

NOVEMBER 2020

GUIDE — AND — DIGEST



A PUBLICATION OF HMCTV AT HERSHEY'S MILL

WELLINGTON
AT HERSHEY'S MILL
a Senior Lifestyle community



DIY VS. COMMUNITY LIVING: *What does your lifestyle look like after retirement?*

When the practicality and desirability of the family home fade, discover the remarkable alternative found here. Our senior living includes exceptional dining, 24/7 security, home maintenance, wellness programs, and opportunities for fun and fulfillment.

Start a conversation personalized to your needs
by calling **484-861-2372**.

1361 Boot Road | West Chester, PA 19380

Independent Living | Personal Care

Skilled Nursing & Rehabilitation | PC #141360 & SNF #21250201

WWW.SENIORLIFESTYLE.COM



Pet
Friendly

DEB DORSEY TEAM



discover the difference

Deb Dorsey Team is a professional and hard-working team with decades of experience throughout the Main Line, Delaware and Chester Counties.

Deb Dorsey Team helps clients buy and sell homes in Hershey's Mill. We would like to learn your story and speak to you and your friends about your real estate goals.

Dave Dorsey, REALTOR®
610.724.2879 | dave@debdorsey.com
Resident of Glenwood Village

Deb Dorsey, Associate Broker
610.724.2880 | deb@debdorsey.com
Resident of Kennett Village

610.527.6400
www.debdorsey.com

DEB
DORSEY
TEAM

discover the difference



BERKSHIRE
HATHAWAY
HomeServices

Fox & Roach
REALTORS®

©2015 BHH Affiliate, LLC. An independently operated subsidiary of Home Services of America, Inc., a Berkshire Hathaway affiliate, and a franchisee of BHH Affiliates, LLC. Berkshire Hathaway HomeServices and the Berkshire Hathaway HomeServices symbol are registered service marks of HomeServices of America, Inc.® Equal Housing Opportunity. Information not verified or guaranteed.
If your home is currently listed with a Broker, this is not intended as a solicitation.

Hershey's Mill Community TV

A fully self-supported nonprofit organization.

20 Hershey's Drive, West Chester, PA 19380

Telephone: 610-436-5922

E-mail: hmctv@comcast.net

HMCTV Board of Directors

Donald J. Trauger (President)

Carl Fletcher (Vice President)

Gail Habbersett (Secretary)

Jack Keeley, Sharon Kope,

Louise O'Brien, and Joe Silio

Volunteer Coordinator Lee Gamma

HMCTV Guide and Digest

Telephone: 610-436-6429

E-mail: hmctvguide@comcast.net

Volume XX1 Number 11 – November 2020

Editor Louise O'Brien

Associate Editors Gail Habbersett and Sharon Kope

Featured Writers Scott Burkhart, Joseph S. Kennedy,

Kate Lindsay, Bonalyn Mosteller, Jurg Oppliger,

Grace Reed, Katherine Schilling, Rosie Taylor, and

Don Trauger

Advertising/Marketing Director Jack Keeley

Marketing Finance Joe Silio

All submissions welcomed; with rights retained by the owner. Send to hmctvguide@comcast.net, Attention Editor. Hardcopy submissions are not accepted. Articles should be limited to 500 words (although others may be considered), and photographs should be high-resolution. HMCTV determines suitability and has sole discretion to publish any submission. Submissions are due by the 23rd (37 - 40 days in advance of each edition) for possible inclusion (those received after will be reviewed for the next); contact the Editor for exceptions. Articles are subject to editing for space, clarity, and grammar. Information and opinions are those of the author, and may not reflect those of Hershey's Mill Community TV, its officers, or directors.



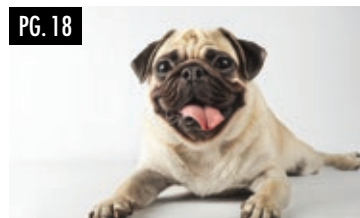
LIVE LIFE YOUR WAY IN THE COMFORT OF HOME.

Finding a care alternative for a loved one can be difficult and challenging. Home Helpers is your solution. We provide a full-range of non-medical care services that consists of:

- Personal Care
- Companionship
- Live In service
- Home Support
- Transportation

To learn how we can put a care plan in place for you today, call our Chester County office at (610) 358-1110, or visit www.homehelpershomecare.com/media.

PG. 18



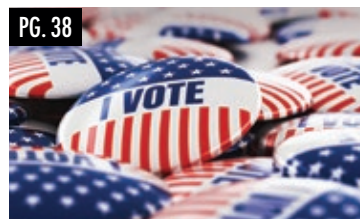
PG. 28



PG. 34



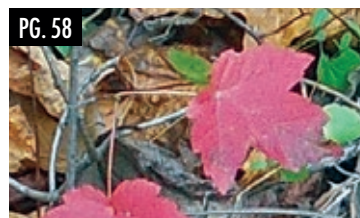
PG. 38



PG. 48



PG. 58



Cover photos for October and November
by James Faunce – Oakmont

Activities Calendar	36
Activities Contacts	69
Advertisers' Index	70
Classifieds	43
Club News	22
Community News	23
Dining In	31
Fall in the Garden	34
for the Love of...	32
From a HM Boomer	45
From the Main Gate	8
Getting to Know You	14
Health and Well Being	48
Hershey's Mill Golf Club	66
HMCTV Programming	12
Library	46
Local History	28
Nature Group	58
Pet of the Month	18
Recipes	25
Residents Update	11
Rethinking "Goodbye"	52
Sports Group	54
Tech Committee	64
Tech Tips	61
Vine Talk	20
Voting 2020	38
What Residents Want to Know	7



Tending to your health is always essential.

There's no denying the new realities brought on by COVID-19. And while much has changed, one thing has not: our commitment to human care. Which is why our hospitals, health centers and practices have put measures in place to safeguard your health. Learn more at mainlinehealth.org/patientsafety

Stay safe. Be seen.



Lankenau Medical Center | Bryn Mawr Hospital | Paoli Hospital | Riddle Hospital
Bryn Mawr Rehab Hospital | Mirmont Treatment Center
HomeCare & Hospice | Lankenau Institute for Medical Research

What Residents Want to Know

Karl Grentz | MA President

QUESTION: How much financial support does the MA give to the library?

ANSWER: \$7,500 for 2021 budget year

QUESTION: Why can't there be rakes in the sand traps of the golf course?

ANSWER: We have removed the rakes to reduce the touch points between members. For this same reason you do not see ball washers on any of the tee boxes.

QUESTION: Why can't we drive golf carts on the roads within our community?

ANSWER: As far as I know, we can drive golf carts on the roads, within HM.

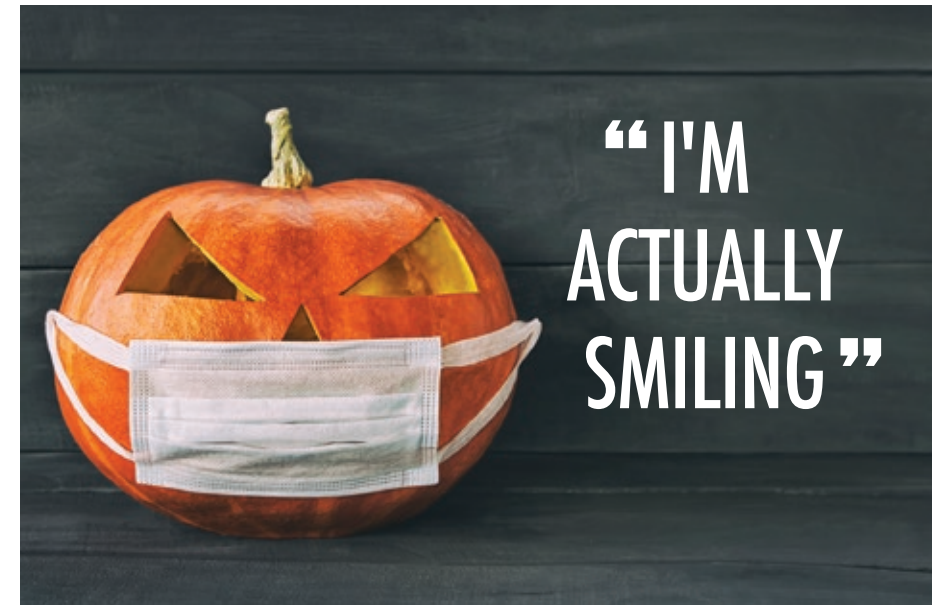
QUESTION: How many reported cases of covid-19 in HM?

ANSWER: I personally do not know. I opted, at the beginning of the COVID-19 outbreak, not to interfere or meddle in anyone's' private affairs/ business.

This could also be construed as a HIPPA violation. If an individual wants to inform a neighbor or their village council that they have COVID-19, that is their business.

DON'T DEPEND ON RUMORS!

Submit questions by e-mail at hmctvguide@comcast.net, by calling 610-436-6429, or by delivering them to the mailbox outside the Hershey's Mill Community TV building.



Marc Fraser | Director of Security

For the last couple of months, this section has discussed gate entry procedures, as well as our new Guest Gate Phone Boxes and how to operate them. This month, I would like to offer a few important reminders on the operation of our new Guest Gate Phone Boxes.

YOUR GUEST MUST:

Use the guest phone box keypad to enter the NUMBER ADDRESS OF THE HOUSE of the resident they are visiting.

Unlike previous entry phone systems utilized by Hershey's Mill, there is no longer a requirement to put zeros before an address number. (i.e. a guest visiting house number 91 in the past would have entered "0091" on the keypad. Now they only enter "91").

YOUR GUEST SHOULD WAIT as the guest phone box will dial the resident automatically.

YOU MUST:

Verify that the guest is calling you from a guest phone box, rather than

a cell phone, as the gate will only open when receiving a command from the guest phone box.

Your caller ID will show 610-436-0549 or 610-701-6389 for calls placed from a guest phone box.

You will not be able to open the gate for any guest who calling you from a cellular phone, the call must come through the guest phone box.

Press "9" on YOUR phone to open the gate.

Please note that, during a power outage affecting the North Gate (Greenhill Road) area, the North Gate guest phone box will be inoperable; and all guests should be directed to come to the Main Gate where the Security office is located.

Remember that when you invite a guest, give them the address of the main gate to enter the property. Sometimes guests are waiting at the East and West gates because GPS had directed them to these gates when they put in your specific address.

kitchentune-up®

Up to \$750 Off or 0% Financing for 24 Months on Any Cabinet Refacing Project.

Expires 12-31-20

Quickly remodel your kitchen in just 1-5 days for only \$99-\$249 a month.

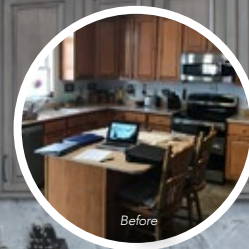
We specialize in:

- Refacing and redoing
- Custom cabinets
- Cabinet painting
- 1-day wood restoration

Why wait? Call now for a free estimate.

484-318-7205 kitchentuneup-mainline.com

Locally owned & operated by Jeff & Penny Toren



Our showroom is open by appointment only.

391 Lancaster Ave, Malvern, PA.

BREWER
HVAC
Since 1938
HEATING & AIR CONDITIONING
We Have Certified 24/7 Technicians
On Call for Your Home Emergencies
Sales • Service • Installation • GeoThermal

Plumbing Services Available Now

Serving West Chester for 4 generations as your neighborhood contractor.

HM Residents - Mention this ad and receive 10% off new service contracts! Ask about rebates, credits & financing.

610-692-5252
www.brewersheatandair.com

ANGEL COMPANIONS®

Affordable and compassionate care - we are licensed and our employees are bonded & insured.

Please call for a free assessment:
610-644-8160
www.angelcompanions.net

Home Care for Seniors

- Personal care
- Hospice assistance
- Meal preparation
- Medication reminders
- Laundry
- Light housekeeping
- Companionship
- Transportation

Now with offices in Wellington at Hershey's Mill serving Hershey's Mill and surrounding communities with very flexible service options



You can feel **safe and confident** at Maris Grove.

In good times and uncertain times, there's no safer, smarter place to be than at an Erickson Living®-managed community like Maris Grove in Delaware County. Enjoy independent senior living, plus a safety net of additional support should you ever need it.

- Feel safe and secure in a community of friends, neighbors, and caring staff.
- Our full-time providers are available for telehealth appointments and even house calls.
- You can rely on the expertise and financial strength of Erickson Living, a national leader in senior living.



Learn more. Call 1-877-652-4841 for your FREE brochure.



Delaware County | MarisGrove.com



Residents Update

Baney, Ruth Ann

1617 Yardley Drive

Bradshaw, Anderson & Denise

318-B Devon Way

Brophy, Thomas III & Mary Lou

870 Jefferson Way

Corbit, Richard & Kathleen

1097 Lincoln Drive

DiJulia, Richard & Linda

295 Devon Lane

Fitzsimmons, Ed & Linda

1103 Lincoln Drive

Giordano, James & Pierce, Ellen

451 Eaton Way

Goodman, Joyce & Alen Rosenfeld

551 Franklin Way

Gottschall, Bob

544 Franklin Way

Graham, James

1001 Kennett Way

Hamilton, Jack & Sara

Hansler, Thomas

1553 Ulster Circle

Jacobson, Carolann

1039 Kennett Way

Jonak, Gerald

1096 Lincoln Drive

Kirchner, William & Diane

994 Kennett Way

Leighton, Kirk & Barbara Trimble

25 Chandler Drive

Maranella, Joseph & Mary Ellen

484 Eaton Way

Martinides, Anthony & Wilma

1376 Springton Lane

Massaro, Lawrence

672 Heatherton Lane

McCarthy, John & Mary Tobin & Kelly

725 Inverness Drive

McCullough, Francis & Joanne

576 Franklin Way

Saling, John & Linda

1064 Kennett Way

Sasin, Richard & Janet

1598 Ulster Lane

Shaud, Ann

56 Jefferson Way

Smith, Kurtz & Mary

1251 Oakmont Lane

Tunnell, Ellwood & Rebecca

788 Inverness Drive

Wagner, Hilary

922 Jefferson Way

Wendell, Evert & Lang, Elisa

419 Eaton Way

Zychowicz, Joseph & Linda

1390 Springton Lane

Programs	November 1-16 (7 p.m. show on November 16 will not be shown)			
Plank House Restoration <i>with Ellen Carmody</i> Ellen interviews Norman Glass, a restoration expert, who helped with the reassembling of the Plank House at our Village of Goshen-ville. The house, circa 1808, was saved from demolition on West Chester Pike by the East Goshen Historical Commission and moved to East Goshen Township, across from the Blacksmith Shop. Ends at 10:45 a.m., 4:45 p.m., 7:45 p.m., 12:45 a.m.	10:00 a.m.	4:00 p.m.	7:00 p.m.	12:00 a.m.

