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HMC-TV Guide and Digest

Volume XIX Number 4 – April 2018

Editor Louise O'Brien

Associate Editors Gail Habbersett and Sharon Kope

Featured Writers Gay Barry, Mary Kay Hagerty, Joe Kennedy, and Don Trauger

Advertising/Marketing Director Jack Keeley

Marketing Finance Director Joe Silio

We hope that you will share, or get involved, with *your* Hershey's Mill magazine!

All submissions welcomed; with rights retained by the owner. Send to hmctvguide@comcast.net, Attention Editor. Hardcopy submissions are not accepted. Articles should be limited to 500 words (although others may be considered), and photographs should be high-resolution. HMC-TV determines suitability and has sole discretion to publish any submission. Submissions are due by the 23rd (37 - 40 days in advance of each edition) for possible inclusion (those received after will be reviewed for the next); contact the Editor for exceptions. Articles are subject to editing for space, clarity, and grammar. Information and opinions are those of the author, and may not reflect those of Hershey's Mill Community-TV, its officers, or directors.



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	From The Main Gate	7
	HM Residents Update	9
	HMC-TV Ch20 Programming	10
	Getting To Know You	12
	Philadelphia Eagles	18
	HM Bus Trips	20
	HM Bus Trips (Series)	25
	Technology Tips	27
	HM Library	30
	Dining Around	32
	Local History	34
	Activities Calendar	38
	Community News	42
	Hepatitis C	48
	Club News	50
	Recipes	60
	Hershey's Mill Golf Club	62
	HM Sports Group	66
	Pool News	68
	Classifieds	70
	Activities Contacts	73
	Advertisers' Index	74

Cover: Photographer Michael Rackover says "Mahjong group is in the spirit!" For the group reveal, with names, check out the Philadelphia Eagles section.

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FROM THE MAIN GATE

Marc Fraser | Director of Security

By May 2018, Hershey's Mill will fully transition to Verizon FiOS as its community-wide provider of cable television, Internet, and phone services. While this type of digital communication is quickly replacing the much older, slower analog communication delivered by copper telephone/DSL lines, one area of the transition to FiOS, to which all

the monitoring station. In response to these reliability issues, the alarm industry introduced a solution known as a cellular communicator, which allows the alarm panel to communicate using a compatible cellular signal. While no method of telephone communication is fully guaranteed, the cellular communicator is considered "compatible" with alarm systems and more reliable than VOIP service.

Residents who have VOIP reliability concerns regarding their **Hershey's Mill monitored alarm system** are encouraged to consider the installation of a cellular communicator for their alarm panel. Currently, the cost to purchase and install a cellular communicator is \$199; and the monthly fee for the cellular service is \$15 per month (paid annually).

Alarm Panel & FiOS



Hershey's Mill residents must take note, in regards to the reliability of voice over Internet phone service (VOIP), including Verizon FiOS and Comcast Digital Voice, as it relates to monitored alarm equipment.

Many alarm panels, including Hershey's Mill monitored alarm panels, are considered by their manufacturer to be incompatible with VOIP due to potential reliability issues. In most cases, the alarm panel can communicate using VOIP service; but there have been instances where VOIP service has been linked to communication delays or failures between the alarm panel and

Additionally, residents who utilize any **non-Hershey's Mill alarm monitoring companies** (Life Alert, ADT, Vector, Protection Bureau...etc) for medical, burglar or additional fire safety alarm systems, must contact that company in order to inform them that the residence will be utilizing Verizon FiOS phone service. This will allow the company to make any necessary equipment modifications in order to ensure system compatibility.

If you have any questions, please feel free to contact Director of Security, Marc Fraser, at . Thank you.

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HM RESIDENTS UPDATE

This information from Hershey's Mill Security can be used along with the annual *HM Resident Directory* to stay up-to-date. Contact Security with any issues.

Decker, Bruce & Rita

1710 Yardley Drive

Kara, Edward & Opal

1583 Ulster Terrace

Morrissey, John & Sandy

1513 Ulster Way

Robillard, Mark & Regina

1247 Oakmont Lane

Schiller, Frederick & Rena
(new #)

1558 Ulster Circle

Stone, George &
Hughes, Carole

1557 Ulster Circle

Sturman, Howard &
Zaffarese, Frieda

1743 Yardley Drive

Synn, Sehi & Sook
(new #)

699 Inverness Drive

Widdowson, Timothy & Mary

752 Inverness Drive



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that our feet may
leave, but not
our hearts."
Oliver Wendell
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Original Programming	April 1-15, 2018			
<p>Utah National Parks 2017 <i>with Kay Ricker</i></p> <p>Mike Rackover and his wife Eileen took a photographic journey last spring to see the Utah National Parks. They have some great pictures of Zion, Bryce Canyon, and Capitol Reef National Parks.</p>	10:00 am	4:00 pm	7:00 pm	12:00 am
<p>Take it to the Auction</p> <p>This is a program that appeals to antique collectors as well as folks just interested in what kind of collectible or novelty items might show up at an auction.</p>	10:30 am	4:30 pm	7:30 pm	12:30 am

To view HMC-TV's original programming online: Go to hersheysmill.org, and navigate through "TV & Digest" to "HMC-TV20" to "Original Programming". Follow the link there to go to the video streaming website.

Movies	<p>April 2 to April 9, noon</p> <p>The Greatest Story Ever Told (G) <i>Max Von Sydow and Charlton Heston</i></p> <p>The life of Jesus of Nazareth unfolds in an epic production. <i>[Run time 3h 13m]</i></p>
	<p>April 9, 8:30 p.m. to April 16, noon</p> <p>Amelia (PG) <i>Hilary Swank and Richard Gere</i></p> <p>A look at the life legendary pilot, Amelia Earhart, who disappeared while flying over the Pacific Ocean in 1937. <i>[Run time 1h 51m]</i></p>

12:45 am - 10:00 am	10:45 am - Noon	Following the Noon movie until 4:00 pm	Bulletin Board
4:45 pm - 7:00 pm	7:45 pm - 8:30 pm	Following the 8:30 pm movie until Midnight	

To view/print all HM cable channels: Go to hersheysmill.org, and navigate from "TV & Digest" to "Cable & Comcast". Both basic and full listings available.

HMC-TV Channel 20 reserves the right to make program substitutions, and dates/times are subject to change. Opinions of hosts, guests, or advertisers shall not be construed as an endorsement by HMC-TV. ©2018 HMC-TV

Original Programming	April 16-30, 2018			
<p>Utah National Parks 2017 <i>with Kay Ricker</i></p> <p>Mike and Eileen Rackover continue their photographic journey through Bear Ears National Monument, Dead Horse Point State Park and Capitol Reef National Park.</p>	10:00 am	4:00 pm	7:00 pm	12:00 am
<p>Showcase of Homes 2018 <i>with Sandy Wollenberg</i></p> <p>Sandy and Lynn Mander preview the upcoming Paoli Hospital Auxiliary Showcase of Homes on May 10, describing the homes and telling where to get tickets.</p>	10:30 am	4:30 pm	7:30 pm	12:30 am

"Life never gives us what we want at the moment that we consider appropriate. Adventures do occur, but not punctually." E.M. Forster, *A Passage to India*

Movies	<p>April 16, 8:30 p.m. to April 23, noon</p> <p>A Passage to India (PG) <i>Judy Davis and Alec Guinness</i></p> <p>Cultural mistrust and false accusations doom a friendship in British colonial India between an Indian doctor and an Englishwoman. <i>[Run time 2h 44m]</i></p>
	<p>April 23, 8:30 p.m. to April 30, noon</p> <p>The Man in the White Suit (PG) <i>Alec Guinness and Joan Greenwood</i></p> <p>In this sly satire, a company chemist invents a fabric that resists wear and stain. <i>[Run time 1h 25m]</i></p>

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Mary Kay Hagerty | Heatherton

Sue was born and raised with one sister in Lawton, Colorado, the seat of Comanche County. Her father, who was the oldest of 8 children was born in Indian Territory in 1901, five years before Oklahoma became a state. Education was very important to him, as he helped to educate his younger brothers and sisters. He graduated from the University of Oklahoma where he was on the debate team, and went on to

Sue Carey at ease in her Robynwood home. This photo, and others, are by Mary Kay Hagerty.

Harvard where he earned a law degree. He was a State Senator in Oklahoma and ran for the U.S. Senate on the Democratic ticket with Al Smith in 1928.

Sue still has many relatives who live in Oklahoma. Her mother lived in Lawton until she passed away at the age of 102. Sue credits her longevity with healthy living and good genes. Her mother's family came from Ireland and worked as coal miners. Her father's ancestors came from Indiana and Illinois to settle in Oklahoma. Sue has an antique chair which came from a covered wagon used in the trip out west by her ancestors.

Sue attended Loretto Heights College, in Denver, Colorado for two years and

then transferred to Oklahoma University where she met Buddy, her husband to be, who was also a student there. She boarded in a home with seven other coeds and Buddy worked in the kitchen part-time.

She graduated from O.U. with a bachelor's degree in Fine Arts with a



Music Emphasis. She has been playing the piano since she was eight years old. She graduated in the spring, travelled to Europe, came home and got married. Buddy also graduated from O.U. with a degree in Chemical Engineering. He was working in Farmington, New Mexico in the oil and gas industry near the four corners area where Utah, Colorado, Arizona and New Mexico meet. Sue joined him there in New Mexico after they were married, and got a job in the secretarial

pool at Shell Oil. They lived there for ten years and all four of their children were born there.

Buddy, was transferred from New Mexico to Bellevue, Washington, near Seattle. They loved living in Washington State, but after another job change the family moved to the Philadelphia area in 1971. They first lived in Exton then moved to Chester Springs where they lived for fifteen years. The children, who were close in age, attended

Sue learned to ski while attending school in Denver and has enjoyed it ever since. Because the whole family enjoyed this activity Sue and Buddy decided to buy a second home in Colorado where they vacation each winter.

Sue wanted to use her Psychology degree while in Colorado, so she volunteered at a local hospital. This winter she was asked to work as a chaplain at Vail Valley Medical Center in Colorado which she is looking forward to.

Meet Sue Carey

Robynwood Village

Downingtown schools. Sue stayed home as they were growing up, doing a lot of volunteer work in their schools.

When her youngest child was a senior in High School Sue went back to school and earned a Master's degree in Pastoral Counseling from Neumann University in Aston, PA. Over the years Sue had been involved in her church teaching religious education and being active in the Charismatic Renewal program. After getting her Master's degree Sue was grandfathered into a program through which she obtained a license in Psychology. She took courses at Villanova and West Chester Universities in order to be accepted to sit for the exam.

