

DECEMBER 2021

GUIDE — AND — DIGEST



A PUBLICATION OF HMCTV AT HERSHEY'S MILL

Start New Traditions With Us



We believe it's never been more important for seniors to love the communities they call home. As part of a fifth generation family company, we are committed to doing everything possible to achieve just that.

Join us to enjoy this special time of year together.

Ask About Our Holiday Move-In Special!*

ARBOUR ♦ SQUARE
at West Chester

(484) 790-8296 • arboursquareseniorliving.com

1201 Ward Ave, West Chester, PA 19380

Lic. #PCH 144100
*Call for details.



Independent Living • Personal Care • Memory Care

DEB DORSEY TEAM



discover the difference

Deb Dorsey Team is a professional and hard-working team with decades of experience throughout the Main Line, Delaware and Chester Counties.

Deb Dorsey Team helps clients buy and sell homes in Hershey's Mill. We would like to learn your story and speak to you and your friends about your real estate goals.

Dave Dorsey, REALTOR®
610.724.2879 | dave@debtorsey.com
Resident of Glenwood Village

Deb Dorsey, Associate Broker
610.724.2880 | deb@debtorsey.com
Resident of Kennett Village

610.527.6400
www.debdorsey.com

DEB DORSEY TEAM

discover the difference



BERKSHIRE HATHAWAY
HomeServices

Fox & Roach REALTORS®

©2015 BHH Affiliate, LLC. An independently operated subsidiary of Home Services of America, Inc., a Berkshire Hathaway affiliate, and a franchisee of BHH Affiliates, LLC. Berkshire Hathaway HomeServices and the Berkshire Hathaway HomeServices symbol are registered service marks of HomeServices of America, Inc.® Equal Housing Opportunity. Information not verified or guaranteed. If your home is currently listed with a Broker, this is not intended as a solicitation.

Hershey's Mill Community TV

A fully self-supported nonprofit organization.

20 Hershey's Drive, West Chester, PA 19380

Telephone: 610-436-5922

E-mail: hmctv@comcast.net

HMCTV Board of Directors

Donald J. Trauger (President)

Carl Fletcher (Vice President)

Jack Keeley

Joe Silio

Marie Knox

HMCTV Guide and Digest

Telephone: 610-436-6429

E-mail: hmctvguide@comcast.net

Volume XX11 Number 12 – December 2021

Editor Marie Knox

Editorial Staff Sue Hardin, Dave O'Connell,
Charlotte Potter, Nancy Schwab, Walt Woerheide

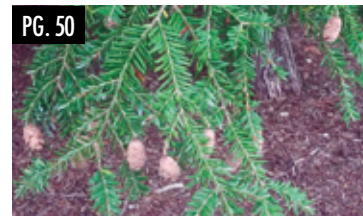
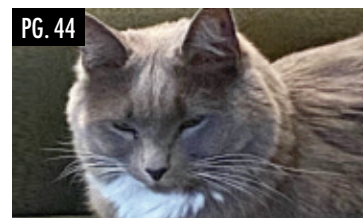
Interim Contacts Kate Lindsay and Rosie Taylor

Featured Writers Scott Burkhart, John Groch,
Kate Lindsay, Christine McCormick, Bonalyn Mosteller,
Rosie Taylor, and Don Trauger

Advertising/Marketing Director Jack Keeley

Marketing Finance Joe Silio

All submissions welcomed; with rights retained by the owner. Send to editor@hmctvguide.com, Attention Editor. Hardcopy submissions are not accepted. Articles should be limited to 500 words (although others may be considered), and photographs should be high-resolution. HMCTV determines suitability and has sole discretion to publish any submission. Submissions are due by the 23rd (37 - 40 days in advance of each edition) for possible inclusion (those received after will be reviewed for the next); contact the Editor for exceptions. Articles are subject to editing for space, clarity, and grammar. Information and opinions are those of the author, and may not reflect those of Hershey's Mill Community TV, its officers, or directors.



Activities Contacts	69
Advertisers' Index	70
Bus Trips	24
Classifieds	37
Club News	15
Community News	12
Desserts	40
for the Love of	34
From a HM Boomer	56
From the Main Gate	7
Garden Reflections	29
Getting to Know You	20
Health and Well Being	48
Hershey's Mill Golf Club	19
HMCTV Programming	32
Holiday Community News	54
Library	42
Nature Group	50
Pet of the Month	44
Recipes	46
Residents Update	11
Sports Committee	58
Tech Committee	66
Tech Tips	64

Celebrate the Holidays In This Kitchen



Affordable kitchen transformations in 5 days or less without the stress & mess of a full remodel.

Refacing & Redoing • Cabinet Painting • Custom Cabinets
1 Day Wood Restoration • Countertops • And More

kitchentune·upSM



JEFF & PENNY TOREN
Locally owned & operated

610.665.3965

*Visit Our
Showroom*

359 E LINCOLN HWY
EXTON, PA 19341

KITCHENTUNEUPMAINLINE.COM

From the Main Gate

Marc Fraser | Director of Security

The Security Department is staffed by officers 24 hours per day, 7 days a week, 365 days a year, including all major holidays. When there is impending inclement weather, officers will often spend the night or work multiple shifts in a row, to prevent an interruption in service to the residents of Hershey's Mill.

Security officers respond to incidents ranging from medical emergencies, vehicle accidents, fires, trespassing, and searching for missing persons to resident lock outs. In 2020 alone, Security Department officers responded to over 2,000 alarms and over 475 incidents and emergencies.

Around the holiday season each year, residents can participate in the opportunity to donate to the Hershey's

Mill Security Department Christmas Fund. The money donated funds a Christmas bonus to the officers as a "thank you" for their service to Hershey's Mill over the past year. To contribute to the Security Christmas Fund, your donations should be placed in an envelope and dropped off at the Main Gate Security Center in the Office or Customer Service Mailbox or you can mail it to:

Hershey's Mill Security
1389 East Boot Road
West Chester, PA 19380

Checks are made payable to
"Hershey's Mill HOA."

The entire Hershey's Mill Security staff would like to wish you all an incredibly happy and safe holiday season, and we look forward to serving you in 2022!





SPECIALIZING IN:

- Laser Cataract Surgery
- Diabetic Eye Care
- Dry Eye Treatment
- Same Day Appointments
- Glaucoma
- Macular Degeneration
- Routine Eye Exams
- Contact Lenses

WILLS EYE DOCTORS... Now in your neighborhood!



Drew R. Chronister, M.D.
Board Certified in Ophthalmology
Cataracts, Glaucoma, Dry Eye
Diabetes and Macular Degeneration



Steven K. Luminais, M.D.
Board Certified in Ophthalmology
Cataracts, Glaucoma, Dry Eye
Diabetes and Macular Degeneration

Eye Doctors of Chester County is a division of LLCEA which has been providing personalized quality care in Chester County for over 40 years. CALL 610.384.9100 TODAY FOR AN APPOINTMENT!

T 610.384.9100 W LLEAeyes.com • 1175 Lancaster Ave. 2nd Floor, Berwyn, PA 19312

ORIENTAL PEARL RESTAURANT

*Sushi and Pan Asian Cuisine & **BYOB!***



SASHIMI DELUXE



MANGO CHICKEN &
SHRIMP



PINEAPPLE
CHICKEN &
SHRIMP



OP SHRIMP &
SCALLOPS

10% off for Hershey's Mill owners only

In order to qualify you need to show the current month of the Guide and Digest

Goshen Village Shopping Center
1550 Paoli Pike • West Chester (Across from CVS)
610-692-5888 🍷 OrientalPearlwc.com



MICHELLE AITKEN, DDS

SMILE SOLUTIONS
Cosmetic & Restorative Dentistry

Exceptional Dentistry, Affordable Prices

HERSHEY'S MILL VIP DENTAL PLAN

\$209/yr

*includes two cleanings, two exams, annual x-rays,
plus a 15-20% discount off treatment*

- 10% Discount for Hershey's Mill Residents
(Compare our fees to other dental offices in the area... You'll be surprised!)
- Most Insurance Plans Accepted
- Fast turn-around on Dentures and Partial
- Digital, Low-Radiation X-Rays



HERSHEY'S MILL SPECIAL PRICING

ZOOM! Whitening (Regularly \$750) **\$299**
Crown..... **\$850**
Custom Full Set Denture..... **\$1,750**
Flexible Partial **\$1,050**
Reline..... **\$185**

Located in the Hershey's Mill Village Shopping Center
1381 E. Boot Road • West Chester, PA 19380
(610) 918.4995 • brilliantsmilesdentalgroup.com

THE BEST-CASE SCENARIO FOR YOUR WORST-CASE SCENARIO.

EXPERT CANCER CARE FROM THE COMFORT OF YOUR COMMUNITY.

Two moments stand out when you're battling cancer: diagnosis and remission. But in between are treatment sessions, checkups and lots of driving—all when you're feeling your worst. So it's best to be close. At Paoli Hospital, we fight cancer like the whole community depends on it. Because in a way, it does.

MAINLINEHEALTH.ORG/PAOLI



Paoli Hospital
Main Line Health®

Residents Update

Please remove this page and put it with your 2022 Resident Directory to have current information.

**Althouse, Gary
& Nancy**

115 Ashton Way

**Boughman, Michael
& Sally**

1350 Troon Lane

**Chessock, Leo
& Kathleen**

496 Eaton Way

Leo,
(Cell-New)

Kathleen,
(Cell-New)

Cugini, Thomas

102 Ashton Way

Cunningham, Pat
1479 Quaker Ridge

(Correction)

Dinnocenzo, Gertrude

587 Franklin Way

**DiPietro, Paul
& Susan**

170 Chandler Drive

Gabel, Jerry (Added)
377 Devon Way
(Cell)

**Hirsch, Bernard
& Barbara**

1018 Kennett Way

**Karr, Carol Ann
& Roger**

278 Devon Way

(Correction)

**McCahon, Eleanor
& Lucey, Mary Ann**

338 Devon Way

Munn, Kathleen
652 Heatherton La.

(Correction)

**Nathans, Stu
& Marlene**
(New Phone #)

1670 Yardley Drive

**Norsworthy, Jean
& Cadwallader, Joyce**
(New Phone #)

700 Inverness Drive

Perry, Mary Lou
712 Inverness Drive

(Correction)

**Psenicska, Michael,
Lisa, Megan & Jack**

574 Franklin Way

**Richichi, A. John
& Patricia**

1135 Merrifield Drive

Roia, Marney (Added)
705 Inverness Way

Shotton, Burt & Diane

86 Ashton Way

IGC CONCIERGE JEWELERS

We provide a wide range of jewelry services. IGC will be there to purchase the following items: finished or broken gold, silver or platinum jewelry items, gemstones, sterling silver flatware and sterling silver accessory pieces, fine timepieces such as Omega and Rolex, as well as coins.

We also have a state-of-the-art service center to expertly repair your fine jewelry and fine timepieces. As well as providing expert repair services for fine mantel, wall, or grandfather clocks. Some minor repairs and watch battery replacement can be done while you wait. Free jewelry cleaning and inspection is also available.

Find extra money in your unwanted items. Complimentary coffee and doughnuts will be served. If you have any questions, please contact IGC at 610-876-6638, extension 20.

IGC Concierge Jewelers will be in the Community Center from 8:00 p.m. until 4:00 p.m. on the following dates for the remainder of 2021 and through July of 2022: December 16, January 20, February 17, March 17, April 21, May 19, June 16, and July 21.

TRY A ZEEN - THE NEW MOBILITY INVENTION

Petra Rose, Doctor of Physical Therapy | GoZeen.com

Wednesday, January 12th, 2022, 1 p.m. to 4 p.m. in the Main Hall of the Community Center. Please join us for a demonstration of the latest in mobility technology, the Zeen! You may have seen us in the Spring of 2021 as we were looking for volunteers to test this new device and provide feedback about the device. Thank you to those who participated! From your feedback, we refined the design and now the Zeen is ready for YOU to try! Full body weight lift assist and support from beneath, means no more wrist or shoulder pain from walkers while feeling fully supported and stable. For wheelchair users, you can socialize at standing height and stay active even with balance issues. The Zeen makes rising to stand a breeze and allows you to go farther and remain engaged longer than the current options out there. Walk, glide, sit at your normal eye level, all with one device!

