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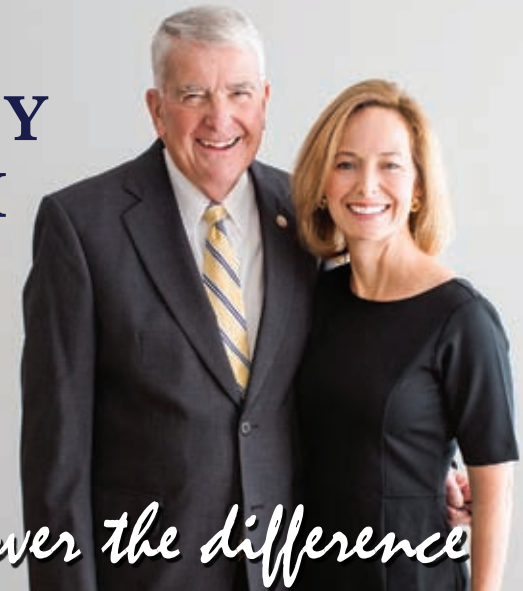
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HMCTV Guide and Digest

Volume XX Number 9 - September 2019

Editor Louise O'Brien

Associate Editors Gail Habbersett, Sharon Kope, and Sue Staas

Featured Writers Joseph S. Kennedy, Jurg Oppliger, and Don Trauger

Advertising/Marketing Director Jack Keeley

Marketing Finance Tom McGinn and Joe Silio

Please share with *your* Hershey's Mill magazine!

All submissions welcomed; with rights retained by the owner. Send to hmctvguide@comcast.net, Attention Editor. Hardcopy submissions are not accepted. Articles should be limited to 500 words (although others may be considered), and photographs should be high-resolution. HMCTV determines suitability and has sole discretion to publish any submission. Submissions are due by the 23rd (37-40 days in advance of each edition) for possible inclusion (those received after will be reviewed for the next); contact the Editor for exceptions. Articles are subject to editing for space, clarity, and grammar. Information and opinions are those of the author, and may not reflect those of Hershey's Mill Community TV, its officers, or directors.



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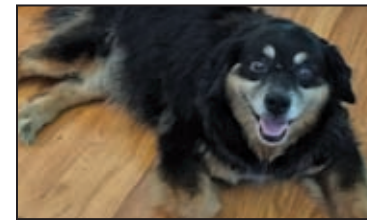
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Cover: Party at the Pool photo; on a Pool-logo-blue background. See more beginning on page 62.



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From the Main Gate

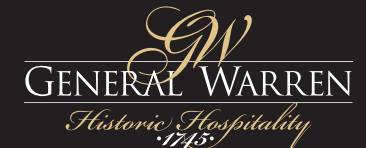
Marc Fraser | Director of Security

Last month, we discussed our new Guest Gate Phone Boxes and how to operate them; and this month, we would like to offer a few important updates to that information:

1. When receiving a phone call from either the Main Gate or North Gate Guest Phone Boxes, your Caller ID should show a call coming in from "HM Entry Gate" with a phone number of 484-787-2992.
2. We have experienced several instances where a guest will use the Phone Box, and they will be instructed to enter a code (which isn't possible) to prove they are not a robot caller. In these instances, the call will not go through to your house; and it's caused by the resident subscribing to a scam/robot call blocking service. If you use any type of call blocker, like NoMoRobo, to block scam, robot, or solicitation calls, you will need to add the Guest Gate Phone Box phone number to your "white list" or "exceptions list." This phone number that must be white listed is **484-787-2992** for both the Main Gate and North Gate phone boxes.



3. When a guest calls you from the Phone Box, **you** press "9" on your phone to open the gate. When the gate goes up, you will hear a ringing noise. If you do not hear that noise immediately after pressing "9," then please press it every few seconds until you hear the ring.
4. Currently, the Guest Phone Boxes are programmed to call a resident's home phone number, then a cell phone number, if nobody, or no voicemail answers the home number. Residents can request to have the Guest Phone Box dial ANY TWO numbers they prefer...even long-distance cell phone numbers... by calling Director of Security Marc Fraser @ 610-431-4006. Please do not make this request via email or by calling the Security Center 24-hour line.



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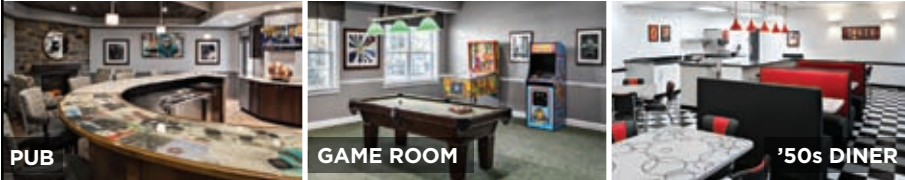
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Resident Directory Additions and Changes

Judith Amadio (omitted from Directory)

1533 Ulster Way

Collins, John & Gail

316 Devon Way

Cook, Robert & Margie & Kevin & Henry, Breanna

290 Devon Lane

Faust, Harold Jr.

699 Inverness Drive

Forsyth, Chris & Cathy

1679 Yardley Drive

Lancaster, G. David

1653 Yardley Drive

Leyfert, Raymond & Janet

1050 Kennett Way

Marx, Kenneth & Sullivan-Marx, Eileen

891 Jefferson Way

Norsworthy, Jean & (NEW PHONE #) Cadwallader, Joyce

700 Inverness Drive

Ryan, John & Liz

406 Eaton Way

Rafferty, Joseph & Elizabeth

1373 Zephyr Hill @ Troon Lane

Schwartz, Nathan & Edda

970 Kennett Way

Shebby-Tracy, Linda & Tracy, Ben & Senft, Mike

427 Eaton Way

Slevin, Edward & Kay (NEW PHONE #)

1563 Vassar Court

Mariann Smith

532 Franklin Way

Udren, Mark & Joann (NEW PHONE #)

1657 Yardley Drive

Wolfe, Arthur & Stephanie

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Classifieds

Ad deadline is the 23rd, and ads run two months at no cost (due to lead time, an ad received on January 23 would start in the March edition, etc.). Please limit description to 30 words per item, and include pricing and contact information. Ads are subject to review/editing. Send submission to hmctvguide@comcast.net, attention editor, or place printed/typed copy in the HMCTV mailbox outside the building. You must be a HM resident to advertise.

FOR SALE Dark Pine Bedroom set. King size headboard, two night tables, triple dresser with a matching wall mount mirror plus a tall armoire, \$1,000. Call

FOR SALE Red Bokara Rug 11x9' in good condition. \$550. Salmon Bokara Rug 11'10" x 9' Excellent Condition. \$800. Call

FOR SALE GoGo Elite Traveler plus 3-Wheel Scooter with New Battery, Charger. Can be disassembled for storage in car trunk. Owner's Manual included. \$500. Call or

FOR SALE Electric water wall fountain, cast aluminum. Approx. 24" x 18", purchased from Waterloo Gardens. Also a wall planter the same size with a lion's head design. 3 Quan Yin lamps, 2 antique hand-carved wood statues, 1 painted porcelain statue. All mounted on bases, shades included. Expect to move over summer so other items may be available. Call

FOR SALE 2 pull golf carts, 1 for \$10 and 1 for \$15. Sears car top carrier \$25. Wool 6' by 9' oval brown braided rug in excellent condition. Must see

\$200. 1 cot with mattress \$25. Call

FOR SALE LL Bean woven pie basket carrier with removable shelf. \$18, 6 flute design champagne glasses \$12, 4 sherbet design champagne glasses \$8, Ginsu manual bagel slicer, never used, \$15, Cut glass pedestal cake plate. \$20. Call

MOVING SALE Framed Artworks: Leroy Neiman Golfers Serigraph plate signed \$200, Large signed Swiss Golf scene \$500. **Impressionists:** large Don Hatfield Mother and Children on Beach signed \$700, medium Christian Title Cottage \$400, 2 small Henri Plisson Carriage in Park and Seashore \$900, medium colored unsigned antique engraving Anne Hathaway's Cottage \$200. **Furniture:** 2 nice paisley wing chairs \$500, 2 almost new loveseats \$500, large sofa \$350, Italian Provincial Dining set Hutch Buffet Table with leaves and 6 chairs \$700, coffee tables, end tables, lamps, master BR chest dresser night table headboard \$400, oriental night stand \$200, 2 twin BR sets \$250 each, Metal bamboo gold framed Hall mirror \$100. Kitchen table 4 chairs \$125 (quarter sized burn mark on table). email: or call

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"The pieces didn't really coordinate and could be described in no other way than 'eclectic', but once labeled 'eclectic', valuable mismatches generally become fantastically stylish." - M. Ashcraft

HMCTV Programs	September 1-16 (7 PM show August 16 will not be shown)			
<p>Webb - "Band of Brothers" 2019 Concert Watch the second part of the June 2019 Concert in the Park featuring this party band, with band leader Wally Hart, a resident of Ulster Village. We have enjoyed having them perform for us for 5 years and they feature 1950's rock 'n roll and rockabilly and classic rock from the 60's and 70's. Wally and his band are retiring from performing and this is their last concert. Ends at 10:45 am, 4:45 pm, 7:45 pm, and 12:45 am</p>	10:00 am	4:00 pm	7:00 pm	12:00 am

Call HMCTV at 610-436-5922 if you aren't able to receive our TV channels.

Movies Noon & 8:30pm	September 2 to September 9, noon New York, New York (PG) <i>Liza Minnelli and Robert De Niro</i> An egotistical saxophonist and a young singer meet on VJ Day and embark upon a strained and rocky romance. <i>[Run time 2h 43m]</i>
	September 9, 8:30 p.m. to September 16, noon Pink Panther (PG) <i>David Niven and Peter Sellers</i> A bumbling inspector Clouseau travels to Rome to catch a notorious jewel thief. <i>[Run time 1h 55m]</i>

HMCTV reserves the right to make program substitutions, and dates/times are subject to change. Opinions of hosts, guests, or advertisers shall not be construed as an endorsement by HMCTV. ©2019 HMCTV

HMCTV Programs	September 17-30			
<p>Good Foot 2019 Concert in the Park These great musicians have fun playing together, and their fun is contagious. If you like Dance Music, R&B, Motown, Oldies, Rock, 80's, 90's and some current hits, you will enjoy this music from the July concert. Ends at 10:45 am, 4:45 pm, 7:45 pm, and 12:45 am</p>	10:00 am	4:00 pm	7:00 pm	12:00 am

For **Programs** and **Movies**, go to **Channel 1970** (Bulletin Board information appears only if neither is currently airing); for continuous **Bulletin Board** information, go to **Channel 1971**. To view Programs online, go to www.hersheysmill.org and navigate from TV & Digest to HMCTV to Original Programming.

