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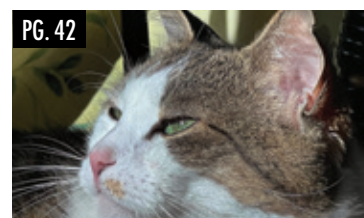
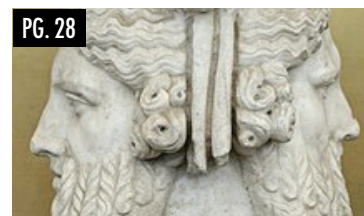
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All submissions welcomed; with rights retained by the owner. Send to editor@hmctvguide.com, Attention Editor. Hardcopy submissions are not accepted. Articles should be limited to 500 words (although others may be considered), and submitted as Word documents. Photographs should be high-resolution and saved as JPEG's. HMCTV determines suitability and has sole discretion to publish any submission. Submissions are due by the 23rd (37-40 days in advance of each edition) for possible inclusion (those received after will be reviewed for the next); contact the Editor for exceptions. Articles are subject to editing for space, clarity, and grammar. Information and opinions are those of the author, and may not reflect those of Hershey's Mill Community TV, its officers, or directors.

• HAPPY •
New Year

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Cover photo by John Groch

Marc Fraser | Director of Security

A special thank you to all the residents who took the time to donate to the Security Department Christmas Fund! The Security Department staff appreciates your generosity and wishes everyone a safe, happy, and healthy New Year.

Thank you



Comments Regarding “Holiday” Tree Lighting

Fred Pioggia | Yardley

My wife Kathy and I moved to Hershey’s Mill in August, 2020. Every day we count our blessings that we are part of such a vibrant and dynamic community. We live in Yardley Village and couldn’t ask for better neighbors or neighborhood.

Page 34 of the November Digest contained an article about the “Holiday Tree Lighting.” There is no such thing as a “Holiday Tree.” Yes, we celebrate “the Holidays” but the tree itself is a Christmas Tree. If Christians did not celebrate the birth of Jesus Christ, there would be no Christmas Tree. As we know, the tradition to decorate a tree started many years ago to celebrate the birth of Jesus. The Jewish people use a Menorah to celebrate the holiday of Hanukkah, they do not call these “Holiday Candles.” As an example, a recent advertisement on the internet stated, “Hanukkah Candles for Lighting the Menorah” were for sale.

I believe it is important to call the Tree what it is, a Christmas Tree. People certainly know trees are decorated to celebrate Christmas while we also celebrate other “holidays” at the same time of the year.

Therefore, I ask that those Hershey’s Mill decision makers reconsider the name they are giving to the Christmas Tree next Season.

Thank you.

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Residents Update

Please pull this page out of the Guide and Digest to include it in your 2023 Resident Directory so you have the current information.

Barr, Kevin & Deborah

847 Jefferson Way

Conrad, Gordon & Camille

304 Devon Lane

Kennedy, Aileen

754 Inverness Drive

Palumbo, George & Marybeth

887 Jefferson Way

Riley, Robert

1299 Robynwood Lane

Romano, Joseph & Jeanne

1526 Ulster Way

Roper, Sandra

808 Jefferson Way





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Community News

IGC CONCIERGE JEWELERS

IGC Concierge Jewelers will be in the Community Center from 9:00 a.m. to 5:00 p.m. providing a wide range of jewelry services. IGC will be there to purchase the following items: finished or broken gold, silver, or platinum jewelry items, gemstones, sterling silver flatware and sterling silver accessory pieces, fine timepieces such as Omega and Rolex (just to name a few brands), as well as gold or silver coins and vintage paper currency.

With their state-of-the-art service center and superior craftsmen, they can expertly repair your fine jewelry and fine timepieces. They also repair

fine mantel clocks, wall clocks, or grandfather clocks. Some minor repairs and some watch battery replacement can be done while you wait. The experts from IGC will inspect your fine jewelry and fine timepieces free of charge.

Find extra money in your unwanted items. Complimentary coffee and doughnuts will be served. If you have any questions or wish to make an appointment, please contact IGC at (610) 876-6638. See you at the event!

IGC Concierge Jewelers will be in the Community Center from 9:00 a.m. to 5:00 p.m. on January 19, 2023.



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Art Group saying goodbye
(Alice Aznavourian and Sandy Dewees)
Art Group gathering for Alice
Photos by Pam Mariani.

HERSHEY'S MILL ART GROUP

Martha Hanson | Franklin

Recently, the HM Art Group held a small gathering to say goodbye to Alice Aznavourian who will be taking her artistic talents to her new residence in Arbour Square. Our group has benefited from Alice's inspiration and guidance for over fifteen years. Alice made her career as a fashion illustrator for a number of retail outlets including Bloomingdale's. Later, she continued her art education and became an expert in oils and watercolor and was an award-winning member of the Norristown Art League. We will miss Alice and wish her luck as she becomes a new artist-in-residence at Arbour Square. If you'd like to meet and be inspired by other artists like Alice, join us on Wednesdays in the Cove from 9:00 a.m. to Noon.

HERSHEY'S MILL MEN'S BIBLE STUDY

Bill Judkins | Chatham

A group of men meets every Wednesday morning at 8:00 a.m. (except during the summer months) in the Paoli Room in the Community Center for one hour of Bible Study. Our approach is to read and discuss a specific book of the Bible, verse by verse, alternating between the Old and New Testaments. Currently we're studying 1-2 Peter. New participants are always welcome! We look forward to you joining our study of the Bible. For info contact Ken Mertz at

HERSHEY'S MILL BOOK CLUB

Carol Barkovsky | Eaton

Happy 2023! Welcome to a new year of reading and discussing good books. We will meet on January 12 at 2:00 p.m. in Sullivan House, and will start the year with a discussion of *The Paris Library* by Janet Skeslien Charles, led by Carol Barkovsky.

In Paris, 1939, young Odile Souchet has her dream job at the American Library as well as a handsome police officer beau. Then the Nazis march into Paris and she stands to lose everything. With fellow librarians, Odile joins the Resistance using their only weapon, books.

In Montana, 1983, 12-year-old Lily Jacobsen becomes interested in her elderly neighbor, Odile Gustafson. Their friendship blossoms as they learn about each other, discovering shared interests and a secret that connects them. This powerful novel, based on a true story, explores the consequences of choices and the relationships that make us who we are. It demonstrates that extraordinary heroism can be found in the quietest of places.

If you want to read ahead, Judy Klanderman will lead us in a discussion of Colson Whitehead's book, *The Nickel Boy*, on February 9 at 2:00 p.m. In 1960s Tallahassee, a black boy, Elwood Curtis, is unfairly sentenced to a juvenile reformatory called the Nickel Academy. Based on the true story of a real reform school that operated for 111 years and warped the lives of thousands of children, *The Nickel Boys* is a devastating, driven narrative that showcases a great American novelist.

HERSHEY'S MILL CAREGIVER'S SUPPORT GROUP

Robert Hughes | Franklin

What's a good New Year's Resolution for a Caregiver? How about a Crisis Plan? What happens to your loved one if you are seriously injured or

get hit by a Mack truck (i.e., death)? Poor decisions are often made in a crisis. Is your Emergency Contact list up to date and accessible? In your car? Discussed with family/close friends? Has your Estate Plan been completed?

The HM Caregivers' Support Group provides a safe and caring forum for information sharing and support for the Caregivers of Loved Ones with chronic conditions such as Dementia, Parkinson's, and other related diseases. The group meets every first Thursday of the month in the Paoli Room of the HM Community Center at 10:00 a.m. For further information call Robert Hughes at

HERSHEY'S MILL KNITTING CIRCLE

Ruth Schick | Chatham

Is your New Year's resolution to return to knitting or crocheting? If so, fellow craftspeople will spur you on. Just bring yourself and supplies to the HM Knitting Circle for encouragement, camaraderie, and fun conversation. Join us in the Paoli Room of the Community Center on Thursdays from 1:00 to 3:00 p.m. For information about the Knitting Circle, contact Ruth Schick at or

HERSHEY'S MILL NATURE GROUP

Christine McCormick | Ashton

The results of the Nature Group survey are in. A big thanks to the *HM Guide and Digest* and to *Hershey's Mill News* for spreading the news of HMNG activities to the highest number of respondents.

(continued)

Members benefited from the Nature Group Emails—write to HersheysMillNature@gmail.com to get on the list and to get additional info—Spotlights, workshops, field days, and walks. We are creating our program for 2023 based on your input. The Nature Group sponsored sold-out bus trips to Mt Cuba, Stoneleigh, the Audubon Center, Conowingo Eagle Watch and held well-attended lectures on a variety of topics—these activities were the most requested. Send in your

ideas for repeats or for new events. Top priorities for new activities are nature walks/hiking and bird/star watching opportunities. We will be expanding our informational outreach to residents and Villages regarding the benefits and means of native plant gardening. To all those who identified as photographers, send your photos to hersheysmillnature@gmail.com before January 9 to be included in the 2022 photo contest.

