

JUNE 2017

GUIDE — AND — DIGEST



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HMC-TV Guide and Digest

Volume XVIII Number 6 – June 2017

Editor Louise O'Brien

Featured Writers Gay Barry, Mary Kay Hagerty, Joe Kennedy, and Don Trauger

Advertising/Marketing Director Jack Keeley

Marketing Finance Director Joe Silio

Share, or get involved, with your Hershey's Mill magazine!

All submissions welcomed; with rights retained by the owner. Send to hmctvguide@comcast.net, Attention Editor. Hardcopy submissions are not accepted. Articles should be limited to 500 words (although others may be considered), and photographs should be high-resolution. HMC-TV determines suitability and has sole discretion to publish any submission. Submissions are due by the 28th (32-35 days in advance of each edition) for possible inclusion (those received after will be reviewed for the next); contact the Editor for exceptions. Articles are subject to editing for space, clarity, and grammar. Information and opinions are those of the author, and may not reflect those of Hershey's Mill Community-TV, its officers, or directors.



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Cover: Looking to share this beautiful Sullivan House patio view with friends? The SH Spring Open House is June 7th, and more details are on page 52.

Marc Fraser | Director of Security

From time to time, usually during inclement weather, Hershey's Mill villages and the surrounding community lose electricity. While most outages last two or three hours, a few have lasted for more than 24 hours. During power outages, lasting nearly any length of time, our Security Department receives phone calls, sometimes dozens, from residents who find

suggestions can help prepare residents for a power outage, and help them report to and contact PECO.



themselves in inconvenient, or even emergency, situations that could have been prevented with advance planning. The following

When the power is out, your automatic garage door opener will not

operate. For residents with detached garages, be sure you know how to operate your emergency door release.

You cannot rely on entering your home through the garage during a power outage, so always take house keys with you when you leave home.

person is not home when the power is restored, then the device may begin operating again; and if it does, and there is no supervision, this can be a fire hazard.

Please call PECO, at 800-494-4000, to report that your power is out; and for

Be Prepared For A Power Outage

Keep plenty of flashlights around the house, and keep extra batteries handy as well.

Keep a charged cell phone somewhere in your house. Providing that phone and cable service have not gone out along with the electricity, Verizon customers will continue to receive phone service; and Comcast phone customers should have phone service for 6-8 hours before the backup battery expires.

If you are dependent on any life-saving electrical devices (oxygen pumps, medical monitors, etc.), please contact your medical supply company to discuss options for a backup power supply.

Turn off any appliances that you were using when the power went off. When the power goes out unexpectedly, a person may have been using their stove, heating pad, or other device that requires monitoring. A person might then leave the house and forget that these items were left running. If the



all outage-related questions. PECO requires account holders to report their problem directly, and does not provide the Security Department with any more information than they give to customers.

When the HM Security Department is inundated with calls regarding a power outage, the phone line is then tied up; and residents who are calling with security-related issues, or emergencies, cannot get through.

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HM RESIDENTS UPDATE

Hershey's Mill Security provides resident changes each month in the *Guide and Digest* which can be used along with the annual HMC-TV *Hershey's Mill Resident Directory* to stay up to date. All contact information is for personal use only.

Amilani, Nina	Hammock, Richard & Karen	McGuire, Joseph & Patricia
64 Ashton Way	768 Inverness Drive	158 Chandler Drive
Benson, Barbara	Keith, Dave & Carol	Milano, Robert & Lorna
47 Ashton Way	1023 Kennett Way	1255 Oakmont Lane
Carlin, William & Diane	Laufer, Elizabeth & Sauco, M. Conception	Paine, Whiton & Laura
581 Franklin Way	1534 Ulster Way	1686 Yardley Drive
Clarke, John & Nona	Lovin, Neculai & Lidia	Shiffer, Laverne & Maria
481 Eaton Way	1684 Yardley Drive	787 Inverness Drive
Eill, Donald & Judith		Springer, Erwin & Judith
469 Eaton Way		344 Devon Way

FOR A LAUGH



Ralph Verno | Yardley

Editor's note: I continue to hear from so many folks about how this section has brightened their day, and I appreciate the feedback! Recently, I even received some great help by another resident, and he gets the credit. Here are Ralph's ditties:

What did the Lord do when he caught Adam and Eve shooting craps in the Garden of Eden? He took away their pair-o-dice.

We know the speed of light. What is the speed of dark?

Since light travels faster than sound, is that why some people appear to be

bright until you hear them speak?

Why are they called apartments when they are stuck together?

Is there a synonym for the word synonym?

Why do they call it the Department of the Interior when they are in charge of everything outdoors?

Why do we put suits in a garment bag, and put garments in a suitcase?

If "con" is the opposite of "pro", then what is the opposite of progress?

How is it possible to have a civil war?

If you try to fail and succeed, what have you done?

Mary Kay Hagerty | Heatherton

Audrey Bedford shares a home with her sister, Jeanne Overton, in Jefferson Village, and lives a very exciting and active life. Audrey, whose family has proclaimed her a “Renaissance woman”, was a delight for me to get to know. I hope my article will provide the same delight for you!

Meet Audrey Bedford

Jefferson Village

Audrey is originally from western Pennsylvania, although she later grew up in Drexel Hill when her father, Edgar B. Cale, joined the University of Pennsylvania (Penn) faculty in 1937. Her father earned a Doctorate of International Relations from the Wharton School at Penn, then went on to teach political science and international relations there. He was also one of the framers of Philadelphia’s Home Rule Charter, which is still in effect. In 1953, President Dwight D. Eisenhower appointed him Educational Director for the State Department’s International Cooperation Administration (ICA) in Thailand.

When Audrey was 19 years old, she moved to Thailand with her parents, brother, and one of her two sisters. Her other sister, Jeanne, was married and remained here. Even though the French Vietnam War had not begun when they moved, officials at the U.S.

Embassy in Thailand knew it was coming and started preparing for changes in the region. Airports and roads needed to be built, and maps needed to be charted in this underdeveloped country. As a director of the ICA, Audrey’s father helped set up the first technical institute in the country to teach locals how to work with technology in order to bring their country into the twentieth century. Much of the country was very backward, particularly those people living in remote areas. Transporta-

tion was archaic, and often required children to go to school by small boat. Travel in this undeveloped area was even a challenge that Audrey remembers. She recalls being in an airplane, flying very low, and pulling open the window to get fresh air – only to end up landing in a cow pasture!

Even though Audrey was the right age, she couldn’t go to the local university because professors didn’t speak English, and the Thai language was very difficult to learn quickly. She met other Americans her age at the Royal Bangkok Sports Club, and they worked at the U.S. Embassy in Bangkok. The family lived in a walled compound with a policeman landlord. They had servants, a chauffeur, and a “number one girl” (maid). There was limited plumbing, refrigeration, and electricity, and they used 3-foot containers that held water for bathing. There were no screens on the windows, but they did have netting over their beds. The few lights they had attracted bugs, and large spiders and lizards would often be crawling on the

walls. The locals didn’t believe in killing animals, so if snakes were found on their compound the gardener would just throw them over the wall.

Lettuce was not available in Thailand, so one of their neighbors, who was an airline pilot for Qantas, would have “lettuce parties” when he would bring a crate of it from Australia for his neighbors to share. There were a few western items that made it, though. Audrey’s mother was able to get the State Department to send

experiencing blackouts and air raid drills. Audrey has many mementoes from her time in Thailand; including Buddhas, and a Thai prayer house on her porch (which they believe wards off evil spirits).

When she returned to the U.S. Audrey began her academic career, eventually graduating from Penn with a degree in education. After, while teaching high school, she earned a master’s degree from the University of Maryland. Then, she earned a PhD in higher education from the University of Pittsburgh; where she also taught

All photos by Mary Kay Hagerty



Audrey holds a favorite award, Ben Franklin on the Bench, of the many that she has received from Penn.

Editor’s note: All photos were more of a challenge than normal, and we have done what we can with them; our apologies to Audrey.

her ringer washing machine to them, and Audrey’s piano made it to Thailand as well.

Audrey loved Thailand! She says “it was an interesting life, and we all learned something there.” By the time the family left, the French Vietnam War had indeed begun. The French were fighting the Communists and being pushed south, and people were fleeing to Bangkok. Audrey’s family were regularly

in the School of Education, and supervised student-teachers. She then returned to Penn where she became Director of the Alumni Council on Admissions. She and her staff would interview children and grandchildren of alumni, and arrange for a day at Penn in order for them to get a good feel for the campus. She also read applications, and sat on the Admissions Committee. Each year, Audrey had the honor of leading some graduates onto Franklin Field for graduation – and she did so wearing her father’s doctoral robes. Audrey travelled exten-

Continued on page 13

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GETTING TO KNOW YOU (continued)

sively for Penn, working with alumni in New York, New Jersey, Florida, and Texas. Upon retiring in 1997, Audrey was given the General Alumni Society's Alumni Award of Merit, a very prestigious award. She has also won many other awards from Penn, including (one of her favorites) the Ben Franklin on the Bench award; for which the physical award is a replica of the famous site on campus.

Audrey was very active and athletic growing up, and still is today. She currently plays golf at Hershey's Mill with the 18-Hollers, is a member

Audrey and Jeanne on their porch with a Thai Prayer House

of the women's golf team, and has played at many area courses as well. She was also very active at Sunnybrook Golf Club for many years. She was a women's national basketball official, and refereed in the greater Pittsburgh and Philadelphia areas for many years – she enjoyed this immensely. She played basketball, like her mother, but her favorite sport was tennis. She has won many mixed-doubles awards, and was a ranked doubles player in Pennsylvania. Since she was always involved in athletics, Audrey became an Associate Trustee of the Women's Athletic Board at Penn. In 1993, Audrey endowed a fund for varsity women athletes, The Audrey Cale Bedford Women's Championship Fund, to give women's team members an award, such as rings, if

their team won an Ivy League Championship. A few years ago, the women's gymnastics team were champions, and Audrey was touched to receive many thank you notes from the players. This year's women's basketball team is also a recipient.

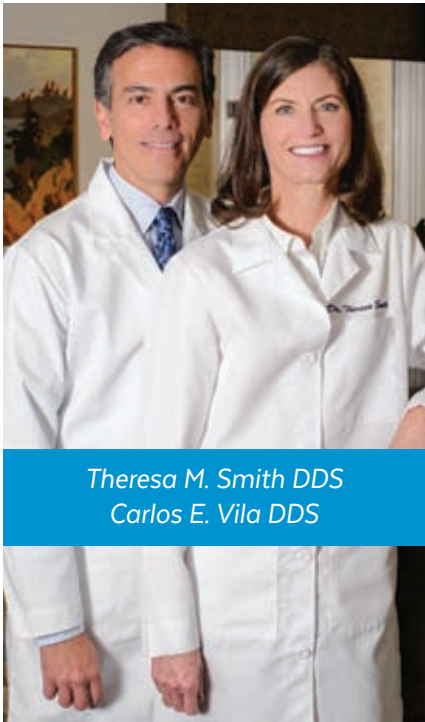
Volunteer work has always been an important part of Audrey's life. For many years she was on the Board of Wheels Medical Transportation, which involved volunteers using their own cars to transport patients to doctors'



appointments in Philadelphia and Chester County. She organized many fundraisers for this successful organization. Audrey also helped train Peace Corps volunteers. Currently, she and sister Jeanne do volunteer work at Chester County Hospital – which they find very rewarding.

For three years Audrey worked with a blind golfer who lived in the area. The girl was blind from birth, but always had a love of golf. When Audrey heard about her, she started taking her out on the course and helping her play. She would set up the ball, and tell her how

Continued on page 15



Theresa M. Smith DDS
Carlos E. Vila DDS



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GETTING TO KNOW YOU (continued)

to hit it; as well as telling her what the course looked like. Thanks to Audrey’s help this girl was able to have a great golfing experience – something that seems impossible to so many people!

As an adult, Audrey met Frank Bedford, a lawyer and alumnus of Penn Law School, and they got married. He, like Audrey, was a good tennis player, and the two of them won many doubles tournaments. He was a man of many talents, including that of skilled cabinet maker; and built some of the furniture in Audrey’s home. He also built a 46-foot Maine trawler, the *Suzanne*, which he named for his daughter who died in a plane crash. Frank and Audrey took the *Suzanne* on her maiden voyage down the east coast; which included crossing the Okeechobee Waterway, and ending up in Long Boat Key, Florida. Audrey recalls sailing in another of his boats as well, the sloop *Windborne* which he built, to Nantucket, Martha’s Vineyard, Buzzards Bay, and through New York Harbor up to Maine. Unfortunately, Frank died of a heart attack not long after *Suzanne’s* maiden voyage.

