

OCTOBER 2023

GUIDE — AND — DIGEST



A PUBLICATION OF HMCTV AT HERSHEY'S MILL



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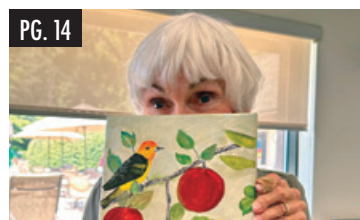
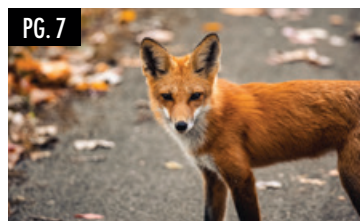
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in the
Guide and
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From the Main Gate

Marc Fraser | Director of Security

Undoubtedly, most residents have had the pleasure of observing the abundant wildlife that also consider Hershey's Mill their home. Even I have found myself pulling out my camera to photograph a fawn, bluebird, litter of fox kits, or even the occasional bald eagle while traversing our community.

However, my frequent travels through Hershey's Mill have also led to a more sobering discovery... the areas being used by residents to feed our local wildlife, especially the foxes and deer.

When residents feed wild animals, especially from an early age, they begin to view the feeding area as a safe source of provision. Because these feeding areas are usually close to multiple homes, these animals do not develop a necessary healthy fear of humans, other animals, and human habitats. Subsequently, these animals begin following and approaching humans, and this leads to the need for the animal to be euthanized.

While their intentions may be admirable, most people do not realize how destructive and even dangerous feeding can be to the animals themselves, our residents (yes, our residents), and their pets. For instance, in the last two years, Security has seen an increase in calls regarding aggressive behavior by young deer and foxes towards people and dogs. In one instance, a young deer attacked a dog that was tied up on its owner's front porch, and there have been multiple instances where foxes have approached people and their dogs in parking areas, on sidewalks, or in their yards. One fox even approached a golfing foursome and stole a golf ball right off the tee box. Obviously, this is not normal wildlife behavior, and it is inadvertently encouraged by residents who attempt to feed these animals.

While feeding deer may enhance wildlife viewing, decades of research has clearly shown that supplemental

(continued)



feeding leads to increased disease risk (especially with Chronic Wasting Disease), long-term habitat destruction, increased vehicle collisions, habituation to humans and alteration of other deer behavioral patterns, and ultimately the demise of the value of deer and deer-related recreation.

Foxes are omnivores, but their preferred food is rodents and birds. Feeding processed food or vegetables to wild animals can be like feeding a burger and fries to a newborn. Their systems just cannot process it. If foxes become dependent on a resident's feeding area, their desire to hunt on their own will diminish, and naturally shy and wary foxes begin to behave as though it is okay to be in close contact

with humans. While that does not sound like a dreadful thing, it is. For their own protection, foxes and other wild animals need to stay away from humans. If they learn it is okay to come into a backyard or up to a house for food, then they will start coming into other yards or up to other homes as well. These foxes will be in more danger of being killed or injured, as their proximity to human habitat will expose them to risks and dangers they would not otherwise encounter.

Please help protect our wildlife and residents by enjoying our wildlife from a distance, but please do not feed them!

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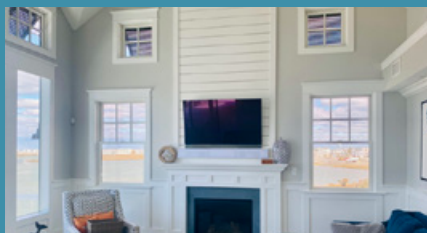
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Residents Update

Please pull this page out of the *Guide and Digest* to include it in your 2023 Resident Directory so you have the current information.

All updates must be made in person through Security. The only exception is email changes which can be submitted via email to hmctv@comcast.net.

Bagden, Steve & Loretta
177 Chandler Drive

Baseman, Richard & Susan & Ben
1054 Kennett Way

Jorgensen, Robert & Lucy
931 Jefferson Way

Raspa, Donna & Graham, Ernest
1128 Merrifield Drive

Rubin, Marcha & Jamie &
Solimeo, Louis
1194 Princeton Lane

EMAIL CORRECTION
Chiappetta, Karen
78 Ashton Way



IGC CONCIERGE JEWELERS

IGC Concierge Jewelers will be in the Community Center from 9:00 a.m. to 5:00 p.m. providing a wide range of jewelry services. IGC will be there to purchase the following items: finished or broken gold, silver, or platinum jewelry items, gemstones, sterling silver flatware and sterling silver accessory pieces, fine timepieces such as Omega and Rolex (just to name a few brands), as well as gold or silver coins and vintage paper currency. With their state-of-the-art service center and superior craftsmen, they can expertly repair your fine jewelry and fine timepieces. They also repair fine mantel clocks, wall clocks, or grandfather clocks. Some minor repairs and some watch battery replacement can be done while

you wait. The experts from IGC will inspect your fine jewelry and fine timepieces free of charge.