Red Fox Photo by Ann Grumet



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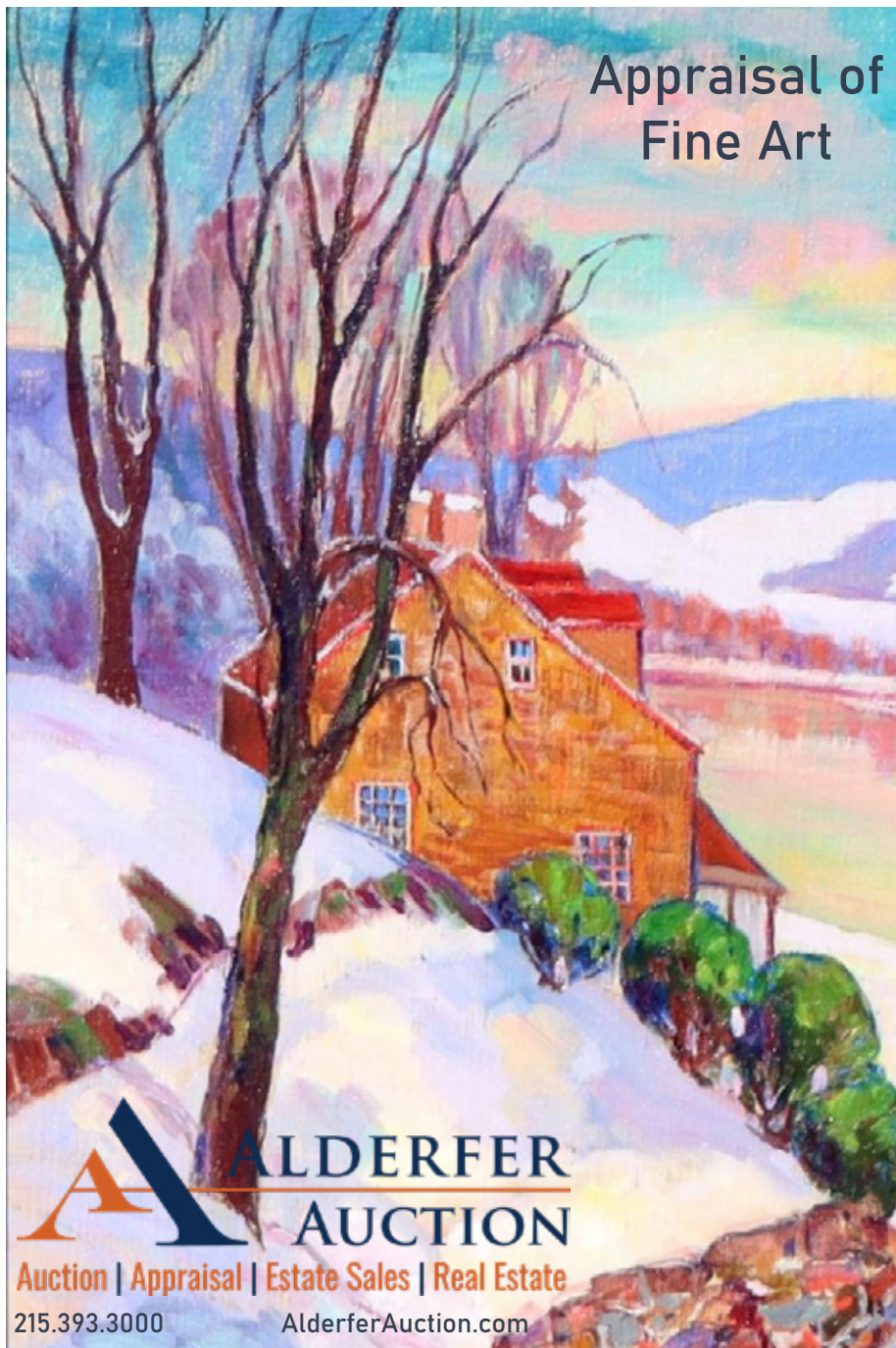
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Bron and Gordon Yocum

Nora Liero | Merrifield

I love surprises, especially surprising coincidences. Meeting Bron again was just that. It happened 50 years ago that Bronwyn, as I remember calling her, was my dorm's residential student advisor when I attended Rosemont College while she was working on a doctorate in philosophy at Bryn Mawr College. Our paths parted after one short year. A small glass paperweight she gave to me has been on my dresser all these years. Flipping through issues of the *Digest*, Bron's name had caught my eye. Could this be the same Bronwyn I used to know? A few Google clicks later I had

my answer! When I called The Rev. Dr. Bronwyn Yocum to request an interview, I only told her we had an interesting connection, and her clue was 'paperweight.' She was intrigued.

Bron, Gordon, and poodle Wesley welcomed me to their Kennett home overlooking the golf course's seventh tee on a beautiful fall day. Moving here from Berwyn in 2017, Bron had recently retired as the lead pastor at Grove United Methodist Church in West Chester. Gordon was also retired. He loves waking up here after a high-pressure career: "I own my life now." That life includes flying single-

(continued)

Getting to Know You (continued)

engine planes for fun, walking, serving on Kennett's HOA, and driving his beloved Dodge Charger. He is also the cameraman for HMCTV's programs.

Gordon grew up in nearby Penn Valley, attended Monmouth College in Illinois, and got the flying bug from a fraternity brother. He was terrified but hooked. He washed dishes to pay for lessons to earn his pilot's license in his senior year. With an MBA from Western Illinois University, Gordon began a career in sales that started with Burroughs Corporation in Chicago.

Bron was born in Philly and lived in various states. Her father, whose dream of going to seminary was interrupted by WWII, was active in a Congregational church in Connecticut, as was Bron who served as a youth ministry leader. She attended Wellesley College, and then Bryn Mawr with hopes of becoming a college professor. Such positions were non-existent in the mid-seventies, so she pivoted to human resources. Bron

worked for Conrail and then became the director of human resources for the publishing division of CBS, Inc. By then, she and Gordon had met and married in the Bryn Mawr Presbyterian Church.

She retired to raise their two children, intending to offer human resources consulting. But her father's illness prompted Bron to minister to him daily at his bedside, and to realize a new path. At age 40, despite a skeptical family, she began seminary studies leading to her doctorate in ministry. She has held positions in administration, teaching, and pastoral care in the Methodist Church. She continues to teach at Palmer Theological Seminary in St. Davids. Bron leaves the flying to Gordon. She is a prolific reader and has 1,000 books on her Kindle, cooks, and is a collector of kitchen appliances.

The paperweight did not spark any memories, but it kindled a new friendship!

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Please remember that the Guide and Digest may not reflect the most current Bus Trip information. The HM News sent to each resident via e-mail and the bulletin board on Channel 971 will be the source of up-to-date information about the Bus Trips. You can also view the information on www.hersheysmill.org/activities/bustrips.

Pennsylvania Farm Show
Thursday, January 12, 2023
Cost: \$25 + Lunch
Departs at: 10:00 a.m.
Contact: Priscilla Burt,

Pennsylvania is proud to host the largest indoor agricultural exposition in the nation under one roof, with nearly 6,000 animals, 10,000 competitive exhibits, and 300 commercial exhibits every year. The event showcases the quality and breadth of Pennsylvania's agriculture industry and the people who make it thrive. The show offers visitors a tiny slice of the industry that employs half a million people and contributes \$185 billion to Pennsylvania's economy every year. The Pennsylvania Farm Show offers something for everyone, young and old, farmers and non-farmers, foodies, and just people who like to have fun. Aside from food and entertainment, the annual event offers the public an opportunity to get an up-close view of how our food goes from farm to fork. You learn about the diversity of Pennsylvania agriculture and the ingenuity of its people. Farmers can show off what they do best, meet old friends and new, and check out innovative farm equipment, supplies, and farming practices. Lunch is on your own at one of the many

food stands at the complex. Wear comfortable walking shoes!

Kimmel Center –
Jerry Blavat & Friends
Saturday, January 28, 2023
Cost: \$120
Departs: 6:00 p.m.
Contact: Mary Ann McCarry,

Join us for a trip down 'Memory Lane' with Jerry Blavat, "The Geator with the Heater," "The Boss with the Hot Sauce" & His Friends. The Kimmel Cultural Campus presents Philadelphia's iconic radio DJ Jerry Blavat for the 21st year! This year's scheduled performers are: Gary Puckett, Brenda Holloway, The Intruders, The Dubs, The Happenings, The Chantels, Bobby Wilson with a tribute to Jackie Wilson, and Little Fats with a tribute to Fats Domino. There will also be dancing in the 'Commonwealth Plaza' (the lobby/atrium) before the show, and we have reserved Orchestra seating for the show.