Movies Noon & 8:30pm	September 16, 8:30 p.m. September 23, noon White Water Summer (PG) <i>Kevin Bacon and Sean Astin</i> Young outdoorsmen struggle against the elements and themselves to survive in the Sierras. <i>[Run time 1h 30m]</i>
	September 23, 8:30 p.m. to September 30, noon Mamma Mia (PG 13) <i>Meryl Streep and Pierce Brosnan</i> The story of a bride-to-be trying to find her real father told using hit songs by the popular 1970s group ABBA. <i>[Run time 1h 52m]</i>

24 hours/day channel 1971

12:45 am - 10:00 am, 10:45 am - Noon, 4:45 pm - 7 pm, 7:45 pm - 8:30 pm channel 1970

Bulletin Board Times

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Gail Habbersett | Eaton

Bill Schultz

Chatham Village

At HMCTV, we enjoy receiving recommendations from our residents for suggested articles about events and personalities in our community. When we reviewed the HM surveys that were returned with the Resident Directory Questionnaire this past spring, a number of subjects were proposed. Under suggested topics for programs, someone wrote, “Bill Schultz is an expert on stamps and history”. I was pleased to have a recommendation, but not as eager about the topic we would likely be discussing *if* he agreed to an interview. If I thought the conversation would lack enthusiasm or fascination, I discovered how absolutely wrong I was.

At first, Bill handed me his business card. Under his name were the words Philatelist, Deltiologist, and Accredited Chief Judge. Immediately I realized that I was grossly uneducated. Happily, Bill put me at ease with his casual conversation and foreknowledge that his life-long passion for collecting stamps and postcards, while not unique, is definitely not a familiar pastime for most of us. Well aware of this, Bill quickly provided me with some interesting

(At right) Bill displays verification of his status as an Accredited Judge.

facts about his hobby turned profession. Stamp collecting is the largest hobby in the US with 26 million members. Well-known members include Warren Buffet and Bill Gates. Forbes considers it the best investment in the last 30 years; stamps never go down in value. Last year the most valuable stamp sold for 9.6 million dollars based on classic economics – there is only one of them in the world.

It was not the money that first attracted Bill to philately. He was hooked at age six; intrigued by the educational aspects of geography and history. By his teens, he realized



(Above) A collection of recently-awarded medals for excellence in postal history exhibits.

he was good at it. Collectors of this hobby, he mentioned, concede that it's in their genes. He added, “Typical philatelists are very methodical and frequently have serious interests in education, chemistry and investments”. He also shared one story from his youth. When 16, his Marple-Newtown 10th grade teacher offered extra credit to his class if they knew the year George Washington was born. While a tough question for most, it came easily to Bill. In order to be honored on a U.S. stamp, you have to be dead. He knew that a stamp was issued in 1932 on the bicentennial of Washington's birth. All he had to do was the math. Needless to say, Bill is a bit miffed by the fact that his teacher accused him of guessing.

At age 16, Bill created his first exhibit for competition. He fared very well and has exhibited his originally-organized collections competitively ever since. On an average, he designs about one per year. Part of the reason for this is because he is one of approximately 90 accredited national chief judges in North America. Exhibiting is a requirement of their professional development. Thirty-five national level stamp competitions occur annually. I was surprised when Bill pointed out

the similarities to dog competitions. The events are “very serious, very intense, very large” and categorically similar. He recalled one competition where one of his friends had invested about \$800,000 in his exhibit and told Bill he would accept \$1.2 million for it. As it happened, that exhibit won “Best in Show” and an Arab Sheik paid him \$2.6 million for it.

Bill, sensing I am overwhelmed at this point, offers the historical perspective. This is not too difficult for him, considering his volunteer position as the Postal History Curator at the Chester County Historical Society backed by his 68 years of stamp and postcard collecting experience. He said, “Think of it, Gail, letters are how people communicated for well over a century. There wasn't radio, TV, or digital devices”. Letters were addressed by an individual's name and their city. A weekly list of letter recipients was published in the newspaper and that's how you knew “you've got mail” to pick up. Ben Franklin was way ahead of his time! Further into the history

Continued on page 17



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lesson, I learned that Ben was also on the first U.S. stamp in 1847 and they remained at three cents from 1851-1958. Prior to that, most letters were sent COD.

Even as I introduced a brand new topic, like favorite restaurants, Bill managed to circle back to postage. At mention of the nice food and discount HM residents receive at the General Warren Inn, he brought up the fact that it was formerly called the General Warren Tavern and housed a post office early on. If that fact tempts you to know more, not to worry, you can purchase *Chester County, PA, Post Offices*, (all 256 P.O.'s) authored by Bill Schultz in 2017. I thought it fun to page through as each one includes a photograph, the history, a map and various images of stamps and covers (envelopes).

We continued our conversation about favorites with his mention of Twelves Grill and Café. He and his wife are self-professed foodies and frequent this restaurant in West Grove. It has nothing to do with post offices. In fact, it was originally a bank. But Bill couldn't resist sharing the story of their meal there on 12/12/12, at noon, when everything on the menu was \$12.12. It's too bad they didn't get their wish to be seated at 12:12 p.m. since everyone else there had the same idea. Oh well.

While I was nearing the end of my interview with Bill, his wife, Patricia, arrived home. She sat nearby and offered the occasional comment or clarification. She and Bill celebrated their 52nd wedding anniversary this summer. They met in a drugstore while Bill was at Grove City College and she was at Slippery Rock University. They lived in Broomall, West Berlin, and Washington, DC,

before moving to West Chester. With the exception of his 24-month Army career, Bill worked for Sun Oil Company in nine different locations and positions. Their son, Derek, works in Paoli and lives in West Whiteland with his wife and twelve-year old son, Jake. Clearly Jake is one truly special grandson whom Bill earlier described as a Renaissance man. Bill and Pat try not to miss a single baseball game and expect he has quite a future in the sport. Speaking of sports, Bill also participated on his high school baseball team, but it was his talent in football that led to his induction in the Marple Newtown Sports Hall of Fame in 2018.

There is, however, another Hall of Fame in which Bill may be inducted some day and that is the one for birding. He and Pat have evidently become serious birders since they began in 1976. While Pat was still self-employed in 2006, Bill went with another fellow on a self-guided, 42-day bird trip. They created the entire itinerary and headed out in a PT Cruiser. Their tour took them through 36 states as far west as Wyoming and as far south as Texas. They covered 10,000 miles and were never on an Interstate. From March until May that year, Bill served as the locator and his friend, the distinguisher, identifying hundreds of species.

Whether we talked about birds, or stamps or postcards or favorites, Bill had my full attention and interest from beginning to end. I can see why he is in such demand as a speaker and how much he enjoys sharing what he has learned over 66 years of stamp collecting. It would be tough to stump him, but he'd like us all to know that he is available for historic, philatelic and postal history lectures. I'll be there if he holds one in The Mill.



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Pet of the Month

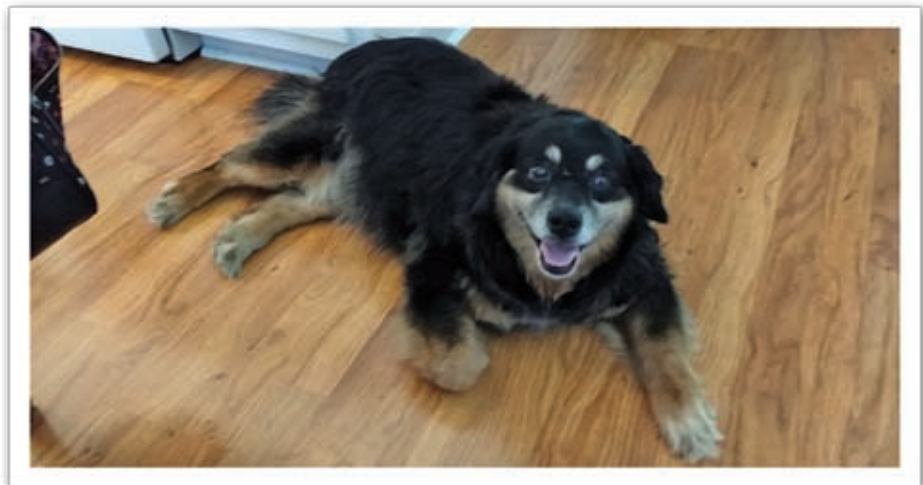
Louise O'Brien | Springton

Let me introduce you to Sophie, an eleven year old Australian Sheppard and Border Collie mix that moved here to Hershey's Mill two years ago. Jim and Kathy Doedderlein received Sophie as a gift from Kathy's son who lives in Colorado. Kathy also received a kidney which her son donating to her in 2002. Kathy has her son to thank for a new lease on life and a new forever friend, Sophie. You will find Sophie very friendly and a dog that loves getting her ears rubbed.

Like Jason, Kathy's son, Sophie is a runner having participated in runs in

23 states, Mexico and Canada. Sophie and Jason have also summated several mountains over 14,000 feet including Pikes Peak. Sophie is a very well trained dog who responds to hand signals. She is so well trained that she will not cross a street even to chase the fox. Playing in the snow is a real passion followed by chasing lightning bugs.

After a very active life in Colorado, Sophie has smoothly adjusted to spending her senior years with Jim and Kathy here in Chandler Village. When you are out and about should you come across Sophie, please stop and give those ears a good rub.



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23rd Annual Jimmy Brent Concert

Sunday, September 15, 2019

Cost: \$17.00

Departs: 12:30 p.m.

Contact: Ginny Kettenring

All residents are invited to join us at Cathedral Village, where talented students of the Curtis Institute of Music will perform a selection of classical compositions. A buffet reception to meet the performers will follow.

Delaware Park

Monday, September 16, 2019

Cost: \$17.00 + Lunch

Departs: 10:15 a.m.

Contact: Ann Seraphin

Join us at Delaware Park for an exciting day at the races! Watch the horse racing or try your luck at slots and table games. \$30.00 free slots play is given to everyone on the bus. Lunch is on your own.

New York City

Wednesday, September 18, 2019

Cost: \$29.00 + Meals

Departs: 8:00 a.m.

