

The Inverness "I"

Vol. 6. No 3.

July 2015

From the Editor

We note the growing interest in healthy living and its benefits. There is an increasing awareness that diet and exercise are important factors in determining both the quality of our lives and how long we live.

In regard to exercise, the Hershey's Mill lifestyle has become even more focused of late. It started with the enthusiasm for pickleball and bocce. Shuffleboard also has increased its following. And, the Master Association has formulated a long-range plan to institute more walking trails!

Dietary guidelines are changing with an emphasis on the fact that fruits and vegetables are good for you, especially those grown locally and organically.

One asset of living in East Goshen is the Farmers' Market which is set up in the park each Thursday afternoon with local farmers selling farm fresh foods.

We salute our neighbors who have HM gardens (see page 11). They get some exercise, and they know what they are eating! We certainly admire their enthusiasm and efforts.

Summer is a great time to both improve our diets and get outside to stretch, walk or swim, etc. The more we do for our bodies, the more they are capable of, and activities bring social contact as well, which is healthy too!

Barbara Colby

From The Village President

The restoration of the Hershey's Mill swimming pool complex was approved by a unanimous vote of the village presidents at the June 4 Master Association meeting. Following this vote, the presidents again voted unanimously to allocate \$46,800 from the Vision Quest fund for construction documents, bidding and construction administration. The goal is for construction to be complete for pool opening in May 2017. The design agreed upon was Option A which flips the locker rooms into the present Mermaid Cove side and allows for a 50 person all-weather common room where the locker rooms are presently, with access at the new entrance for all. This room will be available for year-round usage and not just during pool season. There will be access to the restrooms for walkers, paddle tennis players, and sports group participants year round. As discussed in the April edition of the "I", THERE WILL BE NO INCREASE in Master Association fees for this project. Updates will follow!

The walking trail extension will take place later this summer from the East Gate to the Inverness Village/Ashton Village entrance. The projected path will be on the Route #352 side of Chandler Dr. with the path crossing the Brighton side of Chandler Dr. at the Inverness sign and end at the golf cart path.

The discussions continue regarding
(continued on page 2.)

Editor's Note: Don't miss this exhibit.

The works of one of the leading figures of 20th-century art, West Chester artist Horace Pippin (1888-1946) are on display at the Brandywine River



Museum of Art through July 19, with over 65 works assembled from museums and private collections across the United States. Pippin is known for his bold, colorful and expressive paintings of family life, history, religion and war.

Pippin was born in West Chester, but grew up in Goshen, New York. He returned to West Chester in 1920 after serving in World War I as part of the African-American regiment known as the "Harlem Hellfighters."

As a returning veteran with a disability - his right arm was severely injured by a sniper while serving in France - Pippin faced much adversity. Yet by 1930, he had begun teaching himself to paint using his left arm as a support for his right hand. He was first championed locally by N.C. Wyeth and the art critic Christian Brinton in 1937, when they saw his work on display in a West Chester store front.

Pippin was quickly embraced nationally by museums, galleries, critics and collectors who valued the self-taught artist's style, characterized in his time as "primitive" or "folk," for its perceived pureness of expression. Patrons ranged from Albert Barnes and Edith Halpert to Hollywood figures such as John Garfield, Charles Laughton and Edward G. Robinson.

The exhibition displays all aspects of Pippin's career from his World War I notebooks to his portraits of contemporary figures to daily life in West Chester and celebrates the life and works of an extraordinary artist.

Courtesy of Carol Ellis



From the Village President
(continued from page 1.)

access to the top floor of the Community Center, with several alternatives being examined.

The Village has begun to show its thirty-year age with two water pipe breaks in the common area during the early spring. Both were repaired and service restored quickly. The Council will discuss the need for reserves for any future breaks. The Aqua water bills are being examined to see if these leaking pipes are the cause of the higher than normal water bills.

The Inverness Council will be meeting during late June (too late for this edition). Topics to be addressed include the flag pole replacement hopefully in time for the Fourth of July, reserves, Moyer Pest Control contract, delinquent accounts, landscaping and wood replacement where needed.

