

OCTOBER 2022

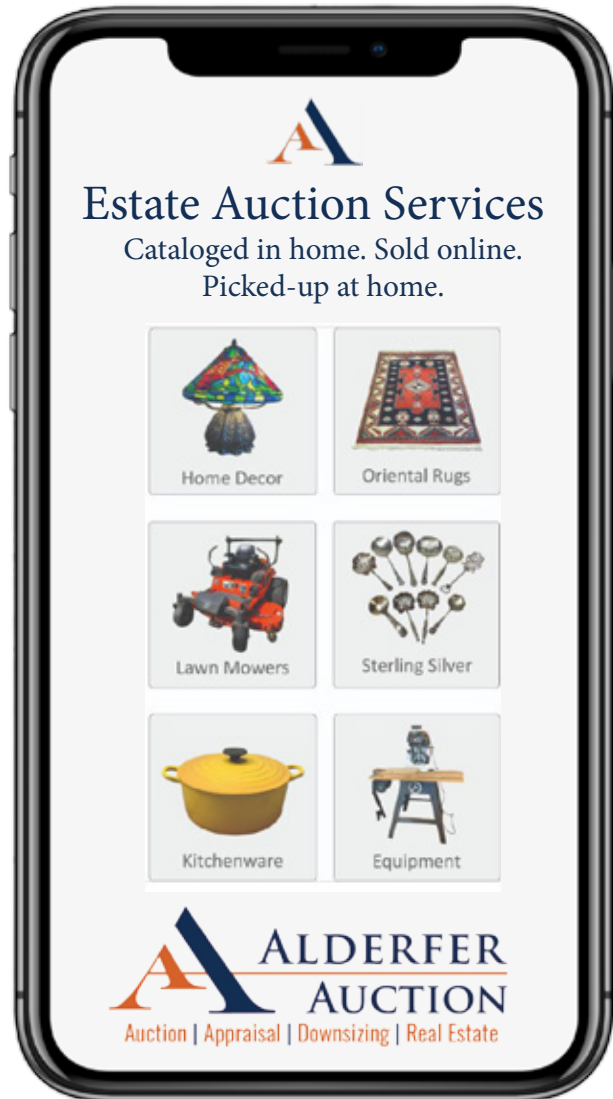
# GUIDE — AND — DIGEST



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A PUBLICATION OF HMCTV AT HERSHEY'S MILL

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## Hershey's Mill Community TV

A fully self-supported nonprofit organization.

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West Chester, PA 19380

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All submissions welcomed; with rights retained by the owner. Send to [editor@hmctvguide.com](mailto:editor@hmctvguide.com), Attention Editor. Hardcopy submissions are not accepted. Articles should be limited to 500 words (although others may be considered), and submitted as Word documents. Photographs should be high-resolution and saved as JPEG's. HMCTV determines suitability and has sole discretion to publish any submission. Submissions are due by the 23rd (37-40 days in advance of each edition) for possible inclusion (those received after will be reviewed for the next); contact the Editor for exceptions. Articles are subject to editing for space, clarity, and grammar. Information and opinions are those of the author, and may not reflect those of Hershey's Mill Community TV, its officers, or directors.

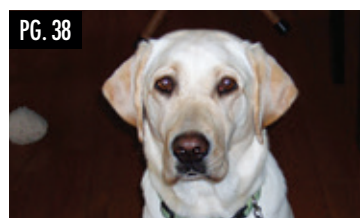
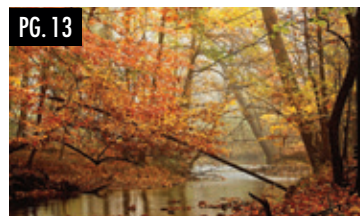
## RETURNING SOON: ASK THE MASTER ASSOCIATION

Please submit your questions to [Editor@hmctvguide.com](mailto:Editor@hmctvguide.com) by the 15th of the month so we can have Karl Grentz answer them in a future issue.



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Cover Photo: Red-Shouldered Hawk, Rosemary Neary, Kennett



### Marc Fraser | Director of Security

Undoubtedly, most residents have had the pleasure of observing the abundant wildlife that also consider Hershey's Mill their home; and even I have found myself pulling out my camera to photograph a fawn, bluebird, litter of fox kits, or even the occasional bald eagle while traversing our community. However, my frequent travels through Hershey's Mill have also led to a more sobering discovery... the many areas being used by residents to feed our local wildlife, especially the foxes and deer.

When wild animals are fed by residents, especially from a young age, they begin to view the feeding area as a safe source of provision; and because these feeding areas are usually close to multiple homes, these animals do not develop a necessary, healthy fear of humans, other animals, and human habitats. Subsequently, these animals begin following and approaching humans; and this leads to the need for the animal to be euthanized.

While their intentions may be admirable, most people do not realize how destructive, and even dangerous feeding wildlife can be to the animals themselves, our residents (yes, our residents), and their pets. For instance, in the last two years, Security has seen an increase in calls regarding aggressive behavior by young deer and foxes towards people and dogs. In one instance, a young deer attacked a dog that was tied up on its owner's front porch, and there have been multiple instances where foxes have approached people/dogs in parking areas, on sidewalks, or in their yards. One fox even approached

a golfing foursome and stole a golf ball right off the tee box. Obviously, this is not normal wildlife behavior, and it is inadvertently encouraged by residents who attempt to feed these animals.

While feeding deer may enhance wildlife viewing, decades of research has clearly shown that supplemental feeding leads to increased disease risk, long-term habitat destruction, increased vehicle collisions, habituation to humans and alteration of other deer behavioral patterns, and ultimately, the demise of the value of deer and deer-related recreation.

Foxes are omnivores, but their preferred food is rodents and birds. Feeding processed food or vegetables to wild animals can be like feeding a burger and fries to a newborn. Their systems just cannot process it. If foxes become dependent on a resident's feeding area, their desire to hunt on their own will diminish; and naturally shy and wary foxes begin to behave as though it is okay to be in close contact with humans. While that does not sound like a terrible thing, it is. For their own protection, foxes and other wild animals need to stay away from humans. If they learn it is okay to come into a backyard or up to a house for food, then they will start coming into other yards or up to other homes as well. These foxes will be in more danger of being killed or injured, as their proximity to human habitat will expose them to risks/dangers they would not otherwise encounter.

Please help protect our wildlife and residents by enjoying our wildlife from a distance, but please do not feed them!

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## Residents Update

Please pull this page out of the *Guide and Digest* to include it in your 2022 Resident Directory so you have the current information. The 2023 Directory will be published soon. Please make sure that Security has your current information, because this information is included in the 2023 Directory.

<b>Adams, Jill</b> 34 Ashton Way	<b>Margetich, Bruce &amp; Sharon</b> 1416 Springton Lane	<b>Beugless, Theresa</b> (New Phone #) 1053 Kennett Way
<b>Curtin, Margaret &amp; Paitoo, Abigail</b> 736 Inverness Drive	<b>Parke, Nancy</b> 61 Ashton Way	<b>Brunnhoeffer, Joyce</b> (New Phone #) 1275 Robynwood Lane
<b>Fiedler, Laura</b> 262 Chatham Way	<b>Staub, Mike &amp; Amy &amp; Michaela</b> 108 Ashton Way	<b>Hagendorf, Anne</b> (New Phone #) 516 Eaton Way
<b>Kelly, Kathleen</b> 447 Eaton Way	<b>Stunkard, Katherine</b> 376 Devon Way	<b>Lyons, Chris &amp; Mari</b> (New Phone #) 406 Eaton Way
<b>Lee, Walter &amp; Ilene</b> 371 Devon Way	<b>Weil, Lynne</b> 50 Ashton Way	<b>Witherspoon, Debra</b> (New Phone #) 166 Chandler Drive
<b>Lynch, William &amp; Dana</b> 1022 Kennett Way		

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## Community News

### IGC CONCIERGE JEWELERS

IGC Concierge Jewelers will be in the Community Center from 9:00 a.m. to 5:00 p.m. providing a wide range of jewelry services. IGC will be there to purchase the following items: finished or broken gold, silver, or platinum jewelry items, gemstones, sterling silver flatware and sterling silver accessory pieces, fine timepieces such as Omega and Rolex (just to name a few brands), as well as gold or silver coins and vintage paper currency. With their state-of-the-art service center and superior craftsmen, they can expertly repair your fine jewelry and fine timepieces. They also repair fine mantel clocks, wall clocks, or grandfather clocks. Some minor repairs and some watch battery replacement can be done while you wait. The experts from IGC will inspect your fine jewelry and fine timepieces free of charge.

Find extra money in your unwanted items. Complimentary coffee and doughnuts will be served. If you have any questions or wish to make an appointment, please contact IGC at (610) 876-6638. See you at the event!

IGC Concierge Jewelers will be in the Community Center from 9:00 a.m. to 5:00 p.m. on October 20, 2022.

### OCTOFAIR AT WHITE HORSE VILLAGE

October 8 from 9:30 a.m. to 2:30 p.m. Silent Auction, Raffles, Food, Spirits Wheel, Shopping, and Children's Activities. Free fall event for the entire family. [WhiteHorseVillage.org/Octofair](http://WhiteHorseVillage.org/Octofair) 535 Gradyville Road Newtown Square, PA. Near the

intersection of Gradyville and Delchester Roads in Edgemont Township.

### LEARN HOW TO AGE WELL & LIVE YOUR BEST LIFE

A Brain Health Event will be hosted by Meadowood At Home on Tuesday, October 11, beginning at 2:00 p.m. in the Community Center Great Room at Hershey's Mill. For more information or to RSVP please call 484-998-4493.

### BRYN MAWR REHAB FUNDRAISER

BMRH Volunteer Association is having Designer Handbag Bingo on Saturday October 1, 2022 at noon. It will take place at the Meehan Center SS Simon and Jude Church. Tickets are \$35. Purchase tickets at [bidpal.net/bmrhbingo](http://bidpal.net/bmrhbingo) or mail check to BMRH Volunteer Association, Attn: Yvonne Navarro-Brewer, 414 Paoli Pike, Malvern, PA 19355.

### VOLUNTEER ENGLISH PROGRAM

Volunteer English Program is proud to announce our new VIRTUAL Tutor Training Workshop. It is designed to fully prepare volunteer tutors to teach English one-to-one to a non-native adult from VEP's long waiting list of applicants who live or work in Chester County.

If you have been looking to become more involved in your community, consider being an English language tutor with the Volunteer English Program. No prior teaching experience is required; bring your willingness to share your knowledge

(continued)



of spoken English and your experience of the ordinary customs and details of living in the U.S.

### Here is how you can get started:

Attend Virtual Training Workshop for New Tutors.

**Where:** Zoom meetings on your device (computer or tablet). Secure link provided upon registration.

**Dates:** Next session (evenings): Wednesday, October 26; Thursday, October 27; and Wednesday, November 2 from 6:00 to 8:00 p.m.

