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HMCTV Guide and Digest

Volume XXI Number 3 – March 2020

Editor Louise O'Brien

Associate Editors Gail Habbersett, Sharon Kope, Kate Lindsay, and Katherine Schilling

Featured Writers Joseph S. Kennedy, Bonalyn Mosteller, Jurg Oppliger, Rosie Taylor, and Don Trauger

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Please share with your Hershey's Mill magazine!

All submissions welcomed; with rights retained by the owner. Send to hmctvguide@comcast.net, Attention Editor. Hardcopy submissions are not accepted. Articles should be limited to 500 words (although others may be considered), and photographs should be high-resolution. HMCTV determines suitability and has sole discretion to publish any submission. Submissions are due by the 23rd (37 - 40 days in advance of each edition) for possible inclusion (those received after will be reviewed for the next); contact the Editor for exceptions. Articles are subject to editing for space, clarity, and grammar. Information and opinions are those of the author, and may not reflect those of Hershey's Mill Community TV, its officers, or directors.

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Cover: Ed extends the growing season with a cold frame. Read about Ed beginning on page 14.



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From the Main Gate

Marc Fraser | Director of Security

All motorists are reminded to adhere to the **27 MPH** speed limit along Chandler Drive and Mill Road, and drivers should always **yield to pedestrians in crosswalks**.

The Hershey's Mill Security Department would like to remind pedestrians that you should utilize sidewalks, where available. When sidewalks are unavailable, pedestrians should utilize the shoulder on the left side of the road because you will be facing oncoming traffic. When you face oncoming traffic, drivers and pedestrians alike have a better opportunity to see the other approaching. As an additional reminder, all pedestrians walking around dusk or after dark should wear bright-colored clothing and carry a flashlight. Your safety increases if you wear reflective clothing and carry a flashlight, in order to make yourself more visible to motorists.

Keep in mind that Hershey's Mill roadways have several **blind spots**

which are small rises in the road, curves, and other areas of poor visibility. In these areas, you should use extra caution and be aware that drivers may have a difficult time seeing you as you walk. Just because a pedestrian notices the vehicle coming toward them does not mean that the driver has also seen the pedestrian. Both parties should always use caution when sharing the roadways within Hershey's Mill.

Lastly, all people, pedestrians and operators of automobiles, golf carts, bicycles, utilizing Hershey's Mill roadways and walkways are required to abide by the traffic rules and regulations of Hershey's Mill.



Resident Directory Additions and Changes

Bilger, Mark & Ann

1572 Vassar Court
Caproni, William

934 Jefferson Way
Carey, Carla

927 Jefferson Way
Collini, Michael & Linda

142 Chandler Drive

Geus, Elizabeth

(UPDATED TEL #)
195 Chandler Drive
McGrady, Maureen

474 Eaton Way
Osterlind, Steven & Nancy

1527 Ulster Way

Pare, James & Norma

(UPDATED TEL #)
1139 Merrifield Drive
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Residents Want To Know

The following questions were submitted by residents of Hershey's Mill and if you have any further feedback, please let us know.

What is the role of the security staff in an emergency situation?

The security staff is alerted to any 911 call that originates within Hershey's Mill community. A security staff person will go to the location of the 911 call. When security arrives at the location, they will provide assistance until the appropriate emergency personnel arrive. The security staff is CPR and AED certified. After the emergency personnel arrives, our security staff will assist as needed which could include supporting the family, finding emergency contact numbers, or notifying appropriate family or friends of those living alone.



What is the role of the security staff in notifying Hershey's Mill residents regarding the working status of their alarm panel?

The alarm panel has a routinely-scheduled check for communication every 14 days. This means that a signal is generated to assure that there is active communication between the resident's alarm panel and the panel located in the main security office. When the security staff is alerted to problems with the communication between the resident's alarm panel and security, they will notify the Council of the resident's village as well as their village's property management representative. This scheduled communication check procedure assures that the panels are communicating. Please speak with the council members of your village to ascertain how they communicate with you about any problem.

Remember, the smoke detectors and red-button alarms use this system to communicate to security. The 14-day check does not relay information about the working order of your smoke detector or red button alarms. The reason for this is, your smoke detector and red button alarm communicate through your alarm panel to security and therefore cannot be checked during routine panel checks. You need to ask the council members of your village how these two safety systems are checked to assure they are in working order.

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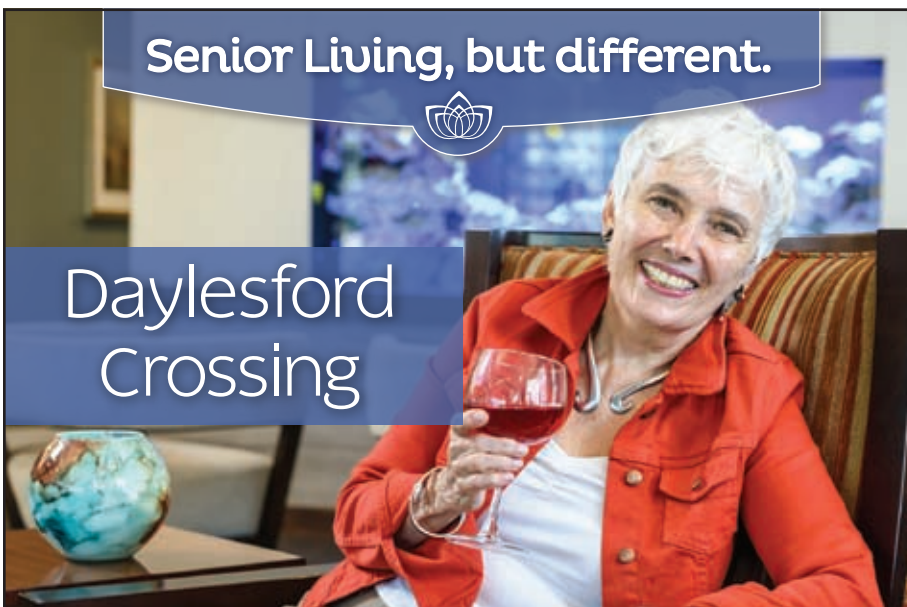
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Classifieds

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| Programs | March 1-16 (7 p.m. show on March 16 will not be shown) | | | |
|--|--|-----------|-----------|------------|
| "Simply Balanced" <i>with Lynn Mander</i> Lynn interviews Donna Zinni, a local certified Pilates and yoga instructor. She talks about the benefits of both for seniors with a brief demo of moves you can do at home. | 10:00 a.m. | 4:00 p.m. | 7:00 p.m. | 12:00 a.m. |
| Smart Bulbs <i>with Edie Taylor and Don Thompson</i> We have come a long way since candles. There have been more changes in light bulbs in the last 5 years than in the previous 140 years. Smart bulbs offer convenience, energy savings and can make life easier. Ends at 10:45 a.m., 4:45 p.m., 7:45 p.m., and 12:45 a.m. | 10:30 a.m. | 4:30 p.m. | 7:30 p.m. | 12:30 a.m. |

For **Programs** and **Movies**, go to **Channel 1970** (Bulletin Board information appears only if neither is currently airing); for continuous **Bulletin Board** information, go to **Channel 1971**. To view Programs online, go to www.hersheysmill.org and navigate from TV & Digest to HMCTV to Original Programming.

| | |
|---------------------------------------|---|
| Movies Noon & 8:30 p.m. | March 1 to March 9, noon Carol Burnett Show Lost episodes bring back unforgettable moments from the show's groundbreaking years. [Run time 1h 43m] |
| | March 9, 8:30 p.m. to March 16, noon Woman in Gold (PG 13) <i>Helen Mirren and Ryan Reynolds</i> Maria Altmann, a Jewish refugee, takes on the Austrian government to recover artwork she believes rightfully belongs to her family. [Run time 1h 52m] |

| | |
|--|-----------------------------|
| 24 hours/day channel 1971 | Bulletin Board Times |
| 12:45 a.m. - 10:00 a.m., 10:45 a.m. - Noon, 4:45 p.m. - 7:00 p.m., 7:45 p.m. - 8:30 p.m. on channel 1970 | |

HMCTV reserves the right to make program substitutions, and dates/times are subject to change. Opinions of hosts, guests, or advertisers shall not be construed as an endorsement by HMCTV. ©2020 HMCTV

| Programs | March 17-31 (7 p.m. show on March 31 will not be shown) | | | |
|--|---|-----------|-----------|------------|
| Lands of the Midnight Sun <i>with Lynn Mander and Kay Ricker</i> Take a photographic journey with Kay, interviewed by Lynn, about a recent summer cruise with no dark nights, going from Dublin, Ireland to the Shetland Islands, north up the coast of Norway, through the largest fjord in Norway, over the Arctic Circle to remote areas of north-west Russia, ending the cruise in Copenhagen and a bonus day in Iceland. Ends at 10:45 a.m., 4:45 p.m., 7:45 p.m., and 12:45 a.m. | 10:00 a.m. | 4:00 p.m. | 7:00 p.m. | 12:00 a.m. |

Call HMCTV at 610-436-5922 if you **aren't able to receive** our TV channels **1970** and **1971**.

| | |
|---------------------------------------|---|
| Movies Noon & 8:30 p.m. | March 16, 8:30 p.m. to March 23, noon Red (PG 13) <i>Bruce Willis and Helen Mirren</i> A former black ops agent is threatened by a high-tech assassin. [Run time 1h 51m] |
| | March 23, 8:30 p.m. to March 31, noon Rainmaker (PG 13) <i>Matt Damon and Danny DeVito</i> An underdog lawyer takes on a fraudulent insurance company. [Run time 2h 15m] |



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Gail Habbersett | Eaton

Jim DiCarlo and Ed Sweeney | Yardley

This month meet the brains and brawn that embody and manage the formidable operation known as our community gardens. Statistics alone indicate that this is no small task for a very popular amenity that is offered to Hershey's Mill residents for free. At present, there are 162 gardens and 157 gardeners. If you are not familiar, these gardens are located on 8 Chandler Drive, situated between the 9th tee and the lagoon next to Jefferson. Jim DiCarlo and Ed Sweeney love the garden community that has been in existence for 35 years.

As the story goes, Jim and Ed met as homeowners volunteering on the Yardley Maintenance Committee. Before long, their expertise earned

them the leading roles on that Committee. At the same time, Ed spent a fair amount of time in his garden. One day, Bob Dill approached Ed about helping out with running the gardens, and before he knew it, Ed was the new overseer! Soon after, it became clear that Karen Smith would like to be released from her duties as the garden "real estate" coordinator. Jim, already Ed's partner in crime in Yardley, was persuaded to become his coworker in the gardens. These two inherently assumed their responsibilities and effectively complement each another. Both are wise, capable, and very generous men.