She initially worked as a Psychologist in a Drug and Alcohol program and then joined a psychology/psychiatry practice called Hamilton Miraglia Associates in Bala Cynwyd. When the group opened an office in Chester Springs, Sue became manager of that office.

Sue and Buddy have enjoyed many cruises in Europe over the years, but their favorite trip was to Israel in 1995. They also went to Jordan and Petra on that trip. They found it a fascinating, educational and fun trip, since they travelled with friends from Oklahoma.

Since she is from Oklahoma, Sue has always been interested in Native Americans. Lawton, where she was born and raised, was built on former reservation lands of the Kiowa, Comanche and Apache Indians. Sue took a course at the Lifelong Learning Institute at Immaculata University on the "Trail of Tears", a series of forced removals of Native Americans from their ancestral lands. She has also taken courses on Movies, Nutrition and "I Everything" (IPad, iPhone, etc.).

When each of their grandchildren graduated from High School, Sue and Buddy would take them alone on a special trip anywhere they wanted to go in the United States. Some chose to go skiing in Colorado. Sue plans on con-

Continued on page 15

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GETTING TO KNOW YOU (continued)

tinuing this great family tradition with the rest of her grandchildren.

once a week in the spring and summer. The women, who were all looking for something fun to do after their children had grown, became close friends, and the racing kept them in shape.



With her love of skiing and being outdoors, Sue formerly worked as a Mountain Host in Colorado, which she enjoyed very much. She would help skiers on the mountain, give tours and helping injured skiers. It was a rigorous job, spending much time outdoors. This

Up Close with Sue

How long have you lived in Hershey's Mill? Seven years.

How many children and grandchildren do you have? I have four children, three boys and a girl, and eight grandchildren ranging in age from 14-28 years old.

Where did you live before Hershey's Mill? We lived in Chester Springs.

What activities do you enjoy at Hershey's Mill? I play Mah Jong, bridge, pickleball, and a little tennis. I belong to the Hershey's Mill Singers, the Hershey's Mill Players and the Paoli Hospital Auxiliary. Before my husband's illness we played golf.

Favorite local restaurant: Ludwigs in Chester Springs.

Favorite places to travel: I enjoy all travel, and a couple of favorite trips were skiing with my family in Italy and Austria, and a trip to Israel and Jordan.

One of Sue's favorite activities was Dragon-boat racing which originated in Hong Kong. She was a part of the first women's Dragon-boat team in Philadelphia which paddled on the Schuylkill River. This paddling water sport has its roots in an ancient folk ritual of contending villagers. The boats have 20 paddlers with a steerer in the back and a drummer in the front to keep the paddlers in time with each other. Sue heard about the sport from

a client that was starting a women's team in Philadelphia and decided to give it a try. She has travelled extensively with the group in Europe and the U.S. She learned the fundamentals at the Philadelphia boat house practicing

job required CPR training to assist the Ski Patrol.

Sue stays in shape by taking yoga and fitness classes at ACAC and recently

Continued on page 17



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GETTING TO KNOW YOU (continued)

started working with a personal trainer, which she finds very beneficial.

While they were on vacation in Colorado Buddy was diagnosed with pancreatic cancer. The doctors gave him

Sue Carey, Robynwood, beaming with pride and joy alongside her family reunion photo.

years. It was a difficult time as Buddy was hospitalized 15 times in one year.

Sue likes living at Hershey’s Mill. She has made many friends here and enjoys all of the available activities. Most of all, she loves the feeling of security and a sense of belonging now that Buddy is gone.



weeks to a month to live. They returned to Hershey’s Mill and he lived for four more

What is on Sue’s bucket list? She might someday like to travel to Australia and New Zealand.

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All photographs by Michael Rackover



(Above) Mahjong group reveal from left - Marlene Vergillo of Inverness, Betsy Carlin of Princeton, Eileen Rackover of Franklin, and Karen Gibson of Jefferson. (Below) Candy Kulzer of Ashton shows her true colors as a self-proclaimed diehard Eagles fan and Philly native. Her message to all, "Fly, Eagles, fly . . . and they did!" Lots of green love to everyone in HM who celebrated our Super Bowl LII Champions. Traditional Eagles' party menu served: underdog bone soft pretzels, cheesesteaks, and for dessert, tastykakes and peanut chews - all Philadelphia goodies. Eagles do it again in 2019!



(At right) Bob and Michelle Cohen of Franklin take football seriously!

Bob says "Michelle and I decided to have a super bowl party, weeks before our Eagles gained a free pass to this festive event. As a result, the party and the food had a somewhat different taste then the previous 51 Super Bowls! Consequently, because the game was obviously *extremely* special and just was an overall great game, our guests had a blast. The fact that we won our first super bowl *EVER*,



(At left) Cohen's displaying the "Green" with pride!
(Below) Pool gives way to football at Cohen's.



coupled with the last championship was in 1960 had something to do with the sheer excitement! Food was great, and our 25 guests certainly enjoyed the festivities! A good time for all! Never saw so many men crying at the same time over a sports event! HA HA!"



Trips Listed In Chronological Order (Or By First Occurrence)

Philadelphia Orchestra

Friday, April 20, 2018

Cost: \$14 (single date, bus only) + Performance Admission

Departs: 6:00 p.m.

Contact: Ann Seraphin

Stéphane Denève conducts Connesson, Prokofiev, Strauss, and Ravel; with Vadim Repin on violin.

Also join us for our last trip of this season, below:

Friday, May 11, 2018

Yannick Nézet-Séguin conducts Beethoven and Schumann; with Hélène Grimaud on piano.

Shady Maple Smorgasbord

Saturday, April 21, 2018

Cost: \$39

Departs: 5 p.m.

Contact: Marc Fraser

Discover the experience of dining at Lancaster County's largest all-you-can-eat smorgasbord, featuring 200 feet of deliciously authentic Pennsylvania Dutch cooking. At Shady Maple some of the area's finest cooks prepare all your favorite PA Dutch foods, as well as some exciting new dishes. A sampling

Prior to making payment, anyone who wishes to participate in a bus trip must first call the contact person to ensure that there is still room on the bus.

All bus riders must be age 18 or older unless otherwise noted in the trip write-up.

Trip payment checks should be made payable to "HERSHEY'S MILL HOA", sealed in an envelope (noting trip name and date), and placed in the maroon "Customer Service" mailbox next to the Security Center in the exit lane at the Main Gate.

Refunds are only granted if (1) the trip is canceled, or (2) the trip has a wait list from which another passenger can fill the vacated spot.

Bus leaves promptly at the scheduled time. Please plan to arrive 10 minutes early

The Hershey's Mill Bus Committee is always looking for more volunteers to help share ideas and plan bus trips! If interested, call Marc Fraser at

of Saturday evening's offerings include: Carved Smoked Beef Brisket, Salmon, Cajun Catfish, Fried Shrimp, Crab Cakes, NY Strip Steak, and a wide array of salads, soups, breads, cheeses, desserts, non-alcoholic drinks, and items featured on their grills. You've never experienced dining quite like this! Price includes all taxes and gratuity.

Museum of the Bible, Washington, D.C.

Saturday, April 28, 2018

Cost: \$40 + Lunch

Departs: 7:30 a.m.

Contact: Priscilla Burt

Explore Washington's new museum featuring the world's most famous book that shaped history. Museum Collections include artifacts and objects from a range of cultures and time periods, with a permanent collection focusing on Biblical items, manuscripts, printed Bibles, books, and art. You will find thousands of religious artifacts along with high-tech exhibits. There is an additional charge for some attractions. Lunch is on your own.

Reading Fightin' Phils & Fireworks

Saturday, May 5, 2018

Cost: \$25 + Food

Departs: 4:15 p.m.

Contact: Marc Fraser

Children age 8+ are welcome! We will be traveling to FirstEnergy Stadium in Reading (proclaimed by Stadium Journey Magazine to be "...easily one of the best parks in the minor leagues at any level and by nearly any criteria."). to

watch the Reading Fightin' Phils, AA minor league affiliate of the Philadelphia Phillies. They take on the Richmond Flying Squirrels for a 6:05 p.m. game. After the game, we will stay to watch the Pepsi MegaBlast fireworks show, the largest fireworks show in stadium history. We have great seats, located in Box 9, above the visiting team dugout! Food is on your own at one of the many ballpark concessions.

Penn's Peak

Tuesday, May 8, 2018

Cost: \$55

Departs: 9:15 a.m.

Contact: Ann McClay

Please respond by Wednesday, April 18 to reserve your seat, as we must have a minimum of 20 people signed up by this date. Eric Kearns presents Voices of Legends, a show featuring incredible vocal impersonations of superstar singers from the 1950's through the 1980's. You will be taken on the musical ride of your life Just a few of the artists you'll hear in the show are: Neil Diamond, Elvis Presley, Chubby Checker, Frank Sinatra, Rod Stewart, Barry Manilow, Engelbert Humperdinck, Johnny Cash, Tom Jones, Louis Armstrong, and so many more. You will also enjoy a breathtaking overlook of nearby Beltzville Lake, plus a picturesque 50-mile panoramic view of the Appalachian Mountains. Bus, show, and lunch are included in the price.

Continued on page 23





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Exton, PA 19341
610-363-1697

HERSHEY'S MILL BUS TRIPS (continued)

Paul Anka

Wednesday, May 9, 2018

Cost: \$110

Departs: 5:45 p.m.

Contact: Marc Fraser

Join us for this memorable concert at the Santander Performing Arts Center in Reading, PA. as Paul Anka performs his "Celebrating 60 Years Of Hits – His Way" tour. The singer, songwriter, and actor, became famous for hit songs like "Diana", "Lonely Boy", "Put Your Head on My Shoulder", and "(You're) Having My Baby". Anka wrote the well-known music theme for *The Tonight Show Starring Johnny Carson* and one of Tom Jones's biggest hits, "She's a Lady". He wrote the English lyrics on Claude François and Jacques Revaux's music for Frank Sinatra's signature song, "My Way", which has been covered by many including Elvis Presley.



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in copper with brass tacks, reminiscent of old-time riverboats from the 1800s! Following the boat trip, at 1:30 p.m. we'll head to the State Capitol building for a 45 minute guided tour. If available, the tour will include the Senate, House of Representatives and the Court Room. Pictures are permitted, and encouraged, in the magnificent Capitol Rotunda only. A gift shop is located on site. *Please respond by May 20, as we need a minimum of 20 people or the trip will be cancelled.*

Delaware Park

Monday, May 14, 2018

Cost: \$17 + Lunch

Departs: 10:15 a.m.

