b> 12:00pm Private Party
<b>14</b> 8:30am Aerobic Dancing/Exercise 10:00am Ageless Exercise 12:00pm (SH) Circle Of Friends 12:30pm Mah Jongg 12:30pm WH Duplicate Bridge 1:00pm Talking Bridge 3:00pm Bridge 7:00pm WH Duplicate Bridge	<b>15</b> 1:00pm Mah Jongg 1:00pm Pinochle 1:30pm Mah Jongg 7:00pm PC Computer Club	<b>16</b> 7:30am Men's Bible Study 8:30am Aerobic Dancing/Exercise 9:30am Intermediate Bridge Lesson 10:00am Ageless Exercise 12:00pm Social Club Bridge 12:30pm Art Group 1:00pm Dominoes 1:00pm Groff Mah Jongg 3:00pm (SH) Model Railroaders 7:00pm Mah Jongg	<b>17</b> 10:00am Yoga 1:00pm Card Games 1:00pm (SH) Chess Club 1:00pm Knitting Circle 6:30pm Poker 7:00pm Remedies For Wellness	<b>18</b> 8:30am Aerobic Dancing/Exercise 10:00am Ageless Exercise 10:00am Quilters 12:30pm Silio Billiards 1:00pm Pickleball Mah Jongg 2:30pm Scrabble	<b>19</b>	
<b>21</b> 8:30am Aerobic Dancing/Exercise 10:00am Ageless Exercise 12:00pm (SH) Circle Of Friends 12:30pm Mah Jongg 12:30pm WH Duplicate Bridge 1:00pm Talking Bridge 3:00pm Bridge 7:00pm WH Duplicate Bridge	<b>22</b> 1:00pm Mah Jongg 1:00pm Pinochle 1:30pm Mah Jongg 7:00pm (SH) Great Books Club	<b>23</b> 7:30am Men's Bible Study 8:30am Aerobic Dancing/Exercise 10:00am Ageless Exercise 12:30pm Art Group 1:00pm Dominoes 1:00pm Groff Mah Jongg 3:00pm (SH) Model Railroaders 7:00pm Mah Jongg 7:30pm Boomers Scrabble Club	<b>24</b> 10:00am Yoga 1:00pm Card Games 1:00pm (SH) Chess Club 1:00pm Knitting Circle 4:30pm Private Party 6:30pm Poker 7:00pm Remedies For Wellness	<b>25</b> <i>Christmas Day Most Activities Canceled</i> 8:30am Aerobic Dancing/Exercise 10:00am Quilters 12:30pm Silio Billiards 1:00pm Pickleball Mah Jongg 1:00pm Rummikub	<b>26</b> 10:00am Mac Computer Group	
<b>28</b> 8:30am Aerobic Dancing/Exercise 12:00pm (SH) Circle Of Friends 12:30pm Mah Jongg 12:30pm WH Duplicate Bridge 1:00pm Talking Bridge 3:00pm Bridge 7:00pm WH Duplicate Bridge	<b>29</b> 1:00pm Mah Jongg 1:00pm Pinochle 1:30pm Mah Jongg	<b>30</b> 7:30am Men's Bible Study 8:30am Aerobic Dancing/Exercise 12:30pm Art Group 1:00pm Dominoes 1:00pm Groff Mah Jongg 3:00pm (SH) Model Railroaders 7:00pm Mah Jongg	<b>31</b> 10:00am Yoga 1:00pm Card Games 1:00pm (SH) Chess Club 1:00pm Knitting Circle 6:30pm Poker 7:00pm Remedies For Wellness			
<h1>December 2015 Activities Calendar</h1>						

**TREE LIGHTING CEREMONY**

*Patricia Thomas | Eaton*

The Hershey's Mill Auxiliary of Paoli Hospital invites you to join its members on **Wednesday, December 2 at 7:30pm** for this annual ceremony in front of the HM Community Center. As the lights sparkle on the beautiful evergreen tree, the Covenant Presbyterian Church Brass Ensemble will lead us in carol singing. The celebration will continue inside with more music and refreshments. We hope you will support Paoli Hospital and honor your loved ones by purchasing a light. In return, you will receive a star with the name of the person to be honored on it, which will be hung on a tree in the Community Center to be viewed throughout the holiday season. Lights are available



proceeds benefit Paoli Hospital. Many thanks to Hershey's Mill Landscaping for donating the lights and their time!