Kimmel Center – The Philly POPS
Sunday, February 19, 2023
Cost: \$95
Departs: 1:30 p.m.
Contact: Mary Ann McCarry,

Join us at the Kimmel Center for The Philly POPS' (America's largest stand-alone POPS Orchestra) performance of *Get Up, Stand Up: An Encyclopedia of Soul*. Rickey Minor is back, bringing his unbelievable music expertise and world-renowned talent to the POPS once again! After his explosive POPS debut last year with *SINATRA: A Man and His Music*, Minor is returning for what is sure to be an unforgettable program. *Hamilton* star Joshua Henry

made his POPS debut on July 3, 2021, with electric takes on "Tomorrow," "Feeling Good," and "Uptown Funk." Now, Joshua grooves through his very own encyclopedia of soul! The program covers favorites like "Heard it Through the Grapevine," "A Change is Gonna Come," and "Let's Get it On," celebrating the sounds of funk, R&B, and soul. He can sing Marvin Gaye, he can sing James Brown, and he can sing Sam Cooke all with his own swagger and swing! Plus, The Philly POPS will open each half of the program with an original instrumental piece, flavored with the soul of the nation.

Dutch Apple Dinner Theatre –
Sister Act
Thursday, March 2, 2023
Cost: \$85
Departs: 10:00 a.m.
Contact: Grace Reed,

Dutch Apple Dinner Theatre –
Sister Act (2nd Trip)
Wednesday, March 15, 2023
Cost: \$85
Departs: 10:00 a.m.
Contact: Priscilla Burt,

Based on the musical comedy movie, *Sister Act* tells the hilarious story of Deloris Van Cartier, a disco diva, whose life takes a surprising turn when she witnesses a murder and the cops hide her in the last place anyone would think to look, a convent! Under the suspicious watch of Mother Superior, Deloris helps the secluded sisters find their voices as she unexpectedly rediscovers her own. A sparkling tribute to the universal power of friendship, *Sister Act* is reason to rejoice. The cost of the trip includes an all-you-can-eat lunch buffet.

Philadelphia Flower Show
Tuesday, March 7, 2023
Cost: \$20 + Admission/Lunch
Departs: 10:00 a.m.
Contact: Priscilla Burt,

The 2023 Philadelphia Flower Show makes its return to the Pennsylvania Convention Center to amaze visitors with an exciting Garden Electric floral experience, bringing together dynamic designers, bold exhibits, world-class shopping, music, food, and fun. Cost is bus only, and lunch is on your own at the show. Tickets can be purchased online at www.PHOnline.org/the-flower-show.

SERIES TRIPS

2022-2023 Walnut Street Theatre Series (Wait List Only)
Thursday & Saturday Matinees
Cost: \$60 Per Show
Departs: 12:30 p.m.
Thursday Series Contact:
Jayne Lytle,
Saturday Series Contact:
Priscilla Burt,

We encourage you to sign up right away, as these series fill up very quickly! Cost reflects both per-person admission and bus fee for the show. The Walnut Street Theatre's 2022-2023 Season includes the following shows:

Thursday 2/2/23 & Saturday 2/4/23 – Neil Simon's *Last of the Red Hot Lovers*

Thursday 3/9/23 & Saturday 3/11/23 – Tennessee Williams' *Cat on a Hot Tin Roof*

Thursday 4/20/23 & Saturday 4/22/23 – Jimmy Buffet's *Escape to Margaritaville*

(continued)



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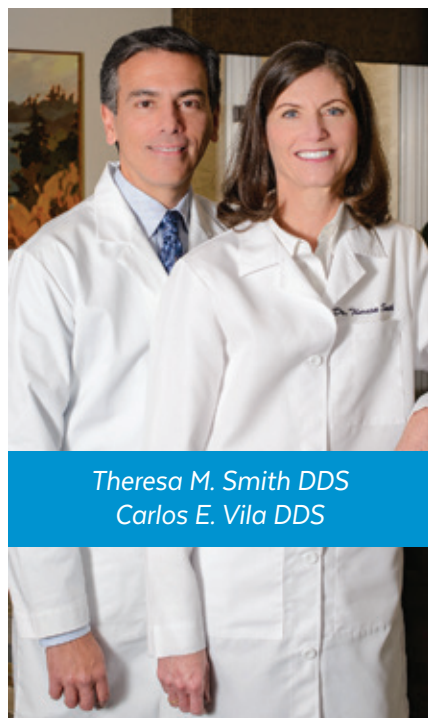
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Bus Trips (continued)

NOTES:

1. Prior to making payment, anyone who wishes to participate in a bus trip must first call the contact person to ensure that there is still room on the bus.
2. All bus riders must be age 18 or older unless otherwise noted in the trip write-up.
3. Following current CDC guidelines at the time of this writing (November 2022), passengers are no longer required to wear masks while riding on the Hershey's Mill bus.
4. Trip payment checks should be made payable to 'HERSHEY'S MILL HOA,' sealed in an envelope (noting trip name and date) and placed in the maroon 'Customer Service' mailbox next to the Security Center in the exit lane at the Main Gate.
5. Refunds are only granted if (1) the trip is canceled, or (2) the trip has a wait list from which another passenger can fill the vacated spot.
6. Bus leaves promptly at the scheduled Leave Time. Please plan to arrive at the Recreation Area parking lot 10 minutes early for boarding.
7. The Hershey's Mill Bus Committee is always looking for more volunteers to help share ideas and plan bus trips! If interested, call Marc Fraser at .
8. Hershey's Mill residents may rent the bus for their own private trips or functions. For more information, contact Marc Fraser at .



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Fun trip to Ocean City, NJ for the 'Earlier than the Bird' Christmas/Holiday Shopping Extravaganza.... followed by more shopping and browsing at Smithville Village! A fun day! Photo by MaryAnn McCarry

Maria Edwards | Ulster

HAPPY NEW YEAR 2023! It's a new year for adventures, getting back to the gym, doing something new for the first time, taking that trip that you put off, or just getting back to basics. Many of you are off to sunny places, while others are hunkering down enjoying the delights the cold weather brings, the beauty of that first snow, and sitting by the fire. At least you don't have to shovel it! How ever you spend this month, enjoy it!!

The club will be closed for the month of January as the staff prepares for the upcoming season. We will reopen on Friday, February 10, for lunch and dinner. Valentine's Day dinner will be served on Saturday, February 11. Lunch and dinner will be served Fridays and Saturdays through February, and the club will operate on a normal schedule starting in March. Stay tuned for details.

Stay safe and have a healthy, HAPPY NEW YEAR!



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Am I Just Sad or Is It Depression?

Frances Waldron | Chatham

Life has its up and downs, and everyone feels sad at times. When the down times last more than two weeks and affect our interests, interactions, and activities, depression is a possibility.

Depression is a mood disorder, not a moral failing. It can be caused by medication interactions, stressful events (such as the death of a loved one), coping with physical illness, or hormone imbalances. It is NOT a natural part of aging.

Generally, sadness is not the major complaint. Symptoms may include:

- Persistent anxiety or 'empty' mood
- Feeling hopeless, guilty, worthless, or helpless
- Irritability or restlessness
- Loss of interest in once-pleasurable activities
- Decreased energy or fatigue
- Moving or talking more slowly
- Difficulty concentrating, remembering, or making decisions
- Difficulty sleeping, waking up too early, or oversleeping
- Eating more or less than normal, usually with unplanned weight gain or loss
- Thoughts of death or suicide

There are many ways to treat depression. Most cases can be treated with medication and talk therapy. Treatment may not be 'once and done,' but may be necessary for months or even years.

If you or a loved one are experiencing signs of depression, tell someone. Start with your primary care doctor, who may screen for depression, treat you with medication, or refer you to

Depression is a mood disorder, not a moral failing. It can be caused by medication interactions, stressful events (such as the death of a loved one), coping with physical illness, or hormone imbalances. It is NOT a natural part of aging.

another physician or a counselor. If you're afraid to speak up, enlist the help of a family member or friend. Get them to make the appointment and/or go with you.

If you are the friend noticing symptoms in someone else, ask how they are feeling, and pursue it beyond, "Oh, I'm fine." Tell them what you are observing. Frequently, that will help the depressed person to open up and admit that all is not well. Recognizing

the condition is the first step toward healing. Don't tell them to 'cheer up' or try to talk them out of how they feel. Do offer to engage in activities they enjoy, such as taking a walk.

Depression is not always alleviated on the first try. If your medication isn't working, tell your prescriber. A dosage adjustment or a different medication may be needed. A multi-

pronged approach may be necessary, including lifestyle changes, dietary modifications, and talk therapy.

Treatment is usually covered by insurance. Some facilities treat patients on a sliding fee scale based on an individual's ability to pay.

Seek help if you're depressed. Don't let it steal a single day.



Change for Good

John Groch | Chatham

January is named after the Roman god Janus, the god of beginnings and endings, the past and the future, and transitions. Depicted as a head with two faces, he embodies a wise being who applies past lessons to build a better future. I remember being somewhat appalled when my sophomore year Latin teacher ridiculed Roman religion with its pantheon of colorful gods and goddesses. Even at that young age, I somehow sensed that this disrespect was uncalled for. Sure, we needn't replace our own personal religious faith with the mythological musings of ancient peoples. These beliefs are certainly untenable to us today, but somehow, we shouldn't 'throw the baby out with the bathwater,' only to miss out on the lessons inherent in the tenets of prior civilizations.