Please RSVP to Petra@exokinetics.com or (717)645-2167. Light refreshments will be provided. We look forward to seeing you there!



Aspen Hardwood Flooring

Bruce Slifer
aspenhardwood@aol.com

Repair, Refinishing, and Installation

203 N. Benjamin Dr., West Chester, PA 19382 PA018465
 (Tel) 610-429-9230 (Fax) 610-429-1509
www.aspenhardwoodflooring.com




HM Homeowners Landscape Division





Complete Landscaping Packages

 Professional Consultation
  Scale Drawings & Design

 Complete Necessary Forms
  Installation & Warranty

Call 610-692-2649 (or email jchristy@hersheysmill.com)

60 Brand New Apartments - Apply Today



Preston

Personal Care, Memory Care and Residential Living add to our existing Skilled Nursing and Post Acute Rehabilitation.

bf.kendal.org | 610.696.5211

Barclay Friends
 A KENDAL AFFILIATE





American Cuisine
Attentive Service
Private Party Rooms
Outdoor Dining
Curbside Take – Out
Charming Guest Suites

610.296.3637
9 Old Lancaster Rd., Malvern, Pa
www.generalwarren.com

• Four Star Rated •

YOUR LOCAL PAIN
MANAGEMENT SPECIALISTS



NOW TAKING APPOINTMENTS
AT OUR STATE-OF-THE-ART
FACILITY IN WEST CHESTER!

- MEDICATION MANAGEMENT
- PAIN MANAGEMENT PROCEDURES
- MINIMALLY INVASIVE SURGERY
- IV INFUSIONS
- REGENERATIVE MEDICINE

WE ACCEPT MOST MAJOR
INSURANCES

CALL TODAY TO SCHEDULE
AN APPOINTMENT (610) 840-2623

WWW.RESTORATIVEPAINCARE.COM

Living to
the Power
of You

PLUSH
MILLS



610-690-1630 | Independent & Supportive Living
PlushMills.com | 501 Plush Mill Road, Wallingford



Club News

BOOK CLUB

Carol Barkovsky | Eaton

Due to COVID restrictions, we will continue to meet via Zoom. If you are new to The Mill, please call Carol at [redacted] to have the meeting link forwarded to you. We will meet on Thursday, December 9 from 2:00 p.m. to 3:00 p.m. All are most welcome. Instead of discussing a book, Christi Marshall will lead our traditional December Poetry Day! We invite each attendee to read one of their favorite poems and share what makes it special to them. This is always one of our favorite meetings.

Planning ahead, we will start the New Year on January 13, 2022 when Martha Hanson will lead us in a discussion of “Hamnet” by Maggie O’Farrell. On a summer’s day in 1596, a young girl in Stratford-upon-Avon takes to her bed with a sudden fever. Her twin brother, Hamnet, searches everywhere for help. Why is no one at home? Their mother, Agnes, is over a mile away, in her garden. Their father is working in London. Neither parent knows that Hamnet will not survive the week. “Hamnet” is a novel inspired by the son of famous playwright, William Shakespeare. The boy has been forgotten, but his name was given to one of the most famous plays ever written.

KNITTING CIRCLE

Ruth Schick | Chatham

Are you a knitter or crocheter and wondering what to give a special person for a holiday gift? Time is

running out. Something hand knit or crocheted is a thoughtful gift. You still have time to make a scarf or a hat. If you want encouragement to start such a project, join the Hershey’s Mill Knitting Circle. We meet on Thursdays from 1:00 p.m. to 3:00 p.m. in the Paoli Room of the Community Center. In addition to knitting and crocheting, when we are able to help, we are happy to assist people with their knitting and crocheting problems. For information about the Knitting Circle, contact Ruth Schick at [redacted] or [redacted].

NATURE GROUP NEWS

Christine McCormick | Ashton

The 2021 Photo Contest will close for entries on January 9, 2022. It is prime time for photographing sunsets, winter landscapes and waterfowl. Don’t miss the photo ops. Spend a dreary December day combing your photos to find your best entries. Submit your entries to the 2021 Photo Contest. Links to the Nature Group Zoom lectures are posted at hersheysmill.org/activities/hmng. There are also links to archived nature related HMCTV programs, Doug Tallamy’s lecture on Nature’s Best Hope, and a recording of Roger Latham’s lecture on Serpentine Barrens. So, there is plenty to entertain while indoors.

And there is plenty to do outdoors. A field effort to remove invasive seedlings at the Serpentine Barrens

continued



Mallards - Art Ramont, Jefferson

is planned for early December. The wintering waterfowl on the ponds and lagoon are well worth a chilly walk. The Native/Pollinator Garden is dormant, but the subcommittee is busy preparing species lists and garden planning information for residents that will be presented at an open meeting in midwinter. Send your questions and photos to hersheysmillnature@gmail.com.

NEWER USERS' MAC GROUP

Rene McNally | Devon

APPLE/MACINTOSH OWNERS: iPads, iPhones, computers, all things Mac. The Fourth Saturday Newer

Users Group meeting falls on Christmas Day this year, so there will not be a meeting. However, on December 11, 2021, the first hour, 9 a.m. to 10 a.m., of the main group Zoom meeting will be a very helpful question and answer session similar to the fourth Saturday's session. Go to <http://> for directions to access the meeting on Zoom.

If you wish to be included on the list for meeting reminders and information about connecting on Zoom, contact Carol Campanelli at



We Provide Expert Care in the Comfort of Your Home

At Angel Companions, we offer a flexible schedule from hourly to around the clock live-in care, depending on your needs. We have an office on-site at Wellington which services clients at Hershey Mill and surrounding areas. Our services include oversight by an on-site care manager who communicates with all clients.

Our Services

- Friendly companionship
- Respectful help with personal care, including bathing & dressing
- Assistance with safe transfers, walking & exercise
- Meal planning & preparation, including grocery shopping
- Medication reminders
- Light housekeeping including laundry
- Accompaniment to errands & appointments

Office at Wellington - serving Hershey Mill
and surrounding areas



ANGEL COMPANIONS®

610.644.8160
AngelCompanions.net

Everything Electrical

- » Creative lighting solutions
- » Undercabinet lighting systems
- » Ceiling fan installations
- » Fixtures replaced
- » Kitchen and bath remodeling
- » Whole house surge protectors
- » Troubleshooting electrical issues

10% Discount for New Customers

J.E. MARANELLA

ELECTRICAL CONTRACTING
Hershey's Mill Contractor Since 1991

Cell **484-883-2999**

SPARKY4PREZ@aol.com

484 Eaton Way • West Chester, PA



705 E. Gay Street, West Chester
610-429-9773 www.boylesflooring.com

Hershey's Mill Golf Club

Maria Edwards | Ulster

"Deck the Halls with boughs of holly, and good times with family and friends!" It is December and we have been busy with event planning for this holiday month. With life almost back to normal, we can gather here at the club for good food, fellowship, and good cheer!

BRUNCH with SANTA is coming to the club on December 11th, bringing gifts and candy for the children. If you are planning to bring grandkids, this is the perfect event you can share with them. Reservations are necessary for this event.

Sunday BRUNCH

is returning this month on the following Sundays, December 5th, 12th, and the 19th. If you are planning to attend, please call and make your reservation.



Please join us for a special **HOLIDAY DINNER BUFFET** on December 16th. This is the perfect event to gather and celebrate with friends this holiday season. Reservations are being taken for times from 6 p.m. to 8 p.m.

HAPPY HOLIDAYS and a wonderful NEW YEAR!

May 2022 bring peace, love, and happiness to you and yours.

We wish you all a safe and healthy holiday season no matter how you celebrate. Please stay safe and healthy. See you next year!



LIVE LIFE YOUR WAY IN THE COMFORT OF HOME.

Finding a care alternative for a loved one can be difficult and challenging. Home Helpers is your solution. We provide a full-range of non-medical care services that consists of:

- Personal Care
- Companionship
- Live In service
- Home Support
- Transportation

To learn how we can put a care plan in place for you today, call our Chester County office at (610) 358-1110, or visit www.homehelpershomecare.com/media.



Nancy Sullivan

Gail Habbersett | Eaton



Lots of loving and hugs for these girls

For Nancy Sullivan, Hershey's Mill became a premeditated destination since the age of twenty. She observed the raising of her great aunt's home in Devonshire and loved the concept of the surrounding community. That lasting impression motivated Nancy many years later to commit to purchasing her home in Heatherton. Since the sale occurred during the holiday season, Nancy recalls finding her home a 'Christmas miracle.' To reveal the good news to her son, Ed, and daughter, Erica, she wrapped up a ceramic house for each to present on

Christmas Eve seven years ago. During my visit and interview at her home, I sensed the joy within as she shared stories of family gatherings, her love of plants and pets that have filled her heart.

Nancy was born and raised in Newtown Square. She is one of four siblings so "there was always somebody to do something with". They ran around from dawn till dusk in the great

outdoors amused by such games as capture the flag and flashlight tag. In addition, her dad's interest in sustainable living explained the menagerie of animals that often provided childhood entertainment. Her mother, a saint in Nancy's eyes, is credited with Nancy's knowledge and interest in plants. Nancy has vivid memories of beautiful tea roses, primroses, and double French lilacs. To foster stronger, healthier plants, Nancy frequently incorporates fireplace ash into soil and sometimes buries rusty nails there too. Who knew?

Rarely do you find a family that stays together like this one. Except for one sister living in Florida, Nancy's mother and aunt both live in separate homes in Brighton, her other sister resides in nearby Pin Oak and her brother in Lancaster. To top it off, both of her kids are working or schooling within an hour of HM. I discovered a similar loyalty in Nancy's pet household. Soon after she started her family, a puppy was added to the clan. Hilde (pronounced Hil-dee) is Nancy's seventh German Shepherd and one of six dogs she has rescued. Hilde is a neighborhood fav but Nancy walks her early in the nearby corporate center, so this pup's piercing bark does not disturb the HM peace.

Recognizing a pattern of caring and sharing, I questioned Nancy about her education and career choice. She attended Our Lady of Angels, now known as Neumann University, nursing program following graduation from Marple Newtown High School. She earned her bachelor's degree in nursing. After graduation she worked in a Delaware County hospital. She then earned her master's degree from Villanova and the distinction of being the *first* full-time candidate to complete their program. As such, Nancy was privileged to be interviewed by the National League of Nursing as part of Villanova's graduate nursing accreditation program. Critical care and surgery top the list of Nancy's favorite fields. She admitted to being a life-long learner, so it makes sense she chose such innovative, progressive specialties.

All work and no play, however, has never been Nancy's mantra. In her words, "I work hard, I play hard, and I sleep hard"! She accepted a parttime position teaching nursing at Delaware County Community College to support her wanderlust. Nancy began traveling and has continued to do so with great success and enthusiasm ever since. She is one of 20 cousins that love to tour together as often as possible. She loves discovering new places with her kids and other family members. Nancy estimates that they

All work and no play, however, has never been Nancy's mantra. In her words, "I work hard, I play hard, and I sleep hard"!

have been all over Europe and visited at least 25 countries. They choose Celebrity Cruises whenever possible, and their timing is extraordinary. For example, they were in Germany during the fall of The Wall in 1989; France during a WWI Armistice celebration recognizing the oldest war veteran and witnessed Charles and Camilla laying a wreath at the Arc de Triumph; Oberammergau for the Passion Play performed every 10 years and in Holland for the 100th anniversary celebration of Van Gogh's death; Fiji barrier reef diving when labor issues at their resort caused an evacuation off the island. Another phenomenal sea trip included traveling through the Panama Canal

continued



"Say cheese!"

and back. But as far as I could tell, an unforgettable two-week Disney cruise, the first of its kind in Europe, that sold out in 15 minutes, is the family front winner. Twelve members of Nancy's family visited Barcelona, Sicily, Sardinia, Rome, Naples, Marseille, and Monte Carlo. On another Disney cruise in December, they were given a private dining room for Christmas dinner and Ed and Erica, ages 10 and 12 at the time, served Christmas mass on the ship.