**Workshop Materials Fee:** \$40.

\*Please note that while this is a virtual event, your hard-copy Tutor Training Guide will need to be picked up at the VEP office in West Chester the week

before training starts. Pick-up dates will be provided after registration.

**Registration Details:** Registration will open approximately one month in advance of the session.

Join us at the October Virtual Tutor Training Workshop or contact us at (610) 918-8222 to discuss your interest.

## UPCOMING CHESCO POPS CONCERTS

Halloween Pops! Go to [www.chescopops.org](http://www.chescopops.org) to buy tickets.

October 28 7:30 p.m. at Collegium Charter School, Exton

October 30 3:00 p.m. at Phoenixville Middle School, Phoenixville

### HERSHEY'S MILL ART GROUP

*Martha Hanson | Franklin*

#### Put this date on your calendars!

The Art Group will be hosting a **wine and cheese reception on October 30, 2022 from 2:00 to 5:00 p.m. in the Community Center**. We will be unveiling our new exhibit and offering art for sale. It's a great opportunity to discover what the Art Group is all about as well as a chance to meet your talented neighbors. The individual works are varied... acrylic, oil, watercolor, pastel, colored pencils, charcoal, and mixed media. In the past, you could find paintings of pigs and other barnyard animals hung next to formal botanical prints. We invite all members of the Hershey's Mill community to attend to enjoy the exhibit, mingle with your friends and neighbors, and perhaps purchase some new art to freshen up your home.

### HERSHEY'S MILL BOOK CLUB

*Carol Barkovsky | Eaton*

The HM Book Club, meeting on Thursday, October 13 in The Sullivan House at 2:00 p.m., will be discussing *Three Words for Goodbye* by Hazel Gaynor & Heather Web.

On the eve of World War II, two estranged sisters, Clara and Madeleine Sommers, reluctantly agree to travel to Paris, Venice, and Vienna. They are tasked with delivering goodbye letters on behalf of their grandmother, Violet Bell, to three of the most important people in her life.

Clara sees the trip as an inconvenient detour before her wedding to millionaire Charles Hancock, but also as an opportunity to embrace her love of art. Budding journalist Madeleine relishes the opportunity to develop her

ambition as a writer, reporting on the growing threat of Hitler's Nazi Party and Mussolini's control in Italy. They are constantly at odds with each other as they travel on the luxurious Queen Mary and the Orient Express. As political and sibling tensions rise, they are happy to be heading home.

The authors make history come alive with fascinating historical references as we tour 1930's Europe. A wonderful story about the power of forgiveness and the bond of sisters. Please contact Carol Barkovsky at [carolbarkovsky@herscheyshill.org](mailto:carolbarkovsky@herscheyshill.org) for more information.

### HERSHEY'S MILL CAREGIVER'S SUPPORT GROUP

*Robert Hughes | Franklin*

You have seen the Rover transporters here in The Mill. You may have seen them picking up/dropping off residents – some in wheelchairs – using the Rover's hydraulic lift. This Chester County transportation service is inexpensive for senior citizens and helpful for Caregivers. The Rover drivers are conscientious and will pick up and deliver their passengers to their front doors. Most of the cost for the Rover service comes from the Pennsylvania Lottery.

The HM Caregivers Support Group provides a safe and caring forum for information-sharing and support for the Caregivers of loved ones with chronic conditions such as Dementia, Parkinson's, and other related diseases. The group meets every first Thursday of the month in the Paoli Room of the HM Community Center at 10:00 a.m. For further information call Karen Mulvey at \_\_\_\_\_ or Robert Hughes at \_\_\_\_\_.

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### HERSHEY'S MILL KNITTING CIRCLE

*Ruth Schick | Chatham*

The HM Knitting Circle is happily knitting and crocheting away this fall. Some people are working on lap blankets for Hospice, while others are creating baby afghans for charity. Still others are working on individual garments, scarves, or socks. It won't be long until we expect to see some members making holiday ornaments. If you are a knitter or crocheter, why not bring along your project and join our group? We meet on Thursdays from 1:00 to 3:00 p.m. in the Paoli Room of the Community Center. In addition to knitting and crocheting, when we are able to help, we are happy to assist people with their knitting and crocheting problems. For information

about the Knitting Circle, contact Ruth Schick at .

### HERSHEY'S MILL NATURE GROUP

*Christine McCormick | Ashton*

The days are getting shorter, but the vibrant fall foliage and avian activity make spending time outdoors more rewarding. October 8, 2022 is Global Big Day for birding—take a walk or watch your feeders and report your observations of resident and migrant birds to hersheysmillnature@gmail.com. Join the October 25 bus trip to the Audubon Center and the November 17 bus trip to Conowingo Dam to enhance your birding experiences. At Conowingo we will see Bald Eagles feeding and soaring. Remember when they were hardly ever to be seen?



Autumn on the Nature Trail by Art Ramont, Jefferson



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SAGELIFE

Some things do get better! On October 18, Dennis O'Leary will take us even higher into the skies with a talk on *Our New Solar System* — some sights to appreciate in the growing darkness.

It is not too late to take some photos of your own garden or your village common gardens and enter the HMNG Pollinator Garden Contest for 2022. The 2022 Photo Contest is collecting photos of Plants, Invertebrates, Birds, Mammals, Reptiles, Amphibians and Landscapes. Capture the vibrant fall palette of blooms, leaves, and fruits, or try for the photogenic deer, foxes, and migrating birds. Send your questions and photos to hersheysmillnature@gmail.com.

### SCRABBLE CLUB

*Marie Knox | Merrifield*

The Scrabble Club meets every Friday at 2:00 p.m. in the Paoli Room in the Community Center. We welcome new players of all levels. We usually bring our Scrabble dictionaries and 'cheat' sheets from the Scrabble website of the two and three letter words that you can reference during play, mimicking rules used during computer play, but we play on regular boards that our members bring. You can come join us on Fridays or contact Marie Knox at .  
or  
net if you have questions.



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## Getting to Know You

# John Sullivan

Arlene Romano | Yardley

John and Aoife Sullivan have been Ulster residents for five years after moving from Connecticut where they raised their family. Born in the Bronx, John was the youngest of four children. His two older sisters were in their late teens when John was born and doted on him so much, he says that he always felt like he had three mothers!

John attended Fordham University, joined the ROTC, and served one year in Vietnam as a first Lieutenant Platoon Leader. The summer before the Military he took classes on taxation with hopes of a future job opportunity. He found work with H&R Block and eventually started a side business preparing taxes. John's niece, a college student, heard about John's business and directed a friend to him for help with her taxes. That friend was a pretty Irish nurse named Aoife (pronounced EFA). It was love at first sight for John! He likes to say they fell in love over her '1040.'

John then went to graduate school and was hired by General Electric's Commercial Aviation Services as their Senior Vice President of Restructuring. The job involved leasing commercial aircraft. John's career included travel to such places as Egypt, China, Turkey, and South and Central America. He became a skilled negotiator and learned to navigate his way through various customs and cultural nuances.

John enjoyed a 33-year career and upon retirement was able to enjoy

his 37-foot sloop. After many years sailing up and down the east coast, the couple sold their craft and moved to The Mill to be near family. John happily discovered that one of his first friends from Vietnam was also moving here. Dennis Kiefer and his wife Pat of Yardley had remained in touch with John and Aoife, and they now continue the bond they formed long ago.

John has a quick sense of humor, can tell a remarkable story, and is an excellent writer. He is currently writing his memoir about his experiences in Vietnam. In his own words he says, "This piece reflects on my formative years growing up, oblivious to the Cold War, and how the Vietnam War made the Superpower conflict a reality for this generation."

John's creative talents include an innate artistic ability. His design of a huge mural on their bathroom wall depicts iconic images of Wildwood, N.J., and he designed the Playbill for the HM play *Murder at Hotel DeMill*. A painting of his home in Connecticut and a pencil sketch of the apartment building where he grew up in the Bronx are impressive, especially as he has had no formal instruction.

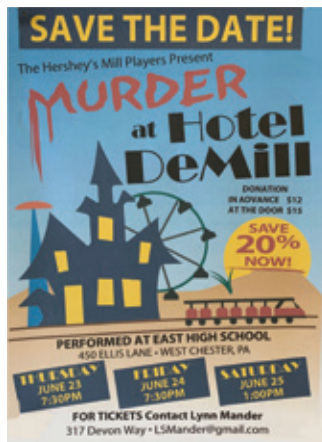
John likes kayaking in Marsh Creek and in the ocean at Wildwood. His Wildwood connection extends to his family where nearly sixty family members gather for an annual reunion. They come from New York, Connecticut, Rhode Island, and New Jersey to enjoy this tradition. John's

(continued)

## Getting to Know You (continued)

family is a priority, especially his sweet Irish Lass, Aoife. When asked about his personal philosophy he quotes those familiar wise words without hesitation, "Happy Wife, Happy Life!"

Images clockwise from bottom left:  
Wildwood Boardwalk mural  
Oil painting of Connecticut home  
Copy of pencil sketch of Bronx Apartment building  
Flyer designed for HM *Murder at Hotel DeMill* play



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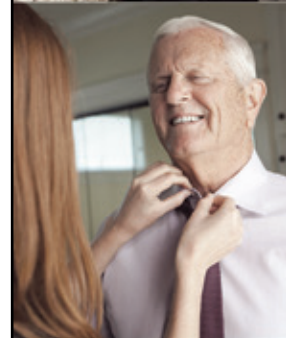
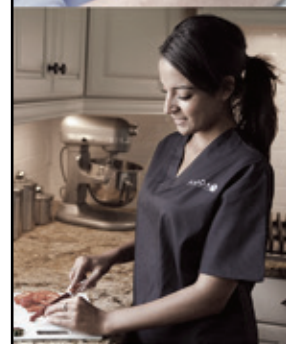
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*Please remember that the Guide and Digest may not reflect the most current Bus Trip information. The HM News sent to each resident via e-mail and the bulletin board on Channel 971 will be the source of up-to-date information about the Bus Trips. You can also view the information on [www.hersheysmill.org/activities/bustrips](http://www.hersheysmill.org/activities/bustrips).*

### Delaware Park

**First Trip: Thursday, October 6, 2022**

**Second Trip: Thursday, November 3, 2022**

**Cost: \$20 + Lunch**

**Departs: 10:00 a.m.**

**Contact: Marge Bach,**

Join us at Delaware Park for an exciting day at the races! Watch the horse racing or try your luck at slots and table games. \$25 free slots play is given to everyone on the bus. Lunch is on your own.

### Ocean City, NJ – Fall Block Party

**Saturday, October 8, 2022**

**Cost: \$30 + Lunch**

**Departs: 9:00 a.m.**

**Contact: Mary Ann McCarry,**

Join us for a fun day at the Fall Block Party in downtown Ocean City, NJ, on

Asbury Avenue from 5th Street to 14th Street. There will be sidewalk sales, 400 crafters, lots of vendors, music in the air, and lots of fun, food, and sweet treats. You can take a walk on the boardwalk, enjoy the ocean view, and the boardwalk stores will have sales too! Lunch is on your own at one of the many restaurants/vendors. We will leave Ocean City at 4:00 p.m. to return to Hershey's Mill.