**HM SINGERS 2015 HOLIDAY CONCERT**

*Bonalyn Mosteller | Inverness*

Ready to get into the holiday spirit? Allow the Hershey's Mill Singers to jump start your



holiday season by attending one of our two 2015 holiday concerts on either **Friday, December 4 at 7:30pm** or **Saturday, December 5 at 2pm**. Both concerts take place at **Saints Peter and Paul Roman Catholic Church**.



for a \$10 donation by calling Ann Harper at . They may also be purchased that evening. All

Don't miss this special program of holiday selections; which includes traditional Christmas songs as well as some you may not have heard before. Our resident men's quintet, The Millers, will again be with us. We will also feature solos and other instrumentals, as



hard to believe but it is that happy time of year already. As an aside, most of us would probably rather see lights glistening than the fluffy white stuff! But the magic of the holidays will abound in Sullivan House on **Sunday, December 6 from 1pm to 4pm**.

Come to enjoy the many, many festive decorations of Sullivan House; including our three spectacularly decorated holiday

Events pictured were selected from previous celebrations. Won't you join in the festivities and fun this year?

well as a carol sing-along! The concert is free but donations are appreciated to help us defray costs. The church has a huge sanctuary, so we will have plenty of seats for everyone. The parking lot can also easily accommodate all cars.

The church is located just outside Hershey's Mill at 1325 E. Boot Road. Exit the Mill at the gate next to Giant and turn right onto Boot. The church is on the right just beyond Wellington.

**SULLIVAN HOUSE HOLIDAY OPEN HOUSE**

*Gay Barry | Quaker*

"Sleigh bells ring, are you listening, in the lane, snow is glistening; what a beautiful sight, we're happy tonight, walking in a Winter Wonderland." It's



trees. Cookies and punch will be served, and the Model Railroaders will have their fantastic working train

*Continued on page 37*

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**COMMUNITY NEWS (continued)**

villages open for the grandchildren – as well as for the rest of us. What a wonderful way to start the holidays. The Sullivan House Committee welcomes you to this traditional event, and hopes to see you there.

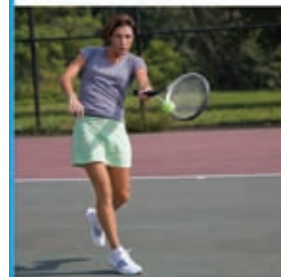


**PAPER CRAFTING**

“All the Pretty Papercrafting” is offering classes on **Friday, January 8** in the Community Center’s Ardmore Room. These are introductory classes, and no tools are needed. The card class is from 10am to 11am and costs \$10. The scrapbooking class is from 11am to noon and costs \$15. The discounted cost for both classes is \$20. *The deadline to sign up is December 15.* For more information and/or to reserve your spot, call 610-429-0970 or email [donnagunia.ctmh@gmail.com](mailto:donnagunia.ctmh@gmail.com).

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Ad deadline is the 22nd and runs two months at no cost (due to lead time, an ad received on January 22 would start in the March edition, etc.). Limit description to 30 words per item, and include pricing and contact information. Ads are subject to review and editing. Email submission to [hmctvguide@comcast.net](mailto:hmctvguide@comcast.net), attention Louise O'Brien, or place printed/typed copy in the Channel 20 mailbox outside the building. You must be a HM resident to advertise.

**FOR SALE** Sofa (85" w x 36" d) and loveseat (58" w x 36" d), 3 years old, excellent condition, tan/brown fabric, with 4 throw pillows. \$750 for the set. Call

**FOR SALE** New Head tennis racquet, "Prestige" model, retail value \$180, 3/4 grip size, custom leather grip, Gamma "Live Wire" 17 gauge strings. \$125. Call Don Evons at \_\_\_\_\_ or \_\_\_\_\_ (cell).

