

SEPTEMBER 2021

GUIDE — AND — DIGEST



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Hershey's Mill Community TV

A fully self-supported nonprofit organization.

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All submissions welcomed; with rights retained by the owner. Send to hmctvguide@comcast.net, Attention Editor. Hardcopy submissions are not accepted. Articles should be limited to 500 words (although others may be considered), and photographs should be high-resolution. HMCTV determines suitability and has sole discretion to publish any submission. Submissions are due by the 23rd (37 - 40 days in advance of each edition) for possible inclusion (those received after will be reviewed for the next); contact the Editor for exceptions. Articles are subject to editing for space, clarity, and grammar. Information and opinions are those of the author, and may not reflect those of Hershey's Mill Community TV, its officers, or directors.



There have been significant volunteer changes at the G & D and in the future, the magazine will look different. While keeping the quality & integrity, we hope you enjoy the positive changes and the new direction.

Please send an e-mail to HMCTVguide@comcast.net with suggestions & comments.



PG. 25



PG. 36



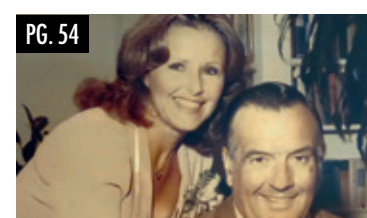
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Cover Photo by John Groch

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From the Main Gate

Marc Fraser | Director of Security

When walking your dog in Hershey's Mill, please remember to always keep the dog on a leash. While your dog may be meticulously trained, there are many people who still feel highly uncomfortable around animals and seeing an approaching dog off the leash can be a nerve-racking experience.

Also, please remember to clean up any waste that your dog leaves behind. On numerous occasions, I have found myself offering a friendly reminder to residents who 'forgot' to clean up after their dog.



Nobody appreciates finding special presents' while traversing our beautiful community. Once you pick up, please use your trash cans to dispose of the 'presents'.



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Tending to your health is always essential.

There's no denying the new realities brought on by COVID-19. And while much has changed, one thing has not: our commitment to human care. Which is why our hospitals, health centers and practices have put measures in place to safeguard your health. Learn more at mainlinehealth.org/patientsafety

Stay safe. Be seen.



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Bryn Mawr Rehab Hospital | Mirmont Treatment Center
HomeCare & Hospice | Lankenau Institute for Medical Research

Residents Update

Please pull out this page and place it in your yearly directory so you have up-to-date information.

Barlow, Lillian	Hirshberg, Louis & Kimberly	Tabor, Paul & Joanne
1029 Kennett Way	1114 Lincoln Drive	1317 Robynwood Lane
Carroll, Martin & Eileen	Krasner, Bonnie	Uphoff, Patricia & Edward
449 Eaton Way	95 Ashton Way	561 Franklin Way
Casey, Suzann	McLaughlin, Wanda	Young, Alexander & Dorothy
63 Ashton Way	967 Kennett Way	997 Kennett Way
Csank, Olga	Shannon, Kathleen	Woerheide, Walt & Pat
153 Chandler Drive	426 Eaton Way	1421 Springton Lane
Dorris, Cheryl	Stewart, Mary Anne	
214 Chandler Drive	276 Devon Way	

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OPERA LIBERA

Mary Ann Kusner | Kennett

Welcome back to our loyal audience at Hershey's Mill. We remain a full company, that provide beautiful music, and singing by professional opera singers. Our next performance will be Saturday, October 16, at 3:00 p.m. at East High School which is located at 450 Ellis Lane, West Chester. The cost for the performance is \$10.00 for adults but students and children are free. Please contact Mary Ann Kusner at

SPEAKER SERIES AT THE GOLF CLUB

Jeff Taylor | Princeton

The Hershey's Mill Golf Club's Speaker Series will present a "live" talk on Friday, October 22, 2021. The guest speaker is author and resident, Bruce E. Mowday who will discuss, *Lafayette at Brandywine: The Making of an American Hero*. This seminar is open to all Hershey's Mill residents not just club members. The event is sponsored by the Deb Dorsey Team, affiliated with Berkshire Hathaway HomeServices, Fox & Roach, REALTORS®.

Registration opens at 11:30 a.m. with a buffet lunch served from 11:45 a.m. until 1:00 p.m. before the talk. The cost for the luncheon is \$25. Reservations should be made in advance via email to smartin@hersheysmill.com. Club members will be billed to their account, non-members will pay by check. Space is limited so register early!

Mowday has authored more than 20 books on history, true crime, business and sports. His latest book, *Lafayette at Brandywine: The Making of an*

American Hero publisher Barricade Books of Fort Lee, N.J., is scheduled for release on October 1. The book alters the way the September 11, 1777, battle of Brandywine is viewed by historians and reintroduces America's liberator, Lafayette.



Lafayette at Brandywine:
The Making of an American Hero book jacket

Copies of the Lafayette book, and some of Mowday's other books, will be available for purchase. For a list of Mowday's works, see www.mowday.com.

POP-UP KITCHEN

Hopefully the residents of Hershey's Mill have been taking advantage of the Simple Suppers provided on Mondays from 1 p.m. to 3 p.m. If the line and full Community Center parking lot on the first day are any indications, we are still seeing the colorful mobile kitchen distributing the meals for only \$5.00.

IGC CONCIERGE JEWELERS

We provide a wide range of jewelry services. IGC will be there to purchase the following items: finished or broken gold, silver or platinum jewelry items, gemstones, sterling silver flatware and sterling silver accessory pieces, fine timepieces such as Omega and Rolex, as well as coins. They also have a state of art service center to expertly repair your fine

jewelry and fine timepieces. They also provide expert repair services for fine mantel, wall, or grandfather clocks. Some minor repairs and watch battery replacement can be done while you wait. Free jewelry cleaning and inspection is also available.

Find extra money in your unwanted items. Complimentary coffee and doughnuts will be served. If you any questions, please contact IGC at 610-876-6638, extension 20.

IGC Concierge Jewelers will be in the Community Center from 8:00 p.m. until 4:00 p.m. on the following dates for the remainder of 2021 and through July of 2022:

*September 16, October 14,
November 18, December 16,
January 20, February 17,
March 17, April 21, May 19,
June 16, July 21*



A PUBLICATION OF HMCTV AT HERSHEY'S MILL

VOLUNTEERS NEEDED

Don Trauger | Kennett

Hershey's Mill Community TV (HMCTV) is responsible for publishing the monthly Guide & Digest, the yearly Resident Directory, the daily TV Scheduling for Channels 970 and 971, and the HersheysMill.org website. These venues help keep our residents aware of the all the events in the Mill.

The station also puts on the three free summer concerts known as, In the Park on Sunday Nights. In addition, HMCTV also donates to Mill projects as well as providing products and services for the benefit of The Mill residents.

HMCTV is looking for volunteers to help work on the Guide & Digest. Some of the activities in which you could participate are proofreading, editing the articles, assembling the content to send to the publisher, and writing articles. If you have experience or want to learn a new skill, HMCTV would like to have you as a volunteer. The Guide & Digest is a resident driven magazine and we want residents to contribute. Computer experience is highly desired.

Volunteers are also needed to answer the office telephones and help residents that walk-in or call. Volunteers are a valuable asset to all aspects of HMCTV.

*Contact Don Trauger at
if you would like to join our group.*

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Club News

Hershey's Mill Players present **AS THE MILL CHURNS**

Terese Judkins | Chatham Village

LOOK OUT...

HERE COMES TROUBLE!

Yes, those wild and crazy Hershey's Mill Players are at it again. Those hams just cannot keep off the stage! Now they are doing a four-episode soap opera, *AS THE MILL CHURNS*, which will be shown on HMTV Channel 970, in the month of September. It will star many of your Player favorites and there will be new faces, too.

You may be wondering how there could have been any drama in the many months we were all closeted indoors during the Covid crisis. Well, leave it up to Charlene Shapely and her two closest friends, Bambi and Cookie, to dream up something. While we were all reading books and watching TV, Charlene was planning a big adventure for her friends. If you have been to any of the previous Player shows, you will not be surprised to hear that a bus trip to WILDWOOD is in the works. What more fitting place for the gang to have fun, fun, fun! Of course, there is more than fun

involved...a WILDWOOD trip could involve intrigue, romance, danger, and silliness! What else would you expect? Finally, given the reputation of the Players, will any hotel in WILDWOOD be foolish enough to rent rooms to them? Only Monsieur Henri and his two French maids know!

We hope you all will tune in to **Channel 970** to watch as we reveal:

- Fabio, Hunkio and Maurice. Can these three strong and manly men save the girls from deadly peril?
- Lady Margaret of charming Chatham Village. So lovely and regal, but is she an eccentric or a threat?
- Leilani. Is this exotic and beautiful woman with her hula skirt and leis an aspiring Player or something more sinister?
- The mysterious guitar player. We hear him but we never see him! Why? What is he hiding?

For the answer to these questions—and many others—you must tune in to *AS THE MILL CHURNS* on CHANNEL 970, during September!



L to R: Rick Blankley, Audrey Quigley, John Sullivan, Tom Fant



L to R: Joe Reed, Vicki Morgenweck, Lynn Mander, Pat Meehan



L to R: Maryrose Wineburg, Pat Meehan, Nancy Ames

continued

Hershey's Mill Folk Song Circle

Lynne Urian | Merrifield

Singers & Musicians wanted!

A new musical opportunity for fun and camaraderie here at Hershey's Mill is coming this Fall! Beginning in September the Hershey's Mill Folk Song Circle will meet the third Monday of each month at 7:00 p.m. in the main room of the Community Center. The group will focus on all aspects of folk music: traditional, old timey, blues, folk rock, singer/songwriter compositions, etc. Any acoustic stringed instrument (guitar, mandolin, fiddle, banjo, standup bass, et al), is welcome as well as recorders, flutes, and reeds (any and all acoustic instruments). We're hoping there are lots of 'old folkies' here in The Mill

who'll want to join in. C'mon, you know you've been thinking about getting that dusty guitar out of the closet and tuning 'er up! Please be in touch with Lynne Urian (Merrifield Village) at or give her a call at for more details. If you just want to come and listen, feel free to do so.