Noteworthy excursions in the States included motor home trips to celebrate Christmas in Florida with their British cousins and a tour of East

Coast presidential homes. They also intentionally booked a paddle-wheel cruise on the Mississippi right after Katrina choosing to spend their vacation dollars in the U.S. Little known travel fact: locally, Nancy has served as a vetted driver for the men's and women's United States Tennis Association (USTA). Once, one of her pickups was Martina Hingis! The athlete's luggage was stolen, so Nancy took her, where else, to King of Prussia mall for pro necessities.

Hearing about these trips, from the planning to the launching, it became clear to me that Nancy believed respect for one another, importance

of tradition and desire for learning were key components shared by all who follow her. As an example, she provided videos and books for her kids ahead of time to prepare them for the upcoming journeys. Sometimes she even created related word searches or prepared meals exemplifying what was to come.

Nancy estimates that they have been all over Europe and visited at least 25 countries. They choose Celebrity Cruises whenever possible, and their timing is extraordinary.

Fascinated by such an extensive list of travels, I reminded myself that they were vacations spread over many holidays and vacations. Still very much a member of the work force, Nancy in 2009, made a career shift from hands-on nursing to administration. She was hired by United Healthcare and is a Director of Quality for Medicaid. Daily, Nancy supports this leading healthcare

provider by focusing on the quality of service the participating providers deliver to the enrolled members. She is absolutely dedicated to advocating for the nursing profession.

While work and travel occupy a huge part of Nancy's life, we at HM who have even casually met Nancy know that she is a born comedienne. Whether you've encountered her in aquacise class, the deep enders, cooking together, Friday Dinner Friends, bridge, pickleball, tennis, the gardens, your neighborhood, or the Paoli Auxiliary; admit it she made you laugh! I heard one woman say, after one of Nancy's unique monologues, "I want to go to the hospital where she works!" inferring that Nancy adds life to any situation. One day, as all the Merfriends waited in line by the pool, Nancy announced that it was her birthday and described the prep that would follow class to get ready for the evening's dinner theater celebration. Without any hesitation, one person exclaimed, "Nancy, you *are* a dinner theater"!

Nancy is a beautiful blend of sincere, servant *and* so funny!

BRANDYWINE VALLEY

HEATING & AIR CONDITIONING, INC.

"Comfort with Care"

610-692-3900

bvhvac.com • PA 031124

Proudly serving the
Hershey's Mill Community
for over 25 years!

- Geothermal Experts
- Maintenance Agreements

Please remember that the Guide and Digest may not reflect the most current information. The HM News sent to each resident via e-mail and the bulletin board on Channel 971 will be the source of up-to-date information about the Bus Trips.

You can also view the information on www.hersheysmill.org/activities/bustrips.

American Music Theatre Christmas Show

Wednesday, December 15, 2021

Cost: \$90.00

Departs: 9:00 a.m.

Contact: BJ VanSchooneveld,

Please join us at the American Music Theatre Christmas Show, "Winter Wonderland." Once you step through the doors, you will gaze upon the magical sights and sounds of the season and be transported to a wonderland of music and enchantment from a Bavarian Mountain Village to the festive, holiday excitement at the north pole. The extraordinary costumes, gorgeous gowns, and stunning sets will make you feel like you have been transported to a magical place. "Winter Wonderland" will feature the holiday songs you know and love with all-live performances by the sensational cast of singers and dancers and the remarkable amt orchestra. Included in the price is a smorgasbord lunch at Miller's following the show.

Delaware Park

Monday, December 20, 2021

Cost: \$20.00 + Lunch

Departs: 10:15 a.m.

Contact: Mike Bianco,

Join us for an exciting day at Delaware Park and try your luck at slots and table games. \$30.00 free slots play is given to everyone on the bus. Lunch is on your own.

SERIES TRIPS

Philadelphia Orchestra

Friday Matinee

Cost: \$20 + Admission (per show)

Departs: 12:00 p.m.

Contact: Priscilla Burt,

Live from the Kimmel Center, The Philadelphia Orchestra presents a fall series of concerts for all music lovers to enjoy. Cost is for bus only. Riders should first call to ensure they have a seat reserved on the bus prior to purchasing their tickets. Tickets can be purchased by calling 215-893-1999 or online at www.ticketphiladelphia.org. For more information on the Philadelphia Orchestra, visit www.philorch.org. Program summaries and dates for the series are as follows:

Friday, December 3, 2021:

Schubert's "Ninth Symphony" & Mazzoli's "Sinfonia for Orbiting Spaces".
Nathalie Stutzmann conductor.



2021-2022

Walnut Street Theatre Series

Thursday & Saturday Matinees

Cost: \$55.00 per show

Departs: 12:30pm

Thursday Series Contact:

Jayne Lytle,

Saturday Series Contact:

Priscilla Burt,

We encourage you to sign up right away, as these series fill up very quickly! Cost reflects both per person admission and bus fee for all five shows in the series. The Walnut Street Theatre's 2021-2022 Season includes the following shows for both series:

Thursday 12/9/21

& Saturday 12/11/21:

Disney's - "THE LITTLE MERMAID"

Thursday 2/3/22

& Saturday 2/5/22:

Noel Coward's "BLITHE SPIRIT"

Thursday 3/17/22

& Saturday 3/19/22:

"Sherlock Holmes' Adventure of the Speckled Band"

Thursday 5/5/22

& Saturday 5/7/22:

"ON YOUR FEET" – The Story of Emilio & Gloria Estefan

NOTES:

1. Prior to making payment, anyone who wishes to participate in a bus trip must first call the contact person to ensure that there is still room on the bus.

continued

Bus Trips (continued)

- All bus riders must be age 18 or older unless otherwise noted in the trip write-up.
- To follow current CDC guidelines at the time of this writing, passengers will need to wear masks while on the bus and throughout the performances. As CDC guidelines change, our rules for the bus are likely to change as well.
- Trip payment checks are made payable to "HERSHEY'S MILL HOA," sealed in an envelope (noting trip name and date) and placed in the maroon "Customer Service" mailbox next to the Security Center in the exit lane at the Main Gate.
- Refunds are granted if (1) the trip is canceled, or (2) the trip has a wait list from which another passenger can fill the vacated spot.
- Bus leaves promptly at the scheduled Leave Time. Please plan to arrive at the Recreation Area parking lot 10 minutes early for boarding.
- The Hershey's Mill Bus Committee is always looking for more volunteers to help share ideas and plan bus trips! If interested, call Marc Fraser at .
- Hershey's Mill residents may rent the bus for their own private trips or functions. For more information, contact Marc Fraser at .

I Listen... So you can Hear Better!

Patricia A. Cohen M.A. C.C.C.

Licensed Audiologist

**Helping Hershey's Mill Residents Hear Better
for over 20 Years!**

Brooklands Audiology, Inc.

I represent you to the major manufacturers!

Hershey's Mill Discounts: **20%** off initial pair, **25%** off subsequent purchase or all when family member purchases at same time

610-408-9250 301 Lindenwood Drive Suite 206 Malvern, PA



A community that has come together, while looking forward to growth and change.

We are not just a community; we are a safe place to call home. At Riddle Village, we are taking every precaution in this difficult time to ensure our residents, employees and caregivers are protected. At the same time, we are working with those who understand a plan for the future and our extensive Lifecare contract offers peace of mind.

DO YOU HAVE A PLAN?

If not, please call us today. We will be happy to discuss how Riddle Village has remained a safe and smart option for those wanting to prepare for what's next. We are offering limited on-site tours and can provide extensive virtual tours. Time doesn't stand still – life moves forward.

Move forward with us at Riddle Village.

Connect with us, you will be glad you did.



**IN A TIME OF UNCERTAINTY, CHOOSE STABILITY,
CHOOSE RELIABILITY, CHOOSE RIDDLE VILLAGE.**

RiddleVillage.org | (610) 891-3700 | 1048 West Baltimore Pike, Media, PA 19063



Two Word Wonders

Each answer contains two words that rhyme.

Example: Homily in Berlin is a German Sermon. Enjoy!

1. a large toupee
2. permission to take something away
3. a rabbit that makes you laugh
4. a sensible pupil
5. a skinny little horse
6. a smarter author
7. a smelly finger
8. a smiling father
9. a Snickers bar dropped on the beach
10. soft French cheese at no cost

* See page 36 for answers



Freedom Village at Brandywine



Your Life, Your Way, Every Day!

Offering carefree living at its best, with a wide variety of beautifully appointed residential options, a wealth of exceptional services and amenities, and a full calendar of fun, engaging activities!

⊗ Independent Living

⊗ Personal Care

⊗ Memory Care

⊗ Skilled Nursing

⊗ Rehabilitation



15 Freedom Blvd. • West Brandywine, PA 19320 • 610.383.5100 • fvbrandywine.com

Garden Reflections

Community Service

John Groch | Chatham

As deep winter approaches, after gardeners have put their beds to rest, they pause from their routine visits to their gardens and take time to assess the past harvest and plan strategy for the spring planting season. They take note of their successes and failures, which crops flourished and which ones underperformed. They will consider rotating crops to promote optimal growth, and omit some varieties and add others.

The end of the year also prompts many to reflect on their lives, their priorities and their goals in life. Careers have ended, along with the frenzy of raising children and the distractions of professional responsibilities. Many find meaning by exploring ways to give to others in the community. At a garden cook-out this past fall, four members of the gardening community were recognized for their generous service to their fellow gardeners.

Tom Wyda of Jefferson provides continuous exemplary service to the garden by mowing the extensive grassy area surrounding the garden, tamping down the gardeners' refuse in the dumpster to maximize its holding capacity, and removing branches and



Tom Wyda (center) with garden Co-directors Jim DiCarlo and Ed Sweeney

debris from the stream after heavy rains. He also provides building and repair services on structures throughout the garden area.



Jeff Sebastian

Jeff Sebastian of Ulster always generously volunteers for any required task and works harder and longer than most. He creatively solves gardeners'

continued

"...Freedom in old age is the ability to be the best of the self I have developed during all those years. It is the freedom to gather everything I have learned up to this point and to put it to even more exciting use now. It is the freedom to give myself away to those who really need me, in ways I have never had the chance of doing before."

The Gift of Years, Joan Chittister



Bill Reynolds (left) and Michelle Cohen (far right) enjoying time with the group

problems and organizes the delivery of such solutions as mushroom or garden soil, and faithfully oversees the completion of projects from start to finish.

Michelle Cohen of Franklin is the garden's version of the Energizer Bunny. She artfully decorates the garden cart (photos have been featured in past issues of The Guide) and has beautified the garden entrance with decorative plantings. She is also frequently found assisting other gardeners with their plots.

Bill Reynolds of Yardley has made the garden his second home. He spends many hours daily, meticulously maintaining his plot and providing his expertise to all who seek his advice. He may even spend more time assisting others than tending his own garden! He can always be counted on to help organize garden gazebo parties and seed exchanges.

Thank you for your generous service to the Hershey's Mill community!



WELLINGTON
AT HERSEY'S MILL
a Senior Lifestyle community



Award-winning memory care coming to Wellington

Wellington at Hershey's Mill is pleased to bring the award-winning **embrace** memory care program to our community. Using a combination of simple exercises, nutritional guidelines, sensory and mental stimulation, **embrace** provides your loved one with opportunities for:

*** Wellness * Enrichment * Challenge * Creativity * Connection ***

Discover how your loved one could benefit from the exceptional care and safe, secure surroundings at Wellington.

Come meet our team of compassionate caregivers.
Call **484-861-2372** today.