**FOR SALE** Dark blue Lazy Boy recliner in excellent condition, original price \$1,400. \$300. Call

**FOR SALE** Danby microwave, 1000W, white, 1 year old. \$20. Rocketfish TV wall mount for 32" to 70" TVs, never used. \$25. Call

**FOR SALE** Craftsman 10" radial arm saw, 2.75 HP, with stand, excellent condition. \$100 or best offer. Call

**FOR SALE** Theodore Haviland Glenbrook Pattern, 8 place settings, sugar, creamer, and odd pieces. \$50. Call

**FOR SALE** A golfer's delight! Golfer nut cracker. Wood, 16" tall, hand-made in Germany. Stamped Christian Ulbricht. Wearing plaid pants, a green felt vest, with blue cap, and carrying a golf bag with clubs. Retail was \$215. \$60. Call

**FREE** A large, perfectly healthy, six-branch Yucca tree ready for planting. Call

**FREE** Two wheelchair ramps, 8" high x 32" wide x 35" long. Sturdy, plywood construction with raised aluminum edges for safety. Used, but still very usable. Call Terry at

**FREE** "Exercycle" bike. It is a Schwinn 203. It has an onboard computer, fully shrouded flywheel, and transport wheels. Call Boots Tolsdorf at



HMC-TV is located just inside the Main Gate. If you need to drop off a classified listing in our mailbox, or even if you don't, we hope you will stop in to say "hello".

<b>Original Programming</b>	<b>December 1-15, 2015</b>			
<b>Webb - "Band of Brothers" Concert - Part 1</b> Watch excerpts from the July 2015 Concert in the Park featuring this party band, with band leader Wally Hart (a resident of Ulster Village).	10:00 am	4:00 pm	7:00 pm	12 am
<b>Webb - "Band of Brothers" Concert - Part 2</b> The concert features 1950's rock 'n roll and rockabilly, and classic rock from the '60s and '70s.	10:15 am	4:15 pm	7:15 pm	12:15 am
<b>Holiday Customs and Decorations - Part 1</b> <i>With Demi Neilson</i> Watch and learn about different customs and decorating designs for this holiday season from Sheila Kanter and Hope Hoffman.	10:30 am	4:30 pm	7:30 pm	12:30 am
<b>Holiday Customs and Decorations - Part 2</b> <i>With Demi Neilson</i> More ideas on decorating for the holidays. Try making your own version of what is shown.	10:45 am	4:45 pm	7:45 pm	12:45 am

<b>Movies</b> Noon and 8:30pm	<b>December 1-7</b> <b>The Scarlet and the Black (PG-13)</b> <i>Gregory Peck and Christopher Plummer</i> The true story of Monsignor Hugh O'Flaherty's efforts to save Allied POWs and downed Allied Airmen as the Nazis invade Rome. [Run time 2h 23m]		
	<b>December 8-15</b> <b>Harold and Maude (PG)</b> <i>Bud Cort and Ruth Gordon</i> Death obsessed 19 year old falls in love with an eccentric free spirit sixty years his senior. [Run time 1h 31m]		

<b>Bulletin Board</b>	1:00am-10:00am	11:00am-Noon	Following the movie until 4:00pm
	5:00pm-7:00pm	8:00pm-8:30pm	Following the movie until Midnight

**To view Channel 20's original programming on your computer:**  
Go to [hersheysmill.org](http://hersheysmill.org), TV & Digest, HMC-TV20, Original Programming.

**To view or print the HM cable channels:**  
Go to [hersheysmill.org](http://hersheysmill.org), TV & Digest, Cable & Comcast. You can choose to view a basic or full channel listing.

<b>Original Programming</b>	<b>December 16-31, 2015</b>			
<b>"Model A" Ford Truck Scratch Built - Part 1</b> <i>With Don Evons</i> Don discusses with Ben Giralico the process and shows pictures of building his "Model A" Ford truck from scratch, starting with a rusty chassis and using mostly original parts.	10:00 am	4:00 pm	7:00 pm	12 am
<b>"Model A" Ford Truck Scratch Built - Part 2</b> <i>With Don Evons</i> Don and Ben continue their discussion of putting together the truck. You won't be able to wait to see this great finished truck!	10:15 am	4:15 pm	7:15 pm	12:15 am
<b>Travels with Kay, Unveiling Iran - Part 1</b> <i>With Kay Ricker</i> Can you visit Iran? Jane Kline did. Kay interviews Jane about her recent vacation group trip to see many beautiful sites in Iran.	10:30 am	4:30 pm	7:30 pm	12:30 am
<b>Travels with Kay, Unveiling Iran - Part 2</b> <i>With Kay Ricker</i> Kay continues her discussion with Jane Kline about the beautiful architecture in Iran, and her group's interaction with the people.	10:45 am	4:45 pm	7:45 pm	12:45 am