Hershey's Mill Players

Barbara Trimble | Ashton

The Hershey's Mill Players is an association that was formed in 1989. We are organized for the purpose of providing a creative outlet for any resident of Hershey's Mill. Every two years we write, produce, and direct an original production. Most recently the plays have been performed during

the end of June, in even numbered years, at the West Chester East High School Auditorium.

We have many opportunities for involvement which include but are not limited to, the planning, writing, producing, rehearsing, and performing of Community Theater.

Membership is open to, and limited to, any resident of Hershey's Mill, or past members of the Hershey's Mill Players. Membership is defined as all individuals who actively participate in one or more activity of the Players upon payment of dues currently \$10 annually.

Events

Besides putting on a Play every other year, here are some of the other events that the Players sponsor during the year:

- Annual Meeting held in August followed by a social
- Spring and Fall Cocktail Party, or other socials, for recruitment of new members
- Holiday Party
- Auditions and Play and cast party in even numbered years

Once you have participated in one production, you may run for office as a member of the Steering Committee.

We are planning for our 2022 production *Murder at Hotel DeMille* and are seeking a Stage Director, Music Director and Producer. Experience is preferred.

Interested parties please contact Barbara Trimble, President HM Players at

You will find us to be a fun-loving group of 'actors' – talent is not a necessary qualification!

Fourth Saturday Newer Users' Mac Help

Rene McNally | Devon

We are continuing to meet on Zoom where Bob Barton and Nick Iacona will answer your questions about all your Mac devices. The next meeting will be on September 25, 2021.

On September 11th, the Main Line Macintosh Users Group will also meet on Zoom, so check the website: www.mlmug.org for links to both meetings. It's a great way to ask your questions and learn more about your devices from other users' problems.

I also send out the access information for the meetings to those on my email list. Contact me at

if you wish to be included on my list. Rene McNally is the contact in Hershey's Mill.

Knitting Circle

Ruth Schick, Chatham

Alas! the summer season at the pool is just about over, but the COVID restrictions are a thing of the past. The Hershey's Mill Knitting Circle will now be returning to the Paoli Room at the Community Center on September 9th for our weekly gatherings. If you are a knitter or crocheter, why not bring along your project and join our group. We meet on Thursdays from 1 p.m. to 3 p.m. In addition to knitting and crocheting, when we can, we are happy to help people with their knitting and crocheting problems.

continued



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Social Club Photos Clockwise:

Jo Ann Kincaide, Marilyn Foley, Marion Mackey who ran this very popular event.

Leslie Bair, Marilyn Foley, Mary Bellwoar at check in desk

Carolyn Mack getting her name tag, our first guest for the party.



HM Social Club

Pam Pennypacker | Kennett

The Hershey Mill Social Club is available to every residence in the Mill. The Club holds a variety of events at the Golf Club such as: a bar-b-que and card party, a champagne brunch, and a soup supper. Although, membership to the Golf Club is not necessary, there is a yearly membership fee of \$15.00 per person due in January of 2022 for the Social Club. All members will receive a calendar of events for the year.

We look forward to seeing you at our next event, October 15, for a Fish Fry.

For more information, please contact Pam Pennypacker,

National Affairs Forum

Barbara Colby | Inverness

This September marks our fifth year of the Forum. Our fifth season promises to be totally stimulating with the informative presentations of issues facing our nation followed by lively discussions involving all members. The fall season will begin with a detailed look at the costs and funding of higher education. In October, the impact of the changing nature of work and its implications on all aspects of society will be studied.

Members are individuals interested in an in-depth look into issues facing our nation and an open exchange of views. An informative 45-to-60-minute presentation is followed by lively discussions with all members participating.

Meetings are scheduled for the fourth Sunday of each month from September through May. The Forum meets in the Cove from 2 pm to 4 pm.

The Forum can accommodate a limited number of new members at this time. If interested, contact Derek Stedman or George Colby

Hershey's Mill Guide and Digest Open House

September 20 from 4:30 to 6:30 pm

Come meet the staff and learn what we do here. Find out how you can help! Free Pizza! Did you always want to be an author and see your writing in print? Would you like to meet the writers you see every month in the Digest? Can you proofread or edit articles? Answer phones or emails? Curious about how a magazine is produced? Would you just like to get out and meet new people? Come to our Open House and find out. And by the way there's free Pizza!

continued

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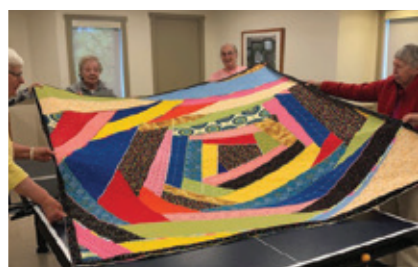
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Photography Club

Carol Poling | Oakmont

We can meet on the 2nd Monday of each month from September through June in the Paoli Room. Our first meeting will be on September 13, 2021, and we will be meeting from 10 a.m. to noon. The group is dedicated to photography and members have participated in photography outings throughout the summer. Hope we can discuss this activity and get more members excited.



Quilters

Diane King | Jefferson

The quilters are back! In fact, we never left. Except for a few dark weeks during Covid, we socially distanced, wore masks and continued to network. I am happy to say we all stayed well and are fully vaccinated. There are a lot of new folks in various neighborhoods, and we are very sociable and welcoming and invite anyone to drop in and network with the wonderful creative ladies. I am pleased to say are our neighbors. Joining us on a regular basis would be a plus. We meet in the Community Center every Friday from 10 a.m. to Noon. We are not always

punctual, but we are lots of fun. Again, all are welcome. Contact Diane King at 920 Jefferson.

Hershey's Mill Singers

Peg Wolcken | Franklin

The Board of the Hershey's Mill Singers is happy to announce that we have a new director for our 2021 Christmas Concert. After a year off, we are anxious to begin singing together again.



What you can expect in December 2021.



All residents of Hershey's Mill who enjoy singing are welcome to join the Singers. There are no auditions. The ability to read music is desirable, but not required.

Rehearsals will be Wednesdays from 7:00 to 8:30 PM in the main hall of the Community Center. The first rehearsal is September 8, the Wednesday after Labor Day. So that the rehearsal can start promptly, we ask that you arrive early that evening to get your music and

pay the \$10 dues. Please bring a 3-ring binder or folder for your music.

The concert will be at SS Peter and Paul Church on Boot Road on Saturday, December 4th at 7:00 and Sunday, December 5th at 3:00. Your questions may be directed to: Dolores Manion at

We look forward to renewing old friendships and welcoming new members as we prepare for the concert in December.



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Programs (Channel 970)	September 1 - September 15 (7 p.m. show September 15 will not be shown)			
As the Mill Churns – Episode 1 Three lovely ladies plan a potentially dangerous HM Players bus trip to Wildwood...				
As the Mill Churns – Episode 2 Will any HM Player men be brave enough to step forward to protect the ladies?				
As the Mill Churns – Episode 3 Will any Wildwood Hotel be foolish enough to rent rooms to the HM Players?	10:00 a.m.	4:00 p.m.	7:00 p.m.	12:00 a.m.
As the Mill Churns – Episode 4 Most important , will the threat of danger affect the Players ability to recruit new members?? Ends at 10:45 a.m., 4:45 p.m., 7:45 p.m., 12:45 a.m.				

Movies Noon & 8:30 p.m. Channel 970	September 1 to September 8, noon Mamma Mia (PG-13) <i>Meryl Streep, Pierce Brosnan</i> The story of a bride-to-be trying to find her real father told using hit songs by the popular 1970's group ABBA. <i>(Run time 1:50)</i>
	September 8, 8:30 p.m. to September 15, noon Flight 93 (PG-13) <i>Jeffrey Nordling, Brennan Elliott</i> Story of heroic passengers that took back their plane to stop a 9-11 terrorist attack. <i>(Run time 1:30)</i>

24 hours/day channel 971	Bulletin Board Times
12:45 a.m. - 10:00 a.m., 10:45 a.m. - Noon, 4:45 p.m. - 7:00 p.m., 7:45 p.m. - 8:30 p.m. on channel 970	

Programs (Channel 970)	September 16 - September 30 (7 p.m. show on September 30 will not be shown)			
Chester County Food Bank – Beyond Hunger Chester County is the wealthiest county in Pennsylvania, nonetheless 75,000 individuals are at risk of food insecurity annually. 1 in 4 households is struggling to make ends meet and during the pandemic there has been a 30% increase. Join Andrea Youndt, CEO, and Kay Ricker to understand the role of the Chester County Food Bank as the leading hunger relief organization in the county, hear about some amazing programs and services, and how you might help create a food secure Chester County. Ends at 10:45 a.m., 4:45 p.m., 7:45 p.m., 12:45 a.m.	10:00 a.m.	4:00 p.m.	7:00 p.m.	12:00 a.m.