Jim maintains that he developed his skills as "Mr. Fix It" while helping his dad make ornamental iron railings starting at age ten.

(At left) Jim with prospective gardener and Mill newcomer Christine Meyer, Franklin

(At right, and on cover) Ed enjoys extending the season with his garden cold frame.



As a grown up, he found satisfaction donating his time with Habitat for Humanity. He still serves the organization about once a week. As he says, "I always liked getting my hands dirty". His organizational skills are apparent as he coordinates garden plot assignments, updates garden guidelines and dispatches member communications.

Ed, on the other hand, preferred working the soil; getting his experience helping in his father's Victory Garden in St. Louis. At a young age, he learned that a garden is a commitment and requires a lot more time than expected to prepare the soil, plant, maintain, and harvest its crops. He perceives that a successful gardener, falls in love with his plot. It's just natural. Folks who struggle keeping up with the weeds and the watering and the heat usually choose one of two alternatives in The Mill. They either opt to share a garden with someone or ask for a smaller parcel. For Ed, the key is to maintain an element of enjoyment in

the process, throughout the season. He is highly motivated to encourage gardeners and finds that they are generally very friendly and willing to lend a helping hand to their fellow gardeners.

Jim and Ed reminded me that there are no fees or dues for community garden participants. Their only responsibility is to cover expenses for improvements to their own plots such as soil amendments, fencing, gates, and wood frames in addition to seeds and plants. At their disposal, from mid-March through November, are hand tools, wheel barrows, tillers, wood chips, leaves, and water.

Of significant importance to the enrichment of this HM amenity is the support provided by the Master Association (MA). "They have been wonderful to work with," emphasized Ed. In 2017, they funded a second shed for housing equipment after the garden community refurbished the existing one. In 2018, they supported the need and tasked Jim and Ed to select a builder to supply a gazebo. This project was approved on the spot by Ed McFalls, Mike Neale and Jerred Golden once they saw the picturesque site along the creek. When work on the project commenced, Ed Sweeney enjoys recounting how he greeted the Amish contractor and his driver with a flashlight one morning at 4 a.m. In a single day, that one craftsman, with a little help from the driver, unloaded the flatbed of lumber components and installed the handsome gazebo that is now enjoyed by individuals and those attending periodic socials held there.

A second major improvement was made possible this past year by the



Continued on page 17



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Getting To Know You (continued)

MA. According to studies by Ed, the cost for maintaining the gravel garden road was becoming prohibitive. Paving the roadway, he reported, would pay for itself in four years. This became clearer when he explained that each year they hired Highland Orchards Paving Company to fill the potholes, add stone, and level the surface. The idea for a permanent solution was sold to the MA and was greeted with cheers from the gardeners when the asphalt road and new street signs appeared.

In addition to support from the MA, Jim and Ed turn to significant others who provide their time and talents promoting growth and congeniality in this HM community. Bill Reynolds, Yardley, an experienced gardener and considered by many as an expert in

his field (pun intended) shares his expertise to anyone who casually asks him, but also during occasional seminars and in articles published in the *Guide and Digest*. Tom Wyda, Jefferson, is compensated for his work with individual gardeners in fixing and upgrading their plots. In addition, he volunteers his time clearing and adding mulch in the aisles, mowing, and clearing the creek. Jim Taylor, who maintains HMGC carts, also does a superb job helping with garden repairs. Bonalyn Mosteller offers tremendous support in planning the annual seed/plant exchange in the spring and other social events. Seven row captains help manage garden projects within their area, encourage fellow gardeners, and are accessible to lend their support.

As in any organization, there is always room for additional support. For Jim and Ed, here's their wish list to participants for 2020: 1) please clean your tools before returning them to the shed; 2) ask for help if you are not familiar with gas-operated equipment like tillers; 3) help maintain order by sweeping the sheds; and 4) keep your plots and adjacent aisles weeded and mulched with chips as needed; fix fencing; and remove obstructions.

One parting comment from Ed is indicative of what makes this volunteer task rewarding to him. He is gratified by the people who genuinely enjoy the gardens, the comradery among gardeners, as evidenced by numerous lawn chairs, umbrellas and cabanas cropping up, and the growth in the number of colorful flowers. "The gardens today are a thing of beauty". No wonder they are often the deal clincher when prospective homeowners look us over!

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Pet of the Month

Kathy Schilling | Kennett

Coincidence? Synchronicity? Just good luck? A divine plan? This pet story is a perfect allegory to illustrate that there's no such thing as a coincidence.

Joe and Diane Devanney, of Lincoln Village, hadn't had a pet in quite a few years. Their last cat had been procured to nurture their teenaged daughter who was recovering from broken bones. While that cat did her duty, she didn't last too much longer.

Now see if you can follow this trail. Somewhere around Halloween of 2015 Joe was taking his usual stroll around our walking trails in Hershey's Mill when a black cat crossed his path. This he reported to his wife when he got home. Was bad luck forthcoming? They hoped not. Then the Devanneys learned that the local SPCA was having a Black Friday sale the day after Thanksgiving. On that day all black animals would be available for adoption for just an \$11 fee. Now this sounded intriguing and off to the shelter they went. That's where they found a beautiful, sleek, black, neon eyed cat named Binx. Joe was sure that this was the cat he had seen on his walk weeks before but Binx looked none the worse for his wild times. Just to seal the deal that this union was meant to be, the

Devanneys learned that Binx had been received at the shelter on November 7, which is their wedding anniversary.

Off they went. There was only one problem...Binx just didn't look like a Binx to them. A new name was immediately needed. Again, isn't life amazing in its serendipity? Not only does Joe have a real interest in heroes of American history, and at that time they lived in Franklin Village. You guessed it. Binx is now Franklin, a much more distinguished name for such a self-assured and stunning cat. And the family has found real joy in being led to each other.

The author wonders if now that Joe and Diane have moved over to Lincoln Village, with Franklin in tow, if they might need another heroic feline to add to the family. Lincoln anyone?

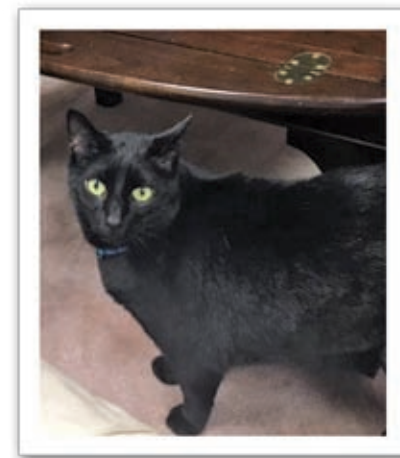
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(At right)
Having
a lazy
stretch

(At far
right)
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my eyes!



Philadelphia Flower Show - "Riviera Holiday"

Tuesday, March 3, 2020

Cost: \$18 + Admission

Departs: 9:30 a.m.

Contact: Priscilla Burt

Inspired by the world's exotic Mediterranean gardens, the 2020 Philadelphia Flower Show invites you to fall in love with gardening all over again. As you enter the Show, groves of citrus trees lead the way providing a lush dramatic promenade to the sunshine drenched landscape ahead. Breathe in fragrant waves of lavender inspired by the terraced gardens of Monaco. Drifts of purple and white spiked salvia, specimen succulents and, an intoxicating variety of scented geraniums, roses, rosemary and sage create a stunning

mosaic that is at once picturesque and charming. Cost is for bus only. Tickets can be purchased on your own through the Flower Show website, "<https://theflowershow.com/tickets/>". In the past, discounted tickets could be found at local grocery stores such as Giant, Wegmans, and Whole Food or through AAA.

Philadelphia Flyers

Saturday, March 7, 2020

Cost: \$20 + Admission

Departs: 4:45 p.m.

Contact: Marc Fraser

Enjoy NHL hockey at the Wells Fargo Center in Philadelphia, as the Philadelphia Flyers face off against the Buffalo Sabres at 7 p.m. Take advantage of riding on the HM Bus in order to avoid costly parking fees and driving

in Philadelphia traffic! The cost is for bus only. Tickets are to be purchased on your own and currently range between \$40 and \$100, depending on seating section. However, Marc Fraser can assist you in purchasing tickets in either your desired seating section or price range for the game. A minimum of 15 people must sign up for the trip to run, so please call to sign up right away. This will allow time to purchase tickets for a reasonable amount. Children age 8 and older are welcome!

Shady Maple Smorgasbord

Saturday, March 21, 2020

Cost: \$40

Departs: 4:45 p.m.

Contact: Marc Fraser

Discover the experience of dining at Lancaster County's largest all-you-can-eat smorgasbord, featuring 200 feet of deliciously authentic Pennsylvania Dutch cooking. At Shady Maple, some of Lancaster County's finest cooks prepare all your favorite PA Dutch foods, as well as some exciting new dishes. A sampling of Saturday evening's offerings include: Carved Smoked Beef Brisket, Salmon, Cajun Catfish, Fried Shrimp, Crab Cakes, NY Strip Steak, and a wide array of salad, soups, breads, cheeses, desserts, non-alcoholic drinks, and items featured on their grills. You've never experienced dining quite like this! Price includes all taxes and gratuity.

Audubon Center at Mill Grove

Tuesday, April 28, 2020

Cost: \$29

Departs: 12:15 p.m.

Contact: Priscilla Burt

The Audubon Center at Mill Grove is situated on a historic 18th century

site, the farm where 18-year-old John James Audubon lived when he first came to America from France. Here he developed a technique for drawing birds "from life" and became one of the world's best-known wildlife artists. The visit will include a guided tour of the original farmhouse and a self-guided tour of the museum to explore the artwork and legacy of the famed naturalist.

Philadelphia Museum of Art - "19th Century European Masters"

Thursday, May 7, 2020

Cost: \$40 + Lunch

Departs: 8:30 a.m.

Contact: Priscilla Burt

The historic Philadelphia Museum of Art has undergone extensive renovations in the last few years. Our visit will feature a self-guided tour of the new design of 19th Century European Masters. Other exhibits you can explore include, "Off the Wall: American Art to Wear" as well as the permanent collections throughout the museum. Lunch is on your own at the Museum Café or Stir Restaurant. Reduced fee available for Museum members.

NOTES:

Prior to making payment, anyone who wishes to participate in a bus trip must first call the contact person to ensure that there is still room on the bus.

All bus riders must be age 18 or older unless otherwise noted in the trip write-up.