<b>Movies</b> Noon and 8:30pm	<b>December 16-23</b> <b>Milk Money (PG-13)</b> <i>Melanie Griffith and Ed Harris</i> A boy and his pals pool their money and head to the big city, aiming to get a close-up look at a hooker. [Run time 1h 48m]		
	<b>December 24-31</b> <b>In Her Shoes (PG-13)</b> <i>Cameron Diaz and Shirley MacLaine</i> Flirty, flaky, party girl Maggie and plain, dependable lawyer Rose are sisters and bitter rivals who seem to have nothing in common but size 8 1/2 feet and some family secrets. [Run time 2h 10m]		

HMC-TV Channel 20 reserves the right to make program substitutions, and all dates and times are subject to change. The expressed opinions of reporters, guests, or advertisements in this publication or in any Channel 20 telecast shall not be construed as an endorsement by HMC-TV Channel 20.  
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**CLUBS/GROUPS ARE LISTED IN ALPHABETICAL ORDER**

**APPLE MAC CONNECTION**

*Carol Campanelli | Ulster*

There will **not** be a Newer Users Group meeting at the Community Center on December 26. The next meeting will be held on **Saturday, January 23**.

Mark your calendars for the first Main Line Macintosh Users Group meeting to be held in the HM Community Center. Because of renovations going on at Good Samaritan Church in Paoli, the main Mac group, which meets the 2nd Saturday of each month, will be changing its venue for the next several months; and will meet here in the Mill on **January 9** and **February 13**. There is no charge and all are welcome. The main presentations for the 10:30am segments have not yet been announced, but the three special interest groups (SIGs) (which meet from 9:05am to 10:05am) will meet on the main floor and upstairs in the Ardmore and Malvern rooms. The usual meeting schedule is:

- 9:05am to 10:05am. Three SIGs convene in separate rooms.
- Newer Users. Covers the most basic questions about Mac/iDevices and how to use them.
- Multimedia. Discussion of using Mac/iDevices for photo, video, audio, and print media.

- Mac OS and iOS. Beyond the basics discussion of Apples current operating systems, using your Macs and iDevices, and various applications. Includes a Q&A period.
- 10:05am to 10:15am. Break.
- 10:15am to 10:30am. Club welcome and business.
- 10:30am to 11:50am. Main presentation (by a member or guest speaker).
- 11:50am to noon. Raffle and silent auctions.



**BILLIARDS**

*Joe Silio | Eaton*

Join us for "Billiards for Beginners" to learn the basics in a casual and social atmosphere. Meets in the Community Center's Billiards

Room at **1pm on Friday, December 4, 11 and 18**. This is an opportunity to pass an afternoon with friends and learn something new. For more information, please call me at

**BOOK CLUB**

*Anne McAssey | Merrifield*  
*Audene Paulson | Eaton*

*For Whom the Bell Tolls*  
by Ernest Hemingway

The story of Robert Jordan, an American fighting with anti-fascist guerillas

in the mountains of Spain. It tells of loyalty and courage, love and defeat, and the tragic death of an ideal. One of the best war novels of all time. Join us to discuss this classic at **2pm on Thursday, December 10**, at Sullivan House.

**BOOK CLUB (BABY BOOMERS)**

*Mary Kay Hagerty | Heatherton*

Baby Boomers Book Club members met author Lisa Scottoline, and her daughter Francesca Serritella, at her annual Book Club Party on October 3rd.

(From left) Edie Egan, Francesca Serritella, Christy Herschel, Diana Smyrl, Maggie Weaver, Lisa Scottoline, Susan Johnson, Agnes O'Leary, and Barbara Vogelweid.



**COMPUTER CLUB**

*Don Trauger | Kennett*

You are invited to join us at the PC Computer Club meeting on **Tuesday, December 8** at **7pm** in the Ardmore Room of the Community Center. There is a new topic discussed each month as well as a question and answer segment. Bring your questions and we will do our best to get you answers.