So, what lessons can we derive from Janus and his unique perspective on life and the passage of time? Perhaps his vision inspires balance and holism in our own views and consequent behavior. A sense of the big picture insists that the bad times may not be as bad as we think, and the good times may not be as good as we think, at least not for everyone out there. Mother Teresa captures this point in her teaching, "Some people come into your life as blessings, others come into your life as lessons." A holistic perspective on events and people



Janus Wikipedia

finds meaning in happenings both exhilarating and tragic.

Enlightened gardeners do not sit gloomily on their couches beside lit fireplaces lamenting the bitter cold and barrenness of their garden plots. Instead, they muse dreamily about the continuous, even frantic, activity taking place invisibly in the soil. The mulched leaves, other vegetable matter and horse manure placed generously in the garden just a month or two ago, is undergoing a dramatic change that few people in our highly-urbanized culture know, or perhaps worse, care to know. But microbial actors are busily munching away at the organic material available to them and miraculously transforming it into nutritionally-rich compost that will



help yield a wide variety of fruits and vegetables for gardeners' nourishment and enjoyment.

So, Janus, much maligned by my Latin teacher, continues to remind us of the wisdom of the ancients. Worshipped at harvest and planting times, as well as at marriages, deaths and other beginnings and transitions in life, this pagan figure beckons us to renew our respect for the natural world and its miraculous potential to nourish and sustain us. The next time you think that milk comes from the Wawa, don't forget about cows, grass, the sun and soil, and all the creatures that flourish and nourish secretly beneath our feet. Yes, think about it, throughout Janus' month!



Top photo - Snowy backyard
Bottom photo - Bamboo in snow
Photos by John Groch.

John Groch

Bruce Decker | Yardley

John Groch was born in England to Polish parents who had been forced by the Nazis to work a farm in Austria. Later, to avoid Soviet Communism in Poland, they migrated first to Italy, then England, and finally to the U.S., where they became caretakers of an estate near Frenchtown, NJ. The farming environment, in which John grew up, informs his current writing of 'Garden Reflections' in the *Guide and Digest*.

After long careers and years searching for a home for retirement, John, a teacher, and his wife Mer, a professional musician, came to live in Hershey's Mill. They were attracted to the natural beauty and welcoming environment of the Mill.

John's involvement with the *Guide and Digest* came unexpectedly. After he received a small plot in the community garden, he was approached by Jim DiCarlo to consider writing articles about the gardens. Twenty-seven articles

later, John continues to contribute articles. What began with reports on garden activities became the more philosophical Garden Reflections, a natural transition since John's background is in classical studies and philosophy. John also volunteers as a monitor of bluebird boxes in Chatham Village and other locations. He is also a member of the HM Woodshop and completes small repairs on furniture and other pieces.

Volunteering is a big part of life for John and Mer who have worked with the Nationalities Service Center in collaboration with St. Francis in the Fields Church's outreach program. This organization supports immigrants with resettlement and employment. Recently, the focus has been on Afghan refugees who had been working with the U.S in Afghanistan. The Grochs have set up apartments and held furniture drives in support of Afghans and other refugees.

John serves as President of the Chatham HOA. He considers this a

(continued)

good opportunity to get to know the residents of Chatham and to help with a variety of issues raised by residents.

John and Mer also take care of their two granddaughters, Clementine and Beatrix, three afternoons a week. They are thrilled that the girls live nearby in Malvern so they can help nurture another generation in their family.

John comes by outreach naturally. He attended a Catholic seminary high school, contemplating the priesthood. However, he decided on a secular life and became a teacher at Father Judge High School, then Archbishop Carroll High School, and finally St. Joseph's Preparatory School, where he spent the final 26 years of his

teaching career. He taught Latin, the history of Christianity, biblical studies, and bioethics. To raise their interest, he had his Latin students complete creative projects related to life in ancient Rome. One student built a catapult that worked much better than John had expected, leaving a permanent chip in the wall as a memorial to the student's skill.

Finally, John is a fly fisherman, taking inspiration from Isaac Walton who considered fly fishing second only to piety as a human pursuit. John learned that fishing is permitted in the pond beside Security as long as one is a resident and licensed. It doesn't get any better!



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AAUW – Advocating for Women and Girls

Janet Kane | Yardley

Who has been advocating for equity for women and girls for over 60 years in Chester County? The West Chester - Chester County branch of AAUW (American Association of University Women)!

Since its founding in 1881, AAUW has been recognized as a leader in advancing equity through education, advocacy, philanthropy, and research. The local branch and its members continue to fulfill this mission in many ways.

Building on 60 years of work in educational areas, branch members now support, for example, Girls

Exploring Tomorrow's Technology (GETT), Parents/Educators Exploring Technology (PETT), and provide an Alice Lawson Scholarship annually to a non-traditional female student over 25 years of age whose college education has been interrupted by employment, finances, and/or family obligations.

In the area of advocacy, they've worked on Speaking Out and Being Heard, supported the Chester County Women's Coalition, started the West Chester Recycling Center, continue to offer Pay Equity and Start Smart programs, and have an active Legislation and Public Policy Committee.

In philanthropy and research, members have worked with the Legal Aid Society of Southeastern PA, West Chester University Resource Pantry, Decade to Doorways Homeless Prevention, and continue to support charitable organizations such as the Chester County Fund for Women and Girls,

Black Women of Chester County in Action (BWCCA), Harriett Jarosh Environmental Education Fund, Laundromat Library League (donating children's books to laundromats), Home of the Sparrow, Community Warehouse Project, and Family Service of Chester County.

Monthly membership meetings, featuring stimulating speakers and programs, such as the upcoming Artificial Intelligence (January), Virtual Walking Tour of West Chester (February), and Diversity and Bayard Rustin (April), are also available via ZOOM. In addition, members enjoy fun and fellowship through prospective members

meetings, new members 'meet ups' and special interest groups such as trip and food interest groups, book groups, walkers, stitchers, bridge, Mah Jongg, and Great Decisions.

The West Chester - Chester County branch meets the second Wednesday of each month at Grove United Methodist Church, 490 West Boot Road, West Chester. Annual dues, which include membership in National and State AAUW, are \$94. Members must have earned an associate's degree or higher. If you are interested in joining the seven other HM residents in this vibrant organization, please contact Kim Glavin at .



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December 31 – January 16 (7:00 p.m. show January 16 will not be shown)				
Programs				
A Not Forgotten Odyssey <i>With Lynn Mander</i> The story of resident Lidia Manieri's parents, who were captured by the Russians at the beginning of WWII, their service in the Polish army, and immigration to the USA. Ends 10:45 a.m., 4:45 p.m., 7:45 p.m., 12:45 a.m.	10:00 a.m.	4:00 p.m.	7:00 p.m.	12:00 a.m.

Movies Noon & 8:30 p.m.	January 1-9 Coal Miner's Daughter (PG) (1980) <i>Sissy Spacek, Tommy Lee Jones</i> Compelling portrayal of country music legend Loretta Lynn. <i>(Run time 2:04)</i>
	January 9-16 The Secret Garden (G) (1993) <i>Kate Maberly, Maggie Smith</i> It's a special garden where friendships blossom, illnesses fade away, and sorrows flee. <i>(Run time 1:41)</i>

For **Programs and Movies**, go to NEW channel numbers **970 & 971** (Bulletin Board information appears only if neither is currently airing). Call HMCTV at **610-436-5922** if you **aren't able to receive** our TV channels. To view Programs online, go to www.hersheysmill.org and navigate from TV & Digest to HMCTV to Original Programming.

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January 17 – January 31 (7:00 p.m. show January 31 will not be shown)				
Programs				
A Course Called America <i>With Edie Taylor</i> Edie interviews Tom Coyne, an award-winning and New York Times best-selling author. They discuss his latest book, <i>A Course Called America</i> , where he describes playing golf in every state of the union, its joys, its agonies, and addictions, and its hold on golfers' souls. Ends 10:45 a.m., 4:45 p.m., 7:45 p.m., 12:45 a.m.	10:00 a.m.	4:00 p.m.	7:00 p.m.	12:00 a.m.

Movies Noon & 8:30 p.m.	January 16-24 Sully (PG-13) (2016) <i>Tom Hanks, Aaron Eckhart</i> The story of Chesley "Sully" Sullenberger, an American pilot who became a hero after landing his damaged plane on the Hudson River. <i>(Run time 1:36)</i>
	January 24-31 March of the Penguins (G) (2005) <i>Told by: Morgan Freeman</i> In the Antarctic, every March since the beginning of time, the quest begins to find the perfect mate and start a family. <i>(Run time 1:20)</i>

24 hours/day channel 971

12:45 a.m. - 10:00 a.m., 10:45 a.m. - Noon,
4:45 p.m. - 7:00 p.m., 7:45 p.m. - 8:30 p.m. on channel 970

Bulletin Board Times

IMPORTANT NOTE: To schedule rooms or ask any questions, please call the Community Center office at 610-436-6019.

January, 2023

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There are so many great changes happening at Riddle Village and we would love for you to be a part of it!



It has been an eventful time here at Riddle Village, and now that spring has arrived our residents are enjoying the newly enhanced courtyard, which features an expansive putting green and a new tranquil butterfly garden.