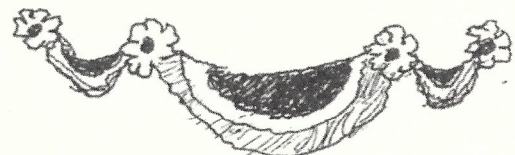
Boyd Mackleer

In Memoriam

Dorothy Lucas

June 2, 2015

Our sincere condolences
To her sister, **Diane Heald**



Neighbor Profile

This issue we are pleased to profile Mary Renshaw (#737), a resident who moved here with her late husband in 2000. It was not a big move as she came to Hershey's Mill from their home of long standing in Malvern. Mary was born in Portsmouth, Virginia, but grew up near Saratoga in Schuylerville, New York, where her father worked in the paper industry.



Mary, who was the youngest of three siblings, attended Russell Sage College and subsequently entered into the work world in Glens Falls, NY. While there she continued classes at night, and had the good fortune to meet her future husband, Jack. When Mary and Jack had completed their educations, they married and settled in Rutland Vermont. Jack, having accepted employment in the Human Resources department of the Sherwin Williams Company, was initially assigned there, but they would soon learn this was the first of many more assignments to follow.

The work-related transfers found them living in Wakefield, MA, Wallingford, CT, Manchester, NH, Cedar Grove, NJ, and eventually Malvern where they lived for over 30 years. Mary describes the stay in each location as each averaging about two years until later in his career.

While they were living in Massachusetts, their daughter was born, and a son came along later while they were living in CT. Mary spent her earlier married years raising the family (and moving!). Some of her time was spent volunteering at the local hospital, the school library and for the Girl Scouts.

She reflected happily on their family vacations to Lake Ossipee, NH, the Worlds Fair, Montreal, Jersey shore, and visiting family in NY, St Louis, Iowa and California. As their children grew older, she worked part-time in the office of Bartlett Tree Experts which she really enjoyed due to the variety of assignments. (No tree climbing was required!)

Traveling had been a significant interest when Jack was living. They had enjoyed the major cities of Europe and due to the fact they had family on the West Coast, they also had the pleasure of exploring the West on many occasions. At this time in her life, Mary has the pleasure of a month in Florida each winter where she has good friends as her traveling companions.

When asked about her decision to move to Hershey's Mill, she replied she had many friends who had already relocated here. Jack felt it was time for them to leave their larger home and it was a natural choice.

She is active in her church, does some volunteering for the HM Social Club and particularly enjoys cooking, sewing and gardening. We hope to prevail on Mary to volunteer a recipe for an upcoming newsletter.

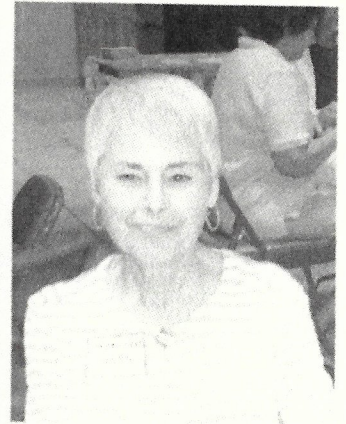
Barbara Colby

Ice Cream Social

The annual Ice Cream Social, sponsored by the Inverness Social Committee on June 25th, featured some delicious new treats this year: coffee ice cream, peach ice cream, and varieties of sherbet, in addition to the usual favorites - chocolate and vanilla ice cream. Sundaes were made with chocolate, butterscotch, and caramel syrups, walnuts in syrup, peanuts, maraschino cherries, chocolate sprinkles, and whipped cream. Sam Malandra contributed his famous delicious pizzelles to the feast.

About 50 Inverness residents attended the social, which lasted into the evening with dining and socializing. Kudos to the committee for their planning and hard work.

Photos and text by Carol Ellis



Note: Continuing our series of travel adventures by Inverness residents, we are featuring two very different journeys: a riverboat cruise in Europe and a family reunion in Australia followed by a land tour in Australia and New Zealand. Carol Ellis, editor

FROM BUCHAREST TO BUDAPEST by Kathy Threlkeld (#788)

In mid April, this spring, a friend and I went to Eastern Europe. We plied the Blue Danube, beginning in Romania and stopping in Bulgaria, Croatia, Serbia and Hungary. (By the way, the Danube is not blue, it is "river color." It was "made" blue by the waltz composer, Johann Strauss, Jr.)