When Frank passed, her niece “little Audrey” and husband Mike moved into her house in Gladwyne. After five years, they moved out, and Audrey’s tennis partner, who was in real estate, suggested that she look into moving to Hershey’s Mill since she didn’t need her big house anymore. Audrey had never heard of Hershey’s Mill, but when she saw it she thought it was beautiful! When she did the walk-through of what would become her Hershey’s Mill house, the real estate agent asked her if she’d like to meet her brother Art Wagner. It sounded like fun, so they met for dinner at the Guard House in Gladwyne, and decided to play together in a member/guest tournament as well.

They went on to have many happy times together golfing and traveling. “We golfed,” as she puts it “the length of Arizona.” Other memorable trips they took included a safari to Kenya, and a trip to the pyramids of Egypt.

Audrey and her siblings are very close. The “Cale kids”, as they are affection-

Up Close with Audrey

How long have you lived at Hershey’s Mill? About 21 years; 2 years in Jefferson, and 19 in Lincoln.

Where did you live before? Gladwyne.

Favorite activities here? The golf team, and the golf 18-Holers (I was a past president); and trivia.

Favorite place to travel? I’ve travelled and enjoyed the world, but probably enjoy Kenya and Egypt most.

Favorite local restaurant? Bunha Faun.

ately called, get together often. Audrey and Jeanne winter at Tara Golf Club in Bradenton, Florida, not far from their brother who is an attorney in Miami. Their younger sister, from Easton, PA, also spends the winter at Tara. They are looking forward to celebrating their brother’s 80th birthday next month at Hershey’s Mill Golf Club!

As we were wrapping up our conversation, Audrey said she was going to play with the golf team the following day. I noted that rain was predicted, and although she was aware of that as well she was planning on getting out on the course. I can’t say I was surprised, as Audrey has such a strong spirit – and it is one that has filled her life with volunteering, travel, family, academia, and (of course) golf!

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Original Programming	June 1-15, 2017			
Aging Gracefully - Part 1 <i>With Kay Ricker</i> Kay and Millie Bell, who has 30+ years experience in the skin care industry, discuss signs your skin gives you and how to make changes.	10:00 am	4:00 pm	7:00 pm	12 am
Aging Gracefully - Part 2 Millie, who has worked on CEOs, actors, recording artists, and a U.S. president, talks about facial treatments as Kay undergoes a facial.	10:15 am	4:15 pm	7:15 pm	12:15 am
Meet the Author: Matty Dalrymple <i>With Sandy Wollenberg</i> Sandy discusses recent books by Matty Dalrymple, a Chester County resident and creator of the Anne Kinnear suspense novels.	10:30 am	4:30 pm	7:30 pm	12:30 am



Please note that there are only 45 minutes of Original Programming in each half of this month, with associated Bulletin Board time changes

Movies Noon & 8:30pm	June 1-7 Dad (PG) <i>Jack Lemmon and Ted Danson</i> A high-powered businessman finds himself caring for his aging father, and unexpectedly rediscovers his deep feelings for the old man. [Run time 1h57m]
	June 8-14 Mansfield Park (PG-13) <i>Jonny Lee Miller and Frances O'Connor</i> A poor girl is sent to live with a privileged family involved in the slave trade. From a Jane Austen novel. [Run time 1h52m]

To view Channel 20's original programming online: Go to hersheysmill.org, TV & Digest, HMC-TV20, Original Programming. Follow the instructions there to use this video streaming service.

To view/print all HM cable channels: Go to hersheysmill.org, TV & Digest, Cable & Comcast. Both basic and full listings are available.

Original Programming	June 16-30, 2017			
Meet the Author: Matty Dalrymple <i>With Sandy Wollenberg</i> Sandy talks to Matty Dalrymple about her newest suspense novel <i>Rock Paper Scissors: A Lizzy Ballard Thriller</i> where the rules are simple: rock breaks scissors, scissors cut paper, and paper covers rock – except when lives are at stake!	10:00 am	4:00 pm	7:00 pm	12 am
Historical Preservation in Chester County <i>With Senator Andy Dinniman</i> (program runs 30 minutes) State Senator Dinniman is joined by three guests (Jim Vaughn, Executive Director, PA Historical and Museum Commission; Elizabeth Laurent, President, Chester County Historical Society; and Karen Marshall, of the Chester County Historic Preservation Network) and they discuss the importance of preserving land and historic buildings in the county.	10:15 am	4:15 pm	7:15 pm	12:15 am

Movies Noon & 8:30pm	June 15-22 Welcome to Mooseport (PG-13) <i>Gene Hackman and Ray Romano</i> A two-term US President returns to his hometown and decides to run for mayor against a local. [Run time 1h57m]
	June 23-30 Missing (PG) <i>Jack Lemmon and Sissy Spacek</i> Based on the true story of a conservative father who joins with his daughter-in-law to solve the disappearance of his journalist son. [Run time 2h15m]

12:45am - 10:00am	10:45am - Noon	Following the Noon movie until 4:00pm	Bulletin Board
4:45pm - 7:00pm	7:45pm - 8:30pm	Following the 8:30pm movie until Midnight	

HMC-TV Channel 20 reserves the right to make program substitutions, and dates/times are subject to change. Opinions of hosts, guests, or advertisers shall not be construed as an endorsement by HMC-TV. ©2017 HMC-TV

TRIPS ARE LISTED IN
CHRONOLOGICAL ORDER

**Walnut Street Theatre
"Saturday Night Fever"**

**Thursday, June 1, 2017
Saturday, June 10, 2017**

**Cost: \$44 (each date)
Departs: 12:30pm
Contact: Adele Juzi (Thursday)**

Contact: Connie Cline (Saturday)

We are only accepting names for our wait list! Put on your boogie shoes for one of the most-loved dance stories of all time! The year is 1979, and in Brooklyn, NY, Tony Manero, a young man with a dead-end job and an extraordinary ability to dance, has only one ambition in life – to become the disco king. When he meets Stephanie, who also dreams of a world beyond Brooklyn, they decide to train together for a dance competition and their lives begin to change forever. Based on the 1977 film that became a cultural phenomenon.



Trip payment checks need to be made payable to "Hershey's Mill HOA", sealed in an envelope (noting trip name and date), and placed in the maroon Customer Service mailbox next to the Security Center in the exit lane at the Main Gate.

Refunds are only granted when the trip is canceled, or if your reserved spot can be filled from a wait list for that event.

Bus leaves promptly at the scheduled time. Please plan to arrive 10 minutes early.

All bus riders must be age 18 or older (unless specifically noted in description).

The HM Bus Committee is always looking for more volunteers to share ideas and plan trips! If interested, call Marc Fraser at

Museum of the American Revolution

**Saturday, June 3, 2017
Cost: \$30 + \$13 Box Lunch (optional; menu available)
Departs: 9:30am
Contact: Karen Smith**

We travel to Old City Philadelphia for a self-guided tour of this new museum. We have reserved a lunch room for a catered box lunch, or you can bring your own. A small cafe is also available. If weather allows, there will be time for walking in this historic area; or you can visit museum exhibits again.

Colebrookdale Train Ride & Boyertown Museum of Historic Vehicles

**Thursday, June 8, 2017
Cost: \$63
Departs: 9:15am
Contact: Ann McClay**

Lost in the deep woods sheltering the Manatawny and Ironstone creeks is a mythical secret valley. The Colebrookdale Railroad is a record of epic engineering (completed by soldiers home from the Civil War, and just four months after the Transcontinental Railroad united east and west) and heroic human drama. As we enjoy a scenic train ride, we will be served a hot lunch of roast turkey, with filling, and various vegetables and fruit. After the ride, we will stop by the Museum to see antique cars, motorcycles, bikes, and the first Sunoco Station; as well as an original diner.

Delaware Park

**Monday, June 12, 2017
Monday, June 26, 2017
Cost: \$15 + Lunch (each date)
Departs: 10:15am
Contact: B.J. VanSchooneveld**

Join us for an exciting day of horse racing, or try your luck at slots and table games! \$30 free slots play for everyone on the bus. Lunch is on your own.



**New York City
Wednesday, June 14, 2017
Cost: \$29 + Meals
Departs: 8:00am
Contact: Bobbi Rubenstein**

It's spring, and the city beckons! Spend the day enjoying museums, Broadway shows, unparalleled restaurants, wonderful shopping, or whatever you choose to do for the 8 hours we will spend there.

Lehigh Valley Iron Pigs & Fireworks (Superhero Theme Night)

**Saturday, June 17, 2017
Cost: \$25 + Food
Departs: 4:30pm
Contact: Marc Fraser**

Children age 8 and older are welcome! We travel to Coca-Cola Park in Allentown to watch this AAA minor league affiliate of the Philadelphia Phillies take on the Syracuse Chiefs in a 6:35pm game. In honor of Superhero Theme Night, the players will be wearing special jerseys (to be auctioned off after the game). After the game is a special superhero-themed fireworks show. We have great seats, located above the first base dugout! Food is on your own at one of the many concessions.

Continued on page 21



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HERSHEY'S MILL BUS TRIPS (continued)

Pilgrimage to the National Shrine of Saint Elizabeth Ann Seton

Thursday, June 22, 2017

Cost: \$39 + Lunch

Departs: 7:30am

Contact: Priscilla Burt

Enjoy a trip to Emmitsburg, MD, to visit the beautiful Shrine celebrating the life and work of America's first native-born Saint. The museum tour is followed by noon Mass in the Basilica. After lunch on your own at the Carriage House Inn, we will tour the grounds; then conclude with a visit to the Grotto of Lourdes. All denominations are welcome!

Delaware Park

Monday, July 10, 2017

Monday, July 24, 2017

Cost: \$15 + Lunch (each date)

Departs: 10:15am

Contact: B.J. VanSchooneveld

Join us for an exciting day of horse racing, or try your luck at slots and table games! \$30 free slots play for everyone on the bus. Lunch is on your own.

Reading Fightin' Phils & Fireworks (Military Tribute Night)

Saturday, July 22, 2017

Cost: \$25 + Food

Departs: 5:00pm

Contact: Marc Fraser

Children age 8 and older are welcome!
We travel to FirstEnergy Stadium in Reading (proclaimed by *Stadium Journey Magazine* to be "... easily one of the best parks in the minor leagues ...") to watch this AA minor league affiliate of the Philadelphia Phillies take on the Erie Seawolves in a 6:35pm game. In honor of Military Tribute Night the players will be wearing special jerseys that will be auctioned off after the game. After the game is the Pepsi MegaBlast fireworks show, the largest show in stadium history. We have great seats, located in Yellow Section 9, above the visiting team dugout! Food is on your own at one of the many concessions.

Penn's Peak - "Islands In The Stream"

Wednesday, October 4, 2017

Cost: \$62

Departs: 9:15am

Contact: Ann McClay

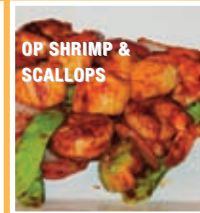
Please respond by Thursday, August 31 to reserve your seat. Experience family-style dining while enjoying this per-

Continued on page 23



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HERSHEY'S MILL BUS TRIPS (continued)

formance that brings together Karen Hester as Dolly Parton and Mark Hinds as Kenny Rogers – recreating the onstage magic of these two superstars! This high-energy, fun-loving performance will entertain the audience and make them feel as if Dolly and Kenny are right there in front of them as these two impersonators have captured the essence of them in every aspect. From this famous mountaintop venue, you will also enjoy a breathtaking overlook of nearby Beltzville Lake, plus a commanding, picturesque 50-mile panoramic view of northeastern Pennsylvania's Appalachian Mountains. Bus, show, and lunch are included in the price; and a cash bar is available.

Penn's Peak – "A Tribute to Barbra Streisand"

Tuesday, October 10, 2017

Cost: \$67

Departs: 9:15am

Contact: Ann McClay

Please respond by Thursday, August 31 to reserve your seat. We're headed to Penn's Peak to enjoy great food and an excellent performance by Sharon Owens, who takes the audience on a journey through the Streisand years (1960's Broadway, '70's disco, and '80's films). She captivates with such favorite songs as "Don't Rain on My Parade", "The Way We Were", "Evergreen", "Woman In Love", "Somewhere", and "People". Acclaimed as "best tribute artist", you will feel as though you've spent an enchanted afternoon with Barbra, and made a new friend named Sharon! Bus, show, and lunch are included in the price; and a cash bar is available.



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HERSHEY'S MILL SERIES TRIPS

2017-2018 Philadelphia Orchestra

Friday Evening Series*

Cost: \$84 (all 6 dates, bus only) or
\$14 (single date, bus only) +
Performance Admission

Departs: 6:00pm*

Contact: Ann Seraphin

Please join us for a new and exciting season with this wonderful orchestra! Our HM bus season is the six performances that follow (the full program is shown this month to kick off the season, but will likely not be repeated; so you may want to save this page):

October 6, 2017

Yannick Nézet-Séguin conducts Dvorák, Mozart, and Tchaikovsky; with Emanuel Ax on piano. Dvorák's *Othello*, concert overture, Op. 93; Mozart's Piano Concerto No. 27 in B-flat major, K. 595; and Tchaikovsky's Symphony No. 4 in F minor, Op. 36.

