
The Inverness "I"

Vol. 10. No. 2.

April 2019

From The Editors

We are living in interesting and, some would say, tumultuous times. The forces of divisiveness are hard at work, doing their best to separate us into distinctive categories and label us in ways which tend to drive people apart.

As spring approaches, I prefer to focus on what is good and what can be counted on. The temperatures will, over time, warm, the days will get longer, the birds will come back and nest here, the grass will turn greener and the plants will begin to emerge. Beauty endures. Please remember that!

We are in for an extended period of furious political campaigning. The issues will be sharply defined in exaggerated manner by all political parties in an attempt to stir up a fervor for a point of view. The rhetoric will be unpleasant to hear.

What is certain, however, is that life in Inverness Village will continue on much as it is, with many of our neighbors giving time and energy in good works for the benefit of others. We should celebrate the spirit of helpfulness and friendliness that exists here. As the unknown poet wrote:

“If you hear a kind word spoken
Of some worthy soul you know,
It may fill his heart with sunshine
If you only tell him so.”

May we focus on friendship and the beauty around us, muting the noise emanating from outside. Inverness is a wonderful place to live. We would do well to emulate the words of Sam Walter Foss:

“Let me live in a house by the side of the road,
And be a friend to man.”

George Colby

From The Village President

Security Director Marc Fraser and the Bus Committee recently finished work on specifying and bidding on a new bus to replace the 13-year old GMC bus. After inspecting and riding in bus models from Wolfington, Rohrer and Brightbill companies, and then reviewing the better specifications from each brand of bus reviewed, Marc and the committee had a final recommendation to move forward with the purchase of a new 2019 Freightliner S2C bus for \$149,975.78 (including tax and tags). After a discussion of the reasoning and alternatives, the Board of Directors concurred with the Committee’s recommendation.

Managing Agent Ed McFalls shared packets of information from Mike Burkholder of Asphalt Consultants detailing the existing conditions and needed repairs for all the asphalt surfaces of the Master Association (MA), including entranceways, Chandler Drive, Mill Road, and all amenity drives and parking areas. Also included was a budgetary analysis with various assumptions, but if all surfaces were new and the MA was just starting to set aside reserves, the MA should be putting about \$17,000 into reserves each month (\$204,000 per year) just for road and parking areas. Ed and Mike will work to develop a bid package to accomplish as much of the more pressing needs as can be accommodated within our budget parameters.

Ed McFalls and George Earle (President of Yardley Village) reviewed the progress prints and specifications provided by architect Tom Daley and offered some comments and additions regarding the Community Center elevator. The plans should be ready for preliminary submission to East Goshen Township and sending out to contractors for bid by the end of March 2019.

At the February 7, 2019, Presidents’ Master Association meeting, the members reviewed a

(Cont’d on page 2)

From The Village President (Cont'd from pg. 1)

proposal from Hershey's Mill Landscape Division to accomplish another length of walking trail this spring from the intersection of Hershey's Drive and Chandler Drive and extending to the nature path across from the garden parcel area on the amenity side of Chandler Drive (not Jefferson side). Following a motion made and seconded, the members present voted unanimously to accept the proposal for this extension of the trail.

On Thursday, March 14, 2019, the Master Association heard a presentation from pool committee members about the desirability of having some set adults-only times at the pool this season. After a discussion, the members voted 12 to 9 to recommend to the MA Board of Directors that children under 18 years of age be permitted at the pool seven (7) days a week, but the hours 10:30 AM to 12:00 Noon and 5:00 PM to 7:30 PM daily be reserved for adults only. Subsequently, in executive session the Board voted three in favor, one opposed, and one abstaining, to accept the Presidents' recommendation.

The next open Inverness meeting will be held May 14, 2019, starting at 7 PM with refreshments, followed by the business meeting at 7:30 PM.

Please remember: if you have a medical emergency, call 911 first to speed up the arrival of the ambulance.