Movies Noon & 8:30 p.m. Channel 970	September 15, 8:30 p.m. to September 23, noon The Elephant Man (PG) <i>John Hurt, Anthony Hopkins</i> A true story. In Victorian England a man disfigured by an incurable disease and works as a sideshow freak meets a surgeon who helps him. <i>(Run time 2:03)</i>
	September 23, 8:30 p.m. to September 30, noon Book Club (PG-13) <i>Diane Keaton, Candice Bergen</i> Four lifelong friends have their forever changed after reading 50 Shades of Gray in their monthly book club. <i>(Run time 1:44)</i>

For Programs and Movies go to channel 970. For the TV Bulletin Board go to channel 971. (The TV Bulletin Board will also be shown on Channel 970 when there are no programs or movies scheduled)

HMCTV reserves the right to make program substitutions, and dates/times are subject to change. Opinions of hosts, guests, or advertisers shall not be construed as an endorsement by HMCTV. ©2020 HMCTV



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Nature Group

Christine McCormick | Ashton

The HMNG finally had a live meeting in August and enjoyed conversation and exchanging ideas. The annual meeting including election of officers will be held in the fall. Nominate your garden (or your neighbor's) to be recognized as Hershey's Mill Pollinator Garden of the Year. Maybe you didn't design your garden to be a 'pollinator garden' but if it has beautiful flowers, it is one. Take some pictures, tell us what you have planted, which pollinators you have seen this week or over the years, and any additional steps you take to enhance the propagation and health of pollinators. The 2021 Photo Contest is collecting entries in the areas of Plants, Invertebrates, Birds, Mammals/Reptiles/



Kohler Hummingbird

Amphibians, and Landscapes. Surely you have a masterpiece to submit. Send your garden nomination and photos to hersheysmillnature@gmail.com. Watch the HMNG website for announcements of upcoming lectures and in person events.




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Recipes



Rosie Taylor | Princeton

Acorn squash, apples, beets, eggplant, figs, mangoes and mushrooms – oh, I can go on and on about the bounty of fruits and veggies of the still warm days of September.

Eggplant and Mint

Ingredients

- 1 large eggplant, cut into 1-inch cubes (about 1 pound)
- 3 tablespoons olive oil, divided
- 1/2 teaspoon kosher salt, plus more to taste
- 1/2 lemon, juiced (about 1 tablespoon)
- 1 pinch sugar
- Freshly cracked black pepper, to taste
- 2 tablespoons fresh mint, roughly chopped

Directions: Preheat the oven to 400°F. Toss the eggplant cubes, 2 tablespoons of the olive oil, and salt directly on a quarter of the sheet pan and roast for 30 minutes, or until caramelized and tender. Turn off the oven.

Season the cooked eggplant with the lemon juice, sugar, black pepper, the remaining 1 tablespoon of olive oil, and a pinch more salt if you feel it needs it and toss together (I like to do this straight in the sheet pan). Place the sheet pan back in the turned-off oven for 5 more minutes.

Finish with the fresh mint and serve at room temperature.

Chicken, Apples and Apple Cider

Ingredients

- 4 teaspoons extra-virgin olive oil
- 1 1/2 pounds boneless skinless chicken thighs or skinless chicken breast
- 1 teaspoon kosher salt
- 1/2 teaspoon freshly ground black pepper
- 1/2 cup fresh apple cider

continued

Recipes (continued)

- 2 teaspoons Dijon mustard
- 3 medium firm sweet apples, cored and cut into 1/2-inch slices
- 2 teaspoons chopped fresh rosemary - plus additional for serving

Directions: Heat 2 teaspoons of oil in a large skillet over medium high. Sprinkle the top of the chicken evenly with 1/2 teaspoon kosher salt and 1/4 teaspoon pepper. Once the oil is hot and shimmering, add the chicken to the pan, top-side down. Let cook 4 minutes, then flip and continue cooking until the meat is cooked through and reaches an internal temperature of 160 degrees, 3 to 4 additional minutes. Remove to a plate and cover with foil to keep warm.

In a small bowl or large measuring cup, stir together the apple cider and mustard. With a paper towel, carefully wipe the skillet clean. Add the remaining 2 teaspoons of oil to the pan over medium high. Once the oil is hot, add the apple slices, remaining 1/2 teaspoon salt and 1/4 teaspoon pepper, and rosemary. Cook for 5 minutes, until the apples are lightly tender and begin to turn golden.

Return the chicken to the pan and pour the cider mixture over the top. Let cook for 4 to 5 minutes, until the liquid is reduced by half. Serve warm, sprinkled with additional chopped rosemary as desired.

Seared Scallops with Green Peas and Mint

Ingredients

- 1/2 cups fresh or frozen green peas
- 1/4 cup fresh mint leaves
- Kosher salt and freshly ground black pepper
- 4 strips bacon, chopped into 1/2-inch pieces
- 1 large shallot, minced
- 1 1/2 pounds large sea scallops, patted dry and foot muscle removed

Directions: In a large pot of salted, boiling, water, blanch the peas until bright green and soft, about 3 minutes. Reserve 1/2 cup of the peas and transfer the rest to a blender. Blend, drizzling in 1/4 to 1/2 cup of water to reach a creamy

consistency. Add the mint leaves, a large pinch of salt, and a pinch of black pepper and blend until smooth. Set aside but keep warm.

In a large cast-iron skillet over medium heat, cook the bacon until the fat is rendered, 4 to 6 minutes. Remove and pour out all but 1 tablespoon of fat, reserving the remaining fat and setting aside. Add the shallot and sauté for about 30 seconds. Add the reserved peas and bacon. Cook for about 30 seconds more, then remove but keep warm.

In the same pan, warm 2 tablespoons of the reserved fat over high heat until just barely smoking, then add the scallops, and cook for about 2 minutes on each side.

Serve the scallops with the pea puree, a sprinkle of the bacon mixture and flaky sea salt if desired.

Sangria with Peaches and Plums

Well, you do need something to drink!

Ingredients

- 1/4 cup sugar
- 1/4 cup water
- 1 cup sliced peaches, skins left on
- 1 cup sliced plums, skins left on
- 1 cup cherries, stemmed and pitted
- 1/2 cup peach brandy
- 1 (750-ml) bottle dry Riesling, chilled

Directions: In a small saucepan, combine the sugar and water, and heat just until the sugar is dissolved to make a simple sugar syrup. Place the peaches, plums, and cherries in a large pitcher and pour the sugar syrup over top. Add the peach brandy and stir. Add the cold Riesling and chill until ready to serve, ideally overnight. Serve over ice, being sure to serve some of the stone fruit in each glass. Then, invite me over!



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Philadelphia Phillies

Saturday, September 11, 2021

Cost: \$60.00 + Admission & Food

Departs: 3:30pm

Contact:

Marc Fraser,

Join us for an evening of baseball at Citizen's Bank Park, as we watch our Philadelphia Phillies take on the Colorado Rockies in a 6:05pm game. Seats are in Section 211; and food is on your own at one of the many ballpark concessions. Children age 8+ are welcome!

Delaware Park

Monday, September 20, 2021

Cost: \$20.00 + Lunch

Departs: 10:15 am

Contact:

BJ VanSchooneveld,

Join us at Delaware Park for an exciting day at the races! Watch the horse racing or try your luck at slots and table games. \$30.00 free slots play is given to everyone on the bus. Lunch is on your own.

A Day On Your Own In Chestertown, MD

Tuesday, September 21, 2021

Cost: \$25.00 + Lunch

Departs: 8:30 am

Contact:

Lynn Mander,

With a colonial history dating back to the 17th century, Chestertown, Maryland is proud of its maritime heritage. Sitting on the banks of the Chester River, sailing ships can still be seen coming into port. The city is the home of the Schooner Sultana, an ex-

act replica of an 18th century ship that served in the British Royal Navy. The walkable downtown area offers many wonderful galleries, gift shops and restaurants. You will be provided with a list of places to visit and eat. You may even start some early Christmas shopping!

Grounds For Sculpture

Thursday, September 23, 2021

Cost: \$40.00 + Lunch

Departs: 8:30 am

Contact:

Maria Edwards,

Where nature and art are always at play! Grounds for Sculpture opened in 1992 on the grounds of the New Jersey State Fair, and was established by artist and philanthropist, Seward Johnson. Grounds for Sculpture is a premier cultural destination of 42 acres of sculpture gardens, arboretum, and museum. "GFS" presents annual changing exhibitions in four indoor galleries. "That's Worth Celebrating: The Life and Work of the Johnson Family" is currently featured along with indoor exhibitions by Bruce Beasley: Sixty Year Retrospective, 1960-2020. More than 270 sculptures by renowned and contemporary artists are carefully positioned on meticulous landscaping where you will see thousands of exotic trees and flowers. Grab a friend and join us for a self-guided tour! Lunch is on your own at two different eateries:

1. Rats Restaurant – a 10-minute walk, this is the more formal option and required reservations can be made on Open Table. Their menu can be found on ratsrestaurant.com
2. Van Gogh Café – located inside the Welcome Center.

Penn State Football @ Beaver Stadium

Saturday, October 2, 2021

Cost: \$40.00 (Bus Only)

Departs TBD

Contact:

Marc Fraser,

Join us for our second annual trip out to Beaver Stadium in scenic Happy Valley (State College, PA) to see the Penn State Nittany Lions take on the Indiana Hoosiers. The NCAA has not yet set the time for the game, so departure is TBD at this point. The price is for bus only, but tickets can still be purchased through Hershey's Mill...OR...you can purchase them on your own. Because there is a minimum number of people who must sign up for the trip to be taken, be sure to speak with Marc prior to purchasing

your own tickets. Admission prices will vary based upon individual seating preferences. Food is on your own at one of the many ballpark concessions.

Washington, D.C.

Saturday, October 9, 2021

Cost: \$30.00 + Lunch

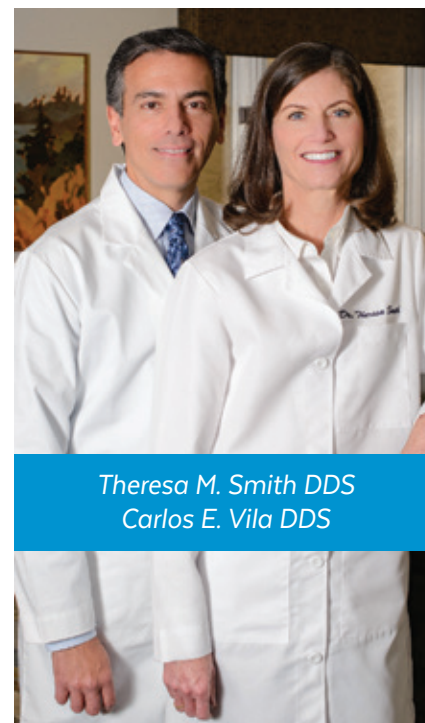
Departs: 8:00 am

Contact:

Jayne Lytle,

Join us as we experience the beginning of fall in our nation's capital! From vibrant foliage and waterfront views to family-friendly festivals and fabulous shopping, there's an endless number of things to see and do in the fall in D.C. Your time is your own to visit the many museums, monuments,

continued



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Bus Trips (continued)

or whatever you wish. Meals are on your own at one of the numerous restaurants in the area. Remember that many museums now require advance ticket purchase or free reservations. For more information or ideas, visit: www.washington.org/fall.