November 24, 2017

James Gaffigan conducts Gershwin, Dvorák, and Barber; with Jon Kimura Parker on piano. Gershwin's *Promenade (Walking the Dog)*; Gershwin's Piano Concerto in F; Dvorák's Suite in A major for Orchestra, Op. 98b ("American"); and Barber's Symphony No. 1, Op. 9.

January 12, 2018

Yannick Nézet-Séguin, conducts (and piano) Elgar, Handel, and Britten; with David Kim and Kimberly Fisher on violin, Choong-Jin Chang on viola, and Hai-Ye Ni on cello. Elgar's Piano Quintet in A minor, Op. 84; selections from Handel's Suite No. 1 in F major from *Water Music*; selections from Handel's Suite No. 2 in D major from *Water Music*; selections from Handel's Suite No. 3 in G major from *Water Music*; and Britten's Four Sea Interludes, Op. 33a, from *Peter Grimes*.

March 8, 2018

* This is a **Thursday** performance, and the bus departs at **5:30pm**.

Yannick Nézet-Séguin conducts van der Aa and Rachmaninoff; with Janine Jansen on violin. van der Aa's Violin Concerto; and Rachmaninoff's Symphony No. 2 in E minor, Op. 27.

April 20, 2018

Stéphane Denève conducts Connesson, Prokofiev, Strauss, and Ravel; with Hilary Hahn on violin. Connesson's *Flammenschrift*; Prokofiev's Violin Concerto No. 1 in D major, Op. 19; Strauss's *Death and Transfiguration*, Op. 24; and Ravel's *La Valse*.

May 11, 2018

Yannick Nézet-Séguin conducts Beethoven and Schumann; with Hélène Grimaud on piano. Beethoven's Piano Concerto No. 4 in G major, Op. 58; and Schumann's Symphony No. 4 in D minor, Op. 120 (original version).

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Donna Spoto | Ulster

FEATURED BOOK

A new and popular addition on our library shelves is *A Piece of the World* by Christina Baker Kline. The author brings to life the story of Christina Olson, the woman in Andrew Wyeth's iconic painting *Christina's World* (1948). Family, home, and struggles are the core of the novel. Christina is handicapped



since birth, and the author describes her extraordinary physical stamina to survive in a rural home in Maine. Andrew Wyeth and his wife Betsy become friends with Christina as they vacation in Maine over many years. The artist paints Christina later in her life, and the author tells the story from Christina's point of view from the moment she views the painting. This original paint-

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Saturday 10 a.m. – Noon

www.hmlibrary.com

ing is hanging in the MOMA (Museum of Modern Art) in New York.

BOOK SALE NEWS

Our annual Book Sale is getting closer, so please put **September 9 and 10** on your calendar – and plan to attend! We continue to accept donations of gently used books for our sale, and thank you for your support. Volunteers will be needed to put out books for the sale, and pack remaining books away, so please look for a volunteer list at the library and sign-up by the last week in August.

PREVIEW PARTY AND LIBRARY FRIENDS

A Wine and Cheese Preview Party, for the Book Sale, will be held **Friday, September 8** from **4pm to 6pm**. In order to attend the Preview, you need to be a Friend of the Library. If you aren't already, you can become a Friend with an annual donation of \$5 or more. If you need more information

about becoming a Friend, or to make your donation, please ask the volunteer on duty at the library to assist you.

NEW LIBRARY BOOKS

Alphabetical by Author

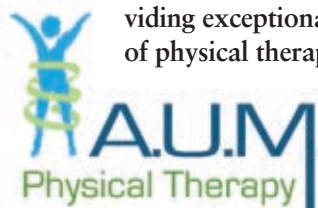
- Baldacci, David – *Fix*
- Berry, Steve – *Lost Order*
- Brands, H. W. – *General vs. the President*
- Brown, Taylor – *River of Kings*
- Carr, Robyn – *Any Day Now*
- Clark, Mary Higgins – *All By Myself*
- Deaver, Jeffery – *Burial Hour*
- El Akkad, Omar – *American War*
- Farrell, John A. – *Life*
- Grodstein, Lauren – *Our Short History*
- Hamid, Mohsin – *Exit West*
- Hillerman, Anne – *Song of the Lion*
- Iles, Greg – *Mississippi Blood*
- Kolata, Gina – *Mercies in Disguise*

- Leon, Donna – *Earthly Remains*
- Maine, Sarah – *Beyond the Wild River*
- McCall Smith, Alexander – *My Italian Bulldozer*
- Moyes, Jo Jo – *Horse Dancer*
- Paretsky, Sara – *Fallout*
- Patterson, James – *Black Book*
- Perry, Anne – *Murder on the Serpentine*
- Scottoline, Lisa – *One Perfect Lie*
- Shattuck, Jessica – *Women in the Castle*
- Shreve, Anita – *Stars Are Fire*
- Thomas, Louisa – *Louisa: The Extraordinary Life of Mrs. Adams*
- Tinti, Hannah – *Twelve Lives of Samuel Hawley*
- Trollope, Joanna – *City of Friends*
- Watt, Stephanie Powell – *No One is Coming to Save Us*
- Woods, Stuart – *Fast and Loose*
- Wright, James – *Enduring Vietnam*

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Eileen Hotte | Quaker

When driving home in Hershey's Mill recently, I was surprised, in fact a little horrified, to see a contractor dumping several gallons of a cloudy liquid into the storm drain in front of my house. I immediately went up to him and asked him to stop!

During the development and growth of Hershey's Mill, provisions had to be made to handle the rain that, in the past, would have been absorbed by the open and wooded areas that our community is built upon. With many acres of that land now covered by houses, driveways, roads, and other non-porous surfaces, an extensive storm water system was designed. This infrastructure was

well thought out, in that our roads and driveways do not flood during or after extensive rain events.

But this water had to go somewhere, and all we have to do is look at the numerous streams and water retention/control areas that are now gracing our land. Since you may not know just how impor-



tant this is, I will share with you that during a rainfall of one inch, on the 800 acres that is Hershey's Mill, there will be some 21 million gallons of water that falls – and it all must be dealt with!

Each storm sewer grate you see along Chandler Drive, and in your village, plays an important role in keeping this water away from our homes. However,

I explained a bit of what I have mentioned here to the contractor dumping the liquid. Once he heard where the waste material would end up and the

Where Does That Storm Sewer Go?

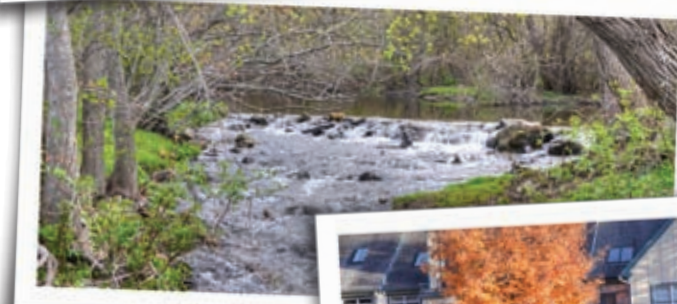
anything which goes down this storm sewer system will end up in those creeks, streams, or

consequences of it on our habitat, he apologized, and said he would not do it again. I guess sometimes we all need a little reminder about how we can impact, even unwittingly, our local ecosystem.



Please be sure to understand our ecosystem, because the Mill's ponds, streams, and wetlands all deserve our protection.

(Stormwater grate photo by Eileen Hotte)



open water retention areas. This type of contamination can be a very significant problem for our habitat, particularly the fish, birds, reptiles, and mammals we all enjoy seeing.

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Carol Campanelli | Ulster

HM POOL 2017 RULES & REGULATIONS

Have you read the pool insert that was included in last month's *Guide and Digest*? This annual insert should be read carefully, even by those residents who don't use the pool often, and you should make note of any changes. You see, most every year we make changes to our rules that address issues that may have come up, and to make sure that the pool environment is enjoyable and safe for everyone. By the time you read this, our pool will be in full swing, and informed users will make for a better experience for all. The insert is a great reference to use throughout the season, and we hope that you saved it. However, if you didn't, you can also view it on our website.

Should you have any questions about the rules for the pool, it is best to send us an email. You can also speak with one of the volunteers at the sign-in table, however, they may not be able to provide a full answer in every situation. If you would like to see changes as it regards the pool, we encourage you to get involved! The pool committee is made up of resident volunteers, just like other Mill activities and amenities, and keeping the pool operating smoothly only works when we put in the effort.

POOL VOLUNTEERS

As mentioned above, the pool is largely run by volunteers. Even guidance for it, outside of required safety issues, comes from resident leadership. So whether you can help at the sign-in table, or help plan or work at a pool-sponsored party, we would love to welcome you to our team! Even if you missed our new sea-



Pink? Yes, that was the 2017 Pool Rules insert. Blue would have been a sensible choice, but I chose pink to make it stand out - did it work?

son volunteer orientation programs, I would still be happy to speak with you. Please call me at _____, or email me at _____, to get more details and find out how to get started.

TOM BARRETT'S BENEFIT FOR OUR ARMED SERVICES

This great, and resident favorite, annual event will be held this year on **Tuesday, July 4** (or rain date of July 5). This will



be our first big pool event of the season, and we hope you make plans to join us. This is a wonderful way to express our thanks to all our armed forces, and have fun doing it with friends and neighbors. As of now, I don't have the starting time for the event, but keep an eye on July's *Guide and Digest* for more details – and don't let that keep it off your calendar!

For those that want to contribute money to our armed force organization recipients this year, but are unable to attend the event, we will have contribution envelopes at the pool sign-in table. Unfortunately, I also don't have details about the recipients, but they have been respected organizations such as the USO and Wounded Warriors in past years. I know that Tom



has done great work with the USO in our area for many years,

Hershey's Mill Pool Hours:
May 27 through September 4
10:30 a.m. to 7:30 p.m.

Pool Telephone 610-692-8437
hersheymillpool@gmail.com
www.hersheymillpool.org

and that he would love to share more details if you contact him directly.



MORE EVENTS THIS SUMMER

We are working on, and excited about, a number of other pool-sponsored events for the summer! Coming up this season are:

- July 18 – Girls' Night Out** (rain date is the 19th)
- August 9 – TBA (music/food event)** (rain date is the 10th)
- September 2 – Summer's End Party** (rain date is the 3rd)

As always, more details about these events will be upcoming in the *Guide and Digest*, and on our website, as the events get nearer. However, you won't want to miss any of them, and we suggest you mark them on your calendar right now!

Gay Barry | Quaker

Do you remember the old movie *Brigadoon* which takes place in a fanciful little country town surrounded by the mist of Scotland? I remember seeing it as a small girl, and everyone in it was happy, dancing, and loving one another. But of course it was not real, and I cried my eyes out at the end – such a happy place but no one could actually go there. I knew, too, that in this ideal story town if any of the characters were ever to leave it would not be the same, and the town would likely just disappear.

the search for this happy place that we had found. And when we left, I knew that this place would not disappear as I thought the movie version could.



Suburban Restaurant & Beer Garden

570 Wellington Square
Exton, Pennsylvania
(610) 458-2337

That remembrance came back to me when four of us had dinner at Suburban. When I shared the story above with my dining companions, we all had a good laugh. You see, we had such trouble finding the restaurant, yet when we arrived the landscaping was just beautiful, and everyone there looked happy. So much, I thought, like in *Brigadoon*. It seemed to me so worth

Suburban is located in Eagleview Village, which sits on 800 acres, has 1,200 residents, and just about anything commercial someone would need or want. I could easily spend a whole day here shopping and enjoying not only Suburban, but the many other restaurants that looked enticing.

Suburban is owned and operated by chef Eric Yost. He attended Johnson & Wales University, honed his skills in Cape Cod, and then returned to Philadelphia to work as a sous chef at the Gables. He went on to serve as executive chef at the iconic White Dog Café

in Philadelphia, and then both helped create and served as executive chef at Wyebrook Farm. Now, he has finally realized the dream of owning his own restaurant.

Suburban just opened in March, and it has two dining opportunities – the Farmer’s Room, and the Beer Garden. The restaurant prides itself on nearly all products being produced in Pennsylvania. For beer, they feature Levanter Brewing, Stickman Brews, and Stable 12 Brewing Company – some great craft-brewing names I’ve been told (from those in the know). For me, when I have a beer, it’s usually been



The menus offer a large variety of items, so there should be something for just about everyone. It should be noted, though, that when dealing with fresh and local products, the menu is likely to change regularly; at least portions of it. Of course, this is a great opportunity for most people to enjoy something new and special!