Contact: Pat Storlazzi

A day in the **Big Apple!** Join us for a day on your own to shop on 5th Avenue, see a show at a discounted price with theater tickets purchased through TKTS in Times Square or online (www.nytx.com), or enjoy the Metropolitan Museum of Art. Our bus will leave us in the historic downtown Manhattan, at Bryant Park, within walking distance to Stephen Sondheim Theater (the Carol King Musical "Beautiful"). Feel free to plan the day on your own. Grab a friend or two and enjoy the day's adventure. Meals are on your own in the city.

Phila. Phillies in Washington, D.C.

Thursday, September 26, 2019

Cost: \$90.00 + Meals

Departs: 12:00 p.m.

Contact: Marc Fraser

Join us for an afternoon of baseball at **Nationals Park in Washington, D.C.**, as we watch our Philadelphia Phillies take on the Washington Nationals in a 4:05pm game. This is a rare opportunity to travel to watch the Phillies play in an opponent's stadium! Seats are field level, behind the visitor dugout in Section 115; and each ticket contains a \$10 concessions credit. Food is on your own at one of the many ballpark concessions. Children age 8+ are welcome!

Longwood Gardens - Fireworks & Fountains

Saturday, September 28, 2019

Cost: \$63.00

Departs: 6:00 p.m.

Contact: Marc Fraser

See the night sky in a new light with Longwood Gardens' astonishing Fireworks & Fountains Shows. Fireworks fly, fountains dance, and music celebrating the Queens of Soul sets the tone during this captivating, colorful evening. A sampling of hit songs you will hear include Whiney Houston's "I Will Always Love You," Aretha Franklin's "Think," Tina Turner's "Proud Mary," and Gladys Night's "Midnight Train to Georgia." Our reserved seating tickets allow trip participants some time to walk through the gardens prior to the beginning of the 8:15 show. These special fireworks and fountains events typically sell out quickly! Children age 8+ are welcome!

Continued on page 23



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Hershey's Mill Bus Trip Advertising (continued)

Lady Liberty & Ellis Islands

Tuesday, October 1, 2019

Cost: \$40.00 + Lunch

Departs: 7:30am

Contact: Jayne Lytle

Experience the excitement of immigrants as we visit the new Statue of Liberty Museum and the National Immigration Museum. Opened in May, the Statue of Liberty Museum contains three interactive galleries that tell the statue's history. See sweeping views of the iconic statue and NY harbor from the roof deck. An optional tour of the statue pedestal is included. On Ellis Island, go through the immigrant registration process and view the Wall of Honor. Audio headsets are provided at each site. Lunch is on your own at the destination. Manda-

tory security screening and photo ID are required to board ferries. Dress according to the weather and wear comfortable walking shoes. We will be returning to Hershey's Mill at 7:30 p.m., and we will plan on a short rest stop both on the way down and back. **Deadline to sign up is September 17.**

Delaware Park

Monday, October 21, 2019

Cost: \$17.00 + Lunch

Departs: 10:15am

Contact: Ann Seraphin

Join us at Delaware Park to try your luck at slots and table games! \$30.00 free slots play is given to everyone on the bus. Lunch is on your own.

Continued on page 25



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Winterthur - "Costuming THE CROWN"

Thursday, October 24, 2019

Cost: \$34.00 + Lunch

Departs: 9:45am

Contact: Lynn Mander

From the dazzling gold of Queen Elizabeth's coronation robe to the simple sophistication of Princess Margaret's wedding dress, from the majesty of royal crowns and tiaras to the comfort of clothes worn in private family moments, "Costuming THE CROWN" will feature 40 iconic costumes from the beloved Emmy award-winning Netflix series, a dramatized history of the reign of Queen Elizabeth II. This intriguing exhibition provides a behind-the-scenes look at how costume design is used to create riveting drama and to re-create history. Admission includes a one-hour guided tour of the house, time for lunch, and a self-guided tour of the museum and collection of the wardrobe from The Crown, and a tram tour of the gardens, weather-permitting. Deadline to sign up is Monday, October 14.

Penn State Football @ Beaver Stadium

Saturday, November 16, 2019

Cost: \$35.00 (Bus Only)

Departs: TBD

Contact: Marc Fraser

Join us for our inaugural trip out to Beaver Stadium in scenic Happy Valley (State College, PA) to see the Penn State Nittany Lions take on the Indiana Hoosiers in their final regular season game, with hopes of a trip to the Big Ten title game and National Championship implications on the line. The NCAA has not yet set the time for the game, so departure is TBD at this point. The cost is for bus only; and tickets, currently ranging

between \$50 and \$125, are to be purchased on your own. However, Marc Fraser can easily assist you in purchasing tickets for the game, if desired. A minimum of 15 people must sign up for the trip to be taken, so please call to sign up right away, in order to allow time to purchase tickets for a reasonable amount.

NOTES:

1. Prior to making payment, anyone who wishes to participate in a bus trip must first call the contact person to ensure that there is still room on the bus.
2. All bus riders must be age 18 or older unless otherwise noted in the trip write-up.
3. Trip payment checks should be made payable to "HERSHEY'S MILL HOA", sealed in an envelope (noting trip name and date), and placed in the maroon "Customer Service" mailbox next to the Security Center in the exit lane at the Main Gate.
4. Refunds are only granted if (1) the trip is canceled, or (2) the trip has a wait list from which another passenger can fill the vacated spot.
5. Bus leaves promptly at the scheduled Leave Time. Please plan to arrive 10 minutes early.
6. The Hershey's Mill Bus Committee is always looking for more volunteers to help share ideas and plan bus trips! If interested, call Marc Fraser at 610-431-4006.

Hershey's Mill residents may rent the bus for their own private trips or functions. For more information, contact Marc Fraser at 610-431-4006.

Continued on page 27



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Hershey's Mill Bus Trip Advertising (continued)

SERIES TRIPS

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2019 - 2020 Walnut Street Theatre Series

Thursday & Saturday Matinees

Cost: \$50.00 per show

Departs: 12:30pm

Contact: Jayne Lytle (Thursdays) & Joan Stanek (Saturdays)

The Walnut Street Theatre’s 2019-2020 Season includes the following shows for both the Thursday Matinee and Saturday Matinee Series:

Thursday, 11/21/19 & Saturday 11/30/19 - “Shrek, The Musical”

Thursday 1/30/20 & Saturday 2/8/20 - “A Woman of No Importance”

Thursday 3/26/20 & Saturday 4/4/20- “The Best Man”

Thursday 5/28/20 & Saturday 6/6/20 - “The Bodyguard, The Musical”

2019 - 2020 Philadelphia Orchestra Friday Matinee Series

Cost: \$108.00 (All 6 Dates, Bus Only) OR \$18 (Single Date, Bus Only) + Performance Admission

Departs: 12:00 PM

Contact: Ann Seraphin

Please join us for a new exciting season with our wonderful orchestra. Brief program summaries and dates are:

Friday, October 18, 2019: “Yannick & Mahler” - Yannick Nezet-Seguín conducts Schubert & Mahler, with Louis Lortie on piano.

Friday, January 24, 2020: “BeethovenNOW” - Yannick Nezet-Seguín conducts Fung, Beethoven, and Rachmaninoff, with Yefim Bronfman on piano.

Friday, February 21, 2020: “Symphonie fantastique” – Herbert Blomstedt conducts Mendelssohn & Berlioz, with Lise de la Salle on Piano

Friday, March 6, 2020: “Porgy & Bess” – Marin Alsop conducts Gershwin, with Angel Blue (Soprano) and Lester Lynch (Baritone)

Friday, May 1, 2020: “Tchaikovsky & Shostakovich” – Tugan Sokhiev conducts Firsova, Tchaikovsky, and Shostakovich, with Lukas Geniusas on piano.

Friday, May 29, 2020: “Yja Wang & The Brahms Piano Concertos” - Yannick Nezet-Seguín conducts Brahms & Sibelius, with Yuja Wang on piano.

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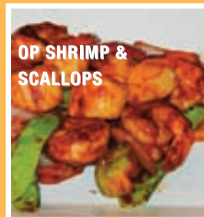
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Dining Out

Louise O'Brien | Springton

This month I would like to point out restaurants that give Hershey's Mill residents a discount:

GENERAL WARREN INN

Located at 9 Old Lancaster Road, Malvern the General Warren is a comfortable and dependable destination for lunch or dinner. The food and service is consistently good and offers a variety of choices. Outdoor dining is available. They extend a 15% **food** discount at lunch, 11:30 a.m. to 2:30 p.m. Monday through Friday. Call 610-296-3637 for reservations.

ORIENTAL PEARL

Located in the Goshen Village Shopping Center, Paoli Pike and Boot Road, across from CVS. This is a very friendly restaurant and if you are not very knowledgeable about Asian cuisine, just ask *Johnny* for some suggestions. I did and he came to the table and selected several items we defiantly enjoyed. They offer a 10% discount all the time, including take-out orders. Just remember to bring a copy of the advertisement in the HM Guide and Digest. Oriental Pearl is a BYOB. Call 610-692-5888 or reservations.

FORK & BOTTLE AT THE DESMOND HILTON

Located off North PA Route 29 at One Liberty Boulevard, Malvern in the Great Valley Corporate Center approximately 15 minutes from "The Mill". They offer a 10% discount all of the time plus a special HM discount of 15% on Friday and Saturday evenings. In addition, Monday – BOGO half off entrée, Tuesday – BOGO appetizers, Wednesday – BOGO desserts, Thursday – extended Happy Hour 4 p.m. to 8 p.m. and Friday – BYOB. Call 610-296-7300 for reservations.

TONINOS

Located in the Lincoln Court Shopping Center 235 Lancaster Avenue, Frazer. They offer a 10% discount on dining in entrees and are a BYOB. This is a comfortable family style Italian restaurant with an extended menu of family favorites plus some very interesting nightly specials. They also have good private accommodations for groups and parties. Call 610-240-9566 for reservations.