Independent Living | Personal Care | Memory Care (coming soon) | #141360
1361 Boot Road | West Chester, PA 19380
WWW.SENIORLIFESTYLE.COM



Pet Friendly

Programs		December 1- December 15 (7 PM show December 15 will not be shown)			
Lafayette at Brandywine <i>With Lynn Mander & Bruce Mowday</i> Bruce talks about his new book, which is about Lafayette and his assistance in winning America's freedom. His wounding at Brandywine, on September 11, 1777, began his trip as an American hero.		10:00 a.m.	4:00 p.m.	7:00 p.m.	12:00 a.m.
Meet Bruce Mowday A program from 2007, to introduce Bruce Mowday, a writer from this area now living in Hershey's Mill. He discusses his career in writing about local towns and events. Ends at 10:45 a.m., 4:45 p.m., 7:45 p.m., 12:45 a.m.		10:30 a.m.	4:30 p.m.	7:30 p.m.	12:30 a.m.

Movies Noon & 8:30 p.m.	December 1 to December 8 Mamma Mia (PG-13) <i>Meryl Streep, Pierce Brosnan</i> The story of a bride-to-be trying to find her real father told using hit songs by the popular 1970's group ABBA. (Run time 1:50)
	December 8 to December 16 A Christmas Story (PG) <i>Melinda Dillon, Peter Billingsley</i> In the 1940's a young boy attempts to convince his parents, his teacher and Santa that a Red Ryder BB gun is the perfect Christmas gift. (Run time 1:34)

24 hours/day channel 971	Bulletin Board Times
12:45 a.m. - 10:00 a.m., 10:45 a.m. - Noon, 4:45 p.m. - 7:00 p.m., 7:45 p.m. - 8:30 p.m. on channel 970	

IMPORTANT NOTE: The calendar will no longer appear in the monthly Guide & Digest due to the new calendar program that can be seen on the website on a daily basis. To schedule rooms or ask any questions, please call the Community Center office at 610-436-6019.

Programs		December 16 - December 31 (7 PM show December 31 will not be shown)			
Duffy's Cut Part 2 This program is an update on Duffy's Cut, done 2 years after the original interview, shown in November. Meet the men doing the investigation and see how the project is coming along.		10:00 a.m.	4:00 p.m.	7:00 p.m.	12:00 a.m.
Edgar Allen Poe Mr. Poe has stopped by the station for a long-awaited interview. He even treats us to a reading of "The Raven". Ends at 10:45 a.m., 4:45p.m., 7:45 p.m. 12:45 a.m.		10:30 a.m.	4:30 p.m.	7:30 p.m.	12:30 a.m.

Movies Noon & 8:30 p.m.	December 16 to December 23 Miracle on 34th Street (PG) <i>Edmund Gwenn, Maureen O'Hara</i> When a nice old man claims to be Santa Claus, he is institutionalized as insane. A young lawyer decides to defend him. (Run time 1:36)
	December 23 to December 31 A Christmas Carol (PG) <i>Alastair Sim, Jack Warner</i> Ebenezer Scrooge, a curmudgeonly, miserly businessman, has no time for sentimentality and largely views Christmas as a waste of time. (Run time 1:26)

For **Programs and Movies**, go to NEW channel numbers **970 & 971** (Bulletin Board information appears only if neither is currently airing). Call HMCTV at **610-436-5922** if you **aren't able to receive** our TV channels. To view Programs online, go to www.hersheysmill.org and navigate from TV & Digest to HMCTV to Original Programming.

HMCTV reserves the right to make program substitutions, and dates/times are subject to change. Opinions of hosts, guests, or advertisers shall not be construed as an endorsement by HMCTV. ©2020 HMCTV

for the Love of... Family Recipes

Rosie Taylor | Princeton

If Cleopatra was the face that launched a thousand ships, then, “How did Grandmom make those breaded asparagus?” is the question that started my writing our family’s cookbook. I come from a long line of wonderful and imaginative cooks. Both of my grandmothers had award winning recipes. My great grandmother, an Italian immigrant, was a gifted baker. A treasured recipe she brought with her to America was her famous biscotti. This was probably true because, as I understand, she put wine in everything even my brother’s milk to get him to stop crying. It worked!

Why a cookbook? Family recipes are a way of keeping our ancestry alive. The smell of most foods can evoke vivid memories of childhood and the family members who made them. Food can remind us of experiences helping us relive feelings of comfort and love. When I was quite small, I remember having breakfast with my Aunt Kay at my grandmother’s home where our family of four was living. Why were we living with my grandmother? My Dad was offered two options after being involved in a slight ‘altercation’ with a man who called him a dago wop - either leave New Jersey or go to jail. We left Jersey that day and moved into my grandmother’s house. It was a three-bedroom house already

occupied by four people. My brother bunked with my Uncle Anthony while Aunt Kay graciously gave up her bedroom to my parents and me and moved into a closet. I figured the least I could do was have breakfast with her every morning before she headed off to work. Her breakfast consisted of 2 pieces of toast, a cup of hot tea and a soft-boiled egg. She would break open the shell with a knife, scoop out the egg leaving a little of the white inside the shells and gave them to me.

Comfort and love.

My recipe box was overflowing with the recipes given to me over the years. Some were typed, most hand written and a few illegible. I sent out notes, emails and made many calls to relatives asking for their favorite recipes as well as family photos. I thought adding a picture here and there would ‘spice’ up the book. Several of the photos I received dated back to the early 1900’s, and some were accompanied with the story about the picture. Another idea. I’ll include a story here and there just to ‘spice’ it up.

One evening as Jeff was looking through the mountain of pictures and stories that were accumulating on my desk he asked, “Where does this person fit into the family?” Another idea. Include family trees along with the stories, pictures and recipes. This



is an example of insanity breeding insanity! The decision to include family trees was made. The labor of love began and nine months later, “Relatively Cooking” was born. I had 85 copies printed and sent them to family, friends and relatives. The response was overwhelming, but not what I thought it would be. You see, I was so excited to get the books in the mail, I failed to have someone proof my work. The mistakes and typos were quickly and humorously called to my attention. My cousin Tony asked if I considered him a ‘bastard’. “Why would I do that” I asked? His answer, his family tree had him being born two years before his parents were married and he was their second child! *Oops*. Another relative asked what type of peeled organs should be used to make the Cranberry Relish. Peeled organs? Oh, that’s supposed to be peeled oranges. *Oops*. My brother called and asked what year had our dad passed? I replied “1991.” His response, “you have him dying in

1987, 1989 and 1991 in three different sections of the book.” *Oops*. Finally, my Aunt Kay called in such a panic I thought someone had died! Her famous eggplant recipe was incorrect. Not only was an essential ingredient missing but the baking temperature was too hot and the time to cook too long! *Oops*. To calm her down, I promised to send out a revision. The three-page revision entitled “Don’t Make the Eggplant” was sent to everyone with corrections to recipes, family trees and stories.

Food has been a symbol of love and sharing for as long as man can remember. Making, sharing and passing down recipes is a wonderful way to honor and immortalize family. The memories and emotions triggered by the aroma of a pot of ‘gravy’ simmering with garlic, onions and tomatoes or homemade bread or cookies just out of the oven have no rival. *Sorry fast food and TV dinners.*

Marlene's Team is making a difference...

For Listing or Buying Real Estate call



The Marlene Gulczynski Team
A NEIGHBOR surrounded by her successes.

RE/MAX
Main Line
610-640 9300

Marlene Gulczynski GRI, CRS, CSP, SRES
484-459-8870 Marlene@SoldbyMarleneG.com
Debra Glancey ABR, SRES, e-PRO REALTOR
610-368-7649 DebraGlanceyRE@gmail.com
Tina Butler REALTOR
484-354-1526 TinaButlerRE@gmail.com

Fork & Bottle Fox & Hounds Sunset Grille

3 GREAT RESTAURANTS at One Location!

THE DESMOND
MALVERN
A DOUBLETREE BY HILTON

Hershey's Mill Residents Take 10% off your Restaurant Check Always! Plus take an Additional 5% off Monday - Thursday lunch (15%).
Discount taken off of food portion of check only. Must be a Rewards member. Offer cannot be combined. Not valid on holidays or for banquets.

THE DESMOND MALVERN | ONE LIBERTY BOULEVARD | MALVERN, PA | WWW.DESMONDGV.COM | 610-296-9800

Answers

- | | |
|---------------------|--------------------|
| 1. big wig | 6. brighter writer |
| 2. removal approval | 7. stinky pinky |
| 3. funny bunny | 8. happy pappy |
| 4. prudent student | 9. sandy candy |
| 5. bony pony | 10. free brie |

Ad deadline is the 23rd, and ads run two months at no cost (due to lead time, an ad received on January 23 would start in the March edition, etc.). Please limit description to 30 words per item, and include pricing and contact information.

Ads are subject to review/editing. Send submission to editor@hmctvguide.com, attention editor, or place printed/taped copy in the HMCTV mailbox outside the building. You must be a HM resident to advertise.

FOR SALE

Deck awning, 3 years young, only used one-year, perfect condition. Tan/cream/brown striped, for 20 ft. x 12 ft. deck/patio area. Originally \$885. Best Offer. Call



FOR SALE

Electric Bike: Cannondale Quick Neo 2, Medium size. One year old. Less than 200 miles. Battery charger, speedometer, tire pump included. Paid \$2400 a year ago. Asking \$1299. Call, leave message



FOR SALE

Waterford Washington Unity Vase, \$50; Waterford Alana Sugar and Creamer, \$30/pr; 4 Waterford

Alana High Dessert/Champagne Glasses, \$40; Lladro Angels Group, \$40; Lladro Nativity Figurine, \$40. All prices are negotiable. Other Lladro and Waterford items are available. All looking for a good home. Text or call Liz:

FOR SALE

Wrought iron patio table with four chairs; small white metal glass top patio table; kitchen table with four wood chairs; antique pine bedroom suite; large square teak end table.



FOR SALE

Beautiful solid oak buffet with a China closet that sits on top. Will add charm and useful storage for your special items. Asking \$700 for both pieces. White cabinet for storing anything. Asking \$40. Call to see both pieces at 152 Chandler Drive. Call Evelyn at

FOR SALE

Air Fryer and Electric Teapot, Silver and black, almost new, \$80 for both. Call Mary at

FOR SALE

Black leather swivel chair, excellent condition, \$35. Glass and brass coffee table, excellent condition, \$35.

continued

Classifieds (continued)

Miscellaneous Van Gogh, Monet and Magritte framed prints.
Contact

FOR SALE

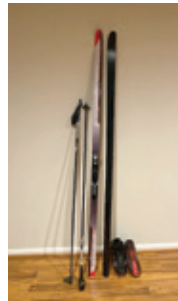


DANCE DVD'S,
All Basic
Intermediate;
Cha-Cha,
East Coast
Swing,
Fox Trot,
Rumba, Latin

Dancing/Argentine Tango. If you bought from Amazon selling for \$164 (some used), we are asking \$80 or best offer. Call/text

FOR SALE

White baby crib with mattress and bumper, good condition, \$25.00.
Call



FOR SALE

Salomon skis,
bindings, poles.
Size 10 1/2 Salomon
boots, used one
time. \$200. Call

FREE

Exterior Refrigerator/Icemaker
Filter, GXRTQR, 6-month life.
In box, unused. Call

Featuring Hunter Douglas & Other Manufacturers

BLINDS 4 U

610-246-3100

Shop At Home Service for Hershey's Mill.
We Will Beat Any Printed Installed Price!



- Silhouettes
- Luminettes
- Pleated & Honeycomb Shades
- Duettes
- Country Wood Blinds
- Plantation Shutters
- Mini Blinds
- Verticals
- Roman Shades

Free Quotes ♦ Measuring ♦ Installation
Bottom line pricing all the time!

DECK TOO HOT?

