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GUIDE DIGEST





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Page 2 • June 2023 HersheysMill.org • Page 3 **Publisher**

Hershey's Mill Community TV

A fully self-supported nonprofit organization.

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HMCTV Guide and Digest

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All submissions welcomed; with rights retained by the owner. Send to editor@hmctvguide.com, Attention Editor. Hardcopy submissions are not accepted. Articles should be limited to 500 words (although others may be considered), and submitted as Word documents. Photographs should be high-resolution and saved as JPEG's. HMCTV determines suitability and has sole discretion to publish any submission. Submissions are due by the 23rd (37-40 days in advance of each edition) for possible inclusion (those received after will be reviewed for the next); contact the Editor for exceptions. Articles are subject to editing for space, clarity, and grammar. Information and opinions are those of the author, and may not reflect those of Hershey's Mill Community TV, its officers, or directors.



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Contents













Activities Calendar	38
Activities Contacts	73
Advertisers' Index	74
Basic Bridge	66
Bus Trips	26
Classifieds	53
Club News	14
Community News	12
Dining Out	44
From a HM Boomer	60
From the Main Gate	7
Garden Reflections	42
Getting to Know You	23
Health and Well Being	30
Hershey's Mill Golf Club	35
HMCTV Programming	40
Library	58
Local History	33
Nature Group Photo Contest	46
Pool News	18
Recipes	55
Residents Update	9
Sports Committee	68
Sullivan House	64
Tech Tips	51
Technology Committee	62
Volunteer of the Month	36

Cover photo: Blue Iris, Lindsey Davis, Yardley

Page 4 • June 2023
HersheysMill.org • Page 5



Marc Fraser | Director of Security

As the weather gets warmer, the Security Department begins to find an increasing number of instances of garage doors, front doors, car windows, trash doors, basement windows, etc. being left open (or ajar), especially after dark. While these actions may seem innocent enough, they invite potential burglars to take a closer look at choosing your and your neighbor's property as possible targets.

Although the Security Department works year-round to deter any type of criminal or mischievous activity within Hershey's Mill, we are also aware that this type of activity usually increases within the township during



the summer months; and we need your help in assisting our prevention efforts.

Therefore, the Hershey's Mill Security Department would like to urge residents to always secure your homes and vehicles.

Thank you for your assistance!



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Page 6 • June 2023 HersheysMill.org • Page 7

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Residents Update

Please pull this page out of the Guide and Digest to include it in your 2023 Resident Directory so you have the current information.

All updates must be made in person through Security. The only exception is email changes only which can be submitted via email to hmctv@comcast.net.

Dodge, John & Allison 232 Chatham Way

Geibel, Robert & Virginia 1044 Kennett Way

Libby, Douglas & Darcie 1253 Oakmont Lane

Mars, Susan 303 Devon Lane

McGinley, David & Cheryl & Jason 261 Chatham Way

Orlando, Richard & Jill & Jaime 1316 Robynwood Lane

Thies, Annette 1282 Robynwood Lane

Bennett, Pamela 68 Ashton Way

Brunnhoeffer, Joyce 1275 Robynwood Lane

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Page 8 • June 2023
HersheysMill.org • Page 9

Reduce Violence by Teaching Ethics to Kids

Don Evons | Princeton

How can we blame young people for being violent if they've never been taught the difference between right and wrong?

Too many schools have given up on teaching values, too many homes set bad examples, and traditional organizations, like Scouting and churches, are seeing participation declining. Kids are often left on their own to learn on the streets how to survive but not 'how to get along.'

A new program is emerging which teaches kids Right from Wrong by focusing on a simple code of ethics.

While it is still in its embryonic stage, Ethics for Kids is already showing promise. The program uses basic principles of Right and Wrong such as: Do unto others as you would have them do unto you, show honor and respect to others, self-worth, etc.

This program starts in preschool and runs through third grade, focusing on three audiences: students, teachers, and parents. The components of Ethics for Kids center around the concept of "Oneness" by Jeff Moses, which covers five basic components:

- 1) Respect for others
- 2) Honor your caregivers and teachers
- 3) Giving is more important than receiving
- 4) Controlling our own destiny
- 5) Perseverance is the key to success

While our nation stands paralyzed over issues like gun control, rampant crime, and homelessness, we see our children growing up in a state of chaos with no clear direction. If we want to see any change, we must move beyond symptomatic solutions and get back to *teaching basic values to the very young*. If we do not make the effort now, this generation of young people will only expand the existing level of violence and poverty.

As this curriculum moves forward in our kindergarten classes, we anticipate including books, videos, and programs for social media with interaction games such as Wordle. We have formed a 501C3 nonprofit corporation and invite you to join us. For more information contact Ethics for Kids at dtevons.de@gmail.com.



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Page 10 • June 2023
HersheysMill.org • Page 11

IGC CONCIERGE JEWELERS

IGC Concierge Jewelers will be in the Community Center from 9:00 a.m. to 5:00 p.m. providing a wide range of jewelry services. IGC will be there to purchase the following items: finished or broken gold, silver, or platinum jewelry items, gemstones, sterling silver flatware and sterling silver accessory pieces, fine timepieces such as Omega and Rolex (just to name a few brands), as well as gold or silver coins and vintage paper currency. With their state-of-the-art service center and superior craftsmen, they can expertly repair your fine jewelry and fine timepieces. They also repair fine mantel clocks, wall clocks, or grandfather clocks. Some minor repairs and some watch battery replacement can be done while you wait. The experts from IGC

will inspect your fine jewelry and fine timepieces free of charge.

Find extra money in your unwanted items. Complimentary coffee and doughnuts will be served. If you have any questions or wish to make an appointment, please contact IGC at (610) 876-6638. See you at the event!

IGC Concierge Jewelers will be in the Community Center from 9:00 a.m. to 5:00 p.m. on June 20, 2023.

LOOKING TO VOLUNTEER?

Bryn Mawr Rehab Hospital is looking for volunteers in a variety of areas, including their gift shop. Days and hours vary. If interested, we would love to hear from you. Please contact Yvonne Navarro-Brewer @ 484-546-5599 or email: Navarro-brewery@mlhs.org





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Page 12 • June 2023
HersheysMill.org • Page 13





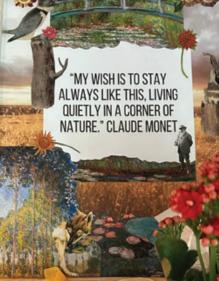


Photo captions from bottom, clockwise: Art Groups. Collage by Marlene Houston. Photos by Pam Mariani, Devonshire

HERSHEY'S MILL ART GROUP

Martha Hanson | Franklin

The HM Art Group would like to thank everyone who came to their April reception. A new exhibit, inspired by nature, was unveiled. It was a wonderful opportunity for our group to share its talents with the community. Thanks to our bartenders, Rich and Stu, and to all the group members who not only contributed their artwork but all that delicious food! If you would like to join this talented group, drop in at the Cove from 9:00 a.m. to Noon on Wednesdays. New members are welcome.

HERSHEY'S MILL BOOK CLUB

Carol Barkovsky | Eaton

The HM Book Club will meet on Thursday, June 8 in The Sullivan

House at 2:00 p.m. This month we will be discussing *The Reading List* by Sara Nisha Adams with Marie Knox leading the discussion.

Set in Wembley London: Mukesh is grieving the death of his wife, Naina. Not a reader himself, he finds Naina's library book, The Time Traveler's Wife, and reads it! The story speaks to him about his love for her. He returns the book to the library where he has a problematic encounter with 17-year-old Aleisha, a temporary worker, also not a reader. Aleisha is having her own difficulties caring for a sick mother and is not much help in recommending books until she finds a crumpled list of books that says: "Just in case you need it!" The list is comprised of: To Kill a Mockingbird, Rebecca, Life of Pi, and several others. Aleisha reads each book prior to

(continued)



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Page 14 • June 2023
HersheysMill.org • Page 15

Club News (continued)

recommending them to Mukesh, leading to a close relationship as they discuss each book.

This life-affirming novel pays homage to books, libraries, readers, and communities. We will also be setting up the calendar and list of books for the 2023-2024 year which begins on September 14. We do not meet in July or August. Please contact Carol Barkovsky at:

for more information.

HERSHEY'S MILL CAREGIVERS SUPPORT GROUP

Robert Hughes | Franklin

Leaving your Loved One alone can be stressful even for a short period of time. The use of a Security Camera system has helped several members of our HM Caregivers Support Group. The system sends video/ audio to your HM wi-fi, then to the internet, and then to your smart phone in real time. The system is activated by motion/sound at your home and sends an alert signal to your smart phone. You also can manually activate the system at any time with your phone. These camera systems are relatively inexpensive, as seen on Amazon.

