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GUIDE — AND — DIGEST



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HMCTV Guide and Digest

Volume XIX Number 12 – December 2018

Editor Louise O'Brien

Associate Editors Gail Habbersett and Sharon Kope

Featured Writers Joe Kennedy and Don Trauger

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Marketing Finance Julie Blank and Tom McGinn

Please share with *your* Hershey's Mill magazine!

All submissions welcomed; with rights retained by the owner. Send to hmctvguide@comcast.net,

Attention Editor. Hardcopy submissions are not accepted. Articles should be limited to 500 words (although others may be considered), and photographs should be high-resolution. HMCTV determines suitability and has sole discretion to publish any submission. Submissions are due by the 23rd (37-40 days in advance of each edition) for possible inclusion (those received after will be reviewed for the next); contact the Editor for exceptions. Articles are subject to editing for space, clarity, and grammar. Information and opinions are those of the author, and may not reflect those of Hershey's Mill Community TV, its officers, or directors.

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Cover: The Sullivan House front porch is dressed in sparkling trees, a wreath, and greens for the holidays, and on this snowy evening it shines a warm glow out to our community.



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FROM THE MAIN GATE

Marc Fraser | Director of Security

The Security Department is staffed by officers 24 hours per day, 7 days a week, 365 days a year, including round the clock on all major holidays. When there is impending inclement weather, officers will often spend the night or work multiple shifts in a row, in order to prevent an interruption in service to the residents of Hershey's Mill.

Security officers respond to incidents ranging from medical emergencies, vehicle accidents, fires, trespassing, and searching for missing persons, all the way down to resident lock outs. In 2017 alone, Security Department officers responded to over 860 alarms and over 400 incidents and emergencies.

Around the holiday season each year, residents are offered the opportunity to donate to the Hershey's Mill Security Department Christmas Fund. The money donated funds a Christmas

bonus to the officers as a "thank you" for their service to Hershey's Mill over the past year. To contribute to the Security Christmas Fund, donations can be



placed in an envelope and dropped off at the Main Gate or mailed to: Hershey's Mill Security, 1389 East Boot Road, West Chester, PA 19380. Checks can be made payable to "Hershey's Mill HOA."

The entire Hershey's Mill Security staff would like to wish you all a very happy and safe holiday season, and we look forward to serving you in 2019!

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HM RESIDENTS UPDATE

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52 Ashton Way

Casey, Kathleen

1400 Springton Lane

DeFalco, James & Mary Ann
(NEW PHONE #)

1426 Springton Lane

Dienno, Jeffrey & Linda

1336 Troon Lane

Engle, Ralph & Marti

1616 Yardley Drive

Leduc, Sandra

1195 Princeton Lane

Niblock, Lynne

564 Franklin Way

Pompei, Eugene & Diana (NEW PHONE #)

1729 Yardley Drive



Ramondo, Jeanne

1724 Yardley Drive

Staas, Philip & Susanna

1017 Kennett Way

Vazquez, William &
Blessing, Janet

1125 Merrifield Drive

Vilotti, Louis & Wendy

1111 Lincoln Drive

Wilson, Barbara

361 Devon Way

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Programs	December 1-14 (7 pm show on December 14 will not be shown)			
	<p>An Auctioneer's Advice - Part 1 <i>with Sandy Wollenberg</i></p> <p>Sandy interviews Brett Oslon to find out how he learned to be a licensed auctioneer and how auctions work. Brett gives advice for selling or buying at an auction.</p>	10:00 am	4:00 pm	7:00 pm
<p>Odyssey - Ancient Mysteries from around the World</p> <p>This episode explores ancient ruins across the globe: ghost ships, Flying Dutchman, Bermuda Triangle, Sargasso Sea, and more.</p>	10:15 am	4:15 pm	7:15 pm	12:15 am

For **Programs** and **Movies**, please go to **Channel 1970** (**Bulletin Board** information will appear only if neither offering is currently airing); for continuous **Bulletin Board** information, go to **Channel 1971**.

To view **Programs online**, go to www.hersheysmill.org and navigate from TV & Digest to HMCTV to Original Programming. Click on the link for the video streaming website, then choose a program to view.

Movies	<p>December 1 to December 7, noon</p> <p>Funny Face (NR) <i>Audrey Hepburn and Fred Astaire</i></p> <p>An impromptu fashion shoot at a book store brings about a new fashion model discovery in the shop clerk. <i>[Run time 1h 43m]</i></p>
	<p>December 7, 8:30 p.m. to December 14, noon</p> <p>Christmas with the Kranks (PG) <i>Dan Aykroyd and Jamie Lee Curtis</i></p> <p>The Kranks' decision to boycott Christmas has their neighborhood in an uproar. <i>[Run time 1h 39m]</i></p>

12:45 am - 10:00 am	10:45 am - Noon	Following the Noon movie until 4:00 pm	Bulletin Board
4:45 pm - 7:00 pm	7:45 pm - 8:30 pm	Following the 8:30 pm movie until Midnight	

HMCTV reserves the right to make program substitutions, and dates/times are subject to change. Opinions of hosts, guests, or advertisers shall not be construed as an endorsement by HMCTV. ©2018 HMCTV

Programs	December 15-31 (7 pm show on December 31 will not be shown)			
	<p>An Auctioneer's Advice - Part 2 <i>with Sandy Wollenberg</i></p> <p>More of the interview with Brett Oslon as he continues with his advice for selling or buying at an auction.</p>	10:00 am	4:00 pm	7:00 pm
<p>Early Tahitian Families in Hawaii</p> <p>Hawaiian cultural practitioner Shad Kane shows us Tahitian style artifacts proving Tahitians lived in Kalaeloa, Hawaii in isolation in ancient times.</p>	10:15 am	4:15 pm	7:15 pm	12:15 am

Movies	<p>December 14, 8:30 p.m. to December 21, noon</p> <p>Nicholas Nickleby (PG) <i>Charlie Hunnam and Christopher Plummer</i></p> <p>Based on the Charles Dickens novel, a young man attempts to reunite his family and must contend with his ruthless uncle. <i>[Run time 2h 14m]</i></p>
	<p>December 21, 8:30 p.m. to December 31, noon</p> <p>A Christmas Story (PG) <i>Melinda Dillon and Peter Billingsley</i></p> <p>In the 1940's, a young boy attempts to convince his parents, his teacher and Santa that a Red Ryder B.B. gun is the perfect Christmas gift. <i>[Run time 1h 34m]</i></p>

(Ralphie) "I want an official Red Ryder, carbine action, 200 shot range model air rifle!" (Mrs. Parker) "No, you'll shoot your eye out." [From *A Christmas Story*]

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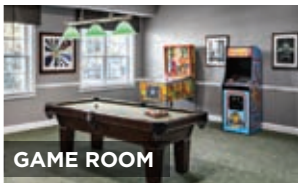
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TECHNOLOGY TIPS

Don Trauger | Kennett

I don't often make negative comments about anything PC related but in this article I will make you aware of very serious shortcomings with Windows Update.

Reliability with these updates has been in decline for months now. Patches on patches has been the routine for Microsoft. They have had to issue two or three patches to correct errors that the first one had. It's obvious to me that Microsoft does not have control over their updates. They force these updates on your computer with no way

lem then you need to rethink how to secure your computer in view of Microsoft's inability to effectively control their update process. Of course use Malwarebytes free to scan for malware and Bitdefender free is the best anti-virus for your PC. That said, I have tested and recommend Windows Update Blocker V. 1.1 from Sordum.org. It's a free program that effectively blocks any Windows Update from Microsoft. Other program updates, your browsers (Chrome, Firefox, etc.) for example, will continue normally.

To download this program go to sordum.org and click Windows Update

Windows Update Reliability

to stop them or selectively allow only certain ones. It's not just one or two updates issued that have problems and are cleared up with a new patch, it's more like four or more that accumulate over months. HP laptops were affected by the faulty October updates but other manufacturers were also affected. Tried and true Windows 7 has also been affected. Strangely, Windows 8.1 has dodged almost all of the serious faulty updates. One of the October problem updates wiped out the contents of the Documents folder including Pictures, Music and Videos. Fortunately this faulty update only went out to power users that have joined Microsoft's Insiders group but it came perilously close to world-wide distribution.

I no longer trust Microsoft to update my computers nor should you. If you think malware is a more serious prob-



Blocker which is number eight in the list on the right under Our Software. Read through the information about the program if desired and scroll near the bottom of the page and click the

Continued on page 17



Dr. Bradford J. Jacobs
Dr. Alexandra K. Grulke
Dr. Aabha M. Suchak
Dr. Megan S. Saltzman
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TECHNOLOGY TIPS (continued)

Download button. The program will be in your Downloads folder with the name Wub.zip. Double click it then double click the Wub_v1.1 folder to open it. Next, click Wub.exe to open the program. It comes ready to run – no installation needed. Click the Run button instead of the Extract all button. You should see the program window that displays a green shield with a white check. All you need to do is to select Disable Service and click Apply Now. The shield turns red with a white X. You are now blocking these faulty updates from Microsoft. To turn the updates on simply select Enable Service and click Apply Now. You are now in control of Windows Updates to your computer.



I'm not totally against the concept of Windows Updates but the current situation demands more control by the user. The following is my recommendation. With the Windows Update Blocker set to disable updates, wait for at least two months to install a major spring/fall update after it's released to the public. This will allow time for major bugs to be corrected. To receive new updates open Windows Update Blocker and click Enable Service and click Apply Now. Click the Menu button and click Update Options then click Check for updates to download new updates. Normally, updates are

issued starting the second Tuesday of the month with corrective patches on the following second, third and fourth Tuesdays as needed. Remember to disable the Windows Updates in the blocker after you have received all the updates. Timing your updates is best

done in the first week of the month following after the updates and corrections have been issued or two months after a major spring or fall update.

The major fall update (1809) has been withheld by Microsoft since October 6, 2018 because of the aforementioned update problems. By the time you read this they probably will have corrected it and hopefully you will keep all of your documents. It's always a good idea to back up your personal files. Use File History located in the Control Panel to back up your files.

For information on the Windows Update Blocker please attend our monthly meeting on the third Tuesday of the month at 7 p.m. in the Ardmore room of the Community Center.