Our group ate at the Beer Garden, and my notes below are for that part of the restaurant. *[Editor’s note: There are menus online should you want to verify what is available at each, get more details, or know about offerings available when you plan to go.]* What caught my eye on the starters menu were the Kennett Square mushroom bisque; fried pickles; chicken-fried oyster po boy sliders; and pierogis. For main dishes, I must note the farmers salad with duck confit



“whatever is on draft”! The Beer Garden has a casual, social atmosphere; and serves both small and large dishes. The tables are picnic style, so you may find yourself sharing one end of a table with someone else. Fun for most, but you should be aware. Of the Farmer’s Room, they say it is “an intimate dining room featuring a curated menu of the best that Pennsylvania farming has to offer, as well as a refined cocktail and wine list.”

Photos courtesy of Suburban

and poached duck eggs; Mushroom Panzanella; and organic kale and farro salad. Six sandwiches also really caught my eye, but I can only remember two of them for you. The bratwurst with sauerkraut, which Jack really enjoyed, and the Carolina pulled-pork. There was also a house-cured

Continued on page 35

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Winner does not need to be present at drawing to win.
Checks payable to: Sullivan House Fund
All proceeds go to support the preservation of
Historic Sullivan House

DINING OUT (continued)

salmon that sounded delicious, and house-made pastas. One of the pastas is used in a beef stroganoff dish, which two of us enjoyed; the other used along with a spicy lamb bolognese. There was also mac-n'-cheese, and several french fry selections, that looked appealing. A short ribs dish, with a parsnip puree, smoked plum tomatoes, and Creole mustard, was dubbed a winner. Most dishes seemed to be in the \$10 to \$20 range.

I realize we were eating in the Beer Garden, and it absolutely makes sense that it is lively – so much more than their fine dining side. With that said, I should mention that the place is loud. I think maybe it was designed to be so, as it has become so common in restaurants. Maybe the goal is to make them seem like “happening places.” Luckily for me, the food was so good that it compensated for the noise; and by the time we finished, I barely noticed it. Or maybe, I had just gone deaf! Since Eagleview seems such a fun place to make a day of it, you might try the Beer Garden for a late lunch, when it could be a bit quieter, or make plans

for the Farmer's Table. I think even with the noise, the food was worth it; and thought the prices were reasonable. And I can't neglect to mention that service by our waiter and hostess was top notch.



Suburban Restaurant & Beer Garden is open Monday to Thursday from 11:30am to midnight, Friday and Saturday from 11:30am to 2am, and Sunday from 11:30am to midnight. There may be differences in food service hours between the Beer Garden and Farmer's Table, so I suggest you call them with any questions. Reservations are also strongly recommended for the Farmer's Table.

With the trouble we had finding Suburban, I suggest you fire up your GPS and make sure your maps are up-to-date. If braving it without technology, note that Eagleview Village is located on Route 100 North, just past the Morgantown entrance of the PA Turnpike. Begin to look on your right for Pennsylvania Avenue, and take it. When you arrive, if you're like me, you will be in *Brigadoon*.

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Joe Kennedy | Princeton

Among the worst railroad accidents to occur in this region was the head-on collision of two passenger trains, near Bryn Athyn, on December 5, 1921. There were 27 people killed, apparently burned to

the Philadelphia and Reading Railroad, a single-track line that ran roughly north and south between Cheltenham and Newtown, Bucks County; a distance of about 16 miles. That part of the line had a spur track and a manual blocking signal, at the Bryn Athyn station, to allow for passage of trains as they moved up and down the single track.

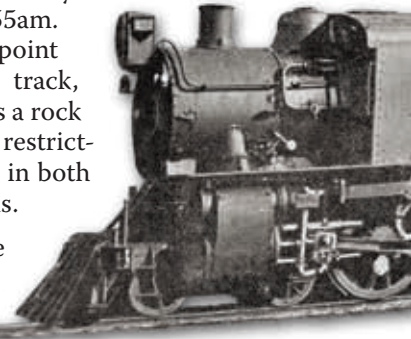
Although only two trains collided in this accident, there were actually three trains involved,

engineman named Yeakel, was a three-car baggage and passenger train, with one of the cars constructed of wood. The train was ordered onto the spur track at Bryn Athyn to allow Train 154 to pass heading south.

The third train, 156, left Newtown at 7:30am heading south to Philadelphia. It was crewed by a conductor named Smith and an engineman named Rook. Besides the engine, the train had five cars, all made of wood. When it arrived at Churchville, the train received an order from the Bryn Athyn station saying that Train 151 was on the spur and that 156 was cleared for the rest of its southbound trip.

order. Speculation at the time was that when Train 154 had passed and there was no block in place, 151's engineman Yeakel thought the track was clear and proceeded north. Trains 151 and 156, traveling about 25 miles per hour, met at a curve between Woodmont and Bryn Athyn about 7:55am. At that point on the track, there was a rock cut that restricted vision in both directions.

The force of the



death, and 70 people who were injured. As a result, the federal Interstate Commerce Commission (ICC) mandated that all railway cars be built of steel.

numbered 154, 151, and 156. Train 154, a passenger and milk train that consisted of an engine and five cars, left Newtown

When train 154 passed through Bryn Athyn, Train 151 pulled out of the spur line onto the main track head-

Above are 1920's Camelback locomotives; these are the same type and timeframe as those that crashed on the curve in Bryn Athyn in 1921. At left is a photo of the actual Train Order, No. 11, issued to Conductor Evans, of Train 151, at 7:46am.

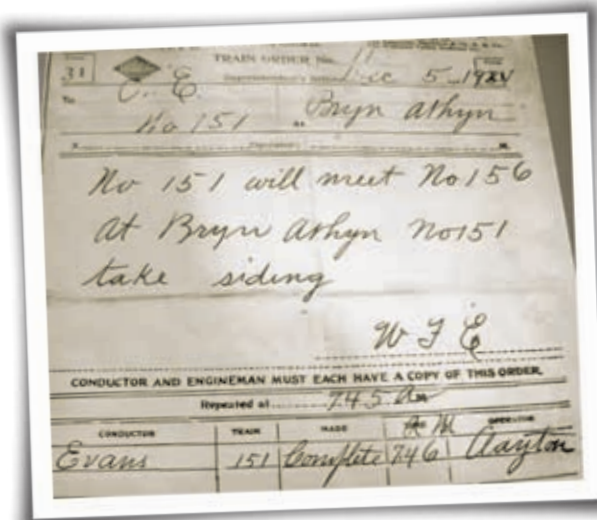
A Railroad Tragedy and the Replacement of Wooden Cars

By December 23, the commission had published its report on the accident. The speed with which the report was produced was an indication of how serious the ICC viewed the accident. According to the report, the accident occurred on the Newtown branch of

at 6:50am. It stopped at a block station at Churchville to receive orders whether to continue south.

According to the commission's report, northbound Train 151, crewed by a conductor named Evans and an

Bryn Athyn is in the southeast corner of Montgomery County



ing north. Conductor Evans handed his engineman a copy of the order telling them to stay on the spur to allow Train 156 to pass. It appears that neither of the men had read the

impact caused the two engines to surge upward and then fall back onto their cars. Fiery hot coals from the engines' boilers fell back onto the roofs of the wooden coaches, setting them ablaze. Many of the passengers were trapped inside.

Using a road that paralleled the rail line, local firefighters drove to the site of the wreck but were unable to get their equipment close to the cars because Pennypack Creek lay between

Continued on page 39

the track and the roadway. As the flames grew, the firefighters were helpless to get to the burning cars. Gas tanks under the coaches, for lighting the cars, added to the inferno.

engines, were killed. Both enginemen survived because they were thrown from the trains.

The ICC report concluded that the accident was caused "... by the failure of conductor Evans and engineman Yeakel, of Train 151, to obey orders ... to stay at the Bryn Athyn spur and allow Train 156 to pass on southward." On this point, the report calls attention "... to the fallibility of the human element ... in the operation of trains ..."

Also, "Had all-steel equipment been in service on these trains," the report says, "the casu-



News reports of the time, found in the records of the Historical Society of Montgomery County, describe eyewitnesses hearing "weird shrieks as

Photos of the 1921 crash: (top) View of how the locomotives came to rest; (middle) Looking east from top of rock cut, with burning cars of Train 156; (bottom) Looking east toward accident.

The photo below is a 52-seat wooden passenger car of the time.



people turned into human torches to be burned to a crisp." Both firemen, who stoked the boilers of the

alties resulting from the fire would have been prevented ..." The commission quickly issued orders that wooden cars be replaced by steel cars on all rail lines in the United States. This was accomplished in 1923.

Research found no record of any lawsuits resulting from the accident, leading to conjecture that the railroad moved quickly to make settlement and get releases from those involved. In March 1964 a derailment again occurred at the same Bryn Athyn location, but no fatalities resulted.



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Ad deadline is the 28th, and ads run two months at no cost (due to lead time, an ad received on January 28 would start in the March edition, etc.). Limit description to 30 words per item, and include pricing and contact information. Ads are subject to review and editing. Email submission to hmctvguide@comcast.net, attention Louise O'Brien, or place printed/typed copy in the Channel 20 mailbox outside the building. You must be a HM resident to advertise.

FOR SALE 2012 Camry sedan, black, 12,450 miles, in perfect condition inside and out. Belonged to non-smoker, and just passed inspection. \$13,500. Call

FOR SALE Child's booster seat, with seat belt, great for those up to age 5. For home, not automobile use. Never used. \$40. Call



WANTED Hershey's Mill residents like you! We hope you were at the HM Community Center on May 6 for the Amenities Fair, and that you chose to get involved with more clubs and activities here – remember, they only exist because of the people who lead and participate in them. But if you missed it, it's still not too late; so make plans *today* to get more involved in *your* community!

FOR SALE 2003 Club Car electric golf cart in excellent condition. New batteries installed in 2008. \$2,000. Call

FOR SALE Early American antique Ogee mirror, 27" x 41". \$195. Antique pine half-spindle chair. \$65. Pine end table with drawer. \$85. Federal period scrolled mirror, 18" x 40". \$220. Call

FOR SALE Vintage Chinese wool rug, 6' x 9'. Light blue field with pink roses in center medallion; tan, pink, and green border with light blue edge and white fringe. In excellent condition. \$300 or best offer. Chinese wool rug, 4' x 6'. Light blue field with pink roses in center medallion; tan, pink and green border with light blue edge and white fringe. Good for an entry hall, and in excellent condition. \$75 or best offer. Call

FOR SALE Corner television and media cabinet, 4 years old, solid wood, 30" high x 48" wide. \$150. Hitchcock Cherry china hutch and table, with 2 leaves (extends to 90"). No chairs. \$350. Solid Oak queen headboard and footboard, with rails. \$90. All items are in very good condition. Call or for more information, or for an appointment to view or purchase.

FOR SALE Three collection display boxes with glass-tops and wood-bases. Rectangular box is 12" long x 6" wide x 6" high. \$15. One oval box is 12" high x 8" wide. \$15. Other oval



box is 8" high x 4½" wide. \$10. Call

FOR SALE Carved Mahogany headboard for king size bed. \$150. Round pedestal table with 4 matching chairs; 40", with wood-finished Formica top. \$250. Walnut rocking chair. \$75. We also have other household

items for sale. Everything is in excellent condition. Call

FOR SALE Empty cigar boxes, great for storage, crafts, etc. Many different sizes, colors, and finishes to choose from. Most \$2 each (minimum purchase of 5 boxes). Call

FOR SALE Almost new convertible couch with queen size gel mattress. Dining room table with 6 chairs, including two leafs. New Landice treadmill. Life Fitness elliptical machine. Two leather bar stools. Everything in excellent condition, and for sale due to downsizing. Many more items also for sale. Call for prices and details.