Find extra money in your unwanted items. Complimentary coffee and doughnuts will be served. If you have any questions or wish to make an appointment, please contact IGC at (610) 876-6638. See you at the event!

IGC Concierge Jewelers will be in the Community Center from 9:00 a.m. to 5:00 p.m. on October 19, 2023.

HM BRANCH OF THE CHESTER COUNTY HOSPITAL AUXILIARY

Fund Raiser, Fashion Show, & Luncheon

HM Golf Club - October 26, 2023

The Annual Fall Fundraiser Fashion Show & Luncheon is scheduled on Thursday, October 26 at the HM Golf Club. This year we have ladies' fashions from Silver Linings Boutique, which was a hit last year. For the first time we will also have men's fashions from England's Apparel for Men.

Besides a delicious luncheon prepared by Chef Lenny of Hershey's Mill Golf Club, a silent auction and 50/50 drawing will be held. So please bring your checkbook and credit cards to snap up wonderful fashions for the women and men in your life provided by Silver Linings and England's. As in the past we can only accept cash and checks for the silent auction and 50/50 drawing.

Another first this year is **The Golf for 4 at the Hershey's Mill Golf Club Raffle**. This is open to all HM residents. The cost of the tickets is \$10. The winning ticket will be pulled at the Fashion Show on October 26. We will be selling tickets until October 25 at

noon. You can email katelindsay1949@gmail.com to request raffle tickets. Cannot attend? Consider sending a donation. Make your check payable to Hershey's Mill CCHA and mail to Rosie Taylor, 1215 Princeton Lane, West Chester, PA, 19380.

If you would like to become a member of the HM Branch to help the Auxiliary, please email Kate Lindsay at

Remember, this is a FUNDRAISER to support the Auxiliary's Breast Health for Life Pledge, so come prepared to be generous.

TREE-LIGHTING CEREMONY



It was back in 2006 when the idea of having a tree-lighting ceremony in December to be held at the Community Center first began. Since then, this

wonderful tradition has included our Hershey's Mill Singers, piano playing by a talented Hershey Miller, the arrival of Santa, and treats for all. So mark your calendar for Sunday, December 3 at 6:30 p.m. That's when we'll continue with this fun holiday event. Once again it will be sponsored by Hershey's Mill Community TV. Bring your children and grandchildren to see our beautifully lit tree while the Hershey's Mill Singers lead us in some of the merry songs of the season. Then join us inside the Community Center for holiday treats, piano playing, and a sing-along. Look out for Santa to make a visit too. Hope to see you there!

AAUW MEET AND GREET GET TOGETHER - OCTOBER 26

AAUW, American Association of University Women of West Chester, will be holding a meet and greet for the women of Hershey's Mill. Some of our members are residents of Hershey's Mill. Please mark your calendars for an AAUW membership meet and greet informal meeting at the Sullivan House dining room on October 26 from 4:30 to 6:30 p.m. Light refreshments will be served. If you have any questions, please e-mail

AAUW was founded in 1881 with a mission to advance equity for women and girls through advocacy, education, philanthropy, and research. Our branch is celebrating its 65th year, and we would love the opportunity to inform you of the activities we are doing to help our community of women and girls. Hope to see you there!

REMEMBER THAT OLD SAYING "WEST IS BEST"

There are many alumni (I checked my Latin) from each of the West Philadelphia Catholic Boys' and Girls' High School living in Hershey's Mill. In the past there have been parties for our alumni to recollect and relive some of the good times from the high school experience here at the Mill. We would like to have a West Catholic Party again. We need to know if others are interested and want to help plan the event. Please contact Maryetta Glancey at _____ to show your interest.



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A Sneak Preview... Pam Mariani.

HERSHEY'S MILL ART GROUP

Martha Hanson | Franklin

In addition to enjoying our summer days at the beach or at the pool, the Art Group has been working diligently to produce pieces inspired by our travels and the beauty around us. We will be participating in the Autumn Solstice with the Nature Group on September 23. Our art will be for sale and displayed in and around the gardens. When you're admiring the gardens, check out the whimsical mural on the Nature Group's Lending Library cabinet, painted by Melaine Blair and Sara Hamilton. We will also be holding our Fall Opening Reception on October 29 from 3:00 to 5:00 p.m. in the Community Center. Light refreshments will be served.

HERSHEY'S MILL BOOK CLUB

Carol Barkovsky | Eaton

We will meet on Thursday, October 12, in Sullivan House at 2:00 p.m., when we will be discussing *Daughters of the Flower Fragrant Garden* by Zhuqing Li. The discussion leader will be Carol Barkovsky.