SERIES TRIPS

2021 – 2022 Walnut Street Theatre Series for the Thursday and Saturday Matinees

Thursday matinees are Wait List Only

Saturday matinees have a couple of seats remaining

Cost: \$275.00

Departs: 12:30 pm

Thursday Series Contact:

Jayne Lytle,

Saturday Series Contact:

Priscilla Burt,

We encourage you to sign up right away, as these series fill up very quickly! Cost reflects both per person admission and bus fee for all five shows in the series. The Walnut Street Theatre's 2021-2022 Season includes the following shows for both series.

Thursday 10/21/21
& Saturday 10/23/21:
BEEHIVE - The 60's Musical

Thursday 12/9/21
& Saturday 12/11/21:
Disney's - *THE LITTLE MERMAID*

Thursday 2/3/22
& Saturday 2/5/22:
Noel Coward's *BLITHE SPIRIT*

Thursday 3/17/22
& Saturday 3/19/22:
Sherlock Holmes' Adventure of the Speckled Band

Thursday 5/5/22
& Saturday 5/7/22:
ON YOUR FEET" – The Story of Emilio & Gloria Estefan

Philadelphia Orchestra

Friday Matinee

Cost: \$20 + Admission (per show)

Departs: 12:00 pm

Contact:

Priscilla Burt,

Live from the Kimmel Center, The Philadelphia Orchestra present a fall series of concerts for all music lovers to enjoy. Cost is for bus only. Riders should first call to ensure they have a seat reserved on the bus prior to purchasing their tickets. Tickets can be purchased by calling 215-893-1999 or online at www.ticketphiladelphia.org. For more information on the Philadelphia Orchestra, visit www.philorch.org. Program summaries and dates for the series are as follows:

Friday, 10/22/2021: Wagner's *Little Moonhead*, Mozart's, *Oboe Concerto*, & Stravinsky's *Suite from Pulcinella*. Conducted by Susanna Malkki with David Kim (Violin) and Philippe Tondre (Oboe)

Friday, 11/5/2021: Sermon and Mozart's, *Symphony No. 40*. Conducted by Yannick Nezet-Seguín with Davone Tines (Bass-Baritone)

Friday, 12/3/2021: Schubert's *Ninth Symphony* & Mazzoli's *Sinfonia for Orbiting Spaces* Conducted by Nathalie Stutzmann.

continued



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Bus Trips (continued)

KEEP AN EYE OUT FOR DETAILS ON THESE UPCOMING TRIPS

Day on your own in New York City
American Music Theatre
Hiking & Bird Watching
Grounds For Sculpture
Kozier's Christmas Village
Dutch Apple Dinner Theater, Lancaster

NOTES:

1. Prior to making payment, anyone who wishes to participate in a bus trip must first call the contact person to ensure that there is still room on the bus.
2. All bus riders must be age 18 or older unless otherwise noted in the trip write-up.
3. Trip payment checks should be made payable to "HERSHEY'S MILL HOA", sealed in an envelope (noting trip name and date), and

placed in the maroon "Customer Service" mailbox next to the Security Center in the exit lane at the Main Gate.

4. Refunds are only granted if (1) the trip is canceled, or (2) the trip has a wait list from which another passenger can fill the vacated spot.
5. Bus leaves promptly at the scheduled Leave Time. Please plan to arrive at the Recreation Area parking lot 10 minutes early for boarding.
6. The Hershey's Mill Bus Committee is always looking for more volunteers to help share ideas and plan bus trips! If interested, call Marc Fraser at 610-431-4006.

Hershey's Mill residents may rent the bus for their own private trips or functions. For more information, contact Marc Fraser at .



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Barbara Crispin | Inverness

Asclepias tuberosa whose common names are 'Butterfly Weed' and 'Railroad Annie.' The former reflects its huge importance to Monarch butterflies as their host plant and the latter name reflects its choice of growing in the terrible soil of railroad beds in the mid-west. Flowers can be red, yellow, orange and the plants bloom from June to September. Lanceolate leaves continue bunching up the stem. The sap is much less milky than other members of its genus.

Liatris scariosa whose common names are 'Gayfeather' and 'Blazing star'. Depending on its likes, it will grow from 1 foot tall to as much as 5 feet tall. Tall, narrow, rosy-purple,

lavender or white spikes that bloom to down from mid-summer to fall.

Monarda didyma 'Jacob Kline' whose common name is 'Oswego tea' and 'Bee balm.' These showy red flowers stand out in any garden. Stout square stems grow to 3 or 4 feet tall and bear leaves that smell strongly of mint, which is its family. These plants do produce seeds, but much spreading is going on under the soil's surface.

Solidago rigida whose in the Goldenrod family. This tall, native plant has notably different leaves; note the softness of the under leaf. The cheery yellow flowers often bloom later in the summer than other goldenrod family members.

Vernonia noveboracensis whose common name is 'New York ironweed.' The stiff, coarse stem grows 3 to 6 feet high. The crinkly leaves can grow 4 to 10 inches long. The dark-purple flower blooms from August to October. It loves 'wet feet.'

Clethera alnifolia whose common name is 'Summersweet' or 'Sweet pepperbush' for good reason. 'Delightfully scented', upright, terminal panicles of white or pink flowers spread their scent over an area in July and August. A clumpy shrub, it likes wet feet and enjoys sun or shade.

Aronia melanocarpa whose common name is 'Chokeberry'. Spring brings white flowers which give way

to small "chokeberries". In the fall the leaves turn pleasant autumn colors, and the birds devour the ripe berries.

Incidentally, the invasive plant trying to take over the cleared garden area is *Apocynum cannabinum* and its common names are 'Indian hemp' or 'Dogbane'. A rather remarkably toxic plant to horses, cattle, and sheep, it is reported that '30 grams of green leaves will kill a cow'. But if you look at the plant carefully, the greenish-white flowers are covered with honeybees and bumble bees.

Apocynum cannabinum and *Solidago rigida* do not have pictures.



Asclepias tuberosa



Liatris scariosa



Monarda didyma



Vernonia noveboracensis



Clethera alnifolia



Aronia melanocarpa

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Fredda Maddox

Marie Knox | Merrifield

Fredda Maddox is the elected Sheriff of Chester County. She was elected in 2019 and was sworn into the Chester County Sheriff's Office (CCSO) in January 2020. I first saw Fredda Maddox in Hershey's Mill on Primary Day, when I had to tell her that even though she now lived right next door to the community center, she votes at the Golf Club. I never understood why things were set up that way, but I had memorized which villages voted at each location. I had seen the great presentation she did on Zoom for the American Association of University Women (AAUW), one of our most well attended meetings of the past year. I thought she would be great for our 'Getting to Know You' feature. It was difficult to get an appointment with her. She has a very busy schedule both during the workday and after, but I finally caught up with her during her workday.

Fredda moved to Hershey's Mill in November 2020. She had no idea when she spoke here while on the campaign trail in 2019 that she would be moving here just a few years later. Hershey's Mill was not on Fredda's radar when she started looking for a house last July, but her daughter saw a listing for a house on the internet that fit everything she was looking for and it happened to be in Westbrook Village. Fredda took one look at the house, and she had to have it. She



Fredda Maddox

put her home on the market and she moved to Hershey's Mill.

Fredda grew up in West Oak Lane in Philadelphia and went to the Philadelphia High School for Girls. As a child she loved practicing competitive figure skating and ballet at her nearby recreation center. She has one sister, who now lives in South Carolina. Married at 33 and later divorced, Fredda has three children: Kari, 20; David, 22, and Hasanna, 23.

Fredda was interested in protecting and serving the public as early as childhood when she was an elementary school safety monitor. She earned a Bachelor's Degree in Criminal Justice at Edinboro State College (now

Edinboro University) and a Master of Criminal Justice from West Chester University. She completed training at the Pennsylvania State Police Academy and FBI Academy in Quantico, Virginia. After receiving her Bachelor's degree, Fredda became the first African American woman to serve as a Pennsylvania State Trooper in Chester County. She was then a Narcotics Agent for the Bureau of Narcotics in the Pennsylvania Attorney General's Office and a Special Agent in the Bureau of Criminal Investigations, serving in law enforcement for eighteen years. While an officer, she went to law school at night at Widener University.

After serving in law enforcement, she began working in the Philadelphia Public Defenders' office. Next, she advocated for victims, domestic abuse and child abuse as an attorney at the Domestic Violence Center of Chester County. Then she worked as an associate at the Rovito Law office and served as guardian ad litem for children in the Chester County courts before she was elected Sheriff.

The primary responsibility of the Chester County Sheriff's Office is protecting the courts. Other duties include prisoner transport, Sheriff's sales, gun permits, fingerprinting services and delivering Protection of Abuse orders, among others. The Sheriff's position is elected by the people as mandated by the Pennsylvania Constitution.

Since taking Office, Fredda has worked to build bridges among communities and law enforcement.

Under her leadership, the K-9 Unit has added canines Moose, Zeeke and Marley—the latter who just became the nation's first USPCA-certified police comfort dog. Her vision of starting a scholarship to the Municipal Police Academy to help diversify law enforcement in Chester County has been realized and is now taking applications for its third candidate. With the reduced pandemic restrictions, she has recently publicized the CCSO's children's car-seat inspections—free for parents, grandparents and any other caregivers aiming to increase children's safety.

