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HMCTV Guide and Digest

Volume XXI Number 2 – February 2020

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Please share with *your* Hershey's Mill magazine!

All submissions welcomed; with rights retained by the owner. Send to hmctvguide@comcast.net, Attention Editor. Hardcopy submissions are not accepted. Articles should be limited to 500 words (although others may be considered), and photographs should be high-resolution. HMCTV determines suitability and has sole discretion to publish any submission. Submissions are due by the 23rd (37 - 40 days in advance of each edition) for possible inclusion (those received after will be reviewed for the next); contact the Editor for exceptions. Articles are subject to editing for space, clarity, and grammar. Information and opinions are those of the author, and may not reflect those of Hershey's Mill Community TV, its officers, or directors.



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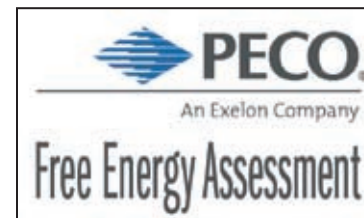
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Cover: Peggy with bee traps made by the HM Woodshop. Read about the project on page 32.



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From The Main Gate

Marc Fraser | Director of Security

Mid-Winter Warning

Please be VERY aware of "black ice". This almost-transparent form of ice can be treacherous for walkers and drivers, as it accumulates on outdoor surfaces, such as roadways and side-walks, and is extremely difficult to detect. During this time of year, the Security Department responds to a high number of emergencies that are the result of a person slipping and

falling on black ice. Storing Ice Melt or salt near your home's front door is an excellent idea. You don't want to use a slippery walkway to get the Ice Melt or salt stored in your garage.

Various villages use several different snow removal companies. Residents with concerns about the condition of the walkways or roadways within their village should contact their respective management company rather than Security. Security does not have the authority to request snow removal services within a village.

Also, for the safety of other drivers and pedestrians, please remember to clean all snow and ice from your vehicle before driving.

Resident Directory Additions and Changes

Ciunci, Michael & Jacqueline
(new #)

286 Devon Way

Clare, Marilyn

(new #)

306 Devon Lane

Kurmlavage, John

118 Chandler Drive

Potter, Stephen & Charlotte

1718 Yardley Drive

Test, Thomas

211 Chandler Drive

Watters, Edward & Susan
(new #)

1673 Yardley Drive

Master Association

Karl Grentz | President

"When will the elevator in the Community Center be ready?" "Where can I get a copy of the Master Association's meeting minutes?" "What will happen if..." These are the type of questions that should be addressed to the Master Association. However, most times they are discussed among ourselves sometimes leading to misinformation and rumors.

Recognizing that communication is key to success, the Hershey's Mill *Guide and Digest* is starting a new feature; "Ask the Master Association". You can now get answers to questions first hand, avoiding misquotes or inaccurate information. Please submit your questions to "Ask the Master Association" at hmcvtvguide@comcast.net and we will publish the answers.

Hershey's Mill *Guide and Digest* – here to make communication easier!

Programs	February 1-14 (7 p.m. show on February 14 will not be shown)			
Volunteering at Bryn Mawr Rehab Hospital <i>with Kathy Myers</i> Looking for an enjoyable way to help your community? Join the Bryn Mawr Rehab Hospital volunteers! Yvonne Navarro gives us a number of unique volunteer opportunities covering a range of patient assistance and administrative needs.	10:00 a.m.	4:00 p.m.	7:00 p.m.	12:00 a.m.
Goshen Fire Co. Volunteering <i>with Jim McArdle</i> Jim talks to Robert Sullivan and Philip Salas, who are Fire Police Officers at the local fire company, about volunteer opportunities. The fire company operates like a small business, so there are many ways to help, including plenty of support positions available throughout the administrative and operational divisions. Ends at 10:45 a.m., 4:45 p.m., 7:45 p.m., and 12:45 a.m.	10:30 a.m.	4:30 p.m.	7:30 p.m.	12:30 a.m.

For **Programs** and **Movies**, go to **Channel 1970** (Bulletin Board information appears only if neither is currently airing); for continuous **Bulletin Board** information, go to **Channel 1971**. To view Programs online, go to www.hersheysmill.org and navigate from TV & Digest to HMCTV to Original Programming.

Movies Noon & 8:30 p.m.	February 1 to February 7, noon Still of the Night (PG) <i>Roy Scheider and Meryl Streep</i> A Manhattan psychiatrist probes a patient's murder and falls for the victim's mistress. [Run time 1h 31m]
	February 7, 8:30 p.m. to February 14, noon Deeply (PG 13) <i>Kirsten Dunst and Lynn Redgrave</i> On a nearly deserted Canadian Island, a teenage girl traumatized by an accident, recuperates as an elderly woman tells her a tale of another young girl. [Run time 1h 40m]

HMCTV reserves the right to make program substitutions, and dates/times are subject to change. Opinions of hosts, guests, or advertisers shall not be construed as an endorsement by HMCTV. ©2020 HMCTV

Programs	February 15-28 (7 p.m. show on February 28 will not be shown)			
Spring "Grief Recovery Group" <i>with Bonalyn Mosteller</i> Natalia Volz, a trained grief counselor, shares her intimate experience with grief while helping us understand myths and truths about the grieving process.	10:00 a.m.	4:00 p.m.	7:00 p.m.	12:00 a.m.
Second Reading II Bookstore <i>with Sandy Wollenberg</i> Ann Marie Fletcher-Moore helps to run one of the best second-hand book stores in the area. She gives us insight into this little gem in West Chester that provides many categories of books and has great bargains. Ends at 10:45 a.m., 4:45 p.m., 7:45 p.m., and 12:45 a.m.	10:30 a.m.	4:30 p.m.	7:30 p.m.	12:30 a.m.

Call HMCTV at 610-436-5922 if you **aren't able to receive** our TV channels **1970** and **1971**.

Movies Noon & 8:30 p.m.	February 14, 8:30 p.m. to February 21, noon That Old Feeling (PG 13) <i>Bette Midler and Dennis Farina</i> A bride's divorced parents find their feelings for each other during the wedding, upsetting the newlywed's honeymoon. [Run time 1h 46m]
	February 21, 8:30 p.m. to February 28, noon Odd Couple II (PG 13) <i>Jack Lemmon and Walter Matthau</i> Oscar and Felix take a road trip to their son and daughter's wedding. [Run time 1h 37m]

24 hours/day channel 1971	Bulletin Board Times
12:45 a.m. - 10:00 a.m., 10:45 a.m. - Noon, 4:45 p.m. - 7:00 p.m., 7:45 p.m. - 8:30 p.m. on channel 1970	

Don Trauger | Kennett

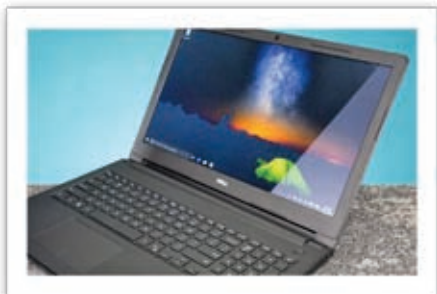
Buying a New Computer

The last time I wrote about buying a new computer was for the August 2016 *Guide and Digest*. Since then a number of changes have taken place. Desktop computers with a monitor are still viable and are often slightly less expensive than laptops with equal specifications. What can be confusing when shopping for a computer is the terminology and the technical specifications. Although space doesn't allow for a complete primer on the subject, I'll tell you what you need to know.

First, decide whether you want a laptop or a desktop. Laptops offer certain advantages over a desktop. You get portability with plenty of processing power. However there are disadvantages too. A somewhat smaller screen may strain your eyes over a period of time. A smaller keyboard makes for cramped typing. Glossy screens are great for sharpness and contrast but don't sit with a sunny window behind you. The glossy screen acts as a mirror reflecting the light from the window thus making the screen harder to see. Another item to consider is the touchpad. A touchpad allows you to mimic the mouse. Some people have trouble using the

touchpad and prefer to connect a real mouse to the laptop. That's fine if that's your preference.

My minimum hardware recommendations for both laptops and desktops require that they have 4 core processors. Four cores refer to 4 computer processors in one package. Names like i5 and i7 made by Intel are best. AMD, an Intel competitor, is also an excellent choice. AMD Ryzen 5 and Ryzen 7 processors are the best choices within the AMD brand. Computers with Intel i3 processors can serve for everyday computing single task needs such as Internet surfing, email, and word processing but are limited in processing power and don't offer much to offset higher demands now or in the future. An i5 processor can handle almost all demands put on the processor. An i7 processor is the fastest and most expensive processor and is aimed toward serious gamers and multitasking. When buying a new computer choose a computer whose processor has 4 cores and 8 threads. Threads provide additional performance to the 4 cores. Also the speed rating of the processor is important. The higher it is the faster your computer will run. A good choice would be a 3GHz or higher speed processor. Keep in mind that processors have a low idle speed that extends battery life when there are no programs running. An idle speed rating around 1.5GHz is normal. When a demand is executed the speed will increase to nearly the full rated speed. The higher the speed the faster the computer will run Apps (programs).