A STATIONARY AWNING
OR RETRACTABLE AWNING
CAN DOUBLE THE USE OF
YOUR DECK. ALL AWNINGS
ARE CUSTOM MADE IN OUR
SHOP FOR THE GREATEST
SAVINGS — TO YOU!

INSTALLATIONS - ESTIMATES
ARE ALWAYS FREE
AWNINGS • TENT RENTALS
BACK LIT AWNINGS • SINCE 1928
call **302-652-6612**

E.W. BROWN, Inc.



In-home care for Seniors by Seniors, including:

- | | |
|----------------------|-----------------------|
| ♦ Companionship | ♦ Dementia Care |
| ♦ Meal Preparation | ♦ 24 hour care |
| ♦ Light Housekeeping | ♦ Personal Grooming |
| ♦ Transportation | ♦ Bathing / Dressing |
| ♦ Shopping / Errands | ♦ Mobility Assistance |
| ♦ Doctor Visits | ♦ Small Home Repairs |



**Call (610) 590-4888 today
for more information!**

www.seniorcaresoutheastpa.com

Locally Owned & Operated. Licensed, Bonded, & Insured.

STAY SAFE!

with an Oliver Heating Tune-Up & Safety Inspection.

All Oliver Technicians:

- Wear Masks
- Wear Shoe Covers
- Wear Gloves
- Follow Current CDC Guidelines

HEATING TUNE-UP & SAFETY INSPECTION \$69.95

OliverHeatCool.com | 610.808.9033



HEATING • COOLING • PLUMBING
ELECTRICAL • HOME REMODELING
POLAR BEAR JERSEY SHORE DIVISION

Excludes oil systems.



Thinking Outside the Box... the Brownie Mix Box That Is

Rosie Taylor | Princeton

The first brownie was made for the Chicago World's Fair in 1893 as a dessert for boxed lunches given out at the Women's Pavilion. Bertha Palmer, wife of Potter Palmer of Chicago's Palmer House Hotel, asked the hotel chefs to come up with something easier to eat than a piece of pie or a slice of cake and the rest is history. In celebration of National Brownie Day which is December 8, try 'spicing' up your favorite brownie mix. Each serves 10. Enjoy!

Prepare your favorite boxed brownie batter, add in any of the following mix-ins and, bake as directed. For all variations line a 9-by-13-inch pan with greased foil.

Raspberry Cheesecake Brownies:

Mix together 1 teaspoon almond extract, 4 oz softened cream cheese, 2 tablespoons softened butter, 1/4 cup sugar, 1 egg and 2 tablespoons all-purpose flour. Stir 1/2 cup raspberries into cream cheese mixture. Pour batter in pan and dot

with cream cheese mixture. Top with additional 1/2 cup raspberries. Get marble effect by drawing a knife through batter; bake until done.

Caramel Pretzel Brownies:

Mix 1/2 cup broken pretzels and 1/2 cup chocolate chips into brownie batter. Pour into prepared pan and scatter surface with an additional 1 cup broken pretzels. Bake until done; allow to cool completely. Melt 1/2 cup butterscotch chips and transfer to a plastic bag with a snipped corner. Drizzle over brownies.

Tropical Coconut Brownies:

Mix 1/2 cup chopped macadamia nuts, 1/2 cup chopped dried pineapple and 1 teaspoon rum extract into brownie batter. Pour batter into prepared pan and scatter surface evenly with 1 cup coconut flakes or shredded coconut. Bake until brownies are done and coconut is toasted.

Peanut Butter Layer Brownies:

Mix 1/2 cup chopped peanuts into brownie batter. Pour into prepared pan and bake until done; allow to cool completely. Mix 1 cup peanut butter, 4 tablespoons melted unsalted butter, 3/4 cup confectioners' sugar and 1/4 teaspoon salt until smooth and spread over brownies. Sprinkle with 1/2 cup mini chocolate chips.

Crumb Coffee Cake Brownies:

Mix 1 tablespoon instant espresso powder and 1/2 cup chopped walnuts into brownie batter. Pour into prepared pan. Blend together 1 stick softened butter, 1/2 cup sugar, 1 1/4 cups all-purpose flour and 1 teaspoon cinnamon; scatter crumb mixture over brownie batter. Bake until done.



Janice Saunders | Eaton

Our Hershey's Mill Library volunteers were pleased to meet many new residents during our Used Book Sale this past September. So many of you inquired about the library, we thought it fitting to explain to our new residents how the library works.

Each year the Master Association provides a sum of money for the purchase of new books. Currently we purchase about 40 new books per month. We purchase other materials such as periodicals, newspapers, and book covering materials through annual fundraising events, such as our used book sale and our popular holiday book raffle baskets. Also, you can purchase used books for \$1.00 each from the book cart located directly outside the library door. Yearly, we ask for a \$10 donation to become a Friend of the Library. All "Friends" may attend our wine and cheese reception on the Friday

Mon. to Fri. 10 a.m. – 2 p.m.
Saturday 10 a.m. – Noon

HM Library contact:
Angela Linden 610-696-5374

www.hmlibrary.com

evening before our used book sale, where they can purchase books in advance of the official opening.

Our library is staffed by dedicated volunteers who:

- Serve at the desk
- Select and purchase new materials
- Cover new books
- Enter books into the computer system
- Organize volunteers
- Organize our fundraising events

All Hershey's Mill residents can check out books. We do not require a library card, only asking for your last name and residence number. We also loan puzzles, audio books and paperbacks.

If you haven't visited the library yet, we encourage you to stop by soon.

We are open weekdays from 10 a.m. to 2 p.m., and from 10 a.m. to noon on Saturdays.

NEW BOOKS

FICTION

Archer, Jeffrey - *Over My Dead Body*

Banville, John - *April in Spain*

Chambers, Clare - *Small Pleasures*

Deveraux, Jude - *An Impossible Promise*

Doerr, Anthony - *Cloud Cuckoo Land*

Franzen, Jonathan - *Crossroads*

Grisham, John - *The Judge's List*

Hoffman, Alice - *The Book of Magic*

Johnson, Craig - *Daughter of the Morning Star*

Mallery, Susan - *The Christmas Wedding Guest*

Morris, Heather - *Three Sisters*

Patterson, James - *The Jailhouse Lawyer*

Patterson, James - *2 Sisters Detective Agency*

Robb, J.D. - *Forgotten in Death*

Sparks, Nicholas - *The Wish*

Steel, Danielle - *The Butler*

Taylor, Patrick - *An Irish County Yuletide*

MYSTERY

Bowen, Rhys - *God Rest Ye Royal Gentlemen*

Cash, Wiley - *When Ghosts Come Home*

Clinton, Hillary - *State of Terror*

Hadfield, Col. Chris - *The Apollo Murders*

Kellerman, Jonathan - *The Burning*

LeCarre, John - *Silverview*

Mayor, Archer - *Marked Man*

Woods, Stewart - *Foul Play*

NONFICTION

Hill, Fiona - *There's Nothing for You Here*

Cooper, Anderson - *Vanderbilt: The Rise and Fall of an American Dynasty*

Baier, Bret - *To Rescue the Republic*





BREWER

Since 1938

HEATING & AIR CONDITIONING

We Have Certified 24/7 Technicians
On Call for Your Home Emergencies

Sales • Service • Installation • GeoThermal

Plumbing Services Available Now

Serving West Chester for 4 generations as your neighborhood contractor.

HM Residents - Mention this ad and receive 10% off new service contracts! Ask about rebates, credits & financing.

610-692-5252

www.brewersheatandair.com

Maggie

Marie Dolton | Merrifield

Miss Maggie is a sweet 5-year-old Grey Tuxedo cat who lives in Merrifield Village with her owners, Lynne and Harry Urian. She was brought home in January from Main Line Animal Shelter in Phoenixville. Her previous family included a toddler who did not get along with her. She was taken to the shelter where Lynne and Harry found her. After arriving at Merrifield Drive, she was afraid and demonstrated aggressive behavior. The shelter offered the service of an animal behaviorist who advised the Urians on how to successfully acclimatize her to her new home. It worked!

Her new family has made sure that she is comfortable in all the rooms of her home. In the morning, she yowls until her breakfast is served. A little later, she gets 'brushies' with love, and then moves to the sunroom where she growls at the squirrels in between naps. At 4:30 it is playtime in Harry's office with toys and tunnels. During the day she wants to be included in phone calls and all other activities her humans engage in, which she does by yelling at the top of her 'voice'. Her meals are served in a toy stuffed with kibbles or on an antique china dish, rather than in an ordinary bowl. Maggie greets



visitors with a meow-and-bump. Of course, this must be acknowledged with a scratch on her head. If you are a friend, you will get a rough lick on

Maggie is very happy in her home and seems to rule the domain.

your hand, and she will remember you the next time you visit. At sundown it's time for bed and Maggie retires to 'her' loft. Maggie is very happy in her home and seems to rule the domain. As Lynne says, "she is her own creature".

Please remember that Holly and Mistletoe are poisonous to dogs and cats, as are bread dough and chocolate. For more information go to AKC.org.



Situated on 500 beautiful acres with miles of scenic and well-maintained trails, Kendal-Crosslands Communities are connected to nature. Each season brings new colors and textures to an ever changing vista. Residents are engaged in their retirement participating in boundless activities both inside and out. We foster an environment that promotes mutual respect, equity, collaboration and growth.

KCC.Kendal.org | 866-633-6798

KENDAL~CROSSLANDS
Communities

Together, transforming the experience of aging.®

Adjacent to Longwood Gardens in Kennett Square



Not-for-Profit Life Plan Communities Serving Older Adults in the Quaker Tradition

Marilyn Cale | Franklin

Holiday Cranberry Salad

This is one of my favorite holiday recipes. Even people that don't like cranberries can't get enough of this!

Ingredients

- 12 oz. fresh cranberries
- 1/2 cup and 1 1/2 tablespoons and 3/4 teaspoon and 5/6 teaspoon white sugar
- 20 ounce can crushed pineapple, drained
- 1/3 cup and 1 1/2 tablespoons and 3/4 teaspoon and 5/6 teaspoon chopped pecans
- 1/2 tablespoon and 1 1/6 teaspoons heavy whipping cream
- 3 11 ounce bags miniature marshmallows

Directions:

Mix all ingredients together and refrigerate.

Serves 4

Holiday Salad Wreath

Ingredients

- 1/2 10 oz package fresh spinach
- 1/2 5 oz package arugula leaves
- 2 canned beets, cut into 1/4 -inch pieces
- 1 4 oz log soft goat cheese
- 3 tablespoons unsalted shelled pistachios
- Kosher salt and ground black pepper to taste

Directions:

Neatly arrange spinach in a 10 to 12-inch circle with leaf tips facing outwards. Arrange arugula on top of spinach, leaving the outer tips of spinach exposed. Scatter beets over the arugula. Arrange pieces of goat cheese around the wreath. Sprinkle pistachios on top. Season salad lightly with extra virgin olive oil and salt and pepper.

Serves 4.





YOUR TRUSTED LOCAL ELECTRICIAN!

ELECTRICAL SERVICES

• Switch/Outlet Repair & Replacement	• Whole House Surge Protector
• Breaker Panel Repair & Replacement	• Dedicated Circuit Installation
• Wiring Repair & Replacement	• Electric Vehicle Charging Station
• Indoor Lighting	• Whole House Safety Inspection
• Recessed Track Lighting	• Carbon Monoxide Detector Installation
• Ceiling Fan Services	• Energy Efficient Upgrades
• Outdoor Lighting	• Code Compliance
• Smoke Detector Installation	

\$49
11PT HOME SAFETY EVALUATION

**484-378-9500 or book online at
www.jdvelectric.com**



GOLDEN —HARMONY HOME CARE—

We support your independence
& help improve your quality of
life so you can remain in the
comfort of your own home.

LICENSE/INSURED/BONDED

Non-medical Home Care,
Dementia/Alzheimer Care,
24-hour care/hourly/live-in,
Medication reminders,
Meal preparation/light housekeeping,
Transportation/Doctor's visit/
Mobility Assistance, Companionship,
Shopping and errands

Call 267-969-8312 for information
www.golden-harmony.com



HAVE YOU PROPERLY ORGANIZED YOUR ESTATE?