The HM Caregivers Support Group provides a safe and caring forum for information-sharing and support for the Caregivers of Loved Ones with chronic conditions such as Dementia, Parkinson's, and other related diseases. The group meets every first Thursday of the month in the Paoli Room of The HM Community Center at 10:00 a.m. For further information call Robert Hughes at

HERSHEY'S MILL KNITTING CIRCLE

Ruth Schick | Chatham

Summer is here, and we will, weather permitting, be meeting at the pool. Look for our group knitting or crocheting and chatting under the roof-covered area to your left after stopping at the check-in table. If the weather is inclement, we will be in the Paoli Room at the Community Center. The HM Knitting Circle is comprised of handicrafters who enjoy each other's company while working on our projects. We welcome knitters, crocheters, and embroiderers, and meet on Thursdays from 1:00 to 3:00 p.m. For information about the HM Knitting Circle, contact Ruth Schick,

HERSHEY'S MILL NATURE CLUB NEWS

Christine McCormick | Ashton

The monarch butterflies will be arriving from the south to start a new generation. Watch for them on the native milkweed plants in the HM fields, the HMNG Native Plant Demonstration Garden, or even in your own garden. Then look more closely for the caterpillars feasting. The HM Native Plant Garden will be the site of the increasingly-popular changes of season Happy Hourswatch for the notice of the Summer Solstice event! Strollers are always welcome in the garden, and weeders are even more welcome—stop by on Tuesdays at 9:00 a.m. for social weeding or just chatting. Dawn White of the Indian Run Wildlife Center will visit Wooldridge Hall with a few surprise guests on

June 27 at 7:00 p.m. Take some photos of your own garden and enter the **HMNG Pollinator** Garden Contest for 2023. Photos of the bees, butterflies, hummingbirds, and the flowers they visit should be submitted to HersheysMillNature@ gmail.com for the 2023 photo contest. Clean your bird feeders and remember to change the water

in your birdbaths weekly! Links to the past HM Nature Group Zoom lectures and more are posted at



Monarch Larvae on Swamp Milkweed. Photo by Sam Blank, Ashton Village

hersheysmill.org/activities/hmng. Contact Christine at



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Page 16 • June 2023
HersheysMill.org • Page 17



Party season has begun at our beautiful pool. It's time to mark your calendar for some fun times with old, and perhaps some new, friends. So come on down, over, or up for an afternoon or evening of 'splash' times!

The pool opened on Saturday, May 27 at 10:30 a.m. DJ Wild Bill was there for dancing, singing, or toe-tapping to his great selection of tunes. Some folks even swam laps or dangled their feet from the side of the pool.

Friday evenings are designated Happy Hour evenings that begin at 5:00 p.m. and go until....? Bring your own food and BYOB to all Happy Hours. Remember: For your safety, no glass or ceramic items are permitted.

Friday, June 9 is GAME NIGHT. Get a group together, bring your favorite game, then come and enjoy a fun night out at the pool. Lisa Groff will be there again to share and teach some new games.

On Friday, June 16, the FOLK SONG CIRCLE musicians will perform and entertain you. You might enjoy singing along to their great music. Toe-tapping and hand clapping are permitted as well! Rain date is June 23.

Wednesday, June 21 is GIRLS' NIGHT OUT. Rain date is Thursday, June 22. We're restoring this event for

only the ladies who live in The Mill. Participants will have to sign up in advance. The first 175 women who sign up will be involved. A wait list will also be available. The sign-up sheet will be at the pool desk where you enter the pool. Beginning at 5:30 p.m. all people who haven't signed up will be asked to leave the pool and pool area for this special event. The activities included are water volleyball with Terese Judkins and bingo with Hal Deal and Pat Phillips. A table will be located near the entrance for you to purchase bingo cards. That money becomes the cash prizes for those who win a bingo game. Cards cost \$3 each, so bring your cash to play and win! Dessert will be sponsored by the Wagner Group of Compass Real Estate. Participants must go into the Cove to get the delicious treats to enjoy! Don't want to play volleyball or bingo? You can just come and sit by the pool, swim, read a book, or chat with friends.

On Friday, June 30 our first Moonlight Swim will occur when the pool is kept open until 9:00 p.m. Come try it.

Looking ahead...on Tuesday, July 4, DI Steve will be there in late afternoon for all to enjoy. For more information,



Dear Hershey Mill Pool Patrons,

I am thrilled to announce that I will be returning as your Pool Manager for another wonderful summer season. As always, our top priority is to ensure that everyone has a safe and enjoyable experience while at the pool.

In order to achieve this, I would like to remind everyone of a few important rules. First, the pool is open daily from 10:30 a.m. to 7:30 p.m., with a request from our lifeguards to clear the pool area at 7:15 p.m. and to exit the club by 7:30 p.m. Additionally, we welcome children every day from Noon to 5 p.m., and we kindly ask that parents or guardians explain the rules to them and keep a close eye on them while they are in the pool area. All children must be out of the club, not just the pool, by 5:00 p.m.

Please note that for everyone's safety, no glass or ceramic items are allowed in the pool area at any time.

My staff and I cannot wait to see familiar faces and welcome newcomers to our Hershey's Mill Pool community. We are committed to making this a summer to remember. If you have any questions or concerns, please don't hesitate to reach out to me or one of my team members.

Sincerely, Tim McElhiney, Hershey's Mill Pool Manager

check the bulletin boards at the pool, in the Cove, and the Community Center.

Other special events for the season are:

Friday, July 14, Moonlight Swim until 9:00 p.m.

Friday, July 28, Root Beer Float Night. Friday, August 11, Moonlight Swim until 9:00 p.m.

Friday, August 18, Dive-in Movie Night at dusk.

Friday, September 1, DJ Steve.

So, mark your calendar now.

A Book Lending Library has been set up in the Cove for pool users to share their books and choose a book to read. This program, sponsored by the Pool Committee, had been quite successful in past summers.

Safety upgrades are always ongoing at the pool. This year the area at the entrance gate has been improved with added blacktop to level the surface there. One of the pavement cement blocks was raised to prevent tripping and falling. New railings were placed at the steps going up to

(continued)

HersheysMill.org • Page 19 Page 18 • June 2023

Pool News (continued)

the wooden floor of the pavilion to prevent falling there. Ceiling fans will be installed in both pavilions to keep you comfortable on those hot sticky summer days.

As you can tell, the Pool Committee is working hard to make summer at the pool a more enjoyable and safe area for all to enjoy.











- #1 New railings for support up steps onto pavilion
- #2 Volleyball game played at Girls Night Out in the past
- #3 Books to share and borrow in Cove
- #4 Aquasize Class



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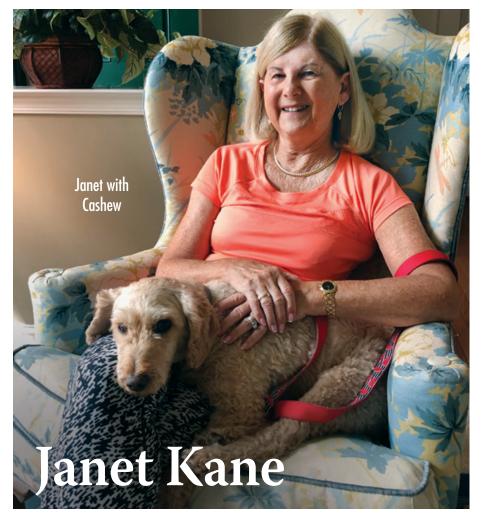
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Nora Liero | Merrifield

Janet Kane, a native of Glasgow, Scotland, moved to Yardley Village with her husband, Jim, in December 2021 from nearby Westtown Township. There is no trace of a brogue as we chat in her airy living room. Cashew, a sweet poodle mix, has fallen asleep on her lap. She says she speaks with an American accent except when her mother used to call her on the phone. Janet left Scotland at age seven, and the family moved frequently due to her father's career as a management consultant for an international company. They settled in Pittsburgh at the start of her high school years.

She notes her father was absolutely brilliant as he was multilingual and the youngest student to ever graduate

(continued)

Getting to Know You (continued)

from London University. It was his ability to interact with people and to manage his emotions that inspired her. Her mother was ahead of her time: she founded a typing and duplicating business in Scotland. Remember carbon paper? After leaving Scotland, she trained as a nursery schoolteacher and started several such schools of her own. Her mother was very influential in making sure Janet was career oriented.

Janet attended Goucher College in Maryland. She earned an MS in Special Education and Teaching and an EdD in Human Communication at Johns Hopkins University. While teaching in Baltimore, she met her husband Jim at a racquet club. She knew he was the one, she says, when

he opened the can of Coke he bought for her. They married in 1975. Janet served as a school psychologist for a local private school and began a 35-year career at Immaculata

Janet left Scotland at age seven, and the family moved frequently due to her father's career as a management consultant for an international company.

University, as a psychology professor and administrator. She retired from her last position as the Assistant VP of Academic Affairs and Dean of the

College of Graduate Studies. When asked what the most satisfying aspect of her time there was, she indicated it was her relationships with her peers, the faculty. She pointed out that that does not always happen when you go over to the dark side, which is how faculty traditionally refer to positions in administration.

Her mantra is to give back. This couple is anything but retired. Both are phone counselors with the PA MEDI program (Pennsylvania Medicare and Decision Insight), helping people understand their Medicare health insurance options. Janet recently served as a co-president for the West Chester chapter of the American Association of University Women, a nonprofit organization that

advances equity for women and girls. She is the current board chairman of Family Service of Chester County. a social services organization that focuses on access to counseling, youth services, and family programs. She also volunteers with Canine Partners for Life.

Jim and Janet play bridge with multiple clubs, love to travel, and eagerly await the summer months at their Rehoboth Beach home. This must be when she has time to read her favorite genre - murder mysteries with a creepy psychological twist. They particularly look forward to spending time with their two children and granddaughter Zuri. Janet wants to teach Zuri to love the beach and to love to read.