### Winterthur

**Tuesday, October 11, 2022**

**Cost: \$40 + Lunch**

**Departs: 9:15 a.m.**

**Contact: Pat Salmon,**

In 1961, an unusual partnership was formed when one of the youngest First Ladies, Jacqueline Kennedy, appointed a reserved octogenarian collector from Delaware, Henry Francis du Pont, to lead her project to restore the White House interiors. Together, they transformed the White House from a public residence into a museum, and along the way, they engaged with some of the most celebrated interior designers of the 20th century. For the first time, the story of this historic partnership will be told at Winterthur, the inspiration for Mrs. Kennedy's project. Through artifacts, archives,

and images, this exhibition will invite visitors to experience the behind-the-scenes collaboration between the two. Their 'restoration' of America's most famous house became a history lesson for the country, awakening an interest in preservation and interior design that is still felt today. See this wonderful exhibit, tour the museum and/or have the opportunity to see Winterthur Gardens in the fall. Lunch is on your own at the lovely cafeteria/restaurant at Winterthur.

### Peddler's Village & Rice's Market

**Tuesday, October 18, 2022**

**Cost: \$20 + Lunch**

**Departs: 9:00 a.m.**

**Contact: Grace Reed,**

We'll begin the day with a two-hour stop at Rice's Market, then head to Peddler's Village. It's scarecrow season at the Village! Over 100 spectacular scarecrows will line the autumn-tinted pathways of Peddler's Village during the 43rd annual 'Scarecrow in the Village' event. You can enjoy them as you stroll the picturesque grounds while stopping at some of the 60 locally-owned shops. Lunch is on your own at one of the many eateries. NOTE: Rain date (Peddler's Village only) is Wednesday, October 19.

### The John James Audubon Center

**@ Mill Grove**

**Tuesday, October 25, 2022**

**Cost: \$35**

**Departs: 12:15 p.m.**

**Contact: Priscilla Burt,**

The Audubon Center at Mill Grove is situated on a historic 18th century site, the farm where 18-year-old Audubon lived when he first came to America

from France. Here he developed a technique for drawing birds 'from life' and became one of the world's best-known wildlife artists. The visit will include a guided tour of the original farmhouse and a self-guided tour of the museum to explore the artwork and legacy of the famed naturalist.

### Conowingo Dam

**Thursday, November 17, 2022**

**Cost: \$30 + Lunch**

**Departs: 11:00 a.m.**

**Contact: Jayne Lytle,**

November to February is the peak viewing time for Bald Eagles on this Nature Group trip to Conowingo Dam, which spans the Susquehanna River between Harford and Cecil Counties in northeastern Maryland. When the electric-generating plant's intake valves suck water and fish through the dam and into the river, the site becomes an excellent feeding source for birds. Jado

*(continued)*



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## Bus Trips (continued)

Foot, our guide, says that we might see as many as 250 Bald Eagles and other wintering waterfowl. Our first stop will be the Conowingo Visitor Center where we can read information about the Dam and make a restroom stop before our bus takes us to Fisherman's Park about 10 minutes away for Eagle viewing. ***Please dress for very cold conditions and wear sturdy shoes.*** Trip leaders Jado Foot and Linda Kane will answer our birding questions. Bring binoculars, scopes, and cameras. We will remain here about two hours, so consider bringing a folding chair, drink, and lunch. Nearby is 2.2-mile Wild Flower Trail for the hikers among us. Our return time to Hershey's Mill will be about 5:00 p.m. **NOTE: Should storms be forecast for November 17, we will move our trip to Thursday, December 1.**

### SERIES TRIPS

**Philadelphia Orchestra –  
Friday Matinee**

**Cost: \$20 + Admission (per show)**

**Departs: 12:00 p.m.**

**Contact: Priscilla Burt,**

Live from the Kimmel Center, The Philadelphia Orchestra presents a fall series of concerts for all music lovers to enjoy. Cost is for bus only. **Riders should first call to ensure they have a seat reserved on the bus prior to purchasing their tickets.** Tickets can be purchased by calling 215-893-1999 or online at [www.ticketphiladelphia.org](http://www.ticketphiladelphia.org). For more information on the Philadelphia Orchestra, visit [www.philorch.org](http://www.philorch.org). Program summaries and dates for the series are as follows:

**Friday, September 30, 2022:**

Liszt *Piano Concerto No. 1*;

Dvorak *Symphony No. 8*; Yannick

Nezet-Seguin, Conductor

**Friday, October 14, 2022:**

Debussy *La Mer*; Tchaikovsky *Violin Concerto*, Hillary Hahn, violinist

**Friday, November 11, 2022:**

Bach & Handel, *Handel Organ Concerto in F Major*; Bach *Brandenburg Concertos*

**2022-2023 Walnut Street Theatre  
Series – (Wait List Only)**

**Thursday & Saturday Matinees**

**Cost: \$285 (Series) or \$60 (Per Show)**

**Departs: 12:30 p.m.**

**Thursday Series Contact:**

Jayne Lytle,

**Saturday Series Contact:**

Priscilla Burt,

We encourage you to sign up right away, as these series fill up very quickly! Cost reflects both per-person admission and bus fee for all five shows in the series. The Walnut Street Theatre's 2022-2023 Season includes the following shows for both series:

Thursday 10/27/22 & Saturday 10/29/22 - *Rocky, the Musical*

Thursday 12/15/22 & Saturday 12/17/22 - Rodgers and Hammerstein's *Cinderella*

Thursday 2/2/23 & Saturday 2/4/23 - Neil Simon's *Last of the Red Hot Lovers*

Thursday 3/9/23 & Saturday 3/11/23 - Tennessee Williams' *Cat on a Hot Tin Roof*

Thursday 4/20/23 & Saturday 4/22/23 - Jimmy Buffet's *Escape to Margaritaville*

### **NOTES:**

1. Prior to making payment, anyone who wishes to participate in a bus

(continued)



## Bus Trips (continued)

trip must first call the contact person to ensure that there is still room on the bus.

2. All bus riders must be age 18 or older unless otherwise noted in the trip write-up.
3. Following current CDC guidelines at the time of this writing (August 2022), passengers are no longer required to wear masks while riding on the Hershey's Mill bus.
4. Trip payment checks should be made payable to 'HERSHEY'S MILL HOA,' sealed in an envelope (noting trip name and date) and placed in the maroon 'Customer Service' mailbox next to the Security Center in the exit lane at the Main Gate.
5. Refunds are only granted if (1) the trip is canceled, or (2) the trip has a wait list from which another passenger can fill the vacated spot.
6. Bus leaves promptly at the scheduled Leave Time. Please plan to arrive at the Recreation Area parking lot 10 minutes early for boarding.
7. The Hershey's Mill Bus Committee is always looking for more volunteers to help share ideas and plan bus trips! If interested, call Marc Fraser at .
8. Hershey's Mill residents may rent the bus for their own private trips or functions. For more information, contact Marc Fraser at .



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# Breast Cancer AWARENESS



**Kate Lindsay | Brighton**

October has been designated as National Breast Cancer Awareness Month since 1985. There has been a great deal of support to increase awareness of Breast Cancer during the month of October. I remember going to Niagara Falls around 2003 and Estee Lauder paid to have the lights shining pink on the water during the entire month.

In 2022, the lifetime risk for breast cancer has remained steady stating 1 out of 8 women will be diagnosed with Invasive Breast Cancer. The risk for diagnosis can be age-related, but the age risk increases the probability of being given this diagnosis throughout our 70's and starts to decrease in our 80's when women follow the recommendation for mammogram screening schedule. At this time, 65% of breast cancers are diagnosed at a localized stage. This contributes to a survival rate of 99%. There is a vast amount of information which cannot be included in this article, so go to the American Cancer Society website which can provide more in-depth information about current statistics, risk factors, screening methods, and treatment.

Even though there have been billions of dollars for research, we still do not understand why one woman can get breast cancer and another woman does not get breast cancer when they have the same risk factors. Breast Cancer remains the most common cancer in women behind skin cancers. There have been two screening activities that are no longer recommended by the American Cancer Society, but may be known to you, they include Self-Breast Exam (SBE) and Clinical Breast Exam (CBE). Mammography is still considered the relevant screen method.

The American Cancer Society Guidelines for women at an average risk for breast cancer. At age 55, biennial mammograms can be done, but women, most especially women with risk factors, should have the opportunity to have annual exams. At this time, digital breast tomosynthesis, more commonly known as 3D mammography, is the recommended breast imaging testing. Many women complain about having screening mammography. Fear of getting this diagnosis and pain during the exam should not deter you, so please continue with them.



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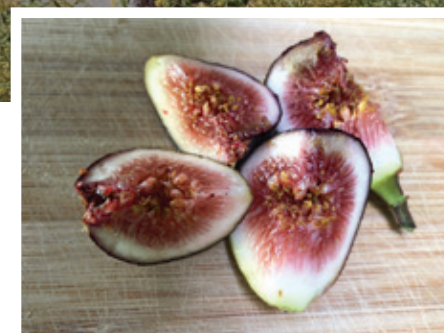
## Garden Reflections



# The Slow Food Movement

John Groch | Chatham

It's no surprise that many cooking shows feature Italian cuisine. Of course, people of every culture enjoy their traditional delicacies, but Italians are particularly known for their appreciation of carefully-prepared, robust dishes. And doesn't everyone wish they had an Italian grandmother (in addition to their own, of course) who spends hours in the kitchen preparing tasty meals from nothing but the freshest of ingredients? Italy is so serious about the preparation and enjoyment of choice morsels that it has spawned 'The Slow Food Movement.' With typical Italian lightheartedness, the movement has chosen as its official symbol the lowly snail. It has been described as the antithesis of the American fast-food industry and way of life. Its founder, Carlo Petrini, says, "The art of living is about learning how to give time to each and every thing. But if I have sacrificed my life to speed, then that is impossible.... Ultimately, 'slow' means to take the time to reflect.



It means to take the time to think. It is useless to force the rhythms of life." (Steven Hill, *Europe's Promise*)

Our 'Italian grandmother' would agree wholeheartedly. As she selects her fresh fruits and vegetables at the market, she brings each item to her nose to experience its tantalizing aroma and imagines the best way to prepare her ingredients so that her family and friends can also share in her enjoyment of good, nutritious food. Depending on the season, 'nonna' may not have to venture beyond her backyard to fetch the items she needs to make dinner. Europeans in general cherish their backyard gardens and take pride in raising their own fruits and vegetables.

(continued)





Author Morris Berman summarizes Steven Hill's thoughts in these words, "...An agrarian outlook is still very much a part of the European identity. The countryside is gorgeous. Encircling urban zones will be a patchwork of community and individual garden plots with flowerbeds, fruit trees, and vegetables, which foster an 'urban-agro sensibility' that is both charming and practical. You typically see Europeans working in their gardens in an unhurried way."