**REMEDIES FOR WELLNESS**

*Anita Weeks | Kennett*

Nineteen remedies are given so residents can gain control of their health. In my opinion, doctors fix problems but the cause stays unless the mind of the

patient takes care to do the diagnosis and find a remedy to heal themselves. I believe that my course enables anyone to heal stress symptoms and start wellness habits.

This month we are learning meditation and ways to combat "chattering of the mind." Following that are remedies that I believe provide prevention of disease and immunity from infection. Call me at for more information.

**TREDYFFRIN #3 QUESTERS**

*Edna Reese | Brighton*

Did you know the saying "God willing and the Creek don't rise" was in reference to the Creek (Muscogee) Indians and not a body of water? Join our Questers in private homes in Hershey's Mill to experience history in a fun and social environment.

We meet at **10am** on the **2nd Wednesday** of the month and have interesting speakers throughout the year who keep us well informed on antiques, preservation and education. We also visit historic landmarks periodically. Won't you join us? Please contact me at for more information.

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## HM LIBRARY NEWS

Donna Spoto | Ulster

The Library Board wishes all our library volunteers and HM residents a wonderful holiday season.

As the holidays approach and many residents prepare to leave for warmer climates, remember that our library has books for sale throughout the year. Many have been weeded from our shelves to make room for new acquisitions. You might purchase one from our cart for your trip. The library board has some suggestions for your reading pleasure. These suggestions are on the shelf to your left as you enter the library. CD's and books on tape are also available for your trip.

If you are a resident, or know a resident, that would like books brought to their home, please contact Becky Bell at \_\_\_\_\_ for more information.

Kindly hold your used books, CDs, and books on tape until January 2016 for our annual sale in 2016.

### NEW LIBRARY BOOKS

**Peggy McReynolds | Yardley Librarian**

*Alphabetical by Author*

Brady, John – *Frank & Ava*

Brooks, David – *Road to Character*

Brooks, Geraldine – *Secret Chord*

Brunkhorst, Alex – *Gilded Life of Matilda Duplaine*

Clark, Clare – *We That Are Left*

Connolly, John – *Song of Shadows*

Cullen, Lynn – *Twain's End*

Dodd, Christina – *Obsession Falls*

Doerr, Anthony – *All The Light We Cannot See*

Ferguson, Niall – *Kissinger*

**Community Center Library Hours**  
**Monday to Friday 10 a.m. – 2 p.m.**  
**Saturday 10 a.m. – Noon**

[www.hmlibrary.com](http://www.hmlibrary.com)

Flynn, Vince – *Survivor*  
Francis, Felix – *Front Runner*  
Gilbert, Elizabeth – *Big Magic*  
House, Henna – *Nomi Eve*  
James, Peter – *You Are Dead*  
Karon, Jan – *Come Rain or Come Shine*  
Kennedy, Patrick J. – *Common Struggle*  
Larson, Kate Clifford – *Rosemary*  
Longworth, M. L. – *Mystery of the Lost Cezanne*

Mayor, Archer – *Company She Kept*  
Mills, Kyle – *Patriot Attack*  
Moyes, Jojo – *After You*  
O'Reilly, Bill – *Killing Reagan*  
Patterson, James – *Murder House*  
Rosenberg, Alex – *Girl From Krakow*  
Slaughter, Karen – *Pretty Girls*  
Taylor, Patrick – *Irish Doctor In Love and At Sea*

Theroux, Paul – *Deep South*  
Trigiani, Adriana – *All the Stars in the Heavens*  
Ward, Sarah – *In Bitter Chill*  
Wink, Jay – *1994*

*The old man was peering intently at the shelves. "I'll have to admit that he's a very competent scholar." "Isn't he just a librarian?" Garion asked, "somebody who looks after books?" "That's where all the rest of scholarship starts, Garion. All the books in the world won't help you if they're just piled up in a heap."*

– David Eddings

Don Trauger | Kennett

When you purchase a new Windows 10 computer, or chose to upgrade your Windows 7 or 8 computer, you may want to personalize it. This is something to consider after you have configured more important things like your email and the homepage of your browser.