◆ Estate Planning ◆ Retirement Planning ◆ Investment Strategies ◆ Tax Planning

820 Adams Ave, Trooper, PA 19403 | 610.422.3773 | www.maaaplanning.com



INVESTMENT ADVISER REPRESENTATIVE AND REGISTERED REPRESENTATIVE OF AND SECURITIES AND INVESTMENT ADVISORY SERVICES OFFERED THROUGH VITA FINANCIAL ADVISORS, INC. (MEMBER SIPS MENNINGER & ASSOCIATES, INC.) IS NOT A SUBSIDIARY OF NOR CONTROLLED BY VITA FINANCIAL ADVISORS, INC. TAX SERVICES PROVIDED BY MENNINGER & ASSOCIATES, AN INDEPENDENT ENTITY. VITA FINANCIAL ADVISORS DOES NOT PROVIDE TAX SERVICES. IN 2020, MENNINGER & ASSOCIATES WAS ONE OF 30 ORGANIZATIONS RECOGNIZED BY FIVE STAR WEALTH MANAGEMENT AS A FIVE STAR WEALTH MANAGER. COMPANIES SELF-NOMINATE AND PAY A \$500 ADMINISTRATIVE FEE TO BE CONSIDERED. THIS AWARD IS NOT REPRESENTATIVE OF ACTUAL CLIENT EXPERIENCES OR OUTCOMES, AND IS NOT INDICATIVE OF ANY PAST, PRESENT, OR FUTURE INVESTMENT PERFORMANCE. COMPANIES AWARDED THE FIVE STAR WEALTH MANAGER AWARD HAVE SUBSEQUENTLY PURCHASED A MARKETING PACKAGE THAT INCLUDES USE OF THE LOGO ON PROMOTIONAL MATERIAL. CANCELLATION POLICY

Easier is Better, RIGHT?



Bonalyn Mosteller | Inverness

A huge number of items and services are marketed to us as ways to make our lives 'easier'. The underlying assumption, of course, is that 'easier is better'. This article is focused on raising big questions about this assumption-especially as we age.

This article considers some examples of devices and situations in our lives which may indeed make life 'easier', but which are not necessarily 'better' for us because they result in less exercise or fewer opportunities for strength training.

For our age group, the idea of 'one floor living' is a strong marketing strategy, while it is also true that walking up and down stairs is a great form of exercise. I have recently noticed that when I need something in the basement, I also factor in how much I really need that thing versus the effort of going up and down the steps to get it. When

I was younger, I never considered this. Can you relate?

Recently, however I reframed this situation to the following: "each time I use the stairs, I get more exercise!" At one level, this is merely a mental trick, but this 'trick' really works: I truly don't mind going up and down as much. The task has become more

of a pleasure in that I remember that I am doing something good for myself.

As a tiny example, I am thinking about closing the hatchback on my car. Today, many hatchbacks close easily by a mere push of a button. However, my 2014 Honda needs to be pulled down manually. And my hatchback becomes really challenging

Each example is small and may seem insignificant, but the truth is that these little differences in activity level could be significant over a whole day.

to close after it has been open for several minutes. At first this seemed irritating. Then I created a reframe: needing to really put some muscle into pulling down the hatchback becomes a form (although small) of exercising arm muscles!

As another small example, consider cleaning the glass stovetop. We can easily squirt white stovetop cleaner on the burners, wait awhile and then wipe the stovetop clean. Instead, I recently kept scrubbing with gusto!

If I had had more burners, I could have gotten a bit out of breath.

Also, regarding many activities, if we just do them as fast as possible, they can become aerobic activities. For example, I try to walk fast enough to keep up with my dog when she is trotting at full tilt. This is a challenge, and I can become out of breath. A person can vacuum at 'retired' speed or make the activity into an aerobic activity (unless you have the 'ease' of having a cleaning person, of course!). The same is true for sweeping the porch or shoveling snow (if you choose to use it as an aerobic activity before our HM shovelers arrive!).

Each example is small and may seem insignificant, but the truth is that these little differences in activity level could be significant over a whole day; in total they could amount to an hour of aerobic (or strength-building) activity per day! That is no small potatoes - if you really work with gusto, do you suppose you could get out of breath peeling potatoes? It would take a lot of potatoes, but you get the idea.

Confucius-type final thought:
A life well lived
is a life consciously lived.

The Arboretum at Hershey's Mill

Christine McCormick | Ashton

Did you ever know someone who called all evergreens pines? I have, but they haven't for long. By not seeing the diversity of life around us, we miss much of life's richness. Imagine our landscape without the evergreens in winter. Though the needles are protected against cold by a waxy coating that makes them less useful to summer insects, their long-lasting seeds provide a valuable food source for squirrels and birds year-round.

Just to be clear, there are a lot of pines—that is trees with long slender



Eastern Red Cedar - Christine McCormick



Eastern White Pine - Christine McCormick

needles in bundles. If there are five in a bundle, it is an Eastern White Pine (*Pinus strobus*) which is a native to the eastern states. If there are two or three in a bundle, it could be any one of a dozen species—some native some ornamental.

Like most evergreens, pines have cones and are classified as coniferous; but there are always exceptions to the rule—some conifers are not evergreen. Two that lose their needle leaves but create a majestic vista along Chandler are the southeastern native Bald



Arbor Vitae - Christine McCormick

Cypress (*Taxodium distichum*) and the exotic Dawn Redwood (*Metasequoia glyptostroboides*). The Dawn Redwood was long thought to be extinct but was found in a remote valley in China in 1948 and has since become a common landscape plant here. There is hope for endangered species.

Two species that are abundant don't have classic needles—Eastern Red Cedar (*Juniperus virginiana*) and Arbor Vitae (*Thuja occidentalis*). Their needles are flattened along the stems—the Arbor Vitae in a plane so the branchlets appear flattened while the Red Cedar are rounded and bunched. Both species are native to the region and occur both naturally and as landscape plants in Hershey's

Mill. Red Cedar is a colonizer plant, an earlier settler in the full sun of cleared fields while the Arbor Vitae is more likely to be found naturally in swampy areas. Their quick growth and dense foliage make them valuable in the landscape.

Then there are the short needle evergreens. Hershey's Mills' iconic Norway Spruce (*Picea albies*) is a horticultural import that only occurs in the landscape. I call the three by my house "the condo"—home to several species of birds and squirrels both summer and winter. Eastern Hemlock (*Tsuga canadensis*) is Pennsylvania's State Tree. It is characteristic of the cool moist Appalachians but is under

continued

Nature Group (continued)



Eastern Hemlock - Christine McCormick

severe threat by the imported Hemlock woolly adelgid, tiny insects that originated in Asia. The adelgid arrived in the United States more than 50 years ago after being accidentally introduced to Virginia. Their northwestward migration into Pennsylvania has essentially occupied the entire state. Not only the trees are threatened but as they die, the exposed streams rise in temperature and cold water fisheries are challenged as well.

Then there are the firs, Douglas firs, and more spruces. All good for Christmas trees – check out the varieties and learn to identify them at the local Christmas tree farm.

Have a Merry Green Holiday!

**RAISING THE BAR
SINCE 1968**



**BUCKLEY BRION
MCGUIRE & MORRIS LLP**
ATTORNEYS AT LAW
p: 610.436.4400 | West Chester, PA
www.buckleyllp.com

**WILLS & TRUSTS
ESTATE ADMINISTRATION
REAL ESTATE
PERSONAL INJURY
ACCIDENT CASES
MISCELLANEOUS LEGAL
MATTERS**



*Serving the legal needs of Chester County for over 50 years
and the Residents of Hershey's Mill Since 1985*

Anthony Morris, Esquire
Estate & Trust Department Chair
amorris@buckleyllp.com
610.436.4400 | www.buckleyllp.com

Free initial consultation to Hershey's Mill Residents



FREE DELIVERY TO HERSHEY'S MILL*







Remodel Reward

Earn up to \$1500*

with purchase of select Café appliance suites.

**GERHARD'S
APPLIANCES
OF MALVERN**

(610)-644-6666
116 Lancaster Ave. Malvern, Pa 19355
GERHARDSAPPLIANCE.COM

*After Rebate. *Via online or mail-in rebate. See rebate form for details and list of eligible models.



HERSHEY'S MILL SINGERS

Peg Wolcken | Franklin

Your friends and neighbors have been practicing diligently to get ready to entertain you at our Winter Concert.

With all the pressure that is going on around us, we all "Need a Little Christmas" to lighten things up. So, plan to join the Hershey's Mill Singers as they lead you in a joyous

introduction to the season. There will even be a time to sing along with some of your Christmas favorites. The dates are **Saturday, December 4th at 7:00 p.m. and Sunday, December 5th at 3:00 p.m.** The location is St. Peter and Paul Church on Boot Road beside Wellington. Admission is free, but we gratefully accept donations to defray the costs.

SULLIVAN HOUSE HOLIDAY OPEN HOUSE

Judy Molt | Yardley

Sullivan House Committee Chair

The Sullivan House Committee is excited to announce that the Sullivan House will be dressed in her holiday splendor this year and will once again be open for its Annual Holiday Open House. Start your holiday season at Historic Sullivan House by stopping in on **Sunday, December 5 from 1 p.m. to 3 p.m.**

Due to COVID restrictions, this year's Open House will be confined to the beautifully decorated first floor. With the lack of space for safe social distancing in the third-floor train rooms, the trains will not be operating. However, Sullivan House

will be aglow with sparkling and twinkling decorated trees, garlands, wreaths, bows and lovely poinsettias. We will not be serving our traditional holiday punch and cookies, however our committee elves are working hard preparing a special take home treat for all who attend.

The Sullivan House Committee looks forward to welcoming you to share the holiday wonderment and beauty of

your historic Sullivan House. *Once Discovered, Never Forgotten.* Come one. Come all. See you on Sunday, December 5.

TREE OF STARS

Karen Gibson | Jefferson

Paoli Hospital Auxiliary

Due to continued COVID restrictions by Main Line Health, there will not be the traditional HM Tree Lighting ceremony but our Tree of Stars fundraising event has been expanded. One tree will be displayed at the HM Golf Club and one other tree at the HM Community Center. This beautiful tradition is an opportunity to remember loved ones, honor a special person, or write a message on gold stars that will be displayed on our decorated trees during the holiday season. Your purchase of a star(s), at \$10 each, will also benefit the new Interventional Vascular Suite at Paoli Hospital. To purchase stars, you may contact Gerry Walsh at _____ or _____. If you want more information about the Paoli Hospital Auxiliary, please contact Karen Gibson at _____.



Oh Oh Tannenbaum

Scott Burkhart | Inverness

The Christmas season is upon us. I think people are nicer to each other during this time. Maybe it's the effect of the sugarplums dancing in their heads. Whatever the reason, I like it! HM residents in the past have shared some of their Christmas memories. Here are a few of their fond memories:

- ❖ Being together with family and friends.
- ❖ Baking, sharing, and exchanging cookies.
- ❖ Eating cookies, which is a fond memory of mine, even now.
- ❖ Eggnog. Some said it had to be the WaWa brand, others said it had to be spiked.
- ❖ The Italian feast of the seven fishes. Note: I'm half Italian which explains why I only like half of the fishes.
- ❖ Carolers visiting their houses.
- ❖ Seeing the joy of Christmas through the eyes of children.
- ❖ Christmas Eve church service and music. Reminds us why we are celebrating in the first place.

Hearing these memories reminded me of one from my childhood. The annual fun of getting the tree. My memory:

It all begins on the coldest night December has to offer. My dad had the uncanny ability to pick out the most frigid night available every year for this Christmas fun. We travel a half an hour to a tree farm located in the middle of nowhere, my sister and I bundled up in the back seat where the heater of our Chrysler never reaches. This helps acclimate us to the coldness we will face outside when we arrive.