Gail Habbersett | Eaton

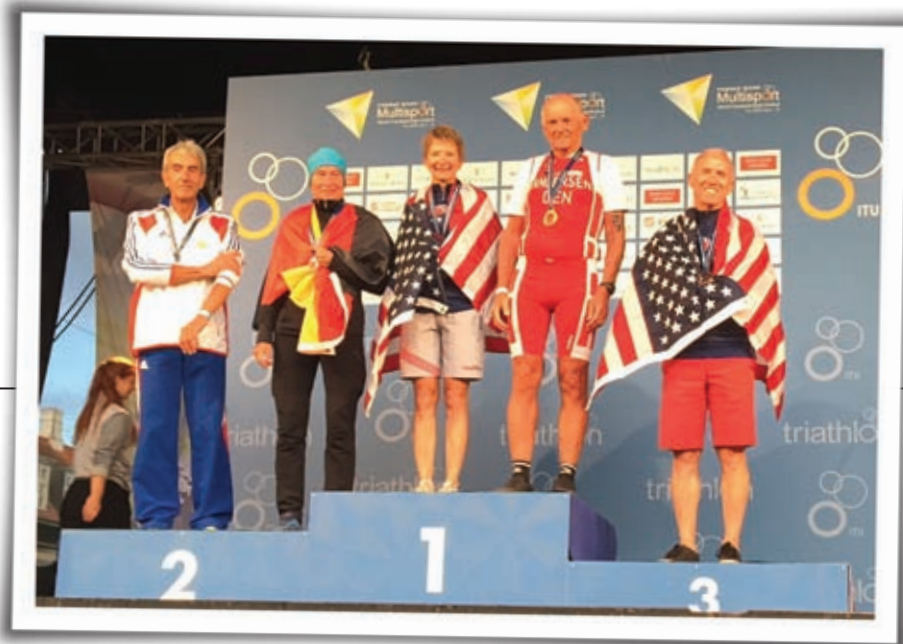
My curiosity is always peaked when I'm scheduled to interview a resident I've never met. Thoughts of where the discussion might lead had me somewhat preoccupied as I approached the entrance of Dave Lowe's home. I was warmly greeted by him. In fact he opened the door before I even rang the bell. Note to self that he is Johnny on

Mt. Airy, Maryland, Dave played varsity in soccer, baseball and basketball.

Enter Linda, who attended the rival high school in Sykesville, MD. They, however, became lifelong allies. Dave graduated in 1965; Linda in '66. Dave and Linda were married in 1967. They

(Below) Draped in the American flag for placing third at Worlds in Odense this past summer

All photos by Linda Lowe



the spot. He introduced me to his wife, Linda, and from that point on the three of us engaged in a steady, lively conversation.

My first question to Dave was about his youth. He told me he spent most of his early life in metropolitan D.C. which expanded to subsequent homes in Maryland. Dave is one of seven siblings and his mother still lives in Maryland. His personal initiation into sports, he guessed, can be traced to Little League baseball at age ten. In high school, in

are proud to have just celebrated their fiftieth anniversary. *Editor's note: easy to understand the chemistry if you just spend a little bit of time with this couple.*

In 1965, Dave enlisted in the U.S. Navy and served aboard the U.S.S. Taconic AGC17 for three years. While serving, he played on the ship's basketball and fast-pitch softball teams. He served his last year in Vietnam on the U.S.S. Harnett County LST821 handling PBR

boat and helicopter maintenance and rearrangement. After returning stateside, he separated from the USN with the rank of Petty Officer Second Class. Once back home he went to work at a local paint store. After a year he decided to take advantage of the GI Bill hoping to improve his career opportunities. He pursued an Urban Planning major at American University, graduating in 1974. Those studies led to Dave's employment in the State Department of Assessments and Taxation in Montgomery County, Maryland. After 29 years, Dave retired in 2003 from his supervisory position.

While Dave was indeed dedicated to his work, his wife did not hesitate to add

peted within his age division at the big ones in Boston, New York, Chicago, Philadelphia, the Marine Corp, and others. He was content to run at that level and never imagined he would get into racing triathlons or duathlons.

But we've all learned that you never say "never". Following Dave's retirement in 2003, he and Linda moved to Portland, Oregon. Soon after relocating, he came upon a group of runners and asked to join them to help familiarize himself with the area. The conversation led to their experiences with triathlons. So imagine Linda's surprise when he returned that day and announced his interest in purchasing a bike and taking swimming lessons.

David Lowe

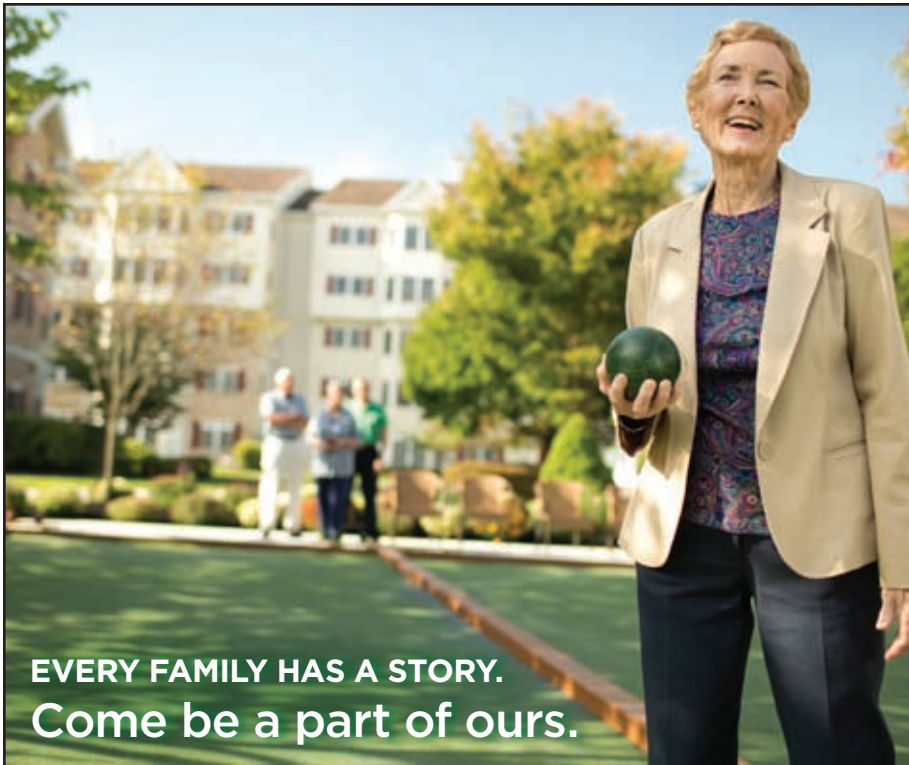
A Super Athlete and Super Guy in our Midst

that her husband has been driven as an athlete most of his life. First it was team sports, but by his early 30's he favored competing locally and nationally in the individual sport of running. At work, he had access to locker room showers enabling him to run during lunch time. In addition, he ran one to two days during the weekend. Before he retired, Dave was averaging 50 miles a week.

The annual marathons became his targeted events. He admitted that these 26.2 mile races were long and required "a lot of training"; nonetheless he com-

For the next 10 years, Dave trained and competed in six full Ironman Championship triathlons. He raced twice in those World Championship triathlons in Hawaii and once in Canada, Idaho, Arizona and France. His best time for this extreme challenge consisting of a 2.4-mile swim, a 112-mile bike ride and a 26.2-mile run – in that order, without a break – was 12 ½ hours. To add to the thrill of it all, Dave described a typical mass start as being frequently hit or kicked as 2000 people plunged

Continued on page 21



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GETTING TO KNOW YOU (continued)

in the water over top one another. In addition, he could be traveling 15-20 mph on his bike once he got through transition where he grabbed his helmet and mounted his sneaker-clad bike. That bike, by the way, was meticulously stocked

(At right) On the streets of Odense, Denmark during the World Duathlon Championships 2018

with liquid nutrition consumed, according to plan, every 20 minutes; a crucial tip he learned from the coach he hired after his first triathlon in 2006.

After the 2013 race in France, Dave competed in over 20 *half*-Ironman Championship events. While they are exactly half of the distance in each category as the full race, they still provided an intense and satisfying workout. Ya think?! He recalled some favorites including World Championships in Canada, Austria, Florida and Tennessee.

In addition to the Ironman races, Dave has competed as a member of Team USA since 2007 in triathlons and long distance duathlons (run, bike, run). He has won five National Age Group Championship titles and three since moving to HM. These national races qualify the best to represent the USA. He has raced for us in the Netherlands, Scotland, Spain, Denmark and Switzerland. This summer at the Worlds Championship duathlon in Denmark, Dave placed **third in the world** in his

age group. He clocked 2 hours, 25 minutes after a 10K run-40K bike-5K run race. He will never forget standing on stage, draped in the US flag, among other winners from around the world.



He told me “It was the best finish I’ve ever had at a world event.”

Shortly after the event in Denmark, Dave competed in the 2018 Duathlon World Championship in Switzerland, considered by many athletes as the most challenging duathlon event worldwide – full of drama and emotions. The terrain alone requires a completely different configuration of bike gears. The overall distance was 190K. The results were bittersweet as Dave placed fourth in the race, not capturing a spot on the

Continued on page 23

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GETTING TO KNOW YOU (continued)

podium. The placeholders represented Germany, France and England, and were all experienced in this race as well as the topography. Will he try again next year? I wouldn't doubt it.

Dave and Linda both admit that they love to travel – especially to Europe whether for racing or pure relaxation. In celebration of their 50th anniversary, they opted for a Viking

The Mill has been this couple's permanent home for the past two years. At first they lived in Devonshire, but within a year moved to Merrifield where they had a bit more room and storage space. In both residences, they designed and participated in major renovations. But that's a story for another time. Interestingly, they had just completed construction of a new home in Greenville, SC when one of their two sons and his wife announced that they were expecting. With little debate, Dave and Linda sold the new home and headed to PA, where they love spending time with their 2½ year old grandson, Ben.



(At left) Real reason for moving to HM and what keeps us moving...our lil man Benjamin

When not training for the next event, Dave can often be found "relaxing" at the local Y in the Body Pump or Spin/Core classes. In spite of his numerous victories along with his "All American" and "Gold All World Athlete" rankings, Dave is just a regular guy who believes in staying active. After all, he said, "You're only

cruise down the Danube last December to visit the Christmas markets. On a much warmer note, they look forward to staying in San Jose del Cabo from January to March next year. While there Dave will not be idle. That region in Mexico will provide near perfect training conditions for the next Team USA race in Spain.

as old as you feel – keep moving!" He was quick to add Hershey's Mill offers a fairly challenging four mile loop in a beautiful environment. From his vantage point in The Mill, he's pleased to see the regulars who walk, run or bike the loop. His parting comment, "Please wear helmets whenever you bike."