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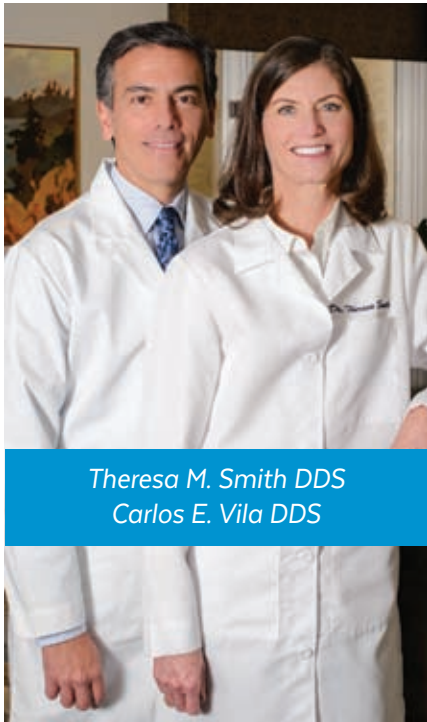


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Other Imported Wines

The main imports in dollar value (after Italy and France) come from New Zealand, Australia, Chile and Argentina. Let us have a look at these countries.

New Zealand

New Zealand is a thousand miles south-east of Australia, two main islands that together are about half the size of California. It has the southern-most vineyards in the world. New Zealand probably makes the best non-oaked Sauvignon blanc in the world. It has deep flavors of tropical fruits, and a crisp acidity. A leading wine critique said, "New Zealand Sauvignon blanc is like a child who inherits the best of both parents – exotic aromas found in certain Sauvignon blanc from the new world and the pungency and limy acidity of an Old-World Sauvignon blanc like Sancerre from the Loire Valley." New Zealand also produces very good Pinot Noir.

Australia

Australia, the 5th continent, in the South Pacific Ocean is about the same size as the continental USA. It has over two-thousand wineries, many of them "high tech", using the best state of the art equipment. They make some of the best Shiraz in the world in many variations, from the low-priced Jacobs Creek to the expensive Penfold's Grange. They often have plum and

wild berries aroma with a touch of mocha. But we also find some good Cabernet Sauvignon, Chardonnay, dry Riesling and sherry or port-style sweet wines.

Chile

Chile is on the west coast of the southern part of South America. While Spaniards brought the wine to Chile, French immigrants developed the vineyards to its present level. It is often called the Bordeaux of South America, even though Cabernet Sauvignon is the leading grape here. They produce an easy to drink soft Cabernet Sauvignon with a black currant and olive taste. They go from uncomplicated, bargain priced wines to excellent higher priced bottles. The signature grape of Chile is the Carmenera, a fruity and spicy wine that is not often seen here.

Argentina

Argentina in the east of the southern part of South America is the fifth wine producer in the world, behind Italy, France, Spain and the United States, and has over 1400 wineries. The leading grape is Malbec, that has an intense color and an aroma of berries, plums and honey. It is a rich, but soft wine that is easier to drink than the Malbec from France. Bonarda is the number two grape in the country, and makes a bold and strong wine that is mostly drunk locally. Their Cabernet Sauvignon is powerful but smooth.

Joseph S. Kennedy | Princeton

Slavery, though never popular in this region, was practiced here until the 19th century. Witness this advertisement from the Pennsylvania Gazette, dated July 25, 1751: “For sale near Gulf Mill a likely negro man about thirty years of age fit for town or country business”.

Slavery was introduced into Pennsylvania by Dutch and Swedish settlers in the late 17th century, before William Penn was granted the colony by the King of England, according to the papers on file with the Historical Society of Montgomery County. Slaves were usually imported from the West Indies, then bought and sold within the colony. Price varied according to the slave’s age and sex and ranged from 40 to 100 pounds during the 18th

century. The slaves were used as house servants, farm laborers and ironworkers. Wealthy ironmaster John Potts held 13 slaves, three of whom worked at his nearby forge about 1768. During the restoration of his Pottsgrove Manor, slave quarters were discovered in the house including a three-room apartment with fireplace.

Census records of 1790 show 21,324 slaves in New York; 11,423 in New Jersey; and 3,737 in Pennsylvania. The same census shows 114 slaves in the Montgomery County area. There, as in many places, slavery was the subject of a running debate throughout the 18th century. “Slave populations were concentrated in the townships occupied by English and Welsh landown-



ers and merchants, rather than in the Swedish and German settlements”, historian Charles L. Blockson wrote in the Montgomery County Historical Society’s spring 1973 bulletin. The farms of German settlers tended to be small and could be worked by the family or, during the harvest, by hired hands. In addition, many German groups, such as the Mennonites, opposed slavery on religious ground, although there were German slave owners in the county. Perhaps the first protest against slavery in Pennsylvania was written in Germantown in April 1688 by a group of Quakers, three Dutch and one German. The authors – Gerhard Hendricks, Dirck Op den Graeff, Fran-

cis Daniel Pastorious and Abraham Op den Graeff – sent their protest to the local Friends meeting. The protest was not favorably received. The meeting was split on what position to take. Many Quakers, including Penn himself, founder of the colony, were slave holders. The question was settled by the latter part of the 18th century, when the Society of Friends forbade members to purchase or hold slaves.

Early in that century, Pennsylvania’s colonial assembly had passed an act to prevent the further importation of “negroes.” But the English government, which had veto power over all its colonies, struck down the act. By the end of the American Revolution, the new Pennsylvanian Assembly had adopted a law that granted freedom to all slave children born after November 1, 1780 when they reached their 21st birthday. By 1790, 440 freed African Americans lived in the Montgomery area, society records indicate.

Nevertheless, slavery in the area continued into the 19th century, Blockson reports. In 1829, two slaves were tried in Norristown for attempting to escape from their master. The two were later sold, then freed by their new owner. By 1830, records show just one slave left in the county. Blockson recalls the early settlement of the freed African Americans in an area now called Edge Hill between Abington and Cheltenham Townships. The settlement, which began in the 18th century, was known at the time as Guineatown. The site is marked by a slave burial ground. “The majority of the 75 persons buried there are black”, according to Blockson. With the end of slavery in the county came the acceleration of the abolitionist movement, which was to embroil the republic for decades to come.



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- You got your windshield cleaned, oil checked, and gas pumped, without asking, all for free, every time and you didn't pay for air? And, you got trading stamps to boot.
- Laundry detergent had free glasses, dishes or towels hidden in the box.
- Lying on your back in the grass with your friends and saying things like, that cloud looks like a...
- Playing baseball with no adults to help kids with the rules of the game.
- They threatened to keep kids back a grade if they failed...and they did it!
- It was considered a great privilege to be taken out to dinner at a real restaurant with your parents.
- Stuff from the store came without safety caps and hermetic seals because no one had yet tried to poison a perfect stranger.

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Sep 1 2:00pm Table Tennis-Open 2:00pm Eaton Village Party	2 8:30am Aerobic Dancing/Exercise 12:30pm HM Duplicate Bridge 12:30pm Mah Jongg-Mackleer 1:00pm Bridge-Groff 3:30pm Mah Jongg-Santoro 5:15pm Exercise to DVDs	3 1:00pm Canasta 1:00pm Canasta 1:00pm Pinochle-Men 1:00pm Pinochle-Women 1:00pm Hand & Foot 1:00pm Mah Jongg-Corso 1:30pm Mah Jongg-Poling	4 7:30am Men's Bible Study 8:30am Aerobic Dancing/Exercise 9:00am Art Group 9:30am Intermediate Bridge 12:30pm Bridge-Social Club 1:00pm Dominoes 1:00pm Mah Jongg-Groff 7:00pm Mah Jongg-Kiely	5 10:00am Caregiver Support Group 10:00am Yoga 1:00pm Card Games 1:00pm Knitting Circle 3:00pm Broadway for Beginners 6:30pm Poker 7:00pm Casual Singing Group	6 8:30am Aerobic Dancing/Exercise 10:00am Quilters 1:00pm Mah Jongg-Ullman 1:00pm Billiards Open 2:30pm Scrabble	7 10:00am Used Book Sale 2:00pm Table Tennis-Open
8 10:00am Used Book Sale 2:00pm Table Tennis-Open	9 8:30am Aerobic Dancing/Exercise 12:30pm HM Duplicate Bridge 12:30pm Mah Jongg-Mackleer 1:00pm Bridge-Groff 2:00pm Photography Club 3:30pm Mah Jongg-Santoro 5:15pm Exercise to DVDs	10 10:00am Veterans Club Meeting 1:00pm Canasta 1:00pm Canasta 1:00pm Pinochle-Men 1:00pm Pinochle-Women 1:00pm Hand & Foot 1:00pm Mah Jongg-Corso 1:30pm Mah Jongg-Poling 7:00pm Chester County Day Preview 7:00pm Great Books Club	11 7:30am Men's Bible Study 8:30am Aerobic Dancing/Exercise 10:00am Quilters 1:00pm Dominoes 1:00pm Mah Jongg-Groff 3:00pm HMSG Fall Mtg 7:00pm Mah Jongg-Kiely 7:00pm Singers Reh	12 9:30am HM Women's Bible Study 10:00am Yoga 11:30am Mermaid Book Club 1:00pm Card Games 1:00pm Knitting Circle 2:00pm Book Discussion Group 2:00pm Table Tennis-Open 2:00pm Table Tennis-Open 3:00pm Broadway for Beginners 6:30pm Poker	13 8:30am Aerobic Dancing/Exercise 10:00am Quilters 10:00am Community Bible Study 1:00pm Mah Jongg-Ullman 1:00pm Billiards Open 2:00pm Inverness Social 2:30pm Scrabble	14 2:00pm Table Tennis-Open
15 1:00pm Better Angels Workshop - Knox 2:00pm Table Tennis-Open	16 8:30am Aerobic Dancing/Exercise 12:30pm HM Duplicate Bridge 12:30pm Mah Jongg-Mackleer 1:00pm Bridge-Groff 3:30pm Mah Jongg-Santoro 5:15pm Exercise to DVDs 7:00pm Monday Movie Night	17 12:00pm Spirit of Democracy Club 1:00pm Canasta 1:00pm Canasta 1:00pm Pinochle-Men 1:00pm Pinochle-Women 1:00pm Hand & Foot 1:00pm Mah Jongg-Corso 1:30pm Mah Jongg-Poling 6:30pm Boomers Book Group 7:00pm PC Computer Club	18 7:30am Men's Bible Study 8:30am Aerobic Dancing/Exercise 9:30am Intermediate Bridge 12:00pm Social Club Bridge 1:00pm Dominoes 1:00pm Mah Jongg-Groff 7:00pm Mah Jongg-Kiely 7:00pm Singers Reh	19 10:00am Common Myths for Exercise over 50 10:00am Yoga 1:00pm Card Games 1:00pm Knitting Circle 2:00pm Table Tennis-Open 2:00pm Table Tennis-Open 3:00pm Broadway for Beginners 6:30pm Poker	20 8:00am Concierge Jewelry 8:30am Aerobic Dancing/Exercise 10:00am Quilters 10:00am Community Bible Study 1:00pm Mah Jongg-Ullman 1:00pm Billiards Open 2:30pm Scrabble 4:00pm Private Event	21 2:00pm Table Tennis-Open
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Color Legend
Ardmore Room
Billiards Room
Cove
CC Main Hall
Malvern Room
Paoli Room
Sullivan House

Activities Calendar September 2019



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Hershey's Mill Library

"Books are the plane, the train and the automobile. They are the destination and the journey. They are home."
Anna Quindlen

ATTENTION: Readers and Resident Shoppers! Come out to the Library's annual **Used Book Sale** held at the Community Center on Saturday and Sunday, **September 7 & 8** from 10 a.m. to 3 p.m.