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Page 24 • June 2023 HersheysMill.org • Page 25

Bus Trips

Please remember that the Guide and Digest may not reflect the most current Bus Trip information. The HM News sent to each resident via E-mail and the bulletin board on Channel 971 will be the source of up-to-date information about the Bus Trips. You can also view the information on www.hersheysmill. org/activities/bustrips/.

The Barnes Foundation Thursday, June 1, 2023

Cost: \$85

Departs: 10:00 a.m. Contact: Priscilla Burt,

Join our visit to the Barnes Foundation for a docent-led tour of Dr. Albert Barnes amazing collection of impressionist, post-impressionist, and modern paintings, now celebrating its 100th anniversary. After the tour, we will have lunch in the Museum Dining Room, followed by free time in the Museum or Gift Shop. Lunch is included in the cost.

Ocean City, NJ - Grace Kelly High Tea at the Flanders Hotel Wednesday, June 7, 2023

Cost: \$80

Departs: 11:00 a.m.

Contact: Mary Ann McCarry,

Join us at the Flanders Hotel in Ocean City, NJ for the 'Grace Kelly High Tea.' From 2:00 to 4:00 p.m., we will be dining on elegant finger foods, small tea sandwiches, dessert, and tea while enjoying a presentation by Al Crescenzo (Ocean City Historical Museum Docent) on 'The Royal Wedding of Princess Grace and Prince Ranier.' This event benefits the Ocean

City Historical Museum, and you will have free time to stroll the town or boardwalk from 4:00 p.m. until the bus leaves at 5:00 p.m. to return to Hershey's Mill.

Philadelphia Phillies Friday, June 9, 2023 Cost: \$70 + Food Departs: 4:30 p.m. Contact: Marc Fraser,

Join us for an evening of baseball at Citizen's Bank Park, as we watch our Philadelphia Phillies take on the LA Dodgers in a 7:05 p.m. game. The seats are in Section 327, and food is on your own at one of the ballpark concessions. Fans age 15 and over receive a free Dick Allen Bobble Figurine. Call right away, as we expect our trips to see the Phillies this season to again sell out quickly! Children age 8+ are welcome.

Stone Harbor Thursday, June 15, 2023 Cost: \$30 + Meals Departs: 9:00 a.m. Contact: Joan Bove,

Enjoy a day on your own in the beautiful seaside town of Stone Harbor. With the Intercoastal Waterway to the west and the Atlantic Ocean to the east, visitors can enjoy peaceful beaches, a quaint downtown, and exceptional restaurants on this barrier island. The shopping district is home to a variety of boutiques and shops that offer seashore chic clothing, jewelry, gifts, and home decor. There is a wide variety of restaurants for lunch and dinner. NOTE: Rain date is Thursday, June 22, so be sure to mark your calendar for both dates.

Delaware Park

First Trip: Thursday, June 29, 2023 Second Trip: Thursday, July 27, 2023

Cost: \$20 + Lunch Departs: 10:00 a.m. Contact: Marge Bach,

Join us at Delaware Park for an exciting day at the races! Watch the horse racing or try your luck at slots and table games. \$20 free slots play is given to everyone on the bus. Lunch is on your own.

Fulton Theatre – *Grease* Wednesday, July 5, 2023

Cost: \$80 Departs: 12:15 p.m.

Contact: Mary Ann McCarry,

Join us at the Historic Fulton Theatre

as we go back to Rydell High with the Class of 1959! Poodle skirts, leather jackets, bobby socks, pedal pushers, and lots of fun! It is the love story of Danny Zuko and Sandy Dumbroski with lots of singing and dancing.

Lehigh Valley IronPigs & Fireworks Friday, July 14, 2023 Cost: \$35 + Food Departs: 5:00 p.m. Contact: Marc Fraser.

We will be traveling to Coca-Cola Park in Allentown to watch the Lehigh Valley IronPigs, AAA minor league affiliate of the Philadelphia Phillies, take on the Charlotte Knights for a 7:05 p.m. game. We have great field level seats in Section 107, and we will

(continued)



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Page 26 • June 2023
HersheysMill.org • Page 27

Bus Trips (continued)

enjoy a wonderful fireworks show after the game! Food is on your own at one of the many ballpark concessions, and your ticket includes a \$2 concession credit. Children age 8+ are welcome.

Dutch Apple Dinner Theatre – *Guys & Dolls*

Friday, August 11, 2023

Cost: \$85

Departs: 10:00 a.m. Contact: Grace Reed,

When Nathan Detroit needs money for his floating craps game, he turns to high-rolling gambler Sky Masterson. Nathan bets that Sky cannot get a date with a prim and proper missionary but ends up falling in love! From the bright lights of Broadway to the dance clubs of Havana, *Guys & Dolls* rolls the dice

on love with the showtunes, "Sit Down You're Rocking the Boat," "I Have Never Been in Love Before," and the show-stopping "Luck Be a Lady." The trip includes an all-you-can-eat buffet lunch with a full salad bar and a variety of entrees and desserts.

SERIES TRIPS

2023-2024 Walnut Street Theatre Series

Cost: \$285 (Series) or \$60 (Per Show)

Departs: 12:30 p.m.

Thursday Series Contact:

Jayne Lytle,

Saturday Series Contact: Priscilla Burt.

We encourage you to sign up right away, as these series fill up very quickly! Cost reflects both per-person

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admission and bus fee for all shows in the series. The Walnut Street Theatre's 2023-2024 Season includes the following shows for both series:

Thursday 10/26/232 & Saturday 10/28/23 - Elvis: A Musical Revolution

Thursday 12/14/23 & Saturday 12/16/23 - Disney's *Beauty and the Beast*

Thursday 2/1/24 & Saturday 2/3/24 - Edward Albee's *Who's Afraid of Virginia Woolf?*

Thursday 3/7/24 & Saturday 3/9/24 - *Groucho: A Life in Revue*

Thursday 4/18/24 & Saturday 4/20/24 - Beautiful: The Carole King Musical

NOTES:

- 1. Prior to making payment, anyone who wishes to participate in a bus trip must first call the contact person to ensure that there is still room on the bus.
- 2. All bus riders must be age 18 or older unless otherwise noted in the trip write-up.
- 3. Following current CDC guidelines, passengers riding on the Hershey's

Mill bus are not required to wear masks.

- 4. Trip payment checks should be made payable to 'HERSHEY'S MILL HOA,' sealed in an envelope (noting trip name and date) and placed in the maroon 'Customer Service' mailbox next to the Security Center in the exit lane at the Main Gate.
- 5. Refunds are only granted if (1) the trip is canceled, or (2) the trip has a wait list from which another passenger can fill the vacated spot.
- 6. Bus leaves promptly at the scheduled Leave Time. Please plan to arrive at the Recreation Area parking lot 10 minutes early for boarding.
- 7. The Hershey's Mill Bus Committee is always looking for more volunteers to help share ideas and plan bus trips! If interested, call Marc Fraser at
- 8. Hershey's Mill residents may rent the bus for their own private trips or functions. For more information, contact Marc Fraser at .

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Page 28 • June 2023
HersheysMill.org • Page 29

Glare Control & Sunglasses

Frances Waldron | Chatham

It's gonna be a bright, bright sunshiny day...but it is hurting my eyes!

Now that the weather is getting warmer, more of us will be spending time outdoors. While outdoor activities are good for us in many ways, sometimes it is just so bright outside that it is uncomfortable or even painful to our eyes because of the glare.

How can you effectively control sun glare? One way is to wear a cap or a

wide-brimmed hat. These steps not only protect your eyes from the sun, but also protect the skin on your face, head, neck, and ears. Another common solution is sunglasses, technically known as 'glare filters.' There are so many colors and other options to choose from, where do you start?

The first decision to make is the color of the lenses. Try several on, outside in the sun if possible. It is amazing how much brighter the sun is when you are outside than when you are

It's gonna be a bright, bright sunshiny day... but it is hurting my eyes!

looking out a window. Just like you know your favorite ice cream flavor, your eyes will 'know' what color is best. Does it stop the bright light from annoying you? Is it light enough you can still see curbs, steps, and uneven terrain? Can you still distinguish colors? There is no right or wrong color. It is a matter of personal preference.

The next decision is between polarized or non-polarized lenses. To make that decision, one must understand the difference between the two. Non-polarized lenses simply reduce the intensity of the light. Polarized lenses reduce glare by reducing reflected light. When light hits a surface, it is reflected at a horizontal angle. Polarization blocks the horizontal rays from entering the eye, while continuing to allow the vertical rays. Think about the light that is reflected off cars. With nonpolarized lenses, you will continue to see that glint of light. With polarized lenses, that flash is gone.

So, which is better? It depends on what you are doing. Sometimes you

need that flash of reflected light for safety reasons, such as when piloting an airplane, operating heavy machinery, or when skiing in icy conditions so you can see the ice better. Non-polarized lenses also work more easily on computer and cell phone screens. Polarized lenses work well for driving, being on the water, and other athletic activities. Polarized lenses tend to be a bit darker than non-polarized, so be sure to take that into account.

Style is also generally a matter of taste, but if you already wear glasses, there are a variety of sunglasses that will fit over your spectacles. Many of these offer top and side protection to provide better coverage and comfort.

No matter which you choose, be sure that the lenses are labeled as protecting against both UVA and UVB light.

Do not forget sunscreen!