In addition to her duties at the CCSO, Fredda is an adjunct professor at Pierce College, teaching Criminal Law, Juvenile Justice, and Legal Ethics. She is also on the Board of Trustees for West Chester Public Library, a Rotarian, and a member of Alpha Kappa Alpha Sorority, an African American women's service sorority. She also helps with projects for local and overseas survivors of human trafficking.

Fredda was originally drawn to the Mill by its location, the perfect design of the house and the view of the pond from her patio. She loves the walking trails with her dog, Mr. Bailey (sometimes referred to by her family and colleagues as "Deputy Dog") but because of her busy schedule she has not had the opportunity to take advantage of other amenities in the Mill. She is friendly and likes helping people. She loves animals and music and if she gets spare time would love to improve her golf swing.

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FOR SALE Chinese Oriental Rug, 8' by 11'. Good condition, cleaned. \$50.00. Call

FOR SALE Dicken's Village Series, Hand Painted Porcelain, boxed, new old stock. There are 20 Different Houses @ \$10.00 each. Various accessories and people. Contact for full details.



FOR SALE 2008 INFINITY, Model M35X 84,000 MILES, GREAT CONDITION, WHITE SEDAN, asking \$8,000. Call

FOR SALE Full length Drapes, 90 inch, lined and pleated, 7 panels cover patio door, 3 additional window panels. The drapes are beige color and vendor made a mistake on the fabric, so they were never hung. Original cost \$1200.00; asking \$400.00. Call

FOR SALE Vera Bradley Tote Bag, black quilted, brand new, tags still on. Two straps for over-shoulder carry with zipper closure. Asking \$100.00. Call

FOR SALE Like new Chintz cushions for six foot sunroom/wicker sofa. 3 bottom and 3 back cushions plus two accent pillows. \$50. Call



FOR SALE 2012 Kia Soul with 27,500 miles and there is minor damage to rear passenger bumper for \$9,500.00. Call

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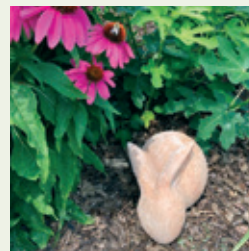
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Garden Reflections

John Groch | Chatham

Previous articles have offered reflections on nature's stunning power and beauty. Perhaps creation's awesome power and beauty are best described in the creative words of poetry.



PHOTOS BY JOHN GROCH

Volunteer

The dogwood petals have browned and shriveled and vanished
amid the ivy beneath the branches of the tree
that sprouted years ago without warning or design.
No one pulled it up, so it just grew.

We've come to like it where it stands.
It really is amazing how nature has a way
of filling gaps and cracks with green life
that sometimes blossoms with majestic color.

Abandoned parking lots and old railroad tracks
are the best places to watch the flowering species
ever so stealthily infiltrate with microscopic seed
and then populate with leaf and stalk and bloom.

With astounding strength, the roots insert themselves
then pull and tear at concrete and macadam and
pulverize it back to its primeval form of tiny particles
of dust to be blown about and restored to the environment.

What exactly would earth look like from outer space
if nature reigned again as once it did so many million years ago?
Will the world one day resume its random evolution
without the intrusion of human planning and development?

It seems we need to bide our time and treasure moments
on this earth until we too shrivel up and fall to the ground below
to be gently wrapped in vine and leaf and fruitful blossom,
so timeless, casual, and absolutely beautiful.

Farewell to Jesse

Megan Wirtz | Merrifield

While I didn't get the opportunity of meeting this adorable little girl in person, I had the pleasure of listening to her full story and looking at pictures from her owner Deb Becker a resident of Lincoln.

Jesse was a very sweet-tempered and beautifully colored Cardigan Welsh Corgi that lived to the impressive doggie age of seventeen. She and Deb came to Hershey Mill a little over two years ago when Jesse was fifteen and it turned out to be a perfect home for both of them. Deb said that Jesse loved it here and both of them felt more at home here in Lincoln Village than anywhere before. The new home was truly a place for the pup to blossom and live until she passed away in May of this year.

Before the big move, the two didn't live far away from Hershey's Mill. They lived together in Deb's previous home in Downingtown and took their walks around their old neighborhood. Jesse's love of walking followed her here, and even if they were a bit shorter due to age, she still took many walks with Deb around their new home, up and down the Lincoln Loop. Everyone in Lincoln Village knew her by her sweet and friendly personality and rightful place as Deb's canine best friend.

Their story started when their paths crossed in February of 2007. When a friend of Deb's called her up and asked if she knew a good home for a skittish



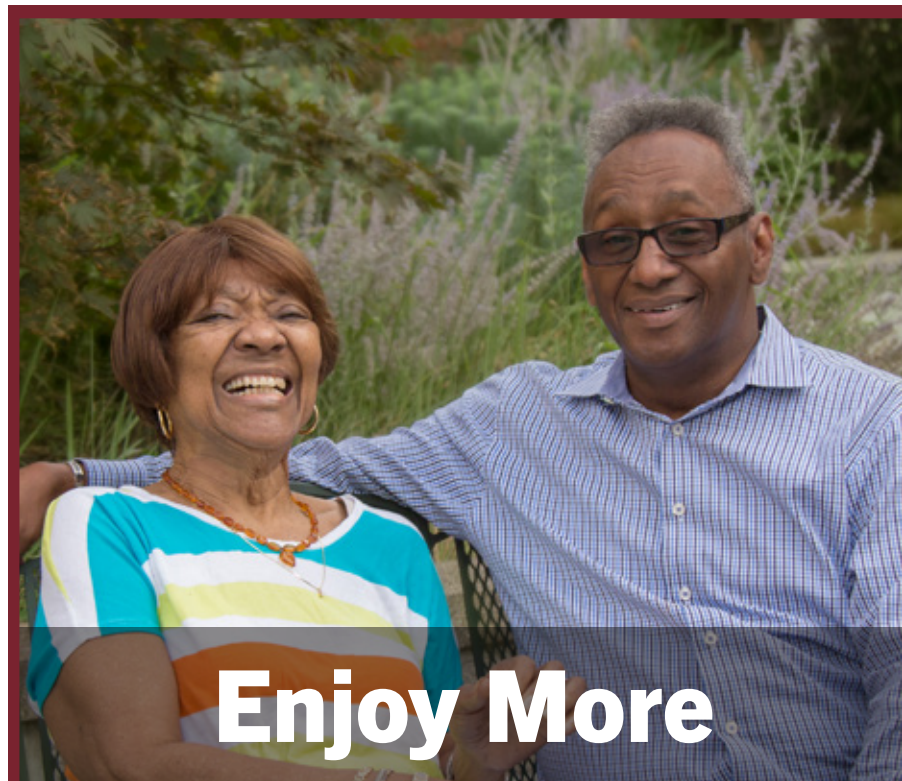
Jesse - Heaven gained a truly worthy angel



little corgi that had been abused and needed rescuing. It only took one meeting for Deb to fall in love and take this project on.

Jesse, in the beginning, was very shy and wasn't too sure of herself or the world around her. She'd run and hide and didn't like strangers at all. It took a while, but soon she began to trust Deb, and with lots of love and coaxing on Deb's part and some training from a local dog training business, she was able to blossom into the friendly and sweet girl that everyone knew her by. A girl who loved her walks and all her doggie friends that she met on the way. A girl who loved her chew toys and stuffed animals and got into playful mischief with her fur and toy stuffing.

I wish I could have met her. From the fond stories and pictures that I was told and shown, I know I would have loved her, like everyone who knew her. Her time here as Deb's furry companion was so full of love and happiness that I know she lived a full and long life.



Enjoy More

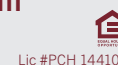
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Hershey's Mill Golf Club

Maria Edwards | Ulster

As we look Covid in the rear-view mirror for the time being, there is much to look forward to here at our club.

- Labor Day will be happening as a themed event. At the time of this writing, the planning is ongoing, you will be thrilled!
- Plans are in place and we are set to go with our annual "Girl's Night Out" September 9, 2021. There will be a limit of 80 women, so reservations will be required. Dinner will be served, and there will be music by a DJ where "the girls" can dance the night away. We're dusting off our dance floor, so grab those dancin' shoes and join us for a fun night!!
- Trivia Night is expected to begin this month. Stay tuned for the date which will be listed on the Leaderboard. JB Smink and Jay Harter will be leading the evening.
- A Luncheon Seminar featuring local author, Bruce Mowday, is being planned for October. Further details can be found in Barb Matheson's article in this issue.
- The Board has approved the re-naming of the Fairway Room to the Wooldridge Room in honor of Bob Wooldridge, who was the founder of Hershey's Mill and recently passed away. A Memorial Service with his family and local community is being planned.
- New Year's Eve!! Can I really say this so far away? But, the good news is that we have this holiday booked with a DJ for December 31!! Get ready to rock and roll!
- ENJOY THESE BEAUTIFUL AUTUMN DAYS!
Stay well and healthy!



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An Alligator

Rosie Taylor | Princeton

Jeff and I have been blessed. Born to good families, enjoy good health and have the opportunity to live an American dream of owning our own business. For 30+ years we traveled to exotic places abroad, 47 of our 50 beautiful states and a dry cleaner in Camden, NJ, to provide customer service training at 4am in the morning.

One of our trips to Florida found us staying at a resort with a well-known golf course and a free afternoon. NO BRAINER! We headed off to play on this beautiful Jack Nicklaus Signature course featuring 18 holes stretching along the ocean and river. Clarification – Jeff is a golfer and I’m a golf tourist – that’s a person who understands the rules, demonstrates golf etiquette and shoots a score more respectable for a bowler than a golfer and yet, still enjoys the game.