Trip payment checks should be made payable to "HERSHEY'S MILL HOA", sealed in an envelope (noting trip

Continued on page 23

Votes for Women

**Laurie Rofini, Director
Chester County Historical Society**

Women and men from southeastern Pennsylvania helped American women get their right to vote. The Pennsylvania Woman's Rights Convention, held in West Chester in June 1852, was the first of its kind in the state. Almost 70 years later, the 19th Amendment was ratified.

**Join us to learn more: Tuesday, March 31, at 6 p.m.
RSVP to 833.898.0019**



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Hershey's Mill Bus Trip Advertising (continued)

name and date), and placed in the maroon **Customer Service** mailbox next to the Security Center in the exit lane at the Main Gate.

Refunds are only granted if: (1) the trip is canceled, or (2) the trip has a wait list from which another passenger can fill the vacated spot.

Bus leaves promptly at the scheduled Leave Time. Please plan to arrive 10 minutes early.

The Hershey's Mill Bus Committee is always looking for more volunteers to help share ideas and plan bus trips! If interested, call Marc Fraser at 610-431-4006.

***Hershey's Mill residents may rent the bus for their own private trips or functions. For more information, contact Marc Fraser at 610-431-4006.

SERIES TRIPS

2019-2020 Walnut Street Theatre Series

THURSDAY - WAIT LIST ONLY

Thursday & Saturday Matinees

Cost: \$50 per show

Departs: 12:30 p.m.

Contact: Jayne Lytle, Thursdays

Joan Stanek, Saturdays

The Walnut Street Theatre's 2019-2020 Season includes the following shows for both the Thursday Matinee and Saturday Matinee Series:

Thursday 3/26/2020 & Saturday 4/4/20
- "The Best Man"

Thursday 5/28/20 & Saturday 6/6/20
- "The Bodyguard, The Musical"

2019-2020 Philadelphia Orchestra

Friday Matinee Series

Cost: \$18 (Single Date, Bus Only) + Performance Admission

Departs: 12 noon

Contact: Ann Seraphin

Please join us for an exciting season with our wonderful orchestra. Brief program summaries and dates are:

Friday, March 6, 2020: "Porgy & Bess" – Marin Alsop conducts Gershwin, with Angel Blue (Soprano) and Lester Lynch (Baritone).

Friday, May 1, 2020: "Tchaikovsky & Shostakovich" – Tugan Sokhiev conducts Firsova, Tchaikovsky, and Shostakovich, with Lukas Geniusas on piano.

Friday, May 29, 2020: "Yuja Wang & The Brahms Piano Concertos" – Yannick Nezet Seguin conducts Brahms & Sibelius, with Yuja Wang on piano.

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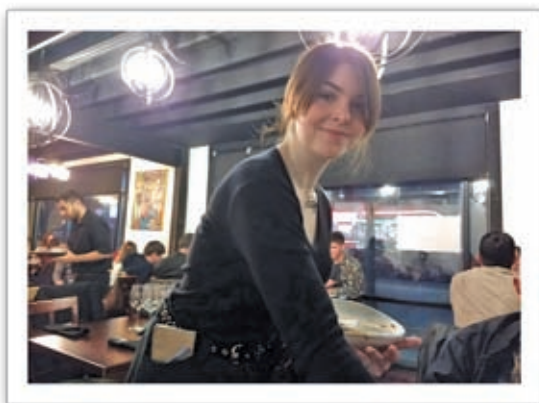
Anthony's Cucina Fresca Restaurant

While it is cold outside and Rita's Water Ice is closed, let me introduce you to the charming little restaurant next door. With warm and welcoming décor this is a cozy neighborhood eatery to enjoy good old fashion Italian food combined with exciting new fare.

Gerry and I visited on a Tuesday evening and were surprised to see how busy the restaurant was. Even with the crowd, we experienced good service. Katie promptly took our order and our food arrived hot and attractively plated along with an ample supply of toasted warm bread.

Gerry choose a Cesar salad and the Chicken Bacon Roulades stuffed with baby spinach and goat cheese, wrapped in bacon with Marsala sauce and mashed potatoes \$18.95.

I choose the eggplant soup along with Veal Saltimbocca sautéed veal in a lemon butter white wine sauce, baked and topped with a Prosciutto di Parma and fresh mozzarella with sautéed baby spinach. Our entrées were really well prepared but the star was the eggplant soup. Different and delicious, the soup gave me reason to look forward to a return visit. In the meantime, I



have made the soup three times, but have not discovered the ingredient in Chef Danilo Angelucci version which made it so special. I will keep trying.

Desserts were displayed in a large counter cabinet and were extensive and tempting. The real treat here was a large selection of gelato on a stick. On a summer evening, I would really enjoy eating one of these on my way home.

Anthony's has a huge menu with a wide variety to choose from especially the lunch choices. The prices are reasonable with Monday and Tuesday being BYOB without corkage fees. They have a very busy take out business along with delivery service. Catering is another specialty and they welcome birthday or holiday parties, corporate events, business meetings as well as office parties.

Anthony's is located at 78 West Lancaster Avenue, Downingtown. Open for lunch and dinner: Monday – Thursday: 10:30am - 9:30pm; Friday - Saturday: 10:30am – 10:30pm; Sunday: 11:30am – 9:00pm. Call 873-5544 for reservations.



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Dining In

Kathy Schilling | Kennett

What a Crock Meals to Go

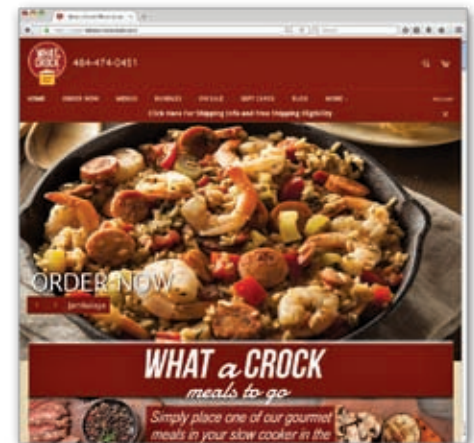
This month let's explore another option for those of us who would like a break from cooking but dining out is not possible. What a Crock meals is a local family-owned and run business that offers meals delivered to your home, fully prepared to be placed in your crock pot. Ready, set and look forward to dinner later that day. What a pleasure to come home from a doctor's appointment or some other event, step into your home and be greeted by that comforting aroma of food ready for you.

The food choices are too many to name but they range from soups to dips, every category of entrée such as beef, pork, seafood, vegan, chicken, and even some desserts. Yes...desserts in a crock pot! My favorite so far is beef stew and my husband loves their thick tomato basil soup.

This website, What a Crock meals is very easy to navigate and shows a pretty accurate picture of each meal. You are able also to choose from several portion sizes. The prices are very reasonable and the serving sizes are

most generous. A few times I ordered a serving for one person, and there was enough left over for a lunch the next day.

Finally, What a Crock has four brick and mortar buildings from which to shop should you be in that area. They are in Brookhaven, Garnet Valley, Reading Terminal and Quakertown. I have found that this source is another wonderful alternative for those times when cooking from scratch is just too daunting. I hope you will too.



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Vine Talk

Jurg Oppliger | Devonshire

The White Grapes

CHARDONNAY, the Queen of the white wines, is a yellow to green grape that comes from the French Burgundy region north of Paris. It is by far the most grown white grape all over the world and gives us a wine with full smell and flavor. It is also used to make champagne. The character and the quality of the wine depend on where the vine is grown and where the wine is made. Ageing in oak barrels improves the complexity and depth, but stainless steel chardonnay is getting more popular and is crisp and edgy – and delightful.

CHENIN BLANC is a light yellow grape that comes from the Loire valley in southeastern France. It has a full taste of apple and honey and ages very well. The best Chenin Blanc still comes from the Loire region, but South Africa makes now also a very delightful one.

GEWUERZTRAMINER is a light redish grape that comes from the Alsace that was German but is now a part of France. The wines have a strong nose and aroma. (Gewuerz is german for spice!) The best Gewuerztraminer comes from the Alsace and from northern Italy.

MUSCAT is a family of green grapes that also originated in the Alsace. It makes an intensely aromatic wine, made dry in the Alsace and in Austria, but sweet in Spain and southern Italy. Asti Spumante is the best known.

PINOT GRIS (or Pinot Grigio) is a light reddish grape coming from northern Italy. It makes an easy to drink and very popular red wine and is made in Italy, the Alsace, the USA and Canada.

RIESLING is a yellow/green grape from Germany, and probably the most noble of the white grapes. It makes a crisp and fruity, graceful and elegant wine with peach and apricot flavours. In the warm climates of California or Washington it gives us a soft, slightly sweet wine, but in cooler climates like the Alsace, upstate New York or Canada a dry one of often very high quality. Australia makes excellent Riesling, both dry and sweet.

SAUVIGNON BLANC is another green/yellow grape originally from Bordeaux, but now grown all over the world. Crisp, refreshing and acidic, it often offers pineapple and lemon-grass tastes.

SEMILLON is a green grape that comes from Bordeaux, and is also grown successfully in Australia. It offers more richness and “mouth-feel” than Sauvignon Blanc. Australia makes an excellent dry wine, but in France they let it develop a beneficial mold and then make the sweet wines of Sauternes.

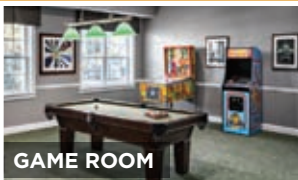
TREBBIANO is one of the most widely planted white wines worldwide. It makes a rather dull and lackluster wine, but is the base for excellent Cognac and Armaniac.

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Tech Committee | Research

Dear Technology Abby,
Should I replace my incandescent light bulbs with LED bulbs?

Good question! LED technology has been around for 50 years and LED bulbs have been available for about ten years. There is little argument that LED bulbs are better than incandescent bulbs, however, they have an "initial" cost increase per bulb purchased. Over time, this cost difference is easily recovered, and you start saving money.

LED Bulbs provide lower electricity bills and are kinder to the environment, they run much cooler so they last much longer. LED bulbs offer various shades of white as well as a wide array of colors.

You don't have to replace every bulb to start saving just replace those you

use the most. When shopping for LED bulbs, the package will list lumens and equivalent watts.

Smart bulbs are LED bulbs with a computer chip inside the base. They can be controlled using a free app or once connected to a voice activated system, be controlled by voice command such as Alexa or Google Home. Check the packaging to make sure the smart bulb is compatible with any voice activated system you plan to connect to. Smart bulbs come in white or full color and can be dimmed. They can be scheduled to turn on and off every day at a special time. All smart bulbs should handle this right out of the box.