Our cruise was arranged through Grand Circle Travel, which believes strongly in education and interacting with the local people. Memories that stand out for me on this trip include a meal eight of us enjoyed with a Croatian family in their home. The mother told us of having to flee Croatia when the civil war erupted with Serbia after Tito died -and the "country" of Yugoslavia died with him. After the war, this family returned to a house that had only its outer walls remaining. They are still rebuilding their home.

I had heard of the beautiful west coast of Croatia which overlooks the Adriatic Sea, but we travelled on the Danube, which flows along Croatia's east coast. The land there is relatively flat, and many of the locals grow all their own vegetables and fruits and some nuts on that land.

I enjoyed the varied architecture we saw. In these five countries that are centuries old and have been ruled by multiple foreign invaders, the architecture is a feast for the eyes! Byzantine, neoclassical, Gothic, etc. Sad to say, all of these countries were behind the Iron Curtain until 1989. During that time, the Soviets tore down some of the old buildings to make way for nondescript, ugly cement buildings to house workers for their factories. Factions in Bucharest, Romania, actually "moved" old buildings - many of them places of worship - to locations in the city where they were hard to see. That way some of the old buildings were saved, but they are still partially hidden!

As part of the educational aspect, the Grand Circle asked a local man to share with us what it was like to be on the firing line in Bucharest during Hungary's revolution in 1989. (Hard to picture ourselves - Americans - in a similar situation here.) An older man in Serbia described what it was like there when Tito ruled Yugoslavia. Younger people, born after Tito was gone, take a different view of that era.

Grand Circle has a foundation that offers financial aid to help some of the sites we visited. One of those is an elementary/jr. high school in Croatia. We visited that school and attended a program presented by the young people for us. They did vignettes in English, sang native songs and well-known American songs (in English), danced and played instrumentals with their unique stringed instruments. They seemed really excited to have us there.

Beyond what I have already mentioned, I was impressed by the clean squares everywhere, that were rimmed by ornately designed churches, banks, government buildings, etc., by spires and domes and thick-walled fortresses and Eastern Orthodox or Catholic Churches or synagogues and by all the outdoor cafes peopled by young, old and in between just relaxing. I was greatly impressed by the Danube, especially where the Balkans met the river bank on the Serbian side and the Carpathians did the same on the Romanian side. The sun was getting low in the sky that afternoon and the view was gorgeous.

In addition to the beauty of the sites we visited on the trip, it was a wonderful learning experience, full of history and social interactions.

On October 5, 2005, my dear friend Retta Semans and I flew to Los Angeles where we were met by good friends. We thought it would be a good idea to spend one night before our journey to Australia. We were very glad we did as our trip was 16 hours without much rest. At any rate, we arrived in Melbourne happy and very excited as we were met by our cousins Bob and Sue Mead.

What a wonderfully beautiful city, so much to see: trendy restaurants, art museums, and modern buildings. We managed to do all the touristy things, including koala bears, kangaroos, and beautiful birds. After several days of "catching up" with much needed rest we took our first trip to the south to Lorne, a very charming resort village. We drove many miles along the South Ocean Drive and saw the 12 Apostles.

Our next trip was to Ballarat, where Sue spent much of her childhood, and then on to Sovereign Hill, a living museum representing Ballarat's first golden decade following the discovery of gold in 1851. We went underground to experience the gold mine tour and then had a stagecoach ride. We next traveled to Port Phillip Bay, where we had lunch on the water at the Portsea Hotel with a beautiful view. And finally, we spent many days sightseeing in Melbourne, seeing the wharf, beautiful homes, great restaurants, the casino, etc.

Our next adventure was to go to Phillips Island to see penguins. While we waited, we watched the koala bears eating their dinner on the eucalyptus trees, We fed the kangaroos right from our hand and saw a mother with her joey in her pouch. The penguins came out of the ocean at dusk and it was quite a scene. As soon as they reached vegetation they mated, with crazy and loud noises.