Boyd Mackleer

Landscape Walk-thru

Spring is on the way and the Landscape Committee is ready! We will be walking around the Village on April 9th, with Mike Neale from Hershey's Mill Landscape and Caroline Decray from CSK Management. Some of our focus this year will be on pruning large holly trees and run-away vines and leftover vinca.

If there is anything specific you would like us to look at, please be in touch.

You can e-mail me at barpoole48@yahoo.com ... enclose a picture if you would like.

Hopefully the weather will cooperate this year.

Barbara Poole

Looking Back: Ten Years of the Inverness "I"

With a desire to help our fellow residents get to know each other better, we set out, in late 2009, to see if a village newsletter were feasible, and to see if anyone would help us. Carol and Jim Ellis were quick to sign on to the idea, and Boyd Mackleer assured us of Council support to cover printing costs.

Our first issue, January 2010, was a mere six pages, but thanks to growing interest it was up to 12 pages by the fourth issue. The endeavor has benefitted greatly from contributions by our residents, whose names appear with their inputs. Especially notable over the years are more than a dozen columns each by John Klanderman and Wilbur Amand.

Mary Lou Perry added greatly to our staff when she took on the layout duties. She has significantly improved the newsletter visuals and readability. The efforts of Terry Marran in maintaining an index of all issues also proved invaluable.

The central themes of each issue are determined in our executive staff meeting where Carol, Mary Lou, Barbara and George propose topics, agree on assignments and identify potential contributors.

At the outset, a former resident predicted we would not last six months. We were optimistic and kept moving. It is especially fulfilling to have the support of our contributors, and receive favorable feedback. Thank you all!

George and Barbara Colby



Village Election Meeting

The Inverness Village meeting for the election of council members will take place on Tuesday, May 14, at 7 pm. For the information of newer residents, we will explain how this works. The council is composed of five members. Following the election, the council members meet and decide on the roles therein. Thus the Village president is chosen by the council, not by a direct vote of the residents.

The term of a council member is two years. Three members are elected one year, and two are elected the alternate year. This year two members will be elected. The current incumbents up for reelection are Barbara Atmore and Tom Delaney. Anyone interested in running for this office should be careful to follow the necessary procedure. No nominations can be made at the time of the meeting.

Prior to the meeting the managing agent will send out a notice thereof and instructions on how to proceed to file a candidacy. The turnaround time is quite short, so anyone interested in running should think ahead and be prepared to respond as required. All candidates will then be listed on the ballot at the time of the election.

George Colby

Attention Travelers

Checking with friends and neighbors in Inverness to find who would be interested in bus trips of one-or two-night stays. We plan to travel to interesting destinations within a reasonable distance from here. All are welcome.

Travel would be on a luxury bus with very comfortable seats.

Call **JoAnn Kincade (#711)** for more information:

E-mail: jokin1026@gmail.com

Phone:



Ozzie's Chicken Noodle Soup

Ozzie Nelson (#771) has graciously shared this recipe with us. This was one of the delicious soups served at the Chili and Soup Supper last October.

Ingredients

- 1 whole chicken
- 3 stalks of celery chopped
- 1 large onion chopped
- Chicken bouillon* (Better Than Bouillon) jar type
available at Giant
- Chicken stock* (approx. 5-6 boxes)
- ½ lb. carrots sliced
- 1 bag noodles (Kluski PA Dutch)
available at Giant



Preparation

1. Place onion and celery in large pot. Place chicken on top. Cover the chicken with the stock and add bouillon to taste (1 -3 tablespoons).
(Dissolve the bouillon in 2 cups of stock and then add to pot. Additional bouillon can also be added at the end. Make sure you dissolve first in stock.)
2. Boil about 1 hour until chicken is cooked through.
3. Add carrots and cook until tender.
4. Remove the chicken and remove meat from the bone. Add meat back to pot.
5. Add noodles and cook according to noodle package instructions.

ENJOY!!!!

