

DECEMBER 2016

GUIDE — AND — DIGEST



A PUBLICATION OF HMC-TV AT HERSHEY'S MILL



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All submissions are welcomed; with rights retained by owner. Send to hmcvtvguide@comcast.net, Attention Editor. Hardcopy submissions are not accepted. Articles should be limited to 500 words (although others may be considered), and photographs should be high-resolution. HMC-TV determines suitability and has sole discretion to publish any submission. Submissions are due by the 22nd (38-41 days in advance of each edition) for possible inclusion (those received after will be reviewed for the next); contact the Editor for exceptions. Articles are subject to editing for space, clarity, and grammar. Information and opinions are those of the author, and may not reflect those of Hershey's Mill Community-TV, its officers, or directors.

HMC-TV Guide and Digest

Volume XVII Number 12 – December 2016

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	From The Main Gate	7
	HM Residents Update	9
	Getting To Know You	10
	Hearing Health	16
	HMC-TV Ch20 Programming	18
	HM Bus Trips	23
	HM Series Trips	25
	Dining Out	26
	Classifieds	29
	Activities Calendar	32
	Community News	36
	Club News	40
	HM Wood Shop	44
	Bocce at HM	47
	HM Library News	48
	Technology Tips	51
	Local History	52
	Hershey's Mill Golf Club	54
	HM Sports Group	56
	Recipes	58
	Activities Contacts	61
	Advertisers' Index	62

Cover: The Hershey's Mill Community Center is beautifully decorated each year during the holidays – a lovely treat for the many groups that meet there!



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—Marnie Keenan, Riddle Village Admissions Coordinator

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FROM THE MAIN GATE

Marc Fraser | Director of Security

Each year, the Hershey's Mill Security Department receives checks from

spread amongst the officers as a “thank you” for their service to the Mill over the past year. To contribute, make your check payable to “Hershey's Mill HOA”

Christmas Fund

residents who wish to donate to our Christmas Fund. This fund is

and drop it off at the Main Gate, or mail it to: Hershey's Mill Security, 1389

East Boot Road, West Chester, PA, 19380. Our entire staff wishes each of you a very happy and safe holiday season, and looks forward to serving you in 2017!



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HM RESIDENTS UPDATE

Hershey's Mill Security provides resident changes each month in the *Guide and Digest* which can be used along with the annual HMC-TV *Hershey's Mill Resident Directory* to stay up to date. All contact information is for personal use only.

Andrien, David & Vita

266 Chatham Way

Burns, William & Mary Ann
& Anne

1637 Yardley Drive

Defeo, Linda

358 Devon Way

DeHart, Gilbert & Sue

358 Devon Way

Dentone, Paul & Carol

1388 Springton Lane

George, Patricia

601 Franklin Way

Gerhardt, Julie

582 Franklin Way

Germescheid, Robert &
Jacquelyn

396 Eaton Way

Keller, Pamela

489 Eaton Way

Koch, Richard & Regina

485 Eaton Way

Lowe, David & Linda

275 Devon Way

Morrison, William & James

523 Franklin Way

Morton, Michael & Kim

826 Jefferson Way

Needhammer, Earl & Nancy

798 Jefferson Way



Prior, Thomas & Jacqueline

1320 Robynwood Lane

Robinson, Don & Maryanne

1653 Yardley Drive

Saunders, Judy

649 Heatherton Lane

Schmidt, John & Valerie

486 Eaton Way

Wang, Yufei

216 Chandler Drive

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Mary Kay Hagerty | Heatherton

On July 6, 2016, Hershey's Mill lost its original founder and developer, Ray Freyberger, just two days before his 89th birthday. I had the pleasure of speaking with his wife and best friend of 62 years, Betty Freyberger, and their daughter, Carol Muhs, about the life of this remarkable man.

Ray grew up in Irvington, New Jersey, with his parents and younger brother. He spent a lot of time on his grandfather's farm, where he developed his love of gardening and the outdoors. He graduated from Irvington High School, where he was the all-star tight end on the football team. He went on to serve in the U.S. Navy during World War II – in the Pacific Theater.

tor at the Kelly Smith and Ward Griffin companies in New York City.

While on vacation with friends at Manasquan Beach, New Jersey, he met his future wife Betty. Betty recalls he noticed her playing catch on the beach, and was attracted by her athletic ability. They married in 1954 in Maplewood, New Jersey, where Betty grew up.

After marrying Betty, he was transferred to the Philadelphia area in 1965, where he began a career in real estate and land development. They lived in Summit, New Jersey, where their three children were born. Son Kenneth now

a meandering stream, and although in awful disrepair, a lovely old manor house." He fell in love with the land. As Betty puts it, "It was like a light bulb went off" He began to envision what Hershey's Mill would be like. He drove Betty around the 776 acres in a Jeep, pointing out where everything would be; including roads, homes, golf course, pool, commu-

Remembering Ray Freyberger

Princeton Village

Without Ray's vision and efforts, there would not be a Hershey's Mill as we know it today. At the time of his death, Ray was working on a book about the history and evolution of Hershey's Mill. He described the Mill as "once discovered, never forgotten."

Betty and Carol describe Ray as a person who loved life; an optimist who never had anything negative to say about anyone. As they put it, "Ray sucked the marrow out of life." Early on, Ray's mother told Betty, "Raymond is a dreamer." It is because of his dreams and vision that we have a beautiful, many-faceted place in which to live today.

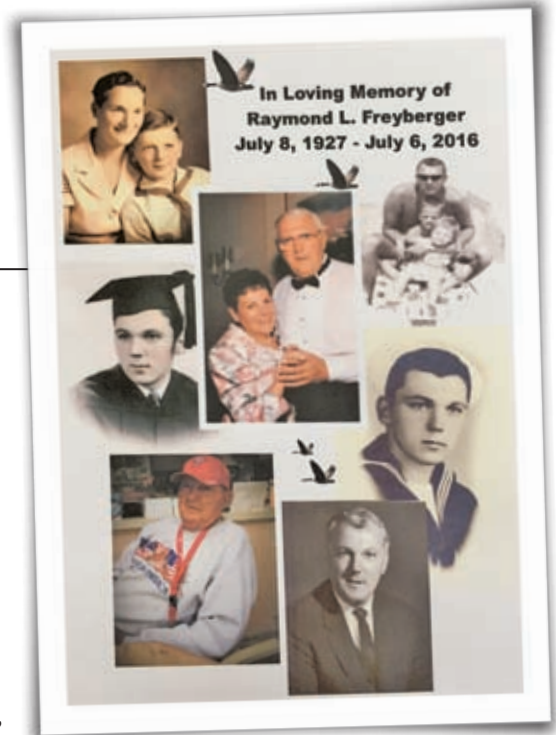


After the War, Ray did some modeling in New York City and became involved in advertising. He graduated from the Newark School of Fine and Industrial Art. Tapping into his creativity, he became Advertising Art Direc-

All graphics provided by Mary Kay Hagerty

lives in Ashburn, Virginia, with wife Julie and children; daughter Carol Muhs lives in West Chester with husband Jack and their children; and daughter Kim Mullen and husband, Tim, and family live in Exton. Family was always very important to Ray, and he was the proud grandfather of nine: Nicole, Alec and Brad Freyberger; Kristen and Michael Mandler; Nicholas and Courtney Mullen; and Chris and John Muhs.

Ray became owner-broker of Town and Country Realty in Wayne. He was the planner/developer and visionary of many local housing communities. As he describes in his book, "It was early 1971 and there it was, just across the street from my development at Hershey's Mill Estates, some 776 acres of beautiful rolling hills, mature trees,



nity center, ponds, a recreation area for tennis, sports, and the community garden (which was inspired by Ray's father's Victory Garden during World War II). He sketched his plan on a 20x40 poster board.