It usually takes me 2 shots to get to Jeff’s drive. On this one long par 5, he’s waiting on one side of the fairway while I’m walking up the opposite side searching for my yellow ball. All of a sudden, he yells out “Heads-up.” I immediately drop to a crouching position expecting to feel a ball wiz over my head. Nothing. I look over at him, shrug my shoulders and continue searching for my ball. A few more steps and he again yells “Heads-up.” No ducking this time, I merely turned and gave him the ‘wife

look’. Two more steps and he yelled, “Alligator.” About 6 feet off to my left, sunning itself, is an 8-foot alligator. A few thoughts immediately crossed my mind – stand perfectly still, should I use a wood or an iron as a weapon and I wish Jeff had shouted ‘alligator’ rather than ‘heads-up’! You see, ‘heads up’, at least to Jeff, means DANGER!

There are many words or phrases we grew up with that made sense to us but when repeated, gets others to give a ‘what the heck are you talking about’ look. Case in point, my in-laws. At one of our family dinners a subject came up that Al and Dot held opposite points of view. After 10 minutes of back and forth, Al said ‘case closed’. I looked at Jeff and he just smiled. Growing up when his folks disagreed strongly on a subject, Al would say ‘case closed’, meaning drop the subject and never bring it up again. Jeff said it really meant Dad was losing the argument and he just wanted it to stop. Years later we were having an enjoyable dinner with friends Nancy and Stew, when Nancy said, “Let’s go bowling.” Jeff and I stopped mid-bite and looked at each other. Her husband, who was passionate about the topic we were discussing, didn’t realize his voice had elevated, he was banging on the table with his hand and the neighbors above where banging on the floor. ‘Let’s go bowling’ was Nancy’s way of telling Stew to calm down...and he did...immediately!

HEADS UP?!



Whether you’re having ‘a pair of drawers’ or a glass of ‘dog soup’, thanks for reading this article. Perhaps it has added to your ‘claw sharp’. If you’re going out today, bring your ‘rain napper’. I understand it’s going to be wet and the temperature ‘colder than the hinges of hell’. If you’re ‘fly rink’, wear a hat and, gentlemen, make sure ‘the horse is in the barn’. My wish for you – may ‘happy cabbage’ be in your future; you never find yourself ‘in the ketchup’ and you keep the ‘pine overcoat’ away for a long time. Believe me because I wouldn’t ‘sell you a dog’.

Translation: Whether you’re having ‘2 cups of coffee’ or a glass of ‘water’, thanks for reading this article. Perhaps it has added to your ‘knowledge base’. Going out today? Bring your ‘umbrella’. I understand it’s going to be wet and the temperature ‘cold’. If you’re ‘bald’, wear a hat and, gentlemen, make sure your ‘zipper is up’. My wish for you – may ‘a sizeable amount of money’ be in your future, you never find yourself ‘in the red’ and you keep the ‘coffin’ away for a long time. Believe me because I wouldn’t ‘lie’.

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Library News

Janice Saunders | Eaton

Remember: Our Annual Used Book Sale In September

Our annual book sale will be held on Saturday, September 11th and Sunday, September 12th at the Community Center. The book sale hours are between 10 am and 3 pm on both days. All books will be priced at \$2.00, and small paperbacks will be \$1.00. Puzzles are priced at \$5.00.

On the Friday evening prior to the sale weekend, the Preview Book Sale Wine and Cheese party will once again be held from 4 p.m. to 6 p.m. All book selections will be available for purchase during this preview event which is open to *Friends of the Library*. If you are not already a Friend of the Library, please consider helping to support the library. There is a \$10.00 annual fee which entitles you to attend the preview.

Our New Library Ambassador

If you are looking for a good summer read but you are unable to visit the library in person, we have good news for you. We have a new "AMBASSADOR", Eileen Isselmann, who graciously volunteered to deliver books, CDs/DVDs to any patron in need of her services. Call Eileen at 484-947-2514 and tell her your reading preferences, whether it be mysteries, fiction, non-fiction, romance, biographies, or, perhaps, books written by a favorite author. Eileen will deliver to you a few selections you might enjoy. Thank you, Eileen, for providing this valuable service to our library patrons.

**Mon. to Fri. 10 a.m. – 2 p.m.
Saturday 10 a.m. – Noon**

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Visiting The Mill at Anselma, Chester Springs, Pennsylvania

Maurice Kring | Eaton

In the July 2021 Guide and Digest, is an article “HERSHEY’S MILL DAM PARK” which describes the work being done at the former Hershey’s Mill Pond. Hershey’s Mill has been closed for many years but a short drive of 6 miles will bring residents of Hershey’s Mill to the site, on Route 401, Conestoga Road, of The Mill at Anselma. This Mill is a working gristmill which was built in 1747. The Mill at Anselma, a.k.a. Lightfoot Mill is a small, 18th century custom grain mill. It is probably the only surviving one in the United States with its fully intact, original restored, colonial-era power transmission. A custom grain mill typically ground cornmeal and wheat flour for local farmers, not for

commercial distribution. As such, the National Park Service designated The Mill at Anselma a National Historic Landmark in 2005, one of only 2600+ such sites in the United States today.

The 22-acre site and surviving historical buildings are open to the public and cornmeal and ground wheat flour are available for purchase. Nestled along the Pickering Creek in Chester Springs, The Mill at Anselma is an extraordinary historic site demonstrating over 250 years of Chester County’s industrial history. The first of eight grist mills established in the Township of Pikeland, The Mill at Anselma was never the largest nor the most valuable. However, it provided a vital local corn and wheat flour milling service for early settlers living

in Philadelphia’s back country against the backdrop of a flourishing American grain economy in the late 18th century. In 1872, the Pickering Valley Railroad was built and connected Anselma’s vibrant farming community with markets in Reading, Phoenixville, and Philadelphia.

The Mill’s final miller, Oliver E. Collins and his family purchased and came to the Mill in 1919. As the great Depression descended on America in 1929, the Collins family resourcefully relied on their colonial-era grist mill to make a living. The family ran a water powered sawmill and cider press, milled animal feed, and operated the Anselma Post Office from their home. Mr. Collins created and assembled a water powered machine shop to create a repair service and sharpen mower blades and even cut hair for the local

residents. The French and Pickering Creeks Conservation Trust purchased and saved the closed mill in 1983. In 1998, the Mill at Anselma Preservation and Educational Trust was formed to reconstruct and restore the mill’s grinding systems and buildings and to reopen the Mill to public use.

The Mill Trust has designated Friday, October 1st, from 1 p.m. to 4 p.m. as Hershey’s Mill Day with a rain date October 8th. We invite the Hershey’s Mill residents, in addition to the public that want to come, to tour the old mill and trails and observe the grinding of wheat or corn whichever is featured on this day. There will be no cost to those attending but it is hoped that many residents of Hershey’s Mill will take this opportunity to visit and support this wonderfully restored and demonstrated historic site.



David Merkner

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Pain Awareness: Interpreting the Message

Kate Lindsay | Brighton

Pain is a condition that disrupts our lives. In 2001, the American Chronic Pain Association (ACPA) wanted to focus on pain for individuals and pushed to have a monthly health awareness campaign. September was established as Pain Awareness Month. Acute Pain is a sharp pain that seems to start quickly and can be severe. This type of pain alerts you to an injury and you need to do something to correct the problem. It generally lasts for a short period of time. While Chronic Pain is the pain that continues for weeks, months, and even years.

The type of pain you experience can provide you with valuable information so you can explain the pain to your Primary Care Provider (PCP) and develop a plan to manage your pain. Your pain may feel like a stabbing, shooting, burning, or prickling sensation or you be hypersensitive to touch, movement, or hot and cold temperatures. This type of pain is known as Neuropathic pain and involves damage to nerves. It is associated with diabetes, Shingles, stroke, Parkinson's, and various other illnesses. Medications such as NSAIDs or opioids are not as effective for this type of pain, so it is important that you talk with your PCP about treatment. Effectively managing the underlying disease is necessary as well as management of the pain itself.

Musculoskeletal pain results in damage to soft tissue or the bone. While pain that involves a bone, injury is easily recognized. This injury causes acute pain and can be managed by immobilizing the area, using ice, and

The type of pain you experience can provide you with valuable information so you can explain the pain to your Primary Care Provider (PCP) and develop a plan to manage your pain.

making sure you are examined, as soon as possible, to determine the extent of the injury. Other bone conditions, such as arthritis, result in a chronic pain condition. While medication can control some of this type of pain, the chronic nature of this pain increases the need for other treatments. Some of the treatments may include physical therapy, acupuncture, massage, and lifestyle changes to increase effective pain management. Soft tissue injuries are more difficult to identify and treat. The acute pain phase can be managed by medication but when the pain develops into a chronic condition, such as back pain, other treatments are necessary to assure that you are managing the pain syndrome as effectively as possible.

Discussing pain management with your PCP to explore all treatment options is important.

Over the years some of us have had injuries that resulted in acute pain and then persisted after the initial event. We were able to control the chronic pain but as we age, the pain control routine may not work as well as in the past. Some of the reasons may include developing chronic health conditions,

trying to maintain the same active lifestyle as we did when we were younger, etc. Being active is good at any age but as we age the activities may need to change. As a member of this active community, you can play Pickleball if Tennis becomes too strenuous, or a walk through the community can substitute for running. Listen to your body and the pain messages to assure a healthy life.



EXCERPTS FROM The Greatest Generation

Anne Krepacki | Devonshire

Anne will be meeting with friends and residents of Hershey's Mill and telling the little-known stories of the World War II generation. This is part one of Anne's periodic series of *Excerpts from the Greatest Generation*.

She had the opportunity to meet with Joan Marchetti, a long-time resident of Hershey's Mill who has lived in Devonshire for 40+ years. Joan was kind enough to share her story as a young child during the war, as well as the story of her late husband, Gino, who fought on the battlefields of WWII as a teenager, as well as on the football field, having a long and distinguished career with the Baltimore Colts in the National Football League [NFL].