**Low sodium varieties of these products are available*

A Visit to Iceland By Kathy Threlkeld (#788)

What do you think of when someone mentions Iceland?
The Aurora Borealis (better known as the Northern Lights)?
Puffins? An ice covered island? Maybe the Vikings?

I had the opportunity to visit Iceland for 10 days last September. I can tell you that the Northern Lights can be elusive. Puffins are on the mountain sides in quantity until they migrate for the winter. (So there was not one Puffin to be seen when we were there!) Three quarters of Greenland is covered with ice. Iceland, not so much.

But, Iceland is covered with many bodies of water including inland-cutting fjords, waterfalls of all descriptions, lakes, rivers, bays, and glaciers. There are also many mountains and volcanoes. It is home to a growing rift caused by the tectonic plates of North America and Eurasia drifting apart.

In several areas on the island there are boiling mud pots, geysers and constant plumes of smoke emerging from the earth and floating into the air. A baker demonstrated to us how he baked several loaves of bread daily in the ground! It took 24 hours but it was baked and good to eat.

Most of Iceland is an outdoor affair, in my mind. Yes, there are some museums and a church or two to tour. But even most of their sculptures are in public view for people to enjoy. There are few forests on Iceland partly because the Vikings supposedly cut down all the trees. But there is plenty of lava rock!



Skogafoss Falls



Steaming "earth"



Gulfoss Falls

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A Visit to Iceland (cont'd from page 4)

In the water, where the hot lava has met it, unique forms have been sculpted. On the land the volcanic rock has eventually collapsed in places forming other worldly images.

My visit to Iceland was under the auspices of Overseas Adventure Travel (OAT). OAT offers "small group" travel – there were just 16 of us – and a more active itinerary than many tour companies. We climbed up "small mountains" to see fish-drying huts built by the Vikings from the lava rock in the area. We hiked a distance in a "desert" to get up close and personal to a glacier atop a volcano. Yes, we needed hiking paraphernalia: hiking shoes, walking sticks, etc.



Basalt arches (volcanic rock)

I will not soon forget being gotten up in the middle of the night to see the Northern Lights. We did not see the vivid colors I was anticipating, but it was subtly evident that extraordinary things were happening in the sky above. The other memorable activity for me was driving an ATV over the rugged terrain near the ocean, southeast of Reykjavik. The entire trip was quite an adventure.



Troll Woods



Kathy and her friend checking out an ATV



Location of Iceland

To My Neighbors:

by Dorrie Ritchie (#695)

My most heartfelt thanks to my Inverness neighbors who have shown such concern since my recent fall from which I ended up in the hospital for three days with four fractured ribs. This is keeping me housebound for the required twelve weeks.

I have generously received calls, cards, flowers, soups, candy, meals, cake, my mail brought to me, and visits.

My very special thanks to you B.J., Joan, Marney, Carol, and Roz; you have so unselfishly and faithfully shown up everyday for months to take Muffie, my pup, out of doors in all kinds of weather ... rain, snow, and wind, with never a complaint from any of you.

Carol Ellis recently wrote an *Inverness "I"* column on random acts of kindness. She stated they do not have to be sweeping gestures, saying Inverness is a friendly village and that we are kind to each other.

I am experiencing these kindnesses every single day.

How does one repay or thank such supporting and caring neighbors?

I don't honestly know. I can only resolve to reach out to others as I go about my daily life attempting to offer some of what has been given me.

Inverness neighbors ... you are the best!



Retarded Grandparents

Author Unknown

After Christmas, a teacher asked her young pupils how they spent their holiday away from school. One child wrote the following:

We always used to spend the holidays with Grandma and Grandpa. They used to live in a big brick house but Grandpa got retarded and they moved to Arizona. Now they live in a tin box and have rocks painted green to look like grass. They ride around on their bicycles and wear name tags because they don't know who they are anymore.