Here's how to find a processor that meets my recommendations. After making a choice on a new computer, note the model number of the computer. Your choice may come from an in-store or online visit. Don't buy on your first visit to a store. Google the computer model number online and look for the specifications. It's best to choose the specifications from the manufacturer's website. To keep up with technology, the right processor and a SSD drive (Solid State Drive-no moving parts) will add years to the usability of the computer.

My recommendation for an Internet, email, word processing, photo editing and light gaming computer would have a 3 GHz or higher speed 4 core 8 thread Intel i5 processor, 8 GB's or more of RAM, and a 256 GB or higher solid state drive such as a Dell 15 3000 model 3593. There are many other options available for computers that help personalize it for your needs and of course add to the cost. A DVD drive is now an option on some laptops but unavailable on most. What I've outlined here would be suitable for most HM residents. Other things to consider are the number of ports (USB & HDMI) for your needs.

WARNING: Store configurations for any model computer can vary from the manufacturer's website offering. The Dell 3593 is no exception!

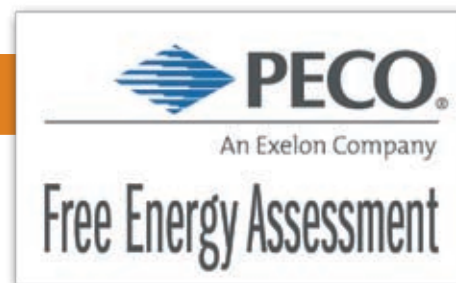
Both laptops and desktops feature the Windows 10 operating system. Shop for popular brands, such as HP, Dell, and others. I favor Dell because of good reliability, easy online ordering and less junkware installed compared to other brands. Before going to a store become familiar with a manufacturer's line of computers by visiting their web sites. HP can be found at www.hp.com, Dell is at www.dell.com. Avoid the low cost, \$300-\$400, computers or computers that have Celeron or Pentium processors. They can be annoyingly slow if speed is a priority for your needs. A higher priced computer also offers future proofing, which means the computer will operate at nearly the same speed in future years as it does now.

More help in purchasing a Windows 10 computer can be obtained by attending the PC Club meeting on the third Tuesday of each month at 7 p.m. in the Community Center. Our next meeting will be on February 18.

Technology Committee

Sherry Kane | Eaton

The Committee has arranged for a PECO In-Home Energy Assessment for all HM residents. PECO will offer **FREE** Standard Energy Assessments (\$150 value), which includes the installation of Energy Saving Products* (up to a \$125 value) for HM residents. Residents will also have an option to



upgrade to an Energy Assessment PLUS** for only \$49 (\$300 value).

A PECO representative for the In-Home Assessment program will

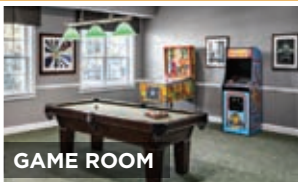
Continued on page 13

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Technology Committee (continued)

conduct eight HM Resident Presentations on four dates in February and another eight on four future dates to be determined. Each date will feature two identical 30 minute presentations followed by a question and answer dialogue. The presentations will start at 10:30 a.m. and 1 p.m. Any resident signed up for either presentation is welcome to a light lunch at noon, courtesy of PECO.

All appointments for an Energy Assessment must be made between 10:30 a.m. and 2 p.m. in the Community Center on the presentation dates. To speed up the scheduling process, please bring your PECO account number, and your calendar. To reserve seat at a presentation, sign up at the Community Center during the last week in January for a date and time from the following options: Th., Feb. 6, Sat.,

Feb. 15, Sat., Feb. 22, , and Th. Feb. 27. Snow date is Th., March 5, which will not be held unless required. Check the Community Center, after March 2, for additional information.

Included in the standard Energy Assessment is an in-person visit from a PECO energy advisor, who will show you where your home is wasting energy and letting warmed air out and cold air in. and a personalized report with energy-saving recommendations that could save you an average of 10%–20% on electric costs annually. At no additional cost and at their discretion, the PECO energy advisor will install energy-saving products such as LED light bulbs, shower heads, and smart power strips with TV auto turn off feature (up to \$125 value). Additional features include *Air Source Heat Pump Tune Up* for qualifying homes through a participating HVAC contractor. Higher heating and cooling equipment rebates for qualifying recommendations through a participating HVAC contractor. Additional rebates up to \$1,150 for energy saving upgrades.

You may also take advantage of PECO in-depth Energy Assessment PLUS* for \$49 (\$300 value). You get all the benefits of a standard Energy Assessment, as listed above PLUS, you will receive advanced diagnostic testing, blower door test, thermal imaging to help identify air leaks and heat loss. One Energy Assessment per residence, per year. This offer is subject to change, including termination, without prior notice.

* Limited supply per household and where applicable. Certain restrictions apply.

** Only customers who heat their homes with electricity are eligible for an Energy Assessment PLUS (\$300 value).



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Kate Lindsay | Brighton

April Wang | Brighton

The Hershey's Mill Community should be proud that we have talent people living among us. Recently I met one of my neighbors in Brighton Village, April Wang, and during our conversation she shows how much she loves this community. She is very happy she made the decision to live here. Like me, she first looked at Hershey's Mill as she planned for retirement. But on her way to living at Hershey's Mill, she chose another condominium community in Bryn Mawr. She soon realized she wanted to be part of this community and actively pursued buying a home which proved successful and she has been living here for about three years.

April Wang was born and grew up in Beijing, China where she worked as a Cartographer. Cartography is the art and science of map making. During her early career, the maps were drawn with pen and ink on paper. Her drawings in the *China Atlas*, are artistic representations and required skill to be precise in showing the reality of the environment. I am sure that many of you remember the beauty of maps as well as the wonder you experienced when looking at them to help you understand the world. She transitioned to the digital world of map making and most recently is developing maps as she continues to work at AquaAmerica from which she plans to retire in a few years.



In 1990, she and her daughter who was three and a half years old at the time came to Milwaukee, Wisconsin to be with her ex-husband during his education at the university. As was typical during a spouse's education, she worked many jobs to support the family. From Milwaukee, she moved east and worked in Arlington, Virginia and Frostburg, Maryland. She eventually moved to Southeastern Pennsylvania while she continues to work in Delaware.

She is very proud of her daughter, who seemed to incorporate her mother's sense of independence as

(At left) April's Garden



(Above) The Table Tennis team; and April is in the first row, second from the right.

well as her intellect. Her daughter has become a successful and innovative businesswoman.

April has become an active member of the Hershey's Mill community. She loves playing Table Tennis and values her team leader, Allan, and her teammates. The Table Tennis team plays weekly and she looks forward to these games. She also swims regularly. During the gardening season, she has land in our community garden. As she talks about the garden and her neighbors, you can see how she thoroughly enjoys this community activity. She describes working together to help all be successful and have good crops.

April is a Tai Chi devotee. Tai Chi is a form of exercise and defense. As an exercise, it uses flowing, rhythmic movements to enhance relaxation and conditioning of the body. She started to practice this exercise in China and continues her practice today. She has had a few teachers since leaving China and because she believes in this valuable form of exercise, she likes teaching Tai Chi as an exercise to members of the Hershey's Mill community. You can contact her if you are interested. Remember, you can start the practice indoors during cold months and then use our beautiful grounds for practice

outside in milder months of the year.

April is a talented, good-natured person and enjoys life here in Hershey's Mill. So, I hope you are as fortunate as I have been to get to know her.

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Pet of the Month

Kathy Schilling | Kennett

Jerry and Sandy Flatland have lived in Hershey's Mill for 15 years, first in Glenwood and now in Brighton. Dog lovers throughout their lives, they currently live happily with their mixed breed rescue dog Hannah.

Hannah, almost 13 years old, was rescued by the Flatlands about 11 years ago. She began her trek north in West Virginia, and then on to Delta, Pennsylvania. There was an animal lover there who put rescued animals onto the internet for adoption. That's where they saw Hannah, and off they went to retrieve a new family member.