Contact: Ann Seraphin

Join us at Delaware Park and try your luck at slots and table games. \$30 free slots play is given to everyone on the bus. Lunch is on your own.

Harrisburg: Capitol Visit & Susquehanna Boat Ride

Monday, June 11, 2018

Cost: \$37

Departs: 9:15 a.m.

Contact: Ann McClay

To begin, we will enjoy our boxed lunches (included in price) during our 45 minute river cruise on "The Pride of the Susquehanna"; one of only six

Philadelphia Museum of Art – "Modern Times: American Art 1910-1950"

Thursday, June 21, 2018

Cost: \$35 + Lunch

Departs: 8:30 a.m.

Contact: Priscilla Burt

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Contact: Adele Juzi (Thursdays)

Contact: Joan Stanek (Saturdays)



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Friday 11/23/18 & Sat. 12/1/18

"Roald Dahl's Matilda The Musical"

Thur. 1/31/19 & Sat. 2/9/19

"A Comedy Of Tenors"

Thur. 3/28/19 & Sat. 4/5/19

"Curious Incident Of The Dog In The Night-Time"

Thur. 5/30/19 & Sat. 6/8/19

"Legally Blonde: The Musical"

We are collecting names for the Wait List, as vacancies frequently become available for individual shows.

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TECHNOLOGY TIPS

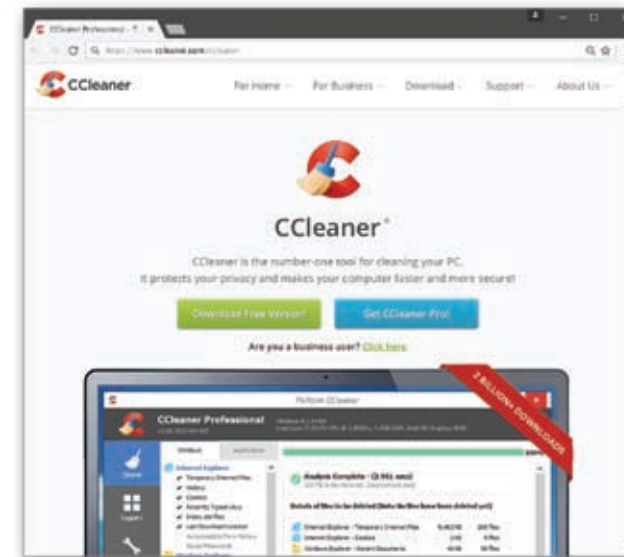
Don Trauger | Kennett

I've written various articles about how to clean up unneeded, junk or temporary files that have been used and left discarded on the hard drive of your computer. This article updates the previous one from June 2017.

That's because there are many hundreds of files used only once to get the new computer up and running.

Generally I recommend that you do the maintenance once a month. I recommend that you download the **free** CCleaner program from <https://www.piriform.com/ccleaner/download>.

Maintain & Clean up Your Windows 7, 8 & 10 PC



You'll find it in your Downloads folder as ccsetupxxx.exe (x any number). Double click the download file to install CCleaner. Uncheck any optional software offers then click Install. Close the next window that says Run CCleaner and also the window that pops up redirecting you back to Piriform. The

After months of buildup, neglecting cleanup chores will make the computer unstable and run more slowly. I often wonder how many people buy a new computer because theirs is running poorly. Had they done the required maintenance maybe they wouldn't have needed a new one. As a side note, installing and configuring a new computer already qualifies it for a cleanup.

installation will place an icon on your Desktop screen. Double click it to open CCleaner and click the Run Cleaner button. After cleaning is complete click the Registry button, then click the Scan for Issues button. After this completes, click the Fix selected issues button. This free download program provides

Continued on page 29



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TECHNOLOGY TIPS (continued)

a fast, easy and safe way to clean your computer. There is a built-in monitor in CCleaner that pops up a reminder window when the computer has accumulated too much junk. Very handy. However, there's more about cleaning up your computer so read on and if you have a laptop be sure it's plugged into your battery charger before starting the cleaning and defragging.

Windows includes a built-in disk file cleaner that also removes unneeded files. The trouble is it just doesn't clean as well as CCleaner. Let's look at Windows 7 first. Click the orb in the lower left corner of the Desktop screen, then click All Programs, click Accessories, click System Tools, then click Disk Cleanup. The program should start by calculating how much space it can free. After it completes, a new window will open showing many items that can be cleaned. Click the empty box next to an item so it appears with a check. Do this for all items scrolling down as needed. Make sure all items are checked. This is a safe procedure as nothing that is needed or wanted will be deleted. At the top of the window click the More Options tab. Under System Restore and Shadow Copies, click Clean up. In the pop-up window click the Delete button. Click the OK button in the Disk Cleanup window then click Delete Files in the pop-up window. Remember all this is safe to do! This may take a while. After the window disappears (there is no formal notification) the tool has done its job. Next, repeat the procedure for navigating to Disk Cleanup but this time click Disk Defragmenter. When the Disk Defragmenter window opens click the Defragment disk button. Under the Progress column you will see Pass 1, 2, 3 etc. After it stops click the Defragment disk button again

for another go around. Ideally most computers will stop at pass 5 when fully defragmented. Plus or minus a pass (6 or 4) is fine too.

Next is the procedure for Windows 8/8.1 and Windows 10. Type the letters "co" (no quotes) in the Search field next to the four-pane window icon in the lower left corner then click Control Panel at the top. When the Control Panel opens, click Administrative Tools. If you don't see it, click Category view in the upper right and change it to Large icons. When Administrative Tools opens click Disk Cleanup. Click OK in the pop-up window. As in Windows 7, check all items then click Clean up system files. Click OK again. Next, in the pop-up window, make sure all items are checked then click the More Options tab. Click the Clean up button under System Restore and Shadow Copies and click Delete in the pop-up window. Click OK and click Delete Files in the pop-up window. Finish by clicking OK then click Delete Files. If you can't find Disk Cleanup after opening it, look for it on the Task bar at the bottom of the Desktop window. Click it to make the window visible. As in Windows 7 this procedure is safe for Windows 8 and 10 too. It may also take a while. To Defrag a Windows 8 and 10 computer, click on Defragment and Optimize Drives in Administrative Tools. When the window opens, click the Optimize button. Again, about 5 passes is the norm so repeat as necessary.

To help you with questions about this or any subject, we meet on the third Tuesday of every month at 7 p.m. upstairs in the Ardmore room of the Community Center.

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April is Volunteer Appreciation month. The Hershey's Mill library has many volunteers that we want to thank. Our volunteers consist of dedicated ladies that work at the desk, research, purchase, cover and process new books monthly. Our annual book sale scheduled for September 8 and 9 has many helping



shey's Mill residents.

Paul Michael Day has donated his recent book **Keepers of the River**. The body of a young woman is found in the water. Deputy Sheriff Kemp has retired from NYC and returned to familiar territory. He works with a college professor he is dating hoping to find the murderer.

Compassionate Communication: A Guide in Seven Easy Steps by Sandra Wollenberg is being read and discussed by one of the book clubs in Hershey's Mill. Sandra is a retired family practitioner that is using her retirement years to teach simple ways to bring health and understanding into our lives through compassion.

NEW BOOKS

Fiction

- Alexander, V. S. - *Taster*
- Berenson, Alex - *Deceivers*
- Bloom, Amy - *White Houses*
- Bracht, Mary Lynn - *White Chrysanthemum*
- Bradley, Alan - *Grave's a Fine and Private Place*
- Bradley, James - *Flyboys*
- Burke, Alafair - *Wife*
- Cleeton, Chanel - *Next Year in Havana*
- Cleveland, Karen - *Need to Know*
- Corry, Jane - *Blood Sisters*
- DeShalit, Jonathan - *Traitor*

volunteers. Please continue to bring your "gently" used books to the library during library hours.

Please help us with your suggestions, by signing up to review Book Pages and using our suggestion box set up on the large round table.

The library is honored to have copies of books, donated and written by Her-

- Elgar, Emily - *If You Knew Yer*
- Fellows, Jessica - *Mitford Murders*
- Gardiner, Meg - *Into the Black Nowhere*
- Gardner, Lisa - *Look for Me*
- Haig, Matt - *How to Stop Time*
- Hannah, Kristan - *Great Alone*
- Harper, Jane Elizabeth - *Force of Nature*
- Hart, Carolyn - *Ghost to the Rescue*
- Jones, Tayari - *American Marriage*
- Kinsella, Sophie - *Surprise Me*
- Lescroart, John - *Poison*
- Luesse, Valerie Fraser - *Missing Isaac*
- Mallery, Susan - *Sisters Like Us*
- Martin, Kimmery - *Queen of Hearts*
- McMahon, Jennifer - *Burntown*
- Meissner, Susan - *As Bright as Heaven*
- Moyes, JoJo - *Still Me*
- Navin, Rhiannon - *Only Child*
- Nunez, Sigrid - *Friend*

- O'Flanagan, Sheila - *Missing Wife*
- Patterson, James - *Store*
- Riley, Lucinda - *Pearl Sisters*
- Robb, J. D. - *Dark in Death*
- Silver, Mitch - *Bookworm*
- Silvis, Randall - *Walking the bones*
- Steel, Danielle - *Fall from Grace*
- Swanson, Cynthia - *Glass Forest*
- Todd, Charles - *Gate Keeper*

Non-Fiction

- Benanav, Michael - *Himalaya Bound*
- Damasio, Antonio - *Strange Order of Things*
- Kerrison, Catherine - *Jefferson's Daughters*
- Stanton, Doug - *Odyssey of Echo Company*

Biography

- Eggers, Dave - *Monk of Mokha*

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Sharon Kope | Robynwood

It's been a few years since the HM Guide and Digest reviewed this popular, local restaurant. At that time they were being introduced as the new guys on the block in West Chester. To their credit, passing time has not diminished their reputation.

If you are looking for a place to dine that's not far from "The Mill", Fellini Café is still one of the top choices in places to go. They are located in front of the Waterview Apartments



on Route 3; an easy and short drive from Hershey's Mill. (The entrance is the first driveway on the right after the Goshen Apartments.) Manny Matsos is the owner of this and one other very successful location in Newtown Square.