The Lock screen can display either Windows Spotlight, a Picture, or a Slide Show. It's a screen that will pop up before the login screen. Windows Spotlight allows you to provide feedback about the screen. I saw no effect with the Windows Spotlight setting. Click "on" for fun facts, tips, and tricks; although I have seen little if any noti-



Personalizing your computer is easy. Click the white icon in the lower left corner of the screen, then click Settings just above it. When the Settings window opens, click Personalization. When it opens, you can select a background picture from either Microsoft's selections or a picture of yours from the Pictures folder. Below, under Choose a fit, "Fill" is probably your best choice.

Next, click Colors. I suggest that you turn off "Show color on Start, Taskbar, and Action Center". The other 2 selections should be turned on.

fications. Under "Choose an app for detailed status" and "Choose Apps to show quick status" you will supposedly place icons for your selected apps on the Lock screen when you boot. I found that this did not work; it looks like Microsoft has some work to do on the above. Scrolling down, you will see "Screen timeout settings" and "Screen saver settings". Click "Screen timeout settings" and choose 5 minutes for battery operation and 10 minutes when plugged in. A screen saver setting should not be used for

modern computers. I see no purpose to the Lock screen. You can turn it off by going into the Control Panel, click Power Options, click "Choose what the power button does", then click "Change settings that are currently unavailable". Scroll down and uncheck Lock, then click Save changes.

One last tweak is to bypass the need to log in to your computer. You created a login when you created a Microsoft account. It serves no security purpose other than to keep other family members from using your computer without your knowledge.

# Personalize a Windows 10 PC

Click Themes, then Theme settings, and choose one of the Windows default themes; or stay with the existing theme shown in the My Themes space. I suggest that you avoid all the High Contrast Themes.

Click Start, and I recommend the following to be turned on: "Occasionally show suggestions in Start", "Show most used apps", "Show recently added apps", and "Show recently opened items in jump lists on Start or the Taskbar". I recommend "Use Start full screen" be turned off.

The last of these items to personalize is to click "Choose which folders appear on Start". These are folders you may frequently use, and they can be made accessible in the Start Menu. Recommendations are File Explorer (file manager program), Settings, Documents, Downloads, Pictures, Music, and possibly others of your choice.

To eliminate the need to log in, right click the white icon in the lower left corner of the screen, then click Run. Type "netplwiz" (no quotes). Uncheck "Users must enter a user name and password to use this computer". Click Apply, then fill in your password in both fields. Click OK, then click OK again.



*The PC Club is open to all regardless of experience. If you have questions, join us on the 3rd Tuesday of each month at 7pm, upstairs in the Community Center. We'll cover Windows 10 Personalization at our December 15 meeting.*



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Charlie Gentile | Yardley  
HMSG President

Christmas is upon us, and the question that always comes up is "what do I get the person who has everything?" Especially since when we want or need something, we usually buy it! Well, HMSG friends, read on for ideas.

My first suggestion is to get serious and join the association of your sport – it's a great way to show support. Four that make sense for HMSG members are:

**United States Tennis Association:** Membership is \$44 per year. Play at your best in local leagues and matches. Rank yourself, and play everywhere and anywhere with those



**Get Involved;  
Play Where You Live**

- Paddle Tennis** - Open play; Group(s).
- Pickleball (outdoor)** - Open play on Mondays, Wednesdays, and Thursdays at 3pm, and Saturdays at 9am. As weather changes, so might these times.
- Pickleball (indoor)** - Open play at ACAC, YMCA, Concord, Garnet Valley ([www.gherkins.org](http://www.gherkins.org)), and United Sports in Downingtown. Call venues for days and times.
- Skiing (as soon as there's snow)** - Thursdays at "Blue". Depart at 7:30am and be back by 5pm. Free for those age 70+! Contact Don Evons for more information.

at a similar level. Receive *Tennis* magazine every month. Get discounted priority seating at events, save on US Open merchandise, attend sports

camp and resorts, and travel to the great world tournaments. *What a deal.*

**United States Pickleball Association:** Membership is \$25 per year. Benefits include up-to-date rules, a list of sanctioned tournaments, USAPA T-shirt, medical insurance option, partner search, monthly newsletter, and more.

**American Platform Tennis Association:** This non-profit organization governs the sport for its 13,500 members. They sponsor 180 tournaments; including 26 National Championships. Members receive official rules and etiquette, as well as *Platform Tennis Magazine*.