Movies Noon & 8:30 p.m.	November 1 to November 9, noon The Remains of the Day (PG) <i>Anthony Hopkins and Emma Thompson</i> The story of an English butler who sacrifices his personal life to his master's needs. [Run time 2h14m]
	November 9, 8:30 p.m. to November 16, noon Anne of a Thousand Days (PG) <i>Richard Burton and Genevieve Bujold</i> Drama of Henry VIII and Anne Boleyn, the first of the King's spouses to face death when she could not bear a son. [Run time 2h25m]

For **Programs and Movies**, go to **Channel 1970** (Bulletin Board information appears only if neither is currently airing); for continuous **Bulletin Board** information, go to **Channel 1971**. Call HMCTV at **610-436-5922** if you **aren't able to receive** our TV channels. To view Programs online, go to www.hersheysmill.org and navigate from TV & Digest to HMCTV to Original Programming.

HMCTV reserves the right to make program substitutions, and dates/times are subject to change. Opinions of hosts, guests, or advertisers shall not be construed as an endorsement by HMCTV. ©2020 HMCTV

Programs	November 17 - November 30 (7 p.m. show on November 30 will not be shown)			
NASCAR Driving with Don <i>with Demi Neilson</i> What's it like to drive a real NASCAR stock-car? Demi interviews Don Evons about his gift to drive one of these machines at the Pocono Raceway. Watch as Don narrates the video of his 3 laps around the Pocono "tricky triangle" as he follows a professional driver at high speed.	10:00 a.m.	4:00 p.m.	7:00 p.m.	12:00 a.m.
Ben Franklin at Immaculata LLLI <i>with Sandy Wollenberg</i> Life Long Learning instructor, Jerry McNeff, tells us about his class on Benjamin Franklin. He discusses Franklin the man, politician, inventor, scientist and much more. Ends at 10:45 a.m., 4:45 p.m., 7:45 p.m., 12:45 a.m.	10:30 a.m.	4:30 p.m.	7:30 p.m.	12:30 a.m.

Movies Noon & 8:30 p.m.	November 16, 8:30 p.m. to November 23, noon Eight Men Out (PG) <i>John Cusack and Christopher Lloyd</i> The true story of the "Black Sox", the eight members of the Chicago White Sox who conspired with gamblers to throw the 1919 World Series. [Run time 1h59m]
	November 23, 8:30 p.m. to November 30, noon The Longest Day (G) <i>John Wayne and Robert Mitchum</i> The epic depiction of the Allied invasion of Normandy during World War II. [Run time 2h58m]

24 hours/day on channel 1971

12:45 a.m. - 10:00 a.m., 10:45 a.m. - Noon,
4:45 p.m. - 7:00 p.m., 7:45 p.m. - 8:30 p.m. on channel 1970

**Bulletin Board
Times**

Sharon Kope | Robynwood

Ed McFalls

Who is Ed McFalls? Where is he from? What does he do here at The Mill? These are all questions I have heard, and have even asked myself, since I moved in years ago. So I went on a quest to find the answers to these questions and others.

Ed McFalls is a native of West Goshen Township; the Glen Acres neighborhood. Some of his family still lives there. He went to school in the West Chester Area school district, being in the first class to graduate from East High School. He went to Penn State and graduated with a Bachelor of Arts degree in History, and a minor in business enabling him to understand budgets and accounting. During his college summers, he started working at Goshen Valley Condominiums. The Managing Agent was Carolyn Barlow who was also involved at Hershey's Mill, so she introduced Ed to the then development group. Ed did anything from maintenance items in the villages and taking care of the MA facilities. There was an economic downturn in 1981 and the security department had to lay people off, so Ed began overseeing the operations of that department as well.

Fidelity Bank brought in Wooldridge from California. Mr. Wooldridge asked Ed what he could do and he replied, "I can do anything you want me to do". So Ed was made the administrator and right hand person, writing letters and communication since Mr. Wooldridge was back and forth a lot from CA. In 1984, Ed was



made Vice President of the company and brought into the administration of things including the planning of the villages by working with the engineers. He also went to township meetings with Wooldridge but eventually went by himself. Ed's outstanding working relationship with the township helped when there were hoops to go through.

Many articles have been written about the development of Hershey's Mill, but Ed gives another insight to its growth.

If Hershey's Mill was suggested today, it would never get approved because we are located in an R1 zone. We are the only development in East Goshen built with our uniqueness. If you are in an R1 zone, it means one house is built per acre. Hershey's Mill is 770 acres meaning only 770 homes were to be built, but we got approved for 2500 houses or 3.25 houses per acre, a cluster arrangement. We are the crown jewel of the township!

When clustering homes, you need to provide open space. HM was predicated on the idea that 50% would be open space; some active, some passive. The golf course is considered open

space and areas that are wetlands and streams. There are also preserved natural areas with mature trees.

Ray Freyberger was the original founder and developer. He built the first model complex which is now Westbrook, and the Council building which was changed to Winfield Hall, which of course is now the Community Center. (Winfield Hall was named after an uncle of David Crockett.) Freyberger's office was originally in the Sullivan House. David Crockett, with West Chestnut Realty, finished Ashton, built Brighton, the shells of Chatham and Devonshire, and sold 30% of homes in those two villages. Wooldridge was brought in and he finished Chatham and Devonshire and made drainage improvements. He also planned Eaton. Four villages were sold to K. Hovnanian and Ed's services were 'sold' to them because of his working relationship with the township. Yardley was the last village built by K. Hovnanian.

The sewer system here was also revolutionary for the time when Hershey's Mill was built. It is very environmentally friendly. When HM was started, the wastewater was sent to a tile field, which was under the upper portion of the 15th hole. When David Crockett and West Chestnut Realty bought the community in 1977, they were able to get the treatment system approved. In the beginning, water was provided by Great Valley Water Company, not Aqua, and they operated mostly wells. The little stone building across from Eaton was an operating well. When it was acquired by Aqua, they used the surface water from creeks and streams and then HM returned it to the earth by our spray irrigation system. This is

considered a very eco-friendly approach to wastewater disposal.

Ed has many, many hats in his role here at Hershey's Mill. In the developing stages, he was an initial member of every village council. Ed was the Vice President and Wooldridge was the President, another person was the treasurer and secretary. As things got off the ground, the transition process began to turn things over to a resident-elected council of each village. The same was true for the Master's Association. The original declarations called for the declarant to have control up until 1999, but when K. Hovnanian purchased several villages, they required the declarant to have control until they were finished and so it was extended another 10 years; until 2009. The transition process was started in 2003 and finished in 2009 when they recorded the final declaration. Ed was on the legal board of the MA until 2009. During that time, he was a voting member. But as a practical matter, the year 1997-98, defacto control was given over to what was called at that time as the 'Inter Village Board', or IVB, which was the predecessor to the MA Board.

Ed's primary role is that of Managing Agent for the Wooldridge Construction Company with the MA. In that role, he does the bidding of the Board of the MA. The important point to realize is that he is not a voting member. His institutional history and knowledge is invaluable to everyone. Ed was appointed President of Wooldridge Construction in 2018 by the board of that corporation. Wooldridge Construction, through entities, owns the operation of the Golf Club, but does not own the land.

Getting to Know You (continued)

Since HM Golf Club is the managing agent for the Green Hill Sewer Association, he is also involved in the management and operation of that entity. There is a nine-member board and they are selected by the MA. It is a very solid group of people.

Another role Ed has is the managing member of the HM Commercial Holdings, LLC which is the owner of the shopping center. He loves the interaction with the tenants.

As for the future of HM with the passing of Bob Wooldridge... the family is committed to Pennsylvania and everything will keep running the way it has been.

Ed's wish list for the residents is to continue to be a premier place to live. This is a community for active adults. Up until 1988, the age restriction was 42, not 55. The average entry level age at that time was 61. Marketing people try to reach out to younger people. Residents receive a good value for what you purchase. There is no other place in the area that has what we have to offer, with the exception of the exercise room. There is a master planning project in progress with the HM Sports Group to develop the grassy area near the current shuffle board as a place where villages can gather and socialize.

As for Ed's personal life, he met his wife on a church bus. They got married in a blizzard on March 13, 1993. They have 2 sons; Christopher is 24 and works for Deloitte, and Benjamin is 21 and works for UPS and takes classes at WCU. At one time, both boys worked as bag boys for HMGC. Ed's passion is his church, Westminster Presbyterian Church on Route 202, into which he was born

and raised. He joined the choir two months after his father passed. When he joined the choir in 1995, there were only 35 singers. As of early 2000, there are routinely 60 singers. Ed is the president of the choir and Clerk of the church's Session.

Ed is among a long list of 'old timers' here at The Mill. He came on December 3, 1979; Jerred Golden, Director of Grounds (Golf Course, Landscape Company, Operator of Greenhill Sewer) came in August of 1980; Mike Neale, Superintendent of the Landscape Company, came in 1982; Darryl Elliot, Mechanic for the Golf Course and Maintenance has been here over 40 years; Ed Dvorak, Facilities Coordinator, has been here 38 years; and Bruce Foreacre, who recently retired, was here for over 40 years.

GW
GENERAL WARREN
Historic Hospitality
1745

15% food discount at lunch
for all Hershey's Mill residents
11:30 am - 2:30 pm Mon-Fri

- American Cuisine
- Small Plates/Lite Fare
- Private Party Rooms
- Outdoor Dining
- Live Music in the Tavern
- Guest Suites

9 Old Lancaster Rd Malvern, Pa
www.generalwarren.com

610-296-3637

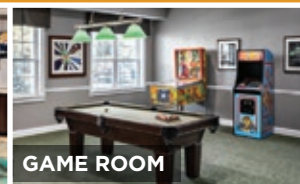
ZAGAT rated "High Excellence"

EVERYTHING YOU NEED TO LOVE. LIFE. HERE.™

INDEPENDENT LIVING ♦ PERSONAL CARE ♦ MEMORY CARE



PUB



GAME ROOM



'50s DINER

A Premier Senior Living Rental Community just minutes from Downtown West Chester

ENDLESS OPTIONS FOR RECREATION AND SOCIALIZING ON OUR COMMUNITY "MAIN STREET" FEATURING:

- ♦ Restaurant
- ♦ '50s Diner
- ♦ Movie Theater
- ♦ Arts & Crafts Studio
- ♦ Pub
- ♦ Game Room
- ♦ Fitness Center
- ♦ Salon
- ♦ Post Office
- ♦ General Store
- ♦ Aviation Observation Room overlooking Brandywine Airport
- ♦ Rooftop Deck
- ♦ Full calendar of exciting activities & fun events
- ♦ And so much more!

LEARN MORE BY CALLING 484.401.9800 OR VISITING OUR WELCOME CENTER TODAY

ARBOUR ♦ SQUARE
at West Chester



NO LARGE ENTRANCE FEES!

LOVE. LIFE. HERE.™



www.arboursquareseniorliving.com

484.401.9800

1201 Ward Avenue | West Chester, PA 19380



Our Amazing Dogs

Rosie Taylor | Princeton

“Dogs inspire us to cultivate our childlike qualities and to realize we never have to outgrow the wonder of life. We can dance in the surf and dare to get our hems wet and our faces smudged with nature’s signature. We can pirouette under the full moon, twirl like the tumbleweeds, sing in the street, smile at a grump, and offer a hug to a stranger.”

(Mari Gayatri Stein)

Here are interesting facts about these four-legged miracles that fill our lives, lick our faces and love us unconditionally.

- Dogs’ noses are wet to help absorb scent chemicals.
- Newfoundlands are amazing lifeguards.
- The Beatles song ‘A Day in the Life’ has a frequency only dogs can hear.
- Three dogs survived the Titanic sinking.
- A Bloodhound’s sense of smell can be used as evidence in court.
- The tallest dog in the world is 44 inches tall.
- Basenji dogs don’t bark, they yodel.
- A Greyhound could beat a Cheetah in a long distance race.
- A blind man and his guide dog hiked the Appalachian Trail.
- The Ewoks in Star Wars were based on a dog.

- 30% of Dalmatians are deaf in one ear.
- The Saluki is the oldest dog breed.
- Chow Chows and Shar-Peis have black tongues.
- Dogs have three eyelids.
- The African Hunting dog is the most successful hunter in the world.
- The Labrador Retriever has been on the AKC’s top 10 most popular breeds list for 25 consecutive years—longer than any other breed.
- A dog’s nose print is unique, much like a person’s fingerprint.
- Forty-five percent of U.S. dogs sleep in their owner’s bed.
- Speaking of sleeping ... all dogs dream, but puppies and senior dogs dream more frequently than adult dogs.
- Seventy percent of people sign their dog’s name on their holiday cards.
- A dog’s sense of smell is legendary, but did you know that his nose has as many as 300 million receptors? In comparison, a human nose has about 5 million.
- Rin Tin Tin, the famous German Shepherd, was nominated for an Academy Award.
- The shape of a dog’s face suggests its longevity: A long face means a longer life.
- Dog eyes have a part called the tapetum lucidum, allowing night vision.