Raysaw the need for a community where empty-nesters could live without moving to far-away places like Florida or Arizona. His original idea was to have

Continued on next page

only residents age 48 and over, without children; because people in the 1970s married and had children younger than they do now. It was later changed to age 55 and older. He felt that it would be a win-win plan for the township; lessening future school enrollment and the need to build more schools, and broadening the tax base. As he saw it, "It would provide more open space and an age group that would render a positive benefit to the township, both politically and economically." Clustering of the houses

a place for people to try new things, or develop old skills while meeting new friends. This was his dream for Hershey's Mill.

After many meetings with the planning board, Ray approached the local community associations and met with them presenting his ideas night after night. His efforts paid off; and after only six months, with positive community support, his plan received overwhelming approval during a public hearing at East Goshen Elementary School.

Construction began in February of 1973. The initial roads were built and surfaced. Eight model homes, what is now Westbrook Village, were built and furnished. The Hershey's Mill Community Center, formerly Winfield Hall, was constructed along with housing units in Ashton and Brighton Villages. It was Ray's idea to name the villages in alphabetical order. Construction of the pool, gate house, two tennis courts, and the first ten holes of the golf course followed.

In the spring of 1974, Hershey's Mill opened with spectacular flair; helicopter rides, a state-of-the-art film show, tours of the eight beautifully decorated model homes, and a bus tour of the property. Sullivan House was also beautifully and historically restored at this time.

Building and development continued until the recession of 1975-76; with associated bank failures, builder collapses, and rising interest rates. The institution funding Hershey's Mill was in financial trouble and unable to complete its financial commitment. They were not able to approve the final condominium documents; without which, final clearance put Ray in the unenviable position of not being able to complete his dream for Hershey's Mill. For the next two years, Hershey's Mill would see many trials and tribulations; recession, near foreclosure, and a government takeover.

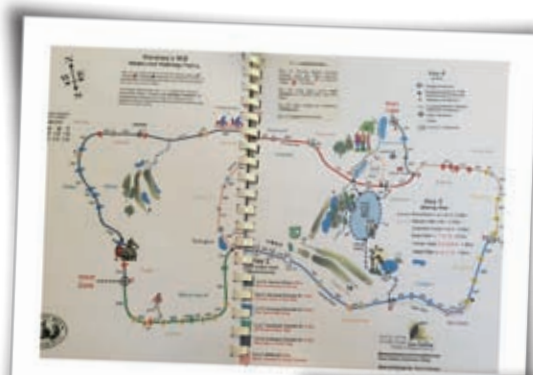
But thanks to the dedication and perseverance of its early residents, and the future owners West Chestnut Realty and Woolridge Development, Hershey's Mill would not only survive, but grow and become one of the finest adult communities in America!

Besides Hershey's Mill, Ray developed many other area residential communities; such as Country Gate, Forge Mountain North, Fox Fields, Shadow Oak, Pickering, and Rochambeau. One of Ray and Betty's favorite projects was the refurbishment of an old Devereux School Summer Camp in Embden, Maine. They transformed it into a beautiful retreat with lake-side cottages, on-site pool, boating, and a restaurant.

Many years after leaving the Hershey's Mill project, Ray and Betty were working part time delivering flowers in the area. While delivering to Hershey's Mill, Ray was able to see how beautifully his dream had come to fruition. They decided to move into Princeton

Village in 2005, where Ray would spend the rest of his days.

In "retirement" at Hershey's Mill, Ray was busier than ever pursuing many interests. In addition to writing a book on Hershey's Mill, he also wrote one on the Civil War – which he became inter-



would leave at least 45% of the land in open space. Ray named the development Hershey's Mill after Enoch Hershey, who owned the mill across the street.

It was Ray's hope that Hershey's Mill would be an ecological showplace. He envisioned homes clustered between fairways, woods, meadows, and open space. He also wanted it to be a place where people would have a sense of security, privacy, and involvement; and

ested in while researching his genealogy. He gave each of his children a large, detailed volume of family history going back to the 1880s. While developing Hershey's Mill, he had become very interested in local history; and he recently enjoyed spending lots of time at the West Chester Historical Society.

Ray had many other hobbies. As Betty and Carol explain, he was always working on projects! Painting and photography were two of his favorite artistic endeavors. He has a beautiful collection of historic West Chester homes

Continued on page 15

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GETTING TO KNOW YOU (continued)

photographed in the snow. He also enjoyed making greeting cards, on his computer, for family and friends.

As a great lover of the outdoors, one of Ray's favorite activities was gardening. He also loved the ocean, boating, and eating all kinds of seafood. Betty and Ray loved traveling together; and one of their favorite places to visit was the Caribbean. Many of their cherished memories are having lunch on the water in Chesapeake City. The family also enjoyed going to Florida, and to Barnegat Light and Point Pleasant Beach at the New Jersey shore.

Ray loved to cook, and even did some canning. He was always making things out of wood – such as bird houses and benches. He even had a room in his basement covered with history – walls decorated with original news-

paper headlines designating important moments in time.

Family was very important to Ray. He loved spending the holidays with Betty and his children and grandchildren, and always made those times special for everyone. When his son was younger, he built him a large train set in the basement where they spent many happy hours. Ray was a child at heart, always up for anything fun. He was an avid Phillies and Eagles fan, and also coached his son's little league baseball teams.

Forever an optimist, Ray never wanted to slow down; although during the last few years of his life illness became a challenge. He is missed by family, and friends at Hershey's Mill, but will never be forgotten – his memory lives on in the beautiful place where we live!

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Patricia Cohen | Brooklands Audiology

Over the past 30 years as a practicing audiologist, I have had the privilege and satisfaction of helping people not only hear better but, more importantly,

as a normal part of health care, but you should! So is it time for you to find out how well you hear? Let me pose some questions, including common signs of a problem, so you can explore whether your hearing may be an issue.

Is It Time To Have Your Hearing Tested?

improve their quality of life. Addressing a hearing issue not only improves life for the affected, but can result in reduced stress in many family and social situations. Many people don't think about having their hearing tested

Patricia, of Brooklands Audiology, was one of our participants at the recent HMC-TV sponsored Health Fair in the Hershey's Mill Community Center. This photograph was provided by the author.

When was the Last Time You had Your Hearing Tested?

Unlike eye exams, we tend not to get our hearing tested on a regular basis. Hearing loss is usually gradual, and statistics show that people wait an aver-

Are restaurants a particularly difficult environment for you to hear in?

This is a common situation for those who have high-frequency hearing loss, since background noise can negatively affect speech clarity.



Do you struggle with telephone issues?

If you rely on your spouse to answer the phone at home, constantly feel that the quality of phone service is bad, or it seems that everyone who calls is doing so "from their car", addressing your hearing trouble can help you be more comfortable and connected.

If it's been awhile since you had your hearing tested, or have problems with any of

age of seven years before addressing an issue. I like to say that "we know immediately what we are not seeing, but not always what we are not hearing."

Does it seem that everyone mumbles or is speaking too quickly?

There can be an amazing improvement in how much clearer people speak once you've addressed a hearing issue.

Does it always seem the television is too low for you?

People with a hearing issue often think the TV is hard to hear or the volume is too low, yet turning it up makes it much too loud for others. Often, increasing the volume to try to get better clarity isn't entirely successful anyway.

Do you often miss out on conversation?

Hearing loss can lead to social withdrawal, as it seems easier to sit quietly than to ask for clarification, or to risk misunderstanding and feeling foolish.

the above, now is the time to get your hearing tested! And it's important to get a comprehensive exam from an audiologist who can not only administer it, but who can correctly interpret the results and provide the correct technology to address issues if necessary. Helen Keller noted that blindness separates people from things, while hearing loss separates people from people. So make sure that you are not being separated from those you care about.

Editor's note: Patricia A. Cohen M.A. C.C.C., founder of Brooklands Audiology, is a long-time HMC-TV advertiser and concert sponsor at Hershey's Mill. She graduated from Queens College with a BA in Speech and Hearing Science and a masters in Audiology, and she is a member of the American Speech-Language Hearing Association and a Fellow of the American Academy of Audiology.