*Creating Lifestyles*

**United States Bocce Federation:** This non-profit organization was founded in 1977 to promote the sport and lobby for inclusion as an Olympic sport. It sponsors local tournaments, as well as clinics for beginners of all ages.

A few other suggestions for Christmas gifts you might consider are:

- **Paddle Gloves.** These special gloves give you a secure grip and keep your hands warm.
- **New paddle or racquet.** The *Guide and Digest* Classifieds section is a great place to start your search.
- **New tennis racquet strings.** If you are thinking "my strings last forever" or "the last time I had my racquet restrung was years ago" your play is probably negatively affected! My rule



# Gift Ideas for HMSG Members

- **Trip to Family Circle.** The best women in the world are there in Charleston, South Carolina; and the city is outstanding. This is the stepping stone for the season, and you can meet and socialize with the ladies.
- **Trip to U.S. Open.** New York City is as close as it gets to us, and this is the last of the grand slam events. Sometimes Hershey's Mill has a bus trip there; if not, there are many other local clubs that usually do.

- **Subscription to a sports magazine.**
  - **Book(s).** A suggestion is *The Inner Game of Tennis* by W. Timothy Gallwey. This has been, and still is, the undisputed bible of mental tennis since 1974. Topics include: use of the mind/body connection to trust yourself on the court; find relaxed concentration so you can play your best; focus to overcome nervousness and self-doubt; and practice "smart" then use it in a match. It's all there.
- Email me questions and/or ideas about HMSG at [don.evons@hersheymill.org](mailto:don.evons@hersheymill.org).
- If you would like to receive up-to-date information about all that is going on within the HMSG, email Don Evons at [don.evons@hersheymill.org](mailto:don.evons@hersheymill.org) to be added to our email distribution.
- **Join a fitness club.** Some even have specials around this time. We expect to survey five local fitness clubs in the January 2016 *Guide and Digest*.
  - **A week at tennis camp.** There are camps at several local colleges such as Swarthmore.
  - **Trip to Wimbledon.** London is a wonderful place to visit, with lots to do besides the tennis.
  - **Trip to Indian Wells.** The desert in winter is spectacular, and best players in the world are all there.

**Hershey's Mill Community-TV**

As a chilly wind whistles through the branches, and the last stubborn leaves head toward the ground, we take a look back at the beauty that was autumn in Hershey's Mill. The colors also remind us it's time to wish our friends, neighbors, and community a joyous and safe holiday season. We look forward to beginning a new year; with a special thanks to the HMC-TV volunteers who make the *Guide and Digest* possible

(see the Publisher section), and to all HM residents who contribute throughout the year – we couldn't do it without you. Now on to the beauty of winter!



Joe Kennedy | Princeton

For the many soldiers of the Continental Army encamped at Valley Forge, the Christmas of 1777 was hardly festive.

On December 19, General George Washington had led a defeated army of 11,000 men into winter quarters. Only 8,200 of the men were fit for duty. The weather was abnormally cold, and there was already heavy snow. The army was short of food and medi-



cal supplies, and the men were poorly clad and shod for winter

weather. Because of these conditions, Washington feared a possible mutiny within the army. He appealed to the Congress for needed supplies.

“I do not know from what causes this alarming deficiency or rather total failure of supplies arises,” wrote Washington, as quoted in Benson Bobrick’s *Angel in the Whirl-*

*wind* (1977), “but unless more vigorous exertions take place immediately, the army must dissolve.”

At the time, according to historian Bobrick, relations between Washington and Congress



force the British out of Philadelphia, Washington was once again defeated at Germantown. After this defeat, Wash-

were strained. After Washington’s defeat at Brandywine in September, the Congress was forced to flee Philadelphia to York, Pennsylvania. Then in October, in an effort to

ington moved his army to Whitemarsh where he tried in vain to draw the British into an open battle. This was the road that led the army to Valley Forge.

Valley Forge, then a small agricultural community, is about 22 miles northwest of Philadelphia on the banks of the Schuylkill. When the troops arrived, there was neither shelter nor defensive fortifications. The soldiers

# Christmas at Valley Forge



would have to build both in winter conditions, and to establish a system for finding

were 16 feet long, 14 feet wide and about 6 feet high. Each had tiered bunks, a smoky fireplace, and straw on the earthen floor. Washington and senior officers fared much better in stone farm houses with sound fireplaces.