- The name Collie means “black.” (Collies once tended black-faced sheep.)
- Yawning is contagious—even for dogs. Research shows that the sound of a human yawn can trigger one from your dog. And it’s four times as likely to happen when it’s the yawn of a person he knows.
- The Dandie Dinmont Terrier is the only breed named for a fictional person—a character in the novel Guy Mannering, by Sir Walter Scott.
- Dogs curl up in a ball when sleeping to protect their organs—a hold over from their days in the wild, when they were vulnerable to predator attacks.
- The Basenji is not technically “barkless,” as many people think. They can yodel.
- The Australian Shepherd is not actually from Australia—they are an American breed.
- The Labrador Retriever is originally from Newfoundland.
- Human blood pressure goes down when petting a dog. And so does the dog’s.
- There are over 75 million pet dogs in the U.S. – more than in any other country.
- A person who hunts with a Beagle is known as a “Beagler.”
- Dogs are not colorblind. They also see blue and yellow.
- All puppies are born deaf.
- Dalmatians are born completely white, and develop their spots as they get older.
- Dogs have about 1,700 taste buds. (We humans have between 2,000–10,000.)
- When dogs kick backward after they go to the bathroom it’s not to cover it up, but to mark their territory, using the scent glands in their feet.

A recent study shows that dogs are among a small group of animals who show voluntary unselfish kindness towards others without any reward.



Wines for Thanksgiving Day

Kate Lindsay | Brighton

Thanksgiving is approaching and as we get ready for the big dinner, here are some wine recommendations for the day. Since the traditional meal includes many flavors, the usual pairings may not meet your specific taste and we hope this can be helpful.

Recommendations from the WineSpectator magazine:

Pinot Noir type are wines that can be a good companion to all the various flavors that is used during the Thanksgiving celebration.

Recommendations from Wine Enthusiast:

- Pinot Noir type
- Riesling type– the off dry style not the sweeter type
- Rioja type which is a Spanish wine
- Pinot Blanc type from the Alsace region

Recommendation from Better Homes and Gardens magazine:

- Sparkling wines: Prosecco type from Italy and Cava type from Spain
- Red wines: Pinot Noir, Zinfandel, Beaujolais, Syrah type
- White wine: Viognier, Chenin Blanc, Sauvignon Blanc, Riesling (dry or sweet), Gewurztraminer



IT'S ALL ABOUT YOU



We are not just a place; we are *the* place to call home! At Riddle Village, we are all about options. Spacious floor plans, scenic locations and numerous high-end finishes allow each Resident to express their taste. Flexible dining options in four different restaurants, Resident-led committees and enriching programs create an experience for all to live life their way, every day. We are proud to offer our Residents a lifestyle that is focused on making sure they feel heard, considered and valued while creating an environment that allows our community to continue to grow. Riddle Village wants to show you a different experience and we would like to get to know you too.

CALL TODAY TO LEARN ABOUT OUR LIMITED TIME ONE-BEDROOM SPECIAL PRICING OPPORTUNITIES!

RiddleVillage.org | (610) 891-3700 | 1048 West Baltimore Pike, Media, PA 19063



November Mac Meetings

Rene McNally | Devon Way

November 28, Fourth Saturday Newer Users MAC Help. We are continuing to meet on Zoom where Bob Barton and Nick Iacona will answer your questions about all your Mac devices. Check the website: www.mlmug.org for links about both the Main Line Macintosh Users Group and the fourth Saturday Newer Mac Users Group. It's a great way to ask your questions and also learn more about your devices from other user's problems.

I will also send out the access information for the meetings to those on my email list. Contact me at _____ if you wish to be included on my list. Rene McNally is the contact in Hershey's Mill.

HM Nature Group (HMNG)

Christine McCormick | Ashton

The Nature Group members were active identifying birds, trees, shrubs, lepidoptera and turtles this season. Ninety species of birds were identified before migration ended. The red-belly turtle, a protected/threatened species in Pennsylvania, was observed by a HM resident and confirmed by a herpetologist with the Pennsylvania Fish and Boat Commission. The presence of this species underlines the richness of Hershey's Mill natural resources. Stop in the library to review the field guides and nature references donated by the Nature Group. All are invited to submit photos to our Nature Photo Contest in the coming months. See our website (Hersheys-mill.org; Activities: HMNG) and

send questions and requests to join to HersheysMillNature@gmail.com,

Hershey's Mill Knitting Circle

Ruth Schick | Chatham

The Hershey's Mill Knitting Circle is a group of handcrafters who enjoy helping each other with projects and welcome knitters and crocheters whether they are beginners or experienced in their crafts. We are very happy to assist people with projects and techniques to the best of our abilities. We meet on Thursdays from 1-3 p.m. During this COVID-19 time, we are meeting in the Cove. Masks are required during our meetings. For information about the Knitting Circle, contact Ruth Schick at _____.

Book Club

Carol Barkovsky | Eaton

Monthly meetings are held from 2-3 p.m. on the second Thursday of the month from September through June. Check the *Guide and Digest* to learn if the meeting will again be held by Zoom. If you are new to The Mill and would like to participate, please provide your email to Carol so she can send you a Zoom invitation.

Charlotte Roede will be the discussion leader on November 2, for *Blowout: Corrupted Democracy, Rogue State, Russia, and the Richest, Most Destructive Industry on Earth* by Rachel Maddow. In December, we will celebrate Poetry Day by having everyone bring a favorite poem to read and explain what it means to you.

POINSETTIA SALE – Paoli Hospital

Eileen Rackover

We would like to suggest lovely medium-sized pink or red poinsettias in planters to decorate your home for the holidays or to give as holiday gifts. HM's Paoli Hospital Auxiliary is selling poinsettia plants to benefit the Neuro-interventional Lab and Program at Paoli Hospital.

Plants must be pre-ordered and pre-paid by November 20. This sale is open to all HM residents. To order your poinsettias, if you are not an HM Auxiliary member, please contact Betsy Carlin at _____, or Loretta Bevilacqua at _____. Auxiliary members may contact Barbara Wurth at _____. Poinsettias may be picked up at the Community Center on December 3.

TREE OF STARS

This beautiful tradition is magical each year. It is an opportunity to remember loved ones, honor a special person, or write a message on gold stars which decorate the Tree of Stars throughout the Holiday Season.

This year there will not be the traditional HM Tree Lighting ceremony, but the Tree of Stars will be displayed at the HM Golf Club.

Your purchase of a star(s), at \$10 each, will also benefit the Neuro-interventional Lab and Program at Paoli Hospital. You may contact Gerry Walsh at _____ or _____. The order cutoff date is November 25.

THE DESMOND
MALVERN
A DOUBLETREE BY HILTON

**Three Great Restaurants,
One Location**
FORK & BOTTLE • FOX & HOUNDS PUB • SUNSET GRILLE

10% SR. DISCOUNT - ALWAYS!

**Hershey's Mill Residents Take
an Additional 5% Off of Your
Dinner Check Every Fri. & Sat.**

Discount taken off food portion of check only. Offer cannot be combined.
Offer not valid on holidays, banquet functions or special events.

1 LIBERTY BLVD., MALVERN | 610-296-7300 | FORKANDBOTTLEMALVERN.COM

**Come Home
to Someplace
You Love**

Boyle's
Floor & Window Designs

705 E. Gay Street, West Chester
610-429-9773 www.boylesflooring.com



**skilled
nursing
& rehabilitation**

At Bellingham & Park Lane

Your *Life*. Your *Style*. Your *Therapy*.

DURING YOUR STAY

- 24-hour RN/LPN nursing care
- Physicians who specialize in geriatric care
- Physical, occupational and speech therapy
- Pain management
- Home safety evaluations
- Basic cable TV
- Internet/WiFi throughout the building
- Social services
- Wound care physicians/wound care team
- Special dietary meal options
- Restaurant-style dining & room service
- Laundry services
- Mail and flower delivery

CALL 484-653-4417 FOR ADMISSIONS



1615 East Boot Road, West Chester, PA 19380

Independent Living | Personal Care | Memory Care | Skilled Nursing & Rehabilitation | AL License 106260

WWW.BELLINGHAMRETIREMENTLIVING.COM



Recipes

Thanksgiving Sides

Rosie Taylor | Princeton

From green bean casseroles and roasted veggies to mashed potatoes and cranberry sauce, sides are holiday crowd-pleasers and the stars of any Thanksgiving meal. Here are a few new additions to add to the Sides Wall of Fame.

Brussel Sprouts, Squash and Bacon (8 servings)

Source: Kate Lindsay

Brussel Sprouts have become more popular recently and here is a recipe which can become a favorite even for the Brussel Sprout novice.

Prep: 10 minutes

Cook: 30 minutes

Ingredients

- 2 pounds of Brussel Sprouts which you cut in half
- 1 1/2 pounds of butternut squash which is peeled and sliced in a package at the supermarket
- 1 medium onion sliced into half-moon slices
- 1 tsp of black pepper
- 1/2 tsp of red pepper flakes
- 1/2 pound of bacon (you can substitute turkey bacon with 1 tbsp. of vegetable oil)

Instructions

Chop the bacon and fry over medium heat and when done remove the bacon. In a bowl, add the Brussel sprouts, squash, onions, black and red pepper. Drizzle the bacon fat onto the vegetables and toss until all vegetables are coated. You can use a baking dish or cookie sheet for cooking the vegetables. Cook for 20 minutes in a 400 F. oven do not burn the Brussel sprouts. Sprinkle the bacon on the vegetables in the serving dish.

Baked Brussels Sprouts

Ingredients

- 4-6 slices bacon (thick or thin)
- 3 tablespoons butter
- 2 lb. Brussels sprouts, halved
- Kosher salt (to taste)
- 1/2 teaspoon cayenne pepper
- 3/4 cup heavy cream
- 1/2 cup shredded sharp white cheddar
- 1/2 cup shredded Gruyère



continued

Recipes (continued)

Instructions

Preheat oven to 375

In a large oven-safe skillet over medium heat, cook bacon until crispy, 8 minutes. Drain on a paper towel-lined plate, then chop. Discard bacon fat. Return skillet to medium heat and melt butter. Add Brussels sprouts and season with salt and cayenne. Cook, stirring occasionally, until tender, about 10 minutes. Remove from heat and drizzle with heavy cream, then top with both cheeses and bacon. Bake until cheese is bubbly, 12 to 15 minutes then broil for 1 minute to golden the cheese.

Roasted Carrots

Ingredients

- 1/4 cup balsamic vinegar
- 1/4 cup extra-virgin olive oil
- 2 tablespoons maple syrup
- 1/2 teaspoon crushed red pepper flakes
- 1 1/2 lbs. baby carrots
- Kosher salt and ground black pepper (to taste)



Instructions

Preheat oven to 400°. In a large bowl, combine vinegar, oil, syrup, and red pepper flakes. Add carrots, season with salt and pepper and toss to coat. Place carrots on a large baking sheet (avoid over-crowding) and roast for approximately 30 minutes – until fork tender and slightly charred.

Homemade Cranberry Sauce

Ingredients

- 1 cup sugar
- 1 cup water
- 1 12-oz. package fresh cranberries
- 2 tsp. orange zest
- Kosher salt (to taste)

Instructions

Over low heat, combine sugar and water until sugar dissolves in a small sauce pan then add cranberries and cook about 10 minutes - until they burst. Stir in orange zest and a pinch of salt. Remove saucepan from heat and let cool completely, then transfer to a resealable container and refrigerate.



ORIENTAL PEARL RESTAURANT

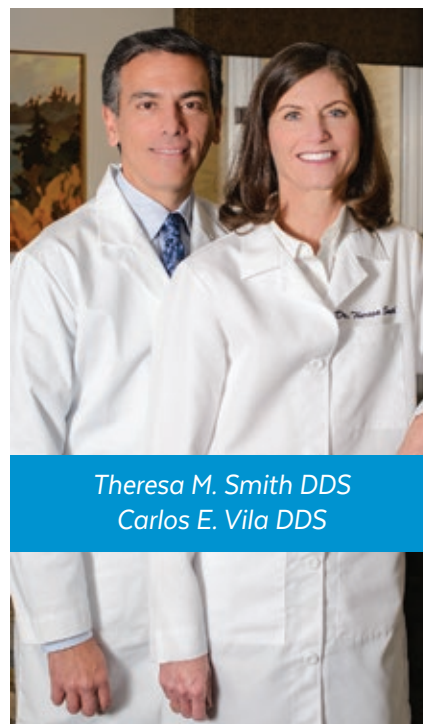
*Sushi and Pan Asian Cuisine & **BYOB!***



10% off for Hershey's Mill owners only

Goshen Village Shopping Center
1550 Paoli Pike • West Chester (Across from CVS)

610-692-5888 🍷 OrientalPearlwc.com



Theresa M. Smith DDS
Carlos E. Vila DDS



SV DENTAL

\$59 First Check Up

Senior Citizen Discount – Every Visit

Since 1997 I have received the greatest and most professional care I have ever received and being a lady of "a certain age" I have been to many dentists prior to finding Dr. Smith.