They go to a building called a wrecked center, but they must have got it fixed because it is all okay now, and they do exercises there, but they don't do them very well. There is a swimming pool too, but they all just jump up and down with their hats on.

At their gate, there is a doll house with a little old man sitting in it. He watches all day so nobody can escape. Sometimes they sneak out. They go cruising in their golf carts. Nobody who lives there cooks, they just eat out. And they eat the same thing every night: Early Birds. Some of the people can't get out past the man in the doll house. The ones who do get out bring food back to the wrecked center and call it pot luck.

My Grandma says that Grandpa worked all his life to earn his retardment and says I should work hard so I can be retarded someday too. When I earn my retardment, I want to be the man in the doll house. Then I will let people out so they can visit their grandchildren.



Ladies Luncheon February 6, 2019

A balm, almost spring day greeted the Inverness ladies as we met for lunch at Mc Kenzie's in Malvern. We convened in the Oak Room, where we socialized before taking our seats and scanned the extensive menu. The most popular choices made by the ladies were the chicken salad sandwich, the apple and cheddar flatbread, and the crabcake sliders. Wine, coca cola, iced tea, and warm beverages completed our orders. After over two hours, we departed having cheerfully connected after weeks of winter.

Carol Ellis



Carol Ellis



**Joanne O'Connor - Alma Delaney -
BJ Rodgers**



**Sue Kelleher- Marge Brolly -
Marlene Vergillo**



**Barbara Colby - Pat Aubry - Terry Marran -
Maryjane Hahn - Barbara Poole**



**Kay Flynn - Shirley Joyce - Pat Phillips -
Theresa DeCosta - Ginny Ketterring**



Judy Pedrick - Mary Widdowson



**Judy Klanderman - Betty Ann
McArdle**



**Janet Emanuel - Lydia Voigt -
Eileen Isselmann**

Healthcare Alphabet Soup

Heather McManus (#785)

[Heather has worked in various positions in the healthcare industry. Her article expands on issues touched on by George Colby in his Oct. 2018 column: Wow, See What's Coming!]

Artificial Intelligence (AI) is advancing rapidly in its capability to improve healthcare and will soon be as ubiquitous as your smartphone. The availability of large volumes of data, both structured data which lends itself easily to analysis and unstructured data such as nursing notes is crucial for AI to succeed. Just like humans gather information to make decisions, AI needs data to draw inferences and a feedback loop to evaluate success. For humans, the process of deciding can be as basic as looking outside, seeing it is cloudy, then resolving to walk the dog before it rains. Collecting information and determining which information is reliable and should be included in the decision-making process is something we all do throughout the day. Similarly, AI needs to be concerned not only with the amount and quality of the data, but also with the context and relationships between datasets.

Systems in Healthcare which are not yet AI enabled are also heavily dependent on data. One of the many sources of data used to facilitate treatment is the patient record. Until recently, most patient records were paper based and resided with the physician who provided the healthcare service. The Electronic Health Record (EHR) is a bit more than the digitized version of the medical record, because it contains broader data related to the patient's health. The proliferation of EHRs is greatly due to the Health Information Technology for Economic and Clinical Health (HITECH) Act of 2009. Through this Act, Medicaid and Medicare payments were gradually reduced for providers who could not demonstrate meaningful use. Meaningful use provided standards for certified EHRs such as electronic prescribing, Computerized Provider Order Entry (CPOE) and patient electronic access to their health information.

But having access to your health information electronically is not enough without the ability for providers to share that information securely and in a standard manner. To facilitate this goal, states can request funding from the Centers for Medicare and Medicaid Services (CMS) for Health Information Exchange (HIE) administration and development. As each state experimented with different models for Health Information Exchanges, sustainability has been a challenge as the initial funding was reduced.



Delaware is not only the first state; in 1997 it was the first to establish a statewide Health Information Exchange. The Delaware Health Information Network (DHIN) has a successful business model and has been financially self-sustaining for over 5 years. HIEs can follow a variety of business models depending on multiple factors, such as the size of the state, the healthcare challenges faced in different regions of the state, population distribution, etc.