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<h1 style="text-align: center;">June 2017 Activities Calendar</h1>			1 9:00am Remedies For Wellness 9:45am Aquacise 10:00am Alzheimer/Dementia Support Group 10:00am Yoga 1:00pm Card Games 1:00pm (SH) Chess Club 1:00pm Knitting Circle 6:30pm Poker 7:00pm Kennett Open	2 8:30am Aerobic Dancing/Exercise 9:45am Aquacise 10:00am Quilters 12:30pm Silio Billiards 1:00pm Pickleball Mah Jongg 2:30pm Scrabble	3 9:45am Aquacise	4 (SH) Sullivan House. Dates and times are subject to change. Contact program for details.
			5 8:30am Aerobic Dancing/Exercise 9:45am Aquacise 12:00pm (SH) Circle Of Friends 12:30pm HM Duplicate Bridge 12:30pm Mah Jongg 1:00pm Talking Bridge 3:00pm Bridge 5:20pm Exercise To DVDs 7:00pm WH Duplicate Bridge	6 9:45am Aquacise 10:30am Hearing Screening 1:00pm Mah Jongg 1:00pm Pinochle 1:00pm (SH) Pinochle 1:30pm Mah Jongg 3:00pm (SH) Railroad Club 4:00pm (SH) Private Event	7 7:30am Men's Bible Study 8:30am Aerobic Dancing/Exercise 9:30am Intermediate Bridge 9:45am Aquacise 10:00am Ageless Exercise 12:30pm Art Group 12:30pm Social Club Bridge 1:00pm Groff Mah Jongg 2:00pm (SH) Singers Quartet 4:00pm (SH) SH Open House 5:00pm Ulster Social 7:00pm Casual Singing Group 7:00pm Mah Jongg	8 9:00am Remedies For Wellness 9:45am Aquacise 10:00am Yoga 11:30am Mermaid Book Club 1:00pm Card Games 1:00pm (SH) Chess Club 1:00pm Knitting Circle 2:00pm (SH) Book Disc. Group 2:00pm Table Tennis 6:30pm Poker 7:00pm Brighton Open
12 8:30am Aerobic Dancing/Exercise 9:45am Aquacise 12:00pm (SH) Circle Of Friends 12:30pm HM Duplicate Bridge 12:30pm Mah Jongg 1:00pm Talking Bridge 2:00pm Photography Club 3:00pm Bridge 5:20pm Exercise To DVDs 7:00pm WH Duplicate Bridge	13 9:45am Aquacise 10:30am Hearing Screening 1:00pm Mah Jongg 1:00pm Pinochle 1:00pm (SH) Pinochle 1:30pm Mah Jongg 3:00pm (SH) Railroad Club 7:00pm (SH) Great Books Club	14 7:30am Men's Bible Study 8:30am Aerobic Dancing/Exercise 9:45am Aquacise 10:00am Ageless Exercise 12:30pm Art Group 1:00pm Groff Mah Jongg 6:00pm Inverness Ice Cream Social 7:00pm Mah Jongg 7:30pm Boomers Scrabble Club	15 9:00am Remedies For Wellness 9:45am Aquacise 10:00am Yoga 1:00pm Card Games 1:00pm (SH) Chess Club 1:00pm Knitting Circle 2:00pm Table Tennis 6:30pm Poker	16 8:30am Aerobic Dancing/Exercise 9:45am Aquacise 10:00am Quilters 12:30pm Silio Billiards 1:00pm Pickleball Mah Jongg 2:30pm Scrabble	17 9:45am Aquacise	18
19 8:30am Aerobic Dancing/Exercise 9:45am Aquacise 12:00pm (SH) Circle Of Friends 12:30pm HM Duplicate Bridge 12:30pm Mah Jongg 1:00pm Talking Bridge 3:00pm Bridge 5:20pm Exercise To DVDs 7:00pm WH Duplicate Bridge	20 9:45am Aquacise 1:00pm Mah Jongg 1:00pm Pinochle 1:00pm (SH) Pinochle 1:30pm Mah Jongg 3:00pm (SH) Railroad Club 6:30pm (SH) Boomers Book Group 7:00pm PC Computer Club	21 7:30am Men's Bible Study 8:30am Aerobic Dancing/Exercise 9:30am Intermediate Bridge 9:45am Aquacise 10:00am Ageless Exercise 12:00pm Social Club Bridge 12:30pm Art Group 1:00pm Groff Mah Jongg 7:00pm Mah Jongg	22 9:00am Remedies For Wellness 9:45am Aquacise 10:00am Yoga 1:00pm Card Games 1:00pm (SH) Chess Club 1:00pm Knitting Circle 2:00pm Table Tennis 6:30pm Poker	23 8:30am Aerobic Dancing/Exercise 9:45am Aquacise 10:00am Quilters 12:30pm Silio Billiards 1:00pm Pickleball Mah Jongg 1:00pm Rummikub	24 9:45am Aquacise 10:00am Mac Computer Group	25
26 8:30am Aerobic Dancing/Exercise 9:45am Aquacise 12:00pm (SH) Circle Of Friends 12:30pm HM Duplicate Bridge 12:30pm Mah Jongg 1:00pm Talking Bridge 3:00pm Bridge 5:20pm Exercise To DVDs 7:00pm WH Duplicate Bridge	27 9:45am Aquacise 1:00pm Mah Jongg 1:00pm Pinochle 1:00pm (SH) Pinochle 1:30pm Mah Jongg 3:00pm (SH) Railroad Club 7:00pm (SH) Great Books Club	28 7:30am Men's Bible Study 8:30am Aerobic Dancing/Exercise 9:45am Aquacise 10:00am Ageless Exercise 12:30pm Art Group 1:00pm Groff Mah Jongg 7:00pm Mah Jongg 7:30pm Boomers Scrabble Club	29 9:00am Remedies For Wellness 9:45am Aquacise 10:00am Yoga 1:00pm Card Games 1:00pm (SH) Chess Club 1:00pm Knitting Circle 2:00pm Table Tennis 4:00pm (SH) Wellington Drop-In 6:30pm Poker	30 8:30am Aerobic Dancing/Exercise 9:45am Aquacise 10:00am Quilters 12:30pm Silio Billiards 1:00pm Pickleball Mah Jongg 7:00pm Bingo		

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DOMESTIC VIOLENCE CENTER

Julie Blank | Springton
Carol McClemens | Princeton

Count off just 9 seconds – it's not very long. Yet every 9 seconds a woman in our country is assaulted or beaten by a spouse or significant other. Three women and one man are murdered by their partner each day. At least one in

Domestic violence does not respect age, race, or nationality, nor economic or education status. Abusers can be doctors, lawyers, teachers, or truck drivers; they can live on welfare, or make millions of dollars a year; they can have a PhD or an 8th grade education; or they can be your daughter's boyfriend, or your 70-year-old neighbor.

Help And Hope For Abuse Victims

four women, and one in seven men, experience domestic violence in their lifetime; and one in three teenagers (male and female) experience dating violence each year. Domestic violence is the leading cause of injury to women – more than car accidents, muggings, and rapes combined. As if the horrific acts alone aren't bad enough, the medical costs and productivity loss of domestic violence cost our country \$5.8 billion dollars a year.

One of the first questions people ask when confronted with this issue is "Why do they stay?" The reasons are many. Some married young, have few

"I owe you my life, literally, and my children's lives. I was at rock bottom. You fought for me when I thought it was impossible and refused to fight for myself. My family will never forget what you have done for us." – Anna



marketable skills, and lack a way to support themselves apart from their abusers. Many have children that make the difficulty of supporting themselves even greater. Many are ashamed, and do not want anyone else to know what is happening. Also, most of the time the abuser apologizes profusely and promises it will never happen again; and so many victims love their abusers and want to believe them.

Perhaps most importantly, domestic violence usually does

Continued on page 47

Hershey's Mill Community-TV

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We are seeking new members for our group! Projects include community publications, website, summer concerts, original television programming, and more. Many opportunities are available, and there are no membership fees – so share your skills, or learn new ones, while benefitting our community!



We currently need people to help with the *Guide and Digest* magazine. This is a great chance for village newsletter folks to share their talents with the entire community! Also needed are people with accounting skills. Please contact Louise O'Brien.

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not start with murder. It starts with verbal insults, demeaning comments, or humiliating and demoralizing taunts. Slowly it escalates to pushes, shoves, and slaps. It gets worse with punches, kicks, and throwing the woman against a wall or down the stairs. Meantime, the abuser is telling the woman that it is her fault because she makes him angry, that she is helpless without him,

for the victims has slowly grown. Concern for victims was a major focus of the women's movement of the late 1960s and '70s; and shelters, legal representation, and housing assistance began to appear during that time. Chester County's story is much like that of women helping women all around the country. In 1976, a small group of concerned women met around a kitchen table,

DVCCC Contact and Donation Wish List

DVCCC can be reached at 610-431-1430 (*Hotline*) or 610-431-3546 (*Office*). Or visit www.dvccc.com. DVCCC is a 501(c)(3) not-for-profit organization supported largely through contributions from individuals; and is a United Way agency.

Financial donations are gratefully accepted at any time. Make check out to DVCCC, and mail it to P.O. Box 832, West Chester, PA 19381-0832. In addition, we always need: (*Gift Cards*): grocery, drug, department stores, and movie theaters; gas cards; and Visa/Mastercard/American Express gift cards.

(*Linens*): new twin sheets, pillows, and blankets; new crib sheets and blankets; and new bath towels, hand towels and washcloths.

(*Cleaning*): cleaning supplies; dryer sheets; paper towels; trash bags (any size up to 33 gal); laundry

detergent (HE preferred); liquid and dishwasher detergent; sponge mops and brooms; and bleach.

(*Personal Care*): hand sanitizer; antibacterial hand soap; personal hygiene products; feminine hygiene products; hair conditioner and shampoo; ethnic hair care products; diapers; single-ply toilet paper; baby wipes; and over-the-counter medications (must be new and sealed)(for adults and children) such as Advil, Motrin, Tylenol, Aspirin, Pepto-Bismol, Imodium, and Tums.

(*Office Supplies*): copy paper, pens, folders, legal tablets, sticky notes, and Staples gift cards.

Please visit our website, or contact our office, for a list of how your generous contribution supports our important work, and what items we are in need of at any given time.

Our thanks for all your support!

that he will take the children from her, or that if she ever leaves he will find her and kill her.

For centuries, domestic violence was ignored or condoned; but in recent years, recognition of the issue and help

and began what is now the Domestic Violence Center of Chester County (DVCCC). They are the only organization in the county providing services exclusively for victims of domestic vio-

Continued on page 49

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Riddle Village knows Lifecare

DOMESTIC VIOLENCE CENTER (continued)

lence and their children. These women began a referral service that was soon flooded with calls from abuse victims, so they knew they had found their mission. They soon provided a 24-hour hotline and housing assistance, and

were able to buy a safe house. Since then, the DVCCC has grown steadily, and in 2016 served 1,331 adult victims, 300 children, and 112 significant others. Dolly Wideman-Scott, an expe-

DVCCC Services

- 24-Hour Hotline
- Emergency/Safe House Shelter
- Transitional Housing
- Adult Counseling and Children's Services
- Relocation Assistance
- Legal Counseling and Representation
- Community Education
- Social Change Advocacy
- Volunteer/Intern Program

"I am a survivor of domestic violence. I left home with nothing more than I could carry. I thought it was the end for me and my children. DVCCC welcomed us with open arms. They provided a safe place for us. With their help I finished school and became a Certified Nursing Assistant. DVCCC has given me a second chance not only to have life, but to actually live." – Patricia

rienced and effective CEO, has now led the agency for 21 years. She leads a compassionate staff of 30, 50 trained

Continued on page 51



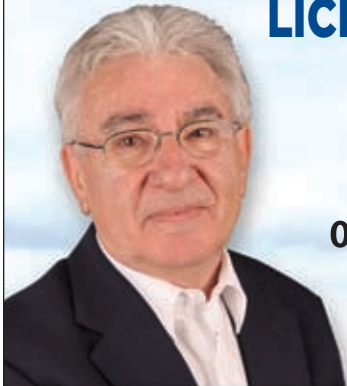
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HERSHEY'S MILL SINGERS

Ronnie Manaker | Devonshire

Faith, hope, and love are not only the building blocks of a happy life, but the foundation of a great concert as well! Join the Hershey's Mill Singers for their

there is plenty of room for everyone in the church and the parking lot; both of which are handicap accessible. We hope the extra space encourage all to include their family and friends! The church is located at 1325 E. Boot Road

**Saturday, June 3
at 7:30 p.m. and
Sunday, June 4
at 3 p.m.**

**SS Peter & Paul
Catholic Church**



spring 2017 concert titled "Faith, Hope, and Love". There will be music selections ranging from Broadway to gospel, and a generous dose of love and patriotic songs too. You are sure to thrill to the talented singers, and can even participate in our always popular sing-along. We are again holding the concerts at SS Peter & Paul Catholic Church, as

in West Chester. Note that this location is only a short drive from the West Gate. Although this is a free concert, most of our expenses are covered by your donations, and we greatly appreciate your generosity. There will be donation baskets in the church vestibule.

DOMESTIC VIOLENCE CENTER (continued)

and caring volunteers, and a dedicated and active board of directors. The agency now has its primary site in West Chester, as well as four outreach centers across the county.

Every day, the people at DVCCC open their arms to women who think that there is no way out of their painful and fearful lives, or who believe that nobody

cares or can do anything to help. But at DVCCC they find safety, encouragement, and hope. They also experience caring expertise in finding solutions to their individual needs, and they come to believe that they can control their own lives and make good decisions. They find that they can move past this terrible time and make a good life for themselves and their children.