That's exactly what gardeners everywhere have come to appreciate. Many a plot in the Hershey's Mill community garden features not only vegetables, but flowers, ornaments, and a chair or two, for relaxing moments

amid soothing greenery. The carefully-tended pollinator garden has become a key feature of the garden area, with tree stumps to sit on and engage in congenial conversation. If gardening is not 'your thing,' consider joining the 'buy local' movement to support farmers in our region or select 'farm-to-table' restaurants who also help permit small farms in our area to remain viable. These practices are the next best thing to tending your own garden. If you want to get back in touch with Mother Earth in a very simple and accessible way, start your own herb garden on your back patio, and throw in a potted cherry tomato plant for good measure. You won't regret it!



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# Guide and Digest Survey Results

John Groch | Chatham

Several months ago, residents were invited to complete a survey about their use of HMCTV, the Hershey's Mill website, and the monthly issues of the *Guide and Digest*. This report is a brief analysis of the *Guide and Digest* portion of the survey. Five hundred fifty-eight residents responded to the survey, with 99% reporting that they read the *Guide* monthly (89%) or occasionally (10%). Also, 72% did not read the digital version, while 22% did occasionally. One could say that these statistics are likely to reverse due to the high proportion of the general population under 60 who prefer digital sources of information. But for the time being, the print version of the *Guide* is likely to remain popular.

Based on combined 'monthly' and 'occasional' readership, the top three feature articles in the *Guide* are 'Community News' (98%), 'Resident Updates' (96.5%) and 'From the Main Gate' (96%). Close fourths are 'Club

News' and 'Getting to Know You.' Fifty-two percent of respondents regarded the *Guide* as a major source of print information about the community, and 36% viewed it as a valuable supplementary resource.

Of special interest are the many written comments about the *Guide* or its component features offered by 206 respondents.

Respondents offered many positive remarks about the publication in general, and some named feature articles they were particularly pleased with. New residents claimed the information about the community and events helped them become better acquainted with Hershey's Mill. A number claimed to have found reliable vendors among the advertisers in the *Guide*. This is a significant observation because of the vital importance of ad revenue for the financial stability of the *Guide*. A subdivision of HMCTV, a non-profit organization, the *Guide and Digest* is fiscally self-sufficient and

receives no subsidy from the Master Association. Strong revenue permits the HMCTV foundation to provide grants to the community in support of special projects.

Some respondents suggested that eliminating the print version would cut the costs of printing, mailing and paper. But since the vast majority of readers prefer the print version, the potential loss of ad income would jeopardize the *Guide's* ability to survive. It may be possible, however, to remove residents from the mailing list if they ask to be removed. Some suggested bi-monthly or quarterly publication, but this was countered by the potential loss of ad revenue and the concern that time-sensitive articles would run the risk of being even more outdated.

The *Guide* staff are working on the following suggestions:

- Restoration of Master Association updates (formerly 'What Do Residents Want To Know?') and the Calendar of Events.
- Writing articles on the history of the *Guide and Digest*, the history of Hershey's Mill, and a possible column on scams.
- Other suggestions under consideration by the *Guide* staff include Dining Out and articles about arts and culture. A key to providing these additional articles is the recruitment of more writers willing to volunteer their services. If you are interested in submitting articles about any of these topics, contact: Marie Knox at

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# My Encounter With a Hummingbird Moth



Suzanne Seltzer | Newbury

Recently, I was dead-heading my flowers one hot afternoon in my Secret Walled-Patio Garden and was pleasantly surprised when I had a visitor. I saw the most extraordinary insect gathering nectar in my garden. Luckily, I had my camera-phone with me and I was able to capture some interesting photographs.

It was a Hummingbird Moth, which I have only seen one other time during my life. It flitted from one blue verbena to another. The flowers had newly bloomed, so they were full to bursting with nectar and pollen. It is a rarity to watch them at work. This particular moth was so intent on

collecting nectar from the new flowers it was not intimidated by my presence. I considered this a very lucky day.

There are four species of Hummingbird Moths in North America. The Snowberry Clearwing and the Hummingbird Clearwing are the most common. Its name comes from its similar look to a Hummingbird, but smaller. It moves like a Hummingbird, and can remain suspended in the air as they unroll their very long tongue and insert it in flowers to sip the nectar. Physically, they are plump, and they open their tail like a fan. They tend to be a rich reddish brown. Like all Lepidoptera, their wings are covered by scales. They lose many scales causing the wings to look clear, thus, Clearwing.

They are day flying moths. In Britain they are called Bee-Hawk Moths. Their larvae need specific food plants such as honeysuckle, dogbane, and some members of the rose family such as hawthorn, cherries and plums.

This particular moth decided it would allow me to get close because the buffet was so delicious.

## Further reading:

Butterflies and Moths of North America: Snowberry Clearwing. Hermaris diffinis.

Butterflies and Moths of North America: Hummingbird Clearwing. Hermaris thysbe.



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<b>Programs</b> <div>October 1 – October 14 (7:00 p.m. show October 14 will not be shown)</div>				
<b>Resident's Questions for Ed McFalls &amp; Karl Grentz</b> <i>With Jerry Pizzola</i> Jerry poses questions submitted by residents to Ed and Karl, who are the President of Wooldridge Construction and the President of the Master Association Board of Directors, respectively. Ends 10:45 a.m., 4:45 p.m., 7:45 p.m., 12:45 a.m.	10:00 a.m.	4:00 p.m.	7:00 p.m.	12:00 a.m.

<b>Movies</b> Noon & 8:30 p.m.	<b>October 1 to 7</b> <b>Raid on Rommel (PG) (1971)</b> <i>Richard Burton, John Colicos</i> A daring plan to hit behind German lines in North Africa is seriously compromised when elite commandos must be replaced by prisoners of war. (Run time 1:30)
	<b>October 7 to 14</b> <b>The Rainmaker (PG-13) (1997)</b> <i>Matt Damon, Danny DeVito</i> An underdog lawyer takes on a fraudulent insurance company. (Run time 2:15)

For **Programs and Movies**, go to NEW channel numbers **970 & 971** (Bulletin Board information appears only if neither is currently airing). Call HMCTV at **610-436-5922** if you **aren't able to receive** our TV channels. To view Programs online, go to [www.hersheysmill.org](http://www.hersheysmill.org) and navigate from TV & Digest to HMCTV to Original Programming.

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<b>Programs</b> <div>October 15 – October 31 (7:00 p.m. show October 31 will not be shown)</div>				
<b>Riding the Line</b> <i>With Jerry Pizzola</i> Jerry has a discussion with Robert Upton of Jefferson Village, who had an adventurous trip with his son as they rode bicycles from West Chester to Seattle. Ends 10:45 a.m., 4:45 p.m., 7:45 p.m., 12:45 a.m.	10:00 a.m.	4:00 p.m.	7:00 p.m.	12:00 a.m.

<b>Movies</b> Noon & 8:30 p.m.	<b>October 14 to 24</b> <b>The Iron Lady (PG-13) (2011)</b> <i>Meryl Streep, Jim Broadbent</i> An intimate portrait of Margaret Thatcher, the first female Prime Minister of the United Kingdom. (Run time 1:45)
	<b>October 24 to 31</b> <b>The Mirror has Two Faces (PG-13) (1996)</b> <i>Barbara Streisand, Jeff Bridges, Lauren Bacall</i> A shy, middle-aged professor enters into a romantic but non-physical relationship with an unlucky-in-love colleague. (Run time 2:06)

24 hours/day channel 971

12:45 a.m. - 10:00 a.m., 10:45 a.m. - Noon,  
4:45 p.m. - 7:00 p.m., 7:45 p.m. - 8:30 p.m. on channel 970

**Bulletin Board  
Times**

**IMPORTANT NOTE:** The calendar will no longer appear in the monthly Guide & Digest due to the new calendar program that can be seen on the website on a daily basis. To schedule rooms or ask any questions, please call the Community Center office at 610-436-6019.

# Minzi, a Canine Partner for Life



Karen A. Smith | Princeton

It has been a challenging year for Deanie Heller of Princeton Village since her devoted service dog, a ten-year-old Standard Poodle named Carlos, died unexpectedly from cancer. Deanie has episodes of atrial fibrillation and a lack of equilibrium due to damaged vestibular nerves. Carlos provided stability when walking, could sense Deanie's cardiac arrhythmias and provided love and partnership. He was attuned to Deanie's every need. They functioned as one.

Without Carlos, Deanie's world narrowed, and she was more restricted in her activities. She fell frequently, had to hold onto her furniture to maneuver around her home, and felt unsafe. She realized that she needed to apply to

Canine Partners for Life again in hopes of finding another faithful friend.

Canine Partners for Life (CPL) is a nonprofit agency that breeds, trains, and places service and companion dogs nationwide. It is accredited by Assistance Dogs International. The dogs start their training at eight weeks when they are placed with volunteer families who concentrate on socialization and manners. The puppies then enter the prison system's dog training program for the next six months before returning to the CPL facility at one year of age where their service training begins. During this next year, the dogs learn specific service skills that include providing stability on stairs/rough terrain, operating lights/elevator buttons, picking up dropped objects, opening doors, helping with dressing, sensing cardiac episodes, low blood sugar and/or seizures. The dogs are ready to be placed when they have acquired the necessary service skills.

Deanie 'rehearsed' three dogs, and Minzi, a two-year old Yellow Lab, seemed to be the best fit, so Deanie and Minzi spent three weeks together, six days a week, getting to know each other under the supervision of the CPL staff. They rode on public transportation and in cars, dined in restaurants, went to the movies, visited malls, shopped in busy stores, navigated traffic and practiced numerous exercises and commands.



After three successful weeks together, they bonded and Minzi was discharged to her permanent home in June where she has quickly adapted to her responsibilities.

CPL continues to monitor its service dogs after placement. Deanie and Minzi will be recertified by the CPL staff every two years and Deanie must submit a detailed report every six months, including such items as Minzi's weight, veterinarian visits, and responses to commands. If Minzi needs tutoring, the CPL staff will provide that service.

The cost of breeding, training and placing a service dog is approximately \$35,000, so Deanie had concerns about how she could afford Minzi. Concord Pets in Frazer helped Deanie by holding a fundraising event at which



time vendors contributed items for raffle baskets, customers left donations, and the employees and customers even provided items for a bake sale. Deanie is ever grateful to Concord Pets for helping to change her life. It was truly an act of love.

Canine Partners for Life is in Cochranville and their website is [k94life.org](http://k94life.org). They can be followed on Facebook, Twitter, Instagram, and LinkedIn. The nonprofit organization welcomes volunteers and donations. Volunteer service dog owners are also available to speak to groups/organizations.

Would you like your pet interviewed for Pet of the Month in the *Guide and Digest*? Give us a call (610-436-6429) or email [editor@hmcvtvguide.com](mailto:editor@hmcvtvguide.com) and we will call you for an appointment.