One specialty smart bulb is a bulb from JacksonLux that are rechargeable! Use these as normal bulbs until the power goes out. The chip inside the bulb stores power so when the power is out these bulbs can provide light for hours on the stored charge. Consider putting one in the basement, garage, kitchen and upper hallway.

There are many brands available. Our suggestion is to choose one brand and stick with it, making sure the brand you are considering purchasing conforms to your plan for it. Smart Bulbs **do not** have to be used everywhere around your home. They are not yet inexpensive so pick wisely and use them strategically. We think they are well worth the cost if they are solving issues or making life easier or safer for you.

Write to us at deartechnolgyabby@gmail.com with your technology questions and visit hersheysmill.org Technology Committee page for more Technology information.

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Bertrand Russell

Late in 1940, philosopher—and well-known curmudgeon—Bertrand Russell signed a contract to deliver lectures at the Barnes Foundation in Merion. His employer was Dr. Albert C. Barnes, an equally well-established curmudgeon.

“I was warned before accepting his offer that he always tired of people before long...and had a passion for quarreling,” Russell wrote in *The Autobiography of Bertrand Russell, 1914-1944* (1951).

Russell felt relief because the work seemed to be a way out of his financial difficulties. But within two years, the men were embroiled in a legal fight that reduced Russell to poverty.

Most historians agree that Russell was one of the great minds of the 20th century.

Born in 1872, Russell was already famous by 1900 for his work in mathematics and philosophy. But by the beginning of World War I, his political convictions and social behavior were attracting at least as much attention. His pacifist beliefs during the war cost him his position at Cambridge's Trinity College. He had two failed marriages, with accompanying affairs that hurt his social standing. And his ideas regarding the institution of marriage—he was an advocate of free love—made it difficult to find work as a teacher or lecturer.

In 1938, with war threatening in Europe, Russell left England for the United States with his third wife,

Patricia, who was about 30 years younger, and their infant son, Conrad, born out of wedlock. At 66, he was looking for refuge and work. He found neither. After several years of trying to land a university position, he found America's academic doors closed to him. He was out of money, with no prospect of a steady income.

At this point, the Barnes offer appeared. Alfred Barnes was a physician who made a fortune by developing a drug, Argyrol, a cure for sore throats. He left the practice of medicine and became a collector of French impressionist art. With this collection, he founded an art school, the Barnes Foundation. According to an article by local historian Barbara Fry in the *Tredyffrin-Easttown History Club Quarterly*, vol. 38, no. 3, the agreement between Russell and Barnes was for a period of five years at \$8,000 per year.

Russell and his family rented Little Datchet Farm in West Pikeland Township, with a Malvern mailing address. From this location, Russell was able to take the train or be driven by his wife, he did not drive, to the Barnes Foundation. Russell described Barnes as “a strange character.” “He demanded constant flattery, and he liked to patronize colored people and treat them as equals because he was quite sure that they were not,” writes Russell in his autobiography.

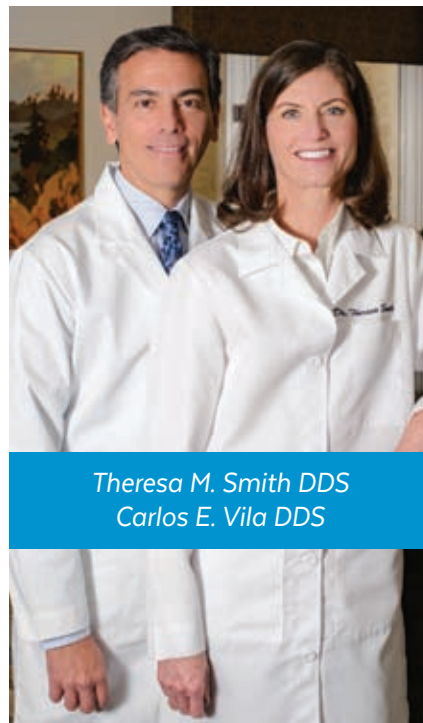
Phoebe Gilkison, a columnist for the *Phoenixville Daily Republican*, remembers Russell as, “a white-haired humorous and kindly gnome with a wrinkled face.”

On Dec. 24, 1942, Russell received a letter from Barnes terminating their agreement without compensation. Russell sued for breach of contract. But the trial did not take place for almost a year. In the meantime the winter of 1943 was a difficult one for the three Russells. They had to sublet the main farmhouse and move into a caretaker's cottage. For several weeks, food and warmth were limited. Russell appealed to friends in the academic community for help and he received a number of paid lectures. He asked New York book publisher Simon & Schuster for an advance on his book, *The History of Western Philosophy*, to which they agreed.

In November 1943, Russell was awarded \$20,000 by U.S. District Court in Philadelphia in the Barnes

lawsuit, but it was sometime before he received the money. In the meantime, he accepted an invitation to stay at more comfortable accommodations at the Bell and Clapper, the home of Kenneth Rhoads in Chester County, according to reports in the library of the Chester County Historical Society.

In May 1944, the Russells sailed home to England. The following year, *The History of Western Philosophy* was published, and Russell was reinstated at Cambridge. In 1950, he won the Nobel Prize for Literature. He divorced and married for the fourth time. For the rest of his life, Bertrand Russell was involved in social activism, lecturing, teaching and writing. He died in 1970, just three months short of his 98th birthday.



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| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|---|--|---|---|
| Mar 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 2:00pm Table Tennis-Open | 12:00pm Mah Jongg - Mackleer 12:30pm HM Duplicate Bridge 12:30pm Mah Jongg-Mackleer 1:00pm Bridge-Groff 3:30pm Mah Jongg-Santoro 5:15pm Exercise to DVDs 7:00pm Tech. Committee | 11:00am Echo Lake Seminar 12:30pm Canasta-Dooling 1:00pm Canasta-Carrone 1:00pm Pinochle-Men 1:00pm Pinochle-Women 1:00pm Hand & Foot 1:00pm Mah Jongg-Corso 1:30pm Mah Jongg-Poling | 7:30am Men's Bible Study 9:00am Art Group 9:30am Dirty Marbles 12:30pm Bridge-Social Club 1:00pm Mah Jongg-Groff 1:00pm Dominoes-DiCroce | 10:00am Technology Comm. (snow date) 10:00am Caregiver Support Group 10:00am Yoga 1:00pm Knitting Circle 2:00pm Table Tennis-Open 6:30pm Poker 7:00pm Casual Singing Group | 10:00am Quilters 10:00am Comm. Bible Study 1:00pm Mah Jongg-Ullman 1:00pm Scrabble 1:00pm Pocket Billiards 1:30pm Hand & Foot 2 | 9:30am Dirty Marbles 2:00pm Table Tennis-Open |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 2:00pm Table Tennis-Open | 9:00am Chester County Hosp. Aux. 12:00pm Mah Jongg - Mackleer 12:30pm HM Duplicate Bridge 12:30pm Mah Jongg-Mackleer 1:00pm Bridge-Groff 2:00pm Photography Club 3:30pm Mah Jongg-Santoro 5:15pm Exercise to DVDs 7:00pm Overview of Grief Recovery | 10:30am Brooklands Audiology 12:30pm Canasta-Dooling 1:00pm Canasta-Carrone 1:00pm Pinochle-Men 1:00pm Pinochle-Women 1:00pm Hand & Foot 1:00pm Mah Jongg-Corso 1:30pm Mah Jongg-Poling 4:00pm SOAR 7:00pm Great Books Club | 7:30am Men's Bible Study 9:00am Art Group 9:30am Dirty Marbles 1:00pm Mah Jongg-Groff 1:00pm Dominoes-DiCroce | 10:00am Yoga 11:30am Mermaid Book Club 1:00pm Knitting Circle 2:00pm Book Discussion Group 2:00pm Table Tennis-Open 6:30pm Poker | 10:00am Quilters 10:00am Comm. Bible Study 1:00pm Mah Jongg-Ullman 1:00pm Scrabble 1:00pm Pocket Billiards 1:30pm Hand & Foot 2 4:00pm HM Players Party | 9:30am Dirty Marbles 2:00pm Table Tennis-Open |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 2:00pm Table Tennis-Open | 12:00pm Mah Jongg - Mackleer 12:30pm HM Duplicate Bridge 12:30pm Mah Jongg-Mackleer 1:00pm Bridge-Groff 3:30pm Mah Jongg-Santoro 5:15pm Exercise to DVDs 7:00pm Monday Movie Night | 12:30pm Canasta-Dooling 1:00pm Canasta-Carrone 1:00pm Pinochle-Men 1:00pm Pinochle-Women 1:00pm Hand & Foot 1:00pm Mah Jongg-Corso 1:30pm Mah Jongg-Poling 7:00pm Boomers Book Group 7:00pm PC Computer Club | 7:30am Men's Bible Study 9:00am Art Group 9:30am Dirty Marbles 12:00pm Social Club Bridge 1:00pm Mah Jongg-Groff 1:00pm Dominoes-DiCroce | 8:30am IGC Jewelers 10:00am Yoga 1:00pm Knitting Circle 2:00pm Table Tennis-Open 6:30pm Poker | 10:00am Quilters 10:00am Comm. Bible Study 1:00pm Mah Jongg-Ullman 1:00pm Scrabble 1:00pm Pocket Billiards 1:30pm Hand & Foot 2 | 9:30am Dirty Marbles 2:00pm Table Tennis-Open |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 2:00pm Table Tennis-Open 2:00pm National Affairs Forum 2:30pm Grief Recovery | 12:00pm Mah Jongg - Mackleer 12:30pm HM Duplicate Bridge 12:30pm Mah Jongg-Mackleer 1:00pm Bridge-Groff 3:30pm Mah Jongg-Santoro 5:15pm Exercise to DVDs | 12:30pm Canasta-Dooling 1:00pm Canasta-Carrone 1:00pm Pinochle-Men 1:00pm Pinochle-Women 1:00pm Hand & Foot 1:00pm Mah Jongg-Corso 1:30pm Mah Jongg-Poling 4:00pm SOAR 7:00pm Great Books Club | 7:30am Men's Bible Study 9:00am Art Group 9:30am Dirty Marbles 1:00pm Mah Jongg-Groff 1:00pm Dominoes-DiCroce | 10:00am Yoga 1:00pm Knitting Circle 2:00pm Table Tennis-Open 6:30pm Poker | 10:00am Quilters 10:00am Comm. Bible Study 1:00pm Mah Jongg-Ullman 1:00pm Scrabble 1:00pm Pocket Billiards 1:30pm Hand & Foot 2 6:30pm Bingo | 9:30am Dirty Marbles 10:00am MacGroup Club 2:00pm Table Tennis-Open |
| 29 | 30 | 31 | <h1>Activities Calendar</h1> <h2>March 2020</h2> | | | |
| 2:00pm Table Tennis-Open | 12:00pm Mah Jongg - Mackleer 12:30pm HM Duplicate Bridge 12:30pm Mah Jongg-Mackleer 1:00pm Bridge-Groff 3:30pm Mah Jongg-Santoro 5:15pm Exercise to DVDs 7:00pm Grief Recovery | 12:30pm Canasta-Dooling 1:00pm Canasta-Carrone 1:00pm Pinochle-Men 1:00pm Pinochle-Women 1:00pm Hand & Foot 1:00pm Mah Jongg-Corso 1:30pm Mah Jongg-Poling | | | | |

| Color Legend |
|------------------|
| Ardmore Room |
| Billards Room |
| Cove |
| H - CC Main Hall |
| Paoli Room |
| Sullivan House |
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Census 2020

Rosie Taylor | Princeton

Every ten years, like clock-work, its Census time.