After 16 days of unforgettable trips, we flew to Cairns. We arrived at Palm Cove and stayed at the Sebel Reef Resort & Spa, very luxurious but quite hot and humid. We did our share of walking along the ocean trying to keep cool. The next morning we got on a quicksilver pontoon boat and headed to Port Douglas and the Great Barrier Reef. The weather was outstanding, so we put on wetsuits and went snorkeling, which was great for seeing all the fish, etc. We had lunch on the boat, took a tour in a glass bottom boat, and then returned to Palm Cove for a swim to cool off.

We flew to Sydney the next morning. Our hotel was in old Sydney and we loved it. We started out touring right away and went to the Opera House, absolutely the most beautiful structure and magnificent interior. We were unable to get tickets for the evening performance, but we had a delicious dinner at Doyle's on the Quay. The next day we had a city and suburb tour of Sydney on Captain Cook's boat. The harbor is very beautiful and the homes are out of this world with spectacular views.

A flight later and we were in Auckland, New Zealand. We settled in at a wonderful hotel and ventured out. The next day we journeyed to the Waitomo Glow Worm Caves and then went to Rotorua, internationally known for its spectacular geothermal activity that includes geysers, boiling mud pools, and springs. Rotorua's attractions include arts and crafts, a Maori culture performance, and farm tour, where I enjoyed the shearing of the lambs.

We returned to Auckland to tours of the city and shopping. Truly a fun and interesting city. Our next journey was to Queenstown in South Island. We stayed in Milford Sound which we adored and took a fabulous cruise through the waters of the Sound with Mitre Peak towering high above the fjord and spectacular cascading waterfalls, dolphins, seals. Fjordland National Park is described as one of the natural wonders of the world. Our hotel was terrific, the restaurants outstanding. All in all, my favorite!

We did not go to Christ Church, which was very disappointing, because we did not have as much time in New Zealand. I adored the countryside and would go back in a minute. Australia and New Zealand are definitely beautiful countries, and I feel very fortunate that I was able to visit both.

Philosophy Corner

Human egos can lead to some amazing happenings, and this summer is certainly providing numerous examples. The sideshow known as the American presidential election cycle is expanding in all directions. It will provide employment for many journalists, and entertainment for us all, over the next fifteen months. Most of us could hardly conceive of the spectacle now unfolding. Sit back, relax, and enjoy watching the politicians try to figure out what will appeal to the average voter while, at the same time, trying to torpedo the ambitions of the competition.

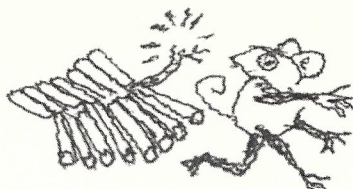
It appears that all it takes to make an appearance on the national political stage is an ego, bravado, a known name (or slightly outrageous behavior which garners media attention), and a handful of trite phrases. Unfortunately for the general populace, neither a sincere desire to make the United States a better country, nor an idea of how to accomplish that is necessary. It appears that the shrewd political approach is to try to avoid alienating any voters by addressing as few as possible of the many important issues at hand, and let attacks on opponents weaken the competition.

In place of concrete concepts, a politician relies on the standard clichés used to make it appear he or she is really interested in your life or your concerns, while in reality the only interest is in getting elected. When you think about it, the phrases so commonly used are dehumanizing and disrespectful. We are not individuals to the politician, we are just part of that undefined group referred to as "The American People." The members of our volunteer army are not described as heroic individuals willing to fight for their country, they are just "Boots On The Ground." Once elected to Congress, the politicians get busy "Doing The People's Work," operating in a "Bipartisan Effort" with "My Friend Senator X" (who will be done in at the first opportunity).

All one needs to run a campaign, it seems, are these stock phrases, a careful effort to avoid letting journalists goad you into saying anything that could cost you votes, and a well-financed TV ad campaign. It's a tricky business, and too easy to make a misstep while making sure to espouse the causes of those who supply your multi-million dollar campaign. Some will trip and fall, which adds to the drama of it all.