Page 30 • June 2023
HersheysMill.org • Page 31

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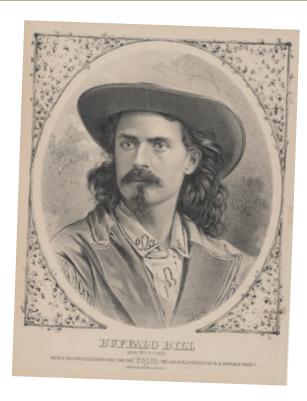
Buffalo Bill in Chester County

Jeff Smith | Princeton

Buffalo Bill Cody, Indian scout, Pony Express rider, buffalo hunter, and showman was born in the West, but spent time in West Chester. His mother was from Pennsylvania, having been born in the Germantown section of Philadelphia. Bill had an uncle in West Chester, who

he visited in 1872. He must have liked West Chester because the following year he purchased a home on Washington Street between Matlack and Walnut Streets. Bill lived here for two years while traveling with his Wild West Show in the East. Part of his show was a play titled Buffalo Bill, King of the Border Men and featured such luminaries as himself, Wild Bill Hickok, Texas Jack Omohundro, and scores of Indians. They rehearsed at Horticultural Hall, which is now part of the Chester County History Center on High Street, in preparation for the tour that included Philadelphia, New York City, and Baltimore.

In 1874, Bill moved his family back to the West and settled in Nebraska. He continued to visit West Chester



whenever he was in the area, an event eagerly anticipated by the residents. Once settled in Nebraska, Bill served as a guide for European tourists and hunters during the summers and went on the road with his Wild West Show during the winter months.

One of the cowhands employed by Buffalo Bill was Charles Trego. Charlie was from Honeybrook and was an excellent horseman and sharpshooter. At the age of thirty, he went west and found employment with Buffalo Bill taking care of the horses on his ranch. At this time, Bill was putting together a new show consisting of dramatic skits and circus acts. Charlie was invited to go along

(continued)

Local History (continued)

with the show, tend the animals, and occasionally perform in the skits. The new show was a remarkable success and played in venues like Madison Square Garden. In 1887 it went across the ocean for a European tour. To celebrate Queen Victoria's Jubilee, a stadium was built to hold twenty thousand spectators. The queen enjoyed the show so much, she requested a dedicated performance for three thousand diplomats that were invited to the jubilee.

In 1897, Charlie married a widow from Chester County and took her to the ranch out west. Not surprisingly, she was not happy in the West, and after thirteen years collaborating with Buffalo Bill, Charlie and his wife moved back to Chester County. About the same time, Bill began bringing animals to Chester County to train them in the fall for his shows. The animals were kept on local farms in Wagontown and later near Guthriesville for three to six months, and Charlie, once again, had a job caring for the animals.

Frederick Remington, the famous sculptor, attended one of the Wild West shows and was so inspired by Charles Trego's skills that he used Charlie as the model for his statue of a cowboy on horseback that was commissioned by the Fairmount Park Commission in Philadelphia. That statue, named *The Cowboy*, is on Kelly Drive near the Girard Avenue Bridge.



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Hershey's Mill Golf Club

Maria Edwards | Ulster

Summertime is here and we are in full swing! We began with a lovely Mother's Day Brunch and a fabulous Memorial Day BBQ. Our outdoor BBQ was a great time to get acquainted and reacquainted with friends and neighbors. There will be more BBQs to follow this summer. Stay tuned for details!

Who would like a free drink from the Club? I didn't think anyone would say 'no!' We are looking for those comment cards that are picked randomly at each House Committee meeting. If we can't read your name, we must pull another comment card. Please include your last name and date, legibly written.

Compensation and Tipping Policy

Over the years there has been an evolution in the tipping policy at HMGC. Originally discouraged, but now, because of the current economic times, it is encouraged. Over the last five years it has become more difficult to hire and maintain competent staffing in the dining areas of our club. Summer is no different, as we lose some staff to the call of living and working at the beach for the summer months of sun and fun.

In recognition of the fact that a growing number of members were tipping, management wanted to provide a way for this to be done more efficiently and allowing tipping to become essential in attracting and keeping competent staff. A 20% service charge is added to all food and beverage sales. This fee contributes to the employee payroll fund to subsidize

the hourly wages which are paid to restaurant wait staff. The gratuity is given at the discretion of a member or guest when receiving excellent service. This is very much appreciated by your service.



This is very much appreciated by your server and will only be a positive encouragement for continued excellent service at the Club.

Upcoming Events

June 4 – OUTDOOR CONCERT (rain date June 25). Watch for details.

TRIVIA NIGHT – Please continue to check E-mail notifications from Bill & Sherry Kane for dates on all future activities.



Page 34 • June 2023

Rosie Taylor

Bruce Decker | Yardley

Rosie came to the Guide and Digest in 2018 as a part-time volunteer, authoring monthly stories called for the Love of. When the current management retired and there was a real possibility that an issue might be missed, she and Kate Lindsey became the full-time volunteer staff. Shortly after, Marie Knox joined the team. They held an open house to recruit volunteers, and twenty-five new volunteers joined the staff. The influx of new and talented people allowed Rosie to eventually back away from her story-a-month pace to a more leisurely job as a writer when needed.

Besides the *Digest*, Rosie's stories have been published in *A Gift of Inspiration*, an Australian online journal. These publications encouraged her to publish her first *for the Love of...* book, which came out in April 2022. Her second book, *for the Love of... a Second Helping*, will soon be published.

Though her official job at the *Digest* was as a feature writer, in those early

days, she, Kate, and Marie and the other staffers did whatever had to be done to get an issue out. At any time, a volunteer might be an editor, a writer, or a coffee maker, but eventually, each person was better able to do just what his or her title implied. Fortunately, today when the crunch comes, there are many hands to get the job done.

Being part of something that helps the community is the primary reason she volunteers.

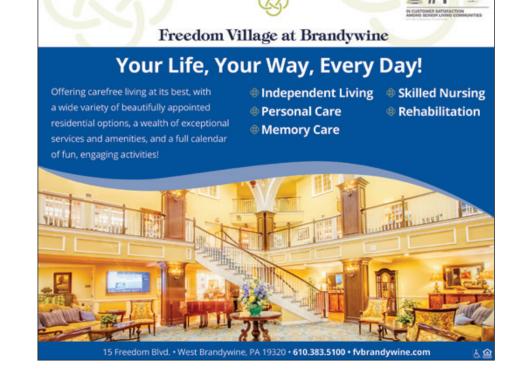
When asked why she liked working on the *Digest*, she said it was the people. She has learned a great deal about editing from the people with whom she works and is proud of what the *Digest* brings to The Mill community.

Being part of something that helps the community is the primary reason she volunteers. For three years Rosie was co-chair of the Princeton Village Social Committee. When

the pandemic hit, she recognized that people were then stuck in their homes. She started publishing a newsletter with inspirational articles, games, and funnies twice a month for everyone in Princeton Village. This distribution then spread to over two hundred people in other Villages as well as outside of The Mill. Rosie volunteers with the 9-Holer Golfers. the HM Chester County Hospital Auxiliary, and the Bowling League. She encourages everyone to come to at least one meeting of any activity group to see if they like it and would want to volunteer.

Rosie is from the South... South Philly that is. Her education from grade school through college was all nuns.

She began college in pre-med, then switched to microbiology. She worked at Jefferson Hospital, then married and deployed to Germany with her new soldier husband. Returning to the US, Rosie parted with her husband and went to work for AMP Special Industries, progressing through customer service, sales, and marketing. Later she became an International Marketing Director for a space systems company and then started her own business as a corporate and personal development trainer. That business took Rosie and her now husband Jeff around the world with companies of all sizes. After twenty-five years, they sold that company, started another, and moved to The Mill.





Page 36 • June 2023
HersheysMill.org • Page 37

Summer is here - enjoy the sun!

June, 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Color Legend:	Ardmore Room, CC	Malvern Room, CC	1		2 3
		Cove at Pool	Paoli Room, CC	10:00 am Caregivers	10:00 am Fun Bridge	
		H-CC Main Hall	Sullivan House	1:00 pm Knitting	10:00 am Quilters	
	One-Time Events:	See Digest Article	Pool	1:00 pm Card Games	2:00 pm Scrabble	
		& HM News Emails				
	For Sports times, please check	k Skedda at www.hersheysmill	hoa.skedda.com.			
	Please remember to call the C	ommunity Center Office to sch	edule a room - 610-436-6019.			
4	5	(7	8		9 10
	10:00 am Fun Bridge	1:00 pm Mah Jong	9:00 am Art Group	11:30 am Mermaid Book Club	10:00 am Fun Bridge	7:00 pm HM Singers
	1:00 pm Talking Bridge	1:00 pm Pinochle	12:30 pm Social Bridge	1:00 pm Knitting	10:00 am Quilters	Spring Concert
	1:00 pm Cards & Games	7:00 pm Singers Rehearsal	1:00 pm Groff Mah Jong	1:00 pm Card Games	2:00 pm Scrabble	Sts. Peter and Paul
				2:00 pm Book Disc. Group	5:00 pm Game Night	
11	12	13	14	15	1	6 17
3:00 pm HM Singers	10:00 am Photography Club	1:00 pm Mah Jong	9:00 am Art Group	1:00 pm Knitting	10:00 am Fun Bridge	
Spring Concert	10:00 am Fun Bridge	1:00 pm Pinochle	1:00 pm Groff Mah Jong	1:00 pm Card Games	10:00 am Quilters	
Sts. Peter and Paul	1:00 pm Talking Bridge			4:00 Sullivan House	2:00 pm Scrabble	
	1:00 pm Cards & Games			Open House	5:00 pm Folk Song Circle	
18	19	20	21	22	2	3 24
	10:00 am Fun Bridge	1:00 pm Mah Jong	9:00 am Art Group	1:00 pm Knitting	10:00 am Fun Bridge	
	1:00 pm Talking Bridge	1:00 pm Pinochle	12:30 pm Social Bridge	1:00 pm Card Games	10:00 am Quilters	
	1:00 pm Cards & Games		1:00 pm Groff Mah Jong	5:00 pm Girls' Night	2:00 pm Scrabble	
	7:00 pm Folk Song Circle		5:00 pm Girls' Night	(Raindate)	5:00 pm Folk Song Circle	
					(Raindate)	
25	26	27	28	29	3	o
	10:00 am Fun Bridge	1:00 pm Mah Jong	9:00 am Art Group	1:00 pm Knitting	10:00 am Fun Bridge	
i i			·	· · · · · · · · · · · · · · · · · · ·	•	
	1:00 pm Talking Bridge	1:00 pm Pinochle	1:00 pm Groff Mah Jong	1:00 pm Card Games	10:00 am Quilters	
	1:00 pm Talking Bridge 1:00 pm Cards & Games	1:00 pm Pinochle	1:00 pm Groff Mah Jong	1:00 pm Card Games	2:00 pm Scrabble	
		1:00 pm Pinochle	1:00 pm Groff Mah Jong	1:00 pm Card Games		
		1:00 pm Pinochle	1:00 pm Groff Mah Jong	1:00 pm Card Games	2:00 pm Scrabble	