Two days before Christmas, according to historian Robert Leckie’s

and distributing adequate supplies of food and water.

“We arrived at Valley Forge in the dark; there was not water to be found and I was perishing with thirst,” writes Joseph Plumb Martin in his book *Private Yankee Doodle: Being a Narrative of Some of the Adventures ... of a Revolutionary Soldier* (1830). “Fatigue and thirst joined with hunger almost made me desperate.”



book *George Washington’s War* (1992), soldiers and officers were reduced to eating fire cakes and water. A fire cake was made of a flour paste cooked on hot stones. In theory, a soldier’s daily rations – as fixed by Congress – “included a pound and a half of bread, a pound of meat or fish, a gill of whiskey or spirits with an occasional half pint

*Continued on page 57*



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## **LOCAL HISTORY (continued)**

of peas or beans,” notes historian Noel F. Busch in his book *Winter Quarters: George Washington and the Continental Army at Valley Forge* (1974). Yet on Christmas Day at Valley Forge, Army “foragers were only able to find just enough mutton and rum to go round in small quantities.”

The food shortage would continue through February 1778. Inside the soldiers’ huts, there were chants of rebellion: “No pay! No clothes! No provisions! No rum!” Roughly 2,500 soldiers would die. About 1,000 would desert. Yet the Army endured.



Even Washington had to persevere through a conspiracy in the Congress to replace him as leader of the Army. Still, the hard-core veterans of the Continental Army remained personally loyal to Washington, who had their unflinching trust.

There was no major fighting at Valley Forge, just some small unit skirmishes on the fringes. Nearly all deaths were from hunger or illness. By early spring, the food supply had improved; and new tactical training was instituted.

And in June 1778, Washington led a stronger, better-trained Army with high morale out of Valley Forge to successfully battle against the British Empire.

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## RECIPES

*It's cookie exchange time – our favorite time of the year! As much as we love snickerdoodle, chocolate chip, and sugar cookies, there is one cookie that never fails to elicit “oohs and aahs” from everyone; and bellies are equally impressed. The Macaron is nothing like the chewy, coconut Macaroon (although we love those too). This is a simple cookie, but does require precision to master; and skill with a piping bag helps (but a moistened fingertip can help with roughness). Once you have the basics down, variations abound. If you want advice on a flavor, we love to taste test!*

## French Macarons

*The basic, and very delicious, version. See variations for flavors and fillings as pictured. Makes about 35. Temperature is important, so an oven thermometer is strongly recommended.*

- 1 cup confectioners' sugar
- ¾ cup almond flour
- 2 large egg whites (room temperature)
- ⅛ teaspoon cream of tartar
- ¼ cup superfine sugar

Preheat oven to 375°F. Sift confectioners' sugar and almond flour into a bowl, and whisk until combined. With a mixer, whisk egg white on medium speed until foamy, then add cream of tartar and whisk until soft peaks form. Reduce speed and add superfine sugar, then increase to high and whisk until stiff peaks form. Sift flour mixture over whites and fold gently until batter is smooth and shiny. Using a pastry bag (with a ½" round tip), pipe ¾" rounds 1" apart on parchment-lined baking sheets; do not form peaks. Tap sheets firmly on counter to dislodge any trapped air underneath rounds, and let sit for 10 minutes. Reduce oven to 325°F, and bake one sheet at a time, rotating halfway through, until crisp and firm (~10 minutes). Between sheets, increase oven to 375°F for 5 minutes, then repeat above. Let cool on sheet for 2-3 minutes, then transfer macarons to a rack. Sandwich macarons with filling of your choice.



### Variations pictured above:

**Chocolate/Peanut:** Substitute 3 tablespoons unsweetened cocoa powder for ¼ cup almond flour. Fill with a mixture of honey, peanut butter, cocoa powder and milk; or chocolate ganache.

**Raspberry:** Add 1 tablespoon seedless raspberry jam and 2 drops red gel coloring. Fill with seedless raspberry jam.

**Vanilla/Coconut:** Add ½ teaspoon vanilla extract. Fill with buttercream frosting mixed with finely ground coconut.



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