Why is the Census important?

Census information is used to get a broader sense about the population. This information is used, to calculate the number of seats that each state will have in the U.S. House of Representatives. Pennsylvania had a high of 36 seats from 1913 to 1933. This decreased to 18 seats as of 2010 and it appears that the Commonwealth will lose another seat with this census.

The Census helps our communities determine where to build everything from schools to supermarkets, and from homes to hospitals. It helps the government decide how to distribute funds and assistance to states and localities. Allocation of federal dollars is based on the census data. Pennsylvania receives about \$26.8 billion in federal funding. Examples of funding support include Medicare, Medicaid, education and highway projects. So, is it important? Definitely!

When does it begin?

Citizens will be counted in the residence that they are living on April 1, 2020 which is the start date of the census.

Do I have to participate?

By law, the U.S. government is required to count the number of people living in the United States every 10 years. This includes citizens, non-citizen legal residents, non-citizen long-term visitors and undocumented immigrants. The US Census Bureau

requires U.S. residents to answer the census. Federal law mandates as much. However, if we lose seats in the House of Representatives, are passed over for financial assistance or, are affected in many other ways because we didn't participate – then there's no one to blame except our lack of participation.

How do I respond?

Households will be able to respond to the 2020 Census online, over the phone, complete a paper questionnaire delivered through the mail or respond to a census taker. On average, it takes no more than 10 minutes to answer the questions.

In 2020, thousands of census takers will help to conduct the count. Census takers who verify addresses are called address canvassers. In May 2020, census takers begin visiting homes that haven't responded to the 2020 Census to help ensure everyone is counted. The majority of their work will take place from May to July 2020.

History

Article 1 of the Constitution includes the need for the actual enumeration of the people living within the boundaries of the United States. The Census started in 1790 and is now completed every 10 years. Use PennsylvaniaCounts2020.info to learn about the census in Pennsylvania. And if you hear false information, or are wondering if a rumor is true, please contact rumors@census.gov.

COMMUNITY CENTER UPDATE

Sharon Kope | Robynwood

We are approximately six weeks into the installation of the elevator. Volunteers at the Community Center are striving to accommodate everyone while also keeping them safe. We appreciate your patience and cooperation. Construction should be completed by the end of April. Come visit us at our new office in the *Guide and Digest* building near the Main Gate entrance. Our office hours are 9-11 a.m.

FRIENDS OF SULLIVAN HOUSE (FOSH)

Judy Molt | Yardley

Hear Ye, Hear Ye

The 6th Annual Sullivan House, FoSH, raffle prize for 2020 is *a week at the NJ shore*. You heard correctly! Picture yourself, family and friends enjoying

6 days and 7 nights in a lovely Cape May Point home that sleeps 10. All information will be forthcoming in future editions of the *Guide & Digest*. Tickets go on sale at Hershey's Mill Golf Club during various Friday night Happy Hours, starting February 7 or you can contact Shauna Flynn

or Ann Gunn

. Tickets are \$10 each but with each additional \$10 you double your chance to win – 2 tickets for \$20 you get four tickets - \$30 you get six tickets. All proceeds go to support the Historic Sullivan House, a member of the East Goshen Historical Inventory.

RAILROADERS

Chip Dascanio | Quaker

We would like to thank everyone who came and enjoyed seeing the trains run and we are especially appreciative

of their monetary donations. Getting the trains up and running has been a time consuming and expensive project. The 1,200 feet of wiring alone amounted to \$1,500. Add to that \$200 to repair one locomotive. Since there are several other locomotives in need of repair, you can understand the need for donations. We are a self-supporting group and depend entirely on donations to make the necessary improvements. Donations can be sent to the Sullivan House care of the Railroaders, no amount is too small. Thank you and for more info, call Chip at

HM SPRING GRIEF RECOVERY GROUP

Bonalyn Mosteller | Inverness

Our second session begins March 22. Here is one accolade from a previous HM graduate: The course is a "unique opportunity that opens hope for a brighter tomorrow, especially if you feel stuck in your grieving process". Jane Bevan, Kennett

For more detail about the course, see the description in the February *Guide and Digest*. The HM Grief Recovery Group is six sessions on the following dates: March 22, Sunday, 2-5pm, and 7-9 p.m. on the following five Monday evenings: March 30; April 6, 13, 20, 27. The fee is \$160 for all six sessions. Financial help is available. Registration deadline: March 15.

FREE introductory class by Natalia Volz is being offered on March 9, 7-9 p.m. Registration deadline for this free class is March 6. Please register for the whole program and/or the free introductory session by contact-

ing Bonalyn Mosteller, . All classes are held in the Cove.

MONDAY NIGHT AT THE MOVIES

Lynne Urian | Merrifield

One thing that we've noticed at Monday Night at the Movies is that our audiences like movies about books. With that in mind, please join us on Monday, March 16 at 7 p.m. in the main room of the Community Center as we present *Fahrenheit 451* (G, 1966). Based on the novel by science fiction writer Ray Bradbury, the film examines a totalitarian society in the not-to-distant future where owning or even reading books is illegal. It's fascinating to see how this film—over 50 years old now—envisioned the impact of television in this future society. This thought-provoking film may leave you wondering what book you would choose to save if you had to pick just one.

Monday Night at the Movies is a great way to have an enjoyable evening out. Come see a terrific film, and if you desire afterwards, stay for a brief discussion. It's free and open to everyone at Hershey's Mill. If you'd like more information, please call Lynne Urian at , or

. Hope to "see you at the movies"!

HM PLAYERS – REPORT FOR DUTY!

Terese Judkins | Chatham

It's time to buckle down and get our costumes, scenery, props, tickets, advertising and more, ready for our 2020 show, *Murder at Hotel D Mill*. The show will be at East High School the last weekend in June. Normally about 1,000 friends, neighbors and family members attend.

Continued on next page



(At left) Some Railroaders.

For those who tried out for the play, rehearsals will start in late March. These rehearsals are a lot of fun and a great opportunity to make new friends and enjoy old friends. Of course, the reason most people join the Players is our great parties. This year, our cast party will be after the last show. But, why should we wait until then? There's always a reason to party with other Players! Watch your email and the *Guide and Digest* for news about upcoming social events. If you like socializing, making friends or being involved in putting on plays by working on stage or off, contact Shauna Flynn to find out how to join the HM Players.

(Below) Rian sewing the tee to the skirt



PAOLI HOSPITAL AUXILIARY OF HERSHEY'S MILL

Betsy Carlin | Princeton

PHA-HM invites you to attend our monthly meeting on Thursday, **April 9**, at 9:30 a.m. in the HM Community Center. Our guest speaker will be Michael Montanya, Clinical Coordinator, Paoli Hospital Sleep Medicine Services. His topic is "Sleep and Aging". The focus is on how sleep changes as we age; what we should expect as we age; and strategies for improving our sleep in light of these differences. We are expecting a full house of people, wide awake and ready to learn! For more information about the HM Auxiliary, call Betsy Carlin at

"GRAND" IDEAS!

Gail Habbersett | Eaton

One outreach opportunity in my church supports our mission work in Kenya by making hundreds of tee shirt dresses for young girls. Since my granddaughter, Rian, expressed an interest in fashion design, this sounded like a fun and worthy project that we could do together. Rian learned the basics of her sewing machine during home economics in school, so we focused entirely on the process of measuring, pinning and stitching. She was a quick study and after making her first dress, she alone



(Above) Yea — a sense of accomplishment!

Both "Grand" Ideas! photos by Gail Habbersett

went on to complete five others! Along with the chatter and giggles, we felt satisfied that we accomplished something worthwhile for our friends in Africa.

COMMUNITY GARDENS

Ed Sweeney | Yardley

Have you noticed? The gardens are coming back to life! If the weather cooperates, both sheds will be unlocked mid-March. St. Patty's Day

signals, to many gardeners, that it's time to plant onions. If you'd like try, you'll find plenty of experienced folks who would love to help you.

For the past several years, volunteers in the gardens helped off load and spread soil purchased locally. Thanks to the work of Jeff Sebastian, Ulster, and Bill Romano, Yardley, that service will continue as Main Line Gardens signed on as our new supplier. More information and the call for volunteers to help with this project will be forthcoming.

Would you like the inside scoop about the Community Gardens and who oversees them? Please turn to "Getting to Know You" in this issue.

IGC CONCIERGE JEWELERS

Will be at the Community Center from 8 a.m. until 4 p.m., providing a wide range of jewelry services. IGC will be there to purchase the following items: gold, silver and platinum jewelry, sterling silver flatware and sterling silver accessory pieces, fine timepieces as coins. IGC is interested in purchasing larger diamonds in all shapes and sizes. They also have a state of the art service center to expertly repair your fine jewelry and

Continued on page 43

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Community News (continued)

fine timepieces. Free jewelry cleaning and inspection while you wait. Any questions, call at 610-876-6611. Complimentary coffee and doughnuts will be served.

WELLINGTON EVENT

Wellington at Hershey's Mill cordially invites you to attend a "Taste and Tour" event on Thursday, **March 19** from 11:30 a.m. to 1:30 p.m. Guests will enjoy chef-prepared seasonal dishes and dessert. Tours of Wellington's newly renovated spaces will be conducted after lunch. Please join us and bring a friend! Valet Parking will be available. Please RSVP to April Soublis, 484-263-5995 or asoublis@benchmarkquality.com.