What can you do to get your complete patient record? What if you see providers in more than one state? Well, there are several applications that can be used to create a personal health record (PHR). Medicare's Blue Button, which allows you to download all your health information and load it into applications like a PHR or other apps that help you manage your health. Well, you may ask, how does Medicare have all my health information? Basically, it's not all your information, but rather what they know about from Medicare claims.

One hurdle Healthcare Information Technology (HIT) faces now is how do we aggregate all the relevant data sources such as medical claims, medical records, wearable devices, tests. Also, what is the context of the data, what data is reliable and should weigh more heavily in treatment decisions.

Inverness Men's Lunch

I always look forward to the Inverness Men's Lunch, but the most recent one held on Wednesday, February 27, was especially memorable. Not sure if it was the contrasting warmth of the World of Beer staff and structure against the cold damp winter weather that day. Or perhaps it was the laughter echoing off the stone walls that surrounded us. Regardless, the lunch was a very happy time for all who attended.

Despite some mishaps and medical recoveries which kept a few away, fourteen men from Inverness were able to gather for good drinks, great food and even better companionship. It was difficult keeping up with the various stories of former schooling, jobs, careers, locales and upcoming travel plans. But, even a quiet person would enjoy hearing the stories, jokes and amazing reactions when two guys sitting next to each other at the lunch realized that they lived only a few blocks away from each other in Chicago almost fifty years ago.

The only bad thing about this lunch would be if you weren't there. The really good thing is if you missed it, you can come to the next lunch in spring! The venue is always close, and carpooling is available and is used by almost everyone! The food is good and very reasonable, but the company is always better! If you have any suggestions or want additional info about the next Inverness Men's Lunch, do not hesitate to contact me using any of the contacts listed below. Remember, spring is coming!!!

Ed Isselmann
715 Inverness Drive

ejisselmann@gmail.com



Clockwise from front:

Jim Hill, John Brolly, Joe Carrone, Paul Kincade,
Jim McArdle, Tom Flynn, Jim Ellis, Phil Banks,
Tom Delaney, Bill Henderson, Bill Griffin,
Ed Isselmann, George Colby, John Klanderman



Your Privacy Is Gone!

Despite what we would like to think, in America today it is virtually impossible to hide from those interested in learning, and recording, the most intimate details of our lives.

Whenever you are shopping, banking, pumping gas, choosing a restaurant, planning a trip, e-mailing friends, voting, or any of the other activities of a normal life, someone is recording what you are doing, storing it away for future use, or possibly selling the data to a third party.

The low cost of data recording technology has made it feasible to store extremely large amounts of data. Companies like Google, Amazon, Facebook, Verizon, Comcast, Visa, MasterCard, among many others, have adopted this capability to monitor whatever you do, and keep records of it.

Individual privacy is a subject currently receiving much attention, both in Congressional hearings and in the media, but the truth is that it is something now nonexistent. Currently in the United States, data of any kind does not belong to you. It belongs to whoever collects it. This is in sharp contrast to the European Union which believes that individual data belongs to the individual. The EU has imposed significant fines on Google and others for violations of individual privacy.

The subject is currently being debated in Congress, but the big companies are lobbying hard to prevent any restrictions on their ability to collect and use "anything and everything" about everyone. In view of the lobbying budgets of Amazon, Google, Facebook, etc. it is unlikely that any EU type restrictions will be imposed by our congress. The companies will argue for a national standard (of their liking) to preclude regulation by individual states, such as California, which have already moved to limit such privacy invasions.

Like most things in life, this data collection has its pluses and minuses. Data collection can improve internet searches and allow companies to tailor their ads to your interests. This comes at

the cost of disclosing to any number of other companies your personal habits and preferences.