Fellini Café offers an extensive menu with at least 63 regular items to choose from and several daily specials. There is a great assortment of appetizers, salads, pasta varieties, chicken and veal entrees, and seafood. Portions are generous and attractively presented.

You are also served complimentary Italian bread and butter. If you can't finish your meal, leftovers are graciously boxed for take home.

If you arrive during lunch time, sandwiches are served until 3 p.m. and are accompanied by a small salad and homemade potato chips. Remember to ask about their daily two-for \$13 lunch combination choosing from soup, salad and pasta.

Gail Habbersett enjoyed the Mista salad; a spring mix with fresh sliced tomatoes, red onion, and house dressing. Her entrée was Spaghetti Primavera; nice flavor but she thought that the mixed vegetables lacked that fresh appeal. Perhaps it was just

Photos courtesy of Fellini Café



a poor choice considering the summer harvest is still months away. My choice started with Mussels Alla Marinara; a bowl of fresh mussels, garlic marinara, topped with crostini. I was shocked to see such large the mus-

sels! They were tender and delicious! I will definitely order them again. For my entrée, I requested the Caesar salad with salmon. While the chef was happy to oblige, the fish was a bit overcooked for my taste.

But you must save room for one of their delicious desserts! They have four flavors of gelato, Limoncello raspberry cake, Tiramisu, chocolate truffles, cheese cake and other decadent treats

We found the restaurant brightly decorated, very clean and appealing. The



Fellini Café



from which to choose. Gail and I thoroughly enjoyed sharing the Exotic Bomba which is mango, passion fruit and raspberry sorbetto, all covered in white chocolate and drizzled with chocolate. It perfectly completed our meal.

cozy atmosphere enhanced our dining experience. "Millers", like ourselves, will appreciate that the menu is printed in large type. If our waiter is typical of the staff, you can expect attentive, professional service.

Fellini Café's hours are Sunday through Thursday from 11 a.m. to 9 p.m., Friday and Saturday from 11 a.m. to 10 p.m. Reservations are suggested, especially on the weekends. Takeout service and online ordering is available. Call 484-999-8407.

To summarize, Fellini's provides good food, an extensive menu, moderate prices, nice atmosphere, is close to home *and* is a BYOB – what more could you ask for?

Joe Kennedy | Princeton

Those who spend their careers researching and writing local history seldom receive the fame and fortune of popular national historians. Yet the local historian makes a vital contribution to our understanding of the past by bringing to life a part of the national historical puzzle. Such a man was Edward Mathews, whose early work in the history of our region still makes an impact in the present.

Like so many early local historians, Mathews had no formal training in that field. "I have a natural taste for historical research ... and a good memory for dates and figures," Mathews once said of his work. His writing was distinguished by its detail and meticulous documentation.

According to the records of the Historical Society of Montgomery County, Mathews was born on a family farm in New Britain, Bucks County, on Feb. 9, 1837. He came from a family of Welsh Baptists who had lived in the area for several generations. As a boy, he received a basic education in the schools in New Britain, and, as a teenager, he was apprenticed in the printing office of the Bucks County Intelligencer in Doylestown. His work in the newspaper printing shop required him to do a great deal of reading, which acted as continuing education for him.

Poor health kept him, as a young man, from completing his apprenticeship, but later he did spend several winters working in a newspaper office in North Adams, Massachusetts. In 1878 at age 41, he took a job as a writer for a weekly newspaper, the North Wales Record. He started writing articles on local history that became popular with

readers. His stories usually dealt with old houses or tracts of land such as a single farm in which he would track the transfer of the property from the time of William Penn. In doing this he was unearthing historical primary sources.

By the 1880s, he was contributing articles to other papers in Montgomery County, such as the Lansdale Republican, Ambler Gazette,



Skipjack Transcrip, Harleysville News, and Norristown Herald. With these various outlets, he was covering the local history of large parts of Bucks and Montgomery Counties. He never made much money. Notes from one of his diaries indicate that in 1912 he had an income of \$275.62 for the year.

Mathews was a bachelor with a large circle of friends. He usually dined at restaurants but was frequently invited to dine with friends. As a newspaper writer, he was able to obtain passes for railroad and trolley lines. He also received free passes to various forms of entertainment such as plays, lectures and baseball games. Thanks to the transit passes, he was able to visit Florida, New England and Colorado, and he usually spent a week at Ocean Grove, N.J.

By the 1890s, he discovered the bicycle and became a great biker, cycling from his home in North Wales and later Lansdale to places such as Fort Washington, Paoli and Brandywine. During that decade he began to write books on the history of local families, such as the Thomases and Rosenbergers, and on the history of specific locations, such as Towamencin, Hatfield and the Montgomery Baptist Church.

when asked to give papers before the historical society on a number of occasions, he would write the paper and have someone else read it to the society's membership. In 1910 he was made an honorary member of the historical society. As a result he gave the society his diaries – which noted details of his historical research – along with a series of scrapbooks of his writing, and other items of local historical interest.

Local Historian Edward Mathews



Historian Edward Mathews was born in New Britain, Bucks County, in 1837 and went on to be a favorite contributor of local history articles to a number of newspapers throughout the region; such as the three shown to the left.

Never much of a social mixer, he was fond of children and cats. Every Sunday he attended a different Protestant church in the region but never joined any of them. While well-known among historical circles, he was a shy man, and

"I have endeavored to preserve my writings that are not in book form...These will be of value to somebody when I am gone," wrote Mathews in a letter to the society. Alice Smith, late librarian of the society, reported that the scrapbooks and diaries are widely used by researchers looking into families and historic houses in the North Penn area.

Mathews fell ill while visiting his niece in New Britain and died New Years Day, 1916, at 79. He was buried with four generations of his family on the grounds of the New Britain Baptist Church.

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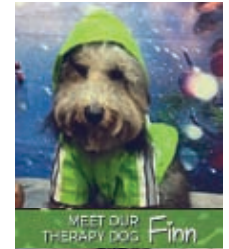
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9 8:30am Aerobic Dancing/Exercise (CV) Chester County Hospital Aux 10:00am (SH) Paoli Hosp Aux 10:00am Ageless Exercise 12:00pm (SH) Circle Of Friends 12:30pm Mah Jongg 12:30pm HM Duplicate Bridge (CV) Talking Bridge 1:00pm Photography Club 3:00pm Bridge 5:20pm Exercise To DVDs 7:00pm WH Duplicate Bridge	10 10:30am Hearing Screening 1:00pm Pinochle 1:00pm (SH) Pinochle 1:00pm Mah Jongg 1:30pm Mah Jongg 3:00pm (SH) Railroad Club 7:00pm (SH) Great Books Club	11 7:30am Men's Bible Study 8:30am Aerobic Dancing/Exercise (CV) Ageless Exercise 9:30am Mah Jongg 12:30pm (CV) Art Group 1:00pm Dominoes 1:00pm Groff Mah Jongg 7:00pm Mah Jongg	12 9:00am Paoli Hospital Aux 10:00am Yoga 11:30am (CV) Mermaid Book Club 1:00pm Card Games 1:00pm Knitting Circle 1:30pm (CV) CPR Class 2:00pm Table Tennis 2:00pm (SH) Book Discussion Group 6:30pm Poker	13 8:30am Aerobic Dancing/Exercise 10:00am Quilters 12:30pm Silio Billiards 1:00pm (CV) Hand & Foot Card Grp 1:00pm Friday Mah Jongg 1:00pm (CV) Rummikub 2:30pm Scrabble 4:30pm Table Tennis	14 9:00am Silio Billiards 9:00am MLMUG 10:00am Table Tennis	15 2:00pm Table Tennis
Philadelphia Eagles Super Bowl LII Champions						<p style="text-align: center;"><i>“What tension. What emotion. What a game. One of the great Super Bowls ever.” ~ Al Michaels</i></p>
16 8:30am Aerobic Dancing/Exercise (CV) Ageless Exercise 10:00am (SH) Circle Of Friends 12:00pm Mah Jongg 12:30pm Mah Jongg 12:30pm HM Duplicate Bridge (CV) Talking Bridge 1:00pm Bridge 3:00pm Exercise To DVDs 5:20pm WH Duplicate Bridge 7:00pm	17 10:30am Hearing Screening 1:00pm Pinochle 1:00pm (SH) Pinochle 1:00pm Mah Jongg 1:30pm Mah Jongg 3:00pm (SH) Railroad Club 7:00pm Boomers Book Club 7:00pm PC Computer Club	18 7:30am Men's Bible Study 8:30am Aerobic Dancing/Exercise 9:30am Intermediate Bridge 10:00am (CV) Ageless Exercise 12:00pm Social Club Bridge 12:30pm Mah Jongg 12:30pm (CV) Art Group 1:00pm Dominoes 1:00pm Groff Mah Jongg 7:00pm Mah Jongg 7:00pm Yardley Open	19 10:00am Angel Companions Seminar 10:00am Yoga 1:00pm (CV) Meet Democratic Candidates 1:00pm Card Games 1:00pm Knitting Circle 2:00pm Table Tennis 6:30pm Poker 7:00pm Quaker Open	20 8:30am Aerobic Dancing/Exercise 10:00am Quilters 12:30pm Silio Billiards 1:00pm (CV) Hand & Foot Card Grp 1:00pm Friday Mah Jongg 2:30pm Scrabble 4:30pm Table Tennis	21 9:00am Silio Billiards 10:00am Table Tennis	22 2:00pm Table Tennis
“For the Philadelphia Eagles, the long wait is over – finally.” ~ Al Michaels						
23 8:30am Aerobic Dancing/Exercise (CV) Ageless Exercise 10:00am (SH) Circle Of Friends 12:00pm Mah Jongg 12:30pm Mah Jongg 12:30pm HM Duplicate Bridge (CV) Talking Bridge 1:00pm Bridge 3:00pm Exercise To DVDs 5:20pm WH Duplicate Bridge 7:00pm	24 1:00pm Pinochle 1:00pm (SH) Pinochle 1:00pm Mah Jongg 1:30pm Mah Jongg 3:00pm (SH) Railroad Club 7:00pm Jefferson Open 7:00pm (SH) Great Books Club	25 7:30am Men's Bible Study 8:30am Aerobic Dancing/Exercise (CV) Ageless Exercise 10:00am Mah Jongg 12:30pm (CV) Art Group 1:00pm Dominoes 1:00pm Groff Mah Jongg 7:00pm Mah Jongg 7:00pm Chatham Open	26 10:00am Yoga 12:00pm Library Volunteer Luncheon 1:00pm Card Games 1:00pm Knitting Circle 2:00pm Table Tennis 6:30pm Poker	27 8:30am Aerobic Dancing/Exercise 10:00am Quilters 12:30pm Silio Billiards 1:00pm (CV) Hand & Foot Card Grp 1:00pm Friday Mah Jongg 1:00pm (CV) Rummikub 2:30pm Scrabble 4:30pm Table Tennis 7:00pm Bingo	28 9:00am Silio Billiards 10:00am Table Tennis	29 1:00pm (CV) Private Party 2:00pm Table Tennis (SH) Sullivan House (CV) Cove
30 8:30am Aerobic Dancing/Exercise (CV) Ageless Exercise 10:00am (SH) Circle Of Friends 12:00pm Mah Jongg 12:30pm Mah Jongg 12:30pm HM Duplicate Bridge (CV) Talking Bridge 1:00pm Bridge 3:00pm Exercise To DVDs 5:20pm WH Duplicate Bridge 7:00pm			<h1>April 2018</h1> <h1>Activities Calendar</h1>			