Bernice L. — Hershey's Mill
West Chester, PA

195 W. Lancaster Ave, Suite 1 Paoli, PA 19301

610.296.7797

WWW.SVDENTAL.COM

Main Line Airport

Joe Kennedy | Princeton

At the intersection of Swedesford Road and Valley Stream Parkway in the Great Valley Corporate Center in Chester County, there's an old tree that stands out from the other flora on this manicured man-made landscape. This tree marks the location of the all but forgotten Main Line Airport. Located in the middle of what was then a farming community, the airport was for more than 45 years a working airfield, involved in service and research on both fixed- and rotary-winged aircraft during the formation years of aviation in our region.

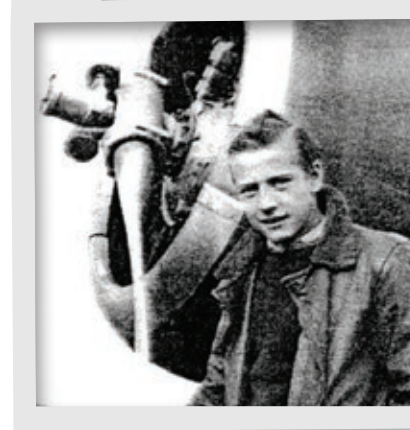
The airport had its beginnings when Charles Devaney, an auto mechanic, used a pasture on his family's Twin Brook farm as a runway to fly his Curtiss JN-4 Jenny in the years after World War I. Later in 1929, the Devaney farm was sold to inventor E. Burke Wilford, who converted the barn into a hangar, painted Paoli on the hangar roof, and laid out defined runways. For about three years, until 1932, Wilford worked on making modifications to an autogiro invented by Juan Cierva some years earlier. The autogiro was an aircraft powered by a conventional propeller and supported in flight by a horizontal rotor mounted above the fuselage that provided lift for the aircraft.

For some unknown reason, Wilford transferred his operation in 1932 to the Philadelphia Seaplane Base on the

Delaware River in Essington, Delaware County. Wilford leased the airport to a local aviation entrepreneur, John Jacob, who ran the facility for the next four years. During this time Jacob offered "short flights in open-cockpit biplanes," flight training, and rental space for private airplanes. In 1936, Wilford sold the property to aviation giant Curtiss-Wright Corp. of New York. This was also the same year that Charles Devaney, the young man that used a pasture as a runway, formed a new business with a close friend, Nick Morris, a well-known flight instructor. The new business was called Demorr Aeronautical Corp. It represented Ryan Airplanes of San Diego as well as the distribution of Piper Aircraft of Lock Haven, PA. The company leased the Main Line airport from Curtiss-Wright Corp. and established its base of operation.

Under the Demorr Company, the airport had a landing field of 89 acres and two schools. One school trained pilots, and the other turned out airplane mechanics. Such activities required new buildings, hangars and a machine shops.

In 1938, President Franklin Roosevelt announced the Civilian Pilot Training Program to create a pool of fliers needed for national defense. The federally funded program trained men ages 18 to 27 so they could become licensed pilots. At the airport, this program became operational in 1939. Many students from what were then



*Images courtesy of
Tredyffrin Easttown
Historical Society*

West Chester State Teachers College and Villanova College took advantage of the program. As a result of this expanded business, the Demorr company bought the airport from Curtiss-Wright Corp. in 1940 for \$42,000. The pilot training program was dropped during the war and aviation activities at the airport were reduced during the rest of World War II. However, test pilots flying the experimental Grumman F8F Bearcat fighter, out of what is now the Philadelphia Naval Business Center, used the airport as a "coffee-break" landing during their regular flight. From 1942

to '45 the Demorr Company made component parts for military aircraft.

During the post-World War II years, the airport benefited from the GI Bill, which paid former servicemen who wished to learn how to fly. Charles "Pete" Conrad Jr. was one of those students during that period of time. Conrad cut the grass on the runways in exchange for flying lessons from Nick Morris, co-owner of the Demorr Company. Conrad later became an astronaut and commander of Apollo 12.

After several years of negotiation, the Demorr Aeronautical Corp. sold the airport to Bethlehem Steel Co. for \$230,000. Bethlehem Steel was interested in the limestone deposits in the area for use in their steel-making process. One of the first things that

continued

Bethlehem Steel did was put a stop to fixed-wing takeoffs and landings at the airport.

But this was not the end of flight at the airport. In 1952, Haig Kurkjian, a test-flight engineer who had been working in helicopter development since 1945, leased the airport from Bethlehem Steel and transferred his helicopter-research and development operation to the airport. For nine years, Kurkjian labored on his HK-1 helicopter to the point that “it was able to hover for extended periods and successfully flew on many flights at the airport and through the Great Valley.” Yet Kurkjian was not able to raise the venture capital needed to obtain flight certification from the

Federal Aviation Agency. As a result, Kurkjian used his skilled personnel, existing machine shop, and other facilities to become a consulting firm for companies in the helicopter business. His most successful client in this regard was Bell Helicopter, which he was associated with from 1963 through 1973.

Bethlehem Steel sold the airport to Atlas Chemical Industries Inc. in 1964, but Kurkjian continued his business operations there. The property passed into other hands before Rouse & Associates later known as Liberty Property Trust, in 1974 purchased the first 650 acres to develop the Great Valley Corporate Center.

Kathy Schilling | Kennett

So my assignment for this month was to scout out various establishments that are going to serve take-out Thanksgiving dinners for a family, hopefully soup to nuts. I began my search at Hershey’s Mill Club and spoke to the manager, Linda, apologetically, as it was mid- September at the time. We had a lovely chat wherein I learned that the Club will indeed be offering take out dinners, but the particulars are not ready. “It’s just too soon”. This is understandable. But I can tell my fair readers that about five years ago, (doesn’t that just sound like ancient times?) and with a different chef, our family did order a dinner package for eight and all necessary components were included.

Undeterred, I went over to Wegman’s to see what the offerings were there and unfortunately, the story is the same. Yes, they will be offering Thanksgiving dinner packages. I was told that the pricing is not per person but rather for the “package”. The consumer chooses...dinner for 6 or 8 etc. They will surely have the info available by the time you read this.

Well now, how to round out this article? Perhaps I can add a chuckle or two by telling you one or two Thanksgiving mishaps I’ve managed over these 50 years.

How about the first Thanksgiving dinner I cooked for my in-laws. Darling people they were being Irish with seven kids and Dad fueled jets at Idlewild which is now JFK. They left the other six kids with a delicious dinner and arrived at our apartment.

We ate on a rickety card table and I was oh so proud. There was no pink in the turkey. There was no juice or flavor either. Gravy, Dad asked. HUH, I replied. So we smeared cranberry sauce over everything. Canned corn, no bread and to top off this masterpiece, an apple pie from the A&P. No ice cream, no whipped cream.

Then there was the Christmas goose incident. We Klapproths substituted goose for turkey at Christmas and it was my turn. Now ten years had rolled by since the above story, so I was much more prepared. I had two little kids, as did my sister, and the day was festive from the start. Then it happened. You see, a goose is a VERY greasy affair and the grease must be poured off near the end. Well there on the counter was the perfect receptacle, an empty cranberry sauce can. Turkey gets put on carving board, Kathy starts pouring, and grease flows ever so consistently all over the floor. Seems the cranberry scooper outer person had opened the can at both ends. Now grease is everywhere, the kids have discovered the new skating rink that’s been miraculously installed in the kitchen and they are having a blast. I am busy trying to keep grease away from the stove lest the whole danged house go on fire. What a mess.

I could go on but I’m sure you’ll agree that there are many restaurants and supermarkets that will provide a hot, hearty Thanksgiving dinner for you and yours. Have a piece of pie, with homemade whipped cream please, for me.



Living to the Power of You

PLUSH MILLS

610-690-1630 | Independent & Supportive Living
PlushMills.com | 501 Plush Mill Road, Wallingford

SAGELIFE

Stupidity

Rosie Taylor | Princeton

Growing up I was taught never to use the word 'stupid' to describe a person. People may do 'stupid' things but they aren't 'stupid'. Jeff's cousin, might be the exception. Here's the story adapted from his own words!

"I was looking for a protective device for my wife when I came across a 100,000-volt, pocket/purse-sized Taser. The effects of the Taser were supposed to be short lived, with no long term adverse effect on your assailant, allowing her adequate time to retreat to safety. Perfect.

At home, I loaded two AAA batteries and pushed the button. Nothing! The

directions stated that if I pushed the button and pressed it against a metal surface at the same time, I'd get the blue arc of electricity darting back and forth between the prongs. It worked however, I now need to explain what the burn spot is on the face of the microwave.

My thinking - I need to try this out on a real target. My cat Leo was looking at me lovingly and for a fraction of a second I thought about zapping Leo and then thought better of it. But, if I was going to give this to my wife for protection, I did want some assurance that it would work. I dropped my jeans, placed my reading glasses on

the bridge of my nose and sat in my recliner with the directions in one hand, and Taser in the other. The directions said that a one-second burst would shock and disorient; a two-second burst was supposed to cause muscle spasms and a major loss of bodily control; and a three-second burst would purportedly make your assailant flop on the ground like a fish out of water. Any burst longer than three seconds would be wasting the batteries. All the while I'm looking at this little device measuring about 5" long, less than 3/4 inch in circumference, loaded with two itty, bitsy AAA batteries and thinking to myself, 'no possible way'!

I'm sitting there alone, the cat looking on as to say, 'Don't do it stupid,' reasoning that a one second burst from such a tiny little ole thing couldn't hurt that bad. I touched the prongs to my naked thigh, pushed the button, and...

HOLY WEAPONS OF MASS DESTRUCTION! I'm pretty sure Hulk Hogan ran in through the side door, picked me up in the recliner, then body slammed us both on the carpet, over and over again. I vaguely recall waking up on my side in the fetal position, with tears in my eyes, body soaking wet, my left arm tucked under my body



in the oddest position, and tingling in my legs! Leo had jumped up on the fireplace mantle in an attempt to avoid getting slammed by my body flopping all over the living room.

A minute or so later, I collected my wits, sat up and surveyed the landscape. My reading glasses were bent and on the top of the TV. The recliner was upside down and about 8 feet from where it originally was. My triceps and right thigh were still twitching. My face felt like it had been shot up with Novocain, my bottom lip weighed 88 lbs. and I had no control over the drooling. Gone was my sense of smell and a faint smoke cloud came from my hair.

My wife loved the gift, laughed at my experience and now regularly threatens me with it! Word of advice. If you think something is stupid – it probably is."



SPECIALIZING IN:

- Laser Cataract Surgery
- Diabetic Eye Care
- Dry Eye Treatment
- Same Day Appointments
- Glaucoma
- Macular Degeneration
- Routine Eye Exams
- Contact Lenses

WILLS EYE DOCTORS... Now in your neighborhood!



Drew R. Chronister, M.D.
Board Certified in Ophthalmology
Cataracts, Glaucoma, Dry Eye
Diabetes and Macular Degeneration



Steven K. Luminaiis, M.D.
Board Certified in Ophthalmology
Cataracts, Glaucoma, Dry Eye
Diabetes and Macular Degeneration

Eye Doctors of Chester County is a division of LLCEA which has been providing personalized quality care in Chester County for over 40 years. CALL 610.384.9100 TODAY FOR AN APPOINTMENT!

T 610.384.9100 W LLEAeyes.com • 1175 Lancaster Ave. 2nd Floor, Berwyn, PA 19312

BRANDYWINE VALLEY

HEATING & AIR CONDITIONING, INC.

"Comfort with Care"

610-692-3900

bvhvac.com • PA 031124

*Proudly serving the
Hershey's Mill Community
for over 25 years!*

- Geothermal Experts
- Maintenance Agreements

John Groch | Chatham Way

Most residents who pass by the community garden during their lagoon walks on these brisk fall days figure gardeners must be closing down for the winter. Some may be, but others are looking forward to planting fall crops such as spinach, kale, broccoli, onions, beets and radishes. Also, really creative gardeners will have let their lettuce go to seed in the early summer and will now plant those seeds for their fall crop. Herbs like sage and thyme that survived the summer will actually experience a fall revival and, of course, bring delicious flavor to Thanksgiving stuffing! Many gardeners embellish their plots with all sorts of flowers, such as zinnias, cosmos and fall-blooming clematis that produce rich bursts of color throughout the fall.



Some advantages to fall gardening are comfortable cooler weather and fewer pests and weeds. Some gardeners claim that fall crops, especially root crops like beets or radishes, actually taste sweeter because the increasing fall coolness promotes starch production. Experts who study climate change claim that the growing season in our region has been extended by about two weeks, a mixed blessing, given the less desirable effects of climate change such as extreme storms and severe droughts.

Lately we've been especially aware of the "heroes" among us, such as health care workers and other essential workers who have generously carried out their responsibilities throughout this time of COVID-19. The gardening community has recognized a hero of its own, Tom Wyda, who rides his bike daily to the garden. According to garden director, Jim DiCarlo, Tom spends most days serving the garden community from 6:30 to 11:00 a.m.



completing chores such as mowing grassy areas and, after storms, wading in the creek behind the garden area to remove branches and clear debris. Also, the level of garden refuse in the dumpster magically lowers after Tom stomps it down to make room for more. These efforts, above and beyond the call of duty, have earned

Tom the gardeners' appreciation and praise.

So, despite the common assumption that only spring and summer offer growing opportunities for gardeners, the fall presents additional options for avid gardeners to keep engaged with their beloved plots.

See the difference.

Discover life's possibilities at Freedom Village at Brandywine.

Live well, dine in style, and connect with friends in our vibrant community. Enjoy an inclusive culture where you're welcomed like family, and explore the freedom of a maintenance-free lifestyle and remarkable amenities just minutes from charming Chester County. Plus, with smart Life Care options and award-winning health services, retirement has never been so secure and worry-free.

What will your retirement look like at Freedom Village at Brandywine?
Call 610-427-2563 and find out.