We recently celebrated the grand opening of our Thoroughbred Lounge. With this addition, our residents will now enjoy three restaurant options to dine in every night!



It is a great time to become part of the Riddle Village community and enjoy the excitement that is happening.



If you have been thinking about making a move, please reach out to learn more. We would love the opportunity to discuss your options and show you what is new at our community!



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Local History

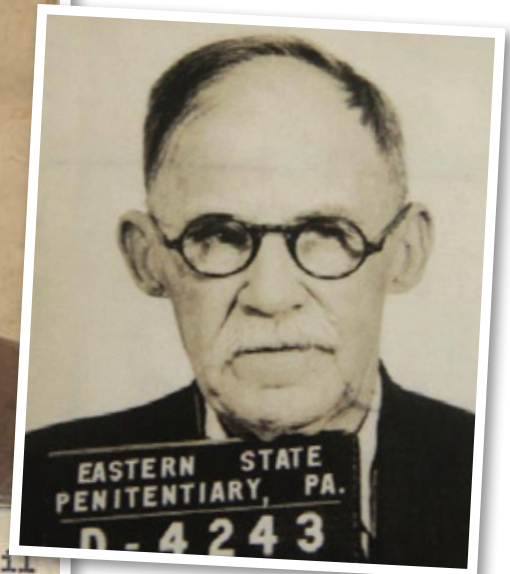
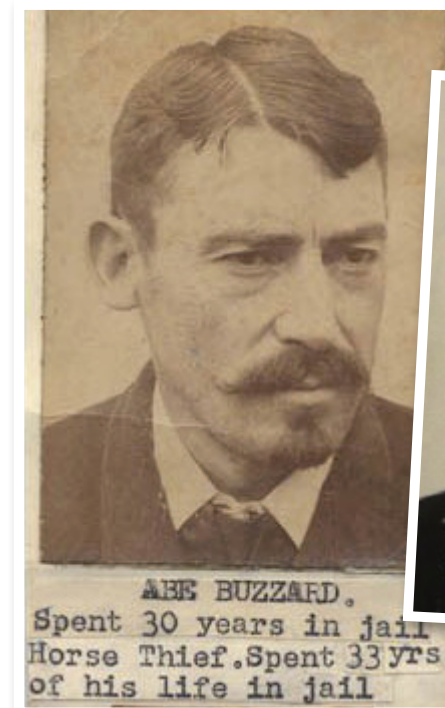
Buzzard Gang

Jeff Smith | Princeton

The most notorious outlaw gang in Chester County was the Johnston brothers, who terrorized southern Chester County in the 1970s. They began with minor thefts, but eventually gravitated to higher-profile thefts such as Andrew Wyeth's artwork and then eventually to homicides. In the late nineteenth and early twentieth centuries another gang of brothers terrorized Chester and Lancaster counties.

The aptly named Buzzard gang was led by Abe Buzzard and his brothers Ike and Joe. The three of them, along with an assortment of other rogues, terrorized the inhabitants around the Welsh Mountains that border Chester and Lancaster counties. Abe's father was killed in the Civil War, leaving his wife to raise nine children. Given the family's destitute financial circumstances, Abe's mother did not strongly object when the older boys began to steal chickens and horses, break into homes, and rob their

(continued)



Abe Buzzard and Joe Buzzard
Photos courtesy of LancasterHistory.org and LancasterOnline.com

Local History (continued)

neighbors. Gradually they moved into cracking safes, and robbing bars, stores, hotels, and trains. Over a span of forty-plus years, they were chased by posses, involved in shoot-outs with the law, and made multiple escapes from prison. Abe was helped in one prison escape by a canary which he had trained in jail to carry messages to Ike's and Joe's cell so they could plan their escape.

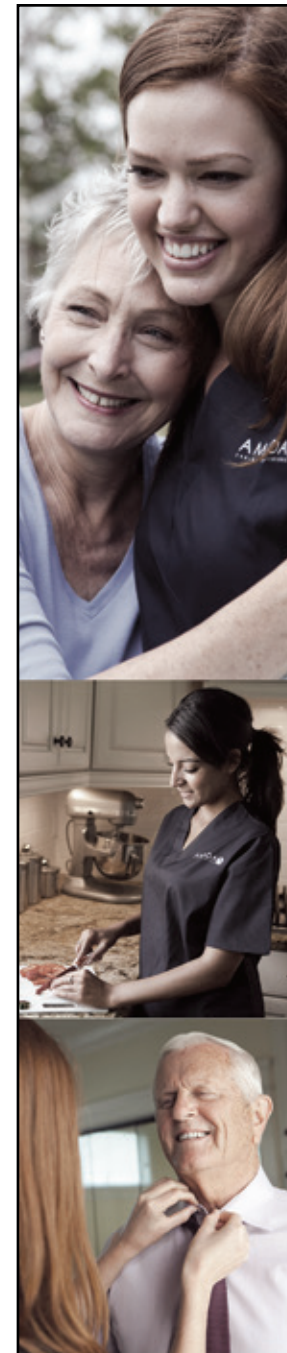
Given the family's destitute financial circumstances, Abe's mother did not strongly object when the older boys began to steal chickens and horses, break into homes, and rob their neighbors. Gradually they moved into cracking safes, and robbing bars, stores, hotels, and trains.

On the evening of their escape, Ike and Joe asked the lone guard to pass their caged canary over to Abe's cell. The guard unlocked Ike and Joe's cell door and took the canary across the corridor to Abe's cell and unlocked his cell door. Ike grabbed him, freed Abe, and locked the guard in Abe's cell before proceeding to free others who then helped themselves to weapons and clothing stored in other cells. Joe opted to remain in jail as he had only months left on his sentence. As the twelve escapees made it to the prison yard, they were

met by Bruno, the prison keeper's dog. Bruno was beaten by the men and died two weeks later, the only fatality of the escape. Seven of the twelve escapees, including Abe and Ike, were eventually recaptured. Ike had gotten as far as Davenport, Iowa before being captured in July of 1884, and Abe eventually turned himself in on June 3, 1885. Abe and Ike were sent to Eastern State Penitentiary in Philadelphia where they served out their sentences. Once freed, they continued their life of crime.

Abe was on trial many times in the Chester County courthouse. On one occasion, after he was released from jail, he had no money to take the trolley to Downingtown or the train fare to Honeybrook to get home. Being a resourceful criminal, he stole a horse and wagon which, of course, resulted in another jail term.

Finally freed in 1921, Abe went straight for a couple of years, but then stole chickens in West Chester in 1924 and was sent to the Eastern State Penitentiary where he died in 1935. He had spent over fifty of his eighty-five years in jail.



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A South Carolina Sand Lapper

Bronwyn Yocum | Kennett Way

What are the odds that a South Carolina native, a “Sand Lapper”, would adopt a cat from South Carolina here at The Mill? That is what happened to Frank Harrelson of Glenwood. Although his wife, Sandra, and daughter, Liz, went to the SPCA, it seemed like fate when they learned that the cat was originally from the Grand Strand SPCA in Myrtle Beach. Another “sand lapper”, just like Sandra’s husband. What sealed the deal was when Sandra heard the cat’s name, Peter, the name of an old friend who had married her good friend and who had recently passed away. How could she resist?

Peter has brought joy to the Harrelson’s. Frank feeds him, Sandra holds him and cuddles him, and Liz plays with him. At two years old, he is still a youngster. He does somersaults to entertain them, and he winks at Liz!

In the afternoons, Peter loves to stretch out on the enclosed porch, soaking up the sun. From there, he



can watch the chipmunk that runs back and forth outside the windows. When Sandra cannot make it to church on Sunday mornings,

she sits at her computer on the porch and zooms the service. Peter perches on the back of the chair right behind Sandra’s head. If he is not already on the porch, he runs out when he hears the organ music begin to play.

When he was first adopted, Sandra saw that he had scratch marks on his head and small bits missing from the edge of his ears. He is fully healed now, and the family and the cat have been a blessing to each other. When Peter first arrived at his new home, he ran into Liz’s room and hid. The family could not find him for two whole days. Now, he sits and waits for Liz to come home from work and sits outside her door in the morning waiting for her to get up.

Peter is not into many cat toys. He ignores stuffed mice and the laser beam. What he does like is chasing the end of a stick moving under a throw rug and chewing toilet paper rolls. He chews any paper if it is left on the floor. Sandra must caution people who are visiting not to set papers down where Peter can reach them, or they may become confetti!



The Harrelson family with Peter

Although Sandra decided to adopt a cat for her husband, who had lost a beloved cat years ago, Peter has turned out to be a blessing for the whole family. Smart, fun, and loving are the words that describe Peter.

Would you like your pet interviewed for Pet of the Month in the *Guide and Digest*? Give us a call (610-436-6429) or email editor@hmctvguide.com and we will call you for an appointment.



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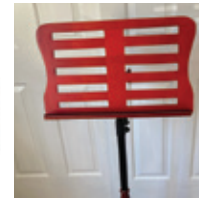
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Ad deadline is the 23rd, and ads run two months at no cost (due to lead time, an ad received on January 23 would start in the March edition, etc.). Please limit description to 30 words per item, and include pricing and contact information.