The author, a professor of East Asian Studies at Brown University, tells the

story of her two aunts, sisters who were separated on opposite sides at the conclusion of the Chinese Civil War in 1949. One aunt, Jun, was stranded in Kinmen, and the other aunt, known under the assumed name of Hong, remained in mainland China. Jun lives in Taiwan and marries a Nationalist general. She establishes a most important trading company, and lives among fellow exiles at odds with everything the new Communist regime stands for. Hong is forced to publicly disavow her family background and her sister's decision to abandon the party, and becomes one of the most celebrated doctors in China.

Linguist Zhuqing, tells her aunts' story to honor her family's history. It is a window into the lives of women in twentieth-century China, a time of traumatic change. Li confronts the bitter political rivals of mainland China and Taiwan with unique insight. Please contact Carol Barkovsky at for more

information.

HERSHEY'S MILL COMMUNITY BIBLE STUDY

William & Teresa Judkins | Chatham

Are you interested in joining a co-ed interdenominational Bible Study here in Hershey's Mill? Community Bible Study meets here in the HM Cove by the pool on Fridays from 10:00 to 11:30 a.m. This year we will be studying 1 and 2 Samuel and concluding with Ephesians. If this study piques your interest, please contact us for further information. We can hardly wait to see your smiling faces. Bill and Terese Judkins

HERSHEY'S MILL KNITTING CIRCLE

Ruth Schick | Chatham

The HM Knitting Circle has been enjoying its knitting and crocheting, with some people working on lap blankets for Hospice, while others are creating baby afghans for charity, and still others are working on individual garments. If you are a knitter or crocheter, why not bring along your project and join our group? We meet on Thursdays from 1:00 to 3:00 p.m. in the Paoli Room of the Community Center. In addition to knitting and crocheting, when we are able to help, we are happy to assist people with their knitting and crocheting problems. For information about the Knitting Circle, contact Ruth Schick at

HERSHEY'S MILL NEWER USERS' MAC GROUP

Rene McNally | Devon

Our next meeting will be October 28 for the Fourth Saturday Newer Users' Mac Help Group. We are continuing to meet on Zoom where Bob Barton and Nick Iacona will answer questions about all your Mac devices. Check the website www.mlmg.org for links about both the Main Line Macintosh Users' Group, which will also be on Zoom, and the Fourth Saturday

Newer Mac Users' Group. It's a great way to ask your questions and also learn more about your devices from another user's problems.

I will also send out access information for the meetings to those on my email list. Contact me at if you wish to be included on my list. Rene McNally is the contact in Hershey's Mill.

HERSHEY'S MILL ORIGINAL MERMAID BOOK LOVERS!

Joanne O'Connor | Inverness

The Original HM Mermaid Book Club meets in the Malvern Room of the Community Center at 11:30 a.m. on the second Thursday of the month. We will be reading *Lucy by the Sea* by Elizabeth Strout in October and the acclaimed *Horse* by Geraldine Brooks in November. In December we will meet for our annual Christmas Lunch and Book Exchange, and for the reading list for the coming year. If you enjoy informative and lively discussions, join us! Call

HERSHEY'S MILL NATURE GROUP

Christine McCormick | Ashton

The cooler days mean more opportunities to join in outdoor
(continued)



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Photo captions top to bottom:

HM Foresters,
Linda Kane, Jefferson.

2023 Research in
the Barrens,
Dr. Rachel Spigler,
Temple University.



activities. October 14 is Global Big Day for birding - take a walk or watch your feeders and report your observations of resident and migrating birds to hersheysmillnature@gmail.com. Join the fun on October 28 and 29 as we add to the restoration of the riparian areas with more trees and shrubs from the Keystone 10 Million Trees program. The trees and shrubs planted in April by the pictured happy foresters are thriving. Have you noticed the small flags in the serpentine barrens? Dr. Rachel Spigler of Temple University will be here on October 27 at 11:00 a.m. to describe her multi-year study of the barrens populations of rose pink. She will describe the role of our barrens in the overall population gene pool. Save the date November 14 at 7:00 p.m. We will gather for the Nature Group bi-annual meeting where we will review accomplishments and make plans for 2024.

It is not too late to take some photos of your own garden or your village common gardens and enter

the HMNG Pollinator Garden Contest for 2023. Submit your photos of Plants, Invertebrates, Birds, Mammals/ Reptiles/Amphibians and Landscapes to the 2023 Photo Contest. Send your questions and photos to hersheysmillnature@gmail.com. Thank you, Christine,

HERSHEY'S MILL TOGETHER WOMEN RISE CLUB

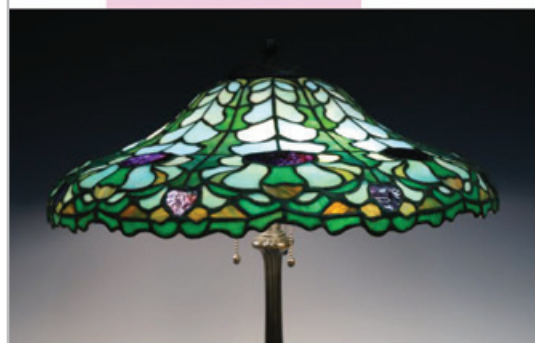
Mary Werner | Jefferson

I had lived in Chadds Ford for the last 23 years and was introduced to this group who were then called "Dining for Women." At that time it was new and fostered educating women/ girls all over the world by donating the money we might have spent for a dinner out. I loved the group and we grew quickly. Women supporting women was HUGE. We met monthly and reviewed the grantee, asked questions, and made our donations. It was a wonderful group. So many wonderful women in all walks of life.