FVBrandywine.com | 15 Freedom Blvd., West Brandywine, PA 19320

Managed by Life Care Services

Freedom Village at Brandywine

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Nov 1</p> <p><i>Deep breaths are like little love notes to your body.</i></p>	<p>2</p> <p><i>The body benefits from movement, and the mind benefits from stillness.</i></p> <p>Sakyong Mipham</p>	<p>3</p> <p>General Election Good energy is contagious.</p>	<p>4</p> <p>9:00am Art Group <i>It will all make sense one day...</i></p>	<p>5</p> <p>10:00am Caregiver Support Group 1:00pm Knitting Circle <i>What's coming is better than what is gone.</i></p>	<p>6</p> <p>10:00am Quilters <i>The life in front of you is far more important than the life behind you.</i> Joel Osteen</p>	<p>7</p> <p><i>Everything you need, your courage, strength compassion and love; everything you need is already within you.</i></p>
<p>8</p> <p><i>Life itself is a privilege. But to live life to the fullest; well that is a choice.</i> Andy Andrews</p>	<p>9</p> <p><i>It's exciting to think that some of the best moments of our lives haven't even happened yet.</i></p>	<p>10</p> <p><i>It's not the load that breaks you down. It's the way you carry it.</i> C.S.Lewis</p>	<p>11</p> <p>9:00am Art Group <i>Happy Hump Day!</i> <i>When life gives you limes, rearrange the letters... SMILE</i></p>	<p>12</p> <p>11:30am Mermaid Book Club 1:00pm Knitting Circle <i>Rise above the storm and you will find the sunshine.</i> Mario Fernandez</p>	<p>13</p> <p>10:00am Quilters <i>If you stay positive in a negative situation, you win.</i></p>	<p>14</p> <p><i>Don't compare your life to others. There's no comparison between the sun and the moon, they shine when it's their time.</i></p>
<p>15</p> <p><i>Your soul is attracted to people the same way flowers are attracted to the sun. Surround yourself only with those who want to see you grow.</i> Pavana</p>	<p>16</p> <p><i>One small, positive thought in the morning can change your whole day.</i></p>	<p>17</p> <p>7:00pm Boomers Book Group 7:00pm PC Computer Club - ZOOM <i>Life is 10% what happens to you, and 90% how you react to it.</i> C.R.Swindoll</p>	<p>18</p> <p>9:00am Art Group <i>We are all broken. That's how the light gets in.</i> Ernest Hemingway</p>	<p>19</p> <p>1:00pm Knitting Circle <i>Isn't it funny how day by day nothing changes, but when you look back, everything is different.</i> C.S.Lewis</p>	<p>20</p> <p>10:00am Quilters <i>Life is like the ocean. It can be calm or still and rough or rigid, but in the end, it is always beautiful.</i></p>	<p>21</p> <p><i>The most important thing is to enjoy your life, to be happy. It's all that matters.</i> Audrey Hepburn.</p>
<p>22</p> <p><i>Radiate joy from the inside out.</i> Jenny Blake 2:00pm National Affairs Forum</p>	<p>23</p> <p><i>Be silly, Be fun. Be different. Be crazy. Be you, because life is too short to be anything but happy.</i> Unknown</p>	<p>24</p> <p><i>Those who move forward with a happy spirit will find that things will always work out.</i> G.B.Hinkley</p>	<p>25</p> <p>9:00am Art Group <i>Tough times never last, but tough people do.</i> R.H.Schuller</p>	<p>26</p> <p>HAPPY THANKSGIVING</p>	<p>27</p> <p>10:00am Quilters <i>Never bend your head. Always hold it high. Look the world straight in the eye.</i> Helen Keller</p>	<p>28</p> <p>10:00am MacGroup Club – ZOOM <i>Being positive isn't pretending that everything is good; it's seeing the good in everything.</i></p>
<p>29</p> <p><i>Never regret anything that made you smile.</i> Mark Twain</p>	<p>30</p> <p><i>It always seems impossible until it's done.</i> Nelson Mandela</p>	<p>Activities Calendar November 2020</p>				

Kate Lindsay | Brighton

November 3, 2020 is a few days away. I am sure many of you feel relieved we are so close.

Vote-by-Mail

FOLLOW ALL THE DIRECTIONS WHEN SUBMITTING YOUR BALLOT

If you have voted by mail, check the Votespa.com website to make sure the ballot has been received. If you still have not mailed your ballot, the ballot must have a November 3 postmark. The ballots will be accepted in the office until November 6. So, to make sure your ballot is received, take the ballot to the county election office which is located at 601 Westtown Road, West Chester, PA 19382 and drop it off in person. There will be Ballot Drop Boxes throughout our county and as we go to press, the specific locations have not been decided. In order to find a Ballot Dropbox, call the Chester County Election office at 610-344-6410.

Polling Locations

We are fortunate at Hershey's Mill because our polling places are located

within our boundaries. POLLS ARE OPEN FROM 7 a.m. to 8 p.m.

Candidates on the ballot:

President and Vice President
Pa. Attorney General
Pa. Auditor General
Pa. Treasurer
US Congress
Pa. Senate
Pa. General Assembly

Polling places:

The Hershey's Mill Community Center
For residents in Ashton, Brighton, Chatham, Devonshire, Inverness, Jefferson, Merrifield, Oakmont

The Hershey's Mill Golf Club
For residents in the remaining villages

Republican Committee:
Eileen Pickett
and Donna Faunce

Democrat Committee:
Marie Knox
and Pat Schultz

Please contact your committee representatives for information on candidates, methods of voting, Ballot Drop Box locations and volunteering.

SEE YOU AT THE POLLS





Serving the legal needs of Chester County for 50 years and the Residents of Hershey's Mill since 1985

Wills & Trusts
Estate Administration
Real Estate
Personal Injury
Accident Cases
Miscellaneous Legal Matters

Free Initial Consultation to Hershey's Mill Residents

FOR MORE INFORMATION CONTACT ANTHONY MORRIS, ESQUIRE
PHONE: 610.436.4400 EXT. 1030; EMAIL: AMORRIS@BUCKLEYLLP.COM
WEST CHESTER | WWW.BUCKLEYLLP.COM

Now Open

Toninos
PIZZA & PASTA CO.

10% DISCOUNT ON ENTREES FOR HERSHEY'S MILL RESIDENTS



Come enjoy our homemade pastas, pizzas, and signature Italian dishes

235 Lancaster Ave • Frazer PA • 610.240.9566 • www.toninospizzaandpasta.com



HAVE YOU PROPERLY ORGANIZED YOUR ESTATE?

◆ Estate Planning ◆ Retirement Planning ◆ Investment Strategies ◆ Tax Planning

820 Adams Ave, Trooper, PA 19403 | 610.422.3773 | www.maaplanning.com

MENNINGER & ASSOCIATES
Financial Planning



2020 FIVE STAR WEALTH MANAGER

INVESTMENT ADVISOR REPRESENTATIVE AND REGISTERED REPRESENTATIVE OF AN SECURITIES AND INVESTMENT ADVISORY SERVICES OFFERED THROUGH VITA FINANCIAL ADVISORS, INC. (THESE SERVICES ARE PROVIDED BY MENNINGER & ASSOCIATES, AN INDEPENDENT ENTITY. VITA FINANCIAL ADVISORS DOES NOT PROVIDE TAX SERVICES. IN 2020, MENNINGER & ASSOCIATES WAS ONE OF 20 ORGANIZATIONS RECOGNIZED BY FIVE STAR WEALTH MANAGEMENT AS A FIVE STAR WEALTH MANAGER. COMPANIES SELF-NOMINATE AND PAY A \$500 ADMINISTRATIVE FEE TO BE CONSIDERED. THIS AWARD IS NOT REPRESENTATIVE OF ACTUAL CLIENT EXPERIENCES OR OUTCOMES, AND IS NOT INDICATIVE OF ANY PAST, PRESENT, OR FUTURE INVESTMENT PERFORMANCE. COMPANIES AWARDED THE FIVE STAR WEALTH MANAGER AWARD MAY SUBSEQUENTLY PURCHASE A MARKETING PACKAGE THAT INCLUDES USE OF THE LOGO ON PROMOTIONAL MATERIAL. CND000053602



Aspen Hardwood Flooring

Bruce Slifer
aspenhardwood@aol.com

Repair, Refinishing,
and Installation

203 N. Benjamin Dr., West Chester, PA 19382 PA018465
(Tel) 610-429-9230 (Fax) 610-429-1509
www.aspenhardwoodflooring.com




DECK TOO HOT?

A STATIONARY AWNING OR RETRACTABLE AWNING CAN DOUBLE THE USE OF YOUR DECK. ALL AWNINGS ARE CUSTOM MADE IN OUR SHOP FOR THE GREATEST SAVINGS — **TO YOU!**

INSTALLATIONS - ESTIMATES ARE ALWAYS FREE

AWNINGS • TENT RENTALS
BACK LIT AWNINGS • SINCE 1928

call 302-652-6612

E.W. BROWN, Inc.

Featuring Hunter Douglas & Other Manufacturers


BLINDS 4 U
610-246-3100

Shop At Home Service for Hershey's Mill.
We Will Beat Any Printed Installed Price!

SALE

- Silhouettes
- Luminettes
- Pleated & Honeycomb Shades
- Duettes
- Country Wood Blinds
- Plantation Shutters
- Mini Blinds
- Verticals
- Roman Shades

Free Quotes ♦ Measuring ♦ Installation
Bottom line pricing all the time!



Daylesford Crossing


Feel Certain.


It's a big decision.
Finding the right supportive living community is not just about a nice apartment. It's about finding attentive care, meticulous housekeeping, engaging social programs, excellent dining, and experienced, responsive leadership.

Senior Living, but different.
Since 2015, Daylesford Crossing has been living up to its mission: To create the best home for each resident every day by encouraging, empowering, and celebrating successful aging.

Call for a tour: 610-640-4000.

THE MAIN LINE'S FAVORITE SUPPORTIVE LIVING & MEMORY CARE
DaylesfordCrossing.com | 1450 Lancaster Avenue, Paoli

 **SAGE LIFE** | Living to the Power of You



Marlene's Team is making a difference...

For Listing or Buying Real Estate call



The Marlene Gulczynski Team

A NEIGHBOR surrounded by her successes.

RE/MAX

Main Line
610-640 9300

Marlene Gulczynski GRI, CRS, CSP, SRES
484-459-8870 Marlene@SoldbyMarleneG.com
Debra Glancey ABR, SRES, e-PRO REALTOR
610-368-7649 DebraGlanceyRE@gmail.com
Tina Butler REALTOR
484-354-1526 TinaButlerRE@gmail.com

BODY-BORNEMAN INSURANCE

[Formerly the SUSSKY AGENCY]

Located in the Giant Shopping Center
(2nd floor, above Vano's Pizza)

AUTO – HOME – BUSINESS

610-719-6000 www.bb4ins.com

Remember, if your insurance isn't with us,
you're probably paying too much!!



**Erie
Insurance®**

Classifieds

Ad deadline is the 23rd, and ads run two months at no cost (due to lead time, an ad received on January 23 would start in the March edition, etc.). Please limit description to 30 words per item, and include pricing and contact information. Ads are subject to review/editing. Send submission to hmctvguide@comcast.net, attention editor, or place printed/typed copy in the HMCTV mailbox outside the building. You must be a HM resident to advertise.

FOR SALE Like new 24" women's 700C **multi gear bike** in sport purple for sale. Less than 2 years old and hardly used. \$200 OBO including protection plan. Photos available. Contact Bill at



FOR SALE Club **electric golf cart** 2008. We are 2nd owners and purchased car in 2009. Asking \$2,500. Call

WANTED Car in good condition. Call

WANTED Treadmill. Call

WANTED Exercise equipment. Call

WANTED Please donate **used bicycles** to the HM Bike Club. We will pick up at your location, clean and make necessary repairs. Notify: Jeff Smith at or Seth French at

AMDG MEDICARE Ins. Svcs.

SAVE ON MEDICARE SUPPLEMENT INSURANCE!



Female Plan N Rates as low as \$98.63/month!

Add Attractive Household discount if Married.

For **FREE QUOTE** Call HM's Joe Murphy (610-918-0590) or email joemurphy100@comcast.net

Get outside!



©2020 KENDAL

Kendal-Crosslands Communities is rich in beauty on an expansive 500 acre campus. The surrounding views include majestic trees, landscaped lawns, open fields and ponds. Each season brings new colors and textures to an ever changing vista. Hiking trails and wheelchair accessible paths allow residents to discover 200 botanically labeled trees and over 128 different species and cultivars within our arboretum.

Visit our website or call to learn more!
KCC.Kendal.org | 866.633.6798

KENDAL~CROSSLANDS
Communities

Together, transforming the experience of aging.®

Adjacent to Longwood Gardens in Kennett Square



Not-for-Profit Life Plan Communities Serving Older Adults in the Quaker Tradition

From a HM Boomer

Fair Weather

Scott Burkhart | Inverness

As a youngster, fall meant two things to me: starting school and the Reading Fair. As I write this, fall arrives in two weeks. What better time to recall my fair memories.

Local schools got a day off to attend the fair and attend we did. Lured by a midway with rides, carnival food, games of chance, live-stock exhibits, what kid could resist. My friends and I partook of the junk food and tried not to throw it back up on the rides. Being veteran fair goers, we were careful not to lose all our money listening to the hucksters demonstrating how easy it was to win expensive looking prizes. You could tell the kids that fell for this scam, they were spending the rest of their time looking at livestock.