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SULLIVAN HOUSE OPEN HOUSE

Judy Molt | Yardley

We love spring, and it's a great time to relax and spend time with all the great friends and neighbors in our community! So join us for our spring open house at Sullivan House on **Wednesday, June 7**, from **4pm to 7pm**. There will be champagne punch and light bites, and you can enjoy the new umbrellas on the patio. Everyone attending will be eligible to win a free rental of Sullivan House for a personal event. Sullivan House is especially beautiful this time of the year, and we can't wait to see you there!

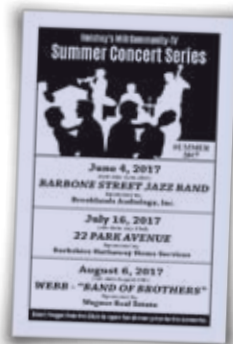


band through the songs of Dixieland, Swing, American Songbook, and Jazz. This six-person combo has played with many of the greats, both as a band and as individual performers. They have a

HMC-TV SUMMER CONCERT SERIES

Jack Keeley | Franklin

The first of our three summer concerts is here! These free concerts are a favorite of Mill residents, and we kick off the season with a long-time favorite. The Barbone Street Jazz Band will be performing for us in the HM Golf Club parking lot on **Sunday, June 4**, from **7pm to about 8:30pm**. Steve Barbone leads his marvelous



Check out the insert in this edition for all the details on our free June 4th concert, but also get one at the concert so you can participate in our door prizes!

Ever wonder about all the photographs in the *Guide and Digest*? A few are shared by residents, and they always get labelled as such, but most come from our friend Todd. We know many of you have met him, and even more have seen him "in the wild". He's a tall, nice (usually) young man likely to be pointing a camera in your direction, and a friend of ours (and yours) that helps us with so much of the magazine. But he can't be everywhere all the time, and would love your help showing off the beauty and fun of Mill life. So whether you are a creative shooter with a fantastic shot, an activities participant with a smartphone, or a photo buff able to help our writers and groups, he (and we) would love your help!

remarkable 275 years of combined playing experience, and use it all to bring an incredibly

lively sound to so many of our favorite tunes. Check out the concert insert in this month's edition for all the details, and make sure to join us!

INTRODUCTION TO GOLF PROGRAM

Matt Harvey | HM Golf Club

My Golf Tip in this month's Hershey's Mill Golf Club section isn't for those who play, it's for those that don't (yet!) – and I didn't want you to miss it! I know there are many of you who wonder about those of us who spend our free time chasing a little white ball around – but once you learn the basics, I know you will get the same joy from it that we do. So, we are again holding an introductory program for non-golfers;



WELLINGTON DROP-IN EVENT AT SULLIVAN HOUSE

Danielle Paterno | Wellington

Wellington at Hershey's Mill is holding a Hershey's Mill exclusive drop-in event on **Thursday, June 29**, from **4pm to 7pm** at Sullivan House. Drop-in and enjoy music, exquisite BBQ fare, wine, and desserts. Meet staff and residents from Wellington, and learn what our community has to offer. For additional information, contact me at 484-653-1200.

CHALLENGE FOR CANCER BIKE TOUR

Lydia Hayes | Springfield

On **Sunday, June 25**, the Brandywine Valley Heating and Air Conditioning Challenge For Cancer Bike Tour will be coming through Hershey's Mill. This annual event sup-



New umbrellas on the Sullivan House patio make for a great spring event location, or just a great spot to spend an afternoon with friends or a great book!

or those who are just beginners. Please read my article on page 71 for more of the details, and join your friends and neighbors on our beautiful course.

ports the cancer programs of Chester County Hospital, part of the Penn Hos-

Continued on page 55

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COMMUNITY NEWS (continued)

pital Network, and the Neighborhood Visiting Nurse Association. The riders will enter at the West Gate (near the shopping center) and travel along Chandler Drive. Volunteers will be stationed at locations throughout the route to encourage riders and warn of any traffic issues. Riders will be led by a police vehicle from the Westtown-East Goshen Police Department, and

Mill. Note that we expect families with younger children to participate, and the children can



Photos are of the 2016 event, and courtesy of Richard Stevenson

be a challenge for drivers not paying careful attention.

trailed by a van from Bike Line (in case of mechanical difficulties with any of the bicycles).

Although we do not expect any disruption to residents, we thank everyone in advance for their understanding. This ride certainly shows off the beauty of the Mill, and our involvement with important work in the greater community. This would be a great time to gather friends and ride with us, but even if you aren't a cyclist, we hope you will come out to cheer on the riders as they pass by.



Photo at left by Pat Cunningham.

The riders will enter Hershey's Mill at approximately 9:15am, and the loop around Chandler Drive should take 30 to 40 minutes. All residents are asked to be especially vigilant about car travel during the time these riders are in the

Editor's Note: We can usually work miracles on *Guide and Digest* photos, but there are things you can do to make yours look their best. Low ISO, moderate file size (about 2-3 MB), and low compression. If you don't know how to set up your camera or smartphone, or don't know what those things mean, visit a HM Photography Club meeting.

Susan Feaster | Devon
Yvonne Carter | Devon

On the last Friday of every month, you can find Hal Deal spinning his bingo cage and calling out the numbers at the HM Community Center. The fun officially starts at 7pm (except during the winter when they start at 2:30pm), but the energetic residents and friends start filing in early, a little after 6:30pm, to purchase their bingo cards and their 50-50 raffle tickets. The cards cost \$2.50, and each card has 6 games to play. Most players purchase at least two cards, and play 12 games at one time.

As the bingo players find a seat at the tables and set up their beverages and snacks, they then start chatting with friends. Pat Phillips sits at the head table and manages the selling of cards

and tickets, as well as overseeing the logistics as the numbers are called. She also makes sure everyone has what they need, and offers complimentary candy to the players.

Bingo!

As the start time approaches, there's definitely excitement in the air, but when the first number is called at 7pm, a hush comes over the room. Everyone is now down to business. The numbers are called until someone yells out "Bingo" – and the winner beams while the others optimistically await the next game! Winners of each game take away a \$20 bill and that beaming smile.

This is definitely a night of fun! And as you can see from our photos, and those in the *Guide and Digest* over the past years, it's great fun

Separately, we should mention that we are new to the magazine and HMC-TV, and are looking forward to featuring many of the activities and groups at the Mill for the *Guide and Digest*. When we started working on this project,

Photos by Susan and Yvonne

In all the excitement of bingo, and our first article, we forgot to get names! However, Pat and Hal are pictured below.




whether alone or with friends and family in tow. So if you find yourself sitting at home on the last Friday of the month, grab \$2.50 and head to the HM Community Center for bingo. Better yet, put it on your calendar now so you don't miss a minute of the fun! Hal and



we realized, and were amazed, that nearly all of the fun events offered at the Mill are managed by resident volunteers! Our thanks to Hal Deal and Pat Phillips

Pat are always welcoming, and will help you get set up whether it's your first time playing or you're a seasoned pro.

for cooperating with our coverage of bingo, and more importantly, for volunteering their time and kindness to our Hershey's Mill family.



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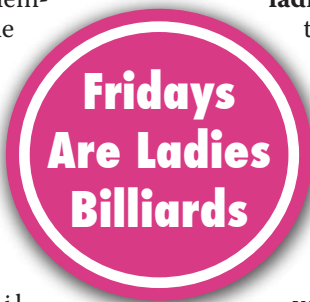
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APPLE & MAC COMPUTER CONNECTION

Carol Campanelli | Ulster

June 24 at 10am is our next 4th Saturday of the month Macintosh question and answer session on the 2nd floor of the HM Community Center. This help for all things Mac is provided by Bob Barton and other extremely knowledgeable members of the Main Line Macintosh Users Group. This is a free program, and open to all regardless of expertise (or lack thereof), so no question is a dumb question!

Email



BILLIARDS

Joe Silio | Eaton

There's always something happening with billiards at the Mill, so I hope you will join the fun! First up this month, we have a change. Our traditional "Billiards for Beginners", that takes place on **Fridays at 12:30pm**, is changing to **ladies only** for a while. I hope that this will encourage more female residents to pick up a cue and learn this really fun game. We define beginner all the way from "never played" to "knowing the basics but not yet a master" – either way, or in between, you are welcome to join us. So round up your girlfriends and make it ladies



Bob your questions in advance, at bartonbob@comcast.net, so that he can include them on his agenda. Coffee, tea, and light refreshments are provided.

"not quite night" out! For the gentlemen looking for a game, or help learning it, give me a call and I will see about setting something up – there's

usually a group ready to play, and we can schedule times as there is interest.

Next up, I'm pleased to say that our new men's billiards team is up and running. But that doesn't mean we aren't looking for more smooth shooters to join us – we are! We have about 10 players so far, and usually 6 or so at any given practice. We hold practice each **Tuesday, Wednesday, and Thursday from 4pm to 5:30pm**. The team, usually in smaller subsets, will be playing retirement community teams in our area. For specific game formats, date and time commitment information, or for any other questions, I hope you will get in touch with me. A ladies team, or mixed gender team, may be created as there is interest.

Some Billiards Team members, from a recent practice, include (from left) Everett Marsh of Eaton, Jerry McHugh of Heatherton, Gordon Davis of Yardley, Jack McGowan of Kennett, Joe Silio of Eaton (billiards head honcho), and Roger Kane of Quaker. You'd be hard pressed to find a nicer group of people, so call Joe today and find out about getting involved!

We currently have one billiards table at the HM Community Center (downstairs near the library), and play and practice are held there. Competitive team play, however, will typically be at other locations. Billiards is a fun game for those of any age and ability, and a great opportunity to socialize. I look forward to adding you to our next game! For more information, to ask questions, or share ideas, please call me at

PHOTOGRAPHY CLUB

Carol L. Poling | Oakmont

Where has the time gone? Soon, we will be heading into the second year of our

Photo of a Sandpiper by Brooke Hamilton of the Photography Club



group (September through June, 2017-2018) which still seems so new. Many of our members have improved their photography skills, and we have all enjoyed sharing our work and our knowledge. Since we do not meet in July and August, as most of us are enjoying vacations with family and friends, you will definitely want to join us this month! Our meeting is **June 12, at 2pm**, in the HM Community Center. If you have any questions, please feel free to contact me using the information in the *HM Resident Directory*. I hope you will all get out there and start photographing what is so special about summer.

HM COMMUNITY-TV

Louise O'Brien | Springton

So Hershey's Mill Community-TV, Channel 20 television, isn't technically a "club", but neither are many of the

Continued on page 61

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other groups here at the Mill. Unless your group is a purely commercial venture, we would love to promote your activities – just send your information as noted in the Publisher section. It's a great way to share what is going on in our community, and benefits us all by bringing in enthusiastic members to "play" with!

I'm pleased to share some good news of our own this month. We welcome Susan Feaster and Yvonne Carter, both of Devon Village, to our HMC-TV family! These fun ladies will be helping us with the *Guide and Digest* by writing about some of the activities and groups here. In their initial article this month, they feature bingo here at the Mill. We hope you keep an eye out for them in

– we couldn't do it without all of you! I hope that you will join us as well, and I would love to speak with you about getting started. You can always reach me at home using the information in the *HM Resident Directory*, or contact me through HMC-TV.

HM SPORTS GROUP

Don Evons | Princeton

It's true, the great folks at HMC-TV provide an entire section for the Sports Group in the *Guide and Digest*; and they even edit my writing so that it makes sense (and they provide the graphics to make it look nice too). But I couldn't be more excited about sports at the Mill, and have "overflowed" that section to share happenings here as well.

Start Time	Tennis Court 1	Tennis Court 2	Tennis Court 3	Tennis Court 4	Tennis Court 5	Tennis Court 6	Start Time
8:00 AM			Women's Tennis - Carol Pating	Women's Tennis - Carol Pating			8:00 AM
9:30 AM			Men's Tennis - Bob Bevan				9:30 AM
11:00 AM							11:00 AM
12:30 PM							12:30 PM
2:00 PM							2:00 PM
3:30 PM			Men's Tennis - Dave Clewell	Men's Tennis - Dave Clewell			3:30 PM
5:00 PM							5:00 PM
Start Time	Tennis Court 1	Tennis Court 2	Tennis Court 3	Tennis Court 4	Tennis Court 5	Tennis Court 6	Start Time

When comparing May tennis reservations with those shown last month, we were disappointed to still see all that blank space! If you want to play, but don't know how, see the Sports Group section for information about our free tennis clinic this month. No more excuses – let's all get out and play!

the magazine, and that you help them out if they contact you to feature your group or activity.