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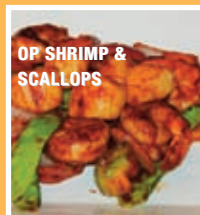
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Original Programming	December 1-15, 2016			
Diabetes Self Management – Part 1 <i>With Sandy Wollenberg</i> A discussion with Trish King, a registered dietician, about the factors leading to diabetes and how our diet affects our health.	10:00 am	4:00 pm	7:00 pm	12 am
Diabetes Self Management – Part 2 Diet tips to help manage diabetes.	10:15 am	4:15 pm	7:15 pm	12:15 am
Update on Diabetes – Part 1 <i>With Dr. Jim McCabe</i> A discussion with endocrinologist Dr. Peter Parry about what diabetes is, the different types, symptoms, and types of treatments.	10:30 am	4:30 pm	7:30 pm	12:30 am
Update on Diabetes – Part 2 More information about type II diabetes; including causes, how to monitor it, complications, and controlling it through lifestyle changes.	10:45 am	4:45 pm	7:45 pm	12:45 am

Movies Noon and 8:30pm	December 1-7 (noon show only on the 7th) Cold River (PG) <i>Suzanne Weber and Pat Petersen</i> A wilderness guide takes his daughter and stepson on a camping trip to the Adirondacks; but suffers a heart attack, leaving his children to find their own way home. [Run time 1h 32m]
	December 8-14 (noon show only on the 14th) Oklahoma (PG-13) <i>Gordon MacRae and Shirley Jones</i> The first, and perhaps most famous, of the Rodgers and Hammerstein adaptations finds western love among show-stopping musical numbers. [Run time 2h 25m]

To view Channel 20's original programming online: Go to hersheysmill.org, TV & Digest, HMC-TV20, Original Programming. Follow the instructions there to use this video streaming service.

To view/print all HM cable channels: Go to hersheysmill.org, TV & Digest, Cable & Comcast. Both basic and full listings are available.

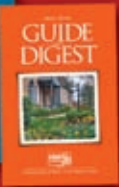
HMC-TV Channel 20 reserves the right to make program substitutions, and dates/times are subject to change. Opinions of hosts, guests, or advertisers shall not be construed as an endorsement by HMC-TV. ©2016 HMC-TV

Original Programming	December 16-31, 2016			
Webb - "Band of Brothers" Concert Excerpts from the July 2016 Concert in the Park featuring this party band; with band leader Wally Hart of Ulster Village. The concert features 1950's rock-'n'-roll and rockabilly, and classic rock from the 1960s and '70s.	10:00 am	4:00 pm	7:00 pm	12 am
Legislative Review <i>With State Senator Andy Dinniman</i> Andy talks with host Hugh Baird about various issues the PA legislature has worked on this year; including school testing, legislative reform, transportation, animal cruelty, and jobs in Chester County.	10:30 am	4:30 pm	7:30 pm	12:30 am

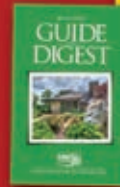


Movies Noon and 8:30pm	December 15-22 (noon show only on the 22nd) Nicholas Nickleby (PG) <i>Charlie Hunnam and Jamie Bell</i> Based on Charles Dickens novel, a young man attempts to reunite his family and must contend with his ruthless uncle. [Run time 2h 12m]
	December 23-31 (noon show only on the 31st) A Christmas Story (PG) <i>Melinda Dillon and Peter Billingsley</i> In the 1940s, a young boy attempts to convince his parents, his teacher, and Santa that a Red Ryder B.B. gun really is the perfect Christmas gift. [Run time 1h 34m]

Bulletin Board	1:00am-10:00am	11:00am-Noon	Following the movie until 4:00pm
	5:00pm-7:00pm	8:00pm-8:30pm	Following the movie until Midnight



Published by Hershey's Mill Community-TV
A fully self-supported nonprofit organization



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Lititz, Pennsylvania

Wednesday, December 7, 2016

Cost: \$18 + lunch

Departs: 9:30am

Contact: Joan Wood

Rain date is Friday, December 9. Do you yearn for a small town reminiscent of "Norman Rockwell Main Street" with its stores decorated for the holidays? Then travel with us to this charming town with quaint places to eat and shop, and absorb its Moravian history. Whether you lunch at the historic General Sutter Inn, buy unique gifts, or visit eighteenth-century buildings, you'll know why Lititz has been called "the coolest small town in America." How you spend your time is completely up to you!

The Playhouse on Rodney Square "Riverdance"

Wednesday, February 22, 2017

Cost: \$83

Departs: 12:30pm

Contact: Adele Juzi

Drawing on Irish traditions, the combined talents of the performers propel dancing and music into the present day, capturing the

Trip payment checks need to be made payable to "Hershey's Mill HOA", sealed in an envelope (noting trip name and date), and placed in the maroon Customer Service mailbox next to the Security Center in the exit lane at the Main Gate.

Bus leaves promptly at the scheduled time. Please plan to arrive 10 minutes early.

All bus riders must be age 18 or older (unless specifically noted in description).

The HM Bus Committee is always looking for more volunteers to share ideas and plan trips! If interested, call Marc Fraser at

imagination of audiences across all ages and cultures in an innovative and exciting blend of dance, music, and song.

The Playhouse on Rodney Square "Pippin"

Wednesday, March 8, 2017

Cost: \$83

Departs: 12:30pm

Contact: Adele Juzi

This winner of four 2013 Tony Awards, including Best Musical Revival, is a high-flying, death-defying hit Broadway musical! It is full of extraordinary acrobatics, wondrous magical feats, and soaring songs from the composer of *Wicked*. It will lift you up and make you smile.





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HERSHEY'S MILL SERIES TRIPS

2016-17 Walnut Street Theatre

Thursday & Saturday
Matinees

Cost: \$44 (per show)

Departs: 12:30pm

Contact: Adele Juzi (Thursdays)



Contact: Connie Cline (Saturdays)

We're collecting names for our wait list as vacancies frequently become available for individual shows.

Friday 11/25/16 & Sat. 12/3/16

The Wizard of Oz

Thur. 2/2/17 & Sat. 2/11/17

Laughter on the 23rd Floor

Thur. 3/30/17 & Sat. 4/8/17

The Importance of Being Earnest

Thur. 6/1/17 & Sat. 6/10/17

Saturday Night Fever

2016-17 Philadelphia Orchestra

Friday Evening Series

Cost: \$14 (bus only for each) +
performance admission

Departs: 6:00pm

Contact: Ann Seraphin

January 13, 2017

Yannick Nezet-Seguin conducts a Paris Festival with Susan Graham.

March 10, 2017

Michael Tilson Thomas conducts Seeger and Beethoven, and Berg with Leonidas Kavakos on violin.

April 28, 2017

Stephane Deneve conducts a Rachmaninoff Festival with Nikolai Lugansky on piano.

May 19, 2017

Nezet-Seguin conducts Mahler's Symphony No. 3 with Karen Cargill, Philadelphia Symphonic Choir, and American Boychoir.



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Have you always been intrigued by the name Duling-Kurtz as I have been? It conjures up mind pictures for me – mainly “dueling Kurds.” *Touché!* But then, of course, that is not it at all. The Duling-Kurtz House is named for Edith Duling Carr and Lena Kurtz Knauer, mothers of the founders of the Inn. The Inn sits on land that was an original land grant from William Penn to Richard Thomas; whose son, in 1712, claimed 2,000 acres of the land grant. In the 1830s, this land included grist and saw mills, mill pond and race, two lime kilns, and limestone quarries. The old stone house, the dwelling place for owners George Hoopes and his wife, is now the Duling-Kurtz House. It is of the Federal period. Michael and Gertie Persons are the proprietors.