Our money was going for something truly educational, the Freak Show tents, remember, political correctness had yet to be invented. For only fifty cents per tent, we saw: the man with the biggest feet in the world, toes the size of bowling balls and according to his poster, an Olympic swimming champion from Central America, a two headed cow, Flipper the Seal Boy, the largest bull in the world, Adolf Hitler's and Al Capone's cars, and a man ride a motorcycle around a dome while a man eating lion was waiting for him to make a mistake so he could have lunch.



Next up, the Wild Man of Borneo. No one knew where Borneo was, but we knew they exported wild men. The poster depicted a wild-eyed hairy beast swinging through the jungle. Definitely worth fifty cents. We entered the tent and wondered if the bars of the cage could protect us from the beast. We heard a blood curdling scream as it came our way with that hunched over Wild Man shuffle. His gaze met ours. Wait a minute! Fellas look, that's Skunley, a fellow student who dropped out of school in ninth grade. "What did you do Skunley, move to Borneo after you dropped out of school?"

Some of the fair's magic was lost that day, maybe all this stuff is fake. I always wondered how the man that gave birth could do it every hour anyway.

Wait. Listen. "Delilah the Cobra Woman. She shakes, she quakes, she slithers when she walks."

I know I have fifty cents in my pocket somewhere.

Theresa Marran | Inverness

Please help us keep everyone safe.

MASKS ARE REQUIRED

PRACTICE SOCIAL DISTANCING

SANITIZE HANDS AS YOU ENTER
WIPE BOOKS WHEN RETURNING

NEW BOOKS

FICTION

Beanland, Rachel - *Florence Adler Swims Forever*
Bowen, Rhys - *The Last Mrs. Summers*
Coulter, Catherine - *Deadlock*
Davis, Fiona - *The Lions of Fifth Ave*
Donoghue, Emma - *The Pull of the Stars*
Harmel, Kristen - *The Book of Lost Names*
Hooper, Elise - *Fast Girls*
Lane, Byron - *A Star is Bored*
Macomber, Debbie - *A Walk Along the Beach*
Mallery, Susan - *the Friendship List*
Manning, Kristy - *The Lost Jewels*

McConaghy, Charlotte - *Migrations*
O'Farrell, Maggie - *Hamnet*
Petty, Kate Reed - *True Story*
Sullivan, J Courtney - *Friends and Other Strangers*
Trumbull, Bryn - *The Woman Before Wallis*
White, Kali - *The Monsters We Make*
Wingate, Lisa - *The Book of Lost Friends*
Wiseman, Ellen Marie - *The Orphan Collector*

MYSTERY

Gehrman, Jody - *Girls Weekend*
Lapena, Shari - *The End of Her*
Burke, James Lee - *A Private Cathedral*
Campbell, Michele - *The Wife Who Knew Too Much*
Delaney, JP - *Playing Nice*
Freeman, Brian - *Robert Ludlum's The Bourne Evolution*
Jance, J.A. - *Credible Threat*
North, Alex - *The Shadows*
Paris, B.A. - *The Dilemma*
Patterson, James - *Cajun Justice*
Patterson, James - *1st Case*

Slaughter, Karin - *The Silent Wife*
Thor, Brad - *Near Dark*

BIOGRAPHY

Trebeck, Alex - *The Answer is ... Reflections on my Life*
Tye, Larry - *Demagogue*

NONFICTION

Scott, Linda - *The Double X Economy*
Baker, Nicholson - *Baseless, My Search for Secrets in the Ruins of the Freedom of Information Act*
Olsen, Steve - *The Apocalypse Factory: Plutonium and the Making of the Atomic Age*
Cohen, Rachel - *Austen Years, a Memoir in Five Novels*
Paradis, Michel - *Last Mission to Tokyo*

Demick, Barbara - *Eat the Buddha: Life and Death in a Tibetan Town*
Conn, Jordan Ritter - *The Road from Raqqa*
Eisenhower Susan - *How Ike Led*

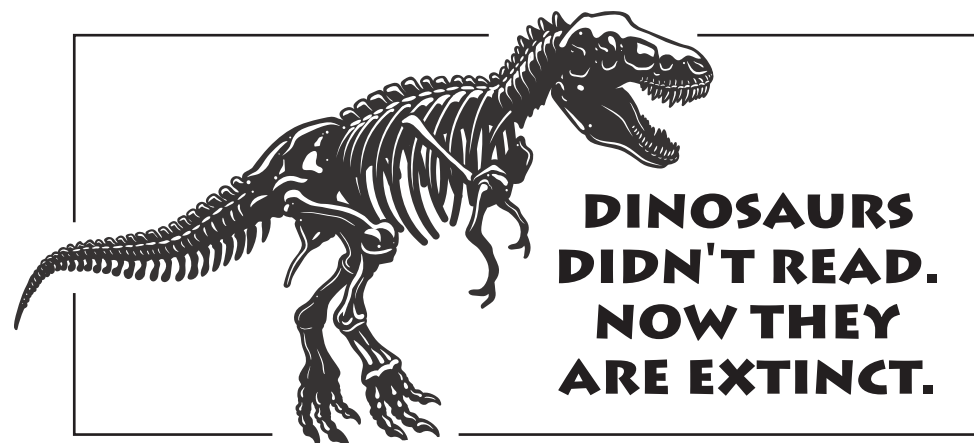
LARGE PRINT

Owens, Delia - *Where the Crawdads Sing*

Mon. to Fri. 10 a.m. – 2 p.m.
Saturday 10 a.m. – Noon

HM Library contact:
Angela Linden 610-696-5374

www.hmlibrary.com



Home Remodeling DONE RIGHT

\$250^{off}

Any Home Remodeling Project Over \$5000

Limited time offer. Call for details. May not be combined with any other offer or applied to previous purchases.

610-808-9033
OliverHeatCool.com

HEATING • COOLING • PLUMBING • ELECTRICAL • HOME REMODELING

PA 5379 • SCOTT J. WILSON N.J. PLUMB. LIC. #13199 • N.J. HIC #13VH06849100

Diabetes Awareness

Kate Lindsay | Brighton

This content is provided by the National Institute on Aging (NIA), part of the National Institutes of Health.

Our bodies turn a lot of the food we eat into sugar, called glucose, which gives us energy. To use glucose as energy, our body needs insulin, a hormone produced in the Pancreas that helps glucose get into our cells. If you have diabetes, your body may not make enough insulin, may not use insulin in the right way, or both. That can cause too much glucose to stay in the blood, which can cause health problems over time. Your Primary Care Provider (PCP) may refer you to a doctor who specializes in taking care of people with diabetes, called an endocrinologist. Often, your PCP will work directly with you to manage your diabetes.

Diabetes is a serious disease, and it affects many older adults. People get diabetes when their blood glucose, also called blood sugar, is too high. The good news is that you can take steps to delay or prevent type 2 diabetes, which is the most common form of the disease to develop in older adults. If you already have diabetes, there are steps you can take to manage the condition and prevent diabetes-related health problems.

You may be told about different types of diabetes.

Prediabetes which affects an estimated 88 million adults in the United States. Millions of older Americans have “prediabetes.” This means their glucose levels are higher than normal but

not high enough to be called diabetes. People with prediabetes have a greater chance of developing type 2 diabetes as well as having a heart attack or Stroke. If you have been diagnosed with prediabetes, there are things you can do to prevent or delay getting type 2 diabetes. Losing weight may be the greatest help. You will need to evaluate your diet and physical activity and talk with your PCP to make a plan.

Type 2 diabetes is the most common form of the disease, accounting for about 90 to 95 percent of diagnosed diabetes cases in U.S. adults. Type 2 diabetes is also increasingly being diagnosed in children and adolescents, and disproportionately affects minority youth. Type 2 diabetes (T2D), formerly known as adult-onset diabetes, is a form of diabetes that is characterized by high blood sugar, insulin resistance, and relative lack of insulin. Common symptoms include increased thirst, frequent urination, and unexplained weight loss. Symptoms may also include increased hunger, feeling tired, and sores that do not heal. Often symptoms come on slowly. Long-term complications from high blood sugar include heart disease, strokes, diabetic retinopathy which can result in blindness, kidney failure, and poor blood flow in the limbs which may lead to amputations.

Type 1 diabetes affects approximately 5 percent of adults. Type 1 diabetes (T1D), previously known as juvenile diabetes, is a form of diabetes in which little or no insulin is produced by the pancreas. Insulin is a hormone required for the body to use blood sugar. Before treatment this results in high blood

sugar levels in the body. The classic symptoms are frequent urination, increased thirst, increased hunger, and weight loss. Additional symptoms may include blurry vision, tiredness, and poor wound healing. Symptoms typically develop over a short period of time.

To make the diagnosis of each type of Diabetes, there are a few tests you may need to take. These tests may include:

The Fasting Glucose Tests may be included in your routine blood studies and in order to get an accurate result, you must not eat anything for at least 8 hours before the test.

An A1C blood level is a test that can measure the average blood glucose level over the previous 3 month period and you need to fast 8 hours before this test.

Your PCP will discuss all the testing options in order to make the diagnosis. Once you receive the diagnosis of diabetes, you need to manage your lifestyle to help decrease the risk of developing or increasing the damage of other medical conditions you may experience.

Monitor your glucose levels at home after you discussed the timeframe with your PCP. Food choices make the biggest impact and you need to understand how to manage the meal plans.

Become active in your daily life. Hershey’s Mill is an active 55+ community that has many opportunities to be active. Walking is a good activity, so take advantage of the all the walking paths in Hershey’s Mill.

If you need medications, take the medications as prescribed by your PCP. This includes the medications that you need for your other medical conditions.

At least once a year, your healthcare team will assess how well you are managing your diabetes. Your management plan might need changes, or you may need more information and support. A change in health, such as a new diagnosis or complication, or a change in care, such as going home from the hospital, may also lead to changes to your diabetes management plan.



For More Information About Diabetes

American Diabetes Association
800-342-2383 (toll-free)
askada@diabetes.org
www.diabetes.org

Centers for Disease Control and Prevention (CDC)
800-232-4636 (toll-free)
888-232-6348 (TTY/toll-free)
cdcinfo@cdc.gov
www.cdc.gov

National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK)
800-860-8747 (toll-free)
866-569-1162 (TTY/toll-free)
healthinfo@niddk.nih.gov
www.niddk.nih.gov

Hydration! Even more important as we age!

Bonalyne Mosteller | Inverness Village

Did you know your body weight is approximately 60% water?! H₂O is essential to survival, and your body is unable to produce it on its own. Adequate water intake is even more important as we age. It supports healthy bodily functions, from cushioning joints to regulating digestion to decreasing constipation. It can help boost mood and brain function, remove toxins from the blood,

and regulate body temperature. It is necessary for almost every chemical reaction in the body. In short, staying hydrated is key to maintaining health.

Adequate water intake can help boost mood and brain function, remove toxins from the blood, and regulate body temperature. It is necessary for almost every chemical reaction in the body.

How much water is enough?

The general rule of thumb when determining how much water to drink is 8 glasses of 8 ounces of water per day. Individual needs vary from person to person depending on gender, age, health status, medications, etc., so check with your doctor about appropriate water intake for you.

Symptoms?

Some signs and symptoms of dehydration include increased fatigue, weakness, dizziness, low blood pressure, headaches and mental confusion which can appear to be dementia. More often than younger people, older adults can end up in the ER with mental confusion which can be undiagnosed dehydration.

Monitoring your hydration level.

The way to monitor your hydration level is to observe the color of your urine. When people are adequately hydrated, their urine is pale yellow in color. If urine is dark, it may mean you are not getting enough fluids.

How can you increase your water intake?

Get a reusable water bottle (try not to add plastic bottles to the landfill) and carry it with you when you are out and about. This habit supports staying hydrated throughout the day.

Have a glass of water before, during, and after each meal as well as before and after exercising. Especially important is drinking more when it's

hot outside; that's when our fluid loss can increase dangerously. Add a lime, lemon, cucumber or fresh herbs to your water to make it more flavorful. Eat more fruits and vegetables because they are higher in water content. Juicy melon and cucumbers are especially good choices.

Resources:

<https://www.health.harvard.edu/staying-healthy/how-much-water-should-you-drink>

<https://www.webmd.com/diet/how-much-water-to-drink#1>

Author: Rosie Catanoso, Kinetic Physical Therapy intern



Coming Summer 2020

Preston

Personal Care, Memory Care and Residential Living.

bf.kendal.org | 610.696.5211

Barclay Friends

A KENDAL AFFILIATE

Grow with us!

EQUAL HOUSING OPPORTUNITY

FSA

Rethinking the Way We Say Goodbye

Lee Dastur | Quaker Ridge

Lately my granddaughter has been asking me about death. Natalia is not a morbid child but she's curious. She knows that her great-grandmother is in her nineties and that the virus is threatening older people's lives. She's seen one grandfather collapse after being stung by a bee, he recovered. And she's heard me huff and wheeze with my asthma.

"Why do old people have to die?" she wonders. "To make room for the babies," I tell her, as her little brother toddles chortling toward us.

Natalia is a thoughtful and introspective child, shy with strangers but warm and deeply caring when she knows you. I have thought about her questions a lot. How can I best help her come to terms with the inevitable?

So I was particularly interested in a talk I recently heard, given by the Rev. Carin Bonifacio. Rev. Carin is an interfaith minister with a specific interest in helping people deal more comfortably with end-of-life concerns. (shapeofloveservices.com)

For the greater part of human history, Rev. Carin points out, the natural cycle of life played out much closer to home. Babies were born at home, then grew up and died there. Their bodies were laid out in the family parlor for a wake. But most of us are



born and die in hospitals now. Funeral homes "make the arrangements." Everything can feel impersonal and cold.