SAVE THE DATE

Showcase of Homes - May 7, 10 a.m.-3 p.m.

Are you curious? The homes may look the same on the outside, but not on the inside. Discover the varied and wonderful interior design and decor of selected HM homes on the Paoli Hospital Auxiliary Showcase of Homes tour. Resolve your curiosity while you benefit Paoli Hospital. Tour Tickets: \$25, Optional lunch Tickets \$25. Details on advanced ticket sales will be provided in the April *Guide and Digest*. Any questions, please contact Loretta Bevilaqua at
or

Grief Recovery FREE Introductory Class - March 9, 7-9 p.m.

See article "Health and Well Being" for details.



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We dedicate the March news to Theodore Geisel Seuss – “Dr. Seuss”.

“The more that you read, the more things you will know. The more that you learn, the more places you will go.”

This winter, the library hosted Philadelphia native and author, Richard Krassen. During his informal lecture to the assembly in the Community Center’s Main Hall, he described his year-long odyssey of writing his memoir, “Breadcrumbs on My Journey”.

His story is written as short vignettes reflecting upon his life beginning on Kindred and Large Streets. An integral part of his life involved street games.

Basketball in Philly was a formidable part of his childhood and adult life – feeling that it provided a safety net for him as



**Mon. to Fri. 10 a.m. – 2 p.m.
Saturday 10 a.m. – Noon**

**HM Library contact:
Angela Linden 610-696-5374**

www.hmlibrary.com

he went through the challenges of life. Playing at the Palestra was a significant highlight!

Rocky’s victory pose, chosen by Krassen for sight recognition and interest, comprises the cover of his book and that image is on display in the Philadelphia Art Museum. The book, available in hardcopy, paperback, and Kindle, can be purchased by E-mailing Krassen at rkrassen@gmail.com. Check our library for our autographed copy!

NEW BOOKS

Fiction

Appelfeld, Aharon - *To the Edge of Sorrow*
Benedict, Marie - *Lady Clementine*
Carr, Robyn - *Country Guesthouse*
Colgan, Jenny - *Where Have All the Boys Gone?*

(Above) Grayson regaling his audience, and (at left) the author and his book

Cook, Robin - *Genesis*
Elon, Emuna - *House on Endless Waters*
Fleishmann, Raymond - *How Quickly She Disappears*
Hudson, Melanie - *Last Letter from Juliet*
Jin, Meng - *Little Gods*
Kantira, Virginia - *Meg and Jo*
Krentz, Jayne Ann - *Vanishing*
Maja, Lunde - *End of the Ocean*
Napolitano, Ann - *Dear Edward*
Raisin, Rebecca - *Little Bookshop on the Seine*
Roberts, Nora - *Unfinished Business*
Steadman, Catherine - *Mr. Nobody*
Steel, Danielle - *Moral Compass*
Taylor, Brad - *Hunter Killer*
Williams, Beatriz - *All the Ways We Said Goodbye*
Williams, Beatriz - *Wicked Redhead: A Wicked City Novel*

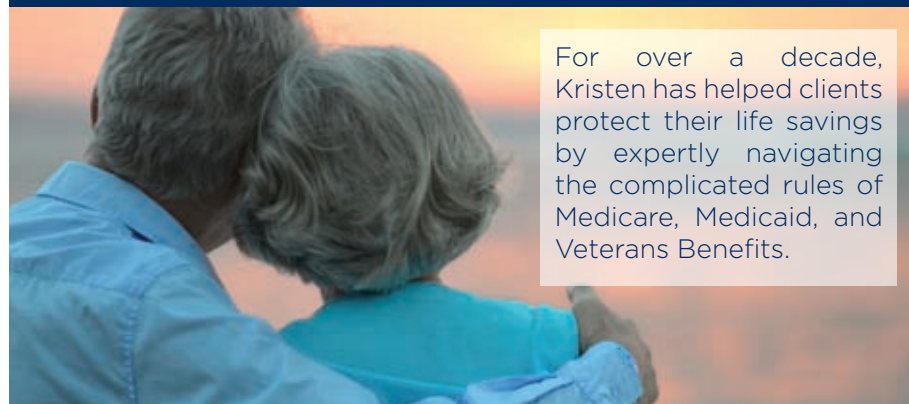
Mystery

Alexander, Tasha - *In the Shadow of Vesuvius*
Beaton, M.C. - *Beating about the Bush*
Black, Benjamin - *Secret Guests*
Hautey, Chris - *Deep State*
Johansen, Iris - *Hindsight*
Lindsay, Jeffrey - *Just Watch Me*
Moore, Liz - *Long Bright River*
Patterson, James - *Lost*
Patterson, James & James O Born - *River Murders*
Robinson, Peter - *Many Rivers to Cross*
Sveistrup, Soren - *The Chestnut Man*
Woods, Stuart - *Treason*

Biography

Chambers, Cassie - *Hill Women: Finding Family and a Way Forward*
Frankel, Francois - *Bookshop in Berlin*
Krassen, Richard - *Breadcrumbs on My Journey*

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Featured Club

S.O.A.R. – SUPPORT OUR AMERICAN REPUBLIC

Kate Lindsay | Brighton

Sometimes people do not believe they have the knowledge to make informed decisions or do not believe their vote makes a difference. Most recently, people have become so polarized that they cannot voice or discuss their opinion. A group of residents have been talking about these concerns and believe there may be others interested in doing the same. These Hershey's Mill residents want to provide an opportunity to discuss issues in a manner that respects all viewpoints in order to share and inform each person about issues that affect us in our community. The club called S.O.A.R. stands for Support Our American Republic. The initial meeting will be held on Tuesday, **February 25** from 4 p.m. to 6 p.m. Please contact either Joe Reed at or Sara Hamilton at if you have any questions.

PC CLUB

Don Trauger | Kennett

On **March 17**, we will discuss two programs: Wise Disk Cleaner and Registry Cleaner. We meet at 7 p.m. upstairs in the Community Center. Should the elevator installation interfere with the PC Club meeting watch the TV Bulletin Board on our channels 1971 or 1970 for changes in location.

APPLE & MAC CONNECTION

Carol Campanelli

Saturday, **March 28**: If you own any Mac device, be it an iPhone, iPad, or computer, there is FREE expert advice

Get Informed

"The function of education is to teach one to think intensively and to think critically. Intelligence plus character - that is the goal of true education." and "Nothing in all the world is more dangerous than sincere ignorance and conscientious stupidity." Martin Luther King, Jr. "Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has." Margaret Mead

Then Vote!

available in the Paoli Room of the Community Center from 10 a.m. to 12 noon. We meet there on the fourth Saturday of every month. All Main Line Macintosh Users Meetings are open to everyone, so even if you are a PC user, but have questions about your iPad or iPhone, come and ask the experts: Bob Barton and Nick Iacona. Email Carol at carolcampy@gmail.com for questions about our meetings. Coffee, tea and light refreshments are usually provided.

HERSHEY'S MILL KNITTING CIRCLE

Ruth Schick | Chatham

While there is still a little more of winter to go, it's time to begin thinking about warm weather projects. If you are a knitter or crocheter, please join our circle. We meet on **Thursdays** from 1-3 p.m. in the Paoli Room of the Community Center. In addition to doing our own work, we are happy to assist people with their knitting and crocheting projects. For information

about us, contact Ruth Schick at or

BOOK CLUB

Carol Barkovsky | Eaton

The popular novel, *Where the Crawdads Sing* by Delia Owens will be the topic of discussion led by Elaine Merhar on **March 12**, at 2 p.m. in the Sullivan House. For years, rumors of the "marsh girl", Kya Clark, have haunted Barkley Cove, a quiet town on the North Carolina coast. So in late 1969, when handsome Chase Andrews is found dead, the locals immediately suspect her. But Kya is not what they say. Sensitive and intelligent, she has survived for years alone in the marsh that she calls home, finding friends in the gulls and lessons in the sand. Eventually the time comes when she yearns to be touched and loved. When two young men from town become intrigued by her wild beauty, Kya opens herself to a new life until the unthinkable happens.

For April, we will review *America's First Daughter* by Stephanie Dray

PHOTOGRAPHY CLUB

Carol Poling | Oakmont

The club meets every **second Monday** at 2 p.m. in the Paoli Room. The

participants are beginners through experts. The main purpose is to share the photographs you have taken and ask for feedback. In addition to reviewing photographs, our meeting in January had a presentation about Luminar IV which is a program to enhance the photographs after you have taken them. This is referred to as post processing. We had a good discussion. If you have any further questions, please contact Carol Poling. You can always just show up to the meeting because we welcome everyone.

HM CAREGIVER SUPPORT GROUP

Sue Staas | Kenett

Caregivers! Those of you who are caring for a loved one with a chronic illness such as dementia, Parkinsons, or any chronic disease: the Caregivers' Support Group is a source of caring for you! Our members offer emotional support, and practical experience-based advice and referrals. Join us! Long time members! Welcome back - spring is not far away. As usual, our March meeting will be the first Thursday, **March 5** at 10 a.m. in the Paoli Room in the Community Center. See you soon! For more information: Aimee Gustitis our professional caregiver and coordinator: 610-724-8950 or Sue Staas,



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Don Trauger | Kennett

Wise Disk Cleaner and Registry Cleaner

I have not written any previous articles about these 2 free programs. They have been around for a number of years doing a quiet but comparable (to CCleaner) job of cleaning your computer of unneeded junk files. CCleaner has done a fine job and still does but in recent months annoying pop-ups have been appearing. I question why Avast, who now owns CCleaner, needs to do this. Also, privacy could be an issue with CCleaner. I recommend that you try the 2 following Wise programs in place of CCleaner. In addition to the Wise programs, Cleanmgr + which I have written about previously can add cleaning power particularly within the Windows system area. To read about Cleanmgr + go to our website at her-sheysmill.org and enter cleanmgr + in the Search field then click Search.

Downloading the Wise Disk Cleaner can be done by entering <https://www.wisecleaner.com/wise-disk-cleaner.html> in your web browser (Chrome/Firefox etc.) then press the keyboard Enter key. Click the Free Download button. Downloading the Wise Registry Cleaner can be done by entering <https://www.wisecleaner.com/wise-registry-cleaner.html> in your web browser then press the keyboard Enter key. Click the Free Download button. The programs will be found in your Downloads directory. Open File Explorer, double click the Downloads folder then double click WDCFree to install the Disk Cleaner. After it's

installed double click WRCFree to install the Registry Cleaner.