It is a *huge* endeavor and volunteers are needed the weekend of the sale. A list of available jobs is in the library.

We especially need help setting up books on Friday morning September 6 from 9-11 a.m. and to pack books after the sale on Sunday, September 9 at 3 p.m. Unsold books are donated to a charity.

Over 3000 books have been collected and sorted, but additional audio

Mon. to Fri. 10 a.m. – 2 p.m.

Saturday 10 a.m. – Noon

HM Library contact:
Angela Linden 610-696-5374

www.hmlibrary.com

books would be appreciated and can still be donated.

Our **Wine and Cheese Preview** reception begins 4 p.m. Friday, **September 7** at the Community Center for the Friends of the Library. To become a "Friend" and attend this event just sign up at the library or the evening of the sale with your annual donation of \$10.

Proceeds from this sale help purchase our library periodicals and newspaper subscriptions as well as our recently added book shelves kindly built by our wood shop.

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HM PLAYERS WINE AND CHEESE PARTY

Terese Judkins | Chatham Village

Stupendous! Colossal! Mind Blowing! Yes, the **Party** will be all that and more! It will be held at the Club on Thursday, **October 10**, at 7 p.m. All the details will be emailed to Players in September. The Players are friendly, active and fun loving residents who enjoy putting on an original show every other summer. The 2020 show will be a Murder Mystery Musical Comedy. We can't wait to find out whodunit!

We would love to have more people to help us put on our June 2020 show. If you like to sing, dance, act or if you would be willing to help with the many other aspects of putting on a show, for example, selling advertisements or tickets, working on sets, props, costumes or make-up etc., etc. We would love to meet you and talk to you at the Wine and Cheese Party. If you already know you want to be involved, contact Shauna Flynn, Chatham Village. Or if you'd like to attend the Wine and Cheese Party to see if you'd like to join the Players, contact Barbara Trimble in September to get the party details.

THE 79th ANNUAL CHESTER COUNTY DAY

Helen Adair | Devonshire

The Hershey's Mill Hospital Auxiliary invites all of our residents, as well as their guests, to the free Chester County Day House Tour Preview, on Tuesday, **September 10**, at 7 p.m. in the Community Center. This is an opportunity to learn about the homes and their locations to help you customize your tour. Also, tickets for the Chester County Day Tour will be available for purchase at \$50 each, either by check or cash. This Women's

Auxiliary and Chester County Day Committee has raised over \$6 million to help Chester County Hospital serve our County residents during their 126 year history. The Committee and over 500 volunteers are working very hard to provide you with a great House Tour experience. If you have any questions please contact Helen Adair at

BINGO FUNDRAISER

Eileen Rackover | Franklin

Thursday, **October 3**, 5-8 p.m. at the Community Center. Not just a game! This is an evening of fun and camaraderie with over \$300 in cash prizes co-sponsored by Paoli Hospital Auxiliaries: Hershey's Mill & Great Valley. Proceeds from this fun night benefit Paoli Hospital. Admission is \$40 which includes initial card for 2 games, light dinner, homemade sweets and more. BYOB Advanced tickets only; limited to 80 prepaid attendees. Mail checks to Denise Bucci, 131 Chandler Drive, West Chester, PA 19380. RSVP by Wednesday, September 25.

PAOLI HOSPITAL AUXILIARY OF HERSHEY'S MILL

Eileen Rackover | Franklin

PHA-HM invites you to attend their monthly meeting on Thursday, **October 10**, 9:30 a.m. at the HM Community Center. Guest speaker, Erin Pellegrin, RD, LDN, Licensed Dietitian Nutritionist, is the Nutrition Manager at Unite for HER. Her lecture topic "Make Healthy Upgrades with 3 Simple Steps" will offer information that provides improvements to overall health and wellness. As you may know, Unite for HER's cornerstone has been to bridge the gap for breast cancer patients, focusing on wellness initiatives. Please join us! If you would

like more information about the HM Auxiliary, please contact Betsy Carlin at 717 385 4958.

COMMUNITY BIBLE STUDY (CBS) AT HERSHEY'S MILL

Bill Judkins | Chatham

Interested in studying the Bible with friends and neighbors right here at the Mill? This fall a new Bible study for men and women is starting at the Cove on Friday mornings from 10-11:30 a.m. The theme of the study is *From the Red Sea to the Jordan—Through the Wilderness to the Promised Land*. It is designed to help you get to know the fascinating people and stories of the Bible in greater depth. Attendees receive a course book with commentary by Bible scholars. The book also includes questions based on readings from the Bible. Class members discuss their answers in a small group setting. To learn more about CBS, visit their website: www.communitybiblestudy.org.

Community Bible study is an interdenominational organization formed to encourage people to study the Bible and build a caring community with others. For more information, call Bill or Terese Judkins, . We would love to have you join us for coffee, fellowship and discussion!

MONDAY NIGHT AT THE MOVIES

Lynne Urian | Merrifield

Please join us on **September 16** at 7 p.m. in the main room of the Community Center when we will present *Hugo*. Adapted from the children's book *The Invention of Hugo Cabret* by author/illustrator Brian Selznick. Directed by Martin Scorsese, this film, set in 1930's Paris, tells the tale of an orphaned boy who lives in the walls of a busy Parisian train station. The per-

formances in *Hugo* are all top notch and the cinematography is breathtaking. "Best Picture of 2011" Golden Globe, this is storytelling and filmmaking at their magical best – don't miss it!

Monday Night at the Movies is a great way to have an enjoyable evening out. Come see terrific film, and if you desire afterwards, stay for a brief discussion of the film. It's free and open to everyone at Hershey's Mill. For more information, please call Lynne Urian at , or email her at

THE HERSHEY'S MILL SINGERS

Dolores Manion | Troon

Our group is enjoying summer and keeping our vocal skills warmed up as we get ready for our new season, under the direction of Ruthann Waldie from Chatham, begins on Wednesday **September 4**, and culminates with our December concerts. We rehearse every Wednesday evening in the Community Center, from 7-8:30 p.m. As a non-audition group, we are always looking for new voices, particularly men! It doesn't matter if you can read music or not as our main focus is on having fun. There's always a variety of music to suit everyone's taste.

Last year we performed at the tree lighting ceremony and several village holiday parties, as well as the wreath laying on Memorial Day at our Pool. We're all volunteers so no one is obligated to do extra events unless they would like to.

If you can't join us in song, we hope you will support us as an audience on Saturday, **December 14** at 7:30 p.m., and/or Sunday, **December 15** at 3 p.m. at St. Peter and Paul Church on Boot Road, right next to Wellington.

Continued on next page

“GRAND” IDEAS!

Gail Habbersett | Eaton

Please take a moment to send us a story of one of your favorite “dates” with your grand(s). Pictures often tell it all! Email your brief article/outline about your experience as an attached Word document, to hmctvguide@comcast.net and attach photos as jpg files.

One of the best places we’ve found to take youngsters is Winterthur. While you might be familiar with their stately museum and gardens, you may not be aware that the property also offers a first-class, 3-acre children’s garden in the “Enchanted Woods”. Why do we love it so much? It’s free – and it’s in the shade!

There are multiple restrooms and water fountains as well as a very nice cafeteria on site. If you’d rather stay outside, picnic tables are available encouraging visitors to bring along a snack or meal. We marvel at the creativity apparent in the Fairy Thatched Roof Cottage, the Tulip Tree House and numerous opportunities for little people to climb, jump, splash and explore. The fall is a beautiful season to enjoy the outdoors and this local venue. Ages three to adult

(At right) Five-year-old Emily popping out of the giant bird’s nest



will have fun exploring. To learn more, google ‘Winterthur Enchanted Woods’ or call 800.448.3883 or 302.888.4600.

MENNINGER & ASSOCIATES
Financial Planning Seminar

On Tuesday, September 24, please come enjoy some refreshments and a complimentary seminar to better understand and discuss your current financial concerns. These financial seminars are aimed to cover a variety of different financial topics, including: techniques to improve tax efficiency, maximizing retirement income, learning the components of your will, and developing estate planning strategies. The speaker has over thirty years of

industry and teaching experience in the area. Please RSVP today, 610-422-3773 to reserve a seat!

CANCER BENEFIT
DILWORTHTOWN INN

On Sunday, October 13, more than 1,500 oenophiles will help us uncork the cure to cancer as they celebrate the 28th Annual Wine Festival at Dilworthtown Inn. As the county’s premier wine event, the festival features more than Continued on next page

(At right) Is that fairy mist under that toadstool?



(Below) Cousins enjoy hopping among the garden stones



100 wines, craft beers, sumptuous fare prepared by Dilworthtown Inn chefs and local food trucks, a silent auction, shopping opportunities in the Gallery of Artisan Vendors, live music, a Performance Car Show, and much more. Proceeds from the wine festival benefit patients of The Abramson Cancer Center at Chester County Hospital and Neighborhood Health.

COMMUNITY GARDENS

Ed Sweeney | Yardley

The population of the Hershey's Mill gardens is expected to grow by ten. We've included a photo of a very contented Mallard who is peacefully sitting on her ten eggs! Everyone is anxiously awaiting the arrival of her ducklings. All of the gardens are doing surprisingly well in spite of regular deluges of rain, wind and record heat this season. Not only are the flowers and vegetables beautiful and abundant, but one garden pictured features a unique new gate. Happy Gardening!

(Below) Anticipation is high for mama Mallard and HM gardeners!