So watch the ongoing extravaganza with an eagle eye. (I realize some eyes will glaze right over!) With luck you might find someone saying something with content. That will not be considered cricket by the other players; forcing one to take a stand is not polite! But it is fun to watch.

Phil Osopher



Canine Influenza: The year 2015 has seen a fair amount of infection with the influenza virus, not only in humans and poultry, but for the first time in dogs. The strain of influenza virus usually differs between humans and various animals, but often the influenza virus can alter its characteristics and infect multiple different animals. This year we have experienced a serious outbreak of Canine Infectious Respiratory Disease (CIRD) thought to originate in Asia. The outbreak began in the Chicago area but has since spread to many areas of our country.

Both Canine Influenza Virus (CIV) and CIRD are easily spread from dog to dog. Untreated, they may advance to pneumonia, or other serious health problems and often require hospitalization.

Canine respiratory infection can be spread from direct dog-to-dog contact, through contaminated objects, or through the air. It is commonly spread where dogs congregate including doggie daycare centers, dog parks, boarding kennels, and groomers.

The most recognizable symptom of this respiratory disease is a persistent dry cough and /or "honking" sound from your dog's throat. In most instances, the dogs appear healthy other than the coughing sounds. Some dogs may also gag or cough up a white, foamy phlegm.

Contact your veterinarian if your dog exhibits any of the following symptoms:

- Cough, lasting more than several days
- Lethargy - unwillingness to play/interact
- Lack of appetite
- Fever
- Rapid breathing

Should your dog exhibit any of the above symptoms, isolate the dog and contact your veterinarian immediately. If your dog is found to be healthy, your veterinarian may recommend a Canine Influenza or Bordetella vaccine.

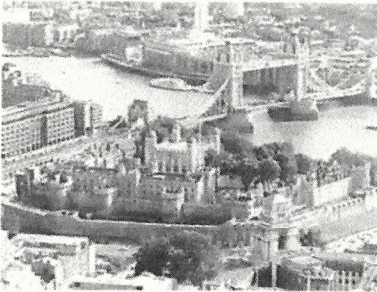
Raw Food Diets: Feeding raw food to your pets may be putting their health—and yours—at risk. According to the U.S. Food and Drug Administration (FDA), raw pet food - which consists primarily of uncooked meat or poultry, organs, and bones, can carry disease-causing bacteria, particularly Salmonella and Listeria. Those who handle raw pet food and fail to take proper precautions and accidentally ingest bacteria are at risk of getting a bacterial infection. Feeding raw food to your pet also increases the risk that your pet will spread disease-causing bacteria. The FDA recommends that you cook raw meat and poultry to kill any harmful bacteria before you feed it to your pets. Given recent reports from the scientific literature, the FDA warns that "feeding raw foods to household pets carries a risk to human and animal health." Should you be considering feeding raw food diets to your pets, I would suggest that you talk with your veterinarian and perhaps consider better, safer diets.

Veterinarian Appreciation Day: Veterinarians play a key role in helping pets live long, happy, and healthy lives. June 18, 2015 has been designated as the first annual Veterinary Appreciation Day, a day when animal lovers everywhere are encouraged to show their appreciation and say thanks to the compassionate veterinarians dedicated to helping animals who mean so much to us and help us live better lives. Although you will receive this newsletter after June 18, it is still not too late to say "thank you" to your veterinarian.

Enjoy your summer and keep your pets safe and healthy. For your pet's sake, remember to avoid long walks in the heat of the day or on days with oppressive humidity. Don't overfeed in hot weather and provide plenty of fresh, cool water.

Travel by Puzzles: LONDON ICONS by John Klanderman

About 12 years ago, Judy and I had the opportunity to spend several days in London as "chaperons" with the boys' choir of St. Peter's Episcopal Church in Center City, Philadelphia. Actually, I was then singing in the men's choir that was a part of the boy's/men's choir. It was a wonderful experience as we had the opportunity to sing with the boy's/men's choirs of The Anglican Cathedral of Bath and The Anglican Cathedral of Wells.