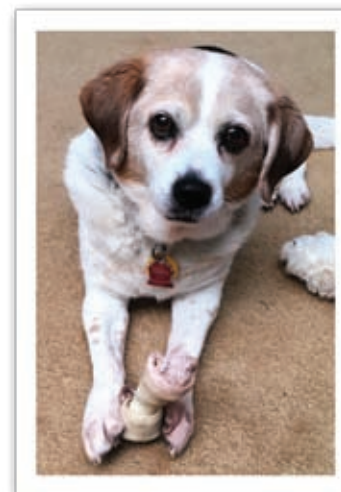
Right from the start, Hannah was a very lively little lady who played with her many toys, scooted around the house easily, and asked for a hug or a pat from any new arrival; at least that was true for me. Shy, she is not.

Hannah is a beagle with some Jack Russell terrier in the mix. We assume that her love of activity stems from her terrier heritage. From the beagle world, she does what beagles do: sniff, sniff, sniff, and chase. This makes walking her a challenge. It's a stop and go event. The stops can be abrupt and concentrated – beagles sniff deeply – and then there's the *BOLT* of sudden movement as a new aroma incites

near riot. Beagle owners have to keep a tight grip on both their leash and their shoulders! Additionally, it appears that Hannah has quite a vocabulary. She responds to words and phrases

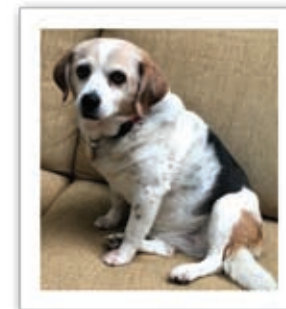
like "mail" and "get water". Sandy tells me that some dogs have been taught as many as 154 word commands.

The Flatlands couldn't imagine life without a dog, especially one so loving as Hannah.



(At left) Wanna play with me?

(Below) Hannah in charge!



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Contact: Priscilla Burt

Inspired by the world's exotic Mediterranean gardens, the 2020 Philadelphia Flower Show invites you to fall in love with gardening all over again. As you enter the Flower Show, groves of Citrus trees will lead the way providing a lush dramatic promenade to the sunshine-drenched landscape ahead. You will breathe in fragrant waves of lavender inspired by the terraced gardens of Monaco. You will experience drifts of purple and white spiked salvia, specimen succulents, and an intoxicating variety of scented geraniums, roses,

rosemary, and sage create a stunning mosaic that is at once picturesque and charming as you walk the esplanade of flowering arches. Become enraptured by the delightful dimension of show gardens and dramatic accents that rise in soft meadows of horticultural perfection. Explore the allure and extraordinary plant palette of some of the world's captivating coastal regions. The cost is for bus travel only. Tickets can be purchased on your own through the Philadelphia Flower Show website (<https://theflowershow.com/tickets/>); and you can also usually find discounted tickets at our many local grocery stores, such as Giant, Wegmans, and Whole Foods. They are often available through AAA as well.

Philadelphia Flyers

Saturday, March 7, 2020

Cost: \$20 + Admission

Departs: 4:45 p.m.

Contact: Marc Fraser

Enjoy NHL hockey at the Wells Fargo Center in Philadelphia, as the Philadelphia Flyers face off against the Buffalo Sabres at 7:00 p.m. Take advantage of riding on the Hershey's Mill Bus in order to avoid costly parking fees and the hassle of driving in Philadelphia traffic! The cost is for bus only; and tickets, currently ranging between \$40 and \$100 (depending on seating section), are to be purchased on your own. However, Marc Fraser can also easily assist you in purchasing tickets in your desired seating section and/or price range for this game. A minimum of 15 people must sign up for the trip to occur, so please call to sign up right away; in order to still allow time to purchase tickets for a reasonable amount. *Children age 8 and older are welcome on this trip!*

Shady Maple Smorgasbord

Saturday, March 21, 2020

Cost: \$40

Departs: 4:45 p.m.

Contact: Marc Fraser

Discover the experience of dining at Lancaster County's largest all-you-can-eat smorgasbord, featuring 200 feet of deliciously authentic Pennsylvania Dutch cooking. At Shady Maple, some of Lancaster County's finest cooks prepare all your favorite PA Dutch foods, as well as some exciting new dishes. A sampling of Saturday evening's offerings include: Carved Smoked Beef Brisket, Salmon, Cajun Catfish, Fried Shrimp, Crab Cakes, NY Strip Steak, and a wide array of salad, soups, breads, cheeses, desserts, non-alcoholic drinks, and items featured on their grills. You've never experienced dining quite like this! Price includes all taxes and gratuity.

NOTES:

1. Prior to making payment, you must first call the contact to ensure that there is still room on the bus.
2. All bus riders must be age 18 or older unless otherwise noted in the trip write-up.
3. Trip payment checks should be made payable to "HERSHEY'S MILL HOA", sealed in an envelope (noting trip name and date), and placed in the maroon "Customer Service" mailbox next to the Security Center in the exit lane at the Main Gate.
4. Refunds are only granted if (1) the trip is canceled, or (2) the trip has a wait list from which another passenger can fill the vacated spot.
5. Bus leaves promptly as scheduled, so plan to arrive 10 minutes early.
6. The HM Bus Committee is always looking for more volunteers to share

ideas and plan trips! If interested, call Marc Fraser at 610-431-4006.

**** HM residents may rent the bus for their own private trips or functions. For more information, contact Marc Fraser at 610-431-4006 ****

SERIES TRIPS

2019-2020 Walnut Street Theatre

Thursday shows are wait list only!

Thursday & Saturday Matinees

Cost: \$50 per show

Departs: 12:30 p.m.

Contacts: Jayne Lytle (Thursdays) at and Joan Stanek (Saturdays) at

This season's remaining shows are:

Thursday 3/26/20 & Saturday 4/4/20

- "The Best Man"

Thursday 5/28/20 & Saturday 6/6/20

- "The Bodyguard, The Musical"

2019-2020 Philadelphia Orchestra

Friday Matinee Series

Cost: \$18 (Single Date, Bus Only)

+ Performance Admission; you can reserve a bus seat for all remaining dates if you prefer

Departs: 12 p.m.

Contact: Ann Seraphin


Join us for the remainder of this exciting season with our wonderful orchestra. Program summaries and dates are: **Friday, March 6, 2020:** "Porgy & Bess" – Marin Alsop conducts Gershwin, with Angel Blue (Soprano) and Lester Lynch (Baritone).

Friday, May 1, 2020: "Tchaikovsky & Shostakovich" – Tugan Sokhiev conducts Firsova, Tchaikovsky, and Shostakovich, with Lukas Geniusas on piano.

Friday, May 29, 2020: "Yuja Wang & The Brahms Piano Concertos" – Yannick Nezet-Seguin conducts Brahms & Sibelius, with Yuja Wang on piano.

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Core de Roma

Rosie Taylor | Princeton

Core de Roma Trattoria, is an Italian restaurant offering authentic Roman cuisine while upholding the best of Roman tradition. The food is mouth-watering, home-made and abundant. The décor, featuring original paintings by Angelo, the father of restaurant owner Luigi, makes the atmosphere cozy and welcoming. The service is friendly and efficient, the prices affordable and it's a BYOB. The Diner's Choice List, which recognizes outstanding restaurants based on feedback from thousands of diners, listed Core de Roma in 2019. This is a West Chester gem!

On one of our many visits, my husband ordered the Calamari appetizer



and I ordered Artichokes alla Core de Roma, one of their signature dishes. If you like artichokes, you'll beg for the recipe. If artichokes aren't a favorite try one of their other signature dishes like Saltimbocca, and Bucatini alla Matriciana. The meat and fish entrees are served with potatoes and vegetables and can be substituted with a side of spaghetti, linguine, penne or rigatoni in Pomodoro, aglio and olio. If you don't see what you want, just ask. If the ingredients are in the house, Chef Gigi will prepare it for you.

The prices are moderate - pasta dishes range from \$14 to \$21, chicken dishes \$20-\$26, and veal and beef from \$24 to \$31. Gluten free dishes are available and Chef Gigi will accommodate those with allergies - just ask. Like to save money? Join Core de Roma's members' group (corederoma.org) and receive a discount whenever you dine.

Open for lunch and dinner Tuesday through Sunday. Located at 327 East Gay Street in West Chester, with ample free parking available. For reservations call 610-701-7475.

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Louise O'Brien | Springton

Hello Chef, Green Chef, Freshly, Sun Basket, Home Chef. Any of these sound familiar? They are five of the top rated meal delivery services gaining popularity among those who like to "Dine In" and make their meals as opposed to pre-cooked meals and prepared foods. Meal delivery service isn't a new concept. This type of food service dates back to 1952 with Omaha Steaks.

Among the top-rated companies, I selected *Home Chef* and was delighted. That's saying a lot for a person who loves to cook and, humility aside, is considered a very good cook. By e-mail, *Home Chef* sends you a listing of 12 meals to choose from. Some require anywhere from 30 to 15 minutes to prepare, two meals are oven

ready and two entrée size salads. Pricing varies according to meals chosen. I did find the pricing a little complicated so you will need to take some time to see what fits your needs. Their plans are best suited for two or more people. Not very practical for just one person.