Duling-Kurtz House & Country Inn continues a tradition of providing history, charm, and hospitality for which Chester County has become known. The Persons received formal training in Vienna, Austria. They say, “Working in the finest of Europe’s great restaurants and hotels is your assurance of excellent service and superb food.”

The Duling-Kurtz House is the recipient of several prestigious awards; including a AAA Four Diamond Award for excellent cuisine, excellent service, and elegant dining; a *Wine Spectator* Award of Excellence; a *Main Line Today* award; and “five-star” ratings from many food critics.

Executive Chef Damian A. Gould takes pride in his American and continental cuisine “prepared to order from only the finest ingredients.” He has created a scrumptious menu that sometimes has the subtle reflections of his Caribbean heritage. Some items can be found on both the lunch and dinner



Photos courtesy of Duling-Kurtz

menus; so you may wish to consider trying this restaurant for lunch first for more value – and I can imagine you will be back for dinner. Appetizers, soups, sandwiches, salads, entrées, and dessert are available for lunch. The same for dinner, except sandwiches, and there is an addition of “sides.” The fare is hearty and imaginative; such as the grilled octopus with fennel, grapefruit, olives, and frisée; and the pan-seared alligator with porcini mushrooms, roasted garlic, grilled polenta, and red wine sauce. These are but two of the appetizers offered. Soups are shrimp/lobster bisque with scallion crème fraiche garni, or baked French onion soup with brioche toast.

There is a diverse selection of salads to satisfy almost everyone; such as Caesar and kale; roasted beet; or organic baby

spinach and arugula with cucumbers, tomatoes, basil, walnuts, and mandarin orange with sesame ginger vinaigrette. There is an extended choice of entrées, such as: rack of lamb, Pennsylvania brook trout, and lobster crêpes (a

ice cream truffle, limoncello, raspberry linzertorte, warm apple strudel, classic crème brûlée, and chocolate peanut butter lava cake (the chef’s selection). Oh so yummy, and oh so filled with calories; but who can resist?

Duling-Kurtz House & Country Inn

*146 South Whitford Road
Exton, Pennsylvania
(610) 524-1830*

house specialty). Others include wiener schnitzel (a classic Austrian dish), Chester County pheasant, roasted Long Island duck, lemon grass pepper



glazed short ribs, and several beef choices. All meals begin with their famous popovers with lemon curd.

Why do I find the dessert selection always so difficult from which to choose? Austrian cheese strudel, dark Belgian chocolate mousse, cappuccino

There are eight individually furnished and elegant dining rooms – several featuring a fireplace. The historic nature of the house lends charm to every room, as well as a lovely warm ambience. Consider this a treat for special occasion dinners such as an anniversary or for the holidays. Enjoy gracious dining and warm hospitality in this unique historic inn and restaurant. One of the many complimentary reviews I have seen said, “Always the highest quality food preparation, unusual specials, top quality service, plus a cozy, historic, quiet atmosphere/ambience.”

Duling-Kurtz is open for lunch Tuesday through Friday from 11:30am to 3pm, and Saturday from noon to 3pm. Dinner is Monday through Saturday from 5pm to 10pm, and Sunday from 4pm to 9pm. You may also be interested in Friday night when live music is featured from 6pm to 9pm. Duling-Kurtz is surrounded by lovely gardens, and at the holidays twinkling lights dazzle the eyes and bring a happy smile. *Bon Appétit!*

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CLASSIFIEDS

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FOR SALE Samsonite **table** with four blue "leatherette" **chairs**. Ideal for extra seating at family dinners or playing bridge. Used only once. \$75. Brass **fireplace andirons**. \$50. Wedgewood Johnson Brothers **service for 12**, includes matching glassware; 60 pieces; excellent for a bride. \$150. **Art**, prints, and **frames**. \$5-\$20. Light-blue **golf bag**. \$10. Call

FOR SALE Downsizing and must sell **kitchen items**: bakeware, serving dishes, blender, etc. Also several **baskets** (some Longaberger), antique **picture frames** and **mirror**, and 2 **patchwork quilts** (size twin/double – never used). Too many items to list, so call for details at

FOR SALE Baby Lock Pro-line model BL-6200 **sewing machine** complete with manual; and spool **sewing table** with two drawers of threads and **quilting supplies**. \$399. Solid-wood king-size **bookcase headboard bed** including two single mattresses and box spring. \$1,250. Call

FOR SALE Henredon Cherry **drop-leaf table**, 40" × 79" when extended with two additional 15" leaves, seats 12. Best offer. **Four-acre lot** at Eagle Rock Resort in Blue Mountain, PA. Call for details at

FOR SALE Premium **golf balls**. Three for \$2. Call

FOR SALE Duraflame electric **Stove Heater** with remote, in bronze, 24" H × 22" W × 10" D. Approximately one year old, and in excellent condition. \$50 or best offer. Photo available by email. Call

FOR SALE FireKing 25 **file cabinet**. Fireproof and locking 4-drawer unit, 25" deep. \$100. Call

FOR SALE **Cookbooks** in excellent condition. Over 100 to choose from, so there is something for most everyone. \$2 each. Call

FOR SALE Full set of 85 **dishes**, including serving platters and covered-vegetable casserole. Gold and maroon trim. \$35. Call