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“BUY A BRICK” PROGRAM

Greg Gaul | Ulster

Last month, we mentioned this opportunity to commemorate someone by

own *personalized* brick? The Friends of East Goshen Township (FOEG) are still accepting donations of \$100 per brick to honor your loved one and at the same time help



(Above) The “FOEG (Friends of East Goshen) Buy a Brick Program” information sheet from the website.

engraving a brick to be placed in the East Goshen Playground. The park renovation is well underway now and many HM residents already look forward to revisiting this local playground with their grandchildren. Can you imagine the fun your family would have discovering their very

(At right) Photograph of a previous East Goshen Township Farmers Market; provided by Jason Lang.



(At left) Former sailors Donna Dougherty of Jefferson and Stew Tomkins of Quaker Ridge sing and dance – maybe a hint of what’s to come?

(Below) From the “Millettes” Sue Carey of Robynwood, Bobbie McCarthy of Quaker Ridge, and Mary Kay Hagerty of Heatherton high step it!

Both photographs by Eileen Hotte of Quaker Ridge.



fund future park improvements. Your tax deductible gift can be purchased online. For more details, go to www.friendsofeastgoshen.org.

EAST GOSHEN TOWNSHIP FARMERS MARKET

Jason Lang | Director of Parks and Recreation

Come enjoy an afternoon outdoors and a variety of local products at the East Goshen Park on 1661 Paoli Pike. You’ll find fresh produce, baked goods, raw honey, soaps and more on Thursdays from 3-7 p.m. **beginning May 10 and continuing through October 13.** Contact: Jason Lang 610-692-7171 or jlang@eastgoshen.org.

HERSHEY’S MILL PLAYERS KICK OFF THE SEASON!

Sandra Wollenberg | Devonshire

Hershey’s Mill Theater Player’s production of *THE MILL’S A CRUISIN’* will be held **June 21, 22 and 23** this year at the West Chester East High School Auditorium. So be sure to grab your duffle bag and favorite sailor and place this date in your calendar!

Continued on page 45

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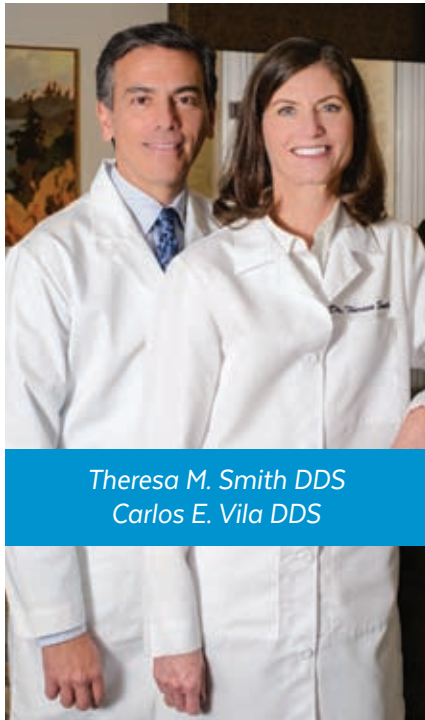
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COMMUNITY NEWS (continued)

Enjoy the beauty of Sullivan House during spring at the HMSG Social on May 19

SPORTS GROUP SPRING SOCIAL

Sharon Kope | Robynwood

Spring is just around the corner. The weather warms up and everyone looks forward to getting back outside. The annual

HM Sports Group Spring Social will be held on **Saturday, May 19 from 5:30 to 9 p.m.** at the Sullivan House and covered terrace. There will be a buffet dinner, dessert, mixers, and BYOB. Hurry and reserve your spot by contacting Sharon Kope at . Don't miss this wonderful opportunity to have fun with your fellow athletes.

PENNSYLVANIA PRIMARY ELECTION TUESDAY, MAY 15, 2018

Polls open from 7 a.m. to 8 p.m.

This is not an "open" primary. Only voters registered Republican or Democrat are eligible to vote for their party candidates. In this primary election we will be voting for:

Governor
Lieutenant Governor
U.S. Senator
U.S. Congressman
PA House of Representative
State Committee
Chester County Committee



Precinct 250, East Goshen 8 votes at the HM Community Center: Villages- Ashton, Brighton, Chatham, Devonshire, Inverness, Jefferson, Merrifield, & Oakmont.

Republican Committee: Eileen Pickett , Jim McArdle

Democrat Committee: Marie Knox , Pat Schultz

Precinct 247, East Goshen 5 votes at the HM Golf Club. The remaining villages not listed above will vote in this precinct.

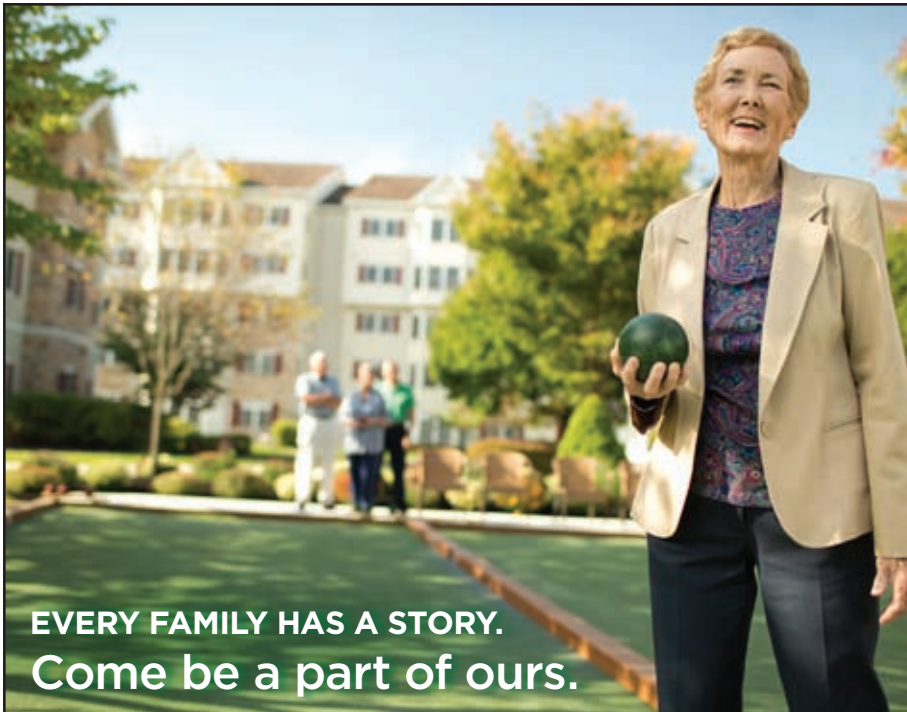
Republican Committee: Ed Sweeney,

Democrat Committee: Christi Marshall, , Pam

Onyx,

Continued on page 47





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114882-FV Brandywine-Hershey Mills Newsletter January SK

COMMUNITY NEWS (continued)

UPTOWN THEATRE WEST CHESTER

Bringing New York Theatre to Chester County

April kicks off with The Resident Theatre Company’s blockbuster performance of **Bullets Over Broadway: The Musical**, with matinee and evening performances from March 30 to April 15. RTC consistently earns Barrymore Award recommendations.

Classical music enthusiasts will enjoy Curtis on Tour Concerts April 2, April 24, and May 22. In collaboration with Curtis Institute of Music, the concert series includes string and opera performances by accomplished Curtis alumni.

Additional April events include editorial cartoonist Signe Wilkinson speaking April 17, West Chester Area School District Sensational Strings’ concert April 23 and composer Kurt Weill’s *A Musical Voyage* offers musical theater highlighting his work April 25.



Uptown! Knauer Performing Arts Center is conveniently located near parking and restaurants at 226 North High Street, West Chester. Purchase tickets at UptownWestChester.org, at the box office, or call 610-356-2787.

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Peggy McCall | Quaker

Baby Boomers and others at risk should get the simple test.

If you watch TV or surf the web, you've probably seen ads about hepatitis C (Hep C) and new drugs used to treat it. The older adults in the ads represent a group of people in the U.S. – Baby Boomers – identified by the Centers for Disease Control and Prevention (CDC) as at-risk for chronic Hep C.

What's Behind those Hepatitis C Ads on TV?

But what exactly is Hep C? How do you get it? What tests and treatments are available?

Types of Hepatitis: The term *hepatitis* simply refers to liver inflammation. *Viral hepatitis* refers to a group of infectious diseases caused by distinct viruses and known as Hepatitis A, B, C, D and E. While all types affect the liver, each type spreads in a different way, affects different groups of people, and results in different outcomes.

Hepatitis A is spread through contaminated food or water and causes only acute disease. Hepatitis B is spread through contact with blood and other body fluids and can be both acute and

chronic. Hepatitis D is passed through contact with infected blood but only occurs in people already infected with Hepatitis B virus. Hepatitis E is mainly spread through contaminated drinking water and causes acute disease. There are vaccines available in the U.S. but they only prevent Hepatitis A and B.