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## Classifieds

Ad deadline is the 23rd, and ads run two months at no cost (due to lead time, an ad received on January 23 would start in the March edition, etc.). Please limit description to 30 words per item, and include pricing and contact information.

Ads are subject to review/editing. Send submission to [editor@hmctvguide.com](mailto:editor@hmctvguide.com), attention editor, or place printed/typed copy in the HMCTV mailbox outside the building. You must be a HM resident to advertise.



**FOR SALE:** 2018 TREK 7.1 FX BIKE with lightweight aluminum frame, medium size-tires, 10 gears and powerful pull brakes. Ridden only two times for test run. HEIGHT 20"; WEIGHT 18 lbs.; COLOR Chartreuse; TIRES Bontrager H2, medium thickness; SADDLE Bontrager SSR; GEARS Shimano; PEDALS Platform, \$345. For test ride, please give at least 72 hours notice. All inquiries: email

**FOR SALE:** Vintage (1940's) Chinese Mahjong set. Locking faux alligator case, butterscotch Bakelite tiles, instruction booklet, keys. Excellent condition, \$400. Please call



**FOR SALE:** Chip and dip tray, made in Italy, excellent condition, \$40. Silver plate, vintage silent butler, \$40. Please call

**FOR SALE:** 'HO' trains and accessories. (Items only; not layout.) Trains (4), houses, buildings (28), train stations (2), track, switches (12), bridges, transformers (8), landscaping, etc. as shown. Tells of mining coal in Tamaqua, transporting it through Jim Thorpe to Allentown to Philadelphia. All the items that made up this story are available and in good condition. The HO trains are:

(continued)



## Classifieds

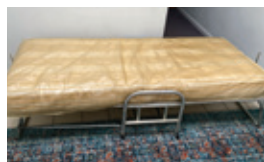
one diesel passenger, three steam freight, plus a trolley that facilitated the commute from Allentown to Jim Thorpe. Value \$3,000+ (when new). Asking \$500 or best offer as of September 30, 2022.

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### FOR SALE:

Electric bike; GoCycle S, no bike rack needed. The bike uses pedal assist and is

easily folded for travel. Four years old with low mileage, \$1,899.

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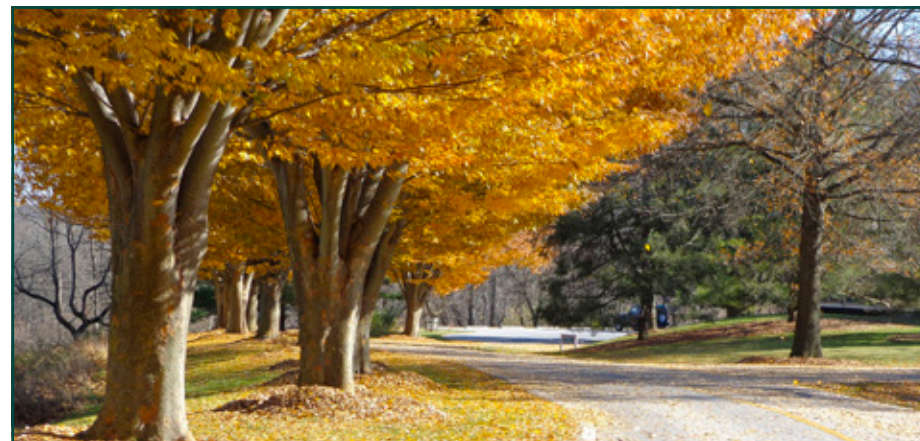


**FOR SALE:** Villeroy & Boch 'Marie fleur' porcelain dishes: 4 dinner, 3 salad, 4 mugs, 4 soup, 1 small dipping bowl. Excellent condition, no chips. Call:

**WANTED:** 1) 6-cylinder sedan or small SUV - 2014, 2015, 2016 preferred. 2) Small or mid-size SUV 2017, 2018, 2019. Please call

**WANTED:** Former leader of the oldies/classic rock band Webb seeks Hershey's Mill musicians (guitars & amp; drums) with equipment for fun and maybe more. Ability to sing harmony is a plus. Call or text Wally at

**WANTED:** Garage to rent; call Dave at



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Bob Zink | Glenwood

### Ham and Split Pea Soup

Basic recipe by Emeril Lagasse, modified by Bob Zink



#### Ingredients

- 2 bags Goya dried split peas
- 2 bags Manischewitz split peas with seasonings soup mix
- 2 ham hocks (smoked if you can find them)
- 1 lb. rendered and crumbled hickory smoked bacon (I use Amish Market or Shady Maple bacon.)
- 16 tbsp unsalted butter
- 4 c finely-chopped yellow onions
- 3 c finely-chopped celery
- 3 c finely-chopped carrots
- 8 tsp minced garlic
- 2 lbs. hickory-smoked ham, chopped
- 1 tbsp ground black pepper
- 1 tsp crushed red pepper flakes
- 5 quarts chicken stock (If ham is salty, use low-sodium broth and add salt later, if needed.)
- 4 bay leaves
- 8 tsp fresh thyme
- 12 or more shakes of Liquid Smoke
- 16 oz heavy cream

#### Instructions

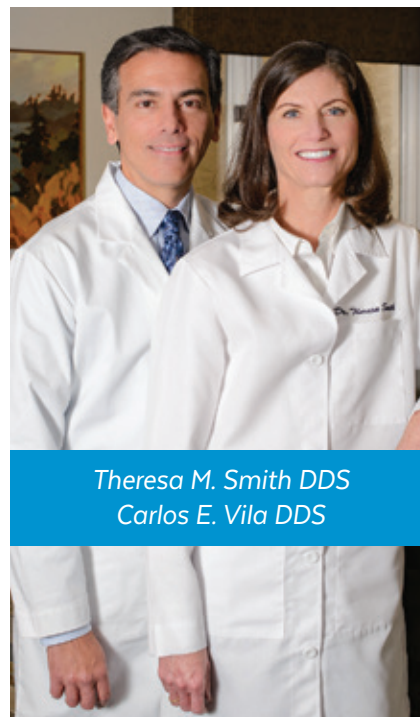
Place the peas in a large pot or bowl, cover with water by 2 inches and soak 8 hours or overnight. Drain the peas and set aside.

Score the ham hocks. Place in a pot, cover with chicken stock and bring to a boil. Reduce heat and let simmer for 8 to 10 hours (until ham hocks start to fall apart). Drain and set aside. Retain stock for use later.

In a large pot, melt 8 tbsp of butter over medium-high heat. Add the onions and cook, stirring, for 4 minutes. Add the celery and carrots and cook, stirring, until just soft, about 6 minutes. Add the garlic and cook, stirring, for 30 seconds.

Add the other 8 tbsp of butter and the ham and cook, stirring, until beginning to brown. Add the drained peas, pepper, and red pepper flakes, and cook, stirring

(continued)



Theresa M. Smith DDS  
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for 2 minutes. Add the stock from cooking the ham hock and the Liquid Smoke. Add the rest of the chicken stock you didn't use for the ham hocks, the bay leaves, and thyme, and let it simmer for several hours until the peas are creamy, stirring occasionally. Add more chicken stock as needed if the soup becomes too thick.

Render the bacon and then crumble it. Add the cream and bacon and stir until mixed. Remove the bay leaf and discard.

Adjust the seasoning to taste and serve immediately. (BZ tip – I serve with butter and garlic croutons, which you can make or buy – I buy because it's easier.)

### Slow-Roasted Pork Shoulder with Peach Sauce

*Courtesy of America's Test Kitchen*

*Serves 8 to 12*

We prefer natural to enhanced pork (pork that has been injected with a salt solution to increase moistness and flavor), though either will work in this recipe. Add more water to the roasting pan as necessary during the last hours of cooking to prevent the fond from burning. Serve the pork with the accompanying peach sauce (or cherry sauce or with a sweet-tart chutney).

#### Ingredients

##### Pork Roast

- 1 bone-in pork butt, 6 to 8 pounds
- 1/3 c kosher salt
- 1/3 c packed light brown sugar
- ground black pepper

##### Peach Sauce

- 10 oz frozen peaches, cut into 1" chunks (about 2 cups) or 2 fresh peaches, cut into 1/2" wedges
- 2 c dry white wine
- 1/2 c granulated sugar
- 1/4 c plus 1 tbsp unseasoned rice vinegar
- 2 sprigs fresh thyme
- 1 tbsp whole-grain mustard

#### Instructions

1. *Roast:* Using sharp knife, cut slits 1" apart in crosshatch pattern in fat cap of roast, being careful not to cut into meat. Combine salt and brown sugar in medium bowl. Rub salt mixture over entire pork shoulder and into slits. Wrap roast tightly in double layer of plastic wrap, place on rimmed baking sheet, and refrigerate at least 12 and up to 24 hours.

2. Adjust oven rack to lowest position and heat oven to 325 degrees. Unwrap roast and brush off any excess salt mixture from surface. Season roast with pepper. Transfer roast to V-rack coated with nonstick cooking spray set in large roasting pan and add 1 quart water to roasting pan.

3. Cook roast, basting twice during cooking, until meat is extremely tender and instant-read thermometer inserted into roast near but not touching bone registers 190 degrees, 5 to 6 hours. Transfer roast to carving board and let rest, loosely tented with foil, 1 hour. Transfer liquid in roasting pan to fat separator and let stand 5 minutes. Pour off 1/4 cup jus; discard fat and reserve remaining jus for another use.

4. *Sauce:* Bring peaches, wine, granulated sugar, 1/4 c vinegar, 1/4 c defatted jus, and thyme to simmer in small saucepan; cook, stirring occasionally, until reduced to 2 c, about 30 minutes. Stir in remaining tbsp vinegar and mustard. Remove thyme, cover, and keep warm.

5. Using sharp paring knife, cut around inverted T-shaped bone until it can be pulled free from roast (use clean kitchen towel to grasp bone). Using serrated knife, slice roast. Serve, passing sauce separately.

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## Janice Saunders | Eaton

The Hershey's Mill Library's annual September book sale was a huge success, thanks to Roberta Ullman, her dedicated volunteers, and you, our patrons, who supported this event. Also, we want to say thank you to Friends of the Library for their year-round support of the library's unique events.

## UPCOMING EVENTS

## Hershey's Mill Speakers Forum

There may still be time to reserve a spot at Hershey's Mill Golf Club to hear featured speaker Bruce E. Mowday on October 28 at Hershey's Mill Golf Club. Following lunch at 11:30 a.m., Mr. Mowday will present the history behind his latest book *Stealing Wyeth*. Previous Speakers Forum presentations have been sold-out events, so inquire now about availability.

## Mark Your Calendar

Our popular gift basket raffle starts on November 5 with the drawing on November 19.