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
 <h1 style="text-align: center;">December 2016 Activities Calendar</h1>			1 9:00am Remedies For Wellness 9:30am (SH) Poole Bridge 10:00am Alzheimer/Dementia Support Group 10:00am Yoga 11:00am Ashton Insurance Semnr. 1:00pm Card Games 1:00pm (SH) Chess Club 1:00pm Knitting Circle 2:00pm Table Tennis 6:30pm Poker 7:00pm Ulster Open	2 8:30am Aerobic Dancing/Exercise 10:00am Quilters 12:30pm Silio Billiards 1:00pm Pickleball Mah Jongg 2:30pm Scrabble 5:00pm (SH) Private Event	3 4:30pm Inverness Christmas Party (SH) Private Event 5:00pm	4 1:00pm (SH) Railroad Open House 1:00pm (SH) Sullivan House Open House
			5 8:30am Aerobic Dancing/Exercise 12:00pm (SH) Circle Of Friends 12:30pm Mah Jongg 12:30pm WH Duplicate Bridge 1:00pm Talking Bridge 3:00pm Bridge Party 7:00pm WH Duplicate Bridge	6 1:00pm Mah Jongg 1:00pm Pinochle 1:00pm (SH) Pinochle 1:30pm Mah Jongg 3:00pm (SH) Railroad Club 7:00pm Ashton Open 7:00pm CD Exercise To Music	7 7:30am Men's Bible Study 8:30am Aerobic Dancing/Exercise 9:30am Intermediate Bridge 10:00am Ageless Exercise 12:30pm Art Group 12:30pm Social Club Bridge 1:00pm Dominoes 1:00pm Groff Mah Jongg 7:00pm Casual Singing Group 7:00pm Mah Jongg 7:00pm Yardley Open	8 9:00am Remedies For Wellness 9:30am (SH) Poole Bridge 10:00am Yoga 10:30am Cradle Stitchers 11:30am Mermaid Book Club 1:00pm Card Games 1:00pm (SH) Chess Club 1:00pm Knitting Circle 2:00pm (SH) Book Discus. Group 2:00pm Table Tennis 6:30pm Poker 7:00pm Springton Open
12 8:30am Aerobic Dancing/Exercise 12:00pm (SH) Circle Of Friends 12:30pm Mah Jongg 12:30pm WH Duplicate Bridge 1:00pm Talking Bridge 3:00pm Bridge 7:00pm WH Duplicate Bridge	13 10:30am Hearing Screening 1:00pm Mah Jongg 1:00pm Pinochle 1:00pm (SH) Pinochle 1:30pm Mah Jongg 3:00pm (SH) Railroad Club 7:00pm CD Exercise To Music 7:00pm (SH) Great Books Club	14 7:30am Men's Bible Study 8:30am Aerobic Dancing/Exercise 9:30am Bridge Practice 10:00am Ageless Exercise 12:30pm Art Group 1:00pm Dominoes 1:00pm Groff Mah Jongg 2:00pm Ashton/Brighton Party 5:00pm (SH) HM Sports Group Party 7:00pm Mah Jongg 7:30pm Boomers Scrabble Club	15 9:00am Remedies For Wellness 9:30am (SH) Poole Bridge 10:00am Yoga 12:00pm Knitting Circle Party 1:00pm Card Games 1:00pm (SH) Chess Club 2:00pm Table Tennis 6:30pm Poker	16 8:30am Aerobic Dancing/Exercise 10:00am Quilters 12:30pm Silio Billiards 1:00pm Pickleball Mah Jongg 2:30pm Scrabble	17 11:00am (SH) Private Event	18 1:00pm (SH) Railroad Open House
19 8:30am Aerobic Dancing/Exercise 12:00pm (SH) Circle Of Friends 12:30pm Mah Jongg 12:30pm WH Duplicate Bridge 1:00pm Talking Bridge 3:00pm Bridge 7:00pm WH Duplicate Bridge	20 1:00pm Mah Jongg 1:00pm Pinochle 1:00pm (SH) Pinochle 1:30pm Mah Jongg 3:00pm (SH) Railroad Club 6:30pm (SH) Boomers Book Group 7:00pm CD Exercise To Music 7:00pm PC Computer Club	21 7:30am Men's Bible Study 8:30am Aerobic Dancing/Exercise 9:30am Intermediate Bridge 10:00am Ageless Exercise 12:00pm Social Club Bridge 12:30pm Art Group 1:00pm Dominoes 1:00pm Groff Mah Jongg 7:00pm Mah Jongg	22 9:00am Remedies For Wellness 9:30am (SH) Poole Bridge 10:00am Yoga 1:00pm Card Games 1:00pm (SH) Chess Club 1:00pm Knitting Circle 2:00pm Table Tennis 6:30pm Poker	23 8:30am Aerobic Dancing/Exercise 10:00am Quilters 12:30pm Silio Billiards 1:00pm Pickleball Mah Jongg 2:30pm Rummikub	24 10:00am Mac Computer Group 5:00pm (SH) Private Party	25
26 8:30am Aerobic Dancing/Exercise 12:00pm (SH) Circle Of Friends 12:30pm Mah Jongg 12:30pm WH Duplicate Bridge 1:00pm Talking Bridge 2:00pm Private Party 3:00pm Bridge 7:00pm WH Duplicate Bridge	27 1:00pm Mah Jongg 1:00pm Pinochle 1:00pm (SH) Pinochle 1:30pm Mah Jongg 3:00pm (SH) Railroad Club 7:00pm CD Exercise To Music 7:00pm (SH) Great Books Club	28 7:30am Men's Bible Study 8:30am Aerobic Dancing/Exercise 9:30am Bridge Practice 12:30pm Art Group 1:00pm Dominoes 1:00pm Groff Mah Jongg 7:00pm Mah Jongg 7:30pm Boomers Scrabble Club	29 9:00am Remedies For Wellness 9:30am (SH) Poole Bridge 10:00am Yoga 1:00pm Card Games 1:00pm (SH) Chess Club 1:00pm Knitting Circle 2:00pm Table Tennis 4:00pm (SH) Private Event 6:30pm Poker	30 8:30am Aerobic Dancing/Exercise 10:00am Quilters 12:30pm Silio Billiards 1:00pm Pickleball Mah Jongg	31	(SH) takes place at Sullivan House. Dates and times are subject to change. Contact program leader for details.

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SULLIVAN HOUSE HOLIDAY OPEN HOUSE

Gay Barry | Quaker

Since “Santa is on his way,” we know the holiday season has begun. Hershey’s Mill is aglow with beautiful holiday lights and decorations, and we are hur-

riedly shopping for things on our holiday list. The aroma and sights of cinnamon, flour, candied cherries, chocolate, sugar, and sprinkles (to put on those shortbread cut-



riedly shopping for things on our holiday list. The aroma and sights of cinnamon, flour, candied cherries, chocolate, sugar, and sprinkles (to put on those shortbread cut-



out cookies), as well as other yummy sustenance, fills our homes. It is also time for our Holiday Open House, for all residents of Hershey’s Mill; and, of course, their guests like grandchildren, and nieces and nephews – all who take such fun in watching the amazing train display by the “Train Engineers” (otherwise known as the Model Railroaders).

Our Holiday Open House is **Sunday, December 4**, from **1pm to 4pm**. You will be amazed by Sullivan House – glorious and resplendent with three spectacularly trimmed trees, as well as so many other festive decora-

tions. Cookies and punch will be served, and may bring back happy memories of days gone by. The Friends of Sullivan House may have a few surprises, too. It is a delightful way to begin your holiday festivities, and the Sullivan House Committee hopes to see you at this wonderful annual event. “*Is that sleigh bells I hear?*”

It’s Beginning to Sound like Christmas!!



Join the Hershey’s Mill Singers for our 2016 holiday concert! This year we will include selections by Paul McCartney and Meredith Willson, amongst other holiday favorites and our ever-popular audience singalong.

Friday, Dec. 2, 7:30pm or Saturday, Dec. 3, 2:00pm
Saints Peter and Paul Roman Catholic Church on Boot Road

We cover our costs primarily from concert donations. So, while admission is “free”, might we suggest a \$20 donation?

The church has a huge sanctuary, so we will have plenty of seats for everyone. The parking lot can also easily accommodate all cars. The church is handicapped accessible.



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APPLE MAC CONNECTION

Carol Campanelli | Ulster

On **Saturday, December 10**, from **9am to noon** at the HM Community Center, the Main Line Macintosh Users Group will hold their annual holiday “Pot Luck Buffet, Swap and Sell Meet”, “Member’s Show and Tell” (3 members will each present a mini information



lesson), and “Election of Officers for 2017”. If you plan to attend, check out their website at www.mlumug.org for more information about what to bring. Come and socialize, and get some tips about using your Mac. The Main Line Macintosh Users Group monthly meetings are open to all. There **will not** be a newer users meeting on the fourth Saturday (December 24).

BINGO

Hal Deal | Jefferson

Bingo starts promptly at **3pm** on **Fridays** in the HM Community Center; but there will be no bingo during this month of December. Come join your

friends and neighbors, and even family, for some fun and fellowship.

BILLIARDS

Joe Silio | Eaton

“Billiards for Beginners”: Learn the basics in a casual and social atmosphere in the Billiard Room at the HM Community Center on **Fridays at 12:30pm**. This is an opportunity to pass an afternoon among friends, and learn something new. Any questions, please call me at

Bingo from March of this year – a great way to have fun with friends, and a nice opportunity to include family (of all ages) too!



BOOK CLUB

*Anne McAssey | Merrifield
Jean Gaul | Ulster*

It’s poetry time; a change of pace for our group! We will share our favorite poems, and learn more about this art form from our talented neighbor and poet Virginia Newlin. Join us in Sullivan House on **Thursday, December 8**, at **2pm**.

This photo of the Marshall Point Lighthouse in Port Clyde, Maine, was taken by Carol Frost Poling of the Photography Club



COMPUTER CLUB

Don Trauger | Kennett

The PC Club meetings are open to all regardless of computer experience. If you have questions, be sure to attend on the **third Tuesday** of each month at **7pm** upstairs in the HM Community Center. There is a new topic discussed each month, as well as a question and answer segment. Our next meeting will be on **December 20**.

CASUAL SINGING GROUP

Sally Thompson | Franklin

If you love to sing just for fun – you don’t want to “perform” – this is the place for you! Help choose the songs to sing, so that your favorites are included, and be ready for pure upbeat pleasure when your cares are left outside the door. We meet on the **first Wednesday** of every month at **7pm** on the top floor rear of the HM Community Center. We always have guitar accompaniment (that sometimes grows in number to include five or more guitars), and often a couple of banjos and even a piano – so expect to be surprised! We are beginning our third year of singing together and “more the merrier” is absolutely true, so we welcome newcomers! Call for more information.