However, a highlight of the trip was the several days that we all spent in London. It was arranged that a pair of two adults was responsible for the well being of about three or four of the boys. Fortunately for Judy and me, three of our boys were very responsible, and then there was Marco. If we blinked, Marco was gone. Not that he was belligerent, it was just that he was soooooo distractable. However, with the help of our other three youngsters to sound the alarm whenever Marco was noticeably distracted, we did survive our London experience.

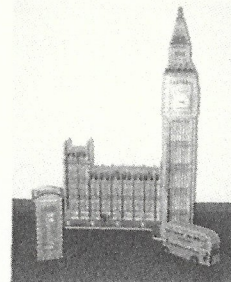
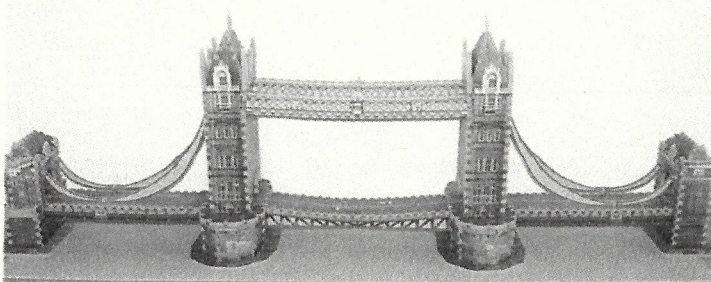
While in London, we all stayed in dormitory rooms at the University of London. This turned out to be a very good experience with the exception of the many almost nefarious comments on the English Breakfast. Baked beans, tomatoes, mushrooms and black pudding were just not appreciated!!

Nearby the dormitory was the British Museum. This part of the trip was very much appreciated and sooner or later almost everybody, except Marco, became seriously involved with one or another of the many exhibits or rooms. When given several choices for another museum to visit, the Imperial War Museum won out. Room by room, it showed what a bombed street and house looked like. This museum was brought up by two of the boys who had a set of grandparents who lived in England (and probably had refused to previously take them there)!

In Central London, the BIG BEN clock tower was viewed with great admiration and awe. Also as part of the London experience, arrangements had previously been made for the group to attend a vesper service at Westminster Abbey Cathedral as well as a tour of Saint Paul's Cathedral. And, while in central London, the group took a brief tour on a DOUBLE DECKER BUS. Of course, we all had to cram into the upper level!



A final excursion involved a boat trip on the Thames River from central London to Greenwich. Along the way, we went under the famous TOWER BRIDGE OF LONDON. This bridge was completed in 1894 and enables the passage of ships with high masts because the center span lifts upwards in two sections alongside the twin towers. The top sections of the towers are linked by walkways which are accessible by elevator. The view from the top is breathtaking. Along the left side of the Thames before going under the Bridge is the notorious British fortress known as the London Tower. In Greenwich, the group was able to see the zero point used for the reckoning of terrestrial longitudes since 1884. In general, the boat trip worked out as a great final experience of the trip to England with the boys' choir, even for Marco.



Note: In the puzzles shown here the LONDON TOWER BRIDGE has 819 pieces and BIG BEN has 890 pieces. The two top photos are the real thing.

RECIPE CORNER

CHUTNEY CHEESE CANAPE

Ingredients: 8oz. cream cheese
1/4 cup chutney (you can add more , to taste)
1/4 tsp. dry mustard
1 tsp. curry powder
toasted almonds or pecans
Pineapple half

Blend all ingredients . Scoop out pineapple and add some juice to mixture, to taste. Chill for at least 4 hours. Before serving add mixture to pineapple half and top with nuts. Can be made the day before using.

Joanne O'Connor (#727)

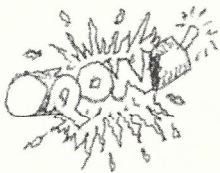
CREAMY CROCKPOT CHICKEN

Ingredients: 2 ½ - 3 lbs cut up chicken breasts
2 cans of cream of mushroom soup
2 cans of cream of chicken soup
2 pkgs of Italian dressing
1 pint sour cream
Mushrooms

Heat crockpot first on high. Mix all ingredients except mushrooms and sour cream and put in crockpot. Cook on medium for 6 ½ hours or on high for 4 hrs and low for 3 hrs. Add mushrooms and 1 pint of sour cream the last ½ hour.