Page 38 • June 2023

Community TV Programming

Programs	June 1 — June 15 (7:00 p.m. show June 15 will not be shown)			
Volunteer English Program in Chester Co. With Jerry Pizzola Jerry interviews Terry Marran and Cheryl Glasgow, HM residents and tutors for the Volunteer English Program in Chester County, a nonprofit which offers free one-to-one tutoring in English and helps immigrants from all over the world acclimate to living here in the US. VEP trains, matches, and supports tutors in their work with adult English language learners from all over the world. Ends 10:45 a.m., 4:45 p.m., 7:45 p.m., 12:45 a.m.	10:00	4:00	7:00	12:00
	a.m.	p.m.	p.m.	a.m.

Movies	June 1-8 Pride (PG) (2007) Terrence Howard, Bernie Mac Based on a true story, a coach starts a swim team at a neglected rec center in Philadelphia. (Run time 1:42)
	June 8-15 The Jazz Singer (PG) (1980) Neil Diamond, Lawrence Olivier The musically talented son of a Jewish cantor decides to seek pop music stardom in LA. (Run time 1:56)

For **Programs and Movies**, go to NEW channel numbers **970 & 971** (Bulletin Board information appears only if neither is currently airing). Call HMCTV at **610-436-5922** if you aren't able to receive our TV channels. To view Programs online, go to www.hersheysmill.org and navigate from TV & Digest to HMCTV to Original Programming.

HMCTV reserves the right to make program substitutions, and dates/times are subject to change. Opinions of hosts, guests, or advertisers shall not be construed as an endorsement by HMCTV. ©2020 HMCTV

Programs	(7:0	une 16 - 10 p.m. s will not b	how Jun	e 30
Today's Health: Knees With Edie Taylor Even if you are not playing sports on a regular basis, your knees can be injured. Dr. Gabe Kresge, Physical Therapist, will discuss common knee injuries and what you can do to prevent knee injuries in the future. He will discuss types of therapy and the importance of building strength. There is help, so tune in. Ends 10:45 a.m., 4:45 p.m., 7:45 p.m., 12:45 a.m.	10:00	4:00	7:00	12:00
	a.m.	p.m.	p.m.	a.m.

Movies
Noon
&
8:30 p.m.

June 15-23

Seven Years in Tibet (PG 13) (1997)

Brad Pitt, David Thewlis

The story of Heinrich Harrer, an Austrian mountain climber who became friends with the Dalai Lama at the time of China's takeover of Tibet. (Run time 2:16)

June 23-30

Born Free (PG) (1966)

Virginia McKenna, Bill Travers

The Story of George and Joy Adamson and the orphaned lion cub, Elsa, they adopt. (Run time 1:35m)

24 hours/day channel 971

12:45 a.m. - 10:00 a.m., 10:45 a.m. - Noon,

4:45 p.m. - 7:00 p.m., 7:45 p.m. - 8:30 p.m. on channel 970

Bulletin Board Times

IMPORTANT NOTE: To schedule rooms or ask any questions, please call the Community Center office at 610-436-6019.

Page 40 • June 2023 HersheysMill.org • Page 41

Balance

John Groch | Chatham

Have you ever wondered why so many couples choose June as their wedding month? Gardeners would be quick to point out that June usually provides ideal weather conditions for almost anything. It tends to be not too hot, nor too cold, not too dry, nor too wet. Plants that have sprouted from the warming soil of May now seem to explode in lush greenery. There's something about the balance in weather conditions that makes June such a luxurious month.

In these turbulent times of war. discord, and strife we yearn for stability, for homeostasis, defined as a stable equilibrium between interdependent elements. This term is often used in reference to our bodily well-being and includes a proper balance in diet, exercise, and mental health. Not a day goes by without exposure to the many secrets to maintaining a healthy mind, body, and spirit, especially in the E-mail bombardment that greets us every morning when we open our laptops. It's tempting, after checking the fiftieth E-mail, to just delete everything that isn't a personal communication. But it's wise to be alert for those occasional helpful messages that offer meaningful advice about finding proper balance in our lives.

One secret to gardening success is checking the soil's pH balance. Although most vegetables require

a neutral pH around 6.5, plants do differ in their ideal levels of acidity (0-7) or alkalinity (7+). Ideal pH levels affect plants by fostering root growth, mineral absorption, and beneficial microbial development. Proper pH and nutrient levels in soil can be maintained by amending the soil with

Creating balance in both our gardens and our lives calls for a good deal of attention and effort, but, in the end, the work is well worth it.

lime to raise pH and rotating crops to avoid depletion of specific nutrients when the same crop is planted in the same plot year after year.

While the technicalities of soil and plant science can be overwhelming, gardeners can find simple devices and techniques for maintaining ideal soil conditions. Creating balance in both our gardens and our lives calls for a good deal of attention and effort, but, in the end, the work is well worth it. Why not make a point of paying attention to June's equilibrium and enjoy the invigorating warmth and balance of the soothing days of June.

Photo captions clockwise from top: Beehives. A zucchini ready to flower. Daisies. Photos by John Groch







Page 42 • June 2023
HersheysMill.org • Page 43

Harry's Savoy Grill

Bill and Patricia Schultz | Chatham Way

We dined again at Harry's on Naaman's Road, near Rt. 261 in Delaware for a birthday lunch celebration. As with previous visits to Harry's, we were not disappointed in the least. The service was right on, timely, and courteous. And the food selections we made off the menu met our highest expectations.

Bill ordered 12 cherrystones on the 1/2 shell served over crushed ice on a bed of tasty seaweed. The clams were served with fresh horseradish and cocktail sauce which you could mix to your own level of tanginess. Patricia selected the turkey-rice soup. The soup included more veggies than rice, but she exclaimed it was hot and delicious.

For our main courses, we had a lobster roll on a toasted buttered long bun. Accompanying the roll were a large portion of nicely cut French fries. Patricia selected a large Caesar salad with a cup of English Breakfast tea.

Bill chose freshly brewed coffee as his beverage. Neither one of us had room for dessert but the choices were ample and very tempting.

Harry's has been in business for many decades and was originally The Admiral's Inn. It is a full 30 minutes

Harry's has been in business for many decades and was originally The Admiral's Inn. It is a full 30 minutes or so from HM but worth the trip.

or so from HM but worth the trip. The décor is warm and inviting with a large bar next to the spacious dining areas. For dinner, we suggest reservations are a must for most nights of the week. Be reminded that Harry's is in Delaware, so one saves the 6% sales tax.





Page 44 • June 2023
HersheysMill.org • Page 45



HERSHEY'S MILL NATURE GROUP PHOTO CONTEST

Residents submitted 300 photos in the 2022 photo contest highlighting the beauty and sometimes humor of the natural life in Hershey's Mill. From the howling (or yawning?) fox to close-up perspectives on our landscape, the photographers guide us to a deeper appreciation of the wonders of our special community. The 2022 winners in each of the five categories - Landscape, Birds, Mammals/Reptiles/Amphibians, Invertebrates (Bugs, Worms, etc.), and Plants are honored here and on the Nature Group website (hersheysmill.org/activities/hmng). I continue to be amazed that the most elusive subjects - birds - get the most attention. Take your camera on your walk and snap the posing flowers and vistas that you pass. Submit your work to hersheysmillnature@gmail.com. Throughout the year, the Nature Group website presents a seasonal photo gallery. *Digest* article illustrations and cover photos are drawn from our photo library.