About Hep C: Hep C is spread primarily through contact with the blood of an infected person. It can cause acute and chronic infection. Some people

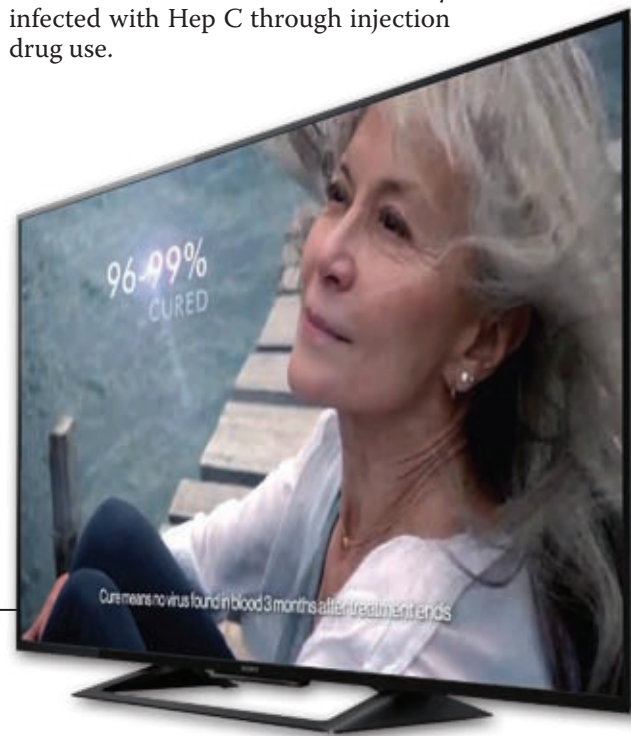
clear the virus from their system on their own, but most (about 80 percent) develop chronic infection.

In the U.S., three in four people with chronic Hep C are Baby Boomers and about half the people who have it don't know it. That's why the CDC recommends that everyone born from 1945 to 1965 gets tested for Hep C.

Why Baby Boomers? There are several reasons this group may have been exposed: infection caused by medical equipment or procedures in the 1960s through 1980s before standard infection control practices were in place; contaminated blood and blood products received before 1992 when screening eliminated the virus from

the nation's blood supply; and sharing needles or drug paraphernalia in the past – even just one time.

Tragically, our country's current opioid epidemic is creating a whole new group of non-Boomers who are chronically infected with Hep C through injection drug use.



Testing: Regardless of age, testing for Hep C is crucial because many people live for years with few or no symptoms of the disease. Over time though, Hep C can cause serious liver disease including cirrhosis. It's also the leading cause of liver cancer and the number one cause of liver transplants in the U.S.

Testing for Hep C is a simple blood test, called a Hepatitis C antibody test. This screening test looks for chemicals (antibodies) that the body's immune system releases into the bloodstream in response to infection with hepatitis

C virus. If this screening test is negative or non-reactive, the person does not have Hep C and no further testing is needed.

If the antibody test is positive or reactive, it may simply mean that at some point that person was exposed to the virus and developed antibodies. An additional viral load test, checking for viral RNA (HCV RNA test), is needed to diagnose chronic infection. If the preliminary test is positive, both tests are essential to determine Hep C status.

Now the Good News: Treatment is available that can cure over 90 percent of chronic Hep C infections. Today's medications, called direct-acting antivirals (DAAs) target specific steps in the Hep C virus life cycle to ultimately clear the body of the virus. So if you're a Baby Boomer or otherwise at risk of having Hep C, ask your doctor about testing the next time you see one of those ads about Hep C.

For more information about Hep C, testing and treatment, contact your primary care provider, or visit CDC's website at CDC.gov/Hepatitis.

Public health nurse and resident of our community, Peggy, recognizes how important this health information is and the significance of it for folks in Hershey's Mill.

PICKLEBALL

Tom Fant | Yardley

“Get ready cause here we come...”

A twist on the old Smokey Robinson Motown hit song fits us anxious pickleballers at The Mill. We have less than a month till opening day! Elsewhere, this most popular sport for

zard of Newbury is special because they are playing singles at a very high level. This is a rarity at The Mill, where normal play is doubles.

After the **opening day clinic on Saturday, April 21**, the official pickleball schedule will begin: Monday, Tuesday, Thursday, Friday and Saturday mornings at 9:30 a.m., Wednesdays at 5:30



seniors is setting records for new participation, particularly down South. One example is The Villages in West Central Florida with 196 courts. However, the over 100,000 residents still have to deal with crowded play. Their monthly clinics are jammed (thank you snow bird Jack Hamilton of Heatherton).

Here at The Mill, occasional winter pickleball has given us some relief with FLEX scheduling and some 2 p.m. play weather-permitting. The local YMCA has provided an outlet for play during harsh weather, especially now that they have reinstated the Medicare’s Silver Sneakers Program.

The picture taken last year of John Colozza of Jefferson and Howard Buz-

In the heat of a pickleball match is John Colozza of Jefferson and Howard Buzzard of Newbury. Tom Fant of Yardley took the photo.

p.m. (one Wednesday summer evening each month includes a pizza party right after play). On Sundays, we reserve courts from 2-4 p.m. Occasionally, we get a rainy spring/summer morning that turns into a lovely afternoon. We handle this with the FLEX part of our scheduling. This is easier than you think as we have a direct line to TV 6’s weather person, Cecily Tynan by way of her friend and Pocono neighbor, Jane Hamilton, who summers in Yardley Village.

So get ready!

MONDAY NIGHT FILM SERIES

Lynne Urian | Merrifield

Calling all Movie Buffs! On Monday, **April 16 at 7 p.m.** upstairs in the Community Center, we will present “Paper Moon” (PG – 1973). Set in Kansas during the Great Depression, part-time bootlegger, Bible salesman and full time conman Moses Pray (Ryan O’Neal) agrees, for a price, to transport the recently-orphaned, nine year-old Addie Loggins (Tatum O’Neal) to her relative in Missouri. As it turns out, Addie is actually a much more accomplished con artist than he is. Black and white photography hauntingly captures the bleak dustbowl era and the soundtrack, filled with jaunty period music, balances the mood. Tatum O’Neal was deservedly awarded the Oscar as Best Supporting Actress for her portrayal of Addie.

Expect to have an enjoyable evening out, see a wide variety of terrific films, and make new friends! It’s free and open to everyone at Hershey’s Mill. There’s no need to make a reservation, but we’d like to know if you are coming so we’ll know how to set up the room. Contact Lynne Urian, or email her at lurian@hersheymill.org. Hoping to see you “at the movies!”

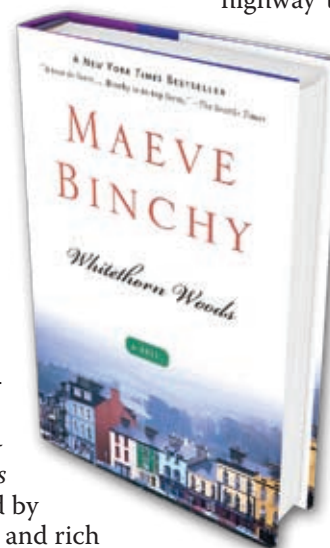
BOOK CLUB

Carol Barkovsky | Eaton

Next month’s book discussion of *Whitethorn Woods* by Maeve Binchy will be led by Marie Knox. Love, longing, and rich



scenes of daily life – what could be sweeter than a trip to an Irish village packed with robust native characters? When a new highway threatens to bypass the town of Rossmore and cut through Whitethorn Woods, everyone has a passionate opinion about whether the town will benefit or suffer. But young Father Flynn is most concerned with the fate of St. Ann’s Well, which is set at the edge of the woods and slated for destruction. Love to have you join us on



Continued on next page

Thursday, April 12 from 2-3 p.m. in the Sullivan House. Community Center, the Main Line Macintosh Users Group's featured speaker

CASUAL SINGING GROUP

Sally Thompson | Franklin

Come celebrate the arrival of spring by joining our upbeat group! We are singers of all abilities who love and enjoy each other's company lifting our voices in song. Our meetings are held upstairs in the Community Center on the first **Thursday** of every month at 7 p.m. It doesn't matter if you come every month or once a year. You are always welcome!



will be Dave Hamilton, co-founder of the "MacObserver" and the "BackBeat Media Podcast".



APPLE & MACINTOSH CONNECTION

Carol Campanelli

MAC Users - take advantage of the experts volunteering their time to help you with your iPads, iPhones, computers and video on the second and fourth Saturdays of each month. On **April 14 from 9 a.m. to noon** at our Com-

On Saturday, **April 28 from 10 a.m. to noon** in the Cove meeting room, the **Newer Users Special Interest Group** will meet with Bob Barton in a question and answer session about your Mac-related problems. There is no charge for either group and all are welcome. Becoming



Photo of a dog sled taken by HM Photography Club member Roger Fleming of Yardley.



Photograph of glass ornaments from a Longwood Gardens Christmas display. Photo taken by HM Photography Club member Harvey Spikol of Brighton.

a member by paying the \$25 yearly dues gives you access to the Listserve, a great additional resource for questions and answers about your Mac products.

PHOTOGRAPHY CLUB

Carol Poling | Oakmont

Carol Poling and Michael Rackover are co-founders of the Hershey's Mill Photography Club which is going into its fourth year in September. Michael leads the meetings with an outlined agenda starting with a general discussion, followed by a video regarding photographic techniques and ending with the photo topic of the month. The photos



are reviewed and a positive critique is given by members of the group. Come to our next meeting, Monday, **April 9 at 2 p.m.** in the Community Center's Paoli Room and see for yourself. Any questions, call Carol, or Michael,

HERSHEY'S MILL PLAYERS

Sandy Wollenberg | Devonshire

All members of the Hershey's Mill Players are invited to a wine and 'lite bite' kick off social at **6 p.m.** on Monday,

Continued on page 55



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CLUB NEWS (continued)

April 9 in the Community Center. Following will be the first play practice of the season for the upcoming production of *THE MILL'S A CRUISIN'*. Any member who would still like to be part of the chorus is invited to stay and participate. This year's practices will be held on Monday and Thursday evenings beginning Monday, **April 9**. There will be only three Saturday morning practices in June. Players please rsvp to John DeVol:
and let him know you are coming.

day, Wednesday and Thursday from 4 p.m. to 5:30 p.m. Come learn the basics of billiards and enjoy the company of your neighbors. Please call or email me at
with any questions.

Continued on next page

BILIARDS

Joe Silio | Eaton

Ladies billiards will be on Fridays 12:30 to 2:30 p.m. Practice for the mens billiard team will be on Tues-

(At right) Joe Silio of Eaton "rackin' em up."
(Below) Gordon Davis of Yardley "eying" the ball before taking a shot.
Both photos by Michael Rackover.