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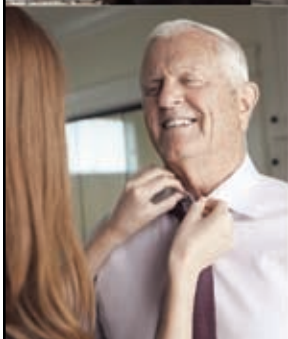
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PET OF THE MONTH

Louise O'Brien | Springton

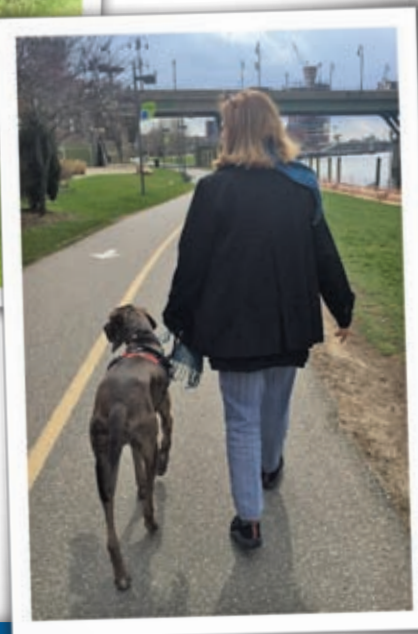
When you are out and about, should you see Francine Schneider and her devoted friend and service dog "Sable" don't hesitate to say hello as they are

multiple Sclerosis and a loving bond now exists between them. Sable is what is specifically called a mobility dog which means that when she walks with Francine she counterbalances in order to prevent falls. This is especially impor-

Getting To Know Sable



All photographs taken by Francine Schneider



both very friendly and love meeting new people. As you can see from the pictures, Sable is quite a ham and loves dressing up, especially in his "Eagles" gear.

Francine acquired Sable, a Great Dane and Catahoula leopard mix, six years ago to assist in her struggle with Mul-

We would like to introduce a furry resident each month in the *Guide and Digest*. Please send your stories and pictures to hmctvguide@comcast.net. Tell us why you love your pet and what makes him or her special to you.

tant on stairs. If a fall happens, and they do, she is trained to stand in a certain way and brace herself to help Francine get

Continued on page 27

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PET OF THE MONTH (continued)

back up on her feet. Sable is very adept at answering the telephone, picking up anything dropped and going in and out of supermarkets. While in the market, she is attuned to Francine and will stop and go without any verbal direction. She is also trained to walk backwards because sometimes there may not be room to turn around.

"It is a sad testimony to man that a man's best friend is his dog and not another man."



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HERSHEY'S MILL BUS TRIPS - SERIES

2018 - 2019 Walnut Street Theatre Series - WAIT LIST ONLY

Thursday & Saturday Matinees

Cost: \$47 per show

Departs: 12:30 p.m.

Contact: Adele Juzi (Thursdays) &
Joan Stanek (Saturdays)

The Walnut Street Theatre's 210th Anniversary Season includes the following shows for both the Thursday Matinee and Saturday Matinee Series:

Thursday 1/31/19 & Saturday 2/9/19
- "A Comedy Of Tenors"

Thursday 3/28/19 & Saturday 4/5/19
- "Curious Incident Of The Dog In The Night-Time"

Thursday 5/30/19 & Saturday 6/8/19
- "Legally Blonde: The Musical"

We are collecting names for the Wait List, as vacancies frequently become available for individual shows.

2018 - 2019 Philadelphia Orchestra

Friday Evening Series

Cost: \$18.00 (Single Date, Bus Only)
+ Performance Admission

Departs: 6 p.m.

Contact: Ann Seraphin

Please join us for a new exciting season with our wonderful orchestra. Brief program summaries and dates are:

Friday, February 8, 2019: Cristian Macelaru conducts Rodrigo, Falla, and Ravel, with the Los Angeles Guitar Quartet.



NOTES:

1. Prior to making payment, anyone who wishes to participate in a bus trip must first call the contact person to ensure that there is still room on the bus.
2. All bus riders must be age 18 or older unless otherwise noted in the trip write-up.
3. Trip payment checks should be made payable to "HERSHEY'S MILL HOA", sealed in an envelope (noting trip name and date), and placed in the maroon "Customer Service" mailbox next to the Security Center in the exit lane at the Main Gate.
4. Refunds are only granted if (1) the trip is canceled, or (2) the trip has a wait list from which another passenger can fill the vacated spot.
5. Bus leaves promptly at the scheduled Leave Time. Please plan to arrive 10 minutes early.
6. The Hershey's Mill Bus Committee is always looking for more volunteers to help share ideas and plan bus trips! If interested, call Marc Fraser at 610-431-4006.

Thursday, February 28, 2019:
Nathalie Stutzmann conducts Haydn and Beethoven, with Benjamin Grosvenor on piano.

NOTE: The bus leaves at 5:30pm on this one and only Thursday show.

Friday, March 29, 2019: Yannick Nezet-Seguin conducts Hannibal and Sibelius

Friday, June 21, 2019:

Yannick Nezet-Seguin conducts Bernstein.

CHRISTMAS CROSSWORD PUZZLE

Celebrating Christmas may fill you with joy, but the preparation can be a hectic mess! So take a few minutes, make a mug of your favorite hot drink, and put your feet up with this puzzle made just for The Mill.

Across

- 1 ___ towards men
- 3 "Oh come, all ye ___"
- 5 Royalty, times three
- 7 Dreaming of this type of plum; visions dance
- 9 Santa's suit color
- 13 Long white face sweater
- 14 ___ on earth
- 16 Heavenly tree topper
- 17 Shake a bell
- 18 Nature's white blanket
- 20 HM Singers Christmas Concert happens here
- 24 The Beatles knew it was all we needed
- 25 Long-burning log
- 28 Name for a train, and it sounds like one
- 29 Jolly old Saint ___
- 30 Glory to ___ in the highest
- 32 A face gift, both given and received
- 33 Adults-only egg drink
- 35 Celebrating together
- 36 Keeps head toasty
- 37 The Mill has many of this kind of tree
- 38 Best location for spending Christmas; I'll be ...
- 40 The Mill's "HM choir"
- 42 Santa's transportation
- 44 "Baby it's ___ outside"
- 45 HM village "ornaments"
- 50 Hot spot that crackles
- 53 We feel this for HM friends
- 54 Watches over the flock
- 55 ___ the Halls
- 57 To first welcome friends
- 58 To announce or proclaim
- 63 Don't be gloomy, be ___

- 64 Animals' Inn
- 65 It's sung that she got run over by a reindeer
- 67 Have you been naughty or nice? Check this twice!
- 68 ___ wonderland
- 71 Treats often exchanged
- 73 The First ___
- 74 Fill with treats when not too smelly; plural
- 77 The night before is Christmas ___
- 78 To wrap a child; but not like a present
- 80 Best activity to enjoy the HM outdoor decorations
- 83 Think branch
- 84 Santa's door to your house
- 85 Santa ___
- 86 One sparkles in front of our Community Center
- 87 Famous snowman
- 88 Not a loud night

Down

- 2 Similar to knowledgeable
- 3 One piece of snow
- 4 Relatively speaking, our favorite group
- 6 Christmas color, and lushly common at The Mill
- 8 Red-nosed reindeer
- 10 Round door decoration
- 11 Christmas celebrates the birth of him
- 12 Red berries often grow on this plant
- 15 Special type of song
- 17 State of happiness
- 19 Where Millers build toys
- 21 Individual treats so tasty they're in this puzzle twice!

- 22 Reindeer of love
- 23 Pennsylvania town too
- 26 Folded ribbon
- 27 We saw her kissing Santa
- 29 Santa's workshop here
- 31 Things given and received
- 32 Sky twinklers
- 34 House-builder cookie
- 35 Ice skate here when frozen
- 39 Melt it, and drink it hot
- 41 Needed for a slippery slope
- 43 A valuable mineral; color
- 46 Most ___ time of the year
- 47 Opposite the "south" star
- 48 The fast reindeer
- 49 Good to have in your eye
- 51 December 25 holiday
- 52 Yummy walking helper
- 54 Put many cranberries or popcorn on it, then swag it
- 55 To place baubles and such
- 56 The desert's horse
- 59 The Little Boy's instrument
- 60 Battery versions "burn" a bit safer
- 61 Hot chocolate's favorite-size marshmallow
- 62 When most open presents; and usually too early!
- 66 It's tradition to kiss under
- 69 With finger aside his ___, up he goes
- 70 Santa's Northpole helpers
- 71 Roast them on an open fire
- 72 Goes with Santa's cookies
- 75 HM's model railroad House
- 76 Church service if Catholic
- 79 Delightful illuminators
- 81 Many goodies; requires tricks to get at Halloween
- 82 Have a holly ___ Christmas
- 83 ___ time of the year



Louise O'Brien | Springton

Sally and Bob Shabaker encouraged us to try this restaurant and we are glad that they did. This is a comfortable family style friendly neighborhood spot that serves very authentic Italian cuisine. The dining room is quite large and very busy, bright and clean. Reservations are accepted for lunch but not for dinner. Domenic told us that the wait on Monday and Tuesday is minimal, especially if you arrive before 6 p.m. After 6 p.m. on Wednesday thru Saturday, be prepared to wait. They have a very hard working bus boy named John that keeps the tables clean and makes for a fast turnaround. A testimony to

the food is the fact that we arrived at 5:45 p.m. and I believe we were seated at the last available table. Pomod'oro is a BYOB and is moderately priced. You are seated close to the other diners. In our case, we sat next to a



Graphics courtesy of Pomod'oro

family of five. The children ranged in age from eight to fourteen and it was a pleasure seeing how much they enjoyed their meal.

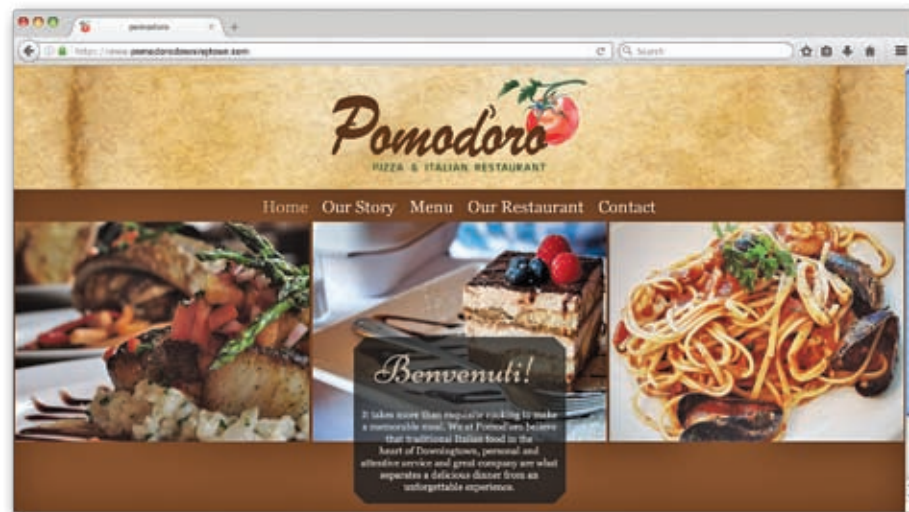
After our very efficient waiter, Domenic, informed us of the daily specials, he left a printed copy at our table. I found this very helpful and wish all restaurants did the same. After a waiter goes through five specials, I can't remember the first one.

My choice was a very hearty tomato bisque, served hot with homemade seasoned bread. Gerry ordered a salad

as possible. Tony was a former part owner of Anthony's in Malvern. The restaurant also has a very nice outdoor eating area equipped with a large fire pit. A little late in the season for this year, but I look forward to trying out this garden spot next year. Hours are Monday – Thursday 10 a.m. to 10 p.m., Friday and Saturday 10 a.m. to 11 p.m., Sunday 10 a.m. to 9 p.m.