The food comes well packed and on time. The variety of meals to choose from will satisfy most people. The food is good quality and the portion sizes are reasonable. As for preparation, the instructions are very clear and come with pictures to simplify the prep. Everything you need is in the package, eliminating going to the grocery store. A great alternative two or three times per week.

If you like to cook, enjoy good food and are looking for an alternative to Grocery Store shopping, give *Home Chef* a try. Bon appetito!

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Joeseeph S. Kennedy | Princeton

Claude Rains

During the same period when he was starring opposite such movie queens as Bette Davis, Vivien Leigh and Ingrid Bergman, versatile actor Claude Rains was a resident in this region trying to perfect his role as a farmer.

"Hollywood to me is a pace to work Home is Chester County." Rains said in a 1950 interview with Philadelphia Inquirer Magazine.

Rains was born in London into a theatrical family in 1889. At age 11 his father gave his permission to young Rains to give up his formal education to take a part in a London stage production. Except for a four year period during World War I he worked on the English stage until about 1926.

In 1915, Rains joined a Scottish regiment, saw action in France, was gassed at Vinny Ridge and rose to the rank of Captain.

After the war, he married the first of six wives and in the mid 1920's sailed to America to try his luck on the New York stage. Rains worked regularly in New York and in summer stock until 1933, during the Depression. He was unable to get parts that year, and at age 44 felt his career in the theater was over. He used his savings to buy a small farm near Lambertville, NJ. But, he found he had little time for farming after his agent landed him the lead in a film, *The Invisible Man*, launching his career in the movies.

When his farm building in Lambertville was struck by lightning and burned to the ground, he bought a farm near Glen Mills, Delaware County, in 1935. That same year he married his fourth wife, Frances Prop-



per of New York City. The marriage produced Rains only child, Jennifer. In 1938, Rains became a US citizen.

Rains bought his third farm, a 320 acre estate in West Bradford Township Chester County, in 1941. He and his family would live there until about 1956. It was during this time that he was involved in many popular films

for which he earned critical acclaim and Oscar nominations for supporting actor. These movies were *Mr. Smith Goes to Washington*, *Casablanca*, *Mr. Skeffington* and *Notorious*. He never won an Academy Award.

On the screen he projected a dominant image, but in fact he stood 5 foot 6 and when he appeared in public was self-conscious about his height.

While he lived in Chester County, he was noted for giving dramatic readings for fund raising events in support of patriotic and charitable causes. In 1956, Rains and his wife Frances were divorced. And in 1958 he sold his farm and moved into a large home on Church Street in West Chester. By this time he was working more in radio and television than in films. An article in the West Chester Citizen said Rains lived quietly at his home.

In 1959, Rains married for the fifth time to Aagi Jambor, a Bryn Mawr College professor, in a civil ceremony in West Goshen Township. The marriage ended in divorce nine months later. In 1960 he married Rosemary Clark, a writer and artist, also from West Chester. She died in 1965.

At the beginning of the 1960s, Rains was all but retired. But director David Lean brought him back to the movies for his last film, *Lawrence of Arabia*. In this film he played a British diplomat in a supporting role.

Rains sold his home in West Chester about 1963 and moved to Bucks County. He appeared on the stage of the Bucks County Playhouse, but illness cut short his appearances.

His last move was to Laconia NH. There Rains, the star of more than 50 films, died in 1967 at the age of 77.

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Let's keep our Clean Water out of the Sewer

Are you aware where all the water in Hershey's Mill goes? You probably know that rainwater from our roofs, roads and driveways run into the storm water drains and end up in the many water retention areas, ponds and streams of Hershey's Mill. Of course, water from our kitchens and bathrooms ends up in the sanitary sewer system and is treated by the Greenhill Sewer Plant before being sprayed onto the golf course and other fields. There is one source of water, however, which is more hidden, but is equally important, and that is the condensate water from your HVAC system or other dehumidifiers in your home.

Where does the condensate water from your air conditioner go? The answer may be more important than you think. First, East Goshen Township regulations require that all sump pumps and condensate pumps not discharge into sanitary sewer systems. That is, they must drain outside. If this is not the case for your house, you may be required to make this change during a township inspection. Equally important as meeting Township Regulations is the realization that condensate water going into our sanitary sewer may adversely affect our ability to properly treat and dispose of our waste water. We have 1700 units at Hershey's Mill. In the

Philadelphia area, we experience over 90 days a year when air conditioners and dehumidifiers are working hard to keep us comfortable. And as you may realize, it seems that our summers are getting longer and hotter! As a result, if all of our homes are discharging the condensate improperly, up to 2 million gallons of clean water would enter the sanitary sewer and our treatment plant each year. During those warmer months this represents 10% of our sanitary waste flow. When we experience rainy years, like the past 2, our plant is close to capacity!

What can you do? Ask the technician who services your heater/air conditioner to inspect the discharge lines and determine where the condensate goes. If it does not go to the exterior of your house, you should ask for a cost estimate to change it so that it does drain to the exterior. You will then be aware of possible future expenses to correct this situation. If you have a new HVAC installed, be sure your contractor correctly drains the condensate to the exterior of your home. If not, a township inspection of the work may reveal you will have to make the change. Of course, when you go to sell your home, again, a Township Inspection may indicate this non-compliance and you will be required to correct it.

The bottom line is that East Goshen Township Regulations forbid discharges to the sanitary sewer system from AC condensate, humidifiers, dehumidifiers and sump pumps. Our own Greenhill Sewer Plant is adversely affected when this water flows into the sanitary sewer. The Greenhill Sewer Association of Directors is hoping to educate all residents about this issue and to encourage compliance with the township regulation.

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday					
Color Legend		Cove		Paoli Room		Activities Calendar February 2020											
Ardmore Room		H - CC Main Hall		Sullivan House												Feb 1	
Billards Room		Malvern Room		Warming Room												9:30am Dirty Marbles	
												2:00pm Table Tennis-Open					
2		3		4		5		6		7		8					
2:00pm Table Tennis-Open		12:00pm Mah Jongg - Mackleer 12:30pm HM Duplicate Bridge 12:30pm Mah Jongg-Mackleer 1:00pm Bridge-Groff 3:30pm Mah Jongg-Santoro 5:15pm Exercise to DVDs		12:30pm Canasta-Dooling 1:00pm Canasta-Carrone 1:00pm Pinochle-Men 1:00pm Pinochle-Women 1:00pm Hand & Foot 1:00pm Mah Jongg-Corso 1:30pm Mah Jongg-Poling		7:30am Men's Bible Study 9:00am Art Group 9:30am Dirty Marbles 12:30pm Bridge-Social Club 12:30pm Mah Jongg - Henderson 1:00pm Mah Jongg-Groff 1:00pm Dominoes-DiCroce		10:00am Technology Committee 10:00am Caregiver Support Group 10:00am Yoga 1:00pm Knitting Circle 2:00pm Table Tennis-Open 6:30pm Poker 7:00pm Casual Singing Group		10:00am Quilters 10:00am Comm. Bible Study 1:00pm Mah Jongg-Ullman 1:00pm Scrabble 1:00pm Pocket Billiards 1:30pm Hand & Foot 2		9:30am Dirty Marbles 2:00pm Table Tennis-Open					
9		10		11		12		13		14		15					
2:00pm Table Tennis-Open		9:00am Chester County Hosp. Aux. 12:00pm Mah Jongg - Mackleer 12:30pm HM Duplicate Bridge 12:30pm Mah Jongg-Mackleer 1:00pm Bridge-Groff 2:00pm Photography Club 3:30pm Mah Jongg-Santoro 5:15pm Exercise to DVDs		10:30am Brooklands Audiology 12:30pm Canasta-Dooling 1:00pm Canasta-Carrone 1:00pm Pinochle-Men 1:00pm Pinochle-Women 1:00pm Hand & Foot 1:00pm Mah Jongg-Corso 1:30pm Mah Jongg-Poling 7:00pm Great Books Club		7:30am Men's Bible Study 9:00am Art Group 9:30am Dirty Marbles 10:00am Questers 12:30pm Mah Jongg - Henderson 1:00pm Mah Jongg-Groff 1:00pm Dominoes-DiCroce		10:00am Yoga 11:30am Mermaid Book Club 1:00pm Knitting Circle 2:00pm Book Discussion Group 2:00pm Table Tennis-Open 6:30pm Poker		10:00am Quilters 10:00am Comm. Bible Study 1:00pm Mah Jongg-Ullman 1:00pm Scrabble 1:00pm Pocket Billiards 1:30pm Hand & Foot 2		9:30am Dirty Marbles 10:00am Technology Committee 10:00am Technology Committee 2:00pm Table Tennis-Open					
16		17		18		19		20		21		22					
2:00pm Table Tennis-Open 2:00pm Kennett Party		12:00pm Mah Jongg - Mackleer 12:30pm HM Duplicate Bridge 12:30pm Mah Jongg-Mackleer 1:00pm Bridge-Groff 3:30pm Mah Jongg-Santoro 5:15pm Exercise to DVDs 7:00pm Monday Movie Night		10:30am Brooklands Audiology 12:30pm Canasta-Dooling 1:00pm Canasta-Carrone 1:00pm Pinochle-Men 1:00pm Pinochle-Women 1:00pm Hand & Foot 1:00pm Mah Jongg-Corso 1:30pm Mah Jongg-Poling 2:00pm Spirit of Democracy Club 6:30pm Boomers Book Group 7:00pm PC Computer Club		7:30am Men's Bible Study 9:00am Art Group 9:30am Dirty Marbles 12:00pm Social Club Bridge 12:30pm Mah Jongg - Henderson 1:00pm Mah Jongg-Groff 1:00pm Dominoes-DiCroce		8:30am IGC Jewelers 10:00am Yoga 1:00pm Knitting Circle 2:00pm Table Tennis-Open 6:30pm Poker		10:00am Quilters 10:00am Comm. Bible Study 1:00pm Mah Jongg-Ullman 1:00pm Scrabble 1:00pm Pocket Billiards 1:30pm Hand & Foot 2		9:30am Dirty Marbles 10:00am Technology Committee 10:00am MacGroup Club 2:00pm Table Tennis-Open					
23		24		25		26		27		28		29					
2:00pm Table Tennis-Open 2:00pm National Affairs Forum		12:00pm Mah Jongg - Mackleer 12:30pm HM Duplicate Bridge 12:30pm Mah Jongg-Mackleer 1:00pm Bridge-Groff 3:30pm Mah Jongg-Santoro 5:15pm Exercise to DVDs		12:30pm Canasta-Dooling 1:00pm Canasta-Carrone 1:00pm Pinochle-Men 1:00pm Pinochle-Women 1:00pm Hand & Foot 1:00pm Mah Jongg-Corso 1:30pm Mah Jongg-Poling 7:00pm Great Books Club		7:30am Men's Bible Study 9:00am Art Group 9:30am Dirty Marbles 12:30pm Mah Jongg - Henderson 1:00pm Mah Jongg-Groff 1:00pm Dominoes-DiCroce		10:00am Technology Committee 10:00am Yoga 1:00pm Knitting Circle 2:00pm Table Tennis-Open 6:30pm Poker		10:00am Quilters 10:00am Comm. Bible Study 1:00pm Mah Jongg-Ullman 1:00pm Scrabble 1:00pm Pocket Billiards 1:30pm Hand & Foot 2 3:00pm Bingo		9:30am Dirty Marbles 2:00pm Table Tennis-Open					