Mon. to Fri. 10 a.m. – 2 p.m.  
Saturday 10 a.m. – Noon

HM Library contact:  
Angela Linden  
610-696-5374

[www.hmlibrary.com](http://www.hmlibrary.com)

## Library Fact - The Library of Ashurbanipal

The world's oldest known library was founded sometime in the 7th century B.C. for the 'royal contemplation' of the Assyrian ruler Ashurbanipal. Located in Nineveh in modern day Iraq, the site included a trove of some 30,000 cuneiform tablets organized according to subject matter. Ashurbanipal was very protective of his library. "An inscription in one of the texts warns that potential thieves would face the wrath of the gods." (A Brief History of Libraries | Britannica) We at the Hershey's Mill Library tend to be slightly more forgiving.

## NEW BOOKS

## FICTION

Alexander, V. S. - *The War Girls*  
Armstrong, Addison - *The War Librarian*  
Baldacci, David - *The 6:20 Man*  
Cannon, Joanna - *A Tidy Ending*  
Carey, C. J. - *Widowland*  
Chiaverini, Jennifer - *Switchboard Soldiers*  
Cleveland, Karen - *The New Neighbor*  
Coulter, Catherine - *Reckoning*  
Dark, Alice Elliott - *Fellowship Point*  
Erlick, Nikki - *The Measure*  
Ford, Jamie - *The Many Daughters of Afong Moy*  
Garwood, Julie - *Grace Under Fire*  
Jewell, Lisa - *The Family Remains*  
Kaplan, Isabel - *NSFW*  
Macomber, Debbie - *The Best Is Yet to Come*  
Marra, Anthony - *Mercury Pictures Presents*  
Moreno-Garcia, Silvia - *The Daughter of Doctor Moreau*  
Rimmer, Kelly - *The German Wife*  
Shalvis, Jill - *The Friendship Pact*  
Silva, Daniel - *Portrait of an Unknown Woman*  
Steel, Danielle - *Suspects*  
Thor, Brad - *Rising Tiger*  
Wiggs, Susan - *Sugar and Salt*  
Yagi, Emi - *Diary of a Void*

Zevin, Gabrielle - *Tomorrow, and Tomorrow, and Tomorrow*

## MYSTERY

Ackerman, Sara - *The Codebreaker's Secret*  
Brown, Sandra - *Overkill*  
Clark, Julie - *The Lies I Tell*  
Dodd, Christina - *Point Last Seen*  
Gerritsen, Tess - *Listen To Me*  
Hiller, Jennifer - *Things We Do in the Dark*  
Hirahara, Naomi - *Clark and Division*  
Jackson, Lisa - *The Girl Who Survived*  
Martin, Madeline - *The Librarian Spy*  
Montimore, Margarita - *Acts of Violet*  
Nieh, Daniel - *Take No Names*  
O'Donnell, Paraic - *The Maker of Swans*  
Poston, Ashley - *The Dead Romantics*  
Reichs, Kathy - *Cold Cold Bones*  
Tang, Belinda - *A Map for the Missing*  
Vaughan, Sarah - *Reputation*  
Ware, Ruth - *The It Girl*

## BIOGRAPHY

Lewis, Damien - *Agent Josephine*  
Patterson, James - *Diana, William, and Harry*

## LARGE PRINT

Horowitz, Alexandra - *On Looking: Eleven Walks with Expert Eyes*  
Brown, Janelle - *Pretty Things*

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# Sugartown Post Office

Bill Schultz | Chatham

Sugartown, a small crossroads village consisting of eleven properties, lies near the center of Willistown Township in Chester County. Despite being only sixteen miles from Philadelphia, Willistown has retained an open, rural atmosphere. The nearest towns are Malvern at its north end, and West Chester, the county seat, approximately six miles to the southwest. The Mill is also nearby. Sugartown occupies thirty-nine acres of a slight plateau. Five roads — Boot, Spring, Sugartown, Dutton Mill, and Providence — nearly converge in the village, making Sugartown an important local transportation hub.

The Sign of the Spread Eagle, an inn first licensed in 1801, gave major commercial significance to the village. It should be noted that there were strong objections raised by the Friends community as to the effects

this business would have on the school across the road. The inn was licensed and operated under various tavern keepers and names without interruption until 1864. The names included Sign of the U.S. Arms, Sugartown Tavern, and Sugartown Hotel.

Eli Shugart, the tavern keeper between 1804 and 1805, is viewed as the source of the village's original name, Shugart Town. The building also housed the Post Office from 1853 to 1863. There is documentation in 1864 that for many years general elections and meetings of the auditors and public-school directors had been held there. By 1880, the tavern had ceased commercial operation altogether.

The first Postmaster for Sugartown was Isaac Powell, who started work on July 5, 1835. He moved the post office from the White Horse Hotel to his store. The area was originally served by



Map of Sugartown

the Willistown post office from 1831 to 1835. The succeeding Postmasters were: Garrett Pratt, May 21, 1838; Thomas Hutchinson, July 25, 1846; William Fulmer, April 19, 1847; Sharpless Worrell, June 10, 1847; William B. Sill, June 6, 1853; Francis Hickman, April 18, 1861; Lewis P. Worrell, October 3, 1863; Levi I. Hoopes, July 15, 1864; George Frescoln, December 27, 1865;

W. Davis Christman, November 1, 1867; George Riley Raton, January 29, 1868; J. Elwood Worrell, June 23, 1875; Hillery John, March 21, 1876; Ellwood Burns, September 14, 1885; Hillery John, again, April 26, 1889; Ella J. Burns, wife of Ellwood Burns, November 14, 1893; Hillery John, for the third time, on October 26, 1897; and finally Clyde B. John, May 26, 1904. This post office was closed on December 31, 1913, and mail services were then provided by the Malvern post office.

Sharpless Worrell moved the post office into his store on March 17, 1869, and Ella J. Burns moved the post office into the saddler shop upon assuming the postmaster office. The annual compensation for the postmaster in 1860 was \$14.03. By 1870 it had nearly doubled to \$26.



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# Setting Up the Fingerprint Reader

Don Trauger | Kennett

Windows 11 offers several different sign-in options for your computer. Facial recognition and the fingerprint reader are the two that require specialized hardware. Other sign-in options include the familiar password, pin number, security key, and picture password. Many new computers come configured with a fingerprint reader. This device speeds up the sign-in process and is the fastest option overall.

My Dell computer has the fingerprint reader embedded in the top of the On-Off button. Very cool, although it took me a while to locate it as it's an unmarked button.

Set up the Fingerprint reader by right clicking the **Start** button in the lower left corner of the screen, then click **Settings**.

Click **Accounts** on the left.

Click **Sign-in options**, then click **PIN** in the center of screen and click **Set up**. Follow the screen prompts. The PIN is required as a backup to the fingerprint reader.

After your 4-digit PIN number has been entered, click **fingerprint recognition** above in the list, then click **Set up**.

Follow the many screen prompts to lift and rest your finger on the fingerprint reader.

Close any open windows and reboot the computer to test the fingerprint reader at sign-in.

If you encounter a problem, you can still sign in using your PIN number.

If the problem continues with the fingerprint reader, you might want to redo the set-up process.

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# Basic Bridge

Walt Woerheide | Springton Village

In bridge, one way to generate an extra trick is to give the opponents a chance to make a mistake. Never assume the opponent will play perfectly!

In this month's column, South and West have standard opening bids of one spade and two diamonds. North is playing limit raise in majors, so with the nine high card points and one point for the singleton in the opponent's suit, he jumps to three spades. With the six-card spade suit and the singleton ace of hearts, South has an automatic jump to game.

As West bid diamonds, has a solid suit, and there is no indication of a better lead, he leads the ace of diamonds, which in this situation promises the king. If West then pays attention to the discards, he notes that East plays the nine on the opening lead. West also now knows that it is important for East-West to try to take their four tricks as soon as possible because dummy has a runnable heart suit that would be good for discards.

West next leads the king and sees that East's second discard is the seven. This high-low sequence would normally promise a doubleton. West

West Dealer, No One Vulnerable.

				North			
				♠Q942			
				♥KQJT			
				♦T4			
				♣JT5			
West				East			
♠76				♠J			
♥953				♥87642			
♦AKQ82				♦97			
♣A93				♣Q8762			
				South			
				♠AKT853			
				♥A			
				♦J653			
				♣K4			
Bidding:							
	<u>South</u>	<u>East</u>		<u>North</u>	<u>West</u>		
	1♠	2♦		3♠	Pass		
	Pass	4♣		Pass	Pass		
	Pass						
Opening Lead: A♦							

club, as asked, they will set the contract.

One may ask, wouldn't it be obvious to play the queen on the third diamond? The answer is no. Three trumps are outstanding, headed by the jack. If the queen is played, and if West holds all three spades, then West is guaranteed to win a trump trick. So, South must choose the lesser risk of East having the jack of spades or West having three spades to the jack. Leading the two of diamonds for the third trick gives South a chance to make the wrong choice.





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now knows that as he started with five diamonds and both dummy and East had two, then West started with four diamonds. West could lead the ace of clubs for his third trick, but if South holds the king and East the queen, he is gifting South with one or two undeserved tricks. The better play to try to set the contract is to lead the two of diamonds. North will trump this trick, but if East can overruff and return a club they will set the contract. Note that by leading the deuce West is asking his partner to return the lower of the two side suits. If he led the eight, he would be asking for a heart return, the higher of the two side suits. When the two is led, as the cards lay, South will prevail if he puts up the queen. If he plays lower, East's jack will win the trick and if East then returns a

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Scott Burkhart | Inverness

This month's story is for all you dog lovers out there. I am a devout cat person, but there have been many dogs in my life. One of them was named Tempo.

I grew up in a house surrounded by cornfields and meadows. Hunting small game such as pheasants and rabbits was a rite of passage for youths of the area. My father was an avid hunter and excellent marksman, a skill that got him through Germany in WWII. This story begins when a friend gave him an English pointer that he named Tempo. English pointers sniff their way through a field and stop, front paw up, tail straight back, when they smell a pheasant. Great for hunting.

Hunting dogs sleep outside. Tempo had a new doghouse to sleep in and was fastened to a pole at night so he would not run away. We found out quickly how strong Tempo was. Ropes, chains, cables attached to his

**Ropes, chains, cables attached to his collar were all tried to no avail.**

collar were all tried to no avail. In the morning he either met us at the back door or the farmer across the corn field called to say he had him.

My father built a large dog pen with a shed for sleeping, thinking that would


hold him. Tempo dug his way out of it. A macadam floor was added to the pen to prevent digging. Not being able to dig, Tempo climbed over the six-foot fence. Finally, wires were strung around the top of the pen and Tempo escaped no more.

Accommodations being finished, training began. Tempo was a sprinter not a pointer. For years, my father tried every known training method before he resigned himself to the fact that Tempo would never be a hunting dog. About this time, a friend gave me a coon dog. Unlike Tempo, Sparky was a natural hunter that could tree raccoons in the middle of the night. I was not sure if the two would get along, but they must have liked sharing stories of sprinting and hunting because they immediately became BFF's.

As the years went by Tempo started to show signs of age. My father decided he earned the right to spend the rest of his life doing what he loved to do, run free. A farmer that had enough land to let him run said he would be glad to have him. So, Tempo was retired to Potter County, 170 miles away.