Double click the Wise Disk Cleaner icon on the Desktop screen. Click the Scan button to analyze the amount of your computer's junk files. After the scan completes it will display the number of files to be removed and the total size. Next, click the Clean button to actually remove the files. For a deeper cleaning, click the Advanced Cleaner button at the top of the window. Click the Scan button and when it's finished click the Clean button. Don't try to delete any other files should they be displayed. Two other items at the top of the window are Slimming System and Disk Defrag. Slimming the System requires good computer maintenance expertise. Disk Defrag should not be used if your computer has a SSD instead of the traditional hard drive. If you have a hard disk drive (HDD) you can safely use Disk Defrag. Defragging your HDD is easy but it takes time. Click the "down" arrow next to Analyze and choose Full Optimization for the best performance gain. The other 2 selections balance the Defrag/Optimization process against the time it takes for the full optimization. If you have a SSD, type the word disk in the "Type here to search" field in the lower left corner of the screen. In the results window click on Defragment and Optimize Drives. Click the Optimize button and when it completes you can close the program (App). This

program can detect whether you have a SSD or a HDD so it can safely optimize either type of drive. However, for a HDD, it's best to run it 3 times back to back to fully optimize it. A SSD can complete the optimization in just a few seconds with 1 pass where a HDD may take 10-30 minutes or more.

Next, double click the Wise Registry Cleaner icon. Click Fast Scan to clean your system of unused entries. Click-



ing the Deep Scan will look for more unused entries. If you click it make sure you observe the results of the scan. Don't try to remove anything that's unsafe to remove. Two other items included are System Tune-up and Registry Defrag. System Tune-up makes changes to your system to improve overall performance. Personally, I find it unnecessary to run it. I definitely would not run the Registry Defrag as it is totally unnecessary and could cause problems.

We'll discuss these 2 programs in more detail at our **March 17 PC Club** meeting at 7 p.m. upstairs in the Community Center. Should the elevator installation interfere with the PC Club meeting watch the TV Bulletin Board on our channels 1971 or 1970 for location changes.

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IMPORTANCE OF BALANCE

Bonalynd Mosteller | Inverness

Both the last column and this one focus on the importance of working diligently to maintain or even improve our balance. After much effort, I can honestly say that my balance is better than it has been in many years. Stability CAN be improved!

This second article was generously written by Gabe Kresge, PT, DPT, Clinic Director, Kinetic Physical Therapy at ACAC in West Chester. Here are Gabe's "words of wisdom" to help us improve our balance.

In the depth of winter, snow and ice quickly remind us that we might not be as steady as we thought. What bodily systems help maintain balance and what can we do to improve them? The answer is not as simple as you may think.

There are three systems that work together to keep us balanced: the visual system, vestibular system and somatosensory system. Improving the function of these three systems with easy exercises can help you improve your steadiness.

Visual System: The ability to see clearly plays a huge role in balance. Make sure your eyewear prescription is up to date so you maintain the best depth perception possible. Yearly screens for cataracts and glaucoma are also beneficial.

Vestibular System: This system is responsible for telling you where your head is in space. To challenge it, close your eyes so that you are taking away assistance from the visual system. A deteriorating vestibular system is often why older adults feel unsteady at night, when they cannot rely on their vision. Here is an exercise which can help. Stand with your feet together and eyes closed, near a stable surface for safety, for 20-30 seconds at a time.

Somatosensory System: This system tells your brain where your joints are in space. To challenge this system, an unstable surface is required. Standing on a soft surface such as a pillow or foam for 20-30 seconds at a time will challenge and support the development of this system.

When all three of these systems are sharpened and working together, the likelihood of falling is reduced!

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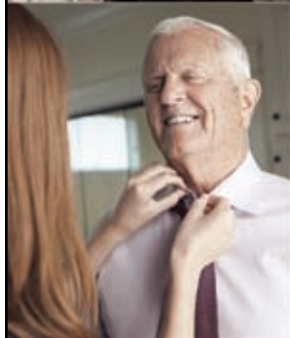
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for the Love of...

Rosie Taylor | Princeton

Pets

Hi Max, Lucy, Thatcher. This is how I greet a few of my neighbors. Not the people – their dogs! I must admit, for the most part I remember the dog's name and not that of their owners. I don't do it on purpose. It's just that wagging tails and excited jumps give me more warm fuzzies than a one word 'hello' or nod of the head.

Over the years, I've had a number of dogs – big and small. They've slept in my bed, shared my food and even took the blame for something I did. Not that they could defend themselves, but they took it on the whiskers and still loved me even after they were banned to the basement. I enjoyed the companionship, the unconditional love and the occasional saving me from eating something I didn't like. I did however, and still do, stop at 'face licks'. It isn't anything personal against my doggie friends, it was something I learned from Sister Who-Knows-All-Things in first grade at St. Edmonds. In a discussion about hygiene, she warned us to never, never allow an animal to lick your face because you'll get the 'rot'. I took her warning seriously and have never gotten the 'rot', so I guess she was right.

As with everything in life, certain people, events and situations are memorable. Of all my pets, including four dogs, three cats, two hamsters, a rat and two gerbils, Sheba, a Scotch terrier, was the most unique. Small, compact with black curly fur, she came to live with us when my Uncle Atony retired from the Air Force in

Utah where he raised Sheba. She was lovable, cuddly and loved airplanes. Forget chasing cars, buses, mailmen or other dogs. Nothing got her more excited than the sound of a jet engine. It would wake her from a dead sleep faster than the smell of her favorite food. This caused problems. You see, we lived 3 miles from a major airport - under a flight path with arrivals and departures between midnight and 4am. At the first roar of the engine, Sheba would tear through the house, barking at the ceiling waking both our household and the neighbors on either side of our row home. Dad tried putting her in her doggie carrier with a blanket over it however that only muffled her yaps. No amount of training, treats or threats broke this habit. And then one day she just stopped. No more chasing, barking and running into walls in her pursuit of a 747. Why? No one knows. Perhaps she finally realized she wasn't going to catch one. Sheba was a loving pet, a trusted companion and I cried the day I brought her to the vet for her final flight home.

Pets are miracle workers. They fill our hearts, make us smile, reduce stress, and force us to exercise. Their love comes with no strings and has no boundaries. Maybe this is why I remember their names.





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Stories from a Boomer: In the Club

Scott Burkhart | Inverness

A while back, I had a story published in the *Guide and Digest*, so I thought I would submit another. The editor, Louise, invited me to talk to her and see the TV station. She gave me the grand tour. I was impressed with the setup and equipment of the TV section, but most impressed with Louise's obvious love for the work that she does to keep the publication running smoothly.

I had a feeling that she was trying to get me to volunteer for something but I told her I just liked writing stories from my Baby Boomer point of view. When I asked if she thought this was a good idea, she surprised me and asked if I was a member of the HM Baby Boomer Club. I replied that I never heard of it. She said that was because it got to be so large that they stopped overtly advertising so they could find a place large enough to hold their functions without a fire marshal shutting them down.

Not surprising since we Boomers peaked at about 79 million in 1999 and hover around 73 million today, retaining our title as the largest living adult generation. We can thank our parents who came home from WWII to a prosperous economy and, evidently with a twinkle in their eye, for that population explosion. All true Boomers are now 55 or over so we can proudly say HM is a large club for us all.

Let us take a minute to remember some Boomer highlights:

- Practicing cold war drills where we ducked under our school desks.
- Marching to the school nurse's office for polio shots.

- Learning to use a slide rule before calculators were available.
- Transitioning from black and white to color TV.
- 45's, 33 1/2's, 8 tracks, and cassettes.
- Experiencing the assassination of JFK with more to follow.
- Civil rights marches and Martin Luther King's assassination.
- The Vietnam War and subsequent protests.
- The space race culminating with our putting a man on the moon.
- The first military draft lottery (I won and was drafted).
- Groovy fashions such as miniskirts, bell bottoms, tie-dyed shirts, etc.
- American Bandstand and Soul Train before MTV.
- The British Invasion.
- Watergate and Nixon.
- Jimi Hendrix and the far out psychedelic era.
- Woodstock, Hippies and Flower Children.
- Women's liberation and the burn the bra movement.
- Life before computers, the internet and cell phones.
- Peace signs

As Jeff Foxworthy might say, "If you recall any of these highlights, you just might be a Baby Boomer."



HMSG PRESIDENT'S MESSAGE

John DeVol | Princeton

Save the date Friday, **May 22** for **HMSG EXPO 2020**. The entire Mill is invited for **FREE beer, wine, soda and snacks** at the Community Center. Each of the 8 sports groups will share pictures and introduce planned activities for the coming year. There will be games, 50/50 drawings and prizes for attendees plus lots of socialization. The HMSG is actively working with the Master Association on a "Master Plan" for future improvements to the HM Sports Facilities. HMSG will be looking for contributions to help fund those improvements.

BOCCE

Joe Carrone | Inverness

Winter is almost over and we are getting ready to kick off the 2020 bocce season. There will be weekly open bocce, village play and the return of the popular summer league which will start after

Memorial Day. First off will be a pair of clinics in mid-April for residents wanting to learn more about the sport. Look for more specific details in the April digest. In the meantime, if you want to get on the bocce mailing list, e-mail Joe Carrone at _____ or call _____.

BOWLING

Ed and Eileen Isselmann

It is hard to believe it, but by the time you read this, the HM Bowling League will be in its last month of the season. Yes, bowling ends the end of March (weather permitting) just in time to make way for the spring and summer activities popular throughout the entire community.

HM Bowling League is a MUST!

Remember, we always need subs as well as regular bowlers. If you are interested, contact Ed or Eileen Isselmann at _____ or _____.



(Below) Larry Appalucci, Robynwood and John Colozza, Jefferson taken by Margaret Callahan, Franklin.

(At bottom) Betty Shaffer of Yardley, completed a 10K race at Disney World on January 10. The race attracted over 20,000 runners and she finished near the top of her age group. She can be often seen exercising at the Y or volunteering at the HM library.

(Below left) Shows the fun everyone in the HM League has when they come to The Palace in Downingtown to bowl.



PICKLEBALL

Tom Fant | Yardley

The month of March gets us looking ahead to the end of winter. This photo taken last summer by Margaret Callahan shows John Colozza, one of our advanced players, in The Nation's favorite attire – *shorts and short sleeves!* John is demonstrating the proper pickleball serve follow through. Nice work Johnny C. You have made our rules person, Lynn Mander, very happy.