CLASSICAL STRETCH

Sally Thompson | Franklin

This activity is shown on the *Activities Calendar* as “CD Exercise to Music”. I think I speak for anyone who has tried Miranda Esmonde-White’s DVDs that they are as inspirational as she is dur-

ing her public television fundraisers. Listening and following along makes us want to move every muscle in our bodies – not overdoing it, just doing it! We not only feel as though we are guided by the best, but that we can do so without paying for the privilege! We meet in the HM Community Center on **Tuesdays** at **7pm**. Most of Miranda’s programs are 30 minutes, so this is only a fraction of your evening. Call if you have questions or want to be notified of changes.

PHOTOGRAPHY CLUB

Carol Poling | Oakmont

At our meeting in October, Bruce Foreacre from HM Landscaping spoke about the nature and animals (including birds) you can see and photograph here at Hershey’s Mill. We plan to have another speaker, yet to be announced, at our December meeting. So come and see what we are working on, and view some exciting photos. Any questions, please call Michael Rackover or me.

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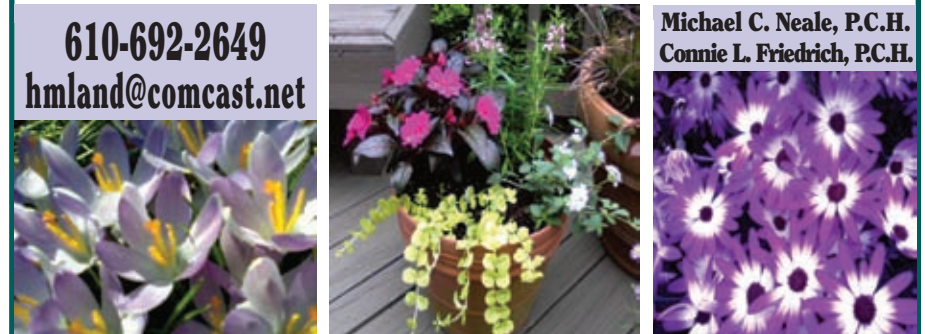


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Tom Pierce | Chandler

Where can you go nowadays for camaraderie, a fully equipped facility where you can enjoy your hobby, and a place where you can get expert advice at the low cost of \$50 per year (that's less than 14 cents a day)? The answer, of course, is the Hershey's Mill Wood Shop. We welcome new members, whether you have been a woodworker in the past or want to learn. In either case, the Wood Shop is for you!



our state-of-the-art facility. One membership includes both you and your spouse. We supply all the equipment you will need; you supply your creativ-

new vacuum system was installed and makes the Shop environment cleaner and healthier. In addition, a new 24-inch drum sander was installed, as well as a new grinder to sharpen cutting tools for lathes, and a double-action polishing machine for metal objects. Member ideas and input are always welcome.

"Hershey's Mill Wood Shop" and mail it, along with your name, address, and



Photographs provided by Tom Pierce

Join the Wood Shop



Come into the Wood Shop for a tour, or contact me, the membership chairman, at _____ for more information. Or, if you are ready to join now, please make your \$50 check payable to _____

phone number, to Tom Pierce (203 Chandler Drive, West Chester, PA, 19380). I hope to see you at the Wood Shop!

If you always wanted to be a woodworker but had no time for this hobby while working and raising a family, now is a great time to take it up. All residents, men and women, are welcome to join and enjoy

ity, wood, and labor. Upon payment of dues, you will receive a key to the shop so that you may come and go according to your schedule.

Our Executive Board continually works to improve the Wood Shop. This year, a

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BOCCE AT HERSHEY'S MILL

Jack Keeley | Franklin

Use of our two professional style Tiger-Turf bocce courts has increased substantially over the last few years thanks

mine a final winner. Angelo DiCandilo and Dick Wright played Jon Ford and Bill Elder in the finals. After a slow start, Jon and Bill won for the fourth year in a row. All the players thank Bob

Bocce Tournament

to the effort of Bob Crowther – who organizes the yearly tournament. The courts also get play from random pick-up matches, as well as village sponsored bocce BYO get-togethers. The sports group shed offers a perfect spot for a get-together adjacent to the courts.

This year's Bocce Tournament started on May 15 and ended September 15. There were 48 teams,



Above, from left:
Angelo DiCandilo,
Jon Ford,
Bill Elder, and
Dick Wright.

At left: Bocce
participants at
the final playoff.

Photos provided
by Jack Keeley.

organized as four groups with twelve teams in each group; and each team had to play every team in their group. The top two teams from each group then played in a double-elimination tournament to deter-

Crowther for his efforts, and will miss him as he and wife Pat are moving next year. Bob has passed the torch to Bill Elder who will be handling the next year's tournament.

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TECHNOLOGY TIPS

Don Trauger | Kennett

Windows 10 has a printer bug, and it's obvious – you go to print something and the printer refuses to print! You check the printer and, of course, it's powered on. Then you check the cables; no help there either as they are all secure. You try restarting the computer, and powering the printer off and on, but it still refuses to print. Now what?

I have observed that the problem can come from a Windows 10 monthly update. The printer software installation is either corrupted or removed; and at that point, there's little you

If you have one of these brands, type the appropriate URL into your web browser and press the Enter key on the keyboard. Then enter the model of your printer, and follow instructions to download the software. The file will likely be in your computer's Downloads folder, where you can double-click it to install. This works the same for all versions of Windows, not just 10; but

Windows 10 Printer Bug



I notice that only that version seems to be affected at this time. Make sure to save the downloaded printer installation file as you may need it again!

On a related note, you may have to choose a download

can do to repair the existing installation. The printer software should be reinstalled to allow normal function again. It is probably best to get the latest printer software from the manufacturer's website. Make sure to use the correct version for your printer model.

The support websites for HP, Epson, and Brother are:

<http://support.hp.com/us-en/drivers>
<http://www.epson.com/cgi-bin/Store/support/SupportIndex.jsp>
<http://www.brother-usa.com/Support/>

for either a 32-bit or 64-bit computer. Some manufacturers have a different file for each computer type; although most combine both into one file. If you don't know which yours is, go to the Control Panel, click System & Security, and then System. Note the System type shown there.

I hope you will join me at PC Club meetings on the third Tuesday of each month at 7pm in the Hershey's Mill Community Center.

Joe Kennedy | Princeton

During the 1920s, the regional Ku Klux Klan was at the center of an investigation into the murder of a Lower Merion police officer. The case, which spanned almost three years, involved two sepa-

rate trials, the acquittal of three white men on charges of murder, and the conviction of one African American man of a manslaughter charge.

Reports in the files of the Historical Society of Montgomery County show that on the night of July 3, 1924, Lower Merion police received word that two crosses were burning on a lot at the foot of Holland Avenue in Haverford. A burning cross was known to be the symbol of the racist Ku Klux Klan. Police officers responded. According to Officer Albert Miller, the crosses were still burning when police arrived and they “observed two shadowy figures running away in opposite directions.” Shots were fired, and Officer Francis X. Roy, service revolver in hand, moved out ahead of Miller. Roy fell, badly wounded. Miller exchanged shots with the suspects and was wounded in the leg. The shooters escaped.

Roy was taken to Bryn Mawr Hospital, where a statement was taken. Roy named Latimer McCoury, a fellow Lower Merion police officer, and two other unidentified white men as his assailants. Roy lingered between life and death until November, when

A Sad Tale of Hate and Fear

he died of his wounds. The police chief, James Donaghy, blamed the Klan for the shooting, but an area spokesman for the Klan denied the charge. In the investigation that followed, the three white men with alleged links to the Klan – McCoury; John Burkholder,

a Norristown salesman; and Robert Stewart, a former Haverford postal clerk – were arrested and indicted on murder charges.