Efforts to restrict such data collection are currently essentially impossible. **It is being done;** just be aware when you turn on the computer, pick up the phone, or use your credit card. Your charges tell a lot about you: where you shop, what you buy, where you travel, and where you stay when away. A look at your card statement shows what the bank knows about you. The supermarket card you use collects the most intimate details of what you buy.

Probably the most troubling aspect of this data collection is the fact that the information can be sold or shared with other organizations. Without any limitations, data collected can be used to spread "fake news" and rumors aimed at swaying the vote in elections. Such use, of course, strikes at the heart of our democracy.

For many people, life today involves a great amount of on-line or over the phone "do it yourself," whether for shopping or searching for information. This increases the availability of data. Just be aware that it is collected and can be shared. If you want to make a confidential purchase, use cash at a retail store.

George Colby

(An article on privacy by Hershey's Mill resident, Alan Pomerantz, is posted on the Hershey's Mill website (HersheysMill.org). Search for Fraud Prevention Winter 2018 and you will find it.)



Upcoming Events - Hershey's Mill

Hershey's Mill House Tour
Thursday, May 9, 10 AM - 3 PM
Boutique open 11 AM - 4 PM
Proceeds benefit Paoli Hospital

Inverness Open Meeting
Tuesday, May 14
Social, 7 PM; Meeting 7:30 PM
Community Center

Hershey's Mill Sports Group (HMSG) Expo
Wednesday, May 22, 3-5 PM *Comm Center*
Thursday, May 23, 9:30 AM *Sports Area*
See *HM May Guide and Digest* for details

Memorial Day Events by Sports Area
Monday, May 27, 8:30 AM - Noon
Sports, Snacks and Socializing
\$5.00 donation

Inverness Ice Cream Social
Wednesday, June 12
6:30 PM - 8:30 PM
Community Center

Local Area Events of Interest

Immaculata Symphony Spring Concert
Saturday, April 6, 7:30 PM
Alumnae Hall, Immaculata University

West Chester Gallery Walk
Friday, May 3, 5 PM - 9 PM
Downtown West Chester Borough
Includes receptions and exhibits of 20+ artists, displayed at various venues in the borough.

West Chester Area Community Chorus Concert
Saturday, May 4, 7:00 PM
East High School

Chester County Concert Band
Sunday, May 5, 2:30 PM
Fugett Middle School



Recycling Day - Anything with a Plug™
Saturday, June 8, 9 AM - Noon
East Goshen Township Park
For electronic devices with a plug. See East Goshen Spring 2019 Newsletter, or East Goshen website, for full details on what will be accepted.

ICE CREAM SOCIAL



Save the date: Wednesday, June 12, from 6:30 to 8:30 at the Community Center, for the annual Inverness Ice Cream Social, sponsored by the Inverness Social Committee.

For \$5, one can create a delicious sundae from a selection of several ice cream flavors and toppings, which include chocolate and butterscotch syrups, whipped cream, nuts, cherries and other additional toppings. Cookies and pretzels will accompany the sundaes as well as beverages.

Be sure to save room for this wonderful all-you-can eat treat.

In Memoriam

Dick Schwab (#728)

February 6, 2019

Our sincere condolences to Nancy and her family.

Inverness Village Council Members

President	Boyd Mackleer
Vice President	Wilbur Amand
Secretary	Barbara Atmore
Treasurer	Tom Delaney
At Large	Janet Emanuel
Managing Agent	Janet Burgess
	Caroline DeCray

The Inverness "I" Staff

Co-Editors	Barbara & George Colby
Associate Editor	Carol Ellis
Design & Layout	Mary Lou Perry
Contributors	Ed Isselmann
	Heather McManus
	Kathy Threlkeld

Past issues of *The Inverness "I"* can be accessed from the Hershey's Mill website:

www.hersheysmill.org

Go to the "Villages" tab and click on "Inverness" Scroll down and you will see a link to previous issues of the newsletter.

The online newsletter is now in full color.