Fortunately, we've had a lot of playable days this winter. We'll borrow a quote from Elsa in *Frozen*: "The Cold Never Bothered Us Anyway". Warmer weather will bring the extra fun part of pickleball – our socials: the three main summer holiday picnics and our monthly "PickleBall & Pizza" events on certain Wednesday evenings starting in May. Last year, our favorite weather lady, Cecily



Continued on page 59



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Hershey's Mill Sports Group (continued)



Tynan, let us down with three rain-outs. Our leader, Jack Hamilton, has removed that risk for 2020 by reserving The Cove for rain-proof evenings.

As in recent years, we expect a lot more growth in our program. That's why on our 2020 opening day, Saturday, **April 25**, we will arrange for instruction by some of our veteran players starting at 9 a.m. Practice games will be set up on court 4. Refreshments will be served. In the meantime, on those special days when it's over 40 degrees and the March wind isn't howling, stop on down at 2 p.m. and take a look. The paddles and balls are free. You'll find us between the tennis courts and the pool with a little bocce on the side.

TABLE TENNIS

Allan Shaffer | Yardley

On Saturday, January 19, the Table Tennis Club held its winter doubles competition. Twenty players participated. Play was followed by a pizza party enjoyed by players and spouses. The table tennis group meets on **Thursdays, Saturdays and Sundays at 2 p m** on the second floor of the Community Center. Questions can be referred to

(Above) From left to right: Glenn Chelliah, April Wang, Barbara Rea, Jack Hamilton, Lynn Mander, Hiroshi Mitsuka, Denis Raihall, Pat Meehan, Robert Schullery, John Cunningham, Karen Stahl, John DeVol, Merrie Turney, Mary Lou Perry, Keith Emory, Barbara Emory, Jane Hamilton, Mark Udren, Martha Marshalek, and Bob Bevan

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of Commerce for employment suggestions in the area. One suggestion was to reach out to meat vendors. He did just that and Steve's future meat purveyor referred him to a small golf club in West Chester. The rest is history.

One of Steve's earliest contributions was attracting former colleagues, Steve DeVries and Eduardo Bernate, to

Steve Muir, Executive Chef of Hershey's Mill Golf Club, retired after 33 years of dedicated service. Steve provided us with our holiday favorites on 33 Thanksgivings, 33 Easters, and 33 New Year's Eves!

Chef Steve graduated in 1976 from the renowned Culinary Institute in Hyde Park, New York. For the next decade, he explored opportunities with American Planned Hotels in Florida, the Convention Center in Manchester, New Hampshire then back to Florida to work at Jackie Gleason's golf club, Inverrary, near Ft. Lauderdale. In 1986, Steve and his wife decided to contact the Philadelphia Chamber

the HMGC where they brought front-of-the-house class to the organization. Meanwhile Steve was providing club members with top-tier cuisine in an era when clubs tended to serve fancier faire.

In retirement, Steve now has more time for his three children and five grandchildren. Steve is hoping to take his hobby, photography, to another level. He enjoys post processing, which is editing photos via the computer. He has a hard disc full of photos taken since 1991 which needs his serious attention. He plans to provide photos of seascapes and fences for stock photography on the internet. Of course,

he still plans to dabble as a chef now and then. We wish Steve much happiness in this next phase and thank him for many years of service.

John Hagerty | House Committee

Beginning Sunday, **March 1**, the Club will be open for lunch Tuesday – Sunday and dinner Wednesday thru Saturday.

The annual **Indoor Golf** event is Saturday, **March 7**. You do not have to be a golfer to participate. As long as you can play miniature golf, you are good to go. Sign-in will be at 3:30 p.m. with a 4 p.m. shotgun start. Call HMGC to reserve for golf and dinner. This is always an enjoyable event.

Our new Head Chef, Lenny is busy fine-tuning exciting new menus. He will prepare Irish-themed specials for

the **St. Patrick's Day Buffet** which will be held on Saturday, **March 14**. Reservations will be taken from 6-8 p.m.

We will continue with Ladies' Night Out once a month. Our first **Ladies' Night Out** of the season will be on Wednesday, **March 18** in the Bar from 5-7 p.m. Tables in the bar are available on a first come, first-served basis. If you would like a table in the dining room; dinner reservations begin at 6 p.m.

As always, we value your feedback and suggestions. Please fill out the Comment Cards which are available by the Suggestion Box in the Lobby and are also included in your bill. Remember to put your name on the card, because we will continue to pull a card each month for a free drink.

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OLIVER
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Our St. Patrick's Day menu is a sweet treat that comes mostly from Kerry and Cork in southern Ireland; authentic, but modified a touch for ease and availability.

Spiced Beef with Champ and Horseradish Sauce

Buy whole spices/berries and grind if you can, and substitute for grass-fed beef only if you must. These three recipes can be finished simultaneously.

¼ cup sugar and ¼ cup brown sugar
3 tablespoons kosher salt
2 tablespoons ground black pepper
2 tablespoons ground allspice
2 teaspoons ground cloves
2 tablespoons ground juniper berries
4 pound bone-in grass-fed beef roast
½ cup Irish whiskey

Mix sugars and seasonings, rub them all over the roast, cover loosely, and refrigerate for 4 days. Place roast, with coating and any juices, into a deep

pan just a bit larger than the roast, add whiskey, add water just to cover roast, and simmer for 2 hours. Remove roast, discard liquid, pat dry, and roast uncovered in a preheated 400°F oven until well browned with an internal temperature of 140°F. Remove, cover loosely, and let rest 15 minutes before carving.

6 large Russet potatoes
5 large scallions, chopped
1¼ cups whole milk
6 tablespoons Irish butter
Salt and ground white pepper to taste
 Scrub potatoes, then boil until tender. While cooking potatoes, slowly bring the scallions and milk to a boil in a small saucepan. Peel cooked potatoes, mash a bit, then finish mashing with

hot milk and scallions. Mix in 4 tablespoons butter and season. Use the remaining butter to dot the top.

2 tablespoons prepared horseradish
2 teaspoons white wine vinegar
1 teaspoon each lemon juice and Irish whiskey

¼ teaspoon Dijon mustard
¼ teaspoon kosher salt
⅛ teaspoon ground white pepper
2 teaspoons sugar
⅔ cup heavy cream, softly whipped
 Whisk all but cream together, then fold in whipped cream.

Cream-Dressed Salad

4 large eggs
1½ tablespoons brown sugar
½ teaspoon kosher salt
1 teaspoon dry mustard
1¼ tablespoons white wine vinegar
½ cup heavy cream
Boston and Bibb lettuces (or other Butterhead types); both torn
Scallions, tomatoes, cucumbers, and radishes; all sliced

Hard-boil the eggs, cool, then peel. Make the dressing by mashing 2 eggs along with the sugar, salt, and mustard, then whisking in the vinegar and cream. Mix lettuces and vegetables, combine with dressing, and scatter remaining eggs, chopped, over.

Pickled Beets & Onions

1 pound trimmed beets
1¼ cups sugar
2½ cups water
1 Vidalia onion, thinly sliced
1¼ cups white wine vinegar
 Roast the beets uncovered in a 350°F oven until tender, then remove and thickly slice. Bring the sugar and water to a boil, then add onion and boil 2 minutes more. Mix in vinegar, then pour over the beets. Let cool completely before eating.

Treacle Bread

4 cups unbleached all-purpose flour
1¼ teaspoons kosher salt
1½ teaspoons baking powder
2 tablespoons unsulphured molasses
1 large egg
1¼ cups buttermilk

Preheat oven to 450°F. In a bowl, whisk dry ingredients. Separately whisk wet ingredients, add to dry, and mix until a soft dough forms. Turn out onto a floured surface, create a smooth round loaf, slightly flattened, then place on a parchment-lined baking sheet. Cut a 1" deep cross extending a bit over sides, and bake for 15 minutes. Reduce heat to 400°F and bake 30 minutes more; or until loaf sounds hollow when bottom is tapped. Cool on rack before slicing.

Apple Cake

2 cups unbleached all-purpose flour
½ teaspoon baking powder
8 tablespoons butter, cubed
⅓ cup confectioners sugar
2 large eggs, beaten
⅓ cup whole milk, cold
2 Gala apples; peeled, cored, & sliced
1 teaspoon ground cloves
⅓ cup heavy cream and 1½ teaspoons each Irish whiskey and sugar

Preheat oven to 350°F. In a bowl, whisk together flour and baking powder, then cut in butter until dough is crumb-like. Mix in ½ cup of sugar and 1 beaten egg, then the milk to form a very soft dough. Pat half into a greased 9" round cake pan, then add apples in a layer, and sprinkle over remaining sugar and the cloves. Pat remaining dough over top, seal edges, cut a few slits, then glaze with remaining egg. Bake about 40 minutes until cooked through and browned. Whisk cream, whiskey, and sugar until soft whipped, and serve a good dollop on warm cake slices.



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| Baby Boomers..... | hmboomers@gmail.com |
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| Bingo..... | Hal Deal |
| Book Discussion Group | Carol Barkovsky |
| Bowling (Oct-Apr)..... | Ed Isselmann..... |
| Bridge Groups: | |
| Golf Club Tuesday Bridge..... | J.B. Smink..... |
| Golf Club Friday Bridge | John Marks |
| HM Duplicate Bridge, Mondays at 12:30pm..... | Bray LeBrocq |
| Intermediate Bridge | Lee Gamma..... |
| Social Club Party Bridge | Susan Hackstaff..... |
| Talking Bridge..... | Lisa Groff |
| Card Games | Penny Adolf..... |
| Care Sharers Group..... | Answering Machine.....610-430-8830 |
| Caregivers Support Group | Sue Staas |
| Chester County Hospital Auxiliary..... | Helen Adair |
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| Cradle Stitchers..... | Donna Faunce |
| Dominoes (Mexican Train)..... | Sheila Di Croce |
| Exercise to DVDs..... | Sally Thompson..... |
| Gardens (Community)..... | Jim DiCarlo..... |
| Hand and Foot Card Group..... | Agnes O'Leary |
| Knitting Circle | Ruth Schick..... |
| Mah Jongg (Groff) | Lisa Groff |
| Men's Bible Study..... | Ken Mertz..... |
| Mermaid Book Club..... | Marrie Truskey |
| Monday Night at the Movies | Lynne Urian..... |
| Paoli Hospital Auxiliary..... | Betsy Carlin |
| Photography Club | Carol Poling..... |
| Pinochle Club | Erna Graham..... |
| Poker Club | Mike Brindisi |
| Quilters..... | Diane King |
| Scrabble..... | Marie Knox..... |
| Singers (Casual Singing Group)..... | Paul Day |
| Singers (Hershey's Mill Singers)..... | Earl Needhammer |
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| Sports Group (HMSG)..... | John DeVol |
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