The first trial took place in Norristown a few weeks after Roy’s death. District Attorney Francis X. Renninger based his case on Officer Roy’s statement at the hospital right after the shooting, calling it a “dying declaration.” Defense attorney C. Townley Larzelere objected to the statement on the grounds that at the time Roy had no idea he was dying, and so it did not constitute a dying declaration. With Roy dead, Larzelere said, the statement was without corroboration and not admissible. Judge John Miller agreed with Larzelere, and the case for the prosecution collapsed. The judge directed a verdict of not guilty, and the three defendants were acquitted.

But that was not the end of this terrible case. Chief Donaghy continued

to investigate, and late in 1926, acting on a tip, police arrested two black men, Moses Rogers and Horace Pannell. Rogers, who worked for the Haverford School as a houseman, confessed that he had shot both police officers. Pannell, of Ardmore, admitted that he was with Rogers on the night of the shooting. Both men said that in the dark they thought the policemen were Klansmen coming to kill them. Their fears were not unfounded. During the 1920s, the Klan was a formidable presence in the region. Meetings with fiery crosses and messages of hate were held in Lansdale, Cheltenham, and Worcester. Klansmen appeared in white hooded robes at a Lutheran church in Barren Hill to “read the Scriptures, offer prayers, and sing hymns.” Outdoor meetings were held at a farm in Creamery, and the Klan owned a farm near Center Point.

Both Rogers and Pannell were indicted on charges of murder. During their trial in February 1927, Judge J. Ambler Williams agreed to a plea bargain developed by the attorneys for both sides before any evidence was heard. Under the agreement, Rogers pleaded guilty to a reduced charge of manslaughter, and the judge directed the jury to acquit Pannell on the charge of murder.

In the days that followed, William heard a number of character witnesses from the Haverford School, including the headmaster and several faculty members. As a result, the judge sentenced Rogers to a term of three to six years in prison. William noted for the record that this was “a proper case to go before the Board of Pardons at the right time.” Rogers was paroled after three years.



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Teresa Redcay | Club Manager

There are so many holiday happenings at the Mill; and the Golf Club is a won-

We also offer three Sunday brunches this month; on December 4, 11, and 18. Many villages hold their annual holiday party at these seasonal brunches,

Celebrating The Holidays At The Club



derful facility, and with great events and services, to take advantage of!

Our Holiday Dinner Buffet is a very fine way to start your celebrations, whether it be with a spouse, a friend or group, or an entire extended family. Make plans to join us on Thursday, December 15.

as it is such a nice way to celebrate the season with neighbors. But the brunches are open to all, and a favorite of so many.

On Saturday, December 3, we have our annual Brunch with Santa. This is a wonderful way to start your family holiday celebration by bringing the grandkids to have brunch with Santa and his Elf.

Our monthly Steakhouse Night, held on Thursday, December 1, is also a great opportunity to celebrate with friends and relatives.

Last, but not least, is the New Year's Eve Dinner and Dancing Gala. This party is highlighted by a special dinner selection by Chef Steve, and



December Club Activities

- December 1 Steakhouse Night
- December 3 Brunch with Santa
- December 4 Sunday Brunch
- December 11 Sunday Brunch
- December 15 Holiday Dinner Buffet
- December 18 Sunday Brunch
- December 31 New Year's Eve Dinner & Dancing Gala

ber of the HMGC you can enjoy dinner at a number of other private clubs in the area. You simply call to find out what their reciprocal policy is, then enjoy your dinner and sign your check back to HMGC.

For those who are able to join us, as well as those who may be away, we at the Club wish you all a safe and enjoyable holiday time.

In golf, as in life, it's the follow through that makes the difference.

great music for dancing and celebration.

There is plenty to do to celebrate the holidays at the Hershey's Mill Golf Club. If not a member, contact Scott Martin at the Club for an introductory tour.

Come January, the Club is closed for the month; but as a mem-



Golf Tip

As we near the end of yet another calendar year, we inch closer to that day that exists in the life of almost every golfer – the New Year's "this is my year to do it" golf game resolution. If this is you, the professional golf staff here at HMGC can help. For the entire month of December, we are discounting our 4-lesson package by 20%;

good for four 30-minute lessons in 2017. You do not need to be a member of the Golf Club to take advantage of this promotion. And remember, along with the professional instruction, we always offer the latest essential equipment and apparel to help you achieve your goals.

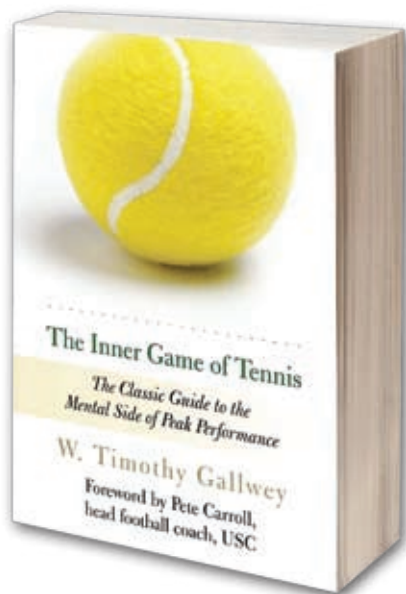
Matt Harvey, PGA

Don Evons | Princeton

The holidays are upon us, and the question "What do I get that person who has everything?" always comes up. Especially since, for many of us, when we want or need something we go buy it! Well, HMSG friends, read on for my gift ideas.

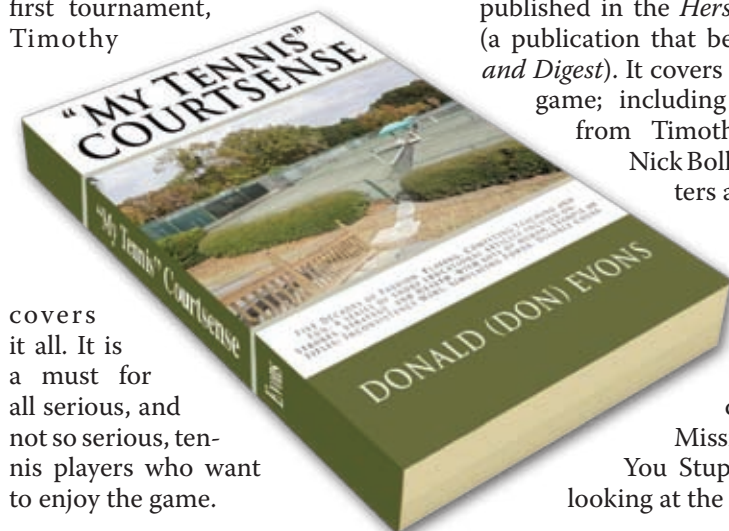
What about a book that may help you to perform better? One that is a classic is *The Inner Game of Tennis* by Timothy Gallwey. This book was introduced in 1974, and has now sold over 700,000 copies. Even though written some years ago, it is still considered the bible to the mental side of the game. Whether

Another book is one by yours truly; *My Tennis Courtsense* by Don Evons. It is available on Amazon, or you can call me to obtain a



Holiday Gift Ideas

it is playing under pressure, having a bad day, or playing in your first tournament, Timothy



covers it all. It is a must for all serious, and not so serious, tennis players who want to enjoy the game.

copy. This is a compilation of six years of tennis-related articles that were published in the *Hershey's Mill Digest* (a publication that became the *Guide and Digest*). It covers all aspects of the game; including some thoughts from Timothy Gallwey and Nick Bollettieri. The chapters are short, and are filled with valuable tips to help improve your game while having fun. A few chapter titles are: Missing the Duck, It's You Stupid (why are you looking at the racquet), Playing

Two Back (who said that!), and Divorce Court.