BETTER ANGELS SKILLS WORKSHOP

Marie Know | Merrifield

Anyone interested in having better conversations with people on the other side of the political aisle will benefit from attending a workshop in the HM Community Center on Sunday, **September 15** at 1 p.m. In our current polarized political environment, many people avoid or dread political conversations with friends or family members. Better Angels Skills Workshops teach skills for having respectful conversations that clarify differences, search for common ground and affirm the importance of the relationship. They also give participants a safe environment to practice those skills. Workshops are approximately 2½ hours long.

IGC CONCIERGE JEWELERS EVENT

IGC Concierge Jewelers will be at the Community Center from 8 a.m. until 4 p.m. on Friday, **September 20**, providing a wide range of jewelry services. IGC will purchase the following items: gold, silver and platinum jewelry, gemstones, and sterling silver flatware and sterling silver accessory pieces, fine timepieces such as Omega and Rolex, as well as coins. They also have a state-of-the-art service center to expertly repair your fine jewelry and fine timepieces. Free jewelry cleaning and inspection is also available. Some minor repairs and watch battery replacement can be done while you wait. Find extra money in

your unwanted items. Free coffee and doughnuts will be provided.

HORSE POWER FOR LIFE

Enriching the lives of families living with cancer
A FREE Horsemanship program for Cancer Survivors and their families

Horse Power for Life is a non-profit 501(c) (3) organization in Chester County, dedicated to improving the physical and emotional quality of life for individuals of all ages who have been affected by cancer. We realize that a family cancer diagnosis or loss affects the entire family for an indefinite period of time, so therefore we include the immediate family in our program. Our mission is to offer a program that gives your family the opportunity to escape the stress of your family cancer diagnosis or loss, and allows you to heal and bond together and to focus on your minds, bodies and souls in a beautiful serene stress free setting of the farm and enjoy the therapeutic quality of the horses and this program.

We invite Hershey's Mill Residents who have been affected by cancer, to

(Below) Flowers aren't the only new "growth" in our garden. Both Gardens photos by Ed Sweeney.



consider participating in this program with your families.

PROGRAM SUMMARY:

- The program is totally **FREE** thanks to the generosity of our sponsors.
- Eligible students include the individual affected by cancer, as well as their spouse or significant other, children or adult children, siblings, grandparents and grandchildren.
- Families who have suffered the loss of an immediate family member to cancer are also welcome.
- Children under 18 must be accompanied by a registered adult. No drop offs.
- Program is customized for each individual based on age, experience, comfort level, health and physical ability.
- **The Horse Power for Life Program is NOT specifically a Special Needs, emotional or physical therapy program.**
- No previous horseback riding experience is necessary and you do not need to ride.
- You are welcome to come to the barn to pet, groom and just be around the horses.
- There is a 180 pound weight restriction for riders as we do not have a horse that can accommodate riders

over that limit.

- Each student is eligible for 16/90 minute sessions. Sessions are scheduled at your convenience.

More information about the Horse Power for Life Program is available on our website at **www.horsepowerforlife.org**. For further information and to register please call 610-724-4369 or contact Karen H. Wilson at Khwilson.hpfl@yahoo.com.

September's Featured Club

CRADLE STITCHERS

Donna Faunce | Oakmont

The Cradle Stitchers originated in 1994 through the efforts of Joyce Urbine, a Hershey's Mill resident. Her heart's desire was to create baby blankets, clothes and toys to donate to Birthright, for newborn babies in the West Chester area.

The first meeting of the Hershey's Mill Cradle Stitchers, held at Joyce's home in Glenwood Village, drew 20 women who shared Joyce's vision. Over the years, the makeup of the group has changed, but the same passion exists. Meetings are held throughout the fall culminating in a December luncheon and workshop when all the

home-made creations are placed in layettes and beautifully wrapped and tied. That same day the layettes make their way to the Birthright office where they are joyfully received for awaiting mothers-to-be and their little ones. Very soon after that, the Cradle Stitchers pick up their knitting needles and slide up to their sewing machines to begin the long process of making more beautiful baby creations for next years' layettes.

For those who share the same passion to create beautiful baby clothes for needy newborns, please join us on Wednesday, September 11 at 11 a.m. in the Community Center. At that time we will take a count of the baby creations we have thus far-blankets, bibs, burpees, hats, booties, towels, crib sheets, stuffed toys, etc.

We will also begin planning for our December luncheon/workshop when we pack the layettes. This luncheon is truly the highlight of our year-long efforts as we hear from Birthright volunteers from the West Chester Birthright office, Story after story of the many mothers who are thrilled to receive the much-needed layettes, bring great joy to us all.

We gladly accept new members to Cradle Stitchers. Sewing and knitting skills are helpful **BUT NOT NECESSARY** as there so many other ways you can contribute. Contact Donna Faunce or

If not sure about committing to Cradle Stitchers, we invite you to attend our luncheon scheduled for Thursday, December 6, at 11a.m. in the Community Center. Come and bring a friend!

APPLE & MACINTOSH CONNECTION

Rene McNally | Eaton

FOURTH SATURDAY MAC HELP: The Regular Newer User's Group will meet in the Paoli Room of the Community Center from 10 a.m. to noon on **September 28**. Refreshments will be available. Expert advice about your iPhone, iPad, and computer is free and available to all. Contact Carol Campanelli carcamp1@comcast.net to receive email meeting reminders.

PC CLUB

Don Trauger | Kennett

Our September meeting will focus on REGISTRY BACKUPS and all things pertaining to Windows 10 PC but we'll leave plenty of time to discuss all computer topics of interest. Join us on Tuesday evening **September 17** at 7 p.m. in the Community Center.

QUESTER GROUP

Sue Ciorletti | Zephyr

Hershey's Mill Quester Group meets on the second Wednesday of the month at 10 a.m. in the Sullivan House. Our next meeting is Wednesday, **September 9**. Please join us and learn about antiques their restoration and preservation.

HM KNITTING CIRCLE

Ruth Schick | Chatham

Alas! The summer season at the pool is over and the Hershey's Mill Knitting Circle will be returning to the Paoli Room at the Community Center for our weekly gatherings. If you are a knitter or crocheter, why not bring along your project and join our group. We meet on **Thursdays** from 1 to 3 p.m. In addition to knitting and crocheting, when we are able to help, we are happy to assist people with their knitting and crocheting problems. For

information about the Knitting Circle, contact Ruth Schick at

HM CAREGIVERS SUPPORT GROUP

Are you caring for a loved one with a chronic illness such as Parkinson's disease, cancer, or dementia? Perhaps you manage a loved one's disability? If so, we invite you to attend our monthly Hershey's Mill Caregiver Support Group. For over 10 years, we've offered a soft place to land for those seeking practical solutions and emotional support in their caregiving journey. Meetings are the first Thursday of each month in the Community Center from 10 a.m. to 12 p.m. Our remaining 2019 sessions will be held Thursday, **September 5**, October 3, November 7 and December 5. The program is free and walk-ins are welcome. For more information contact Aimee Gustitis, BSN, RN, JD at 610-724-8950 or aimeegustitis@outlook.com.

BOOK CLUB

Carol Barkovsky | Eaton

On Thursday, **September 12**, at 2 p.m. in the Sullivan House, we will begin our season by discussing *Twisted Fate* with our resident author, Frank Harrelson. Our club meets monthly on the second Thursday from 2-3 p.m. In October, our book will be *Prague Sonata* by Bradford Morrow.

PHOTOGRAPHY CLUB

Carol Poling | Oakmont

The HMPC returns this month with new topics starting with September's topic of Architecture. Come join us on Monday, **September 9**. Meetings are the second Monday of each month in the Community Center's Paoli Room on the main floor starting at 2 p.m. Any questions, call Carol Poling or Michael Rackover.

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Sue Staas | Kennett

What Will The Woodshoppers Produce Next?

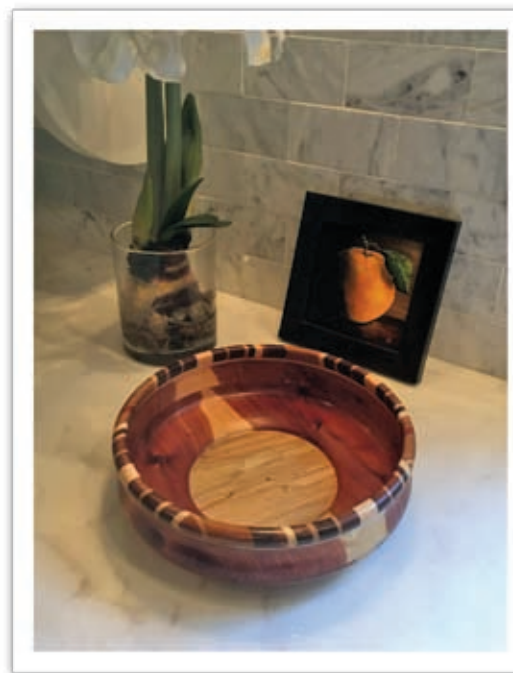
This time it is Adirondack Chairs and Bowls! In his 19 years at the Woodshop, Reiny Ludin has produced at least 15 of these Adirondack chairs, as well as tables, cabinets, rocking horses, other toys – and most recently, bowls. Unlike some of the woodworkers I have met, Reiny began his woodworking as an adult, more or less as a response to practical needs. For instance, when he purchased a

vacation home in northern Pennsylvania, he needed kitchen cabinets and outdoor furniture. So he learned to build them! His journey with the Adirondack Chairs, pictured below, began with a manual he found at a 4H exhibit. From those fairly simple directions, he gradually modified and improved the chairs as he built more for friends, members of his family and for himself and his wife, Carol. When the grandchildren arrived, his wooden toys arrived! Those lucky Grandkids have grown beyond the toys, so next

have come the bowls, not simple bowls carved from a tree log, but beautiful complicated bowls made of different shapes and types of wood, all fitted together, and then carved into a bowl shape.

Talking about the different items Reiny has made and the satisfaction they

(At left) Reiny with Adirondack Chair.



have brought to him and to his family members led us to talk about the general satisfaction members find in the woodshop. There is always someone to help. There is always a new idea or a new creation on one of the workbenches. And there is so much opportunity to learn something new. Reiny talked about members who have joined the woodshop without ever having built anything! Members who hardly know the difference between a hammer and a saw when they first join but who want to try. If you are interested, come to visit! When cars are parked in front, the woodshop is open and when it is open, someone will be there to show you around.