Serve over rice or wide noodles. Bon Appetit.

Marge Brolly (#777)



INVERNESS COMMUNITY GARDENERS

The Hershey's Mill Community Gardens provide an enjoyable and rewarding pastime for the many residents who love raising vegetables and flowers and just socializing with other gardeners.

There are 162 individual plots in the gardens with only one available at this time. The plots are usually 10' x 15" with some larger at 15' x 15' and can be shared. The gardening season runs 10 months, with vegetables being planted in about 80% of the gardens and flowers filling the rest. Of the vegetables, tomatoes, cucumbers, squash, green beans, and lettuce are the favorites.

Water, some tools, and a dumpster for debris are provided. Residents may install fences around their gardens and have chairs or small benches for resting. There are few restrictions other than to keep gardens clean and free of weeds and maintain the fences around each garden. Garden plots are free and there are no maintenance fees. To apply for a plot, residents should contact Jim DiCarlo or Ed Sweeney.

Thirteen Inverness residents have gardens at the Hershey Mill's Community Gardens. They are Jim Backes, Roz Baker, Joan Bulley, Phil Hamilton, Bill Henderson, Judy Mackleer, Sam Malandra, Shirley Marengo, Jim McArdle, Bonalyn Mosteller, Mary Renshaw, and Tina and Joe Scaperotto.

Text and photographs by Carol Ellis



Phil Hamilton



Jim McArdle



Shirley Marengo



Jim Backes



Judy Mackleer



Sam Malandra

A SENIOR'S RAINBOW

Upon a shelf above the sink
A row of bottles made me think.
This myriad of colors bright
Held many pills to keep me right.

A yellow one that I must pop
Is for my heart so it won't stop.
A little white one I must take
Just to stop the way I shake.

And there are blues I take a lot
To make me happy when I'm not.
A purple one is for my brain,
It helps relieve me from my pain.

The capsules are to ease my wheeze,
For when I cough or choke or sneeze.
The red one is the smallest of all,
It's supposed to thin my blood in the fall.

The orange is so big and bright,
To stop my leg cramps in the night.
Those brilliant colors keep me alive,
To cope with life and help me survive.

Each one has it's own cure you know,
But how does each know where to go?
But there they go in just a spurt,
Aren't you glad that wrinkles don't hurt?

Ray Wilson (#747)

Letter To The Editor: 'Those Pesky Ants'
Getting rid of pesky "teeny ants" in the kitchen, etc, without spending \$\$\$\$.

Take a piece of chalk and draw a line where you see them - inside cabinets and windows, etc. Then sprinkle parsley flakes where the "anties" are. Leave on for a few days. It is a bit messy, but it does work. Easy to clean up, and "cheap." Also for ants outside your front door, draw a line of chalk. They will not go past it!

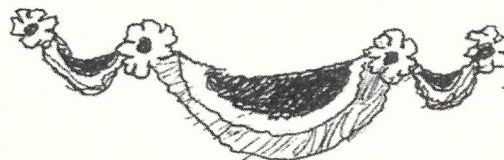
Trudy Roderick (#701)

The Inverness "I" Staff

Co - Editors Barbara & George Colby
Associate Editors Carol & Jim Ellis
Artwork Jim Ellis

Village Council Members

President Boyd Mackleer
Vice President Wilbur Amand
Secretary Barbara Atmore
Treasurer Tom Delaney
At Large Janet Emanuel
Managing Agent Jeff Bevan



ELEPHANT STEW (for big thinkers)

Ingredients: 1 Elephant
Brown Gravy
2 Rabbits (optional)
Salt and Pepper

Cut the Elephant into bite-size pieces. (This should take about 2 months.) Add enough Brown Gravy to cover the pieces. Salt and Pepper to taste. Cook over a kerosene fire for about 4 weeks at 460 degrees.

Serves about 3,800 people. If more are expected, two rabbits may be added, but only if necessary. Most people don't like to find a hare in their stew!

Pat Teets (#775)