I got permission to start a new chapter and would love to start the group here in my new Hershey's Mill community. I cannot wait to introduce you to this amazing women-supporting-women group. Please E-mail me if you are interested in joining. We will meet monthly in the Community Center to facilitate the video about the grantee. My contact information is <https://togetherwomenrise.org/>.

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Pennsylvania Turnpike

Jeff Smith | Princeton

When the Pennsylvania Turnpike opened in October of 1940, it was the first superhighway in the country and the forerunner of today's Interstate Highway System. The original 160-mile section of the turnpike ran between Carlisle and Irwin (20 miles east of Pittsburgh). The project included seven two-lane tunnels, six of which had already been partially excavated by Vanderbilt's ill-fated effort to build a railroad to compete against the Pennsylvania Railroad across Pennsylvania. The six Vanderbilt tunnels had been excavated from both ends, but not 'holed through.' Plans also included eleven interchanges with toll booths and ten service plazas located 25-30 miles apart. A

license was granted to Standard Oil of Pennsylvania to operate the gas stations, and they subcontracted the food concession to the Howard Johnson's restaurant chain.

Groundbreaking for the 100-mile Philadelphia extension from Carlisle to Valley Forge did not occur until September 1948 and was open for traffic in 1950. A year later the 67-mile western extension from Irwin to the Ohio state line was completed. It would be another four years before the 33-mile Delaware River extension from Valley Forge to the Delaware River would be open to traffic. The last section, the Northeast Extension from Plymouth Meeting to Allentown was opened in 1955 and later extended to Scranton in 1957. In 1992, the

17-lane Mid-County Interchange near Norristown opened and linked the main east-west turnpike with the Northeast Extension and Interstate 476, which is known as the Blue Route.

Traffic volume was 2.4 million vehicles during the first year of the opening of the road, nearly twice the projection of 1.3 million. The United States entered WW II 14 months after the opening of the turnpike, and with gas, rubber and other commodities being rationed, civilian travel dropped by more than seventy percent. After the war, the traffic count was back up to its pre-war volume. It had doubled by 1951, doubled again by 1953, and again by 1957. The following year saw traffic numbers ten times what they had been in 1947. By 2000, over 136 million passenger cars and twenty million commercial vehicles were using the turnpike annually. Not surprisingly, traffic congestion was becoming increasingly difficult to

manage with traffic at some tunnel entrances backing up for miles as vehicles merged from two lanes into these tunnels' single lanes. To alleviate these bottlenecks, engineering studies proposed a \$100 million, ten-year project to bypass some tunnels and build parallel two-lane tunnels at others. One of the last two-lane tunnels to get an upgrade was the Lehigh Tunnel on the Northeast Extension. A second tunnel was built and opened in 1991. Governor Casey, as part of the opening ceremonies, drove a 1909 Peerless Arrow through the tunnel.

Today, it would be hard to imagine what driving across the state or country would be like without the Pennsylvania Turnpike or the Interstate system. The next time you drive on the turnpike, remember, you are on the conceptual predecessor of the Interstate Highway System.



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Getting to Know You

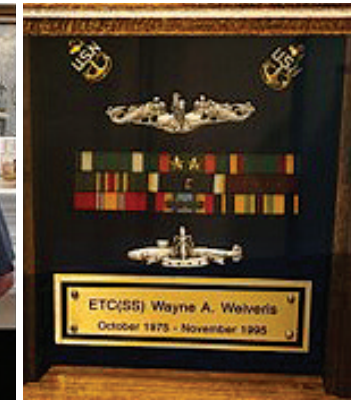
Wayne Weiveris

Nora Liero | Merrifield

Devonshire resident Wayne Weiveris once paid \$40 to jump out of a plane, spent three years living underwater, has a cat named Topsy, even though he is not a cat person, is helping to write the next play for The HM Players, descends from Lithuanian immigrants and Scandinavian shipbuilders, and calls himself an introvert. You would not know it from his life in The Mill!

Raised in NJ, Wayne is the youngest of three siblings. "Mom's favorite," he says with a grin. He had a blessed childhood. His father taught him how to fish, shoot pool, and be a good person. A life-long Yankees fan, a seven-year-old Wayne remembers Bob Shepard announcing Mickey Mantle and Roger Maris. His mom, an accountant, was a sweetheart and tolerant of his teenage years.