There is plenty of opportunity to become a published photographer. *Start now.*

Christine McCormick | Ashton



HMNG Photo Contest (continued)

INVERTEBRATES Category

1ST PLACE Silver-spotted Skipper *Deb Charlesworth, Princeton*

2ND PLACE Hummingbird Moth *John Davis, Yardley*

3RD PLACE Cicada Gail Habbersett, Eaton



















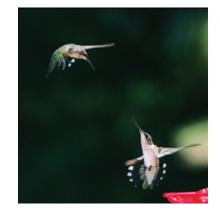
PLANTS Category

1ST PLACE Artist's Fungus
Mark Sperber, Heatherton

2ND PLACE Morning Glories
Deb Charlesworth, Princeton

3RD PLACE Blue Iris
Lindsey Davis, Yardley





BIRDS Category

1ST PLACE Ready to Fight
Bob Coldwell, Ulster

2ND PLACE Ducks Reflection
Barbara Small, Chatham



Page 48 • June 2023
HersheysMill.org • Page 49



MAMMALS/REPTILES/AMPHIBIANS Category

1ST PLACE Squirrel Allison Wolf, Yardley

2ND PLACE Fox Tarrissa Hockenberry, Ashton

3RD PLACE 2 Bucks Jerry Hopper, Quaker







AI (Artificial Intelligence) Can Crack Passwords

Don Trauger | Kennett

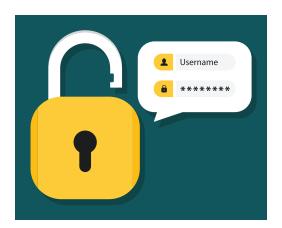
I'm sure you don't want to hear that, but it's true. This powerful new tool has demonstrated that it can crack passwords - not in days or weeks but in seconds. The test, run by a cybersecurity firm, used a special AI-driven tool. The tool managed to crack half the passwords fed to it in under a minute. Sixty five percent of the passwords were cracked in under an hour!

To circumvent this possibility, you need to use a password manager program to generate and save passwords. A password should have at least 20 random, unique characters created for each site where you need a password. Password managers will automatically create different passwords for each site you create in the program.

A free password manager program is KeePass. It will automatically generate a 20-character password without you getting involved in any complexities. You can download version 1.41 at https://keepass.info/download.html. (If you're a Mac user, version 2.53.1 is compatible.)

The KeePass download file will be in your downloads folder. Here are the steps you'll take next:

 Double click the KeePass download file to install it. An entry password is required to open the program.



- Once you open the program, choose a group name from the left side of the window.
- Click the plus sign next to General and choose Internet. Generally, web site entries use the Internet group.
- The fourth icon from the left in the top row of icons of the window should be the Add Entry icon. Click it to open the website window you wish to protect.
- Enter a Title name.
- After you've added two new entries, right click one of them and move to Rearrange, then click Sort List by Title. Continue the sorting for each new entry.

Increasing the strength of your Internet passwords will greatly reduce your chances of being hacked, and it will also reduce anxiety that you are doing enough regarding your Internet security.

Page 50 • June 2023
HersheysMill.org • Page 51

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Classifieds

Ad deadline is the 23rd, and ads run two months at no cost (due to lead time, an ad received on January 23 would start in the March edition, etc.). Please limit description to 30 words per item, and include pricing and contact information.

Ads are subject to review/editing. Send submission to editor@hmctvguide.com, attention editor, or place printed/typed copy in the HMCTV mailbox outside the building. You must be a HM resident to advertise.





FOR SALE: Vintage Vinyl Record Albums...various artists from country to opera. Email for list and prices. Contact







FOR SALE:

Great condition. Silver fox collar \$125, white fox collar \$75. mink collar \$50. Persian coat with mink collar (not pictured), can be repurposed, best offer. Please call and leave message



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WANTED: Fun Group (#4752196) Celebrity Cruise to S. Caribbean, February 12-22, 2024. Includes gratuities, WiFi, beverages. \$3,569 to \$4,585 double. \$450 pp refundable deposit until October 2023. Group cabin discount \$800 now. Rhonda to book. Info

WANTED: Hershey's Mill resident is seeking a driver for errands and appointments in her SUV. Will pay by the hour. Please call

WANTED: Garage rental to house classic car. Call

FREE: Treadmill, ProForm Cross Walk. Works, 10+ years old, multispeed, w/fan. Pickup in HM only. Please call or E-mail

HersheysMill.org • Page 53 Page 52 • June 2023



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Recipes

Pam Hudson | Eaton

Best Ribs Ever

Ingredients

- 1/4 c brown sugar
- 2 tbsp chili powder
- 1 tsp black pepper
- 1 tsp dried oregano
- 1/2 tsp cayenne pepper
- 1/2 tsp garlic powder
- 1/2 tsp onion powder
- 2 racks of baby back ribs
- 1 c low-sodium chicken broth
- 2 tbsp apple cider vinegar



Instructions

Combine brown sugar, chili powder, black pepper, oregano, cayenne, garlic powder, and onion powder in a small bowl and rub the mixture on both sides of the ribs. Cover and refrigerate for one hour or overnight.

Preheat oven to 250°.

In a roasting pan, combine broth and vinegar.

Add the ribs to the pan, cover with foil tightly.

Bake 2 hours.

Remove the ribs from the pan and place on a platter.

Preheat the outdoor grill to medium high.

Grill ribs about 5 minutes on both sides - until browned.

Cut the ribs between the bones and toss them in the barbeque sauce.

(continued)



Page 54 • June 2023
HersheysMill.org • Page 55

Chocolate Fondue with Strawberries

Ingredients

• 3 squares bakers (unsweetened) chocolate

- 1/2 c light cream
- 3/4 c sugar
- 3 tbsp butter
- 1/8 tsp salt
- 3/4 tsp vanilla

Instructions

Combine chocolate and cream over low heat – stir constantly until smooth.

Add sugar, butter, and salt, stirring constantly, for 3-5 minutes. Add vanilla.

Serve with strawberries.



S'Mores Muffins

Ingredients

- 1 c chocolate chips
- 1 c all-purpose flour
- 1 1/2 c graham cracker crumbs (about 15 graham crackers)
- 2 tsp baking powder
- 1/2 tsp salt
- 3/4 c sugar
- · 1 stick unsalted butter, melted
- 1/2 c whole milk
- 1 tsp vanilla



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- 2 large eggs
- 3/4 c marshmallow cream

Instructions

Preheat oven to 350°. Line a 12-muffin tin with papers.

Toss the chocolate chips with 2 tsp flour and set aside.

Whisk the remaining flour, graham cracker crumbs, baking powder, and salt in large bowl.

Whisk the sugar, melted butter, milk, vanilla, and eggs in a medium bowl until smooth.

Combine the egg mixture into the flour mixture; stir in the chocolate chips.

Divide the batter among the 12 cups.

Tap the pan on the counter to smooth out the batter.

Bake for 20-25 minutes - until a toothpick comes out clean.

Remove muffins from tin and cool completely.

Top each muffin with 1 tablespoon of marshmallow and let set for 10 minutes.



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Page 56 • June 2023
HersheysMill.org • Page 57

Janice Saunders | Eaton

The Library Board recently hosted a 'box-lunch' event at the Community Center to thank our volunteers for their service and support. We had 30 attendees at this appreciation luncheon. This event gave us a chance to visit with old acquaintances and meet others that are recent additions to our volunteer staff. Our volunteers staff the library, check out books, accept returns, and help those looking for authors and/or book titles. Our library could not function without our volunteers. This month, we added 38 new books to our library collection, and 8 of those are large print editions.

We continue to accept book donations for our annual book sale slated for September. Prior to the Saturday sale, the library hosts its annual Preview Wine and Cheese party at the Community Center. This popular event is open to all Friends of the Library and provides the attendees a chance to purchase our inventory in advance. If you are not already a Friend of the Library, please consider helping to support the library. There is an annual \$10 fee which entitles you to attend the preview. We appreciate your kind donations and support of our fundraising events.

The Maltese Iguana by Tim Dorsey

If you're looking for something light and funny for a summer read, this may be the book for you. Fans of Tim Dorsey and his protagonist Serge A. Storms will enjoy this latest Florida caper, the 26th in the Serge A. Storms series. After emerging from a long Covid-19 quarantine, Serge and his neighbors decide to hit the road

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HM Library contact: Angela Linden 610-696-53<u>74</u>

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weekly in a rented shuttle van and host bus tours which Serge calls the Florida Keys Underbelly Spy Tours. They become so popular he must move up from a rented shuttle van to a school bus. Meanwhile, a CIA revenge operation down in Honduras goes awry, and the CIA quickly sets up a black ops contractor to eliminate the only witness. The witness, who lands in Miami with a new identity and passport, soon takes evasive measures and travels south to the Florida Keys where he runs into Serge's convoy. (Summary from Goodreads and Kirkus.)