We so appreciate all the people in our group that make our projects possible. This includes: the "glamorous" people on television and those who write our wonderful magazine features; those who work behind the cameras and do the editing and bookkeeping; and those in the community who share what is happening in their activities with us

As noted, and illustrated, in last months Club News Tennis article by Dave Clewell, we have a new online reservation system for our courts. It has now moved from the testing phase to full use, and with very few exceptions, has been well received and is working as designed. Although the system is set up for tennis courts, pickleball, bocce, and table tennis, only the first three are in "full operation". So, contact us about

Continued on next page

using it for table tennis, or keep an eye out for updates regarding its use.

This new reservation system is thanks to the efforts of Dick Panico, administrator, and Larry Appalucci, program director, for the HMSG. For those not familiar with online tools like this, you can find more information on the homeowners website at www.hersheysmill.org. Look for the Sports Group pages, and follow the links regarding this new system. When you are ready to reserve your court, you can also go directly to www.hershey-mill.onlinecourtreservations.com (you will need a password which you create through the website).



Next, a reminder that our annual three week free tennis clinic begins on **June 12 at 2pm**. I will note here that this year we will be providing instructions on how to set up and use the ball machine. For all other details, please read the full article about this program in the Sports Group section this month.

Finally, a reminder that it is time to sign up for our 4th of July events. Contact me for details, or with questions.

BOOK CLUB

Anne McAssey | Merrifield

My Name is Lucy Barton, by Elizabeth Strout, is a novel by the author of Pulitzer Prize-winning *Olive Kittridge*. The story unfolds in part through hospital bedside conversations between Lucy and her long-estranged mother – a time of reconnecting and yet longing. Join us on **Thursday, June 8, at 2pm** in the Sullivan House to discuss this novel. Also, at this meeting, we will be selecting next year's books.

KNITTING CIRCLE

Ruth Schick | Chatham

Are you getting excited about our move to the pool for the summer? We are, and the time has arrived! From **June 8 through August 31**, we meet at the pool on **Thursdays from 1pm to 3pm**. In the case of inclement weather we still meet, but it will be in the Paoli Room of the HM Community Center. If you are a knitter or crocheter, new or accomplished, please join us. There's nothing quite as nice as knitting with friends under our brilliant blue skies! For more information about our group, or if you have any questions, please contact Bernice Soffer at

CASUAL SINGING GROUP

Sally Thompson | Franklin

As long as there are songs to sing, we will keep singing with gusto! Our group has also become a nice way for new-



COMPUTER CLUB

Don Trauger | Kennett

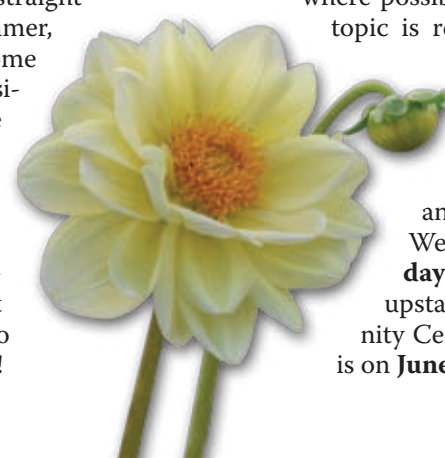
The PC Club meetings are open to all regardless of computer experience. There is a new topic discussed each month, as well as time for questions. The questions are usu-

Way back in 2014, Loretta Bevilacqua of Jefferson was just in her second year of gardening at the Mill, and was busy watering and tying up her tomato plants. She couldn't have been more friendly, and that great smile tells the story! We hope she, and the bees, are busy again this year.



comers in Hershey's Mill to get to know each other. Join us as you are able, regardless of the level of your talent, at **7pm on the 1st Wednesday** of every month on the top floor (rear) of the HM Community Center. We typically have four or five guitar players, and even banjo and bass fiddle from time to time, that provide great accompaniment. We will be raising our voices in song straight through the summer, even though some singers and musicians aren't there every time. Call me at

if you have any questions, or need more information; or just show up ready to sing and have fun!



ally related to the topic, but we may have time to address others; if you have something specific, you may want to contact me in advance so that we can have time and resources available where possible. Typically, our main topic is related to my Technology Tips article from the same month, but you never know what you might learn when the questions and answers start flying. We meet the **3rd Tuesday** of each month at **7pm** upstairs in the HM Community Center. Our next meeting is on **June 20**.

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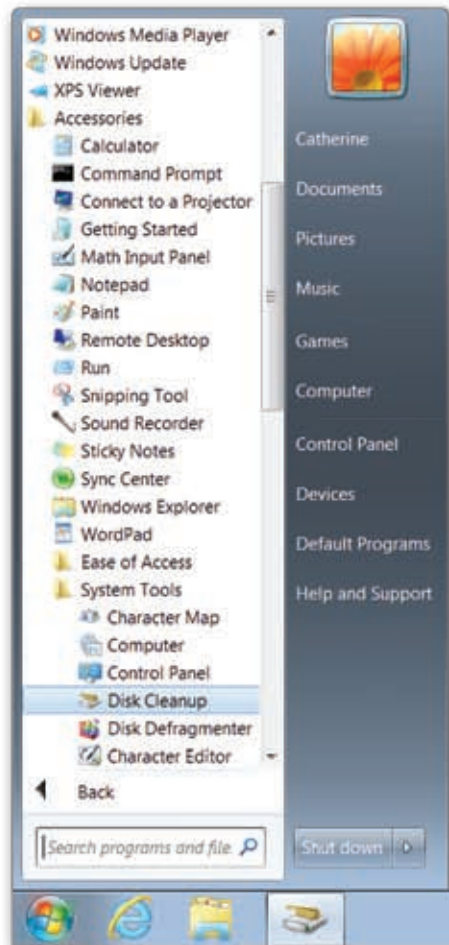
Don Trauger | Kennett

Over the years I've written various articles about how to clean up unneeded, junk, and temporary files that are on the hard drive of your computer; as well as reducing fragmentation that can slow disk access. In fact, this article is similar to one that ran in Septem-

your computer can become unstable – and it usually runs more slowly! I often wonder how many people buy a new computer because theirs has begun running poorly. Had they done the maintenance I discuss here, they might not have needed a new one. This is even more of a shame since configuring a new computer also qualifies it for a cleanup – that's because there are many hundreds of files used only once to get the new computer up and running, and plenty of junk pre-installed you likely don't want.

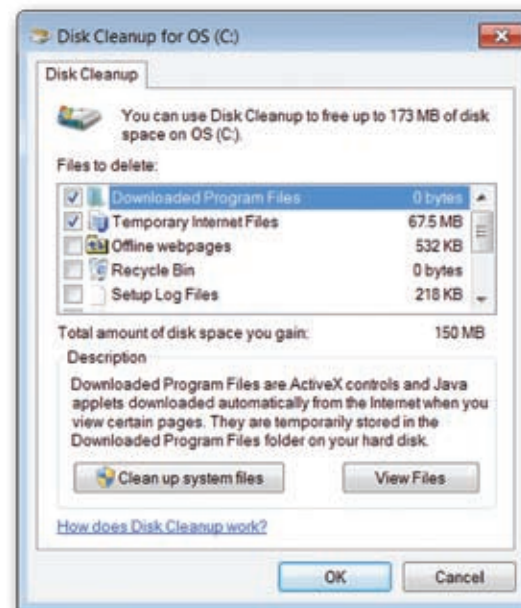
It's important to note when using any utilities that you don't want a power interruption, and this can be more of an issue when using those that may take a long time to complete their work. So if you have a laptop, be sure it's plugged into your battery charger before starting "cleaning" and defragmenting. CCleaner, Disk Cleanup, and Disk Defragmenter can all take a long time to work. In fact, if you don't run them regularly, Microsoft's text saying "This may take a few minutes to complete" will have you questioning their meaning of "a few"!

Generally, I recommend that you do file and disk maintenance once a month. Although there are utilities included with Windows, which I will discuss later, I recommend that you download the *free* CCleaner program. You can do so at <https://www.piriform.com/ccleaner/download>. Once down-



ber 2015, but it has been significantly updated, and includes information for Windows versions 7, 8, and 10. After months of unneeded and unwanted files accumulating on your hard drive,

Graphics are Windows 7, and many still love it; but even with Don providing instructions, it may be time to upgrade. Check out his articles on our website for the benefits of doing so.



loaded, you'll usually find it in your Downloads folder as ccsetupxxx.exe ("x"s are the current revision number). Double-click this file, and then click

this completes, click the Fix Selected Issues button. I think that CCleaner provides a fast, easy, and safe way to clean your computer; and that it is an improvement over similar Windows utilities. There is a built-in monitor in CCleaner that pops-up a reminder window when the computer has accumulated too much junk – very handy. However, there's more about "cleaning up" your computer – specifically, defragmenting – so read on.

As noted prior, most versions of Windows include a disk cleaner that removes unneeded files. Although I don't think they "clean" as well as CCleaner, they do work. Let's look at the version for Windows 7 first; and I suggest other users read it too as much of it is the same across versions. Click the Start Menu (at the lower left of the

Clean & Optimize Your Windows PC

Install. Close the next window that says Run CCleaner, and also the window redirecting you to Piriform. The installation will have placed an icon on your

screen on the Task Bar), then choose All Programs, then Accessories, then System Tools, then Disk Cleanup. The program starts by having you select

Desktop, and you can double-click it to open CCleaner and then click the Run Cleaner button. After cleaning is complete, click the Registry button, then the Scan for Issues button. After

which drive you want to clean up, then calculating how much space it can free. You will likely want to choose "C:";

Continued on page 67

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TECHNOLOGY TIPS (continued)

which is usually the drive your operating system is installed on. Unless you know you have a second physical hard drive, any other lettered drives are likely virtual (often created by manufacturers to hold their "as-sold system restore" image), and these don't require cleaning or have fragmentation. After this completes, a window shows items that can be cleaned. Click the box next to each item, if needed, until all are checked; you will likely have to scroll down to see them all. This is a safe procedure as nothing that is needed or wanted should be deleted. Click the OK button, then any confirmation as needed, and you are done.

I will note that the procedure above doesn't include cleaning up system files, but you can do this at the same time as the above. Follow instructions until you get to the "check box" window, and then click the Clean Up System Files button. You will then be asked to again select the drive letter, and it will proceed as before; however, the resulting window will now include Win-



Disk Cleaner does not delete important files. However, for your own safety, repeat after me, "I did not see the file above because it does not exist."

dows updates, service packs, etc. that can be deleted. Deleting these won't cause problems, but they will have to be downloaded again if required in the future; and these are often very large files. There will also now be a second tab in the window labelled More Options. In this, there are options to remove programs you do not use, and also to remove all but the most recent system restore point. I do suggest that you choose to clean up the System Restore and Shadow Copies, by clicking Clean Up next to it. But don't remove any programs unless you fully understand what you are doing. If you are unclear about the choices, just run the regular; or, join us at a PC Club meeting where I can answer most questions you have about this subject.

After you click OK, the program will process (which may take quite a while), and then the window will disappear; there is no notification it has completed. Next, you should run Disk Defragmenter. This program moves file fragments to create contiguous files on the physical disk, and also creates contiguous free space. This can significantly increase disk access speed, which in turn may speed up programs that access the disk a lot, or use disk-based

Continued on page 69

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TECHNOLOGY TIPS (continued)

virtual memory. This process won't speed up systems that have a solid-state drive (SSD), as there is no moving read/write head on those. To use, navigate as for Disk Cleanup, but choose Disk Defragmenter under System Tools. When the window opens, click the Defragment Disk button. In the Progress column, you will see the number of passes; and after it stops, I suggest you click the Defragment Disk

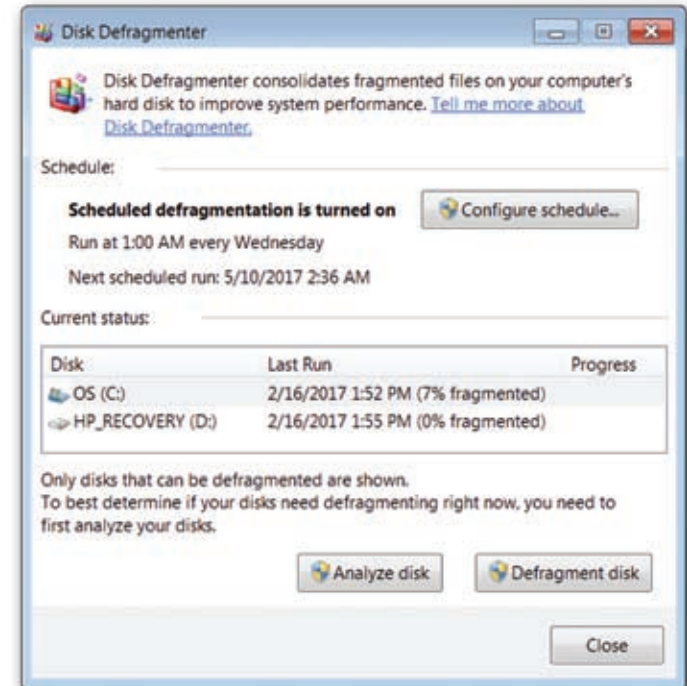
button again for another go around (most computers will stop at pass 5 when fully defragmented, but I think plus or minus a pass is fine too). When you are done, click the Close button.