BIKERS

Seth French | Yardley

Our first concerns are healthy bikers and safe rides. As we prepare for the 2018 HM Biking season, now is the time for the bike shop to check your bike's brakes, gears, tires, etc. Also, now is a good time to start easy workouts like climbing the stairs at least two flights a day, take a spin on a stationary bike, do a few stretches and walk a mile on every clear (non-icy) day. While riding along the beach and bike trails, I am reminded that biking has dangers as well as benefits. If your helmet is more than five years old, buy a new one. The \$25-40 ones at Walmart meet the same standards as the \$125 fancy models at the bike store. It's a small price to pay to

avoid the NFL concussion protocol. Keep safe! We are looking forward to the 2018 season!

BOCCE

Joe Carrone | Inverness

The new Bocce season will start with two clinics open for all Hershey's Mill residents (see March digest for details). The official sign-up period for the 2018



league play will begin April 2 with the cutoff date of May 13. Teams consist of two people. To sign up email Joe Carrone at jcarrone@hmsg.org, or for more information, call Joe at 717-533-1111. Please include both names, email addresses and telephone numbers. Singles are encouraged to register and we will try to pair you with a team partner. League play starts May 29 and continues until August 31. In the May digest we will be announcing details of weekly organized open Bocce for all HM residents.

Start Time	Pickle Tennis Court 1	Pickle Tennis Court 2	Start Time
8:00 AM			8:00 AM
8:30 AM			8:30 AM
9:00 AM			9:00 AM
9:30 AM			9:30 AM
10:00 AM			10:00 AM
10:30 AM	Thomas P.		10:30 AM
11:00 AM			11:00 AM
11:30 AM			11:30 AM
12:00 PM			12:00 PM
12:30 PM			12:30 PM
1:00 PM			1:00 PM
1:30 PM			1:30 PM
2:00 PM	Stephanie T.		2:00 PM
2:30 PM	Stephanie T.	Richard W.	2:30 PM
3:00 PM	Stephanie T.		3:00 PM
3:30 PM			3:30 PM
4:00 PM			4:00 PM
4:30 PM			4:30 PM
5:00 PM			5:00 PM
5:30 PM			5:30 PM
6:00 PM			6:00 PM
6:30 PM			6:30 PM
7:00 PM			7:00 PM
7:30 PM			7:30 PM
8:00 PM			8:00 PM



Joe Carrone, pictured, not only leads the HM Bocce group for the HMSG, but is a fine player as well - not to mention a master of the defensive move known as "block the bowler"!

HMSG CLUB NEWS

Don Evons | Princeton

The sports season has begun. To avoid conflicts on the courts, please reserve your time, days and courts now. Contact Don Evons at de@hmsg.org. He will reserve your court on ROCO so you can be assured you have a court(s). You can verify availability from home on your computer. Log on now to be assured the times you want are not already taken at www.hersheysmill.onlinereservations.com. "Seasonal" and more than two weeks in advance reservation may only be made through Don or Larry Appalucci.

Continued on page 59

Dr. Spencer Monaco, A Step Above the Rest.

Spencer Monaco, D.P.M

Foot and Ankle Surgery
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Premier Orthopaedics is pleased to announce that Foot and Ankle Specialist Spencer Monaco, DPM has joined the practice.

Dr. Spencer Monaco earned his degree from the New York College of Podiatric Medicine in New York City. He completed his surgical residency at University of Pittsburgh Medical Center in Pittsburgh, PA. This was followed by a Lower Extremity Trauma fellowship at Aria 3B Orthopaedic Institute Jefferson Health.

His focus is on the non-operative and operative treatment for all pediatric and adult foot and ankle disorders. Dr. Monaco's comprehensive training includes orthotics, hammertoes, bunions, heel spurs, rheumatoid foot, arthritis affecting the foot and ankle, diabetic wounds and flatfoot deformity. He has special interest and experience in the Charcot foot, sports medicine injuries, ligament reconstruction, complex foot and ankle fractures and total ankle replacement.

Dr. Monaco has published in numerous journals and textbooks on conditions affecting the foot and ankle. He strongly believes in a comprehensive evaluation and tailored approach to guide each individual patient through treatment and recovery.

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CLUB NEWS (continued)

TABLE TENNIS

Allan Shaffer | Yardley

The Hershey's Mill table tennis club held its second interclub team competition on February 3. Seven members made up the Hershey's team and seven played for the Mill team. The format was three rounds of singles play and four rounds of doubles play. Forty-one games were played in all. Hershey's

Here's the whole table tennis club as photographed by Allan Shaffer at their February competition. It's all for fun and everyone's a winner. But on that particular day, the seven members whose names are *italicized* earned the most points. From left in the first row are: *Barbara Rea*, Mary Lou Perry, *Jerry Pizzola*, Marilyn Booth, April Wang and *Pat Meehan*. From left in the second row are: Hiroshi Mitsuka, *Karen Stahl*, Lynn Mander, *Glenn Chelliah*, *Rich Schectman*, Denis Raihall, Bob Bevan, *Larry Appalucci* and Roseanne Havird.



won 24 to 13 with cries of "break'em" up from the Mills. The competition was followed by pizza/beer/wine. The table tennis club plays on Thursday, Saturday and Sunday afternoons at 2 p.m. at the Community Center. All levels of play from beginners to experienced are encouraged to join. A third team competition will be held in April.

TENNIS

Dave Clewell | Robynwood

Tennis Season is here and the courts are ready. We have two courts reserved **Monday thru Friday at 4 p.m.**, and two courts reserved Saturday at 9:30 a.m. for men's round-robin tennis. I have even seen some women show up and play. So come on out! Also scheduled for the season is Memorial Day, July 4, Davis Cup in August and Labor Day tennis matches. These will all be advertised and you can sign up at the tennis courts or contact me and I will sign you up: _____ . I or call _____ . I look forward to seeing you on the courts.



We love eating fresh, local, and in-season, but our pantry needed attention. One of the worst offenders was our “collection” of orange marmalade, each the remnant of a gift basket. We love it on toast, but were obviously not keeping up! So we created a meal that makes the most of this tasty ingredient, and it was a hit with friends. The O.M. is for orange marmalade, but it may as well stand for “Oh My!” Each recipe serves four. We hope this meal perks up your taste buds, pleases friends and family, and leads to an uncluttered pantry for you too.

Sticky O.M. Nuts

Make sure to keep the nuts moving in the skillet so they toast and coat evenly.

- 1 cup each walnut halves, pecan halves, cashews, and almonds
- 3 tablespoons unsalted butter
- Pinch ground cayenne pepper
- 2½ tablespoons orange marmalade
- Kosher salt

Lightly toast the nuts in a dry nonstick skillet over medium heat; then add butter and pepper and cook until butter is no longer frothy and is lightly brown. Add marmalade and cook until the liquid has reduced, then spread nuts out on a sheet pan set on a cooling rack. Season with salt as needed, and let nuts cool completely before serving.

O.M. Jicama Slaw

To get to the mildly sweet and crunchy jicama flesh, make sure to remove the thick fibrous skin first.

- 1 pound peeled jicama
- 1 pound peeled carrots
- 1 pound red cabbage
- ½ cup mayonnaise
- ¼ cup olive oil
- ¼ cup white wine vinegar
- ½ teaspoon dijon mustard
- 3 tablespoons orange marmalade
- Kosher salt, to taste

Shred the jicama, carrots, and cabbage into a bowl. Blend other ingredients, then stir into vegetables. Chill at least 30 minutes before serving.

O.M. Bean Salsa

Hearty enough to be a side, but also makes a tasty bean salsa for the chicken.

- ½ cup olive oil
- Juice of 1 lime
- ¼ cup orange marmalade
- 1 cup fresh chopped tomato
- 1 cup oil-marinated dried tomatoes
- 15-oz. can black beans, drained
- 15-oz. can chick peas, drained
- 10 chopped scallions
- 1 cup chopped cilantro
- Salt and pepper, to taste

In a bowl, whisk oil, lime, and marmalade. Mix in remaining ingredients in order, and let sit for at least an hour. Microwave and serve warm.

O.M. Grilled Chicken

If you'd rather not butcher your own chicken, this works great with any skin-on pieces from the grocery store.

- 1 cup orange marmalade
- ¾ cup fresh lime juice
- ¼ cup white wine vinegar
- ¼ cup olive oil
- Salt and pepper, to taste
- 2 chickens, cut into serving pieces

In a bowl, whisk all liquids and then season. Add chicken and coat it well, then cover and refrigerate overnight. Remove chicken, but keep marinade for basting. Grill the chicken, or cook under a broiler, basting occasionally through the first ¾ of cooking. Rest 5 minutes, covered, before serving.

Spring Cleaning? Start with the Pantry!

O.M. Steak Quesadillas

A twofer for the marinade, but a uniquely delicious taste.

- Same marinade as grilled chicken
- 2 pound skirt steak
- 1 onion, chopped
- 2 teaspoons olive oil
- 1 tablespoon orange marmalade
- Kosher salt, to taste
- 8 flour tortillas
- 2 cups shredded pepper-jack cheese

Marinate and grill steak the same as for the chicken. While steak is resting, saute onion in olive oil until translucent; then mix in marmalade and salt. Slice steak, then distribute along with the onions and cheese over 4 tortillas; then cover with remaining 4. Place quesadillas on the grill until browned and cheese is melted; turning once. Cut into wedges and serve immediately.

O.M. Margaritas

An orangelicious spin on a classic!

- 4 limes
- Fine sea salt
- 1 cup tequila
- ¾ cup O.M. simple syrup (below)

To make syrup: begin with ½ cup cold water, add 1 tablespoon orange marmalade, then add sugar to make ¾ cup. Heat, and stir, until sugar is dissolved.



Cool completely, and blend until orange rind is nearly pulverized. To make drinks: cut limes in half, rub the rim of 4 glasses, then invert onto a saucer covered with the salt to lightly coat. Fill a large cocktail shaker ¾ full with ice, squeeze in all juice from the limes, add tequila and syrup, and shake vigorously about 30 seconds. Strain into prepared glasses and serve immediately.

O.M. Lemonade

Great for the designated golf-cart driver.

- Lemon juice
- Granulated sugar
- 4 cups prepared lemonade
- 1½ tablespoons orange marmalade

Juice and sugar the rim of 4 glasses to lightly coat. Blend lemonade and marmalade until well incorporated, and serve over ice in prepared glasses.

O.M. Milkshakes

Like a liquid creamsicle, only better!

- 4 cups vanilla ice cream
- 2 cups milk
- 3 tablespoons orange marmalade
- Scant pinch fine sea salt

Blend all ingredients until incorporated, then serve in tall glasses. A small dollop of marmalade on top is a nice garnish if desired.