Ads are subject to review/editing. Send submission to editor@hmctvguide.com, attention editor, or place printed/typed copy in the HMCTV mailbox outside the building. You must be a HM resident to advertise.



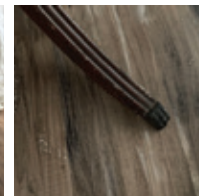
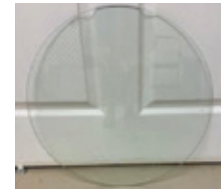
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Community Warehouse Project

Marie Knox | Merrifield

The Community Warehouse Project of Chester County is a nonprofit organization that acts as a furniture bank. They collect gently used furniture and household items and deliver them to identified families and veterans in need – free of charge. The clients are referred to them by the many agencies that help homeless people get housing. In 2022 they served 1,289 families, 329 veterans, gave out 1,210 beds, and worked with 61 partner agencies.

The Community Warehouse Project depends on people from the local community to volunteer and provide donations, including furniture, household goods, and funds. Free furniture is then provided to families and individuals who are financially unable to afford their own new or used furniture. The volunteers help collect and distribute the furniture and household goods. They also work with local social service agencies to identify people in need and distribute the furniture to them. CWP's goal is that every family and individual suffering from poverty or other hardships can live in a furnished home.

For donating furniture, there is a very simple process – donors go to www.communitywarehouseproject.com, fill out and submit a donation form with photos of the furniture items they wish to donate, and CWP approves or does not approve whatever that item

may be. CWP does not need photos of housewares.

There are staff/volunteers at the warehouse in West Chester on Tuesdays, Wednesdays, and Thursdays from 9:00 a.m. to Noon to accept donations, and every third Saturday of the month from 9:00 a.m. to 1:00 p.m. Appointments can be made to accommodate your schedule at other times if needed. CWP has a few volunteers who can arrange for donation pick up depending on what the item is and where it is located. Please note, the organization has a total of two employees, so they rely on volunteers to help with donation pick-ups. All furniture must be pre-approved first by CWP – donor must provide a photo of potential furniture donation before drop-off or pickup. They also require that the furniture be on the ground floor, garage, or outside for easy pickup.

How can I get involved?

Volunteer: CWP always needs help picking up donations. Please contact Stephanie at Donations@communitywarehouseproject.com or visit their Volunteer Page for more information.

Donate: You can drop off gently used household items or donate money via Paypal on the website www.communitywarehouseproject.com to help purchase new bed pillows, sheets, bath towels, and other items.

Please no used bed pillows.



Pamela Hudson | Eaton

Artichoke and Crab Dip

Ingredients

- 1 15-oz can artichoke hearts – chopped
- 16 oz crab meat
- 8 oz cream cheese
- 1 c mayonnaise
- 2 c grated parmesan cheese
- 10 oz frozen spinach – thawed and well drained

Instructions

Combine all ingredients and bake at 350° for 40 minutes. Serve with crackers.

Bull Dog Caviar

Ingredients

- 2 15-oz cans black-eyed peas – drained and rinsed
- 1 red bell pepper, finely chopped
- 1/2 c roasted red pepper, finely chopped
- 1/2 c red onion, finely chopped
- 1/2 c chopped cilantro
- 1 small tomato chopped
- 2 tbsp white wine vinegar
- 1 tbsp sugar
- 2 tsp brown mustard
- 2 cloves garlic, minced
- 1 tsp cumin

(continued)

Recipes (continued)

- 1/4 tsp salt
- 1/4 c olive oil

Instructions

In a large bowl combine black-eyed peas, red bell pepper, roasted red peppers, onion, cilantro, and tomato.

In a small bowl combine white wine vinegar, sugar, brown mustard, garlic, cumin, and salt. Whisk in the oil and pour over the bean mixture. Cover and refrigerate for two hours. Serve with Frito scoops.

Clam Dip

Ingredients

- 8 oz cream cheese
- 1 6-oz can chopped clams
- 1 tsp lemon juice
- 1 tsp curry powder

Instructions

Mix together and bake uncovered at 350° for 30 minutes. Serve with Frito scoops.

Coconut Curry Mussels

Ingredients

- 2 lbs mussels, cleaned and debearded
- 1 tbsp vegetable oil
- 1 yellow onion, chopped
- 1 good pinch chili flakes
- 3 tsp ginger, minced
- 1 1/2 tbsp curry powder
- 1/2 c chicken broth
- 1 can coconut milk
- pinch of salt
- 1 stalk lemongrass, chopped into four pieces and smashed
- chopped cilantro

Instructions

Soak the raw mussels in cold water, then de-beard: Place mussels in a bowl of cold water so the mussels will spit out any sand or mud. Let them sit for 10 minutes. Drain and repeat. Toss any mussels that are open as these are dead. Debeard the mussels, pulling out their byssal threads (aka: their 'beards') and place them in a bowl of cold water until ready to use.

Sauté the onions, chilis, ginger, and curry powder: Heat the oil in a pot (large enough to hold all of the mussels) on medium high heat, add the onion and stir

for a few minutes until they become soft and slightly translucent. Add the chilis, ginger, and curry powder and stir for a minute until fragrant.

Add the broth and reduce, then add coconut milk, salt, and lemongrass.

Add the mussels: Drain and add the mussels, reduce heat to medium and cover with a tight-fitting lid. Cook for 6 to 7 minutes until the mussels open.

Serve with Italian bread for dipping.

Dill Dip

Ingredients

- 8 oz sour cream
- 1/3 c mayonnaise
- 1 tbsp minced onion
- 1 tsp seasoned salt
- 1 tbsp dill

Instructions

Mix all together. Serve with cut vegetables.

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Janice Saunders | Eaton

Over the past months, we've received calls from new residents inquiring about Hershey's Mill Library. To our new residents, *Welcome*, and to those who have not yet stopped by to visit, please do. You will be pleasantly surprised.

Our Library, staffed by volunteers, is open Monday through Friday 10:00 a.m. to 2:00 p.m., and 10:00 a.m. to Noon on Saturday. Residents of Hershey's Mill and Wellington may check out books for a period of two or three weeks, depending on the length of the book. For HM residents, we ask for last name and house number, and for Wellington residents, we ask for last name and phone number. Because the library phone is for emergency use only, we cannot take renewal requests by phone, nor can we reserve a book that is already checked out. The library makes available, on the honor system, a supply of audio books and puzzles. We buy new books monthly, and we are currently working on the expansion of our large-print collection. We display our more recent acquisitions separately from our older books, and, just recently, we set up a display of new books that will rotate monthly.

Upcoming events

We will begin to accept book donations for our fall book sale in January 2023.

We will hold a puzzle sale in February, date to be announced.

In April, the Hershey's Mill Speakers Forum will feature Theresa Grentz, veteran women's collegiate basketball coach, who was recently elected to the Naismith Memorial Basketball Hall of Fame (Class of 2022). Event details to be announced.

NEW BOOKS

FICTION

Child, Lee - *No Plan B*
 DuBrul, Jack - *The Sea Wolves*
 Everett, Percival - *Dr. No*
 Gregory, Phillipa - *Dark Tides*
 Gregory, Phillipa - *Dawnlands*
 Keegan, Claire - *Foster*
 Martin, Alexa - *Better Than Fiction*
 McCarthy, Cormac - *The Passenger*
 Newman, Catherine - *We All Want Impossible Things*

Quick, Matthew - *We Are the Light*
 Scotch, Allison Winn - *The Rewind*

MYSTERY

Archer, Jeffrey - *Next in Line*
 Rhys Bowen - *Peril in Paris*
 Connelly, Michael - *Desert Star*
 Cornwell, Patricia - *Livid*
 Crais, Robert - *Racing the Light*
 Evanovich, Janet - *Going Rogue*
 Francis, Felix - *Hands Down*
 Horowitz, Anthony - *The Twist of a Knife*
 Margolin, Phillip - *Murder at Black Oaks*
 O'Connor, Carlene - *No Strangers Here*
 Paris, B. A. - *The Prisoner*
 Patterson, James - *Triple Cross*

Perry, Ann - *A Christmas Deliverance*
 Wurth, Erika - *White Horse*

NONFICTION

Basinger, Jeanine - *Hollywood: The Oral History*
 Brinkley, Douglas - *Silent Spring Revolution*
 Mufti, Shahan - *American Caliph*
BIOGRAPHY
 Graham, Lauren - *Have I Told You This Already?*
 Hill, Clint - *My Travels with Mrs. Kennedy*
 Morton, Andrew - *The Queen*
 Obama, Michelle - *The Light We Carry*
 Schiff, Stacy - *The Revolutionary Samuel Adams*

Mon. to Fri.
 10 a.m. – 2 p.m.
 Saturday
 10 a.m. – Noon

HM Library contact:
 Angela Linden
 610-696-5374

www.hmlibrary.com

Questionable

Scott Burkhart | Inverness



Another New Year is upon us. Rather than make unkeepable resolutions, I want to ponder a plethora of questions that I thought about in 2022. My questions are:

Why do gas stations post their prices \$3.99 9/10? Do they think people won't pay \$4.00 a gallon but will fill up if they can save a penny for a \$40 purchase?