This restaurant does a very large take out business, which explains the large

Pomod'oro



with very tasty balsamic dressing. I then ordered one of the specials, veal short ribs served over the best risotto I have ever tasted. Gerry ordered baked eggplant; one of his favorites. Both meals were large portions that made a doggie bag necessary. Dinner was topped off with Gelato imported from Sicily.

The owner, Tony, made his way around the room greeting as many people

menu and the busy parking lot. It is located at 200 Chestnut Street in Downingtown. Directions: take business Route 30 past Wegmans to St. James Episcopal Church on your right and make a left on Chestnut Street and Pomod'oro will be in the third block on the right. They take lunch reservations but not dinner. 610-873-0405 www.pomodorodowningtown.com

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FREE Well-seasoned **fireplace wood**. Stack approximately 5' l x 1½' h. Must take stack. Call

WANTED Good condition, aluminum/all-weather, **outdoor dining table & 2-4 chairs** in either white, beige, tan or brown color. Call

WANTED Dog sitter for a very well-trained Portuguese Water Dog. Bento is a four year old gentleman who loves to play and be with people. Bento needs to have a place to stay for maybe two days a month depending on work

schedule. We will drop off and pick up. Call

WANTED Musicians for two local community bands playing mostly the Great American Songbook standards. Most members are 55+. Intermediate amateur skills are adequate. Rediscover the great camaraderie you had playing with a live band! Tom Barrett

WANTED Eight foot **pool table** for the Community Center. Call

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FOR SALE Two antique fruitwood **night tables** with three drawers each, 16"x12"x28". Best reasonable offer call

FOR SALE Ten year old **deck awning** with frame. 13' x 12', tan, brown and cream. \$400 or YBO. Call

FOR SALE Good looking, hard-working, 2013 clean **Ram 1500 pickup**: V8 Hemi 5.7 liter engine; 6 speed transmission, keyless entry, automatic locks/windows, cruise control, AC, heated outside mirrors, stereo radio,

protective sprayed 8' cargo deck, factory-installed trailer hitch. Color: steel gray. Mileage: 71,100 miles. Recent inspection, good rubber. \$10,000. Call

FOR SALE **Canvas deck awning** with pattern 5760, Sunbrella fabric. 25' wide, 15 foot projection, frame included. New 2016. \$1500. Harper's Awning will relocate it. Call

FOR SALE You don't have to go to Atlantic City or Chester to have fun. Full-size **slot machine** takes quarters and also takes fake slot coins which are included; also comes with cabinet. Asking \$399. If interested, call

FOR SALE Black **cowboy boots**, size 11D. \$20. Numerous **socket wrenches**. \$10. 5' **shovel**. \$2.50. **Iron rake**. \$2. **Wood bits**, 12" up to 6'. Fifty cents per foot. 3000 watt **invertor**, like new. \$50. One **squeegee** on a pole. \$3. Brand new **golf umbrella**. \$7.50. Call

FOR SALE Two Bike Line (M2000) **bicycles** (one men's; one women's), like new. Asking \$150 for both. Also for sale is a **2-bike car carrier**, asking \$25. Call

FOR SALE Two IKEA **youth beds** 27½" x 63"; foam mattress and mattress covers. Great for grand kids. Like new. \$45 each, 2 for \$85. Call

FOR SALE Electric **golf cart**, purchased in 2004. New batteries, rubber floor mats. Excellent condition. \$1200. Call

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday					
2	3	4	5	6	7	Dec 1					
2:00pm Table Tennis-Open 6:30pm Christmas Tree Lighting	8:30am Aerobic Dancing/Exercise 12:30pm Mah Jongg-Mackleer 12:30pm HM Duplicate Bridge 1:00pm Talking Bridge-Groff 2:00pm Photography Club 3:30pm Mah Jongg-Santoro 5:15pm Exercise to DVDS	8:00am Concierge Jewelry 10:30am Tai Chi 1:00pm Canasta 1:00pm Canasta-DuBois 1:00pm Pinochle-Men 1:00pm Pinochle-Women 1:30pm Mah Jongg-Poling 7:00pm Yardley Open	7:30am Men's Bible Study 8:30am Aerobic Dancing/Exercise 9:30am Intermediate Bridge 12:00pm Art Group 12:30pm Bridge-Social Club 12:30pm Mah Jongg-Henderson 1:00pm Dominoes 1:00pm Mah Jongg-Groff 7:00pm Mah Jongg-Kiely 7:00pm Burke Bible Study 7:00pm Singers Reh	10:00am Cradle Stitchers Luncheon 10:00am Caregiver Support Group 10:00am Yoga 1:00pm Card Games 1:00pm Knitting Circle 4:00pm Private Event 6:30pm Poker 7:00pm Casual Singing Group 7:00pm Ulster Open	8:30am Aerobic Dancing/Exercise 10:00am Quilters 1:00pm Mah Jongg-Ullman 1:00pm Hand & Foot 1:00pm Billiards Open 2:30pm Scrabble 4:00pm Private Event	2:00pm Table Tennis-Open 4:00pm Private Event					
9	10	11	12	13	14	15					
2:00pm Table Tennis-Open 4:00pm Private Event	8:30am Aerobic Dancing/Exercise 12:30pm Mah Jongg-Mackleer 12:30pm HM Duplicate Bridge 1:00pm Talking Bridge-Groff 3:30pm Mah Jongg-Santoro 5:15pm Exercise to DVDS	10:30am Audiology Screening 10:30am Tai Chi 1:00pm Canasta 1:00pm Canasta-DuBois 1:00pm Pinochle-Men 1:00pm Pinochle-Women 1:30pm Mah Jongg-Poling 7:00pm Great Books Club	7:30am Men's Bible Study 8:30am Aerobic Dancing/Exercise 12:00pm Art Group 12:30pm Mah Jongg-Henderson 1:00pm Dominoes 1:00pm Mah Jongg-Groff 3:00pm Zephyr Open 7:00pm Mah Jongg-Kiely 7:00pm Inverness Open	10:00am Paoli Hosp Aux 10:00am Yoga 11:30am Mermaid Book Club 1:00pm Card Games 1:00pm Knitting Circle 2:00pm Table Tennis-Open 2:00pm Book Discussion Group 6:00pm Kennett Open 6:30pm Poker	8:30am Aerobic Dancing/Exercise 10:00am Quilters 1:00pm Mah Jongg-Ullman 1:00pm Hand & Foot 1:00pm Billiards Open 2:30pm Scrabble 5:00pm Woodshop Christmas Party	2:00pm Table Tennis-Open					
16	17	18	19	20	21	22					
2:00pm Table Tennis-Open	8:30am Aerobic Dancing/Exercise 12:30pm Mah Jongg-Mackleer 12:30pm HM Duplicate Bridge 1:00pm Talking Bridge-Groff 3:30pm Mah Jongg-Santoro 5:15pm Exercise to DVDS 7:00pm Monday Movie Night 7:00pm Oakmont Open	10:30am Tai Chi 12:00pm Spirit of Democracy Club 1:00pm Canasta 1:00pm Canasta-DuBois 1:00pm Pinochle-Men 1:00pm Pinochle-Women 1:30pm Mah Jongg-Poling 2:00pm Robynwood Open 6:30pm Boomers Book Group 7:00pm PC Computer Club	7:30am Men's Bible Study 8:30am Aerobic Dancing/Exercise 9:30am Intermediate Bridge 10:00am Social Club Bridge (Christmas Lunch) 12:00pm Art Group 12:30pm Mah Jongg-Henderson 1:00pm Dominoes 1:00pm Mah Jongg-Groff 7:00pm Mah Jongg-Kiely	10:00am Yoga 11:00am Knitting Circle Christmas Party 1:00pm Card Games 1:00pm Knitting Circle 2:00pm Table Tennis-Open 6:30pm Poker	8:30am Aerobic Dancing/Exercise 10:00am Quilters 1:00pm Mah Jongg-Ullman 1:00pm Hand & Foot 1:00pm Billiards Open 2:30pm Scrabble	2:00pm Table Tennis-Open					
23	24	25	26	27	28	29					
2:00pm Table Tennis-Open 4:00pm Private Event	8:30am Aerobic Dancing/Exercise 12:30pm Mah Jongg-Mackleer 12:30pm HM Duplicate Bridge 1:00pm Talking Bridge-Groff 5:15pm Exercise to DVDS	10:30am Tai Chi 1:00pm Canasta 1:00pm Canasta-DuBois 1:00pm Pinochle-Men 1:00pm Pinochle-Women 1:30pm Mah Jongg-Poling 7:00pm Great Books Club	7:30am Men's Bible Study 8:30am Aerobic Dancing/Exercise 12:00pm Art Group 12:30pm Mah Jongg-Henderson 1:00pm Dominoes 1:00pm Mah Jongg-Groff 7:00pm Mah Jongg-Kiely	10:00am Yoga 1:00pm Card Games 1:00pm Knitting Circle 2:00pm Table Tennis-Open 6:30pm Poker	8:30am Aerobic Dancing/Exercise 10:00am Quilters 1:00pm Mah Jongg-Ullman 1:00pm Hand & Foot 1:00pm Billiards Open 2:00pm National Affairs Forum 2:30pm Scrabble	2:00pm Table Tennis-Open					
30	31	Jan 1	2	<h1 style="text-align: center;">Activities Calendar December 2018</h1>							
2:00pm Table Tennis-Open	8:30am Aerobic Dancing/Exercise 12:30pm Mah Jongg-Mackleer 12:30pm HM Duplicate Bridge 1:00pm Talking Bridge-Groff 5:15pm Exercise to DVDS	<table border="1"> <tr> <td>Color Legend</td> <td>H - CC Main Hall</td> </tr> <tr> <td>Ardmore Room</td> <td>Malvern Room</td> </tr> <tr> <td>Billards Room</td> <td>Paoli Room</td> </tr> <tr> <td>Cove</td> <td>Sullivan House</td> </tr> </table>	Color Legend				H - CC Main Hall	Ardmore Room	Malvern Room	Billards Room	Paoli Room
Color Legend	H - CC Main Hall										
Ardmore Room	Malvern Room										
Billards Room	Paoli Room										
Cove	Sullivan House										

The dark days of winter are quickly approaching.

Here is some information about the library that will make your days brighter. Purchasing books for \$1 from our cart is ongoing and the cart is replenished weekly. Take your selections with you to your southern destination and do not worry about returning them.

Think about someone you would like to honor and have a Book Plate placed in a new book in their name for \$25. These book plates are also available in memory of someone.

Our Ambassador Program assists residents who are unable to physically get to the library. One of our volunteers will contact you and see what kind of books appeal to you. She/He will bring the books to your home and then pick them up. Please contact Angela Linden for this service.