After high school, Wayne joined the Navy and undertook electronics training in submarine navigation. This is surprising as Wayne is six feet three inches tall! He noted that once you hit your head you remember where that pipe is. For nine years he was assigned to the USS Mariano Vallejo, a Benjamin Franklin class of nuclear-armed subs known as *boomers*. He valued the camaraderie among his



fellow sailors. A typical deployment was three months patrolling the Atlantic and Mediterranean before returning to his home port in Charleston, South Carolina. He traveled all over the world and jokes that he saw the Rock of Gibraltar

After high school, Wayne joined the Navy and undertook electronics training in submarine navigation.

This is surprising as Wayne is six feet three inches tall!

through a periscope. His next job was tracking missile test launches at Cape Canaveral. A stint as a recruiter in Charlotte, North Carolina, completed his 20-year career. Wayne retired as a Chief Petty Officer in 1995.

During his naval career Wayne had the unwavering support of Patricia,

(continued)

Getting to Know You (continued)

his wife of 38 years. They raised a son, Brad, who is now a Navy officer stationed in Hawaii, and a daughter, Brittany. Patricia was an ardent animal lover who fostered countless dogs and cats. Sadly, she passed away in 2017.

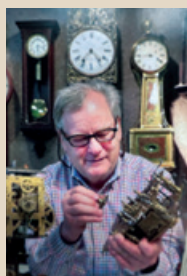
Wayne taught high school NJROTC for a time and then began working for Morex, Inc., as a manufacturer's representative and technical liaison between vendors and Middle Eastern agents and customers. After Patricia's death, Wayne wanted to return north to be near his sister. The Mill was the top choice out of twenty different active adult communities that Wayne and his sister visited. He moved here in 2020.

He came here looking for a new life. For him, the pickleball community has been especially fantastic in that regard and he is truly appreciative of the friends he has made. Living here has helped him to heal after his wife's passing. Wayne also plays golf, acts as a Sullivan House train engineer, serves on his village's architectural committee, and plays Hand & Foot about every night. He is particularly excited about the new musical debuting next spring. He describes it as a Fantasy Island sort of theme, and notes that they will start casting in October. It appears that Wayne has already found his Fantasy Island in The Mill!

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Please remember that the Guide and Digest may not reflect the most current Bus Trip information. The HM News sent to each resident via E-mail and the bulletin board on Channel 971 will be the source of up-to-date information about the Bus Trips. You can also view the information on www.hersheysmill.org/activities/bustrips/.

Ocean City, NJ | Fall Block Party
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Cost: \$30 + Lunch
Departs: 9:00 a.m.
Contact: Mary Ann McCarry,

Join us for a fun day at the Fall Block Party in downtown Ocean City, NJ on Asbury Avenue, from 5th Street to 14th Street. There will be sidewalk sales, 400 crafters, lots of vendors, food trucks, music in the air, and a lot of fun, food,

and sweet treats! You can take a walk on the boardwalk, enjoy the ocean view, and the boardwalk stores will have sales, too. Lunch is on your own at one of the restaurants/vendors.

Historic Painter Mansion - Prelude to Freedom!
Friday, October 13, 2023
Cost: \$55

Departs: 10:00 a.m.
Contact: Priscilla Burt,

The Hershey's Mill Discoverers is offering its first of four *Road to Freedom* narrated bus tours. Author, historian, and Hershey's Mill resident Bruce E. Mowday will speak on the events leading up to the American Revolution in Chester County. The bus will travel the path of the British soldiers to the historic Painter Mansion on the Landmark

Brandywine battlefield. You will dine (lunch included in cost) where British soldiers prepared to attack George Washington's army. As America prepares for its 250th anniversary, next year the Discoverers will offer three additional tours of the Brandywine Battlefield, Philadelphia, and Valley Forge.

Washington, DC
Saturday, October 14, 2023
Cost: \$30
Departs: 8:00 a.m.
Contact: Patty Saltzberg,

Join us as we experience fall in our nation's capital. From vibrant foliage and waterfront views to family-friendly festivals and fabulous shopping, there is an endless number of things to see and do in DC. Your time is your own to

visit the many museums, monuments, or whatever you wish. Meals are on your own at one of the numerous restaurants in the area. Remember that some museums require advanced ticket purchase or free timed-entry passes, such as the Smithsonian's National Museum of African American History and Culture as well as The National Air and Space Museum. For more information or ideas, visit: www.washington.org/fall.

Delaware Park
Thursday, October 19, 2023
Cost: \$20 + Lunch
Departs: 10:00 a.m.
Contact: Marge Bach,

Join us at Delaware Park for an exciting day at the races! Watch the horse

(continued)



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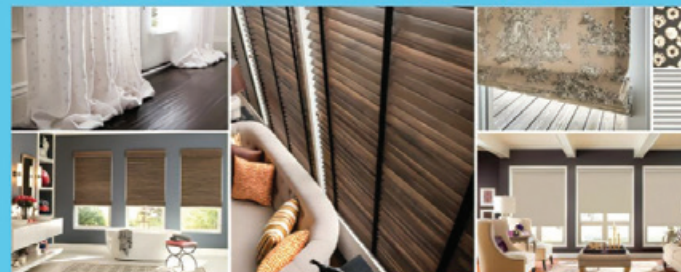
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Bus Trips (continued)

racing or try your luck at slots and table games. \$20 free slots play is given to everyone on the bus. Lunch is on your own.