Rev. Carin lost her husband early and unexpectedly in an accident. Her children were still young, and she wanted to provide them with an opportunity to say a meaningful goodbye. So she and her brother-in-law drove to Lancaster in his truck and bought a simple pine box. Then they handed out magic markers to the children. The children decorated the coffin with their drawings and words. They wrote little notes and tucked them inside. They practiced songs to sing at the



funeral. I was very deeply moved by picturing this scene. Surely this must have offered some degree of comfort to the children.

And a range of other possibilities sprang quickly to mind. Why not afterwards plant something special in the yard, a bunch of bright daffodils, maybe a tasty fig? Why not collect some pretty rocks to create a memorial in a corner?

"Goodbye always makes my throat hurt," Charlie Brown sighs. Indeed. But Dr. Seuss wags his finger. "Don't cry because it's over," he scolds. "Smile because it happened."

There is some useful advice in each of their words. It's important to treasure the good memories we have. But it's essential to also acknowledge our devastating sense of loss.

When a former neighbor died, he left a post-it note on the refrigerator

for his wife: "Recycling comes on Wednesday," he reminded her. And then, as almost an afterthought, "I love you."

This sweet little note brought tears to my eyes. "Look out for yourself," it seemed to me to be saying. "And remember that we will always be connected."

It's not easy to come to terms with losing somebody who's been close. But with deep compassion and thought, perhaps we can make it a little easier.

Serving Chester County



FALL SAVINGS

- \$69 Diagnostic Evaluations (New Customers)
- \$89 Gas Furnace & Heat Pump Cleanings (New Customers)
- EAP, PECO Rebates Rebates and Tax Refunds
- Extended Parts & Labor Warranties
- Financing Available
- We service all brands and models
- FREE Installation Estimates

610.399.1998

www.DonnellyHVAC.com

Donnellyhvac@verizon.net

HMSG PRESIDENT'S MESSAGE

John DeVol | Princeton

On September 9, we had our second all member meeting on Zoom. We had about 40 participants, which is a record attendance for my memory. Minutes are posted on our section of the HM Website for all to see. The most outstanding report was the work of Jeff Smith, who almost single handedly turned our 2020 weak financials into a great success. Jeff, as head of our bike club, promoted bike donations which he turned around and sold mostly to nonresidents on the internet. As of mid-September, his results have approached \$4,000, which roughly equals the loss we had in sponsor revenue. With the outstanding member contribution results from Bob Bevan, we are in a position to contribute to the Master Association on cooperative funding for pickleball and other capital improvements. Thanks to Bob Walsh, bocce league playoffs were restored and 80 participants enjoyed a great August season. ROCO found its place and most all learned and used the scheduling system. October 12 was the reopening of paddle courts that Joe Maranella and Don Evons have worked on. With the gradual lifting of Covid-19 restrictions, we are looking forward to the reopening of ping pong and billiards completion. Plans for new bocce and shuffleboards courts are under way for the east lawn with completion anticipated to be the spring of 2021. Be sure to look at the new landscaping of the tennis courts as you drive by on Chandler Drive. Stay tuned. Good things are happening.



BIKE CLUB

Jeff Smith | Princeton

On what was arguably the nicest day in August with temperatures in the low 80s and low humidity, the Bike Club rode the Delaware Canal towpath from Lambertville, NJ eight miles south to Washington Crossing, crossed the river and rode back to New Hope on the Pennsylvania side. Future rides will be on other sections of the towpath.



The Bike Club would like to thank all those who donated their used bikes to the Club that enabled us to raise over \$3700 for the Hershey's Mill Sports Group. In particular, we wish to give Rob Upton an immense thank you as well as Dick Wright for volunteering their time and expertise to make repairs on several bikes so as to make them saleable. Those wishing to be notified of upcoming rides can either visit the HMSG cycling page at <https://hersheysmill.org/hmsg-organization/hmsg-cycling/> or email Jeff Smith at _____ or _____.

From left to right: Dennis Meeks, Jeff Smith, Valerie Schmidt, Patty Saltzberg and Seth French. Photographer is unknown since he was just a passerby who agreed to take the photo.

PADDLEBALL/PLATFORM TENNIS

Jane Hagey | Kennett

Save the date! Platform Tennis Season Kick-Off Social will take place on Thursday, November 8 from 3 p.m. to 6 p.m. Demonstration of playing and rules for the game will take place as well as introductory lessons. Wine and treats provided.

Paddle is the social sport combining the thrill and benefit for a workout, with a very rapid learning curve. Beginners can play and enjoy their very first time out on the court. Stay active in the winter months; this is the perfect option!

Open Play: Tuesdays at 3 p.m. and 7 p.m., and Thursdays at 3 p.m. Plenty of paddles and balls are on-hand. We hope to see you there! Covid protocol, please wear a mask.

PICKLEBALL

Tom Fant | Yardley

Ah, November...here comes cold weather pickleball. Cecile Tynan, our neat weather lady, and her friend Mother Nature have been very good to us the last couple of winters. We of the P B Nation will keep "fingers crossed" and hope for more of the same.



P B Fant, the 9 yr old rescue cat and pickleball mascot, taken by Tom Fant

Since we have no OK from on high for that blissful pre-pandemic pickleball "open time" scheduling, we will have to continue to count on private reserved spots on ROCO as submitted by helpful members like Dave Nagurney and Lisa Groff. From Nov 1 until April 2021, the suggested start time is 12:30 p.m., leaving late afternoons after 2:30 p.m. for the more exclusive fast pickleball group. A few earlier reserved times will be added to accommodate your E-A-G-L-E-S on Sunday mornings.

We would like to thank the terrific influx of new players in 2020 for their enthusiastic play and cooperation during a tough period, including the use of name tags to assist our aging seniors with identification.

Kevin Free

Your Home Beautification Specialist including:

610-613-0928

Kitchen and Bath Remodeling ~ Additions and Sunrooms
Painting - "Whole House" or "Just a Room"
Carpentry ~ Tilework ~ Masonry
...and much more

"the ultimate handyman"



Free estimates

Email: dkevinfree@aol.com

Senior Discounts

Conveniently located in Malvern, PA - Hershey's Mill Neighbor



Why move again?
Age in place with



MEADOWOOD
AT HOME

75% of residents leave active adult communities due to a lack of health care and aging support. Meadowood At Home offers a solution: **complete in-home care and support services.**

Learn more at **610-454-7032** or **MeadowoodAtHome.net**.

HM Homeowners Landscape Division







Complete Landscaping Packages

<p>☛ Professional Consultation</p> <p>☛ Complete Necessary Forms</p>	<p>☛ Scale Drawings & Design</p> <p>☛ Installation & Warranty</p>
--	---

Call 610-692-2649 (or email jchristy@hersheysmill.com)



Our family has been helping families since 1990.

The Dilworth's Custom Design family has been collaborating with families like yours since 1990.

From thoughtful, experienced design and clean, careful demolition, to the amazing completion of your dream kitchen and bath, our team does it all. We invite you to call us today to schedule a complimentary design consultation in your home.



DilworthsCustomDesign.com
610.917.9119

Changing Colors of Hershey's Mill

Christine McCormick | Nature Group

Hershey's Mill is green, except when it is golden and russet. That makes fall the perfect time to appreciate our trees. There are the landscape trees, some native and some imported, and the natural forests of our stream corridors and wooded areas. All resplendent if the weather gives them a chance. Take a walk and become familiar with the trees and how they support the wellbeing of our wildlife and ourselves.

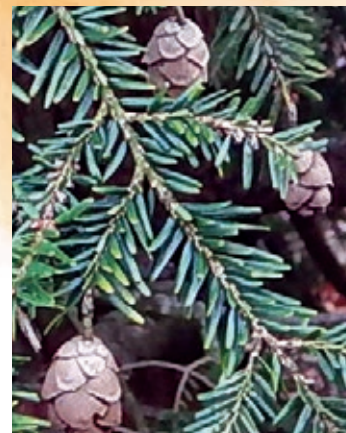
Along the streams and in wetter areas the red maples and black gum among the first to turn bright red are interspersed with the yellow sycamores and willows. These trees are native and provide food for caterpillars that are essential in the spring for birds to raise their young. The willows in particular are essential to the monarch mimicking viceroy. Towering oaks, beech, hickories and walnuts occur in the upland woodlands turning later to yellows, scarlet, and browns. They provide the nuts prized by squirrels, chipmunks and blue jays as winter food. Redbuds and dogwoods are natural understory trees that feed small mammals and migrating birds respectively while putting on a show of maroon for our viewing pleasure.

Many of these native deciduous species are also part of our maintained landscapes along with imported ornamen-

tals such as London planetree and Kousa dogwood. While beautiful in their way, the imports don't provide the food resources for wildlife that the natives offer. Native oaks provide food for 557 varieties of moths and butterflies. As trees grow old, we all know about that, and they are removed, think about native species as replacements.

Conifers are plentiful among the Hershey's Mill landscape that is what makes us green all winter. But there is one species, the bald cypress native to our southern states, that turns a bright rust color in the fall and loses its needles for the winter making its attractive bark all the more visible. The Norway spruce towers over our older villages and along Chandler Drive making it the signature green in the winter. While not a native species, it is prized by wildlife for abundant seeds and nesting sites.

Can you tell spruces, hemlocks, cedars, junipers and pines apart or are they all evergreens? Now is the time to get to know our trees. A simple beginner's guide to deciduous trees can be found on HersheysMill.org under HMNG (HM Nature Group). You can take a picture and send it to Hersheys-MillNature@gmail.com to request an identification. Or visit the Hershey's Mill Library and consult the field guide that the Nature Group has provided at the reference desk.



FREE DELIVERY TO HERSHEY'S MILL*




CAFE
DISTINCT BY DESIGN™

Remodel Reward
Earn up to \$1500*
with purchase of select Cafe appliance suites.

GERHARD'S
OF MALVERN

(610)-644-6666
116 Lancaster Ave. Malvern, Pa 19355
GERHARDSAPPLIANCE.COM

*After Rebate. *Via online or mail-in rebate. See rebate form for details and list of eligible models.

Tech Tips

Windows 10 Shortcuts for Settings

Don Trauger | Kennett

Want to see Windows 10 enable or disable your microphone with two clicks? Turn off your webcam? Manage your Wi-Fi settings? Remove unneeded Windows system files using Storage Sense? It's easy.

Here's how to make it work: Right-click any blank place on the Windows 10 Desktop. Choose New > Shortcut.

1. Pick one of the ms-settings apps listed below and type it into the input box. (Hint: Copy & Paste it). For example, to open the Storage Sense app, type ms-settings:storagesense in the box marked "Type the location of the item".
2. Click Next, give the shortcut a name, like Storage Sense and click Finish.
5. A new shortcut (Storage Sense) appears on your desktop. Double-click it, and the StorageSense app appears.

Storage Sense is a replacement for the old Windows Disk Cleanup. Use it to clean up unneeded Windows system files. Click to open it, wait until the wheels stop spinning, then click "Temporary files". Wait until the scan com-

pletes then click "Remove files". Wait until the removal process completes. NOTE: Windows Upgrade/Update files may take quite a while to be removed.

Since Storage Sense only removes unneeded Windows files. You need to complete the cleanup process by installing then running Wise Disk Cleaner and Wise Registry Cleaner. These were written up in the March 2020 issue of the Guide & Digest. Copy & Paste the link below into your browser to read about the Wise apps.

<https://hersheysmill.org/resources/technology/computer-performance-maintenance-tips/wise-disk-cleaner-and-registry-cleaner-mar-2020/>.

You can ignore the reference to the cleanmgr + program. To finish off the maintenance procedure run "Defragment and Optimize Drives", which is also mentioned in the above article, to align the disk drive and make your computer run faster. To run it, type defrag in the "Type here to search" field, which is in the lower left corner of the Desktop screen. In the results window click "Open" to start the app.

Here's the list of Settings Shortcuts:

SETTINGS PAGE	APP USED FOR THE SHORTCUT
ACCESSIBILITY	
Closed captioning	ms-settings:easeofaccess-closedcaptioning
High contrast	ms-settings:easeofaccess-highcontrast
Keyboard	ms-settings:easeofaccess-keyboard

continued

SETTINGS PAGE	APP USED FOR THE SHORTCUT
ACCESSIBILITY <i>continued</i>	
Magnifier	ms-settings:easeofaccess-magnifier
Mouse	ms-settings:easeofaccess-mouse
Narrator	ms-settings:easeofaccess-narrator
Other options	ms-settings:easeofaccess-otheroptions
BATTERY AND POWER	
Battery Saver	ms-settings:batterysaver
Battery Saver settings	ms-settings:batterysaver-settings
Battery use	ms-settings:batterysaver-usagedetails
Power and sleep	ms-settings:powersleep
DISPLAY AND USER INTERFACE	
Backgrounds	ms-settings:personalization-background
Colors (display)	ms-settings:colors
Colors (personalization)	ms-settings:personalization-colors
Date and time	ms-settings:dateandtime
Display	ms-settings:display
Mouse and touchpad	ms-settings:mousetouchpad
Personalization	ms-settings:personalization
Region and language	ms-settings:regionlanguage
Screen rotation	ms-settings:screenrotation
Speech	ms-settings:speech
Start	ms-settings:personalization-start
Themes	ms-settings:themes
Typing	ms-settings:typing
NETWORK AND RADIOS	
Airplane mode	ms-settings:network-airplanemode
Bluetooth	ms-settings:bluetooth
Cellular	ms-settings:network-cellular
Data usage	ms-settings:datausage
Dialup	ms-settings:network-dialup
DirectAccess	ms-settings:network-directaccess
Ethernet	ms-settings:network-ethernet
Manage Wi-Fi	ms-settings:network-wifisettings
Mobile hotspot	ms-settings:network-mobilehotspot
Proxy	ms-settings:network-proxy

SETTINGS PAGE	APP USED FOR THE SHORTCUT
NETWORK AND RADIOS <i>continued</i>	
Wi-Fi	ms-settings:network-wifi
VPN	ms-settings:network-vpn
OTHER	
For developers	ms-settings:developers
Offline maps	ms-settings:maps
Optional features	ms-settings:optionalfeatures
PRIVACY	
Account info	ms-settings:privacy-accountinfo
Calendar	ms-settings:privacy-calendar
Camera	ms-settings:privacy-webcam
Contacts	ms-settings:privacy-contacts
Feedback	ms-settings:privacy-feedback
Location	ms-settings:privacy-location
Messaging	ms-settings:privacy-messaging
Microphone	ms-settings:privacy-microphone
Motion	ms-settings:privacy-motion
Other devices (privacy)	ms-settings:privacy-customdevices
Privacy	ms-settings:privacy
Radios	ms-settings:privacy-radios
Speech, inking, and typing	ms-settings:privacy-speechtyping
SYSTEM AND USER	
Connected devices	ms-settings:connecteddevices
Family and other users	ms-settings:otherusers
Lockscreen	ms-settings:lockscreen
Notifications and actions	ms-settings:notifications
Proximity	ms-settings:proximity
Signin options	ms-settings:signinoptions
Storage Sense	ms-settings:storagesense
Tablet mode	ms-settings://tabletmode/
Windows Update	ms-settings:windowsupdate
Work access	ms-settings:workplace

Best Tablets for Seniors as published on Caring.com

These days, Internet connectivity is considered a basic necessity, and for seniors, it can be a major source of protection against social isolation. Up to 90% of seniors have an internet connection through a home desktop or laptop computer, according to Pew Research Center, and a majority of seniors have begun to adopt mobile technologies as well.