Were our smoke detector batteries made to run out of power only in the middle of the night, or am I the only one fumbling in the dark to remove the battery so I can try to get back to sleep?

Why does my phone only ring when I'm taking a shower or am just far enough away so that I miss answering it by a millisecond or less?

Am I the only one that resents PECO comparing my energy use to that of my neighbors?

Toilet paper comes in packs of four or

more. I recently saw a man buy a single roll. Do you think he is trying to quit?

I like our SLOW TURTLE CROSSING signs. Do we have a sign for our speedier or more intelligent turtles?

Is it ok for me to use the address stickers sent to me by charities to which I don't give money?

Do the charities that send me a nickel with their requests for money think I'm using them as a long-term investment?

I see street signs that say NO PARKING ANYTIME. Does this sign really need the word ANYTIME?

Where I come from, we have SPEED BUMPS. Here we have SPEED HUMPS. Is there a difference?

Animal references to hair such as ponytail or pigtails are easy to see. Cowlicks on the other hand make me wonder: did cows lick the back of the head of a person who was milking them and make their hair stand straight up? Does anyone remember Alfalfa?

Why do medicine advertisements tell you not to take their product if you are allergic to it? How would you know unless you take it?

Medicine commercials also tell you to ask your doctor if their medicine is right for you. Should I switch doctors if I must prescribe my own medicine?

Why is it that when the cameras are on baseball managers or players in the dugout they are always spitting? How gross do you think that dugout is?

Do you think people that call spaghetti sauce gravy are just being uppity?

Why do people in Planet Fitness take up a machine to use their cellphone? Do they get better reception there, or do they just think it is a perfect place for thumb exercises?

Do you say thank-you when someone holds a door open for you or give a little wave when another driver gives you room to enter traffic? Do you expect the same when you do it for someone else?

And finally, should I be worried because my bank's ATM ran out of money?

To everyone reading this story,
HAPPY NEW YEAR...
Any questions?

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Windows Updates

Don Trauger | Kennett

Normally Microsoft issues new updates on the second Tuesday of each month. These typically consist of security and quality updates as well as bug fixes. For the rest of the month, they continue to refine those updates, if necessary, by issuing 'out-of-band Microsoft updates.' These types of updates are special patches for an urgent issue that needs immediate attention.

Because Windows 10 and 11 updates are cumulative, installing an update is an all-or-nothing step. There is no way to install some components of the update without installing all of it. Depending on where the underlying problem resides, Microsoft will use either an out-of-band update or a 'Known Issue Rollback' to introduce a fix to the system. Let's explore both of these methods.

Out-of-Band Updates

Recently we've seen a bumper crop of out-of-band updates fixing issues introduced with previous patch releases, such as Microsoft OneDrive stops working. This can occur after you unlink your device, stop syncing, or sign out of your account. Unfortunately, these out-of-band updates are not pushed out via Windows Update or Windows Software Update Services (WSUS). You have to manually download and install them on all your systems.

To find out about known issues with updates, start with the **Windows**



release health dashboard. This dashboard lists issues with Windows updates that it are documented or being investigated, along with instructions for mitigating the issues, if available.

Unfortunately, sometimes the Preview updates themselves cause problems. These 'Preview' updates are listed separately within Windows Update and are not installed automatically. However, they may be rolled into the following month's updates. Avoid manually installing Preview updates as there may be problems with them. Simply wait for those to be part of next month's updates.

Known Issue Rollbacks

There are times, however, when side effects can be fixed with a process called **Known Issue Rollback (KIR)**, a methodology Microsoft developed to remove offending parts of a patch without mandating that you uninstall the entire update. When the code that triggered the side effect can be

(continued)



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removed from the system without reintroducing a security issue, Microsoft issues a KIR.

The **Windows release health dashboard** offers answers if a side effect you are experiencing has been noted and documented. When issues are widespread, they will be documented on this site. For those issues that are outliers, you often have to dig a bit more. For example, there are many other pieces of software that update on your computer around the same time that Windows security updates are installed. If you should suddenly notice issues with your computer, **don't just assume the issue is caused by a Microsoft update; there may be additional**

updates from other software that trigger issues.

Bottom line: changes to your operating system occur not only with the Windows Updates but also with browser, extension, and antivirus updates. On a regular basis, your system has changes made to it. Make sure you review the various resources and look out for any out-of-band fixes that Microsoft may be releasing. The bugs introduced by the monthly security updates may be fixed with another update. Before you uninstall an update, review the Windows release health dashboard to see if it's already been fixed with a rollback or an out-of-band update.

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Every Breath We Take

Lee Dastur | Quaker

We humans breathe in and out about 22,000 times every day, seizing the oxygen from the air to fuel our muscles and brains. But the air that we are breathing may be full of elements we can't use - chemicals, soot, and heavy-duty smog, which have been increasing exponentially around the globe for the last three hundred years.

The world's population is still growing - we're up to 8 billion people now! So, there's a need for more housing and food and transportation and goods. But producing and delivering all these things is taking a toll on the planet.

A surge in the population of London led to a shortage of firewood in the 1500's, causing citizens to begin heating their houses with coal. Then the Industrial Revolution occurred, and manufacturing shot up - along with increased pollution from many smokestacks. Finally, Londoners developed a passion for driving cars, spewing unfiltered exhaust into increasingly-hazy air.

The situation came to a head in 1952, when a dense smog settled over the city. Ambulances could not navigate the dark streets to answer frantic calls. At least 4,000 people died before the fog lifted. However, the Great Smog led to the passage of the world's first Clean Air Act, restricting the burning of coal and regulating emissions from factories and cars.

Nearly 20 years after that, the Cuyahoga River caught fire, generating

a fierce public outcry on our shores. This led to the establishment of our own EPA.

Rachel Carson, a native Pennsylvanian, had begun warning about growing pollution since the 1950's. Her *Silent Spring*, published in 1962, had been widely read, and was calling increased attention to the sobering state of our environment.

The world's population is still growing - we're up to 8 billion people now! So, there's a need for more housing and food and transportation and goods. But producing and delivering all these things is taking a toll on the planet.

At that point in time, acid rain was routinely destroying whole forests of trees. DDT was threatening the extinction of our national bird, and the ozone layer was thinning, releasing harmful ultraviolet radiation across the planet.

We've made important changes since then, but our country still generates the second-highest amount of pollution in the world, casting chemicals into the air which circle around the globe.

Air pollution can interfere with the process of photosynthesis in plants, diminishing our resupply of oxygen. It can lead to a variety of health issues

such as heart attacks, strokes, and asthma. It's a significant factor in as many as seven million deaths annually.

Our own Pennsylvania Constitution, adopted in 1873, declares that "The people have a right to clean air, pure water, and to the preservation of the natural, scenic, historic and esthetic values of the environment." (Section 127.)

Perhaps it is time for us to take a second look at that, and at "the

seventh generation principle" of the native Haudenosaunee. This principle required them to consider how their decisions might affect the future, down to the seventh generation.

We are developing renewable energy and cleaner fuels for cars. Still, the glaciers are melting and the planet is warming up. There is much work to do. Let's do it.

Our polluted world *Illustration by Lee Dastur*



Getting a Ton of New Credit Card Offers? Here's What You Need to Do.

Stop Unsolicited Credit Card Offers from Flooding Your Mailbox. Not only do we need to be cautious about having too much credit, but unsolicited offers coming through the mail can be 'hijacked' anywhere along the line. Skilled 'Identity Thieves' know how to use these offers to their advantage, and you get the bill.

Two Steps

The first step to stop unsolicited credit card offers is to go to **OptOutPrescreen.com** and fill out a form to opt out of receiving such mail. OptOutPrescreen.com

tells the credit issuers and the credit bureaus that you don't want these solicitations. Inputting your information on this website should eliminate about 90 per cent of the solicitations.

Note that OptOutPrescreen does require you to disclose some personal information such as your social security number. Although in most cases social security numbers should not be given out, in this case it is necessary, as the credit-reporting system works on these numbers.



The second step to protect your credit and potentially prevent identity theft is to 'freeze your credit.' Freezing your credit is a free service, and unfreezing your credit for three days or longer is easy to do, when needed. These freezes prevent fraudulent accounts from being opened in your

The second step to protect your credit and potentially prevent identity theft is to 'freeze your credit.' Freezing your credit is a free service, and unfreezing your credit for three days or longer is easy to do, when needed.

name because lenders can't access your credit reports or scores without your permission.

You will need to contact each of the credit reporting agencies to place security freezes on all your credit reports. When you place a security freeze on your credit reports, you will be assigned a personal identification number or PIN. You'll need that PIN to lift the security freeze in the future (something you'll need to do when you legitimately apply for credit).

Here are the phone numbers needed to freeze your credit reports:

Equifax	800-349-9960
Experian	888-397-3742
TransUnion	888-909-8872

When contacting the credit bureaus by phone, you will need to give them your full name, date of birth, address, phone number, and social security number. Additionally, they will likely ask you some security questions about your credit history to verify your identity.