**Academy of Music -
Tribute to Jerry Blavat**
Saturday, October 21, 2023
Cost: \$120
Departs: 6:00 p.m.
Contact: Mary Ann McCarry,

Join us for a trip down Memory Lane and honor the memory of Jerry Blavat, "The Geator with the Heater", "The Boss with the Hot Sauce." The scheduled performers include Darlene Love, The Happenings, The Intruders, Bobby Wilson, The Chantels, and more. The cost includes Parquet (Main Level) seating.

**The Simeone Foundation
Automotive Museum**
Wednesday, November 8, 2023
Cost: \$40
Departs: 12:30 p.m.
**Contact: Lynn Mander,
or**

The Simeone Foundation Automotive Museum houses one of the world's greatest collections of racing sports cars. The theme of 'The Spirit of Competition' celebrates the history and evolution of these magnificent machines. Dr. Frederick Simeone, a neurosurgeon, curated the exhibit over 50 years, and it contains over 75 historically significant cars including Ferrari, Alfa Romeo, Bugatti, Mercedes, Jaguar, Bentley, Porsche,

Aston Martin, Corvette, Ford, and more. You can do the self-guided tour or with a docent. This museum does not have food service, so be sure to have lunch before arriving on the bus. For more information, visit <https://simeonemuseum.org/>.

**The Philadelphia Orchestra -
Beethoven & Haydn**
Friday, November 17, 2023
Cost: \$20 + Admission
Departs: 12:00 p.m.
Contact: Priscilla Burt,

Enjoy an afternoon at the Kimmel Center as the world-renowned Philadelphia Orchestra performs Beethoven's *Pastoral Symphony* and Haydn's dashing *First Cello Concerto*. Cost is for bus only, and individual tickets should be purchased in advance by calling 215-893-1999 or online at www.philorch.org.

**Ocean City, NJ &
Historic Smithville, NJ**
Saturday, November 18, 2023
Cost: \$35 + Lunch
Departs: 8:00 a.m.
Contact: Mary Ann McCarry,

You are invited to get out 'Earlier Than the Bird' in Ocean City, NJ to start your Christmas/Holiday shopping at the Downtown Shopping Extravaganza on Asbury Avenue between 6th and 14th Streets. You can even wear your Christmas/Holiday pajamas if you wish, because there will be prizes for the best dressed! Seasonal beach tags for 2024 will be available to purchase at the City Hall Welcome Center, and tickets for the

2024 Summer Concert Series will be available for sale. Breakfast/lunch is on your own. We will also be visiting Historic Smithville, with over 50 shops and several restaurants in a colonial setting. Historic Smithville was built in 1787 and can be viewed online at www.historicsmithville.com or www.historicsmithvillenj.com.

**Dutch Apple Dinner Theater -
A Christmas Carol**
Sunday, December 3, 2023
Cost: \$90
Departs: 10:00 a.m.
Contact: Grace Reed,

A season favorite! With his "Bah, Humbug," Ebenezer Scrooge reveals his feelings about the holiday. But even for a grumpy miser like him, it is never

(continued)

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Bus Trips (continued)

too late to change. With the help of Tiny Tim and the ghosts of Christmas Past, Present, and Future, Scrooge discovers the true spirit of the holidays. He greets Christmas morning with new-found happiness and by spreading cheer. The trip includes an all-you-can-eat buffet lunch with a full salad bar and a variety of entrees and desserts.

SERIES TRIPS

2023-2024 Walnut Street Theatre Series

Thursday & Saturday Matinees

Cost: \$285 (Series) or \$60 (Per Show)
Departs: 12:30 p.m.

Thursday Series Contact:

Jayne Lytle,

Saturday Series Contact:

Priscilla Burt,

We encourage you to sign up right away, as these series fill up very quickly! Cost reflects both per-person admission and bus fee for the shows in the series. The Walnut Street Theatre's 2023-2024 Season includes the following shows for both series:

Thursday 10/26/23 & Saturday 10/28/23 - *Elvis: A Musical Revolution*

Thursday 12/14/23 & Saturday 12/16/23 - *Disney's Beauty and the Beast*

Thursday 2/1/24 & Saturday 2/3/24 - Edward Albee's *Who's Afraid of Virginia Woolf?*

Thursday 3/7/24 & Saturday 3/9/24 - *Groucho: A Life in Revue*

Thursday 4/18/24 & Saturday 4/20/24 - *Beautiful: The Carole King Musical*

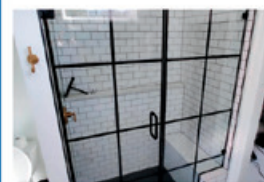
NOTES:

1. Prior to making payment, anyone who wishes to participate in a bus trip must first call the contact person to ensure that there is still room on the bus.
2. All bus riders must be age 18 or older unless otherwise noted in the trip write-up.
3. **Following current CDC guidelines, passengers riding on the Hershey's Mill bus are not required to wear masks.**
4. Trip payment checks should be made payable to 'HERSHEY'S MILL HOA,' sealed in an envelope (noting trip name and date) and placed in the maroon 'Customer Service' mailbox next to the Security Center in the exit lane at the Main Gate.
5. Refunds are only granted if (1) the trip is canceled, or (2) the trip has a wait list from which another passenger can fill the vacated spot.
6. Bus leaves promptly at the scheduled Leave Time. Please plan to arrive at the Recreation Area parking lot 10 minutes early for boarding.
7. The Hershey's Mill Bus Committee is always looking for more volunteers to help share ideas and plan bus trips! If interested, call Marc Fraser at .
8. Hershey's Mill residents may rent the bus for their own private trips or functions. For more information, contact Marc Fraser at .

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Half Italian

Scott Burkhardt | Inverness

I am half Italian. Not bragging, just saying. Growing up, I spent a lot of time with my Italian grandparents who immigrated from Italy and ended up living in Berks County where they had eleven kids. They settled in a small row home on a small street populated by other Italians. The houses were small, but everyone had a garden that was meticulously taken care of. As was their nature, when the men were working in said gardens, they would yell back and forth comparing their vegetables like it was a competition. A typical conversation: “Yo Danny, check out this tomato.” “Thanks for telling me, Tony, I thought it was a grape.” It was all good banter, and they were all good gardeners.

My grandmother would take the garden’s bounty and turn it into the best food you ever tasted. When there, I was her store runner, going

to the corner store to get what the garden didn’t provide. She gave me money with a little extra so I could buy myself some goodies and a note to give to the owner. The note had numbers on it. Being that there was no lottery system, it turns out I was not only a store runner but a numbers runner too.

As I grew older, I embraced the perks of my Italian side, such as:

- The best spaghetti and meatballs I would ever eat.
- The Christmas Eve Feast of the Seven Fishes. In my grandparents’ small house, we would have to eat in shifts, my grandmother and aunts doing the cooking and serving. I remember sitting on the steps awaiting my turn and following the rule that once you got up from the table, your turn was done.

- Hearing the story of how in the old days they kept an eel (one of the seven fishes) in the bathtub.
- Uncles who would remind you that they always could have gotten you a better deal on anything that you bought.
- Uncles who would offer you good deals on merchandise that mysteriously fell off a truck.
- Having aunts who liked to kiss the top of my head and run their fingers through my red hair for good luck.
- Going with my grandfather to his secret garden hidden behind a nearby factory. He fed me figs off his tree and grapes off his vines as he proudly showed off this impressive garden

to me. I never knew if he invited his neighbors.

- Going to the Italian American Club, an after-hours bar my grandfather opened. My uncles took turns keeping it going after he passed away. It was a good place to go if I could stay awake after my bartending gig at my uncle’s other bar.

There is only one aunt left of the eleven siblings now. I could never imagine how they all lived in a two-bedroom, one bathroom row home. When asked all they would say was that they were poor, but they never knew it.

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Janice Saunders | Eaton

The Library's September used book sale was an enormous success, thanks to our library patrons who came out in support. The Friday wine and cheese party event, open to all Friends of the Library, was well attended as well. A heartfelt thank you to all library volunteers who worked so hard to make this event so successful. A special thank you to library board member Roberta Ullmann who is the power behind all our fund-raising efforts. Roberta works tirelessly throughout the year, organizing not only our used book sale, but also other fund-raising events including the popular Christmas baskets raffle and puzzle sales.

If you haven't visited the HM Library lately, you'll be surprised by recent renovations which should be completed sometime in October.

Mon. to Fri.
10 a.m. – 2 p.m.

Saturday
10 a.m. – Noon

HM Library contact:
Angela Linden
610-696-5374

www.hmlibrary.com

The library board worked with the HM woodshop to build five more shelving units to accommodate our expanding book collection. The new shelving replaced the storage cabinet which was repurposed in our storage closet. Two new space-saving desks will replace the existing computer and librarian's desks.

(continued)



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The HM Speakers Bureau's fall event, scheduled for October 13, is rapidly approaching. The featured speaker is Vassar resident Christi Marshall who will talk about the history of Hershey's Mill.