Another gift idea is to join the association of your sport. Not only does it help you stay in touch with what's going on, but you also support the sport and receive discounts at many sports shops. The following are four associations to get you started:

- United States Tennis Association. Membership is \$44 per year. Become a tennis insider today and get connected with programs just for you, tennis tips to improve your game, events, news and features.
- United States Pickleball Association. Membership is \$25 per year.
- American Platform Tennis Association. This non-profit governs the sport for its 13,500 members.
- United States Bocce Federation. This non-profit was founded in 1977 to promote the sport and lobby for inclusion in the Olympics.

My last gift idea has to do with keeping active. There are year-round fitness facilities that can be a great addition to your activities at the Mill. The following are five local ones to get you started:

- ACAC (West Chester). "This facility meets all of your fitness and wellness needs, and is located less than 3 miles from Hershey's Mill."
- Anytime Fitness (Exton Mall). "If you are looking for a high quality, friendly, 'feels like home' fitness center, then this fastest growing gym chain, located minutes from Hershey's Mill may be the answer."
- LA Fitness (East Goshen Shopping Center). "A state-of-the-art facility with all amenities, including pool, included in the monthly member-



Get Involved and "Play Where You Live"

Paddle Tennis: Open play. Instruction on Fridays from 1pm to 3pm.

Ping Pong: Thursdays at 2pm in the HM Community Center. Contact Allan Shaffer.

Pickleball: Indoors open play at ACAC, YMCA, Concord, Garnet Valley (www.gherkins.org), and United Sports (Downingtown). Call venues for days and times.

Skiing: Thursdays, when there is snow, at Blue Mountain. Leave at 7:30am and back by 5pm. Free for age 70+!

ship fee (includes over 1,000 centers nationwide)."

- Planet Fitness (Frazer). "Providing a judgment-free, non-intimidating atmosphere for members. We are geared towards general fitness and do not cater to body builders and power lifters."
- YMCA (Airport Road). "Committed to serving people of all ages in spirit, mind, and body; and it's located right in HM's backyard."

If you have thoughts related to the Sports Group, send an email to Charlie Gentile, HMSG President, at

. To receive more up-to-date information about what is going on, you can email me at

Twinkling lights, ribbons of red, and fresh-cut greens mean the holidays are near; and our long-time readers know that means it's cookie time for us! This year's lineup includes familiar classics – with many a twist to make them stand out at a cookie exchange and with the tastebuds. These aren't complicated, and don't take long to make; and they store well – something we rarely have to do! We hope you enjoy these with family and friends.

Fruitcake Rounds

Makes about 36 cookies.

- 4 tablespoons butter, softened
- ½ cup packed dark brown sugar
- 2 tablespoons molasses
- ½ teaspoon each cinnamon, ground ginger, and allspice
- ¼ teaspoon each ground mace and ground nutmeg
- 2 eggs
- ¼ cup brandy
- 2 tablespoons plain yogurt
- 1¾ cups flour
- 1½ teaspoons baking soda
- ¼ teaspoon salt

- 1¼ cups each dried cherries and dried cranberries
- ½ cup each raisins and currants
- 2 cups chopped almonds

Preheat oven to 275°F. Beat butter and sugar until fluffy, then beat in molasses and spices; follow with eggs, brandy, and yogurt. Whisk flour, salt, and baking soda together, then beat into batter. Mix in fruits and nuts. Place walnut-size mounds on greased cookie sheets, and bake 25-30 minutes until set. Remove to rack and let cool completely.

Holiday Cookies

Glazed Stars

Makes about 24 cookies.

- 2 egg whites
- ½ teaspoon cream of tartar
- ⅛ teaspoon salt
- 1 cup sugar
- 2 cups ground natural almonds
- 1 tablespoon cinnamon
- ½ teaspoon almond extract

Beat egg, cream of tartar, and salt until frothy; then slowly add sugar until incorporated and soft peaks form. *Set aside ¼ cup for glaze.* Fold in remaining ingredients, then cover and refrigerate dough for at least 2 hours. Preheat oven to 300°F. Roll out dough, between wax paper sheets, to ¼" thick; then cut with 2-3" star cutter. Brush stars with half of glaze, and bake for 14 minutes; then remove and re-glaze, and bake 8 minutes more until firm. Remove and cool on pan a few minutes, then remove to rack to cool completely.

Pfeffernüsse

Makes 60 cookies.

- ¾ cup packed light brown sugar
- 1 stick butter, softened
- 2 tablespoons light molasses
- 1 teaspoon vanilla extract
- ½ teaspoon anise extract
- 1¾ cups flour
- 1 teaspoon baking powder
- ½ teaspoon baking soda
- 2 teaspoons ground ginger

- 1 teaspoon cinnamon
- ¼ teaspoon each ground cloves, ground nutmeg, and salt
- ½ cup powdered sugar

Beat sugar, butter, molasses, vanilla, and anise until lightened. Whisk together remaining, except powdered sugar, and beat into batter – will be stiff and crumbly. Knead into a ball, and divide into four; then roll each, on wax paper, into a log 12" by ¾". Wrap, and refrigerate at least 3 hours. Preheat oven to 350°F. Slice each log into 15 pieces, and bake on greased cookie sheet for 10-12 minutes until firm and very lightly browned. Remove, and toss cookies in the powdered sugar; then place on a rack to cool completely.



Cranberry Meringues

Makes about 42 cookies.

- 2 egg whites
- ½ teaspoon cream of tartar
- ⅔ cup superfine sugar
- ½ teaspoon each vanilla extract and orange extract
- ¾ cup dried cranberries, very finely chopped
- ½ cup very finely chopped pecans
- 1 tablespoon orange zest, chopped

Preheat oven to 275°F and line cookie sheets with lightly greased foil. Beat egg whites and cream of tartar until soft peaks form, then beat in sugar until glossy and stiff peaks form; then extracts just until combined. Fold in remaining ingredients, and drop by teaspoonfuls onto prepared sheets. Bake for 25 minutes, then reduce oven temperature to 250 and bake 25 minutes more. Remove cookies to a rack and cool completely.

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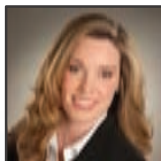


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ADVERTISERS' INDEX

ACAC.....	46	John S. Price, Jeweler, Inc.....	34
Angel Companions	4	Kevin Free.....	25
AUM Physical Therapy	30	MacLaren Kitchen & Bath	20
Barclay Friends	53	Oliver Heating and Air Conditioning.....	28
Battavio Heating, Cooling, and Plumbing.....	8	On A Budget Decorating	30
Berkshire Hathaway Home Services.....	3	Oriental Pearl Restaurant	16
Blinds 4 U.....	34	Osprey Health	22
Body-Borneman Insurance.....	42	Paoli Hospital.....	14
Boyles Flooring	9	Peak Legal Group.....	60
Brandywine Valley Heating & Air Cond.	45	People's Light	22
Brewer Heating & Air Conditioning	62	Podiatry, Ronald Melincoff, DPM	34
Brooklands Audiology, Inc.	63	Podiatry Care Specialists	31
Brownco Termite & Pest Control	38	Premier Orthopaedics.....	35
Buckley, Brion, McGuire & Morris LLP	46	RE/MAX Main Line	28
Closets by Design	8	Richard J. Egan Painting Co.....	7
Coldwell Banker	49	Riddle Village.....	6
E.W. Brown, Inc.	30	Seniors Helping Seniors.....	60
Empty My Space.....	29	ServiceMark Heating, Cooling & Plumbing.....	58
General Warren.....	46	Shew Community Management	38
Habitat for Humanity	30	Smile Solutions	24
Haller Enterprises, Inc.	42	Stowers Handyman Service LLC.....	46
Hershey's Mill Community-TV	20	Surrey Home Care.....	50
Hershey's Mill Landscape	43	SV Dental.....	31
Hershey's Mill Personal Computing Services ...	22	Toninos Pizza & Pasta Co.....	15
Homefix Custom Remodeling.....	39	Valley Forge PC Repair	37
Home Helpers	43	Wagner Real Estate	21, 64
J.E. Maranella Electrical Contracting	60	Wellington at Hershey's Mill	2

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