Arriving at the tree farm, my sister and I try to ignore the open air shed with Santa waving to us. We tell our parents we would rather get the tree first, hoping they will forget about the embarrassing tradition of making us sit on his lap and recite all the presents we want to find under the tree we are buying.

When it is time to pick out said tree, we walk past the area of precut trees because by tradition we must cut one down ourselves. Out to the hilly forest we go.

Mom immediately sees one she likes and asks our opinion. We all agree it is perfect, hoping we can cut this search short. Wishful thinking. Mom decides she wants to look at some more trees, just in case there is a better one hidden in the acres of trees we have yet to explore. To add to our fun, we must now search with flashlights. After exploring long enough for the temperature to drop another ten degrees, mom decides that the first one we found would be our best bet. We can't complain, literally, as our teeth are chattering too much. We trudge back to the lighted area and breathe a sigh of relief that mom's tree is still there.

Dad hands me the saw and says, "Do the honors". Hmm, "Does it matter that I haven't felt my fingers in the last half hour"? "The quicker you saw, the quicker we leave". Okay. "Make way for the frozen buzzsaw".

We load the tree on the car and we gulp the customary HOT chocolate to warm up. My sister and I got our wish. We can't talk to Santa. We can't talk to anyone. That was HOT CHOCOLATE!

Here's hoping everyone in The Mill has a wonderful Christmas and makes more memories. Just be careful what you wish for, you may get it.





PLATFORM TENNIS (PADDLE)

Don Evons | Princeton

The first in a series of four monthly articles about the wonderful sport of Paddle.

Why is paddle so special to me? Is it the fact that it complements all the racquet sports that I have played like racquetball or squash, my years on the tennis court, or enjoying dabbling with pickleball? It is a bit of all. In my mind, tennis is an outdoor sport and played in temperate weather. I was looking for something special. I loved squash because of the finesse and using the walls (wires). I'm an avid skier and love being outdoors in the cold. All this added up to paddle filling in all those voids.

While living in Connecticut a ski buddy decided to build a paddle court in his back yard and asked if I would help. I had never heard of the game but said sure. So, it started there. It was 20 years later after I moved and landed in The Mill before I would try it again. I loved it, as bad as I was (still am). I visited Waynesboro, Chester Valley, and Aronimink and saw how 'slow' the game was. From that point, I learned how to play off

the wires and realized that hitting the ball hard only kept the ball in play for my opponents.

I hope you will come out and give it a try. It may be the doubles inside the wires, being outdoors and shedding of winter cloths, the athleticism; regardless, come out and give it a try. You may find, like me, a great way to get exercise during the cold winter months. Oh yeah, socializing in the confines of the warming room is an added benefit. The warming room has a mini kitchen with a microwave and refrigerator.

Pickleball, tennis, squash, racquetball players, come on out. You'll love it once you have tried it, and perhaps you will add a paddle to your holiday wish list! See you on the courts.

If you would like more information or watch videos to see how the pros play, log onto the website: www.platform-tennis.org

BIKE

Jeff Smith | Princeton

The Bike Club finished the official riding season on September 29 with a ride on the Schuylkill River Trail from Oaks to Phoenixville. The trail took us through the village of Mont Clare just south of Phoenixville. Mont Clare is adjacent to the canal, and the devastation from the recent flooding was evidenced by the number of dumpsters in the front yards. A nice lunch in Phoenixville fortified us for the return trip, but we probably didn't work off all the calories we con-

sumed. The increasing popularity of electric bikes was evident on this ride as we had four electric bikes in the group. Anyone contemplating buying an electric bike may want to talk to a current owner for tips on features to consider prior to purchasing. I'll be happy to give you the names of electric bike owners if you send an email to me at jallensmith@verizon.net.

As in years past, the Jim Thorpe Bike Train trip on June 12 was a popular ride. Bikes were loaded on a separate train car and transported 25 miles north to the town of White Haven where we unloaded them and rode back to the town of Jim Thorpe along the Lehigh River. It's a pretty ride, and because it is mostly downhill, it's an easy ride.

We had good weather on all the rides this summer except for our ride on June 26 from Conshohocken to the Museum of Art on the Schuylkill River Trail. We got caught in a cloud-burst and had to seek refuge under a bridge for a while. The rain made the trail sloppy, and we got wet and

dirty on the ride back but chalked up the experience to one of the risks of cycling.

The Bike Club has accumulated numerous biking accessories to include carriers, helmets, locks, seats, air pumps, etc. all available at a modest price. Anyone looking for an accessory can contact me at the email address shown above.

The 2022 ride schedule will be put together over the winter and sent to everyone on the mailing list in the spring.

BOCCE

Bob Walsh | Troon

It was a fantastic bocce season. The largest resident participation ever in The Mill, capped off by the championship match and post-game party. In the championship match, Gerry and Bob Walsh defeated Ed Bailey and Bob Bevan 12-8.

On a hotter-than-normal September day, approximately 80 bocce fans

continued



BANKERSLIFE

Life Insurance
Medicare Plans

Long-Term Care
Retirement Planning

*Informational Zoom Meetings
the first Monday of every month*

Jill K. Dreibelbis, APP, CLTC

610-948-8446

jill.dreibelbis@bankerslife.com

www.facebook.com/jilldreibelbisbankerslife

lined both sides of the court to watch an exciting match. Gerry and Bob got off to a great start, but Bob and Ed charged back to make it 9-8 before the Walsh's got the last 3 points to win 12-8. Afterwards there was a fantastic lunch with leftovers donated to the nuns at Immaculata College.

For those of you who did not try bocce this past year, think about getting involved next year. Details will be forthcoming over the winter in both the Digest and HM News emails.

BOWLING

Carol Burnham | Oakmont

Hard to believe that December 21 will be the end of the first half of the

season. It's amazing how time flies when you're having fun, and fun is what we've had! Members of all teams have had strikes and spares, some had 200 games and a few even broke 100 for the first time. Many prizes like free games, slices of pizza, soda, and Philly pretzels to name a few, were awarded for all types of bowling accomplishments.

The second half fun starts on January 4, 2022. With people leaving for warmer temperatures and a few new players joining us, the teams will be shuffled, and spots may be available. If you are interested in joining our great bowling league as either a regular or a sub, please contact Jim and

Carol Burnham at
or
no later
than December 28th.

PLATFORM TENNIS (PADDLE)

Pat Thomas | Franklin

The cold weather is approaching, and paddle tennis at The Mill is in full swing. Our kick-off party and clinic were in November and both former and new players joined in the fun. Improvements have been made to the courts and new lighting makes nighttime playing easy and fun! The warming room is open, and paddles are available. Check your HM e-mail for times of open play. All skill levels are welcome! So, if you like racquet

sports, schedule a game with friends or just drop in! It's a great winter sport.

PICKLEBALL

Tom Fant | Yardley

Fall is a delightful time to play pickleball with the weather being crisp, dry, and temperate. Other people thought the same thing and on October 4 Delaware County decided to have a Senior's Pickleball Tournament. Hershey's Mill pickleball nation answered the call and fielded three teams to represent Chester County and The Mill. Dawn Kowalchuk, Scott Burkhart, Lynn Mander, Jim DeFalco, Mike Bianco, and Jannie Sirkin ventured to the tournament.

continued



10% DISCOUNT ON ENTREES FOR HERSHEY'S MILL RESIDENTS



Come enjoy our homemade pastas, pizzas, and signature Italian dishes

235 Lancaster Ave • Frazer PA • **610.240.9566** • www.toninospizzaandpasta.com

RICHARD. J. EGAN PAINTING CO.

The Superior Craftsmen ... We are Painting Specialists

Look at Princeton, Glenwood, Oakmont, Ashton, Robynwood, & Ulster Villages, & Sullivan House
Ask Their Maintenance and Architectural Committees About Us

INTERIOR & EXTERIOR PAINTING • WALLPAPER HANGING
DETAIL SPECIALISTS • REPLACEMENT WINDOWS • CUSTOM CARPENTRY
POWER WASHING • WATERPROOFING DECKS • FULLY INSURED

Brushing and Rolling are Best! ...Spraying upon Request

FREE ESTIMATES Call: 610-353-3570

1132 GREENHILL RD.
WEST CHESTER, PA 19380

RICHARD A. WENDIG
PLUMBING - HEATING - AIR CONDITIONING

610-431-0621

We can handle all of your plumbing, heating, and air conditioning needs and are conveniently located right down the street.

Established: 1984 PA #018369 WEBSITE: www.wendigplumbing.com
EMAIL: wendigplg@gmail.com



It was a round robin playoff of ten rounds with the winners having the best record. The Mill pickleball can be very proud of the great representation. Dawn and Scott finished first and won the gold medal, Lynn and Jim finished second for the silver and Jannie and Mike played respectfully. Everyone had a great time. We play pickleball year-round; come out and join us.

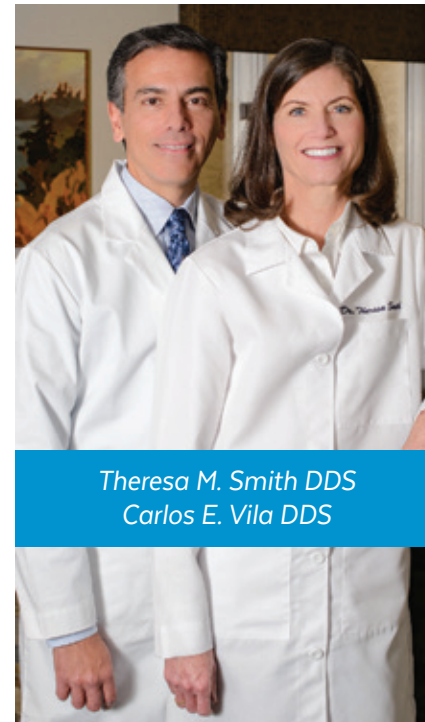
TENNIS

Dave Clewell | Robynwood

Happy Holidays and a great New Year to all from the tennis group at The Mill. Thanks for the great season and the participation from everyone. We had three events this season: Memorial Day, July 4th, and Labor Day 'King/Queen of the Hill'. All three events were well-attended, and a good time was had by all. Our daily

tennis matches were well-attended as we had three courts in use every day and four on Saturday. With new residents moving into The Mill, I am getting calls from people to play tennis who want to be added to the tennis email list. We are looking forward next year to engage these new players to The Mill tennis.

The court maintenance had an impact on the playing condition of the courts - better and safer. Thanks to all the volunteers who kept the courts groomed: Tom Flannery, Kirk Leighton, Don Evons, Joe Maranella, and Edie Taylor. Also, thanks to Bob Gottschall for his quick response on repairs. The nets will stay up this winter, so the courts will be available for play, and use of the ball machine when the weather permits. We wish everyone a good and safe winter, and I will see you in the spring.



Theresa M. Smith DDS
Carlos E. Vila DDS



SV DENTAL

\$59 First Check Up

Senior Citizen Discount – Every Visit

Since 1997 I have received the greatest and most professional care I have ever received and being a lady of "a certain age" I have been to many dentists prior to finding Dr. Smith.

Bernice L. — Hershey's Mill
West Chester, PA

195 W. Lancaster Ave, Suite 1 Paoli, PA 19301

610.296.7797

WWW.SVDENTAL.COM



[Formerly the SUSSKY AGENCY]

**Located in the Giant Shopping Center
(2nd floor, above Vano's Pizza)**

AUTO – HOME – BUSINESS

610-719-6000

www.bb4ins.com

**Remember, if your insurance isn't with us,
you're probably paying too much!!**



**Erie
Insurance®**

Has Your Credit Card Information Been Leaked to the Web?

Don Trauger | Kennett

Microsoft Edge - Password Monitor

That's a scary thought but hackers look for available credit card information to possibly exploit your accounts. It may happen in various ways, but a breach of a website where you previously conducted business may expose your personal information. If one of your accounts is hacked, you can be the victim of fraudulent transactions, identity theft, illegal fund transfers, or other

illegal activities. Never use the same password and username for your critical accounts such as your bank account and your credit card account.