DVD's and audio books can be borrowed for your winter vacation.

At times, magazine publications offer guest subscriptions over the holidays. The library would welcome any of these.

Please look for 'Board Picks' in the library. Our board members read particular books and then put them front and center on the Bulletin Board.

We Were the Lucky Ones by Georgia Hunter is a fictionalized account of the Karc family and their experiences during WWII in their hometown of Radom, Poland and where their travels take them. Holly discovers she is a Holocaust survivor and must find out more about her life. The author uses

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Saturday 10 a.m. – Noon

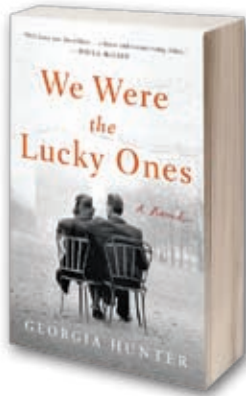
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short chapters with different characters to tell the story of the family.

NEW BOOKS

Fiction

- Albom, Mitch.-*Next Person You Meet in Heaven*
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- Berney, Lou.-*November Road*
- Callahan, Patti.-*Becoming Mrs. Lewis*
- Edugyan, Esi.-*Washington Black*
- Enger, Leif.-*Virgil Wander*
- Hilderbrand, Elin.-*Winter in Paradise*
- Kingsolver, Barbara.-*Unsheltered*
- Koontz, Dean.-*Forbidden Door*
- Macomber, Debbie.-*Alaskan Holiday*
- Maher, Kerri.-*Kennedy Debutante*
- Mills, Kyle.-*Red War*
- Morton, Kate.-*Clockmaker's Daughter*
- Murakami, Haruki.-*Killing Commendatore*
- Perry, Sarah.-*Melmoth*
- Picoult, Jodi.-*Spark of Light*
- Sparks, Nicholas.-*Every Breath*
- Taylor, Patrick.-*Irish County Cottage*
- Weber, Katherine.-*Still*



- Life with Monkey*
- Zusak, Markus.-*Bridge of Clay*

Mystery

- Beaton, M. C.-*Dead Ringer*
- Bernhard, Emilia.-*Death in Paris*
- Francis, Felix.-*Crisis*
- French, Tana.-*Witch Elm*

- Macmillan, Gilly.-*I Know You Know*
- Paretsky, Sara.-*Shell Game*
- Patterson, James.-*Ambush*
- Sandford, John.-*Holy Ghost*
- Unger, Lisa.-*Under My Skin*
- Woods, Stuart.-*Desperate Measures*

NonFiction

- Drury, Bob.-*Valley Forge*

- O'Reilly, Bill.-*Killing the SS*
- Orlean, Susan.-*Library Book*
- Philbrick, Nathaniel.-*In the Hurricane's Eye*

Biography

- Field, Sally.-*In Pieces*
- Idle, Eric.-*Always Look on the Bright Side*



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COMMUNITY NEWS

NEWS FROM THE COMMUNITY CENTER

Sharon Kope | Robynwood

You spoke, we listened. Residents found the new look of the calendar in the center of the Digest a little hard to read. Please look at the calendar this month. We hope you will like it a lot better. I'd also like to mention that the activities you see listed on the calendar are the activities that are open to anyone to attend.

In case you haven't heard the news, the installment of an elevator for the Community Center has been approved. This project is expected to begin in February. It will require partially closing portions of the Community Center during construction, therefore, many of the

group activities and parties planned for February, March and April will have to be moved to other locations or suspended. PLEASE NOTE: all of these dates are tentative until we receive confirmation from the contractor.



We ask for your patience and cooperation while this work is being done. We will do our best to work with all of you to come up with other meeting spots. Hopefully, we will be enjoying the new elevator by Spring 2019.

VETERANS

Bob Irwin | Quaker

Each December on National Wreaths Across America Day, our mission to remember, honor and teach is carried out by coordinating wreath-laying ceremonies at Arlington National Cemetery, as well as at more than 1,400 additional locations in all 50 states, at sea and abroad.

Please help us remember, honor and teach on **December 8** at 11 a.m. by placing a wreath on one of the 50

Continued on next page

(At left) Honor Grove at Valley Forge



state sites at the Honor Grove at Valley Forge Freedom Foundation, Valley Forge, PA. These wreaths recognize Medal of Honor Recipients and are donated by various local sponsors and organizations. A complementary lunch is to follow. Also look for Wreath Across America, on December 15, where wreaths are placed on other military grave sites. Contact Bob Irwin for further information at



HM BABY BOOMERS

Terese Judkins | Chatham

Are you a Baby Boomer? If not, do you feel like a Baby Boomer? If the answer to either of these questions is yes, you may be interested in joining the HM Baby Boomers.

The Boomers group formed several years ago to provide a variety of fun social occasions during the year, and to keep the price of these occasions affordable so that everyone can attend and meet and greet friends and neighbors here at the Mill. Some of the events we schedule year after year include a Halloween Party, a Trivia Night, the best St. Patrick's Day Party ever, and a Woodstock pool party. Members of the Boomers are also encouraged to come up with their own ideas for fun events and to gather friends together to help them put on these events.

If you are interested in joining the Boomers, you can send an email to hmboomers@gmail.com to get all the information you need to join.

(At right) Welcome, Friends!



There is a one-time fee of \$15 dollars per person for dues and then you never have to pay dues again!

The next event coming up in early 2019 will be Trivia Night with yummy refreshments. It will be preceded by a short meeting to generate ideas for additional social events for 2019. Anyone for a tailgate? A road rally? Who knows what fun ideas the Boomers will come up with!!

SULLIVAN HOUSE HOLIDAY OPEN HOUSE

Judy Molt | Yardley

Sullivan House will soon be all dressed in her holiday splendor. Start your holiday season at the Historic Sullivan House by coming to the Annual Open



(At left) Come see the angel tree within.

The Sullivan House Committee and the Friends of Sullivan House look forward to welcoming you to share the merriment of this Annual Holiday Event and hopes to see you on December 2.

HERSHEY'S MILL TREE LIGHTING CEREMONY

Betsy Carlin | Princeton

Please join the Hershey's Mill branch of the Paoli Hospital Auxiliary for its annual Tree Lighting Ceremony on Sunday, December 2 at 6:30 p.m. in front of the Hershey's Mill Community Center. Bring your children and grandchildren to see the tree come alive with sparkling lights while the Swing Quintet leads us in joyful carol singing. There will also be a special

Continued on next page

House being held on Sunday, December 2 from 1 to 4 p.m.

Sullivan House will be aglow with sparkling and twinkling decorated trees, garlands, wreaths, bows and lovely poinsettias. Come one, come all! Bring your children, grandchildren, and friends to share the wonderment of the season, as well as share holiday cheer with your neighbors, new and old.

In addition to the magic of the house, holiday cookies and punch will be served. The Friends of Sullivan House will be offering chances to win festive baskets, jewelry, and artwork, as well as a variety of other gifts. Don't miss the merriment of the day.



visit from Santa for all the little ones who will be attending.

The festivities will continue inside the Community Center with refreshments and more music where the beautiful Gold Star Tree will be on display. You can support the Paoli Hospital by purchasing a gold star, for a donation of \$10, to honor your loved one(s). Each star with the name of the honored person will be hung on the tree and viewed throughout the holiday season. Stars are available from any Auxiliary member or by calling Kathy Kohler,

. Gold Stars may also be purchased on the evening of the tree lighting. All proceeds benefit Paoli Hospital.

MONDAY NIGHT AT THE MOVIES

Lynne Urian | Merrifield

On Monday night, December 17 at 7 p.m. in the main room on the first floor of the Community Center, we are happy to present “The Thin Man” (1934). Take

a break from the holiday rush and enjoy this classic film starring William Powell and Myrna Loy as the husband and wife team of Nick and Nora Charles. The first in a series of six “Thin Man” films the couple made together, based on characters and plots created

by mystery master Dashiell Hammett, and directed by W.S. Van Dyke. Nick Charles, the famed detective who is happily retired



and living off his wife, Nora’s inheritance have come east to New



York from San Francisco for the holidays. Nick is drawn back into service to help solve the disappearance of the

father of a family friend, and Nora, always looking for adventure, is anxious to lend him a hand in solving the case. With a great plot full of twists and turns, witty dialogue, and the on-screen chemistry of Powell and Loy as the sophisticated, often inebri-

(Below) Phillis’ guests: Back row, L to R: Shirley Santucci, Mimi McGowan, Helen McCoy, Barbara Wurth, Phillis Weidenhamner, Pat Meehan, Doris D’Ambrosio, Margie Trapnell; Front row: Dottie Scavo, Ann Kelleher, Rhoda McQuiston

Both FoSH photos by Aiden Greim, a student at Bishop Shanahan H.S.



ated and loving couple, “The Thin Man” is truly cinematic magic.

Monday Night at the Movies is free and open to everyone at Hershey’s Mill. If you’d like more information, please call Lynne Urian at , or email her at . Hope to see you “at the movies!”

FRIENDS OF SULLIVAN HOUSE

Ann Gunn | Jefferson

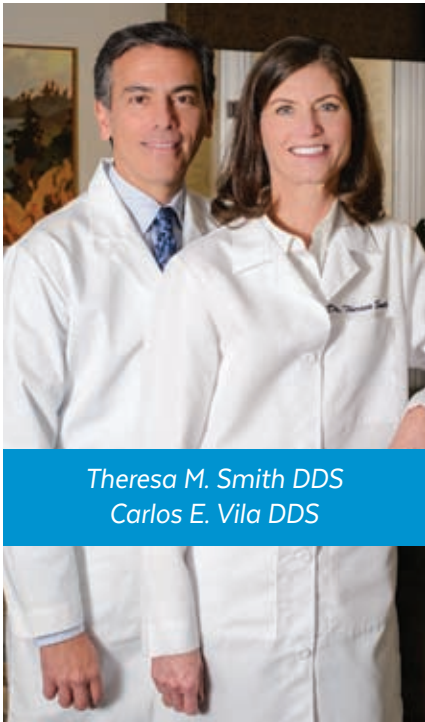
“The Gourmet Dinner with wine pairing far exceeded my expectations. The Sullivan House radiates warmth and a marvelous time was had by

all”. These are the words of Pat Meehan of Eaton, who was one of the lucky guests of Phillis Weidenhamner of Kennett Way. Phyllis was the winner of the 2018 Gourmet Dinner.

On Sunday, October 7, amid a late summer warm sky, Phyllis treated nine of her close friends to a “girl nights out”. The evening kicked off with a cocktail hour on the patio, followed by a five course gourmet meal with wine pairing in the dining room. For the fourth year, Brandywine Catering dazzled the guests with mouth-watering cuisine and wine.