Peggy Stowers | Quaker

During the spring and summer months, wood-boring bees proliferate throughout Hershey's Mill. Nesting is the goal of the bees' industrious boring activities. Unfortunately, their natural nesting instinct often results in significant damage to the soffits, fascia and wood trim of our homes. Making matters worse, hungry woodpeckers cause further damage by drilling into the bees' nests in search of food. These bees are also fairly aggressive during their season and "dive-bomb" people who come near them.

Recognizing that wood-boring bees will cause recurrent seasonal problems, Karl Grentz, President of Glenwood Village (currently President of the Hershey's Mill (HM) Master Association Board of Directors) and Dave Nagurney, member of the HM Woodshop Leadership Committee decided to investigate possible solutions. Ultimately, they tested two styles of bee-specific traps in Glenwood and had great success in decreasing both the wood-boring bee population and the damage they cause.

Based on their success, Karl asked Dave if the HM Woodshop would be willing to undertake the project of building a quantity of bee traps for use in Glenwood Village.

After some research, the Woodshop Leadership Committee agreed to the request and set about constructing a prototype similar to the traps already successfully tested in Glenwood.

Tim Cordes, a member of the Woodshop's Leadership Committee coordinated the proj-



ect and built the master prototype. From there, Arnold Auger, Woodshop founding member and Master Carpenter, constructed a "jig" from which the main bee trap body would be cut and reproduced repetitively, maintaining the same accuracy with every compound-angle cut.

Next came production. Joe Ritter, Woodshop volunteer member, went to work on fabrication. Using Arnold's jig and the Woodshop's exceptional collection of tools, Joe cut, drilled, and assembled 50 bee traps. The traps' compact size and simple design belie the complexity of Joe's work! Peggy McCall,



another Woodshop volunteer member, then applied a wood preservative finish to each trap. Finally, a removable Mason jar was attached to the bottom of each trap to serve as a reservoir for the bees that enter the trap.

The last step will take place in spring 2020 when Woodshop volunteers hang the traps in optimal locations throughout Glenwood Village.



Everyone involved in the project is confident that the traps will do their intended job of controlling wood-boring bees. It is the hope of the Woodshop that other villages will follow Glenwood's lead and take action to prevent the annual damage caused by these bees. Bee traps can be ordered from the Woodshop – individually or collectively as with Glenwood at the installed price of \$15, which is about half the cost to purchase a trap commercially. Bee traps can be ordered from the Woodshop – individually or collectively (as with Glenwood) – at \$15.00 (installation available), which is about half the cost to purchase a trap commercially.

This project is just one example of the mutual benefit that can be realized when HM residents and Woodshop collaborate. Glenwood Village is now on-track to minimize wood damage in 2020 and beyond at a very reasonable cost and no more dive-bombing! At the Woodshop, volunteer members had an opportunity to put their woodworking skills into practice, while providing a service to their neighbors. The modest cost of their efforts goes towards supporting the operation of the Woodshop, one of Hershey's Mill's premiere amenities.



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FREE Introductory Class on **March 9** from 7-9 p.m. See article about this group and class in the “Mining for Gold in Your Golden Years” section of this *Guide and Digest*.

CHESTER COUNTY AUXILIARY OF HERSHEY'S MILL

3rd ANNUAL “JAZZ BRUNCH”
Hershey's Mill Golf Club
Sunday, March 1, 11:30 a.m.
Cost is \$40 per person

Come and enjoy BRUNCH, MUSIC and DANCING featuring the Black-bird Society Orchestra. Please feel free to invite friends – *the more the merrier!* Proceeds benefit the Heart and Vascular Program at Chester County Hospital. Make checks payable to HM Auxiliary to CCHF. Mail to Sandra Harrelson at 635 Glenwood Lane, West Chester, PA 19380 or checks/ money can be left in a container at her front door. *The cutoff date is Wednesday, February 26.* Questions? Please call Jane Hamilton at _____, or Maryrose Wineburg at _____.

COMMUNITY GARDENS

Ed Sweeney | Yardley

In the January *Guide and Digest*, Bill Reynolds shared some great garden tips. This month, he focuses on vegetable compatibility. Most leafy vegetables like lettuce, kale, and arugula grow well when planted in proximity to one another. The same goes for members of the cabbage family. Mixing vining plants like melons, squash, and cucumbers should be avoided given space needs and insect concentration.

Planting green/sugar peas in early spring for a late spring/early summer

crop and planting bush/pole beans thereafter can yield a long season of sweet, crisp legumes. Use soil inoculant to ensure quick germination, growth and production. Starting seedlings under lights is another way to get a head start on growth.

Happy Gardening!

PAOLI HOSPITAL AUXILIARY OF HERSHEY'S MILL

Meeting on Thursday, March 12, at 9:30 a.m.

We invite you to attend our monthly meeting in the HM Community Center. Our guest speaker will be Jill Laufenberg, Executive Director of Wings for Success. As you know, Wings for Success has provided women in the surrounding community with apparel, advice and advocacy since 1997. Jill's topic for this morning is “The Juggle Struggle or How to Find Balance in the Demands of Work, Home, Self-Care and Giving Back to the Community”

Also, save the date of **May 7, 2020** for the Showcase of Homes and look for additional information in the March *Guide and Digest*. And if you would like more information about the HM Auxiliary, contact Betsy Carlin at _____.

THE PALM TREE

Paoli Hospital Auxiliary

Shoppers...start thinking about a new outfit!

Consignors...start cleaning out your closets!

Whispers through “The Mill”.

The Paoli Hospital Auxiliary consignment boutique will be reopening this spring in a shopping center near you!

Keep watching for more news!