NEW BOOKS

FICTION

Baldacci, David – Simply Lies
Barry, Sebastian – Old God's Time
Berg, Elizabeth – Earth's the Right
Place for Love
Cleeton, Chanel – The Cuban Heiress
Deibel, Jennifer – The Maid of
Ballymacool
Dodd, Christina – Forget What You
Know
Dorsey, Tim – The Maltese Iguana

Dugoni, Robert - Her Deadly Game

France, Emily – *Daughter Dalloway*Frazier, Charles – *The Trackers*Green, Jocelyn – *The Metropolitan Affair*Helfer, Monika – *Last House Before*

Helfer, Monika – *Last House Before the Mountain*

Hepworth, Sally – *The Soul Mate* Hood, Joshua – *Robert Ludlum's The Treadstone Rendition*

Jenoff, Pam – Code Name Sapphire Joshi, Alka – The Perfumist of Paris Kelly, Martha Hall – The Golden Doves Labuskes, Brianna – The Librarian of Burned Books

Landsem, Stephanie – *Code Name Edelweiss*

Miranda, Megan — The Only Survivors Michaels, Fern — On the Line Morton, Kate — Homecoming Patterson, Susan — Things I Wish I Told My Mother Robson, Jennifer — Coronation Year

Sandford, John – Dark Angel Scottoline, Lisa – Loyalty Spence-Ash, Laura – Beyond That, the Sea

Walls, Jeannette – *Hang the Moon* Willig, Lauren – *Two Wars and a Wedding*

Winslow, Don – *City of Dreams*

MYSTERY

Bowen, Rhys – *All That is Hidden* Clark, Mary Higgins – *Where Are the Children Now?*

Deveraux, Jude – *My Heart Will Find You*

Perry, Anne – *The Fourth Enemy* Robinson, Peter – *Standing in the Shadows*

Thomas, Will – *Heart of the Nile* Winspear, Jacqueline – *The White Lady*

NONFICTION

Cooper, Anderson – *Vanderbilt* Desmond, Matthew – *Poverty, By America* Grann, David – *The Wager*

LARGE PRINT

Bennett, SJ – *All the Queen's Men* Horowitz, Anthony – *Moonflower Murders*

Kingsolver, Barbara – *Unsheltered* Kline, Christina Baker – *The Exiles* Shaara, Jeff – *The Eagle's Claw* Todd, Charles – *An Irish Hostage* Woolever, Laurie – *Bourdain*

READING ONE BOOK IS LIKE EATING ONE POTATO CHIP ...

- DIANE DUANE





Scott Burkhart | Inverness th

In March of 2020, I began writing stories under the banner FROM A HM BOOMER for the *Guide and Digest*. At that time, we Boomers were the largest living adult generation, 79 million strong. Thirty-six months and thirty-six stories later, the Millennials have bumped us out of the number one spot. They also write about us. One article inspired me to write this story. It was titled "10 Things Boomers Refuse to Let Go Of." Following is the list and whether I would hold on or let it go. Feel free to disagree:

1. *Going to the mall.* When I entered the army in 1970, there were no malls. However, when I was discharged, everyone would go there for shopping or hanging out. Malls made it easier to park and check out many stores rather

than to go into the city. Then Covid and Amazon gave me a reason to **let it** go. Not even the aroma of a Cinnabon can lure me back.

- 2. 24-hour news stations. Real news, fake news, it's all the same. The daily fires, shootings, hit-and-runs, political nonsense, it goes on and on. 24 hours? I let it go in under 24 minutes.
- 3. *Ironing creases in pants*. I don't own an iron. Need I say more? Let it go.
- 4. Inspirational quotes made into word art to display. There are quotes I find amusing. For example, here are two: "Don't let aging get you down. It's too hard to get back up." "The kitchen was clean last week, sorry you missed it." Do I want to see these hanging on my wall? Let it go.

- 5. *Home shopping channels like QVC*. Never watched, never will. **Let it go**.
- 6. *Paying bills by check*. I pay some of my bills by check and some by auto payment. It's easier for me to keep track of my checking account, but PECO kept mailing my bill late and then charging me late fees. So mostly I hold on.
- 7. *Landlines.* We at The Mill all have them. I would bet that most of us have cell phones too. One benefit is I don't have to search for it when it rings like I do many times when my cell phone rings. I will **hold on**.
- 8. *Writing in capital letters*. Being a teacher when we had chalk boards

instead of white boards or computers, I printed in capitals so everyone could see it. I still do when writing things down. This is a **hold on**.

- 9. *Fuzzy Toilet Seat Covers*. I've had padded toilet seats for extended reading time or a sore derriere but covering it up with a germ catcher is a definite **let it go**.
- 10. *Cruises.* By the time you read this I may be on my first cruise. If so, the fact that I'd be sailing with a beautiful lady is a no-brainer. HOLD ON!

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Page 60 • June 2023
HersheysMill.org • Page 61

Warning For Cell Phone Users: Do Not Use Public Charging Stations

As we travel for summer vacation, we may find ourselves in airports, train stations, coffee shops, computer hubs, or other public places that have 'public' charging stations. Our mobile phones are often our main source of communication and may be used for many other purposes when we are away from home. Being able to charge your cell phone while away is convenient, but that convenience can come with a cost if you're not careful.

The FBI recently sent a warning, alerting US phone users to the dangers of using public USB charging stations.

Watch out for this public charging station scam called 'juice jacking'

The FBI Denver Office recently posted on Twitter the following warning:

"Avoid using free charging stations in airports, hotels, or shopping centers. Bad actors have figured out ways to use public USB ports to introduce malware and monitoring software onto devices. Carry your own charger and USB cord and use an electrical outlet instead."

The FBI is referring to 'juice jacking.' Juice jacking is a scam that targets

Being able to charge
your cell phone while away
is convenient, but that
convenience can come with a
cost if you're not careful.

cell phone users taking advantage of public USB charging stations. While your phone is being charged, cybercriminals can either lock your phone or export personal data and passwords.

Our cell phones contain information about our lives and many times hold financial information that can allow scammers and hackers to target our finances. Scammers accessing information about your finances can have a devastating impact.

Here is how the scammers/hackers do it: On a 'public' charging station in an airport, coffee shop, train station, or any public area, scammers download malware through the USB cord they plug in. Then every time an unsuspecting person plugs in to that charging station, the scammers can steal information from the device by uploading malware that is spyware. This is not difficult for the scammers to do and is invisible to you.

How to avoid malware being downloaded on your cell phone and stay safe

In line with advice from the FBI and FCC, "Don't use public cell phone chargers," eliminate the possibility of uploading malware in a public area by carrying your own charger and charging cord. Plug your own charger and charging cord directly into an electrical outlet. Carry your own car charger when traveling.

Additional tips from the FCC:

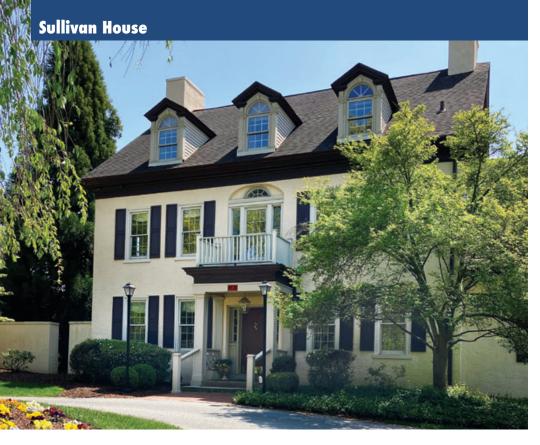
(https://www.fcc.gov/juice-jacking-dangers-public-usb-charging-stations)

- When traveling, carry your own USB cables with you.
- Bring an external battery for your cell phone.
- "Consider carrying a chargingonly cable, which prevents data from sending or receiving while charging, from a trusted supplier," the agency says.
- If you plug your device into a USB port and a prompt appears asking you to select "share data" or "charge only," always select "charge only."

Remember, hackers can target travelers and anyone using a 'public' charging station!



Page 62 • June 2023



Spring Open House

Judy Molt | Yardley

Spring is such a lovely and beautiful time in Hershey's Mill, especially at Sullivan House. Please join the Sullivan House Committee on Thursday, June 15 from 4:00 to 7:00 p.m. for the Sullivan House Springtime Open House. What a wonderful way to enjoy a late spring evening by spending time at the historic Sullivan House, taking in her historic beauty, bucolic gardens, sipping champagne punch, enjoying light fare while relaxing on the terraced patio visiting with old friends, meeting neighbors, and

making new friends. The grounds of Sullivan House are so alluring in the Spring, they will invite you to take a stroll to view the gardens as well as to sit and reflect in the Memory Garden that honors past members of the Committee. All residents attending will be eligible to win a free rental of Sullivan House for one personal use. Sullivan House is especially beautiful in June; come and take in all her splendor. Looking forward to welcoming you on June 15 to Sullivan House, Once Discovered, Never Forgotten.



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HersheysMill.org • Page 65 Page 64 • June 2023

Basic Bridge

Walt Woerheide | Springton

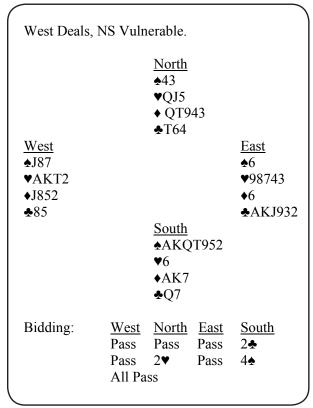
Highly distributional hands are tricky to bid. West and North are obvious passes, and in this case East also passes. With nine sure tricks, South could open with one spade, four spades, or two clubs. Both one spade and four spades might get passed out, even though game or slam would be possibilities. So, South opens with two clubs which normally promises at least twenty-two high card points.

The two most common response systems to two clubs are the diamond waiting and the step response.

The diamond waiting requires the responder to say two diamonds unless he has eight or more points, in which case he bids his best suit or no trump. The opener then names his best suit, and the responder must bid at least one more time.

The step response is that the responder says two diamonds with three or less points, two hearts with four to six points, and so on. With thirteen or more points, the responder bids at the three level. North's response says he has four to six points. South now knows that North cannot possibly have





both aces. Even if he has one ace, South could have as many as three losing tricks. He signs off with four spades.