Part 1: Joan Marchetti, Devonshire, interviewed by Anne Krepacki

Anne: Thanks so much for meeting with me and sharing the stories of both you and your late husband, Gino Marchetti. From the conversations we've had, I know that you and your late husband both have such interesting backgrounds, and I appreciate your sharing your wonderful stories with the residents of Hershey's Mill. So, I know you were born in Chester County, but when you were very

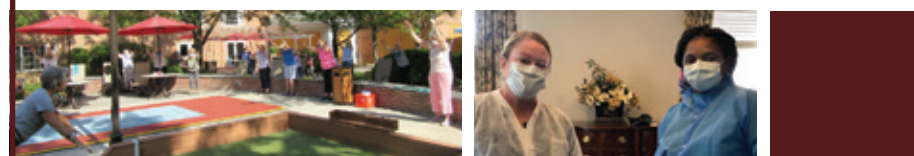


Gino & Joan

young, your Dad moved you and your family to the Germantown area of Philadelphia. Can you please tell me what it was like growing up in Germantown, during the time of the war?

Joan: Growing up in Germantown was wonderful! It was filled with different ethnicities that all made it such a nice place to grow up. We had the Irish grocer, the Greek tailor, and the Italian baker. We all knew each other, and we all got along! During the war, there was rationing, including gas, so my Dad sold his car and bought a motorcycle. Even as kids, my friends and I all wanted to do our part to

continued



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help at home and help in the war effort. So, we would take our wagons and go door to door collecting rags and bottles. Then we'd turn them in to the 'Rag Man' from whom we'd all get a few pennies for our efforts. Kids today would probably never be allowed to do what we did...like walk miles and miles or take buses. There were also a couple of theaters in the neighborhood, and we would go to watch the news reels known as 'The eyes and ears of the world' and we'd get to see videos of the battles, and of our guys fighting on the front lines. It was all quite a glorious time of real patriotism!

Anne: Your husband, Gino, was in the war and even fought in one of the most well-known battles of WWII, the 'Battle of the Bulge'. What memories did Gino share with you about his time in the war?

Joan: He was just 18 when he shipped out of New York City in 1944. He said it took them 7 weeks to make the crossing. They had to zig-zag across the Atlantic in order to avoid German submarines. They arrived in England and were stationed in Basingstoke while they awaited their orders to ship out. And yes, he did indeed fight in the 'Battle of the Bulge.' I'd have to consult his war records, but I believe he fought in the 69th Armored Regiment, part of General Patton's Third Army. It was a long battle fought during the winter. He remembers three of them having to huddle under one blanket in a foxhole



Gino in uniform

to keep warm. He turned 19 during the battle, January 2nd, 1945. As we all know, the US won the battle, and in order to celebrate, they wanted to drink some French wine. Gino volunteered to drive a truck hundreds of miles to where they knew they would find wine. He didn't really know how to drive a truck, but with a bit of help and determination, he did indeed make it there and back with a truck full of wine! They eventually marched to Berlin. Unfortunately, they actually had to wait outside of Berlin because of the treaty that allowed the Soviets to take control of the city. But he was there in Germany on VE Day, and he did remember the celebrations!

Anne: How did you and Gino meet?

Joan: We met in 1970 – we had both been married before. He had three children and I had four. He had a restaurant in Strafford and a good friend of mine worked in the office for him, and she introduced us. I told him how much my children loved his hamburgers! I guess you could call it a slow courtship. We got engaged Christmas of 1975 and were married in 1978. Later he would say that he wished we had married sooner. We still had nearly 50 years together!

Part 2 of this interesting story will appear in the October Guide and Digest

A true believer that everyone has a story to tell, Anne encourages anyone who's interested in getting their story told, whether about a family member or a friend, who is or was a part of 'The Greatest Generation' to contact her via email at

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Get Out

Scott Burkhardt | Inverness

2017: Moved to Hershey's Mill for many reasons, not the least of which was the resemblance to a vacation resort. I could go outside and play tennis, take a dip in a pool with the water temperature perfect for someone hating cold water (me) and jog around without getting hit by a car. I've always been an outdoor person, so HM was perfect.

2019: OK doc, what can I do to stop this hip pain when I'm playing tennis or running? Quit both activities? What does that diagnosis cost? Seriously? Yikes! More pain.

What to do now? Just in the nick of time a savior magically appeared, let's call him Pickleball Jack. *Goodbye* tennis, *Hello* pickleball. Not long after, a lovely lady said she needed a partner to walk with. *Goodbye* running, *Hello* walking. If I had known about these options, I would have hurt my hip sooner.

2020: Covid hits. Nobody is getting out much if at all.

2021: Vaccinations are getting people out and about again. An organization called the Hershey's Mill Sports Committee is making sure there are enough activities to entice everyone to get out. A survey was sent to all

residents, and it became evident that there was much interest in many different activities. To that end HMSC has developed a list of available activities and people to contact if interested. If you missed it here it is:

Biking - Jeff Smith

Billiards - Jim Short

Bocce - Joe Carrone/Boo Walsh

Bowling - Jim and Carol Burnham, Jeff and Rosie Taylor

CPR - Barbara Trimble

Platform Tennis - Don Evons and Jane Hagy

Pickleball - Dave Nagurney

Table Tennis - Allan Shaffer

Tennis - Dave Clewell and Sergei Yurchak

Shuffleboard - Roseanne Harvird

Horseshoes - Chip Dascanio

There are also plans for croquet and a beanbag toss game soon.

September means summer is over, but many activities go all year long. The indoor ones such as bowling, table tennis and billiards will keep you warm. Platform tennis players seem to enjoy the cold and snow while we pickle ballers don't enjoy the snow but shovel it off the courts and play all winter. There are many options to keep you moving all year long so after last year's being stuck inside here's my advice for now: **GET OUT.**



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PRESIDENT'S MESSAGE

John DeVol | Princeton

This will be my last Digest Message since my 2-year term as president will expire in a few weeks. The last 2 years have been rewarding (not financially) in many respects. I inherited a great group of leaders and have been able to find talented replacement for open positions. Covid was certainly a struggle, but since most of HMSC activities are outdoors, openings of the facilities steadily returned. Sadly, social activities suffered, but in the last several months we have had some great events. Still to come will be our sponsorship of an 'All-Mill' Pig Roast on Friday evening September 17 to host 150 residents. Hopefully, it will become an annual event to end the summer and welcome the fall.

Highlights from the last 2 years have been the rejuvenation of the bocce league, horseshoes and platform tennis (paddle); substantial facility and participant improvements in bocce and pickleball; an ambassador program to tell the HMSG story to each village president and their new residents, a well-received and useful facility survey, unexpected financial bonanza from bike sales; expectation for professional level bocce and shuffleboard courts, a new pavilion and restroom; a vision of an expanded community center to enlarge allocated

space for billiards, table tennis, exercise and fitness.

I want to thank Ed McFalls, Karl Grentz, other members of the master Association Board of Directors, our board of supervisors, our sports leaders and our entire community for their interest and support of HMSG and our sports facilities. We are all part of what makes Hershey's Mill a unique 55+ active adult community.

We live in a wonderful resort. Enjoy it while we still can.

John DeVol, President HMSG

The HMSG will now be known as the HM Sports Committee (HMSC).

BOCCE

Bocce committee

As you read this, league play is wrapping up for the 2021 season. In early September, the top 8 teams will square off in the playoffs to determine the league champion. Village nights have been extremely successful this past summer and will hopefully continue into the fall. The very popular hot dog night even made a comeback. Overall, this past summer has been the most ever resident involvement in bocce at Hershey's Mill.

For those of you not playing bocce this year, think about getting involved next year, talk to your friends and neighbors about how much fun it is. Clinics will be held in the spring.

BOWLING

Rosie Taylor | Princeton

In bowling, three strikes is called a 'turkey', six strikes is a 'wild turkey',

and nine strikes is a 'golden turkey'. In our Mixed Tuesday League, for many of us, one strike is called a 'miracle' but boy, do we have FUN. This month the co-chairs, Carol & Jim Burnham and Jeff & Rosie Taylor will be reaching out to former regular bowlers and subs to sign up for the 2021-2022 season. We are also looking for new 'blood' who want to bowl as a regular or a sub for the entire season or just the first or second half. If interested, please contact any of the co-chairs: Carol & Jim Burnham at _____ as well as e-mail at _____, or Rosie & Jeff Taylor at _____ or _____.

PICKLEBALL

Tom Fant | Yardley

During this great summer of recovery, the PickleBall Nation has been gratified by the influx of new player/members. Of course, there is no mystery involved. The good will that exists in this wonderful group is a terrific tonic for the hangover from last year's Pandemic inconveniences. Our neat team of Sort's trainers, Lynn Mander and Jack Hamilton, have made themselves available to these new folks most mornings.

Where you might ask? "Between Tennis and The Pool with a little Bocce on the side," we feature 8 state of the art courts with no waiting.

SHUFFLEBOARD

Sandy Deckard/Jefferson

Looking for a little fun, fellowship, and exercise? Maybe you're still feeling the aftereffects of being se-



Dee Bauerschmidt of Glenwood and Martha Marshalek of Franklin at a PickleBall social.

questered all those months or being at the beach or on vacation for the summer? Think about joining us for shuffleboard on Wednesday and Saturday mornings at 10:30. Everyone is welcome. Even if you've never played before, our players are more than willing to teach techniques and rules. After that, all you'll need is perseverance and practice. Of course, now that September is here, our gatherings depend on the weather, but we play as far into the fall/winter as the weather permits. If you think you'd be interested in receiving news about our schedule, send your email address to coordinator, Roseanne Havird, at _____.