Why You May Be Getting More Credit Card Offers These Days

Mass solicitations are part of a strategy that credit card companies use to obtain new customers. Banks make money from customers who tend to not pay their balances in full.

Three target markets are the most profitable for credit card companies:

- People who don't pay attention to interest rates.
- Big chargers who like rewards.
- Those who don't mind big annual fees.

In the last category, they are trying to get the 'mass affluent'—which, depending on how you define it, is the top 10 or 20 per cent of income owners in the country who like to travel – to sign up for the cards with hefty annual fees.

Final Thoughts

Remember the three target markets and avoid the ones with extremely high interest rates. And consider 'freezing' your credit for extra safety.

Basic Bridge

Walt Woerheide | Springton

In bridge, one occasionally hears the question, “why didn’t you return my lead?” It is best when this is said with a smile. At times, this question can be a prelude to a partnership breaking up. There are situations when not returning the opening lead is proper. For example, the dummy might be showing the top four honors of that suit. Another example is where a defender might hold a doubleton headed by the Ace and hopes his partner might have the King which could set up a ruff.

In today’s hand, South opens the higher ranking of his two four-card suits. North bids his five-card heart suit and South responds with one no-trump. As North has thirteen points and stoppers in both majors, he bids game in no-trump as the twenty-six points in the combined hands should be good for game. Note that they might have a game in diamonds, but that requires taking eleven tricks,

and the no-trump game only requires taking nine. Also, South could easily have rebid two clubs. In this case, North should still jump to three no-trump and now North would play the hand. If North were to play the hand, East would lead a club, and North would easily coast to ten tricks.

West has a flat hand and East never bid so there are no clues for the opening lead. As spades is the only suit not bid, West makes the traditional lead of fourth from his longest and strongest suit. It is ironic to call spades a strong suit! By serendipity he finds East with the Ace and King of spades. Although it might be tempting for East to return a club, that is not a promising lead because South likely has both honors, and the defenders would have to regain the lead twice more to run the clubs.

East should realize that the two of spades must be from a four-card suit. He sees three spades in his hand and

three in dummy, which means the declarer also has only three spades. If he returns the ten of spades, the dummy will win with the Queen, but if West ever gains the lead, he can play the fourth spade as a winner. East must ask himself what is the likelihood that West can gain the lead? Based on South’s bidding, what he sees in the dummy, and his own ten-point hand, he counts about thirty-six points, which means that West could have either an Ace, a King, or a Queen and a Jack. There is a chance West can regain the lead. If East does not return a spade, which only concedes a winner that declarer will eventually get, South makes ten tricks. If East returns the spade, West will eventually gain the lead with the Ace of hearts, take his good spade, and South is held to his game of nine tricks.

		<u>North</u>	
		♠QJ8	
		♥QJT93	
		♦AKT9	
		♣T	
		<u>West</u>	<u>East</u>
		♠5432	♠AKT
		♥A76	♥852
		♦854	♦63
		♣986	♣QJ742
		<u>South</u>	
		♠976	
		♥K4	
		♦QJ72	
		♣AK53	
Bidding:		<u>South</u>	<u>West</u> <u>North</u> <u>East</u>
		1♦	Pass 1♥ Pass
		1NT	Pass 3NT Pass
		Pass	Pass

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Bike Club at Bird-in-Hand in Lancaster County. Left to right: Pete Marcelli, Jannie Sirkin, Don Thompson, and Kim Thompson. Photo by Jeff Smith

BIKE CLUB

Jeff Smith | Princeton

Our 2022 ride schedule ended in September, but the warm weather extended through October and into early November so we were able to take another ride on November 2. Our Lancaster County ride in the vicinity of Bird-in-Hand that was scheduled for May 28 had been canceled because of rain, so with a beautiful day on November 2, we drove to Bird-in-Hand and embarked on a 15-mile ride through the Amish countryside. The roads were mostly flat with only an occasional uphill stretch. Since three of the riders were on electric bikes, the hills posed no challenge for them. After stopping for a break at an Amish health food store, we rode to the Bird-in-Hand Restaurant where we had lunch before returning to our starting point. It was a delightful ride and will be included again on next year's ride schedule.

BOWLING

Rosie Taylor | Princeton

The first half of the HM Bowling League is a memory, and the 2023 second half begins January 3. What does it have in store for us? Definitely more fun, high and low games/series, and 'red pin' Tuesday where the women bowlers have a shot of winning a free game if they get a strike or spare when the 'red pin' is the head pin. Men bowlers have the same opportunity except they need to roll a strike.

The 50/50 pot continues to grow each week giving us the opportunity to provide a luncheon hoagie spread fit for royalty! Many prizes like free games, slices of pizza, soda, Philly pretzels, and Million Dollar Chocolate bars continue to be awarded for all types of bowling accomplishments.

The second half 2023 roster is pretty much set however, we're always looking for subs to cover for regular bowlers should they need to miss a game or two, so sign up as a sub. If interested, please contact Jim and Carol Burnham at

or so they can put you on the roster.

May health and happiness be your constant companions in 2023. We look forward to seeing you.

The Hershey's Mill Bowling League – the BEST winter activity in Hershey's Mill!

PADDLE (PLATFORM TENNIS)

Joe Maranella | Eaton

Platform tennis (AKA paddle tennis) is back again! This sport is a great fall, winter, and early spring experience

for the racquet sports enthusiast. We offer Open Play to everyone who is interested regardless of skill level. The object is to have fun while learning and playing. We are very fortunate to have a certified paddle/tennis teaching pro to help you learn the game. Players may schedule their own games using Skedda, the Hershey's Mill court scheduling system. However, Open Play is available to all.

The current plan for Open Play is as follows: Monday through Saturday at 2:30 p.m. and Wednesday at 7:00 p.m. 'Under the Lights.'

You can visit the Paddle Tennis site to learn more about the sport at the following link. The rules and other important information about the sport can be found there. http://www.platformtennis.org/american_platform_tennis_association.htm

PICKLEBALL

Tom Fant | Yardley

One of the more advanced tactics in our game is called 'Stacking.' I will only advise it's use when serving in two situations:

- 1) The team consists of one left-handed player and one right-handed player.
- 2) One team member has a weak backhand.

What is 'stacking?' Both players from the same team will start off on the same side of the court at the serve and then will move to their traditional positions. The idea is to have the player with a weak backhand take more shots in the center court ('Main Street') with his/her forehand, while the partner with the stronger



backhand uses it in the center court. For a mixture of left-handed and right-handed players, it allows both players to be on the forehand in the center court. It prevents both players from being on the backhand in the center court on alternate serves. Stacking allows two players to play to their strengths and limits exposure to their non-strengths.

Stacking is typically a more advanced tactic. If you are using it as a beginner, make sure you are clear where you need to move to on the court to play after the serve.

TABLE TENNIS

Bob Schullery | Jefferson

Join us at the Community Center for Ping Pong/Table Tennis. We are above the library in the Ardmore room. Paddles are provided. As a group we meet Thursday, Saturday, and Sunday at 2:00 p.m. Friday is available for open play if you bring a partner. We also have a ball machine that you can use to practice without an opponent. Make an advanced reservation, and we will provide an instructor to run the machine.

Cold and wet weather is here, and we challenge outdoor sports participants to attend. Our paddles and balls are smaller than those you normally use for outdoor play, but we promise not to intimidate you!



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Activities Contacts

Art Group.....	Sara Hamilton.....
Billiards Club	Jim Short
Bingo.....	Hal Deal
Book Discussion Group	Carol Barkovsky
Bowling (Oct-Apr).....	Rosie Taylor
Bridge Groups: Fun Bridge.....	Kathy Martinides.....
Golf Club Tuesday Bridge	J.B. Smink
Golf Club Friday Bridge.....	John Marks
Social Club Party Bridge.....	Susan Hackstaff
Talking Bridge	Lisa Groff.....
Cards & Games	Jacki Germscheid
Caregivers Support Group	Robert Hughes
Chester County Hospital Auxiliary.....	Kate Lindsay
Cradle Stitchers	Donna Faunce.....
Exercise to DVDs.....	Barbara Scott.....
Games & Cards	Agnes O'Leary
Gardens (Community).....	Jim DiCarlo
HM Folk Song Circle	Lynne Urian
HM NEWS.....	Sherry Kane.....
Knitting Circle	Ruth Schick
Mah Jongg (Groff)	Lisa Groff.....
Mah Jongg (Tuesday)	Carol Poling
Men's Bible Study.....	Ken Mertz
Mermaid Book Club.....	Karen Smith.....
MerryMakers	hmmerrymakers@gmail.com
Nature Group	Christine McCormick.....
Paoli Hospital Auxiliary.....	Judy Molt.....
Photography Club	Carol Poling
Pinochle Club	Kate Lindsay
Poker Club	Mike Brindisi.....
Quilters.....	Diane King.....
Scrabble.....	Marie Knox
Singers (Hershey's Mill Singers).....	Dolores Manion.....
Social Club.....	Judith Dooling
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Sullivan House (FoSH).....	Elaine Becker
Table Tennis	Dave Kagan
The Players	Shauna Flynn.....

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