That's it for the Windows 7 procedure, now on to those who use 8/8.1 and 10. Right-click the 4-pane-window icon (at the lower left corner of the screen), then left-click Control Panel. When it opens, click Administrative Tools (if you don't see it, click Category view and change it to Large icons), then click Disk Cleanup. Oddly, I have found that sometimes it opens minimized to the Task Bar at the bottom of the screen, so if you don't see a window, click the icon on the Task Bar to open it. Click OK in the pop-up window, and as noted for Windows 7, check all items, and then click Clean up system files. Click OK again. Next, in the pop-up window,

make sure all items are checked, then click the More Options tab. Click the Cleanup button under System Restore and Shadow Copies, and then click Delete in the pop-up window. Click OK, and then click Delete Files in the pop-up window. As in Windows 7, this procedure is safe, and it may also take a while.

To defragment a Windows 8/8.1 and 10 computer, click on Defragment and Optimize Drives in Administrative Tools. When the window opens, click the Optimize button. As with Windows 7, about 5 passes is the norm, so repeat as necessary.

To help you with questions about this, or most any PC topic, join us at a PC Club meeting. We meet on the 3rd Tuesday of every month at 7pm upstairs in the Ardmore room of the HM Community Center.



Reiny Ludin | Yardley

Matt Harvey

Matt came to the Hershey's Mill Golf Club (HMGC) in 2006 as the First Assistant, and has been the PGA Head Professional since 2011. He was born and raised in western Pennsylvania, and graduated with a finance degree from the University of Pittsburgh at Johnstown. He has lived in the Philadelphia and New Jersey areas since college, but remains an avid Pittsburgh sports team fan. Matt, along with wife Kathleen



Steve Ashworth

Steve has worked at several different clubs in the area, and is currently starting his 6th season here at HMGC. As First Assistant Professional and Director of Instruction, he offers many private individual and group lessons. As a player, Steve has qualified for the Pennsylvania Open tournament for the past three years.

Steve Ahn

Steve was born in New Jersey, but spent his early years in South Korea. He

Photos provided by staff

earned a PGA card in 2012, and is starting his 8th year at HMGC as Assistant Golf Professional & Shop Manager. Steve conducts lessons and clinics to golfers of all levels, but gets the most enjoyment from his Junior Clinics.

Lee Schmidhuber

Lee was born and raised in the upper midwest, and proudly served in the U.S.

Continued on page 73



Steve Ahn (at left) and Lee Schmidhuber (above)

An Introduction To The Pro Shop Staff

and their children Madalyn and Matthew, lives in King of Prussia.



Matt Harvey, PGA Head Pro (at left) and Steve Ashworth (above)

Golf Tip

Due to last year's success of our Introduction to Golf program, designed for the Hershey's Mill beginner or non-golfer, we are again going to run this clinic series. These clinics are based on the PGA/USGA initiative "Get Golf Ready", and will be held for 45 minutes, 1 day a week, for 5 weeks. The

cost for the series is \$100. At the conclusion, all participants will have an understanding of each aspect of the game of golf; from driving to putting, and even to proper course etiquette. For more information, please email the golf shop at golfpro@hersheysmill.com.

Matt Harvey, PGA



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- June 1 Steakhouse Night
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- June 18 Father's Day Brunch
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HERSHEY'S MILL GOLF CLUB (continued)



industry, he has touched upon nearly every part of the golf operation, and watched the game evolve and expand. Lee is starting his 11th year at HMGC, and is also the owner of Snowbirds LLC (a Florida car-relocation service).

Matt Grinwis (shown at left)

Matt is in his 15th year as Shop Assistant, and 18th year overall at HMGC. In his "day job" he is in his 12th year as a math teacher, and 4th year as the girls golf coach at Downingtown East High School. Matt's HMGC golf accomplishments include a double eagle on the 2nd hole, and a hole-in-one on the 7th.

Air Force. He played golf in collegiate-level tournaments before turning professional in 1986. He went on to become a PGA member in 1989. Throughout his career in the golf

"I'm a firm believer in the theory that people only do their best at things they truly enjoy. It's difficult to excel at something you don't enjoy."

– Jack Nicklaus

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Connie L. Friedrich, P.C.H.

Don Evons | Princeton

Each spring, we offer free tennis lessons in the form of a 3-part clinic, and this year it will be June 12, 19, and 26 at 2pm. This is designed for those who

We will focus not only on play, but also on stroke fundamentals. The timing should be perfect for those who want to learn in time to join us for our July 4th round robin. No, it isn't Wimbledon or the U.S. Open, but it is a nice

Free Beginner Tennis Clinic

have never played, as well as those who haven't played since tennis balls were white, racquets were made of wood, and you had to wear white to be allowed on the court. This is a great chance to get in the game, or to get back in it again.

opportunity to play and socialize with others in the HM Sports Group. If you have a racquet, bring it; if not, we will have some spares for you to use. By the way, if your racquet has not been strung since the end of the Korean War, feel free to call me and I will suggest how to remedy that situation.



Play Where You Live

Bike Trips: Weekly. Contact Seth French or Dick Wright.

Free Tennis Clinic: June 12, 19, and 26 at 2pm. For beginners and former players. Contact Don Evons.

Tennis Interclub: Practice on Mondays at 3pm.

Pickleball: Open play each Monday, Tuesday, Thursday, Friday, and Saturday at 9:30am; Wednesday at 5:30pm.

Bocce: Spring tournament on now. Contact Joe Carrone.

Activity Social: July 4. Our 4th of July all-sport event. All are welcome; sign-up on the tennis bulletin board.

Election of Officers: July 13 is the filing deadline. September 13 is the election.

Activity Social: September 5. Our Labor Day all-sport event. All are welcome; sign-up on the bulletin board.

Annual Fall Meeting: September 13.

Fall Social: September 29.

Our first day will include the evaluation of your tennis skills, if any, and we will organize groups based on those. For true beginner groups, we will start with a drill called "instant tennis" where the objective is, within an hour, to have you hitting the ball over the net and keeping it on the court. Keeping the ball in play is the focus, not necessarily hitting "winners." Regardless of skill level, every group will also include instruction on ball control, placement, and power.

For those who have played before, and have greater skill, the focus will be more

stroke based. Note that if you have basic skills, and are simply looking for a game, this clinic is probably not for you. On the other hand, if you would like a refresher on the basics, I hope you will join us.

During each session, tactics will also be discussed. Also, at the end of each session we will encourage you to play a set to practice what you learned. Speaking of practice, I am again going to mention consistency, and how you



The first of the sessions will be 90 minutes, and will focus on two topics. First is the fore hand, since it is easiest to learn and gives instant gratification, and second is how to both setup and use our ball machine. While simply playing is always good for your game, it is consistency that usually wins, and the ball machine is the perfect way to gain consistency. Subsequent sessions will focus on the backhand, serve, and specialty strokes; and even include time for actual game play.

Thanks to Jim Devine, of Troon, for being so friendly while practicing his serves! And, our new U.S. flag is easier to see now that the fences have been lowered between the tennis courts.

get it. It is important that you practice hitting between sessions. Note that I did not say practice playing. You see, if you play for about an hour, you may hit the ball 25 times (excluding the serve), but if you practice hitting with the ball machine you can hit the ball 300 times and in only 30 minutes. That

Continued on page 77

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HERSHEY'S MILL SPORTS GROUP (continued)

will certainly help create consistency! Consistent play also comes from body and mind habits, and you form them through quality practice.

I hope you will join us for the clinic, and become a Mill player. We have great Tiger Turf courts here, and lots of fun tennis players to enjoy competition with – and they are waiting for you!

One additional note. There is exciting news about getting a tennis court for your practice! We now have an online court reservation system, and you can read more about it in my HM Sports Group article in Club News.

Do you have questions about the Sports Group, or ideas to share? Send them to me at

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We admit we've been known to create a "bit" of a mess in the kitchen; but in our defense, there can be a lot of moving parts when we cook. With beautiful Mill weather here, how can we reduce the pile of pots, pans, and bowls and get ourselves out to the courts for a game of tennis? (Drum roll) Enter the one-pan recipes! We decided to stick to pork, but the four here provide plenty of variety. All recipes are made in a large skillet (~12"), and it will need a lid. Please (please!) don't overcook the pork – safety issues aren't what they were. Each serves four people, and can be garnished with the same type of herbs used in it. Enjoy!

Braised Pork & Veggies With Mustard Sauce

A re-imagined "pot roast" if you will.

- 1 ¾ pounds pork tenderloin
- Salt and freshly-ground pepper
- 4 tablespoons fresh thyme, chopped
- 4 tablespoons olive oil
- 4 parsnips and 5 carrots, peeled and chopped to 1 ¼" pieces
- 1 cup pearl onions
- 1 ½ tablespoons light brown sugar
- 2 cups vegetable broth
- 3 ½ tablespoons whole-grain mustard

Cut tenderloin into two equal lengths, if necessary, season all sides lightly, and press half the thyme onto surface. Put oil in a skillet, and over medium-high heat brown all sides. Remove pork, leaving drippings, add vegetables and sugar, and cook them, stirring often, until caramelized and softened. Add broth, browned pork, and remaining thyme to pan, then reduce heat, cover, and simmer until pork is cooked through. Remove pork and vegetables, then whisk mustard into sauce; simmer until thickened slightly, and re-season if needed. Cut rested pork into medallions, plate with vegetables, and spoon sauce on top.

One Pan Pork Recipes – How Smart Is That!

Sausage & Beans With Arugula

Comfort food! Hot sausage preferred, but you can use sweet. If your sausage is very fatty, remove some fat when sausage is removed from the pan.

- 1 ½ pounds hot Italian (pork) sausage
- 1 ¾ cups dry white wine
- 2 ½ tablespoons olive oil
- 1 large onion, chopped
- 1 large yellow bell pepper, chopped
- 3 ½ cups canned cannellini beans, drained
- ½ cup fresh oregano, chopped
- Salt and freshly-ground pepper
- 2 large bunches of fresh arugula

Place skillet over high heat, add ½ cup wine and sausage (cut to manageable lengths), and bring to a boil. Reduce heat, cover, and simmer for 5 minutes. Uncover, increase heat to medium-high, and cook until sausage is browned on all sides and cooked through. Remove sausage, leaving drippings, add onion and bell pepper and cook until browned and softened. Add beans and remain-

ing wine, bring to a boil over high heat, and scrape up fond on pan bottom. Reduce heat to medium, add oregano, and cook uncovered until most of the wine is absorbed. Season as needed. Slice sausage into rounds, and mix into pan. Plate the arugula, and distribute the hot sausage mixture over the top.



ham, leaving drippings, and add coffee; let come to a boil and scrape up fond. Add cream, and cook until the sauce thickens a bit, then add parsley. Season as needed, noting that salt may not be needed depending on your ham. Plate biscuits with ham on top, and spoon over the gravy.

Blanco Posole & Pork

A Mexican corn stew classic! Hominy can be found in cans near the beans.

Country Ham With Coffee-Cream Gravy

A classic southern red-eye gravy softened just a bit. Most ham will work, with the exception of "turkey ham". Homemade biscuits would be our choice – if it wasn't for the one-pan rule!

- 3 tablespoons sweet butter
- 1 ½ pounds country ham, thickly sliced to about ½"
- 3 ½ tablespoons strong coffee
- ¾ cup heavy cream
- 2 tablespoons fresh parsley, chopped
- Salt and freshly-ground pepper
- Fresh biscuits or cornbread

Heat the butter in a skillet over medium-high heat, add ham slices and cook until both sides are well browned. Do in batches if necessary. Remove

- ¼ cup corn oil
- 1 ½ pounds ground pork
- 1 large onion
- 1 ¼ tablespoons ground cumin
- 2 ½ tablespoons whole-wheat flour
- 4 ¼ cups vegetable broth
- 3 ¾ cups hominy, rinsed and drained
- 2 ½ tablespoons finely chopped jalapeño peppers, or to taste
- 1 cup fresh cilantro, chopped
- Salt and freshly-ground pepper

Heat oil in a skillet over medium-high heat, then add pork, onion, and cumin and cook until the meat is browned. Stir in the flour and cook for 2 minutes, then whisk in the broth. Add hominy, and bring to a boil while stirring, then reduce heat and simmer until thickened. Add jalapeño and cilantro, and simmer a few more minutes, then season to taste. Serve in shallow bowls.

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