The Microsoft Edge browser contains a feature called Password Monitor that will scan the Web using your username and password information when you visit a website. It won't work if you don't save your login information using the Edge browser. To make use of this feature, when using Edge, a small window will pop up that offers to save your information

when logging into your account on a website. Once you save your information it will be encrypted on your computer, then scanned when you go on the Web using Edge.

Setting up this feature is easy. Open the Microsoft Edge browser. All Windows 10 users will have this browser as it was downloaded as part of a Windows Update. One requirement for Password Monitor to work properly is that you must be signed into your Microsoft account. To check to see if you are signed in, click the **Personal** icon (Headshot icon) at the top right of the Edge window. It will show your Microsoft account. Remember, a Microsoft account can be any valid email account from any Internet provider, such as Gmail, Yahoo, Comcast and almost any other provider. Click **Manage profile settings**, if necessary, to set up a profile that will create the Microsoft account. Click **Add profile** at top right of window. If you don't see that **Personal** icon, click the 3 horizontal dots at the top right and scroll down and click **Settings**. It will

open to **Profiles**. If you already have a Microsoft account, it will show under **Personal** at the top of the window. If not click **Add profile**.

Once you have verified that you have a Microsoft account, click **Passwords** in center of the window.

Scroll down to **Show alerts when passwords are found in an online leak**. Just to the right, click the button to turn on Password Monitor. The button should be blue when turned on. Below the button click the right arrow. Click **Scan now** to perform an instant scan of your saved passwords. The results will show in a minute or two depending on the number of saved entries. Below, is a list of all your saved credentials. In addition, Microsoft has written detailed information about Password Monitor. Click **Learn more**, near the blue button.

One other setting to check is at the top of the Passwords window. Make sure the button for **Offer to save passwords** is turned on.



Kevin Free

610-613-0928

Your Home Beautification Specialist including:

Kitchen and Bath Remodeling ~ Additions and Sunrooms
Painting - "Whole House" or "Just a Room"
Carpentry ~ Tilework ~ Masonry
...and much more

"the ultimate handyman"



Free estimates

Email: dkevinfree@aol.com

Senior Discounts

Conveniently located in Malvern, PA - Hershey's Mill Neighbor

The 10 Most Invasive Sites on the Internet

This summary article is from an article by **Charlie Fripp, Komando.com**

We all know that our online browsing habits are being tracked. Unless you take steps to prevent it, most websites see your location, what you are searching for and what you like. All this data is valuable to sites and services, as they use it for targeted advertising. Ever searched for something on Amazon and then seen an ad for a similar product on Facebook? That is targeted advertising at work.

Thankfully, not all websites treat you as a treasure trove of information. On the other end of the spectrum, the biggest culprits load their sites with hundreds of trackers.

There are plenty of ways for a website to track you. Some might be subtle, like an invisible pixel or cookies, while others access your device's GPS to locate you on the globe.

SurfShark, a VPN (Virtual Private Network) provider, analyzed a typical browsing session over the course of a weekend and noted which trackers were activated, who the trackers belonged to and where the information goes once collected. The investigation revealed that some

of the most commonly used websites hide up to 100 trackers, all designed to collect as much information on you as possible.

Websites with the least trackers:

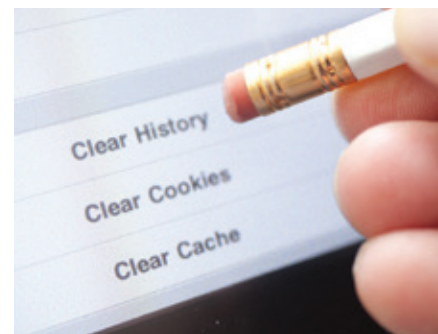
- Wikipedia (3)
- TikTok (3)
- Instagram (4)
- XVIDEOS (4)
- Netflix (5)
- Bandcamp (5)
- FB Messenger (5)
- XNXX (6)
- National Parks Service (6)
- GameForge (7)

The most invasive sites:

SurfShark found 143 trackers on the most invasive website. Tracker counts also vary by category, with Men's & Women's Lifestyle websites having the most trackers.

The most invasive sites are:

- theChive (ClickBait) (143)
- Salon (139)
- NY Daily News (126)
- HGTV (121)
- Crooks and Liars (116)
- Barstool Sports (116)
- LADBible (114)
- Adweek (112)
- Refinery29 (111)
- USA TODAY (104)



Stop sites from tracking you

If you don't want websites or services to track you, there are ways to stop them. Here are some suggestions:

Use a VPN to block your location. A VPN changes the IP address of your device preventing ads targeting based on your location and things you may have searched for. When you mask where you are from, in most cases you won't be served ads that relate to your area. See the article for further information on VPN's.

Switch to a secure browser that has additional privacy features. Browsers like **Brave.com** or **DuckDuckGo.com** have been developed to block sites from tracking you.

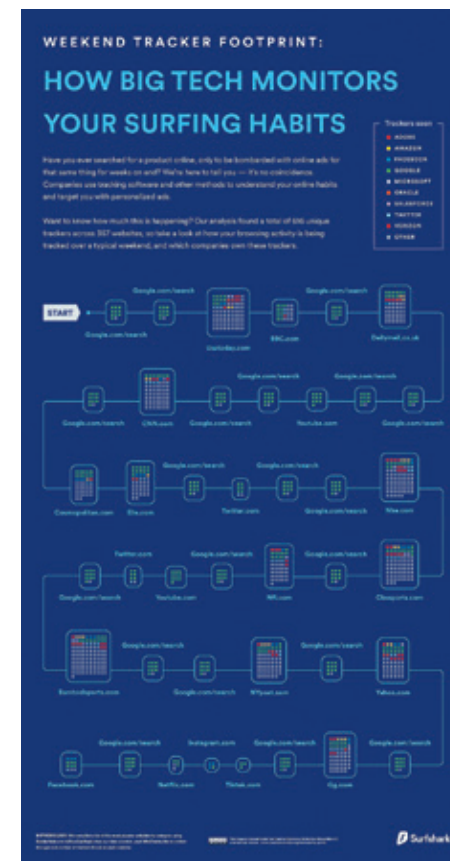
Browse using a privacy window on your browser.

Make your regular browser more secure by routinely clearing your cookies (delete history).

Restrict ad tracking in your browser, or block ads completely. For example, in **Google Chrome**, click on the menu icon and tap **Settings**. Next, select

Privacy & Security and click **Cookies and Other Data**. Then slide the toggle next to **Send "Do Not Track" request** with your browsing traffic to the right to enable it.

To read the entire article visit: <https://www.komando.com/security-privacy/10-most-invasive-sites/813365/>





Daylesford
Crossing

Feel Certain.

It's a big decision.

Finding the right supportive living community is not just about a nice apartment. It's about finding attentive care, meticulous housekeeping, engaging social programs, excellent dining, and experienced, responsive leadership.

Senior Living, but different.

Since 2015, Daylesford Crossing has been living up to its mission: To create the best home for each resident every day by encouraging, empowering, and celebrating successful aging.

Call for a tour: 610-640-4000.

THE MAIN LINE'S FAVORITE SUPPORTIVE LIVING & MEMORY CARE

DaylesfordCrossing.com | 1450 Lancaster Avenue, Paoli



SAGE LIFE | Living to the Power of You



Activities Contacts

Art Group	Sara Hamilton
Billiards Club	Jim Short
Bingo	Hal Deal
Book Discussion Group	Carol Barkovsky
Bowling (Oct-Apr)	Rosie Taylor
Bridge Groups: Golf Club Tuesday Bridge	J.B. Smink
Golf Club Friday Bridge	John Marks
Social Club Party Bridge	Susan Hackstaff
Talking Bridge	Lisa Groff
Cards & Games	Jacki Germscheid
Caregivers Support Group	Sue Staas
Chester County Hospital Auxiliary	Nancy St. Laurent
Cradle Stitchers	Donna Faunce
Dominoes (Mexican Train)	Sheila Di Croce
Exercise to DVDs	Barbara Scott
Games & Cards	Agnes O'Leary
Gardens (Community)	Jim DiCarlo
HM Folk Song Circle	Lynne Urian
Knitting Circle	Ruth Schick
Mah Jongg (Groff)	Lisa Groff
Men's Bible Study	Ken Mertz
Mermaid Book Club	Marrie Truskey
MerryMakers	hmmerrymakers@gmail.com
Nature Group	Christine McCormick
Paoli Hospital Auxiliary	Karen Gibson
Photography Club	Carol Poling
Pinochle Club	Ruth Dudt
Poker Club	Mike Brindisi
Quilters	Diane King
Scrabble	Marie Knox
Singers (Hershey's Mill Singers)	Dolores Manion
Social Club	Judith Dooling
Sports	Edie Taylor
Sullivan House (FoSH)	Elaine Becker
Table Tennis	Dave Kagan
The Players	Shauna Flynn

Advertisers' Index

Amada Senior Care	Wrapper	Main Line Health.....	10
Angel Companions	17	Menninger & Associates.....	47
Arbour Square at West Chester	2	Oliver Heating and Air Conditioning.....	39
Aspen Hardwood Flooring.....	12	Oriental Pearl Restaurant	8
Bankers Life	59	Plush Mills	14
Barclay Friends	13	RE/MAX Main Line	36
Blinds 4 U	39	Restorative Pain Care	14
Body-Borneman Insurance.....	63	Richard J. Egan Painting Co.....	61
Boyle's Floor & Window Designs.....	18	Riddle Village.....	27
Brandywine Valley Heating & Air Conditioning.....	23	Seniors Helping Seniors	38
Brewer Heating & Air Conditioning	43	Smile Solutions	9
Brooklands Audiology, Inc	26	SV Dental	63
Buckley, Brion, McGuire & Morris LLP	52	The Desmond	36
Daylesford Crossing	68	Toninos Pizza & Pasta Co.....	60
Deb Dorsey Team	3	Wagner Real Estate	72
E.W. Brown, Inc	39	Wellington at Hershey's Mill	31
Echo Lake.....	71	Wendig Plumbing.....	61
Eye Doctors of Chester County	8		
Freedom Village	28		
General Warren.....	14		
Gerhard's Appliances.....	53		
Golden Harmony Home Cae	47		
HM Homeowners Landscape Division	13		
Home Helpers	18		
J.E. Maranella	18		
JDV Electric	47		
Kendal Crosslands Communities	45		
Kevin Free.....	65		
Kitchen Tune-Up	6		

When you contact
any of our fine advertisers,
make sure to mention
that you saw them in the
HMCTV Guide and Digest
at Hershey's Mill!



Gorgeous
Inside and Out



Retirement Living...reinvented.

At the leading edge of the 'aging well' movement, Echo Lake's 25-acre campus includes a 4,500 sq. ft. fitness and wellness center, innovative dining, and lifestyle programming that dares you to explore. And wait until you see the views!

RETIREMENT LIVING PHASE OPEN NOW!

Call and come for a tour: 484-568-4777.



LivingAtEchoLake.com | 900 Atwater Drive, Malvern



Meet us at the Main Gate!



Wagner Real Estate Group has been serving the needs of the Hershey's Mill Community for over 25 years. Let our knowledge and experience of The Mill be your continued trusted source and advantage.

Stop into our on-site office at the Main Gate or call us anytime for all of your Hershey's Mill real estate needs.

1500 Greenhill Road
West Chester, PA 19380
610.436.8922

COMPASS RE

© Compass RE is a licensed real estate broker and abides by Equal Housing Opportunity laws. All material presented herein is intended for informational purposes only. Information is compiled from sources deemed reliable but is subject to errors, omissions, changes in price, condition, sale, or withdrawal without notice. No statement is made as to the accuracy of any description. All measurements and square footages are approximate. This is not intended to solicit property already listed. Nothing herein shall be construed as legal, accounting or other professional advice outside the realm of real estate brokerage.