(At left) Ingredients for a sensational wine pairing

Continued on page 47



Theresa M. Smith DDS
Carlos E. Vila DDS



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COMMUNITY NEWS (continued)

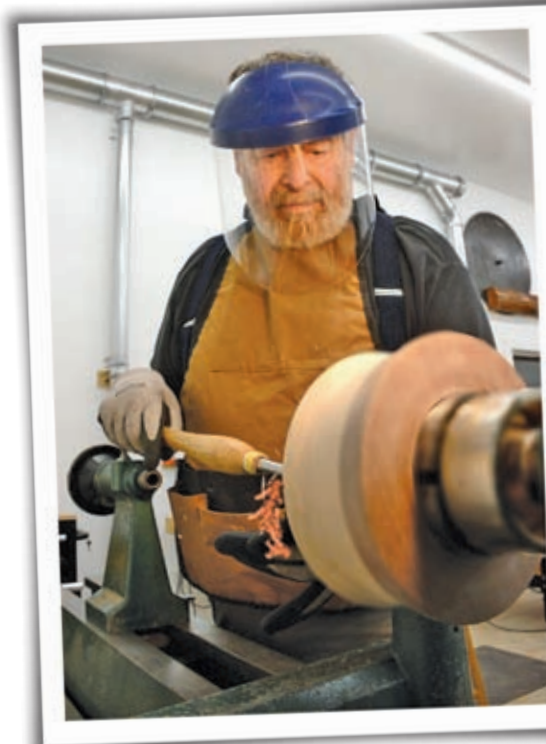
Has this become an annual event? Well, the answer appears to be a resounding YES. Each year “FoSH” committee members are inundated with statements like, *please do this again so I have a chance to win*. So, yes, we will hold another raffle in 2019. Can’t you just see yourself there with your loved ones?

utilization of the Sullivan House by raising funds. The Sullivan House is open daily for your events, meetings, and group gatherings, or if you just want to sit and read a book.

The Sullivan House – Once Discovered, Never Forgotten

WOOD SHOP

Bob Coldwell | Ulster



With the help of the many experienced woodshop members, Howard Jones of Kennett Village, a new member of the HM Wood Shop, has become proficient in making segmented bowls. He learned quickly how to use the shop lathes, table saw, band saw,

(At left) Howard is protecting his eyes with a full-face shield, gloves and, while sanding, he uses his respirator. Photo by Bob Coldwell

sanders and finishes to make a beautiful segmented bowls. As you can see from the picture, Howard has learned that safety is stressed at the Wood Shop. A handmade bowl makes a great gift in the holiday season.

FoSH will be present at the Sullivan House Open House event on Sunday, December 2. For the first time, we will be selling tickets to the 2019 Gourmet Dinner at the open house. Please mark your calendars and stop by to say hello to your neighbors, enjoy cookies, punch and a chance to win FoSH raffle baskets.

Now would be a great time to join your neighbors and enjoy the new Wood Shop addition, which allows room for everyone. It is almost complete, thanks to the generous donations of our HM Community. We are, however, still a long way from meeting our required financial goal. Please come see for yourself this first-class operation, then consider making a donation toward this extraordinary amenity in our midst.

Continued on page 49

FoSH is a core working, fundraising committee established to support and increase community awareness and

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"GRAND" IDEAS!

Gail Habbersett | Eaton

Here's one for the grands who love anything to do with art. Our

my first trip to a do-it-yourself painting ceramics shop. I was amazed by the variety of unfinished pieces from which to choose. They have designs for all holidays and occasions. We each selected a piece, then were shown a full array of paints and brushes. The staff were also very experienced and offered techniques and suggestions – only when approached. We were not timed or limited in any way other than to leave when they locked the doors for the day. Best part – they cleaned up after us! Tori was so excited to present her piece as a gift to her mom on Mother's Day.



gal Victoria "Tori" is already an accomplished artist at age 15, so when I saw the Groupon for Color Me Mine located in Glen Mills, I planned our visit. This was

(Above right) Tori getting started

(Above) About half way into the project

(At right) The gift is ready for Mom!

Photos by Gail Habbersett

Each month we'd like to feature an activity our readers have enjoyed with children up to and including teenagers. If you would like to make a recommendation, please email your brief article about your experience as an attached Word document, to hmctvguide@comcast.net. You may also attach photos as jpg files.



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CARESHARERS

Eileen Glinski | Glenwood

Most Hershey's Mill residents do not know that we have a group of volunteers in "The Mill" that are dedicated to helping our own. Since 1990, these volunteers have provided trans-



portation to appointments, light handyman services, such as, changing overhead light bulbs. This dedicated group of volunteers make it possible for many residents to remain in their homes. If you are in need of their help, please call 610-430-8830 and leave a message on the machine.

PINOCHLE GROUP

John Birch | Heatherton

The Men's Pinochle group bid farewell to 98-year-old George Decowsky who has moved to Florida. George was a 33-year resident of Hershey's Mill. We all marveled at his mental acuity and hope that we will be as men-



(At left) Pinochle
(Below left) Eileen Glinski with sign

tally sharp as George when we are 88, let alone 98.

The Pinochle groups meets every Tuesday at 1 p.m. The Men play at the Community Center and the Women play in Sullivan House. New members are always welcome.

HERSHEY'S MILL PHOTOGRAPHY CLUB (HMPC)

Carol Poling | Oakmont

A new show is now hanging at the Community Center from October through December 2018 off the main hall and also on the lower level. HMPC is very



excited to announce that we will be having a photography show during the months of January and February 2019 at the Greyhound Café in the shopping center off of Rt 30 and Rt 401. By the way, that restaurant was featured



enced gardener from Yardley, shared many things he's learned through trial and error that continue to feed his love



(Above) Seed varieties
(At left) Bill, 83 years young, swore the one thing he would never do is garden!

in the June 2018 *Guide and Digest*. More information to follow on the website. Come join us at our meetings every second Monday of the month in the Paoli Room of the Community Center from 2 p.m. to approximately 4:20 p.m. We would love to see some of your photos.

GARDEN CLUB

Gail Habbersett | Eaton

As the days grew shorter and nights summoned frost, many HM gardeners put their gardens to bed, so to speak, and began planning for their future crops. Motivated back in October, over 70 individuals met in the Community Center where Bill Reynolds, experi-

of gardening. The list was long and examples many of tips on how/when to start seeds, transplant seedlings, battle the bugs, fertilize plants, and, yes, coexist with critters. He reminded us to purchase "age appropriate" tools and make the rounds every fall of garden centers for bargains. Bill is a three season gardener and, that night, that notion became an attainable goal for the rest of us.

Two weeks following that meeting, Bill organized a group of volunteers in the far end of the gardens to prepare an area for attracting Monarch butterflies. Eight folks spent a couple of hours pulling out brambles, digging up roots, rototilling, hoeing, and raking the soil. Before finishing up, they planted a tempting smorgasbord of seeds. Hopefully next year, in addition to fruits and veggies, our gardens will provide a source of nourishment for

Continued on next page

(At left) Mount Rushmore National Park, South Dakota. Photo by Michael Rackover of Franklin.

Monarch butterflies as they prepare for their long journey south.



(Above) Final touches and planting by whole crew: Bill, foreground, rear (L to R) Jim, Yufei 'April' Wang (Chandler), John Podgajny (Kennett), Sue Staas (Kennett), Allan Soldwisch (Franklin), Ed (At right) Three musketeers: Ed Sweeney tilling, Bill Reynolds supervising and Jim DiCarlo, praying? (all Yardley residents)



program agendas and meetings at the Ludington Library in Bryn Mawr on the second Saturday of each month. Carol Campanelli will continue to send email reminders to all who have indicated that they want to remain on the Newer User's contact list. If you wish to be included for meeting reminders and notifications of meeting cancellations contact her at carolcampy@gmail.com.

APPLE & MACINTOSH CONNECTION

Rene McNally | Eaton

APPLE / MACINTOSH OWNERS: *iPads, iPhones, computers – all things Mac.* The Newer Users Group will resume meeting in the Paoli Room at the Community Center from 10 a.m. to noon on the fourth Saturday of each month except December. Check the Macintosh User's Group website, www.mlmg.org, for information about the parent group's



BOOK CLUB

Carol Barkovsky | Eaton

Please join us on **Thursday, January 10** as Joan Eaves starts off the New Year with a discussion of *A Gentleman of Moscow*: A Novel by Amor Towles. In 1922, Count Alexander Rostov is deemed an unrepentant aristocrat by a Bolshevik tribunal and sentenced to house arrest in the Metropol, a grand hotel



across from the Kremlin. Rostov, who never worked a day in his life, must now live in an attic room while some of the most tumultuous decades in Russian history unfold outside the hotel's door. Unexpectedly, his reduced circumstances help him gain an understanding of what it means to be a man of purpose. As usual, we will meet at 2 p.m. in the Sullivan House.

PC CLUB

Don Trauger | Kennett

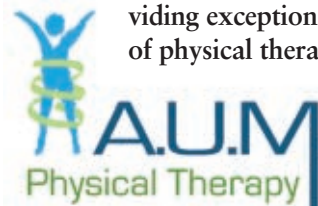
Join us Tuesday, **November 20** at 7 p.m. upstairs in the Community Center. The current topic is Windows Updates reliability, but feel free to bring your own questions or comments to add to the group discussion.



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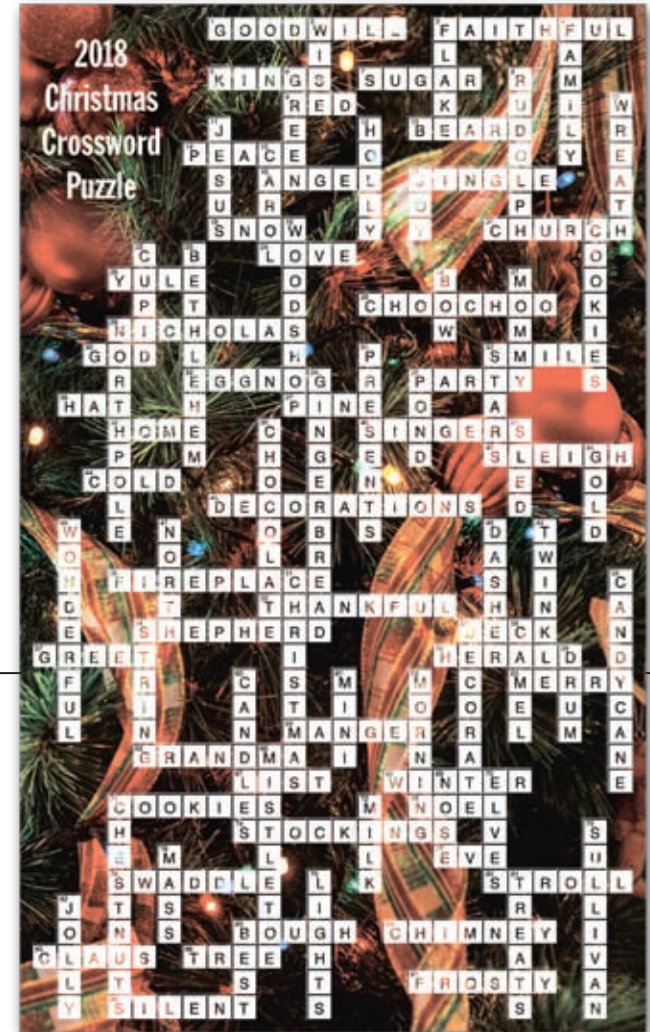
Hershey's Mill : Where the friendships are a
little stronger and the smiles last a little longer.