MONDAY NIGHT AT THE MOVIES

Lynne Urian | Merrifield

We're digging deep into the Hollywood film vaults for our February film selection, so please join us at 7 p.m. on **February 17** when we present the Preston Sturges' classic, *Sullivan's Travels* (1941, G). Joel McCrea stars as John L. Sullivan, a successful Hollywood film director well known for his lighthearted comedies. Tired of that genre, he decides his next film will provide social relevance and focus on the difficulties of being poor. Donning ragged clothes, he hops a freight train, anxious to experience poverty first hand. During his travels, he meets the lovely Veronica Lake, who is a struggling actress genuinely down on her luck. Although the film is genuinely funny, Sturges does deliver some really thought-provoking social commentary about the hardships of living in poverty that are as relevant now as they were when he made the film. Come travel a bit with Sullivan – it'll make you think as well as give you some laughs.

Monday Night at the Movies is a great way to have an enjoyable evening out. For additional information call Lynne at _____ or email her at _____.

IGC JEWELERS

Thursday, **February 20**, IGC Concierge Jewelers will be at the Community Center from 8 a.m. to 4 p.m., providing a wide range of jewelry services. IGC will purchase gold, silver and platinum jewelry, gemstones, sterling silver flatware and sterling silver accessory pieces, fine timepieces as well as coins. They expertly repair your fine jewelry and fine timepieces. Hershey's Mill residents receive an additional 20 - 25% discount on all

repairs. Please mention this ad. Free jewelry cleaning and inspection while you wait. For additional information, please call 610-876-6611. Complimentary coffee and doughnuts will be served.

HOLD THAT FLUSH!

Eileen Hotte | Quaker

You may have seen some activity across the street from the Club House this fall and wondered what was happening. One of our “pools” was getting a facelift!

No, this is not the swimming pool at The Cove, but one of the three pools or “cells” that are part of the Greenhill Sewer Plant. Constructed during the early days of Hershey's Mill, this facility plays an important role in treating our wastewater, which is eventually sprayed on the Hershey's Mill Golf Club or adjacent fields.

Every time you run your washing machine or flush your toilet, you contribute to the over 80 million gallons of wastewater that flows through this facility each year. The Greenhill Sewer Plant handles sewage from all the houses in Hershey's Mill, along with Wellington and the businesses in the Giant Shopping Center. Once solid material is removed, the wastewater is allowed to pass from one pool or cell to two others, all the while being aerated. This allows bacteria to break down the waste over time. You may be as surprised as me to learn that each cell is 15 feet deep!

Our waste treatment facility has been operating for 37 years. It plays an integral role in safely and responsibly treating and releasing our wastewater to the environment. With the good maintenance that is routinely performed, we hope it continues for another 37 years!

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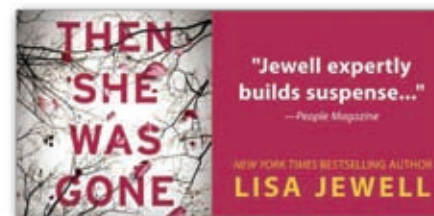
Hershey's Mill Library

"If a book is well written, I always find it too short." – Jane Austen

This year we begin with some changes to our Library Board. Kay Petz is now our treasurer, and Becky Bell is our member-at-large representative. We welcome Shelia Santoro as our new technical service representative and Boyd Mackleer as our Master Association Liaison.

Consider our library as your home away from home. When traveling for some warmth or relaxation, please remember that we have many audio books which you are free to borrow for the length of your trip.

Next time you visit the library, please ask a volunteer about how you can become a Friend of the Library with a minimal annual contribution.



Mon. to Fri. 10 a.m. – 2 p.m.
Saturday 10 a.m. – Noon

HM Library contact:
Angela Linden 610-696-5374

www.hmlibrary.com

Book Review

Then She Was Gone by Lisa Jewell

Jewell's latest novel is about a fifteen year old girl, Ellie, who has a wonderful life ahead of her and then mysteriously disappears. Ten years pass since Ellie's disappearance and her mother, Laurel, still hopes to find her daughter. Floyd, a charming man, enters her life and she is swept off her feet. Floyd's daughter, Poppy, reminds Laurel of Ellie at that age and all of Laurel's unanswered questions return. Who has secrets to hide? Where did Ellie go? What happened to her?

Lisa Jewell is the bestselling author of 18 novels including *The Girls in the Garden* and *Found You*.

Classifieds

Ad deadline is the 23rd, and ads run two months at no cost (due to lead time, an ad received on January 23 would start in the March edition, etc.). Please limit description to 30 words per item, and include pricing and contact information. Ads are subject to review/editing. Send submission to hmctvguide@comcast.net, attention editor, or place printed/typed copy in the HMCTV mailbox outside the building. You must be a HM resident to advertise.

FOR SALE 2 new White Wooden Plantation Shutters from Blinds.com. Size: 24 1/4" wide x 53" tall. Shutter blades are 3.5" deep. New in the box with hardware, instructions. \$150.00 each or both for \$250.00. Call

FOR SALE Collector's items, sheet music 1950's, *Look* magazines 1962-1970, *Life* magazines 1960's, excellent condition. Priced to sell. Also wool 6' by 9' oval brown braided rug, almost new, \$200. Call

Continued on page 39



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Classifieds (continued)

FOR SALE Brandywine Model - **Honeycomb/Cellular Shades**, 1 pair that fit French doors; 2 sets of 3 to fit master and guest bedroom windows. Call for specific measurements and pricing.

WANTED, to rent **garage** for antique 1957 Chevy BelAir. Clean car, no leaks, in & out minimal. Please contact. Mark at or call at .

NEEDED Volunteers to meet, greet and assist people giving blood at local Blood Drive locations. Locations include: West Chester, Phoenixville and Coatesville. Dates and times vary depending on the drive. For additional information contact Ann Borysowski at 215-384-7191 or e-mail her at ann.borysowski@redcross.org.

FREE Our Heritage 38 foot **sailboat** is looking for a cabin update and a new home, but it's afloat and the engine runs. The sails are included but no trailer. The boat is at the dock on the Sassafras River in Galena, Maryland.

FREE HP Ink Cartridges 901 Black and 901 Tricolor My HP OfficeJet died and I had just purchased ink cartridges. I have three (3) of each and they are brand new. Please call if interested.



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Featured Club

HERSHEY'S MILL SINGERS

Dolores Manion | Troon

The Singers wrapped up our winter session with two wonderful Holiday Concerts held at the Church of St. Peter and Paul in December. These concerts culminated a season that provided opportunities to show off our talent and provide joy to the surrounding community. Our Director, Ruthann Waldie of Chatham Village was able to assemble an orchestra of 12 very talented musicians to enhance the wonderful piano playing of Sharon Kope of Robynwood Village, who accompanies us through all our rehearsals. The sound produced by these musicians certainly lifted our voices, if not to the level of the Mormon Tabernacle Choir, at least close!

The Singers preformed also in Immaculata's Great Hall for their Lifelong Learning Program luncheon as well as concerts at Arbor Square, and our neighbor, Wellington. These events were in addition to our traditional participation in

the Tree Lighting at the Community Center in December. After the Tree lighting, we entertained the guests accompanied by the talented Abby Walton, 16-year-old granddaughter pianist of Maria and Gordon Walton of Eaton Village. Hershey's Mill residents nibbled on the delicious food provided by the Paoli Hospital Auxiliary, with our thanks to Gerry Walsh of Troon Village and Betsy Carlin of Princeton Village.

Because the Hershey's Mill Players will be presenting their show this spring, the Singers will be back again next Christmas. The rehearsals start



in September and we welcome new members. Please think about bringing your talents to our group and receiving great pleasure in making music with us!

BOOK CLUB

Carol Barkovsky | Eaton

February 13 at 2 p.m. in the Sullivan House, Carol Barkovsky will be facilitating the discussion of *Educated* by Tara Westover. Born to survivalist parents in the mountains of Idaho, Tara was 17 the first time she set foot in a classroom. Her family was so isolated from mainstream society that there was no one to ensure the children received an education and no one to intervene when one of Tara's older brothers became violent. When another brother got himself into college, Tara decided to try a new kind of life. Her quest for knowledge transformed her, taking her over oceans and across continents, to Harvard and to Cambridge University. Only then would she wonder if she'd traveled

(At left, top) George Waldie as Olaf singing "In Summer" from *Frozen*

(At left, bottom) Hershey's Mill Singers conducted by Ruthann Waldie, Director

(Below) The Hershey's Misses: Louise DeNight, Linda Browning, Dolores Manion, Annette Coleman, Sue DiCarlo, Peg Wolcken and Sue Carey

too far, if there was still a way home March's book is *Where the Crawdads Sing* by Delia Owens.