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Don Trauger | Kennett

Registry Backups

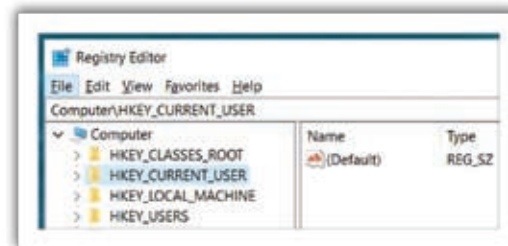
Microsoft has decided, unwisely, to eliminate Automatic Registry backups. They said they did this to decrease the “disk footprint size of Windows.” What is troubling is that they did this unannounced in October of 2018. That decision has no merit as one backup, or restore point, is only about 2 Gb’s or less. Typical hard drives are 1000 GB’s, less your Windows operating system, about 15 GB’s, your programs and files. A total of 50 – 200 GB’s of used storage is typical on a well maintained computer. Based on 200 GB’s used, one automatic backup or restore

point is only 25% of the available storage space.

Part of Windows, the Registry is the brain of your computer. It stores all the settings for files, programs and of course Windows. Another term that can be applied is that it is a database for everything going on in your computer. When things go wrong with your computer and a reboot doesn’t fix the problem, you may have to use a restore point to get it to function properly.

Here’s the procedure for working with the Registry. Type CO in

the “Type here to search field” in the lower left corner of the Desktop screen. If you don’t see it, right click a blank area of the Taskbar, bottom of screen, move to Cortana and click “Show search box”. Then click “Control Panel” on the top left. At the upper right area of the window click the down arrow next to “View by:” and click “Large icons”. This will allow you to see all of the components of the Control Panel. Click “System” then click “System protection” at the upper left. When the window opens click the “Configure” button. At the top make sure the circle next to “Turn on system protection” is highlighted. Near the bottom of the window click and hold the mouse pointer on the slider and adjust it for about 10 GB’s plus or minus 20%. Click OK. Next click the “Create button”. You will now actually create a manual restore point. It’s safe and you will see why later in this article. Now give it a name, anything will do, and click the “Create” button. After the restore point has been created click Close. Next, in the main System Protection window click “system Restore” and click “Next”. You will now see your newly created restore point along with older ones. When you have to restore your computer you normally pick a restore point that was created earlier than when the problem occurred. Normally, having 2-3 restore points is sufficient. I recommend you create a manual restore point once a week or so since the automatic feature has been disabled by Microsoft. Click on “Show more restore points” to see all that have been saved. If you click a restore point it will also activate the “Scan for affected programs” This is information for you to consider if necessary. Click



“Next” and follow the screen prompts to complete the restore.

Finally, for advanced users, you can modify the Registry to allow automatic updates to once again take place by completing the following procedure:

FOR SAFETY, MAKE SURE YOU HAVE MADE A MANUAL RESTORE POINT BEFORE MODIFYING THE REGISTRY.

1. Load the Registry Editor by typing regedit.exe in the “Type here to search” field and press the Enter key.
2. Navigate to HKLM\System\CurrentControlSet\Control\Session Manager\Configuration Manager.
3. Right-click Configuration Manager and create a new Dword (32-bit) Value.
4. Name the new value EnablePeriodicBackup.
5. Double-click EnablePeriodicBackup and set the value to 1. Click OK then close the Registry Editor program.
6. Reboot your PC.

After that, the backups will continue to happen automatically and they get saved to the Windows\System32\config\RegBack folder.

This topic will be discussed at our regularly scheduled PC Club meeting on September 17 upstairs in the Community Center at 7 P.M. Also, bring your questions about Windows 10 to get the answers you need.

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What is a REAL Listening Response

Your granddaughter says to you, "I don't know if I am going to be able to get through this Advanced Placement literature course I signed up for."

Which of the following is a true "listening" response:

- I'm sure you will do just fine!
- Don't worry—you have overcome other challenges!
- We all know you can do it.
- Maybe you should find a tutor?

Answer: NONE of these is a listening response. The first three are versions of positive advice, often disguised as an attempt at being encouraging. The fourth is an example of problem-solving (offering a concrete suggestion intended to help). All these responses can be useful---if used at the right time. But if your desire is to just truly listen, be aware that these four examples are **NOT** listening examples.

What, then, constitutes a true listening response? Such a response

includes feeding back some of the content that the speaker actually said. In the example above, a listening response might be, "So you've got concerns about being able to handle that AP class you signed up for, huh?" It is best to use some of the person's precise language; don't add your own thoughts or language.

Secondly, the more emotion a person has, the more important it is to feedback, also, the "feeling" that the person is likely to be feeling. In the example above, if we added the "feeling", a response might sound like this: "So you're worried about this new AP class?" The feeling is "worried".

When people deeply and precisely experience being listened to, their emotional level, worry in this example, often melts away, and the speaker feels closer to and more in real contact with the listener. However, when people are upset and not listened to, they often withdraw and stop talking. In other words, not listening could be a reason that you experience that your granddaughter, or others, don't share with you as much as you would like.

By now it might be obvious that true listening is not easy: it takes practice and effort, just like "mining for gold". But deeper relationships

Continued on page 55



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Health and Well Being (continued)

are surely a valued reward, definitely worth the “mining” effort.

This is the second article on listening in this “Health and Well Being” column. The August column focused

on effective listening, non-verbal behaviors and other communication patterns which tend to shut people down from sharing their thoughts and concerns.

Hershey's Mill Golf Club

September is here and the summer season is winding down. The approaching fall season promises to bring many new and exciting events at your Club as well as several continuing favorites.

Thursday, **September 5**, will have you rooting for the **Phillies** as we feature, at the bar, \$2 hot dog day from the very first pitch to the very last out. Come on up, enjoy and cheer for a Phillies' win.

Wednesday, **September 11**, is our next **Ladies Night Out** and a signature drink and specialty food item will be included. These popular nights have been fun for all ladies attending.

Thursday, **September 12**, brings another favorite night of **Trivia** preceded by a buffet dinner. Get your team signed up on the cards available in the lobby – if needed this will be a lottery drawing and your team captain will be notified of your reservation.

Saturday, **September 21**, will be a special night in the dining rooms with your favorite Italian dishes and entertainment. Chef Steve will, for this special **Italian Night**, prepare many of your favorite Italian appetizers, pastas, meat and seafood dishes all presented in buffet fashion. Nick Desiderio will provide entertainment throughout the evening. Make your reservations early as this will be a sell-out event.

Plans are underway for a **Beef & Beer** in the bar on Wednesday, **September 25** to include roast beef sandwiches and a draft beer special. Watch for more to come.

And as we move further into fall, the traditional **Octoberfest menus** will be coming in **October** and celebration of Halloween will bring a ghosts and goblins special event.

For his comment card drawn for the month of July, Don Owens received a free drink.

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Don Evons | Princeton

"Thanks For The Memories"

As the saying goes: find success and replicate it. At the September HMSG fall meeting, I will officially retire as president and turn over the reins to a generation of innovative thinkers.

Since 2005 I have been involved in the sports group, starting with writing for the Digest under the guidance of my friend and mentor Phyllis Panico. This was followed by Bob Bevan asking me to look into converting our hard tennis courts into something more player friendly. This all lead to my becoming president of what was the "tennis group" and transforming it into the "Hershey's Mill Sports Group" (HMSG).

What a ride it has been and I feel so blessed to have received the support of so many players, non players, the Master Association and Ed McFalls. Without the support of these people, we never could have achieved growing from a 2 sport community to the 10 sport arena where there is something for everyone.

I especially want to thank my wife, Thalia, for putting up with the

(At right) The people in the picture: Val Schmidt, Teresa Morse, Jeff Smith, Seth French



dedicated hours that made it all possible.

Because of these people and many others, The Mill is known as a life style community where people can come and "Live where they Play" and "Play where they Live".

Thank you and may the next generation continue to receive the same level of support from our residents



(At left) Barbara Jenkins and Dick Learn at Shuffleboard

forget the Labor Day celebration the first Monday of September. On September 11, John DeVol will assume the role as president of the HMSG. Please wish him well and offer your support. He is the perfect person for the job. The begin-

ning of October starts the new Paddle season. Watch for emails for the opening social.

BIKE CLUB

Seth French | Yardley

HM Bikers have enjoyed many new and varied rides this year thanks to Jeff Smith. Jeff is a long-term resident of Chester County with a knowledge of many of the trails within a short drive of Hershey's Mill. Do you think that most trails are as sloped as the Chandler Drive in the "Mill"? Jeff's rides have little slope and a great deal of shade. Come ride with us.

SHUFFLEBOARD

Roseanne Havird | Devonshire

Our new time of 9:30 a.m. on Wednesday and Saturday provides the shuffleboard players with a cool breeze and shade. Players continue to improve their skills with Barbara Jenkins and Dick Learn as high scorers. Whether you know anything about the sport or not, join us and soon you'll be a pro. If the above time is not convenient, you can join family or friends any time. All

Continued on page 59

and the board. We have only touched the tip of our potential as the envy of Northeast United States as the premier place to retire. From Washington DC to Boston "there is no equal".

How lucky I am to have served a community that makes leaving so hard! On the brighter side, I never made a mistake twice, it was always 5 to 6 times and for that reason, it is time to leave before that number grows even further!

I have given my best, finished the race, I have kept the faith. 2 Timothy 7

Thank you for the memories.

PS: "How wonderful it is that nobody need wait a single moment before starting to improve the world" (HM) Anne Frank 1945

HMSG CLUB NEWS

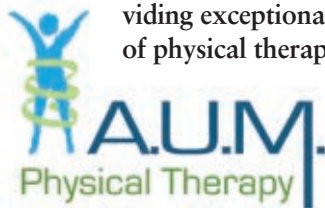
Don Evons | Princeton

Summer is almost history and we hope you had a great one, but we still have lots of good weather (if not the best) ahead of us. The sports group has lots of weekly activities in which you can partake such as pickleball, tennis, bocce and shuffleboard. (See ROCO for daily or weekly schedules.) Don't

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Hershey's Mill Sports Group (continued)

shuffleboard equipment (including a broom to sweep away tree debris) is provided for you in the cabinet next to the court. Rules are listed behind the score board.

SENIOR MEN'S TENNIS LEAGUE

Sergei Yurchak | Springton

The Interclub Senior Men's Tennis League season is now past the mid point. We hosted Martin's Dam for our sixth match, and we came out on top 3-2. The match was very close with Hershey's Mill winning 44 games and Martin's Dam 41. We lost our next match at Merion Cricket on grass 5-0. The closest we got to winning an individual match was the team of Kirk Leighton and Herm Natanblut who fell in a very tight match 6-3, 6-4. Our record to date is 2-4-1.