TABLE TENNIS

Allan Shaffer | Yardley

Table tennis (ping pong) is played Thursday through Sunday each week. Open play (always others there with

continued

Sports Committee (continued)

whom to play) is at 2:00 on Thursday Saturday and Sunday. Private play (need to bring your own opponent) starts at 12:00 on Thursday through Sunday. There are three tables available for use and the paddles and balls are furnished. All levels of skill are encouraged to join. The room is unavailable on the first Thursday because it is used for the master association meeting. As an added reminder, several villages are organizing their own village event during private play times which may affect your ability to find an open table. For further information contact Allan Shaffer at

INTERCLUB TENNIS

Sergei Yurchak | Springton

Interclub tennis involves 9 tennis clubs throughout southeastern Pennsylvania. We play 8 doubles matches through the season on Wednesday mornings at 10:00 a.m. Playing at different clubs provides an opportunity to play on different court surfaces such as grass and Har-Tru. Current members include Merion Cricket and Idle Hour Tennis Club. Interclub tennis is now in full swing since it started in early May. Our current roster consists of 19 players. Our record to date for 6 matches is 1 win, 4 losses, and 1 tie. If you are interested to learn more, contact me at

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Monitor Your Heart Rate

Even if you don't have a fitness tracker, your phone can do some of the heavy lifting for you. With the Instant Heart Rate app, you can use your phone's camera on the Android or home button on the iPhone, you can measure your heart rate throughout the day or during your workout to ensure you're getting into the maximum fat-burning zone.

Search Photos by Category

Can't remember when you took that



cute photo of your dog or cat, but want to show it off? Finding it is easier than you think. Using the search function at the top of your Photo app, you can search by category. For example, type in the word 'cat' and photos of your beloved feline friend

should pop up. Add names to your photos and search by name.

Update Siri's Pronunciation

Is Siri mispronouncing words or names you use frequently? There's an easy way to fix that. Activate Siri and tell her to pronounce word or name she regularly mispronounces. Once she's repeated the word, say, "You're pronouncing [that word] wrong," and you'll be invited to say the name properly.

Power On Your Lights

Did you stay out later than you expected to and now are coming home to a dark house? There's an app for that. If you have Wi-Fi-enabled bulbs at home, you can use your Amazon Alexa app to control them throughout your house at the touch of a button, saving energy if you want them off, or keeping your home protected by making it look occupied, even if you're not around.

Drive With Augmented Reality

Don't want to risk an accident by staring down at your GPS while driving? With Hudway, you don't have to choose between safety and

effective navigation. This augmented reality app, available for both iPhone and Android, projects directly onto a dash-mounted screen, making it easier to keep your eyes on the road and get to your destination safely.

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The Emergency Number world-wide for Mobile is 112. If you find yourself out of the coverage area of your mobile network and there is an Emergency, dial 112 and the mobile will search any existing network to connect the nearby emergency number for you. 112 can be dialed even if the keypad is locked.

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Windows 11 – What?

Don Trauger | Kennett

The PC Club meetings have restarted after 17 months. We meet the 3rd Tuesday of each month at 7 PM in the Ardmore room of the Community Center.

Just when you are almost comfortable using Windows 10, Microsoft is gearing up a new operating system to throw at you. Windows 10 has been available for 6 years. In 2015 a Microsoft developer said, “it’s the last version of Windows”. Another Microsoft executive said that “Windows was not meant to be stagnant”. Well so much for that first comment.

Windows 11 is in Beta test now and if all goes well, and it rarely does, it will be released in October 2021. In early July, Microsoft released an app that you could download to test your PC to see if it would be compatible with Windows 11. After analyzing what it performed, the app was pulled by Microsoft after a few days. Basically, it came down to certain components in your PC that had to meet specifications for Windows 11. It turns out

the app may have been faulty in its analysis and the bottom line was that any PC that is 2 to 3 years old would not be compatible with Windows 11. However, later Microsoft documentation has loosened the requirements for Windows 11. We will see how all of this works out.

Windows 11 will bring better user integration with a new Start menu and other features. You can look at it as a feature upgrade to Windows 10. It will be offered to Windows 10 compatible computers through Windows Update. So, what happens if your PC does not meet specifications? Nothing much as Windows 10 will still be supported until 2025 and will continue to be refreshed and updated with security enhancements.

Why is Microsoft moving on from Windows 10? First, it is a smart marketing approach. It brings new attention (eye candy) to compete better with Google’ Chromebook and of course Apple. It also benefits Microsoft’s pockets as Windows is the leading component profit maker for Microsoft.

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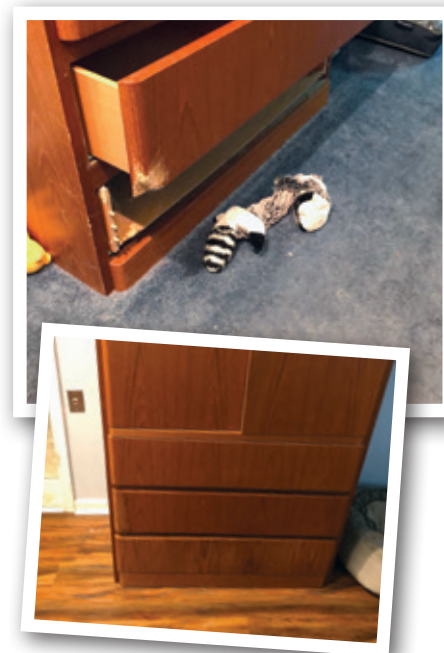
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Woodshop News

Bob Milano | Oakmont

Did you know that the Woodshop is not only one of many Hershey’s Mill amenities but also a place to go where you can have that chair with loose legs repaired or that table with scratches refinished? The primary purpose of the Woodshop is as an amenity for Hershey’s Mill residents who have an interest in woodworking, wood refinishing or just to have a resource that has the tools, machinery and finishes to fix something from the house or to get advice, guidance or help in making that toy chest or simple rocking horse that you have been thinking about for your grandchildren.

The Woodshop occupies what was the first Hershey’s Mill Golf Club Proshop. Because of the shop’s popularity, in 2018, the Master Association approved building a 1,000 square foot addition. The shop now occupies approximately 2,000 square feet which consists of a room containing 10 large worktables for the assembly of projects, a room for applying paints, stains and other finishes, a spray booth and two rooms containing the shop’s large woodworking machines. For the safety of all that use the shop, there are two large vacuum systems to remove sawdust emitted by the large woodworking machines. Individual “Shop Vacs” are situated throughout the entire shop to remove debris from worktables and smaller machines. Access to the woodshop and equipment is limited to its trained members.



Before and after pictures

To partially support the cost of supplying tools, machinery, hardware and refinishing materials, those who wish to join the Woodshop pay a modest annual safety fee of \$100. New members are then assessed on their skill level and receive instruction on woodworking methods and the shop’s equipment to accommodate their needs. The shop is open to its members seven days a week from 5am to 8pm. Members are expected to help by volunteering on Wednesday mornings, one or two months of the year, to clean the premises with others. This important volunteer activity also helps to keep costs down.

continued

Most of the cost of keeping the shop running comes from repairs and refinishing furniture for residents. Please contact the Woodshop, we want to be available to help.

Finally, the Woodshop will be holding an Open House for all

residents on Wednesday, October 20, 2021 from 1:00pm to 4:00pm. Light refreshments will be served, and members will be displaying their woodworking projects, some of which will be for sale. Save the date and come visit this always popular event.

Games and Activities

WHICH YEAR WAS IT?

1944, 1945, or 1946?

Rosie Taylor | Princeton

1. A Top Song: *Would You Like to Swing on a Star* by Bing Crosby.
2. Big Movie: *Rhapsody in Blue*
3. Average price of a gallon of gas: .21 cents
4. Big Movie: *Meet Me in St. Louis*, *National Velvet*
5. Time's Magazine's person of the Year: James F. Byrnes
6. World Series Champions: Detroit Tigers
7. NFL Champions: Green Bay Packers
8. NBA Champion: Philadelphia Warriors
9. Top Movie: *Song of the South*
10. A Top Song; *Till the End of Time* by Perry Como
11. Time Magazine's Person of the Year: Dwight D. Eisenhower.
12. Minimum hourly wage: 30 cents/hour
13. A Top Song: *Five Minutes More* by Frank Sinatra
14. Price of a gallon of milk: 63 cents
15. Time Magazine's Person of the Year: Harry S. Truman

Answers on Pg. 70

Activities Contacts

Art Group.....	Sara Hamilton.....
Baby Boomers.....	hmboomers@gmail.com
Billiards Club	Jim Short
Bingo.....	Hal Deal
Book Discussion Group	Carol Barkovsky
Bowling (Oct-Apr).....	Rosie Taylor
Bridge Groups: Golf Club Tuesday Bridge	J.B. Smink
Golf Club Friday Bridge.....	John Marks
Social Club Party Bridge.....	Susan Hackstaff
Talking Bridge	Lisa Groff.....
Card Games	Penny Adolf
Caregivers Support Group	Sue Staas
Chester County Hospital Auxiliary	Nancy St. Laurent
Computer Club (PC).....	Don Trauger
Cradle Stitchers	Donna Faunce
Dominoes (Mexican Train).....	Sheila Di Croce.....
Exercise to DVDs.....	Barbara Scott
Gardens (Community).....	Jim DiCarlo
Hand & Foot/Glove Canasata.....	Jacki Germscheid
HM Folk Song Circle	Lynne Urian
Knitting Circle	Ruth Schick
Mah Jongg (Groff)	Lisa Groff.....
Men's Bible Study.....	Ken Mertz
Mermaid Book Club.....	Marrie Truskey.....
Nature Group	Christine McCormick.....
Paoli Hospital Auxiliary	Karen Gibson
Photography Club	Carol Poling
Pinochle Club	Ruth Dudi
Poker Club	Mike Brindisi.....
Quilters.....	Diane King.....
Scattergories	Agnes O'Leary
Scrabble.....	Marie Knox
Singers (Hershey's Mill Singers)	Dolores Manion.....
Social Club.....	Judith Dooling
Sports Group (HMSG).....	John DeVol.....
Sullivan House (FoSH).....	Elaine Becker
Table Tennis	Allan Shaffer
The Players	Sauna Flynn.....

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