HERSHEY'S MILL CAREGIVER SUPPORT GROUP

Sue Staas | Kennett

Please come to our monthly meeting to receive practical solutions for the problems that occur when caring for a chronically ill or disabled loved one. We meet on the **first Thursday** of each month in the Paoli Room from 10 a.m. to 12 noon. Our next meeting is February 6. For more information call Aimee Gustitis at 610-724-8950, or aimeegustitis@out.look.com.

SPIRIT OF DEMOCRACY

This club that typically met on the third Tuesday of the month from 2-4 p.m. in the Sullivan House **is on hold**. Christi Marshall had to resign as the convener but is seeking someone to continue the valuable work of facilitating learning in a respectful forum.

TABLE TENNIS

Allan Shaffer | Yardley

The Mill is fortunate to have access to table tennis in two ways. If you want to participate with organized teams, you can participate in organized play which occurs on Thursdays, Saturdays and Sundays from 2-4 p.m. in the Malvern and Ardmore rooms at the Com-

munity Center. You can also play during open times on Thursdays (except the first one of the month), Fridays, Saturdays, and Sundays. For open play time, you must bring a partner.

Continued on page 45



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Club News (continued)

HM PHOTOGRAPHY CLUB

Carol Poling | Oakmont

We are continuing to meet the **second Monday** of each month through June. We surveyed our members and are exploring ways to implement the feedback. We welcome new people to enhance our discussions and activities.

MAHJONG – “TILES AND TRIBULATIONS”

Gail Habbersett | Eaton

Mahjong (also Mah Jongg, Maajh), a simple tile game originating in China, is very popular in Hershey's Mill as evidenced by the fact that no fewer than six groups have scheduled play each week. So when my non-resident friend extended an invitation to teach me and a few other gals how to play American Mahjong, we thought sure, why not?

We were taught to shuffle, build our wall, and then rack our tiles following East's lead. At this juncture, all of us strategized how to make a winning mahjong hand based on the 13 tiles in our possession compared to the 53 possible combinations of them represented on our score card. There's hope that during the Charleston, we can improve our hand. In the absence of music, we followed the basic steps of R-O-L-L-O-R. After the 'dance', I recognize that I have no pairs, no jok-

ers and my Bams, Craks, Dots, Winds, Dragons, Flowers and Soaps, no matter how I arrange them on my rack, they do not resemble none of the winning combinations.

But, hopeful that the fun is coming, I continue. Braced now for the beginning of play, I watch as opponents accept or reject discarded tiles or draw from the wall. One must always take the top tile from the wall if the next tile in the stack is two tiles high, otherwise, she takes the bottom tile. Players, in turn, call out their discard. For example, the group might hear “3 Dots” or “6 Craks”. As I reflect on my early impressions of this game, I must admit that “1 Bam bird” speaks volumes, if only to me, when I discard it.

It's all Chinese to me – but I can see the fun in it.

HM KNITTING CIRCLE

Ruth Schick | Brighton

We meet **every Thursday** in the Community Center Main Hall and provide a valuable service to many in the community by channeling knitting and crocheting projects that help others. The Knitting Circle is a neat little group and the Greenhill Wailers entertained us during our annual Christmas party.

(At left) The Greenhill Wailers (Jim McArdle, Paul Day, and Tom Fant) were invited to the HM Knitting Circle's Christmas Luncheon to sing their original song “A Hershey's Mill Christmas” and to join us for some standard Yuletide singing. Photo by HM Knitting Circle member Liz Day.





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Mining for Gold in Your Golden Years

Bonalyn Mosteller | Inverness

Spring HM Grief Recovery Group

Our second Group begins March 22. Here are a few moving quotes from previous HM graduates:

The course is a "unique opportunity that opens hope for a brighter tomorrow, especially if you feel stuck in your grieving process."

– Jane Bevan, Kennett

The course "is remarkable. I have not previously come across anything so deeply helpful."

– Lee Dastur, Quaker

"I highly recommend Natalia the course instructor if you are looking for getting "unstuck" from grieving over any major loss. Due to the course, there was a shift in my thinking."

– Linda Wiley, Lincoln

The course can bring you hope and relief from pain if you answer "yes" to any of the following questions: Have you experienced a devastating loss (divorce, death of a child/spouse/parent/best friend/pet)? Are you estranged from a child or sibling? Are you suffering even though it has been what seems like a long time since your loss? Would you like to reclaim your

life, but don't know how, let alone know that it's possible?

The HM Grief Recovery Group is six sessions on the following dates: Sunday, March 22, from 2-5 p.m., and 7-9 p.m. on the following five Monday evenings: March 30; April 6, 13, 20, 27. The fee is \$160 for all six sessions. Feel free to ask for financial help if needed. **Registration deadline for the course is March 15.**

FREE introductory class: Natalia Volz is offering a free introductory class on March 9, 7-9 p.m. Natalia will answer all your questions about the course. **Registration deadline for this one free class is March 6.**

Please register for the whole program and or the free introductory session by contacting Bonalyn Mosteller, Inverness Village,

. Want more information or have a question? Contact any of the HM residents quoted above, ask Bonalyn when you register, or contact Natalia directly: PassingThroughGrief.com, 610-389-3305. All classes are held in the Cove, next to the HM swimming pool.

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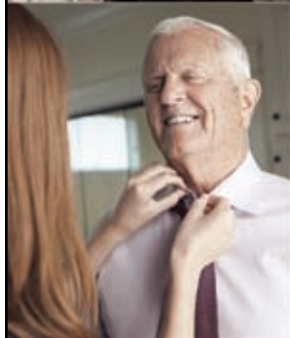
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for the Love of...Marriage

Rosie Taylor | Princeton

I'm thinking of trading my husband in for a pot-bellied pig.

Marriage is tough. The first years it's looked at as a celebration of love, commitment, puppy tongues and chocolate valentine hearts. As the years pass however, love becomes a ball, the commitment a chain, the puppy tongue an old hound and the valentine hearts are melted. What attracted you to each other is now driving you crazy!

My husband Jeff is a thinker - thinking before he speaks and choosing his words carefully. I'm more of a "ready, fire, aim" person whereas Jeff is more "ready, ready, ready." I appreciated his thinking when we were first married. Now, all I want is an answer! Obviously, thinking is necessary when making a major decision but deciding whether you want tuna or chicken for lunch doesn't warrant deep contemplation. It's lunch!

Why a pot-bellied? They're affectionate, curious, sociable, and intelligent. Admit it, if someone was cruising a dating site, they'd call immediately! Pigs have advanced communication skills which includes 'grunting', 'barking', 'squealing' and the 'aroo' sound that means 'you aren't getting me what I want fast enough.' Jeff's communication is much better

and gives him a leg-up on the pot-belly.

Another important part of marriage is affection. In many marriages, affection starts high and drops like the crystal ball in Times Square on New Year's Eve. Affection is a touch, a hug, a kiss, a loving look, flowers, holding hands and thousands of other unexpected gestures that say "I love you to the moon and back." Affection is a human need - more so for her than for him. How does a pot-belly compare? By all accounts they are affectionate because they loving companionship and closeness. Pig owners, who allow their pet to share their bed, say the pig is warm, cuddly and doesn't hog the covers. Wonderful except that pigs can grow to over 400 lbs. They might not hog the covers but if they roll over - yikes!

Remember your vows? "Till death do us part"? It signifies that the couple intends to grow old together. What does 'growing old together' really mean? It means each is committing to be with the other for the rest of their lives or 35 years. 35 years? Being a second marriage for both of us, we decided to give it a trial run. Why 35 years? We figured, if it didn't work, we'd still have enough life to find another. I kept the number in my head while Jeff inscribed it in his ring. Every anniversary we laughed about how many years we had left. When we celebrated our 35th we extended the agreement. He's having a plus sign inscribed next to the '35'. Smart man.

We've had our ups and downs, our better and worse, our richer and poorer...God willing and the creek don't rise, we'll wait for the 'death do us part'. Will I trade him in for a pot-belly? Probably not, however, I'll keep my options open.



NOTE FROM THE PRESIDENT

John DeVol | Princeton

After much effort, the HMSG members ratified the new HMSG Bylaws that had been submitted and approved by the Master Association. The Bylaws affirm that all residents have unrestricted access to our sport facilities without fees or charges. Residents are defined to include both actual residents as well as owners of HM properties. Non-residents are welcomed guests when accompanied by a resident. There will be no fee or charge for a non-resident.

The leaders of the various sports groups voted to repeat the successful EXPO 2019 and set a date for EXPO 2020 for Friday, May 22, in the Community Center. We have established a planning committee for that event.

(At right) From left: Hiroshi Mitsuka, Mark Udren, Barbara Rea, Martha Marshaiek, April Wang, Sara Hamilton, Arlene Seeger, Ed Schmitt, Pat Meehan, Bob Schullery, Jack Hamilton, Bob Bevan, Lynn Mander, Jane Hamilton, Bill Hamilton, Robert Roland, Marilyn Booth, and Mary Lou Perry.