Still, many seniors struggle with mobile technologies, and often for reasons other than a lack of technological aptitude. The average smartphone screen measures from about 5 to 6.5 inches in diameter. This can make such a screen difficult for an older person with impaired vision to read, and a screen that size can also present challenges of manual dexterity for seniors who have arthritis or health conditions that cause weakness or unsteadiness in the hands.

While it is still somewhat unusual for a senior to own a tablet, they can be ideal devices for people of almost any age or ability level. The larger screen of a tablet presents the user with an easier reading experience, a larger surface area for touch engagement, and increased immersion in displayed content. Furthermore, tablets now have the same general capabilities as the average smartphone, often including support for on-board data and voice plans.

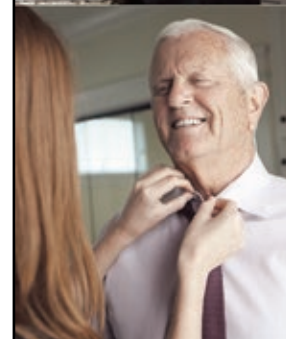
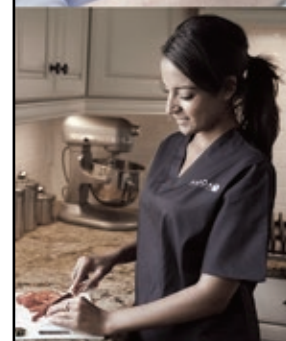
There are many great tablets available but finding the best option

for a senior involves understanding that individual's technological competence, physical needs, and budget. We created this guide to help you understand your options and choose the tablet that is the best fit for your needs and budget. Our selections provide a

While it is still somewhat unusual for a senior to own a tablet, they can be ideal devices for people of almost any age or ability level.

mix of value and useful accessibility features for seniors, as well as a range of operating systems to choose from. We recommend that shoppers look for a tablet running an operating system with which they or the senior in their life are already at least somewhat familiar, though we have also included devices simplified enough for almost anyone to use with ease, such as **The GrandPad** and **Amazon's Fire** tablets.

To read the entire article and view the list of recommended devices from Caring.com go to <https://www.caring.com/best-tablets-for-seniors>.



AMADA
SENIOR CARE



Would you feel happier and healthier if you had help at home? Do you need a little care and companionship, or do you know someone who does?

Amada Senior Care Chester County makes simple, daily activities easy again. If you need hourly, 24-hour, or live-in help, Amada Senior Care Chester County can offer flexible solutions.

Life is for living.

Let us help you make the most of it.

- ♥ Certified In-Home Caregivers
- ♥ Custom Care Plans to Fit Your Lifestyle, Needs, and Schedule

Call us to learn more!

Are you curious about what your Long-Term Care Insurance policy covers today?

Did you know VA Benefits may help cover the cost of in-home care for the veteran or surviving spouse?

Enjoy a **complimentary hour of home care** when you schedule an appointment for a free assessment.

(484) 653-6420 | www.AmadaChesterCounty.com
Judy.B@AmadaSeniorCare.com

Hershey's Mill Golf Club

Maria Edwards | Ulster

Colorful falling leaves, cool winds, and frosty temperatures have knocked on our doors. With this cooler weather, we move indoors and so is dining at the Club. As I write this in September, we now have heaters, but by the time you read this, it may be too chilly to be using them. Dining indoors has reached 50%, based on availability, and we will be abiding by the 6 foot distancing guideline. Seating for four and groups of six are now available. Bar-stool seating is not permitted. Please continue to make reservations for indoor dining and for ordering takeout meals. Remember, you do not need to be a member of the Club to order a meal for takeout (lunch or dinner). Indoor dining and takeout will be the way we will progress forward during these uncertain times.



As of the time of this writing, we will not be hosting holiday buffets and the traditional parties of the past will not be taking place. Thanksgiving dining will be takeout only. It will be a complete dinner with all your favorite sides you look forward to. And yes, there will be dessert! It is suggested you call early and not wait until the last minute to place your order. We can accommodate a limited number of cooked turkeys. Please check the HMGC web site (hersheys-millgolfclub.com) for all menus and the special Thanksgiving menu.

Thank you for your patience as we continue to do our very best.

**HAPPY
THANKSGIVING
TO ALL!**

Live life like you mean it.

Echo Lake offers breathtaking surroundings, a ground-breaking lifestyle concept, and a wealth of services and amenities — everything you need for truly exceptional living.

DISCOVER ECHO LAKE

It's the Main Line's newest and most innovative retirement community. Let us show you how good life can be.

Give us a call and come for a tour.
484-568-4777

RETIREMENT LIVING | ASSISTED LIVING | MEMORY CARE



ECHO LAKE

SAGELIFE | Living to the Power of You

LivingAtEchoLake.com | 900 North Atwater Drive, Malvern



MICHELLE AITKEN, DDS

SMILE SOLUTIONS

Cosmetic & Restorative Dentistry

Exceptional Dentistry, Affordable Prices

HERSHEY'S MILL VIP DENTAL PLAN

\$199/yr

*includes two cleanings, two exams, annual x-rays,
plus a 15-25% discount off treatment*

- 10% Discount for Hershey's Mill Residents
(Compare our fees to other dental offices in the area... You'll be surprised!)
- Most Insurance Plans Accepted
- Fast turn-around on Dentures and Partial
- Digital, Low-Radiation X-Rays



HERSHEY'S MILL SPECIAL PRICING

ZOOM! Whitening (Regularly \$750) \$299
Crown..... \$850
Custom Full Set Denture..... \$1,750
Flexible Partial \$1,050
Reline..... \$185

Located in the Hershey's Mill Village Shopping Center
1381 E. Boot Road • West Chester, PA 19380
(610) 918.4995 • brilliantsmilesdentalgroup.com

Trusted & Affordable Dental Excellence



20% Senior Discount!

Call us today for more details.
This offer is not to be combined
with any other discount.

480 Lancaster Avenue, Frazer
(610) 993-0444
www.FrazerDentalCare.com



RICHARD. J. EGAN PAINTING CO.

The Superior Craftsmen ... We are Painting Specialists

Look at Princeton, Glenwood, Oakmont, Ashton, Robynwood, & Ulster Villages, & Sullivan House
Ask Their Maintenance and Architectural Committees About Us

INTERIOR & EXTERIOR PAINTING • WALLPAPER HANGING
DETAIL SPECIALISTS • REPLACEMENT WINDOWS • CUSTOM CARPENTRY
POWER WASHING • WATERPROOFING DECKS • FULLY INSURED

Brushing and Rolling are Best! ...Spraying upon Request

FREE ESTIMATES Call: 610-353-3570



In-home care for Seniors by Seniors, including:

- ◇ Companionship
- ◇ Meal Preparation
- ◇ Light Housekeeping
- ◇ Transportation
- ◇ Shopping / Errands
- ◇ Doctor Visits
- ◇ Dementia Care
- ◇ 24 hour care
- ◇ Personal Grooming
- ◇ Bathing / Dressing
- ◇ Mobility Assistance
- ◇ Small Home Repairs



**Call (610) 590-4888 today
for more information!**

www.seniorcaresoutheastpa.com

Locally Owned & Operated. Licensed, Bonded, & Insured.

Activities Contacts

Art Group	Sara Hamilton
Baby Boomers	hmboomers@gmail.com
Billiards Club	Joe Silio
Bingo	Hal Deal
Book Discussion Group	Carol Barkovsky
Bowling (Oct-Apr)	Ed Isselmann
Bridge Groups: Golf Club Tuesday Bridge	J.B. Smink
Golf Club Friday Bridge	John Marks
HM Duplicate Bridge, Mondays	Bray LeBrocq
Social Club Party Bridge	Susan Hackstaff
Talking Bridge	Lisa Groff
Card Games	Penny Adolf
Caregivers Support Group	Sue Staas
Chester County Hospital Auxiliary	Helen Adair
Computer Club (PC)	Don Trauger
Cradle Stitchers	Donna Faunce
Dominoes (Mexican Train)	Sheila Di Croce
Exercise to DVDs	Barbara Scott
Gardens (Community)	Jim DiCarlo
Hand and Foot Card Group	Agnes O'Leary
Knitting Circle	Ruth Schick
Mah Jongg (Groff)	Lisa Groff
Men's Bible Study	Ken Mertz
Mermaid Book Club	Marrie Truskey
Monday Night at the Movies	Lynne Urian
Nature Group	Christine McCormick
Paoli Hospital Auxiliary	Betsy Carlin
Photography Club	Carol Poling
Pinochle Club	Erna Graham
Poker Club	Mike Brindisi
Quilters	Diane King
Scrabble	Marie Knox
Singers (Casual Singing Group)	Paul Day
Singers (Hershey's Mill Singers)	Dolores Manion
Social Club	Judith Dooling
Sports Group (HMSG)	John DeVol
Sullivan House (FoSH)	Elaine Becker
Table Tennis	Allan Shaffer
The Players	Shauna Flynn
Yoga	Ellie Sybesma

Advertisers' Index

Amada Senior Care	65	Maris Grove	10
Angel Companions	9	Meadowood At Home	56
Arbour Square at West Chester	17	Medicare Insurance Services	43
Aspen Hardwood Flooring.....	40	Menninger & Associates.....	40
Barclay Friends	51	Oliver Heating and Air Conditioning.....	47
Bellingham & Park Lane	24	Oriental Pearl Restaurant	27
Blinds 4 U	40	Plush Mills	30
Body-Borneman Insurance.....	42	RE/MAX Main Line	42
Boyle's Floor & Window Designs.....	23	Richard J. Egan Painting Co.....	68
Brandywine Valley Heating & Air Conditioning.....	33	Riddle Village.....	21
Brewer Heating & Air Conditioning	8	Seniors Helping Seniors	68
Brooklands Audiology, Inc	71	Smile Solutions	67
Buckley, Brion, McGuire & Morris LLP	39	SV Dental	27
Daylesford Crossing	41	The Desmond	23
Deb Dorsey Team	3	Toninos Pizza & Pasta Co.....	39
Dilworth's Custom Design.....	57	Wagner Real Estate	72
Donnelly Heating & Air Conditioning Inc.	53	Wellington at Hershey's Mill	2
E.W. Brown, Inc	40		
Echo Lake.....	66		
Eye Doctors of Chester County	32		
Frazer Dental Care	68		
Freedom Village at Brandywine.....	35		
General Warren.....	16		
Gerhard's Appliances.....	60		
HM Homeowners Landscape Division	56		
Home Helpers	4		
Kendal Crosslands Communities	44		
Kevin Free.....	55		
Kitchen Tune-Up	9		
Main Line Health.....	6		

When you contact
any of our fine advertisers,
make sure to mention
that you saw them in the
HMCTV Guide and Digest
at Hershey's Mill!

I Listen...

so you can hear better!

Patricia A. Cohen MA CCC
Licensed Audiologist



Brooklands Audiology^{inc.}

Meeting Your Hearing & Budget Needs

Over 25 years experience

Serving Hershey's Mill for over 12 years

Complete Hearing Care

State of the Art, Rechargeable, Virtually Invisible

Digital Hearing Aids

Testing Repairs & Service

Amplified Telephone & TV Devices

Hershey's Mill Courtesies

20% off already discounted Hearing Aid Prices

0% Financing Easy Payment Plans 60 Day Trial Period

Free Monthly Hearing Screenings at the Community Center

I represent you to the Major Manufacturers

Please Call 610-408-9250 for appointment

301 Lindenwood Dr. Malvern – Off Rt 30 2 Lights North on Rt 29

Across from Wegmans

MEET THE WAGNER REAL ESTATE PROFESSIONALS AT HERSHEY'S MILL



Wagner Real Estate has been serving the needs of the Hershey's Mill Community for over 25 years. Let our knowledge & experience of The Mill be your trusted source and advantage.

Stop into our on-site office at the Main Gate or call us anytime for all your Hershey's Mill real estate needs.



WAGNER
— REAL ESTATE —

4 GENERATIONS SINCE 1930

1500 Greenhill Road
West Chester, PA 19380

610.436.8922

www.WagnerRealEstate.com