CHRISTMAS CROSSWORD PUZZLE ANSWER KEY

Stop! Don't look at the answers to the crossword puzzle yet! We don't know if you're here by design or by mistake, but if you haven't yet attempted the puzzle, then it's definitely the latter.



We know there are a few of you who don't always follow the signs in the real world, but what's at stake here is a serious case of disappointmentitis. Plus, if you peek too soon, you might just get a lump of coal in your stocking!



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HERSHEY'S MILL GOLF CLUB

House Committee News Donna Dickerson | Ulster

Check out the Menus for December events on the HMGC website under Social/Dining.

Steak Night is Thursday, **December 6**. Reservations from 6-8 p.m. in the dining room. PLEASE NOTE, for those who wish to dine at the Bar, the Bar Menu is not available, but you can take part in the Steak Night buffet, or there will be a soup and sandwich option available at the Bar.

Brunch with Santa, always a holiday favorite, will be Saturday, **December 8** beginning at noon. Santa and his elf will greet all children and present them with a gift. Reservations are necessary.

The annual **Holiday Buffet** will be Thursday, **December 20** with reservation times from 6-7:30 p.m.

And last but not least, welcome 2019 with style at the **New Year's Eve party** on **December 31** with dinner

reservations from 6-8 p.m. and music until midnight.

Robert Avin's name was pulled from the Comment Cards so he will receive a free drink at the Club. We value everyone's input, so keep those Comment Cards coming. Thank you Robert for taking the time to fill one out



*"A good player who is a great putter is a match for any golfer. A great hitter who cannot putt is a match for no one."
Ben Sayers*

Golf Tip

Solid putting is all about adhering to a routine, and your routine should begin before you even get to the green. When your ball is on the green and you are approaching the putting surface, either from the fairway or the cart path, take notice of the slope of the green. Usually the green surface is elevated from those positions and you should have a good perspective of its con-

tours. When walking to your ball, circle the hole and then out to its position. Count your paces from the hole to your ball, being mindful of others' positions and intended lines. Even before you mark and clean your ball, half of your work would be completed. Add this to your putting routine and watch your scores drop.

Matthew Harvey, PGA

SPORTS GROUP

Don Evons | Princeton

We just finished a very successful 2018 season and the thanks goes to all the activity leaders. Just look at all sporting activities that are out there: Biking, Billiards, Bocce, Bowl-

(At right) Sports Group Drone pic of pickleball

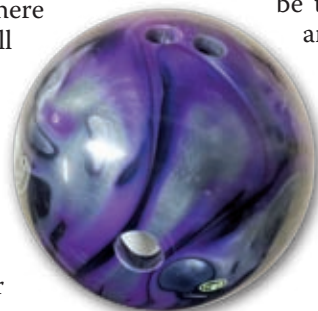


ing, Horseshoes, Paddle Tennis, Shuffleboard, Table tennis, and Tennis. The sports group also supported the CPR classes, ran 5 social events and organized court and event scheduling through a computerized system (ROCO). The only thing missing are those residents that do not know what we do or how to get involved. **That is about to change in 2019.**

BOCCE

Joe Carrone | Inverness

With much regret, I and the committee have decided to step aside as the bocce leaders. By all accord, over the past 2 years, we have accomplished our goals to expand bocce here in Hershey's Mill. To all players and my committee, I owe you a great amount of gratitude because without you, nothing would be possible. There is a need for a person, or persons, to step up and take over



the bocce leadership. If you desire, we will help in the transition in any way we can. My best to your continued success here at HM. Joe Carrone,

BOWLING LEAGUE

Doll Elwell | non-resident

The Bowling Season is in full swing! We are enjoying our weekly outings on Tuesday mornings at the Palace Bowling Lanes in Downingtown, while also getting some much needed exercise during the winter months. We will be celebrating the completion of our first half of the season with a buffet lunch in December. Winners will be announced for the first half, and in January, we will begin the start of the second half of the season. March will be the end of the second half, and we will have a playoff to see who our champions are this season. Happy Holidays to all! Doll Elwell, ddejce@aol.com

The Mill has most everything you play with balls! Bocce, bowling, billiards, and so many more.

Get Involved and "Play Where You Live"

PADDLE: Monday through Thursday at 1 p.m.; Friday at 3 p.m. (with wine and cheese); Saturday at 10 a.m.

TABLE TENNIS: Tables are up weekends starting Fridays at 4 p.m.

POOL (Billiards): Friday at 12:30 p.m.

TENNIS: Weekdays at 3:30 p.m.; Saturdays at 9:30 a.m. (Weather permitting)

PICKLEBALL: Monday, Tuesday, Thursday, Friday, and Saturday at 9:30 a.m.; Wednesday at 5:30 p.m. (Weather permitting)

TRADE (AMENITIES) SHOW: May 22, 2019 - Free wine and cheese for all Hershey's Mill residents. (All activities on display.)



WHAT ARE THE HEALTH BENEFITS OF SHOOTING POOL/BILLIARDS AT HERSHEY'S MILL

Michael Rackover | Franklin

Source: Internet

A lot of people love shooting pool. It is a great way to improve your own skill, or simply enjoy the time with friends. However, there's more to playing pool than you might think, and we don't just mean technique.

Playing pool actually has some health benefits. While you may not have thought about that aspect of the game before, you could be doing your body and mind a favor the next time you pick up a cue.

You'll Burn Calories:

Most people don't think of shooting pool as a strenuous exercise,

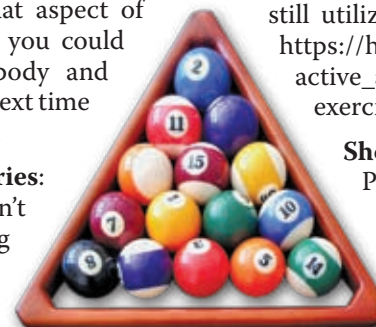
and for the most part, you probably won't be out of breath during a game. That doesn't mean your movements aren't burning calories though. In fact, the average player is going to easily walk about one mile in just one game of billiards. That may not seem like a lot, but in opposition to sitting on the couch watching TV, it's a whole heck of a lot more.

Shooting Pool Slows Aging: Beer and shooting pool have become a staple for socializing among men and woman and with good reason! According to a recent study from the University of Copenhagen, drinking beer while playing a game of pool with friends can help keep older men active due to the exchange between active activity and passive activity during a round of pool. This can help combat the aging process by providing a casual activity that still utilizes the use of their muscles. https://humanities.ku.dk/news/2014/active_ageing_is_much_more_than_exercise/

Shooting Pool Builds Focus:

Playing pool requires a great amount of focus and concentration. Your ability to

Continued on next page



focus on a given objective is essential in achieving happiness and attaining goals. In shooting pool, players must focus on their targets (the cue ball and the target ball), the angle of their own cue, the angle the cue ball will move in once it is hit and if the cue ball will strike the target ball.

Improves stretching, balancing power: When you play pool, you'll need to stretch more as you need to bend across the table top for reaching the cue ball at a desired angle, more so when challenging shots are needed. At times, you'll need to stand on one foot, which would improve your stability.

Sharpens your mind: Regular billiards and pool players often have sharper minds, as the game requires mental mathematical calculations and estimates to be performed while playing, such as basic physics and geometry.

Improves hand-eye coordination greatly: Since the hand-eye coordination is a crucial factor to win a game of pool, your hands will become agile and swift and be able to perform finite and minute tasks.

Provides fun for all, regardless of age: Playing pool and billiards is often a family affair, as they can be played by anyone, regardless of their sex or age.

Shooting Pool/Billiards tones up your muscles: As a pool player, you'll be benefited by a low-impact toning of your leg, back and hip muscles, as you need to bend and reach out continuously while playing.

Helps build control: Studies have shown that individuals who play cue sports, like pool, are less likely to panic amid crisis. The levelheadedness of those who play concentration games are able to think clearly and logically,

enabling them to examine the most pertinent facts and details and encourage them to go into action without becoming overexcited.

Cognitive skills get vastly improved: The stimulation that you get mentally while playing pool is rich and variable, since each broken rack presents infinite layouts. These layouts will always challenge your visualization, imagination and creative problem-solving skills.

Four season sport: We play in all seasons, no rain outs and no need for sun-tan lotion.

On a final note, we are looking for another eight foot pool table for the Community Center. Please call 484-947-5441 if you know of one that is available.

PICKLEBALL

Tom Fant | Yardley

Currier and Ives visits Chandler Drive? This photo was caught of John McGinty(inserted) of Jefferson and his merry group, including Kristin Doubet of Kennett, Eric Valderrama of Yardley, and Julie Herring of Franklin during a snow shower last March. We of "The PickleBall Nation" try to play during dry sunny days, but when the score is 10 to 9 (games are to 11 by 2) and some other type of weather arrives, we just have to finish the contest.

We started the 2018-19 Winter PickleBall schedule on November 1, with FLEX email notices most days to accommodate any midday weather condition changes. This schedule reserves 4 courts daily at 2 p.m. until May 1 on ROCO (HM Sports Group Reservation System).

OK, now for an opportunity to improve your PickleBall IQ and have some fun at the same time. One of our most ardent

and accomplished players, George Madden (shown in the accompanying photo with wife Helen), has turned his personal website into a treasure for fans of this terrific sport for seniors. www.gmadden33.com (Want some very specific E-A-G-L-E-S fan information? That's on George's site, as well.)

To get you started, here are 6 pickleball terms right out of Wikipedia:

Baseline: The line at the back of the pickleball court (22 feet from the net).

Dink: A dink is a soft shot, made with the paddle face open, and hit so that it just clears the net and drops into the non-volley zone.

Fault: An infringement of the rules that ends the rally.

Kitchen: The non-volley zone, which is 7 feet from the net on both sides, is commonly referred to as "the kitchen." Players may not enter the kitchen to return a ball unless the ball first bounces.

(At right) Snow scene photos by George Madden of Troon.

(At far right) Helen and George Madden photo by Tom Fant of Yardley

Poach: When playing doubles, this is when you cross over into your partner's area to make a play on the ball.

Server number: When playing doubles, either "1" or "2," depending on whether you are the first or second

server for your side. This number is appended to the score when it is called, as in "the score is now 4 - 2, second server or 4:22".

Next month we will have another short list of terms for you (no one wants to deal with long lists at The Mill!)

Always worth repeating, our game is very inclusive with free balls and rackets, so don't be



shy about joining us on our terrific newly resurfaced color coded courts (completed this August) between the tennis courts

on Chandler Drive and the Hershey's Mill Swimming Pool. One court will always be marked PRACTICE.