We never knew why Tempo did not like to hunt. Still, he was one of the strongest, fastest dogs I had ever seen. Underneath it all, he was a genuinely nice and loving dog and I hoped he was enjoying his retirement.


One morning I looked out the back door and guess who was looking back, tired and skinny, but looking happy to be home. It was the dog that never once pointed at a pheasant but miraculously enough pointed his way all the way home!



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## BIKE CLUB

*Jeff Smith | Princeton*

On July 26, one of the hottest days of the summer, several intrepid Hershey's Mill bikers traveled to the town of Jim Thorpe, PA to board the Lehigh Gorge Scenic Railway. Twice a month during July, August, September and November, the railroad runs a bike train that will shuttle passengers and their bikes 25 miles north of Jim Thorpe to the village of White Haven. There the bikes are unloaded and ridden back to Jim Thorpe on the Delaware and Lehigh Rail Trail. The trail parallels the Lehigh River the entire way, offering scenic views of rafters, kayaks, and even a waterfall. Even though it was a hot day in West Chester, we were in the mountains where it was cooler and the trail was shaded much of the way.

Two weeks earlier, we rode the Delaware Canal Towpath along the Delaware River. Starting in Lambertville, NJ across the river from New Hope, we rode south eight miles and crossed the river at Washington Crossing before riding north on the Pennsylvania side of the river back to New Hope. We topped the ride off with a refreshing stop at Rita's Water Ice on the way back to West Chester.

Last May, the Pedego Electric Bike Company held an e-Bike demonstration in Hershey's Mill.

It was very successful, and Pedego will be back for another demonstration on October 15 from 1:00 to 4:00 p.m. Pedego will bring several models including a three-wheel trike. This is a great opportunity for anyone considering an electric bike to take a demo ride, ask questions, kick the tires, etc.

If another summer has gone by and you haven't ridden the bike that has been accumulating dust in your garage for several years, you may want to consider donating it to the Bike Club. We'll clean it up, make any necessary repairs, and try and sell it. All proceeds benefit the Hershey's Mill Sports Group. Contact me at

## BOCCE

*Nora Liero | Merrifield*

Our motto is "Just Have Fun!" and there's no doubt that the 170-plus league members did just that this past season that ended on September 19. We look forward to next year's league play on three brand new courts, springtime clinics for newbies to the sport, and socializing with old and new friends. October is still a great month to play bocce, so come down to the courts anytime!

## BOWLING

*Rosie Taylor | Princeton*

**STRIKES, SPARES**, and most important, just plain **FUN!** Tuesday, October 18, the beginning of the 2022-2023 bowling season, is a few short weeks away. Many past regular and substitute bowlers have signed up for either the first half, which ends in December, or the second half that runs from

January through March, or both!

For those new to HM - we bowl every Tuesday morning at the Palace Lanes in Downingtown. Practice begins at 9:45 a.m., and we're usually finished by noon. Depending on the number of people, our teams consist of three or four bowlers, and... drum-roll please, last year we were considered one of the best winter activities.

There are still some open spots available for regulars or substitutes, so sign up today!

## The Bowling Committee:

Carol and Jim Burnham, Betsy Towell, and Jeff and Rosie Taylor

## PADDLE (PLATFORM TENNIS)

*Joe Maranella | Eaton*

Platform tennis (AKA paddle tennis) is back again! This sport is a great fall, winter, and early spring experience for the racquet sports enthusiast. We offer Open Play to everyone who is interested regardless of skill level. The object is to have fun while learning and playing. We are very fortunate to have a certified paddle/tennis teaching pro to help you learn the game. Players may schedule their own games using Skedda, the Hershey's Mill court scheduling system. However, Open Play is available to all.

The current plan for Open Play is as follows: Monday, Tuesday, Thursday, and Friday at 2:30 p.m. (followed on Fridays by a BYOB social), Wednesday at 7:00 p.m. under the lights, and Saturday at 11:00 a.m.

Play tends to be Round Robin format

with players determined by when you show up. When there are eight players, winners split, rotate, and switch courts. If we have an odd number, those waiting are rotated into play. We also have a warming room close to the courts for observing and for those waiting to play. Observers can stay warm, watch play, socialize, or watch DVD's of play at local club championships. Scoring is like tennis, and matches go one set and take about 20 minutes. Racquets and balls are available for those new to the game.

**SAVE THE DATE!** Friday, October 14 (rain date October 15) we will kick off our season with an Octoberfest/Paddle afternoon which be a learning, demonstration, and social event. A clinic will be held at 2:00 p.m. followed by play from 3:00 to 4:00 p.m. At 4:00 p.m. we will get together for light snacks (provided), and BYOB. So come join us to learn, play, see old friends, meet new ones, and just have fun!

## PICKLEBALL

*Tom Fant | Yardley*

Pickleball...the game of the stars, according to *Parade* magazine.

The Fant family's favorite sport celebrity, due to a Spring Training dinner conversation in March, 2008 (a Phillies championship year) at a Clearwater Beach restaurant, is the amazingly approachable Chase Utley. The *Parade* article mentions pro sports players and many celebrities that have adopted Pickleball as their sport of choice. Chase Utley, a Philly phenom and pickleball enthusiast,

*(continued)*



adopted the sport with his wife and children. They play often as a family, and he depicts the sport as "...the sport checks all the boxes for me; eye hand coordination, strategy and competition..." Some of the celebrities mentioned include George Clooney, Matthew Perry, and the *TODAY* show team led by Al Roker and Savannah Guthrie.

Pickleball is a strange name for a sport, and most people raise an eyebrow and look at you quizzingly. The special lexicon of Pickleball continues down the slope of macabre with terms like 'Flapjack' (not something you eat), 'Dill ball' (not a jar of preserved cucumbers), 'Kitchen' (no cooking involved), 'Pickled' (not a reference to too many adult beverages) and 'Opa' (not a Greek cheer at



Gene and Joanne Malone, Karen Smith, Mary and Bruce Brown, John and Rachel Nagle, Bill Glancey, Michael Heleva, Ginny Alexander, Dick Learn, Gretchen Dellatorre, Barbara Jenkins.

weddings). Common nomenclature of fun, collegial, social, competitive, and active do apply as well.

### SHUFFLEBOARD

*Roseanne Havird | Devonshire*

The autumn weather is the most enjoyable time of the year for shuffleboard. Especially as we will be playing on our new courts which are aligned with bocce, horseshoes, and cornhole sports. Come anytime to play. (Check Skedda on our HM website to ensure the courts will be available.) Join us for Open Play at 10:00 a.m. on Wednesdays and Saturdays. The shuffleboard nation loves to have fun together as we recently celebrated Sandy Deckard's birthday.

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Maria Edwards | Ulster

I just love the month of October! Like a paint brush on canvas, nature paints a wash of yellow, gold, red, and orange. With cooler evenings and color returning to the trees we delight and welcome this autumn season with chrysanthemums, pumpkins, and even our pumpkin-flavored foods! It's this time of year that signals many events, activities, and the startup of the holiday season at the Club. Keep watching for our upcoming events! But first...

FLASHBACK: On reading the comment sheet, it was noted that someone wrote "Lenny outdid himself on July 3. Amazing!" I think that is well worth mentioning here. Comments have been very positive, and negative ones have been fewer but worthwhile to hear. Ray Leyfert is this month's winner of the free drink!

August 4 – 'Trivia Night' and if you were one of the lucky tables to be chosen (lottery) you know it was a full house. Linda is checking with the moderators to see if it is possible to hold Trivia Nights more frequently since it is a popular activity here at the Club.

August 7 – The concert in our parking lot was packed and enjoyed by all! We had a rain out and it was rescheduled for August 28. The Red Satins entertained.

September 16 - Ladies Night Out! I'm sure it was a blast!! Everyone was looking forward to this sold-out event!

UPCOMING –  
Trivia Night – November 3.  
Contact the Club for details.



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# Understanding Medicare Advantage Plans



Joe Murphy | Glenwood

On October 15 (through December 7) millions of Medicare-eligible seniors will be entering the Medicare Annual Enrollment Period (AEP), which calls for thoughtful examination of the competing Medicare insurance choices.

The historically-dominant choice has been Original Medicare (Part A and Part B) for Primary Coverage in conjunction with a 'Gap-Covering' Medicare Supplement plan and a Part D Drug Plan.

The lesser choice, while growing in popularity, has been a Medicare Advantage plan (HMO or PPO) that

covers Medicare Part A and Part B equivalent services and includes Drug Coverage and some extra non-Medicare benefits.

Better understanding Medicare Advantage plans is the focus of this article.

Unlike the 'Always-In-Force' status of Original Medicare plans and Medicare Supplement plans, *all Medicare Advantage plans automatically terminate on 12/31 of each year.*

Although most of the terminated Medicare Advantage plans are offered again for the new year in a similar name, there will always be premium changes and coverage changes.

Also, Medicare's precisely-defined and unerringly-allowed benefits of the dominant Original Medicare choice are well documented in the official "2022 Medicare and You" bulletin.

In stark contrast, the seven competing private companies offering Medicare Advantage products have uniquely-different documented benefits, representing each insurer's interpretation of what they are legally bound to provide. You should ask for the insurer's Evidence of Coverage (EOC) document to be better informed.

Unfortunately, these uniquely different interpretations of each Medicare Advantage insurer often lead to the great frustration of a 'Claim Denial'

## BASIC ELIGIBILITY RULES:

All Medicare Advantage plan enrollees MUST:

- Have Medicare Part A & Part B
- Live in the plan's Service Area
- Be a United States Citizen or be lawfully present

Medicare Part A is a No Charge coverage for most of us. There is a Medicare Part B coverage charge for all of us. The lowest Part B premium in 2022 has been \$170.10/month. Higher Part B premiums are the result of reporting higher Adjusted Gross Income.

Although there are 17 MAPD PPO Plans (Medicare Advantage with Prescription Drug) available in 19380, only two (2) plans get top billing due to the features of:

- A \$0/month Premium.

- 5 Stars in Rated Performance
- The TV advertised EXTRAS including a \$50/month 'Give Back'

Fifteen of the 17 MAPD plans fall below the 5-Stars rating and have NO 'Give Back'. Ten of the 17 MAPD Plans have monthly premiums ranging from \$45/month to \$165/month.

## KEY DEFINITIONS:

HMO stands for Health Maintenance Organization, and the coverage restricts patients to a particular group of physicians/providers called a Local Network. When an HMO member uses an Out-of-Network provider, the member needs to pay 100% of the provider's bill.

PPO is short for Preferred Provider Organization and allows patients to choose any physician/provider they wish, either inside or outside of their Local Network. Note: The Out-of-Network provider does not have to accept the PPO'S reimbursement schedule and CAN BILL 100%.

STARS RATINGS: Medicare Advantage plans are rated from one to five stars, with five stars being an 'excellent' rating as to how well it offers members access to healthcare and has a positive customer service experience.