PICKLEBALL

Tom Fant | Yardley

Ah yes, Fall is almost here, so we feature our 2 stylish pickleballers, Rudi Hall and Martha Marshalek, in their

(Below) Tom Fant took these pictures of Rudi Hall of Yardley and Martha Marshalek of Franklin



Autumn attire from last year. How about we continue our summer schedule for another 6 weeks-every morning except Sunday from 9:30 to 11:30 then Sundays at 2. We will continue with 5:30 play on Tuesday and Thursday evenings. Boo hoo...no more official PICKLEBALL and PIZZA Thursdays for The Nation, but we can always do a voluntary BYO evening with a couple of days' notice.

How about the E-A-G-L-E-S, you ask? No problem. On 9/8(Redskins) and 9/22(Lions) 1 PM games, we adjust to 11:30 AM. Of course...The Nation loves the Birds.

Neat addition! In the 3½ years that I have been in The Nation, this is the biggest one yet for acquiring new players including those that keep up with tennis as well. So, I guess it's time to reprint our most used rules after a look-over by Lynn Mander our expert:

1) The 1st serve is always made from the northwest corner of the court.
2) Line calls are made by the receiving team. If the partners do not agree, they lose. If the closest partner says I'm not sure or I didn't see it, the original call stands.

3) At The Mill, we do not leave our feet to reach a hard shot. Just say, "nice one, worthy opponent", and play on. Our beautiful new surface is hard on senior bones after a fall.

4) In general, winners stay, but if more than 2 players are waiting, leave the court after 2 wins.

Continued on next page

5) The 7 foot area on both sides of the net called **The No Volley Zone or "KITCHEN"** has special rules. Serves must clear it including its horizontal border, and you are not allowed to volley from anywhere inside it including your follow-through. After the ball bounces, it is "fair game" including the infamous "net chord" shot or ball that trickles off the net on to your court.

6) Inexperienced new players get special treatment, and are asked to play on courts 4(the one marked PRACTICE), 5, or 6 according to the crowd size. Someone will be over to help you when they are free.

7)Our games are primarily walk-on. That is, for the 1st 45 minutes of the reserved times listed above, you play in the order you arrive. After that, pairings may be arranged.

8) Besides clearing the "Kitchen" listed above, the **PickleBall serve** has special rules. It is *under hand and return of serve cannot be volleyed...it must be allowed to bounce.

(Below) Fine photo of The Mill Table Tennis group.

What constitutes a legitimate underhand serve? Here you go:

*The serve must be made with an underhand stroke, so that contact with the ball is made below waist level where waist is defined as naval level. The arm must be moving in an upward arc, and the paddle head shall be below wrist when it strikes the ball. The highest point of the paddle cannot be above any part of the line formed where the wrist joint bends.

Special treatment is minimal in The PickleBall Nation. If you would like to have a ladder, call a Mill "Handy Men". You won't find a PickleBall Championship, numbered rating, or team, either. We're having to much fun like it is.

TABLE TENNIS

Alan Shaffer | Yardley

The Hershey's Mill Table Tennis Club held a doubles tournament on July 20 with 21 members participating. Divided into two teams, 40 doubles matches were played with the Hersheys winning over the Mills 24 to 16. Members pictured in the photograph

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TABLE TENNIS: Tables are up weekends, starting Fridays at 4:00

BOCCE: Open Play every Wednesday @ 4:00. (Bring drink and snack)

POOL (Billiards): Tues, Wed, Thurs 4:00. Sat 9:30

TENNIS: Weekdays @ 3:30, **OPEN:** Thursday @ 4:00 & Saturday @9:30

PICKLEBALL: Mon, Tues, Thurs., Fri, & Saturdays @ 9:30, Wed @ 5:30. (Weather permitting)

SHUFFLEBOARD: Every Wednesday at 11:00

LABOR DAY Celebration September 2nd. All sports starting at 9:00. Food & libation available.

HMSG: Annual Fall Meeting September 11th 3:00 @ CC. (Election for president).

PADDLE: Watch for opening social in October

include in the front row: Angie Pan, Barbara Rea, Karen Stahl, Jerry Pizzola, Mary Lou Perry, Pat Meehan, John Cunningham, Arlene Seeger and Jack Hamilton. In the back row are: Carol Schmitt, Ed Schmitt, Bob Bevan, Denis Raihall, April Wang,

Hiroshi Mitsuka, Glenn Chelliah, Lynn Mander, Martha Marshalek, Larry Appalucci and Allan Shaffer. The photo was taken by Diane Feldsher. After the completion of the matches, the group celebrated with a pizza party. The club meets on Thursdays, Saturdays and Sundays at 2 p.m. at the Community Center. All skill levels are welcome to join.

BOWLING

Ed & Eileen Isselmann | Inverness

Mark your Calendars! Tuesday **October 8** is the beginning of the 2019 – 2020 Bowling Season for Hershey's Mill. We bowl every Tuesday at 10 a.m. at The Palace Lanes in Downingtown (across from Wegman's). We are always looking for new members and/or substitutes. If you are interested in a good time contact us. No ball or shoes required! PS - you do not need to be a resident of The Mill to join.



Carol Keith | Pool Manager

The warm, lazy summer months are quickly coming to an end and so is our all-too-short time at our lovely pool.

This summer a new, more efficient sign-in procedure was put into effect. Many residents were apprehensive about the big change, but were positive in their comments from the start. Using the computer to sign in residents made the wait time for them far shorter than in the past and enabled the staff to create and maintain records more easily.

The lifeguard staff was outstanding again. We were very fortunate to have such caring, respectful young people who worked hard and took their jobs very seriously. Thanks to them, we had a safe atmosphere for the pool users of all ages.



Friday Happy Hours continued this summer and adding special themes made the Friday evenings more enjoyable for all. Kudos to Kim and Mike Morton for donating and grilling hot dogs for all on two of the Friday Happy Hours.

Aquacise with Sandy six mornings a week was very successful again. On most days there were 35 to 40 participants exercising and singing for 45 minutes. The purposes of the water class are fun, fitness, and fellowship. The music gave everyone an incentive to sing along and work harder. The pickle ball and bocce groups, as well as the art group, also enjoyed the music.

Family Days with no charge were held on Opening/Hot Dog Day, Fathers' Day, Fourth of July, and the End-of-Summer Picnic. On these special days, children were permitted to attend all day until closing. Residents seemed to enjoy organizing their groups and bringing their own food and drinks. This new arrangement for pool-planned parties eliminated the need to charge residents for the event

(Photograph on the front cover of the magazine) Family Day on July 4th was a huge success. All chairs were filled with happy folks enjoying the music from the DJ.

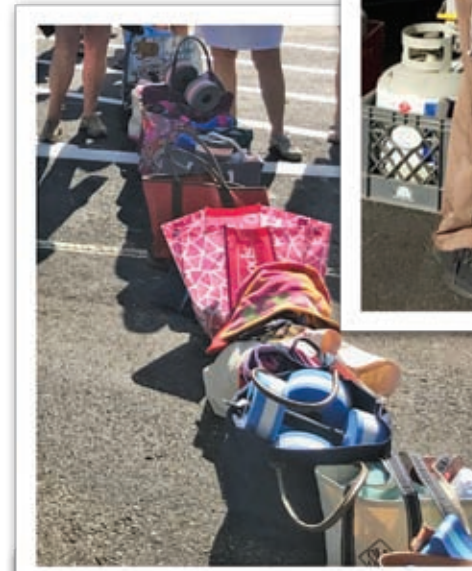
(At right) This is what they are waiting for...exercising with music.

or to ask pool-users to leave and cut short their time at the pool.

Enjoy the fall and winter months, and come join us at the pool next May.

Continued on next page

(At right) Kudos to Mike and Kim Morton who donated and grilled hot dogs twice this summer for all who came to those Friday Happy Hours.



(At left) Swim bags are lined up at the entrance gate early each morning for the aquacise class so that the merfriends don't lose their spot to get into class that day.



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(At left) Pool Manager Carol Keith had a great group of lifeguards this summer.

L to R Front Row: Sarah Grenell, Avery Friedman, Melissa Fontana, Carol Keith, Maddie Ryan.

L to R Back Row: Assistant Pool Manager Hunter Blair, Cole Tristan Lozito.

Missing from photo are Liza Gillespie, Samantha Ross, and Brendan Lozito

(At right) Family Day/HotDog Day was organized by the Pool Event Committee on opening day.

Some of the members of the committee are:

L to R: Maureen Ullman, Sandy McCoy, Xonya Avin, and Event Committee Chairperson Julie Senn.



(Below) Grandparent Sheila Santoro enjoyed playing with her grandchildren in the pool.



(Above) Merfriends sit on the wall each morning waiting for the gate to open for aquacise class. Their bags are in a line at the gate.



(At left) Lifeguard Brendan Lozito and pool committee member Lynn Mander sign in residents using the new system on opening day.



(At right) Quizzo Night was a popular and well-attended Happy Hour event.

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Recipes

With another year of great HMCTV Sunday concerts behind us, it's back to week-end grilling. And this seasonal tomato chutney goes well with grilled **everything!**

Tomato Chutney

- 1 medium red onion
- 1 medium white (or yellow) onion
- Metal skewers
- Olive oil
- 6 medium tomatoes
- 3 cloves garlic
- 2 teaspoons finely-grated ginger
- 2 teaspoons kosher salt
- 1 teaspoon sugar
- 2 tablespoons fresh lemon juice
- 3 tablespoons minced fresh cilantro
- Freshly ground black pepper

Slice onions across rings to a quarter-inch thickness, then run the skewers through them (with multiple slices on each as space permits); the skewers hold the slice/rings together. Soak

skewered onions in cold water for 15 minutes, changing water once. Rub the olive oil on tomatoes, then place them along with the skewered onions on a hot grill (we like a bit of smoke, from wood chips in a smoke box, as well); turn often until charred. Remove large areas of charred skin and roughly chop tomatoes; remove onions from skewers and roughly chop as well. Mash garlic, ginger, salt, and sugar into a paste, then place into a saucepan with the lemon juice and tomatoes; cook over medium heat until thick and fragrant. Stir in the cilantro and onions, add pepper to taste (and adjust salt as desired), then remove from heat and let cool completely. Use immediately, or refrigerate up to 10 days.

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SEPTEMBER SEMINAR DATE: At the Community Center.

- Wednesday, September 25th at 12:00noon

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