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LOCAL HISTORY

Joe Kennedy | Princeton

“The purpose of education is to build character and to make the individual a more serviceable instrument in bringing about the Kingdom of God.” So says the Book of Discipline of the Religious Society of Friends. That mission statement has been a constant for Abington Friends School throughout its more than 300 years. The school holds the distinction of being the oldest primary and secondary institution in the United States to operate continuously at the same location under the same management.



A recent photo of this historic school



In spring 1697, a wealthy Quaker tailor John Barnes donated 120 acres and a sum of money to establish a monthly Friends meeting and school at Abington. By the fall, the meetinghouse had been built and Jacob Taylor was teaching classes in a corner of the building, now located at 575 Washington Lane, Jenkintown.

During the 18th century, the school followed an elementary coeducational program. The curriculum consisted of reading, writing, spelling, arithmetic, merchant’s accounts and measurements in keeping with the Quaker

belief that a good education consisted of a good mix of academic and vocational studies. All students attended midweek worship in the meetinghouse. Strict discipline included corporal punishment, records indicate.

School started at 8 a.m. and went to 12 noon. Then there was a two-hour break, so the children could return home to do their farm chores. Classes resumed at 2 p.m. and dismissal was at 4 p.m.

There were but four weeks of school vacation, related to the Friends’ Philadelphia Yearly Meeting and to planting and harvesting on the family farms.

By the end of the American Revolution, a separate school had been built adjacent to the Abington Meeting House. As Abington Friends entered the 19th century, it encountered staffing problems, took sides on a schism within the Yearly Meeting, and became embroiled in one of the leading controversies of the time: slavery.

It was difficult to keep teachers any period of time, because of the low pay

Continued on page 65



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LOCAL HISTORY (continued)

and because back in that time teaching was seen as a stepping-stone to better opportunities such as the Law. Teachers were paid a small salary from the annual tuition of \$4 for Quaker children and \$4.50 for non-Quaker children. In addition, they received a plot of ground for farming, and in some cases, a cow.

In 1827, the Quaker community of the Philadelphia Yearly Meeting experienced a schism on issues of theology that became known as the Hicksite Separation. The Abington Monthly Meeting sided with the Hicksite group, which was opposed by the Orthodox Quakers. That presented a problem, because Abington Friends graduates who wished to go on to secondary school were traditionally sent to the Westtown School in Chester County. After the separation, Westtown Friends was controlled by Orthodox Quakers and students from Abington Friends were not welcome there for decades. As a result, a coeducational boarding school for secondary education was established in 1887 on the grounds of the Abington Monthly Meeting. It lasted until 1914.

Meanwhile, the question of slavery remained unsettled among Quakers. Many in the community, including William Penn, the founder of Pennsylvania, owned slaves. School records show that children of slaves were enrolled in Abington Friends School during the mid-18th century. At least one member of the Abington Monthly Meeting, Benjamin Lay, did not think that educating slave children was enough. He wanted to end slaveholding within the Quaker community, and he went to extreme lengths to achieve his goal.

Lay lived in a cottage across from the meetinghouse and was popular with

the school children, many of whom visited on their way home. On one such visit, a story says, Lay talked two children from a slave-holding family into staying longer than usual. As time passed, their mother began to panic as she searched for them. She came upon Lay and asked if he had seen the children. He said he had not. When the mother broke down and began to cry, Lay is reported to have said: "How do you think those poor mothers in Africa feel when their offspring are torn from them, never to be returned again?" As the story goes, the children were returned to their mother unharmed and in no fear. Shortly afterwards the family freed its slaves.

As Abington Friends entered the 20th century, enrollment - particularly among boys - began to decline for both day and boarding students. The Quaker community in the area had not grown, and many boys were enrolling in the public schools, attracted by the sports programs there.

In 1931, the monthly meeting decided to convert the school into an all-girls preparatory school which remained for 35 years. In 1966, boys were readmitted at the primary level. By 1975, all grades - kindergarten through 12 - were co-educational once more. The 1970s and '80s saw a building program that resulted in a new library, a new gymnasium and new science and art wings.

But a strong sense of tradition remains. Older buildings, burial plots, and archaeological digs by seventh graders - which have produced clay pipes, shoe buckles, coins, bottles and other artifacts from the 18th and 19th centuries - help give students of today a sense of their school's long history.

As longtime readers know, it's our favorite time of the year – cookie exchange time! For this cookie lineup, we think we've got something delicious for everyone. Along with yummy bar cookies, a great option for those whose dexterity doesn't always allow for a lot of hand forming and decorating work, there's a rolled trifecta – rolled-up with jam cookie swirls, rolled-around for crispy cookie straws, and rolled-out and cut frosted cookie trees. They will all last at least a few days when stored airtight at cool room temperature, but that has never happened with ours; even when we tried hiding them! We wish each of you peace and joy this season, and shared cookies with friends!

Berry Nut Streusel Bars

Like most people, our favorite part of a coffee cake is the topping, and these easy cookies are "topelicious"! Makes about 18 cookies, or size of your choice.

Cookie Bars

1 cup unsalted butter, softened; plus more for pan preparation
½ cup packed light brown sugar
½ cup powdered sugar
2½ cups flour
1 teaspoon ground cinnamon
½ teaspoon salt
2 teaspoons maple extract
1½ cups pecans, chopped
½ cup dried cranberries, chopped

Glaze

1 cup powdered sugar
4 teaspoons whole milk
1 teaspoon vanilla extract

Preheat oven to 350° F. Line a 9" × 13" pan (we use metal, but glass can be used with an eye on baking time) with parchment paper that overhangs the edge on the long sides, then lightly butter the parchment. Using a mixer on medium-high speed, beat together the butter and sugars until light and fluffy. Whisk together the flour, cinnamon, and salt, then mix this into the batter along with the extract, pecans, and cranberries; mix just until fully incorporated, and mixture should resemble coarse moist crumbs. Place 3 cups of the mixture into the pan and pack it evenly and very firmly, a flat-bottom glass and piece of

parchment works nicely for this. Place the remaining mixture loosely and evenly on top. Bake until golden, about 16-18 minutes (usually a bit longer for glass pan), then remove pan to a rack and let cool completely. With the assistance of the parchment edges, remove cookies to a cutting board and cut into bars; do not separate yet. For the glaze, whisk together all ingredients, then drizzle lines or swirls over the bars. Let drizzle set for 10 minutes, then wrap airtight for storage (as a whole or individually) or enjoy immediately.

Peppermint Straws

These light and crisp rolled cookies require some quick work, but are such delicious fun to share and eat! Makes about 24 cookies.

½ cup unsalted butter, softened
½ cup + 1 tablespoon sugar
3 egg whites
¾ teaspoon peppermint extract
¾ cup flour
¼ teaspoon salt
Red food coloring

Preheat oven to 325° F, and line 3 baking sheets with parchment. Using a mixer on medium-high speed, beat together the butter and sugar until light and fluffy, then mix in the egg and extract. Whisk together the flour and salt, then mix this into the batter just until fully incorporated. Put 3½ tablespoons of the batter into each of 2 small bowls,

color one dark red and one light red, then place into fine-tipped piping bags. If batters are very soft, refrigerate for a short while. To form cookies, spread the main batter into 3½" × 4½" squares about ⅛" thick; a small offset spatula works nicely. Pipe diagonal lines of colored batter over squares, alternating colors with a spacing of about ¾". Bake

1½ teaspoons ground ginger
1 teaspoon ground allspice

Frosting (Royal Icing)

4 cups powdered sugar
3 tablespoons meringue powder
½ teaspoon vanilla extract
½ cup warm water
Green food coloring

It's Cookie Time at The Mill!

until the edges are firm but have not browned, about 15-17 minutes. Immediately, and working quickly, transfer each cookie, inverted, to a work surface and roll around a small dowel or chopstick. Remove dowel and place cookies on rack to cool completely. If cookies become too cool and fragile when working, return the sheet to the oven for about 1 minute. Store airtight, carefully, or enjoy immediately.

Frosted Ginger Trees

Using fresh and ground ginger make these frosted gingerbread cookies a double delight. Makes about 24 cookies, or other depending on cutter size.

Cookies

1 cup unsalted butter, softened
1¼ cups packed light brown sugar
1 egg
2 tablespoons molasses
1 tablespoon grated fresh ginger
3 cups flour; plus more for rolling
1 teaspoon baking soda
½ teaspoon baking powder
½ teaspoon salt
1½ teaspoons ground cinnamon

Using a mixer on medium-high speed, beat together the butter and sugar until light and fluffy, then mix in the egg, molasses, and fresh ginger. Whisk together the flour, soda, powder, salt, and spices, then mix this into the batter just until fully incorporated. Form dough into a rough rectangle, wrap, and refrigerate for 1 hour. Preheat oven to 350° F, and line 2 baking sheets with parchment. With a floured surface and rolling pin, roll out the dough to ¼" thick, cut with a tree-shaped cutter, and transfer each to sheets. Bake until the edges are just browned, about 12-15 minutes, and remove pan to rack; after 5 minutes, remove cookies to racks to cool completely. For the frosting, add all ingredients except coloring, and whisk until fluffy and dense. Put 1 tablespoon frosting in a small bowl, color dark green, and place into fine-tipped piping bag. Pipe, or spread, white frosting on cookies, then pipe green diagonal lines on top; when done, lightly drag a thin skewer through frosting opposite the direction of the green lines. Let cook-

Continued on next page

ies dry completely, then store airtight or enjoy immediately.

Pomegranate Jam Swirls

Although easy-to-peel clementines are now a Christmas staple, we still think nothing says Christmas like pomegranates. Makes about 30 cookies.

- 1 cup unsalted butter, softened
- 1 1/4 cups sugar
- 1 egg
- 2 teaspoons vanilla extract
- 1 tablespoon heavy cream
- 3 cups flour; plus more for rolling
- 1 teaspoon baking powder
- 1/2 teaspoon salt
- 2 cups pomegranate jam (or see note)
- 1/4 cup sanding sugar

Using a mixer on medium-high speed, beat together the butter and sugar until

light and fluffy, then mix in the egg, extract, and cream. Whisk together the flour, powder, and salt, then mix this into the batter just until fully incorporated. Form dough into a rough rectangle, wrap, and refrigerate for 1 hour. With a floured surface and rolling pin, roll out dough to 16" x 12" x 1/4", then spread the jam evenly leaving a 1/2" border around edge. Note that another type of thick red jam can be used. Starting at a long side, roll the dough up tightly, trim ends, then wrap and refrigerate for 1 hour. Preheat oven to 350° F, and line 3 baking sheets with parchment. Cut the roll into 30 1/2" slices, place on sheets, and sprinkle with sanding sugar. Bake until lightly colored, about 16-19 minutes, then remove sheets to rack and cool completely. Store airtight, careful of sticking, or enjoy immediately.

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