ANNUAL MEDICAL DEDUCTIBLE (up to \$1,000) is applicable only when using Out-of-Network providers.

ANNUAL DRUG DEDUCTIBLE: Up to \$250.

ANNUAL OUT-OF-POCKET (OOP) MAXIMUM FOR EXCLUSIVE USE OF IN-NETWORK PROVIDERS up



## Medicare Advantage Plans (continued)

to \$7,550. When the OOP Maximum is reached, the plan will pay 100% of covered service charges for on-going IN-NETWORK services.

ANNUAL OUT-OF-POCKET MAXIMUM FOR IN-NETWORK/OUT-OF-NETWORK PROVIDERS up to \$11,300. This arrangement most often accommodates the member who has one or more chronic medical conditions and needs to go OUT-OF-NETWORK for the services of a top specialist. Once a member uses an Out-of-Network provider, the IN-NETWORK/OUT-OF-NETWORK OOP Maximum becomes the ruling OOP Maximum. When the OOP Maximum is reached, the plan will pay 100% of covered service charges for on-going IN-NETWORK and OUT-OF-NETWORK services.

### WHICH IS THE RIGHT PLAN FOR YOU?

Start with the known! Your current health? How many chronic medical issues are you currently treating?

Respect DNA. What illnesses/diseases do/did your parents and siblings have?

Respect statistics. At age 65, adults have one chronic health issue; at age 75, adults have two chronic health issues; at age 85, adults have three or more chronic health issues.

Understand Key Definition re 'Benefit Period.' Medicare's definition of a 'Benefit Period' for a Medicare Hospital Stay or a Skilled Nursing Facility Stay allows for up to six Benefit Periods in a calendar year. Therefore, a very sick Medicare Advantage member could incur

multiple (up to six) rounds of out-of-pocket medical expenses until the \$7,550 or the \$11,300 Out-of-Pocket (OOP) Max has been met.

Now, do the math based on your best guess of the health services you might need from the typical coinsurance payment schedule below:

#### EACH HOSPITALIZATION STAY

IN-NETWORK:

\$360/day - days 1-5

OUT OF NETWORK:

45% of Charge

#### EACH NURSING FACILITY STAY

IN-NETWORK:

\$188/Day - days 1-100

OUT-OF-NETWORK:

40% of Charge

SPECIALISTS - OUT-OF-NETWORK:

40% of Charge

LAB OUT-OF-NETWORK:

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IMAGING MRI, MRA -

OUT-OF-NETWORK:

40% of Charge

In these inflationary times, don't be penny wise and pound foolish.

BEFORE YOU LEAP, check on Network Providers, ask for plan benefits and evidence of coverage documents, do the math, and *explore alternatives*.



Olivia Grandal

## Let the Music Move You

**'Music touches people in so many ways.'**

Have you ever heard a song, and it immediately makes you feel something? It evokes a memory, and takes you back to another place and time. Music can even be therapeutic. Community Life Director Olivia Grandal, a certified music therapist, brings her passion for music to The Watermark at Bellingham.

Music programs empower residents to engage and socialize through educational experiences, singalongs, and playing instruments. Olivia's favorite part: "It's the smiles on their faces and seeing them come alive. They're reliving memories from the best times in their lives."

**Join us for the interactive History of Music Series on the second Tuesday in October, November, and December. Call 610-235-2415 to learn more.**



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# Hawks of Hershey's Mill



Jado Foot | Jefferson &  
Deb Cunningham | Princeton

Many of you have seen Red-Tailed Hawks here in Hershey's Mill. A juvenile may be sitting in a tree in our garden area, for example. Usually, you can see these birds engaging in one of two main behaviors: either soaring through the air, giving the occasional territorial 'kree – ee – ah!' or perched high up in a tree, keeping a keen eye out for the movement of a tasty squirrel or mouse.

and the shoulders and body are very reddish brown.

Two closely related hawks can also be seen throughout Hershey's Mill: the Cooper's Hawk and the Sharp-shinned Hawk. The Cooper's is a medium-sized hawk with the classic Accipiter shape: broad, rounded wings and a very long tail. In Cooper's Hawks, the head often appears large, the shoulders broad, and the tail rounded.

Sharp-shinned Hawks are small, long-tailed hawks with short,



You'll notice the very upright position of their body when perched and a small belly band apparent on a very light buff-colored breast. In flight, the Red-Tailed Hawk's wings are usually spread and can easily be seen. They build their nests high in trees or cliffs and are permanent residents of North America.

Another hawk that nests in The Mill is the Red-Shouldered Hawk. Jado was able to closely watch a nest that was located near the entrance to Chatham Village. This is a medium-sized hawk with a slim body and long wings. Both the flight feathers and the tail have black and white bands,

rounded wings. They have small heads that in flight do not always project beyond the 'wrists' of the wings. The tail tends to be square-tipped and may show a notch at the tip. Females are considerably larger than males, something often seen in raptors. Sharp-shinned Hawks are agile fliers that speed through dense woods to surprise their prey, typically songbirds.

*(continued)*

Photo credits from left:

Sharp-Shinned Hawk, Tony Pieri, Ulster  
Cooper's Hawk, Lindsey David, Yardley  
Red-Tailed Hawk, John Clarke, Eaton  
Red-Shouldered Hawk in Flight, Irma Torres, Devonshire



Both the Cooper's Hawk and Sharp-shinned Hawk occasionally hunt birds at feeders. They are attracted to the feeder because of the concentration of food, but in this case, the food is the birds themselves. Although no one likes to see one of 'their' birds killed by a hawk, on a population level hawks have little, if any, negative effect. The number of hawks present is very low compared to the number of smaller birds at a feeder, and their hunting success is low.

To learn more about identifying different species of hawks, head over to the Nature Group Main Page (<https://hersheysmill.org/2020/06/30/nature-main-page/>),

scroll down and click on 'HMNG Lectures on YouTube.' There you will see a variety of presentations and interviews, including the HMNG-sponsored 'Hawk ID for Beginners' presentation.

Happy Birding!

*A word of caution: think twice about using poison to control rodents. It can take days for the mouse or vole to die, during which time they become easy prey for a hawk. If a hawk ingests a poisoned rodent, this magnificent bird will also die.*



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## What are QR codes and are they safe to use?

QR, short for Quick Response codes, are popping up everywhere. In Hershey's Mill, you will see them on the Dog Exercise Area, at the Sports Courts, and in the Community Center. The black/blue and white grids are used for everything from restaurant menus to website links.

QR codes are a type of two-dimensional barcode that contain data. They can be easily read by a smartphone and converted into useful information, such as a menu.

You can access the information for a QR code two ways. You can download an app by going to the App Store on your device and searching for QR Code Reader. Open this app, center the QR code in the window provided and you should be taken to the website or data provided by the QR code. Or, you can open your phone's camera app and center the QR code in the window

provided. The QR code's URL link will appear. Click on the link.

QR codes are useful and also a perfect way for cyber criminals to access your personal information. Cyber and digital crime is on the rise through emails, text messages, phone calls, false links, and now also QR codes.

Just as most emails, text messages, phone calls, and QR codes are legitimate, QR codes can also work much like fake links in emails that are phishing for your personal information or attempting to lure you into making a payment.

False QR codes have been used to mimic legitimate codes for fake tickets on parked cars with a QR code that takes payment, or QR codes on parking meters that capture credit card information.

(continued)

QR code attacks are happening everywhere with alarming frequency. Here are some ways to protect yourself from false QR codes:

If you have any concern about a QR code, don't scan it. Instead go directly to the actual website. Any legitimate QR code should have an associated URL under it, giving the option to navigate there directly. If it's missing, beware.

Inspect QR code URLs closely after scanning the QR code; check out the URL it directs you to. Does the website seem suspicious, include strange misspellings or typos? Does it match the organization you should have been directed to?

Look for signs of physical tampering. If you spot a QR code sticker adhered

to a page over another code, be very skeptical.

Never download apps from QR codes. Websites can be cloned easily. Always go to the official app market for your device's OS and download your apps from there.

Don't make electronic payments via QR codes. Use the native app or direct a browser to the official website and log in there.

Turn on multi-factor authentication (MFA). With another authentication layer in place, a cyber-criminal cannot access your data with just your login and password.

Use common sense before scanning a QR code. Apply the same security scrutiny as you would with anything in the digital realm.

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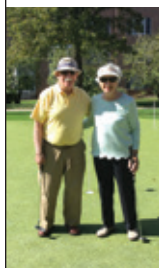
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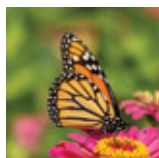




There are so many great changes happening at Riddle Village and we would love for you to be a part of it!



It has been an eventful time here at Riddle Village, and now that spring has arrived our residents are enjoying the newly enhanced courtyard, which features an expansive putting green and a new tranquil butterfly garden.



We recently celebrated the grand opening of our Thoroughbred Lounge. With this addition, our residents will now enjoy three restaurant options to dine in every night!



It is a great time to become part of the Riddle Village community and enjoy the excitement that is happening.



If you have been thinking about making a move, please reach out to learn more. We would love the opportunity to discuss your options and show you what is new at our community!



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## Activities Contacts

Art Group .....	Sara Hamilton .....
Billiards Club .....	Jim Short .....
Bingo .....	Hal Deal .....
Book Discussion Group .....	Carol Barkovsky .....
Bowling (Oct-Apr) .....	Rosie Taylor .....
Bridge Groups: Fun Bridge .....	Kathy Martinides .....
Golf Club Tuesday Bridge .....	J.B. Smink .....
Golf Club Friday Bridge .....	John Marks .....
Social Club Party Bridge .....	Susan Hackstaff .....
Talking Bridge .....	Lisa Groff .....
Cards & Games .....	Jacki Gersscheid .....
Caregivers Support Group .....	Karen Mulvey .....
Chester County Hospital Auxiliary .....	Nancy St. Laurent .....
Cradle Stitchers .....	Donna Faunce .....
Dominoes (Mexican Train) .....	Sheila Di Croce .....
Exercise to DVDs .....	Barbara Scott .....
Games & Cards .....	Agnes O'Leary .....
Gardens (Community) .....	Jim DiCarlo .....
HM Folk Song Circle .....	Lynne Urian .....
Knitting Circle .....	Ruth Schick .....
Mah Jongg (Groff) .....	Lisa Groff .....
Mah Jongg (Tuesday) .....	Carol Poling .....
Men's Bible Study .....	Ken Mertz .....
Mermaid Book Club .....	Marrie Truskey .....
MerryMakers .....	<a href="mailto:hmmerrymakers@gmail.com">hmmerrymakers@gmail.com</a>
Nature Group .....	Christine McCormick .....
Paoli Hospital Auxiliary .....	Judy Molt .....
Photography Club .....	Carol Poling .....
Pinochle Club .....	Ruth Dudt .....
Poker Club .....	Mike Brindisi .....
Quilters .....	Diane King .....
Scrabble .....	Marie Knox .....
Singers (Hershey's Mill Singers) .....	Dolores Manion .....
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