Scott Martin | Assistant General Manager

Spring is here and the Club is bustling once again! April brings the start of another promising golf season. As the trees begin to bloom and the grass turns green golfers are beginning to brush away the cobwebs in their swings. The Driving Range is busy as everyone gets ready once again for both competitive and social golf. The season kicks off all month with opening events for golfers of all skill levels. Banquet lunches follow the golf events which allow for members to come together and fill everyone in on what they did over the long winter months. The lady golfers have organized a Welcome Back Cocktail Party on April 26 at 5 p.m. The men's and ladies GAP teams begin competing against Clubs all over the Philadelphia area.



The Restaurant will begin the month with the always popular Easter Brunch Buffet, April 1, seating at 11:30 a.m. or 2 p.m. We also will have our first Steakhouse Night of the year, April 5, at 6 to 8 p.m. This is one of the more popular

"A golfer has to train his swing on the practice tee, and then trust it on the course." – Dr. Bob Rotella

Golf Tip

A major part of a powerful golf swing is proper connection. Connection is basically the in-sync relationship of your arms and body during rotation. A common problem is the over rotation of the body combined with a simple lift of the arms. This results in getting the club stuck behind the golfer. From this position, returning the club to impact is either the arms first, over-the-top move or sliding the body toward the target and out of the way. Both of those moves zap all power and consistency. Here's a drill to help.

Using a short iron take your normal stance and grip. Now, remove your left hand place it below the right. Next, in slow motion start your backswing taking notice of how your right elbow is closer to your body and properly folding. At the top of your swing it is important to see that your hands are now directly in front of your chest and on plane. Duplicate that position with your regular grip and take advantage of the now unobstructed path back to the ball.

Matt Harvey, PGA



nights each month. A beautiful buffet accompanies a menu for you to order the steak of your choice. The first Trivia Night will be on April 12, at 6 p.m. This is a sellout every month. The competitive juices flow as members try to earn bragging rights as Trivia Champions!

Friday night Happy Hours starting at 5 to 6:30 p.m. continues to be can't miss nights. Dinner and drinks with fellow members starting at is a wonderful way to kick off every weekend. If you are looking for a quieter night of fine dining then

Saturday is a wonderful option as well.

Did you know the Club also offers a full To-Go menu? If they do not feel

Continued on page 65



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HERSHEY'S MILL GOLF CLUB (continued)

like dining at the Club, our members can enjoy a freshly cooked meal in the comfort of their homes. Call 610-431-1600 option two.

allows our members to enjoy the race with friends. Ladies wear their hats! The month ends with the always well attended Memorial Day Cook-Out,



Looking ahead to the month of May and we have more events that our members can enjoy. Our Mother's Day event on May 13 at 11:30 a.m. and 2 p.m. is an annual sell out. The Kentucky Derby Day event, May 5 at 5 p.m. in the bar area followed by a buffet



May 27, reservations 5 p.m. to 6:30 p.m.

April and May are the official kick off months to another great year at Hershey's Mill Golf Club. We welcome residents and non-residents to join the Club. There are Golf, Associate and House memberships available. New residents don't forget your free first year's membership. For more information please contact Scott Martin at smartin@hersheysmill.com or 610-436-8900, ext. 229.

Barbara Trimble | Ashton

Have you ever been in a restaurant and witnessed someone choking and wondered how you could help them?

According to Injury Facts 2017, choking is the fourth leading cause of unintentional injury death. Of the 5,051

HMSG is offering another CPR/AED/Choking certification for bystanders on April 12th, conducted by The American Red Cross for 12 HM residents. Not only will we learn evaluating for a responsive/non-responsive adult but what to do. We practiced CPR on resus-Annie manikins, Heimlich Maneuver and on each other and

CPR/AED/Certification

people who died from choking in 2015, 2,848 were older than 74.

Food is often responsible for choking incidents in the elderly. Sobering information isn't it?

Another scenario, you witnessed someone collapsing and then become unresponsive, what do you do?

watched a video on how to activate AED (Automated External defibrillators). All in all a very important learning experience. This course provides certification for two years.

HMSG is offering a CPR/AED/Choking Certification on April 12 in the REC Center. The American Red Cross will be conducting the course with a limit

of class size to 12. The course lasts approximately three hours. The cost is \$30.00 per person which includes the lesson, course materials and certification.



For those unable to attend, I recommend checking with the American Red Cross or, American Heart Association websites for their CPR course offerings.

Further information and sign-up specifics will be posted on the HMSG Bulletin Board. Any questions please feel free to email me at

Get Involved and "Play Where You Live"

Paddle: Monday through Thursday at 1 p.m.; Friday at 3 p.m. (wine and cheese); Saturday at 10 a.m.

Booze: League sign up, April 2 - May 13; Clinic, April 4 at 4 p.m.; League play, May 29 - August 31.

CPR/AED/Choking Certification: Thursday, April 12, from 1:30 to 4:30 p.m. Limited to 12 participants.

Table Tennis: Tables are up every weekend starting Fridays at 4 p.m.

Pool (Billiards): Tuesday, Wednesday, and Thursday at 4 p.m.; Saturday at 9:30 a.m.

Bike: April, warm-up rides, May, outside "The Mill" rides.

Tennis: April 2 starts open play; week days at 4 p.m.; Saturday at 9:30 a.m.

Pickleball: Monday, Tuesday, Thursday, Friday, and Saturday at 9:30 a.m.; Wednesday at 5:30 p.m.

Spring Social: Saturday, May 19 from 5:30 to 9 p.m. at the Sullivan House.

HMSG Spring Meeting: Wednesday, May 9; at 2 p.m. in the Community Center.

Memorial Day: Monday, May 28, all activities day.

Tennis Lessons: June 4 at 2 p.m. Free for beginners and former players (4 weeks).

Candidate Close of Filing Date: July 12 (Vice president and Secretary)

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Sandy Loose | Yardley

It's getting closer to my favorite time of the year, when our pool opens again. Be on the lookout for our new pool logo. We're excited to use it on signs, lifeguard uniforms, and pool forms.

So look for it when you come to the pool on opening day, Saturday, May 26. We'll be serving a free hot dog, chips, and lemonade that day. In fact "HOT DOG DAY" is the most popular day at the pool all summer long, bringing out the largest crowd. In case of extremely inclement weather, the rain date for Hot Dog Day is Sunday, May 27.

Another item to watch for in early May is the 2018 Policies, Rules and Regu-

lations pamphlet. It contains information that you'll need to make your day at the pool more enjoyable. You'll find it inserted inside the **May Guide**



and Digest issue. So look for it, read through it carefully and then keep it in a handy place for reference all summer long.

On Tuesday, May 1 from 11 a.m. to 1 p.m. we will have our annual Pool Volunteer Brunch in the Cove. This event is for prospective and "seasoned" HM Pool Volunteers. There will be a PowerPoint presentation to explain the changes in the Pool's 2018 Rules and Regulations and lunch for all who attend. The Pool Committee members will be there to answer questions and Carol Keith, Pool Manager, will also be discussing plans for the summer.

We're always looking for men and women to help at the sign in desk as regular volunteers or as substitutes. It's a great way to meet other residents and to make new residents feel welcome. If you're interested in volunteering please call me at _____ or send me an email: _____

A new policy put into effect last summer and not mentioned in the 2017

Photos and logo by Sandy

Pool Policies, Rules and Regulations pamphlet is that all children who want to use the diving board and be in the deep part of the pool must pass a swimming test. The test consists of swimming the length of the pool in the lap lane. Those who pass the test receive a Hershey's Mill rubber pool bracelet to wear whenever the child comes to the pool. The bracelet serves as a quick guide for the guards to know if a child is qualified to be in the deep section of the pool. The children must take the test only once. Keep the bracelet in a secure place so that your grandchild can wear it each time you bring him/her to the pool. We saw many proud and happy youngsters when they passed the tests last summer...proud grandparents, too!

SPECIAL DATES
(Mark Your Calendar)

Tuesday, May 1
Pool Volunteer Orientation Lunch
11 a.m. to 1 p.m. in the Cove

Saturday, May 26
Opening Day/Hot Dog Day
(Rain date is the 27th)

Tuesday, July 3
Tom Barrett's Benefit for Our Armed Forces
(Rain date is the 4th)

Wednesday, August 1
Girls' Night Out
(Rain date is the 2nd)

Saturday, September 1
Summer's End Celebration with the band WEBB
(Rain date is the 2nd)

We hope to see you on Opening Day, Saturday, May 26, when our wonderful pool opens again.



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FOR SALE Yamaha Electronic **Portable Grand Keyboard**, complete with integrated, cabinet style stand, music holder and sustain pedal. Full size, 88 keys, computer and internet ready. Like new, in original box. \$400. Call

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ADVERTISERS' INDEX

Angel Companions	4	Paoli Hospital.....	64
Arbour Square at West Chester	16	Podiatry, Ronald Melincoff, DPM	72
AUM Physical Therapy	6	Podiatry Care Specialists, PC.....	22
Battavio Heating, Cooling, and Plumbing.....	44	Premier Orthopaedics.....	58
Blinds 4 U	40	RE/MAX Main Line	70
Body-Borneman Insurance.....	36	RE/MAX Town & Country	37
Boyles Flooring	17	Real Estate - Pat Meehan HM Specialist.....	24
Brandywine Valley Heating & Air Cond.	11	Richard J. Egan Painting Co.....	36
Brewer Heating & Air Conditioning	36	Riddle Village.....	26
Brooklands Audiology, Inc.	75	Robert Denney and Associates	28
Buckley, Brion, McGuire & Morris LLP	68	Sage Life.....	14
Dorsey Team	3	Sarah Care of Malvern	40
Dunwoody Village	25	Seniors Helping Seniors.....	72
E.W. Brown, Inc.	40	Shanahan Enterprises, LLC.....	37
Freedom Village Brandywine.....	46	Smile Solutions	54
General Warren.....	22	Stowers Handyman Service LLC.....	71
Hear for You Hearing Aid Center.....	41	Surrey Home Care.....	9
HM Homeowners Landscape Division	31	SV Dental.....	44
J.E. Maranella Electrical Contracting	22	The Stove Shop Fireplace Center	8
Kevin Free.....	74	Toninos Pizza & Pasta Co.....	67
Made Easy Inc.	28	Valley Forge PC Repair	40
Oliver Heating and Air Conditioning.....	6	Wagner Real Estate	76
Oriental Pearl Restaurant	47	Wellington at Hershey's Mill.....	2

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