As South showed a powerhouse hand, West figures he better take his heart tricks, so he leads the ace of hearts. East plays the three to indicate he has nothing to offer in hearts. Some people also play that the three could be a signal for West to lead the lower of the two other non-trump suits. When West wins the trick, he sees the queen of hearts in the dummy and knows that if he leads the king and South trumps it, he may have provided South

with an extra winning trick. He should wait till someone else leads hearts. If he takes East's hint to lead a club, he will lead the eight of clubs to start a high-low sequence indicating a doubleton. East would win the ace and then play the king. By counting the clubs East knows both South and West are now void in clubs. So, he leads the jack. If South trumps low, West will overruff for the setting trick. If South trumps high, West will eventually win the setting trick with the jack of spades.

Note that if West had led the king of hearts at the second trick, South would trump it.

He would then play three rounds of trumps, the ace and king of diamonds, take the marked diamond finesse, and end up making a small slam. His partner would then say the hand was under bid!

Ironically, if East opens the bidding with a preemptive bid of three clubs, South can only bid four spades. West will now lead a club if he does not want to incur the wrath of his partner, and South is again doomed to down one.

Page 66 • June 2023
HersheysMill.org • Page 67



BOCCE Carroll Thompson | Princeton

The new bocce courts were not available for the beginning of the season, but new Bocce enthusiasts welcomed Spring by attending four successful clinic opportunities presented by our two championshipwinning couples, Bob and Gerry Walsh and Marie and Angelo DiCandilo. The month of May took us into league sign up opportunities in preparation for our summerlong matches played at each team's convenience.

Depending on the number of people who sign on we usually have groups of nine or ten teams with unique group labels such as Bananas, Carrot Cakes, Gingerbreads, or Jelly Beans! Each team promises to play the other eight or nine teams in their group anytime throughout the summer until September 1. With the help of three new courts and the efficiency of Skedda scheduling, bocce players have ample choices to plan their matches and Village social evenings.

After September 1, the elimination matches of the top ten teams will narrow the field to the last two teams who will play for the championship title sometime during the second week of September – weather cooperating. Be sure to watch the Hershey's Mill Bulletins for more details as the season progresses.

BOWLING

Rosie Taylor | Princeton

What sport is the BEST of all HM sports? Bowling. Now I may be a little biased towards this two-season sport and have a goal of people joining so, please don't take my word for it... here's what our bowlers have to say:

- "This is the most fun I've had in vears."
- "Didn't bowl well 40 years ago...
 and I'm still not however, I don't
 remember having this much
 stressless fun."
- "I look forward to every Tuesday morning... to connect with great people and laugh at my bowling."
- "I love hearing the laughter and cheers that ripple through the lanes whenever someone gets a strike, a spare, breaks 100 for the first time, or rolls a 200+ game.
 Everyone cheers for everyone.
 So glad I joined and can't wait for the 2023-24 season to begin."

I can go on and on, but you get the point. The HM Tuesday Mixed Bowling League is the best way to get exercise during the winter months, meet some wonderful people, and create lifetime friendships. Keep an eye out for sign-up notices which will start in August. Hope to see your name as a regular or a substitute.

Have a great summer. The Bowling Committee

PICKLEBALL

Tom Fant | Yardley

You have probably heard of the three Washington State vacationers, Joel

Pritchard, Bill Bell, and Barney McCallum, who take credit for inventing pickleball circa 1965. They fashioned the game to entertain their bored children at Bainbridge Island (Seattle's Jersey Shore, read Stone Harbor). They used items they had handy, which was a badminton net.

rackets, and a wiffle ball and made up the game.

Hey, this is 2023, so who is the Grande Dame of pickleball? That's easy, the First Lady of our game is Joan Sutton Pritchard, Mrs. Prichard, wife to that career Washington state politician, named the game. She took great pleasure in volunteering for community positions, one of which was officiating at crew rowing events around Seattle. At the outset, Joan was not impressed with our game, so she compared it to the last 'make do' or 'thrown together' group of rowers called on to make a regatta. They were generally not that strong and were known as The Pickle Boat. Ergo the fickle name that stuck to what is now the fastest growing sport in the USA.

Now for some pocket change, if someone wants to bet you that the game was named after a spaniel or a retriever, take that bet. The Pritchard's dog Pickles was acquired 2 years later and was a Cockapoo.



TABLE TENNIS

Dave Kagan | Franklin

What happens when we get older?

Our joints begin to hurt, and our physical abilities start to decline. We must remain physically active, and table tennis can be the answer.

We play doubles, which lets you share responsibilities. This reduces physical requirements, making it easier to play. Not sure if it is for you? Come watch our dedicated group on Thursday, Saturday, or Sunday at 2:00 p.m. above the library. Instruction and training can be provided if requested.

TENEZ

Marie Derby Ed.D. | Jefferson

Twelfth century Monks in northern France played a game called Jeu de Paume, game of the palm, and to indicate readiness, the server called to his opponent "tenez" which means to hold, receive, or take. Here at HM it is time for us to call "tenez."

(continued)

HM Sports Committee (continued)

Are you ready? I'm going to serve the ball to you.

Thanks to our HM Sports Committee, the four tennis courts were thoroughly cleaned, re-sanded, and groomed for you! Yes, you! New and old players (no pun intended) are encouraged to enjoy the clean courts. It's the perfect time to dust off your racquet or borrow one from the tennis/pickle shed. In fact, if you have an extra racquet, please consider taking it down to the shed, or call me and I'll come to pick it up from your home.

Whether you want to play singles/ doubles or just come out to hit, we encourage you to do so. Our ball machine is a great way to get rid of the cobwebs, or if you want a workout, just turn it up. That's right, the ball machine is adjustable to meet your goal for the day, even if that means having more balls on the opposite side of the court as you work your way through the balls in the machine.

The tennis group is committed to increasing participation by offering Open Play slots Monday, Wednesday, and Friday from 9:30 to 11:00 a.m. and Tuesday and Thursday from 3:00 to 4:30 p.m.

Come on down to the courts and say "tenez!"





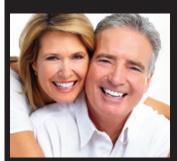
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Page 70 • June 2023
HersheysMill.org • Page 71

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Activities Contacts

Art Group	Sara Hamilton
Billiards Club	Jim Short
Bingo	Hal Deal
Book Discussion Group	Carol Barkovsky
Bowling (Oct-Apr)	Rosie Taylor
Bridge Groups: Fun Bridge	Kathy Martinides
Golf Club Tuesday Bridge	J.B. Smink
Golf Club Friday Bridge	John Marks
Social Club Party Bridge	Susan Hackstaff
Talking Bridge	Lisa Groff
Cards & Games	Jacki Germscheid
Caregivers Support Group	Robert Hughes
Chester County Hospital Auxiliary	Kate Lindsay
Cradle Stitchers	
Exercise to DVDs	Barbara Scott
Games & Cards	Agnes O'Leary
Gardens (Community)	Jim DiCarlo
HM Folk Song Circle	Lynne Urian
HM NEWS	Sherry Kane
Knitting Circle	Ruth Schick
Mah Jongg (Groff)	Lisa Groff
Mah Jongg (Tuesday)	Carol Poling
Men's Bible Study	Ken Mertz
Mermaid Book Club	Karen Smith
MerryMakers	<u>hmmerrymakers@gmail.com</u>
Nature Group	Christine McCormick
Paoli Hospital Auxiliary	Judy Molt
Photography Club	Carol Poling
Pinochle Club	Kate Lindsay
Poker Club	Mike Brindisi
Quilters	Diane King
Scrabble	Marie Knox
Singers (Hershey's Mill Singers)	Dolores Manion
Social Club	Rosalind Baker
Sports	Dave Nagurney
Sullivan House (FoSH)	Elaine Becker
Table Tennis	Dave Kagan
The Players	Shauna Flynn

Page 72 • June 2023
HersheysMill.org • Page 73

Advertisers' Index

Acts	7
Amada Senior Care	75
Angel Companions	11
Benchmark Federal Credit Union	2
Best Blinds	21
BiltBest Window Repair	63
Blinds 4 U	28
Body-Borneman Insurance	52
Boyle's Floor & Window Designs	35
Brandywine Valley Heating &	
Air Conditioning	55
Brooklands Audiology, Inc	9
Buckley, Brion, McGuire & Morris LLP	32
Cara Herman - Old Books and	
Vintage Items Buyer	44
Deb Dorsey Team	3
Dunwoody	25
E.W. Brown, Inc	28
Eye Doctors of Chester County	65
Freedom Village	37
Gem Ultrasonic	36
General Warren	17
Gerhard's Appliances	6
Helping Hands @ the Mill	54
HM Homeowners Landscape Division	66
Home Helpers	65
JDV Electric	27
J.E. Maranella	17
Kendal Crosslands Communities	13
Kevin Free	29
Kitchen Tune-Up	8
Menninger & Assoc.	31

Nerrill Gardens	72
Dasis Senior Advisors	12
Oriental Pearl Restaurant	61
RE/MAX Main Line	52
Richard J. Egan Painting Co	56
Riddle Village	45
Seniors Helping Seniors	57
Smile Solutions	71
SV Dental	21
he Desmond	70
he Watermark at Bellingham	22
oninos Pizza & Pasta Co	2
op Pro Glass, LLC	15
/entresca Travel	34
Vagner Real Estate	76

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Page 74 • June 2023
HersheysMill.org • Page 75



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