The Master Association also started a study for a "Master Plan" for HM sports facilities of which HMSG will be an active participant in the planning process. The firm of Thomas Comitta & Associates of West Chester has been hired to organize and draft that plan. Exciting results are anticipated in the coming months.

On nice winter days, join us in playing pickleball or paddle. When not so nice, come inside at the Community Center to play ping pong or pool. Pray for an early spring and stay well.



BIKE CLUB

Seth French | Yardley

More riders, more fun! We took a survey to help others understand who we are and see if they'd enjoy our club. We discovered that none of us are racers; we are 50/50 female/male; 20% identify as novices, 40% are intermediate or experienced; 70% would attend local rides; to access a bike trail, 60% are willing to drive 15 minutes to 1 hour, 40% 2+ hour drive; in response to rides of 10-25 miles, 40% prefer shorter rides and the remaining 20% responders chose longer; weekday and weekend ride split 50-50; trails rides are more popular than road rides; low speed was 7 mph, high speed 18 mph, comfortable was 10-12 mph; 30% of us are willing to lead or co-lead a ride. Who knew?! Jeff Smith is working up the 2020 schedule. We would like you to join us. All rides include coffee or lunch at your own expense.

BOCCE

Joe Carrone | Inverness

The Sports Group is creating a new mailing list for bocce. We will use this in conjunction with the *Guide and Digest* to announce early April clinics as well as other important dates. If you played in the bocce league in



2018, you will automatically be included. Let us know though if your email address has changed.

Otherwise, anyone who has interest in bocce can email Joe Carrone at

Note: this

is not league signup. Include your first and last name, as listed in the directory, address, phone and email.

SHUFFLEBOARD

Roseanne Havird | Devonshire

Scores continue to rise, including Gene Pompei's high score of 34 (*his photo was in January's magazine*). If you like to be outside in the fresh air with friends, join us when warm air returns. Watch for our signs announcing the days and times: Wednesday and Saturday from 9:30-10:30 a.m. Come play early and you will still have a lot of the day ahead of you!

TABLE TENNIS

Allan Shaffer | Yardley

The table tennis group meets on Thursdays, Saturdays and Sundays at 2 p.m. in the Community Center. All residents are encouraged to join the club. Paddles, balls and three tables are provided. All skill levels are welcome. For further information, contact me at



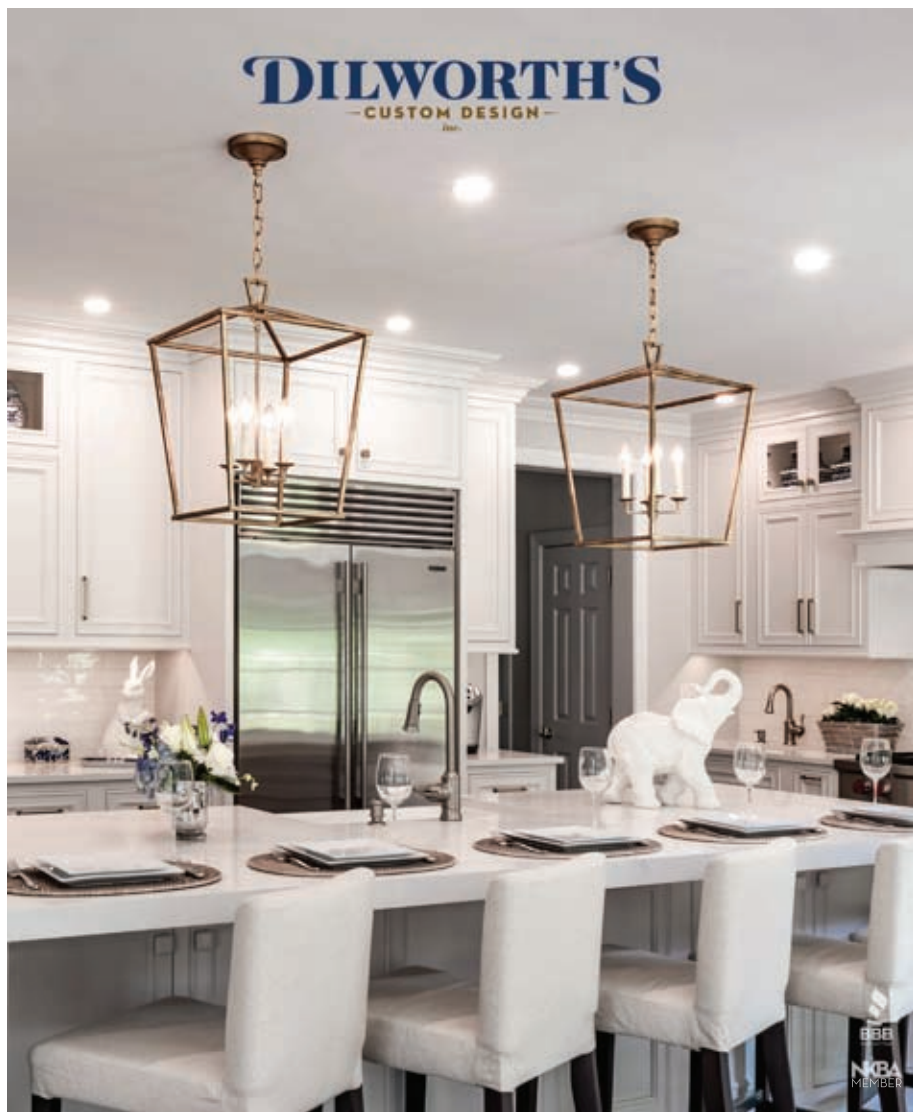
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Hershey's Mill Golf Club

Consider taking a wintertime break to join your friends and neighbors for opening day of 2020 at the Club. On



Friday, **February 7** the Club reopens with lunch and the usual **Friday Happy Hour** from 5-6:30 p.m. Keep the fun going and plan to stay for dinner. Both Friday, February 7 and Saturday, February 8, dinner will be served. In fact, the Club will be open for lunch and dinner each Friday and Saturday in February.

A special dinner menu is planned for **Valentine's Day**, Friday, **February 14**. To celebrate this *lovely* day in style, make your dinner reservations now.

Watch for announcements in the months ahead regarding special events and dining specials you will surely enjoy at your Club.

(At left) Trick shot or trick picture?! (Hint: It's about the location of the golf ball.) Photo by Gail Habberset along the 9th hole pond.



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Recipes

It happens every year. We see the New Year's ball drop, and remember our time in New York. Buying great knishes in Brooklyn, and "bagel spread" at Zabar's, was easy back then. Now, we sweat the details and make them great ourselves!

Cream Cheese Spread

No lowfat dairy, and whisking for a lighter texture is worth the effort!

1 small clove garlic

1 pound cream cheese, softened

½ cup sour cream

⅓ teaspoon kosher salt

½ cup finely chopped scallions

Using a mortar and pestle, make a smooth paste of the garlic. Scrape into a bowl with remaining and whisk. Cover, and refrigerate at least 2 hours.

Knishes

Individual knishes are popular now, but our older hands don't make them!

2½ tablespoons schmaltz (see recipe)

2½ cups chopped onions

Russet potatoes (to yield 2 cups mashed) and 1 tablespoon milk

Salt and ground pepper to taste

1¾ cups all-purpose flour (bleached)

⅓ cup cake flour

1¼ teaspoons baking powder

1 teaspoon kosher salt

2½ tablespoons vegetable oil

2 eggs, well beaten

For filling: In a saucepan, cook onions in schmaltz until slightly soft, then set aside. Roast potatoes, mash with

the milk, mix into the onions, then season to taste. *For dough:* In a bowl, whisk together flours, baking powder, and salt. Mix in oil, eggs, and 3-4 tablespoons water to form a ball, then turn out and knead until smooth (use as little bench flour now, and later, as possible). Return to bowl, cover, and refrigerate for 2 hours. *Assemble and bake:* Preheat oven to 350°F. Divide dough and roll out half to a long rectangle a bit thinner than ¼". Spread half the filling on the long edge, about 1" in, then roll up and seal edge and ends. Do other half, then place rolls onto oiled sheet pan and bake until browned (35-40 mins.). Let cool a bit, then slice and serve with the cream cheese spread.

To make schmaltz (and gribenes), dice 1 pound of chicken skin and fat, then simmer it in a skillet with 1 cup of water until the water evaporates. Grate 1 small yellow onion and add it to the skillet along with 1½ teaspoons kosher salt. Increase heat to medium and cook, stirring often, until the skin begins to crisp and the onions are caramelized. Strain and press out the liquid, which is schmaltz. The solids, gribenes, we freeze and use when making chicken gravy.



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