The First Ladies

A new acquisition written by Marie Benedict and Victoria Christopher Murray, best-selling authors of *The Personal Librarian*, is an historical novel that details the partnership between First Lady Eleanor Roosevelt and civil rights activist Mary McLeod Bethune. Initially drawn together because of their shared belief in women's rights and the power of education, Mary and Eleanor become close friends. Once Franklin Delano Roosevelt is elected president, the

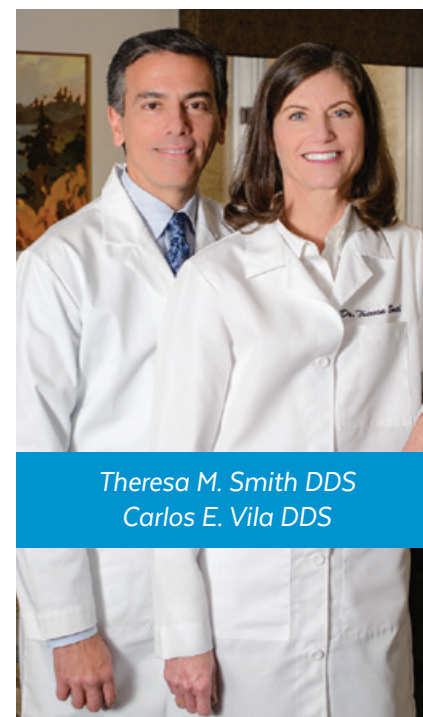
two women begin to collaborate more closely. The result of their collaboration and friendship helped form the foundation for the modern civil rights movement. (Excerpted from BookBrowse.)

NEW BOOKS

FICTION

Adler, Sarah – *Mrs. Nash's Ashes*
 Benedict, Marie – *The First Ladies*
 Berry, Steve – *The 9th Man*
 Bostwick, Marie – *Esme Cahill Fails Spectacularly*
 Brodeur, Adrienne – *Little Monsters*
 Burke, James – *Flags on the Bayou*
 Castellano, Elizabeth – *Save What's Left*
 Chiaverini, Jennifer – *Canary Girls*
 Crichton, Michael – *Zero Cool*
 Dark, Alice Elliott – *Fellowship Point*
 Edwards, Shaunna – *The Thread Collectors*
 Ford, Jamie – *The Many Daughters of Afong Moy*
 George, Nina – *The Little Village of Book Lovers*
 Hillerman, Anne – *The Way of the Bear*
 Hoffman, Alice – *The Invisible Hour*
 Hoover, Colleen – *Too Late*
 Jalaluddin, Uzma – *Much Ado about Nada*
 Jewell, Lisa – *None of This is True*
 Keegan, Claire – *Small Things Like These*
 Macomber, Debbie – *Must Love Flowers*
 McBride, James – *The Heaven & Earth Grocery Store*
 Patchett, Ann – *Tom Lake*

(continued)



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Pekkanen, Sarah – *Gone Tonight*
 Riley, Lucinda – *Atlas, the Story of Pa Salt*
 Rollins, James – *Tides of Fire*
 Russo, Richard – *Somebody's Fool*
 Silva, Daniel – *The Collector*
 Steel, Danielle – *Happiness*
 Steel, Danielle – *Palazzo*
 Whitehead, Colson – *Crook Manifesto*
 Williams, Beatriz – *The Beach at Summerly*

MYSTERY

Brown, Sandra – *Out of Nowhere*
 Dolby, Hannah – *No Life for a Lady*
 Edwards, Emily – *Viviana Valentine Goes Up the River*
 Heller, Peter – *The Last Ranger*
 Lapina, Sara – *Everyone Here Is Lying*
 Lippman, Laura – *Prom Mom*

Patterson, James – *Obsessed*
 Patterson, James – *Lion & Lamb*
 Patterson, James – *Circle of Death*
 Reichs, Kathy – *The Bone Hacker*
 Taylor, Sarah – *A Stolen Child*
 Thor, Brad – *Dead Fall*
 Ware, Ruth – *Zero Days*

BIOGRAPHY

Diemer, Andrew – *Vigilance: The Life of William Still*
 Li, Zhuqing – *Daughters of the Flower Fragrant Garden*
 Taraborelli, J. Randy – *Jackie: Public, Private, Secret*
 Von Drehle, David – *The Book of Charlie*

NONFICTION

Attia, Peter – *Outlive*
 Hyman, Mark – *Young Forever*

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Enjoy the cooler weather!

October 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	10:00 am Fun Bridge	10:00 am Chester Cty Hosp Aux	9:00 am Art Group	10:00 am Caregivers Support Grp	10:00 am Fun Bridge	
	1:00 pm Talking Bridge	1:00 pm Mah Jong	12:30 pm Social Bridge	1:00 pm Knitting	10:00 am Quilters	
	1:00 pm Cards & Games	1:00 pm Pinochle	1:00 pm Groff Mah Jong	1:00 pm Card Games	2:00 pm Scrabble	
		7:00 pm Singers				
8	9	10	11	12	13	14
	10:00 am Chester Cty Hosp Aux	9:45 am Bowling*	9:00 am Art Group	9:30 am Paoli Hospital Aux	10:00 am Fun Bridge	
	10:00 am Fun Bridge	1:00 pm Mah Jong	11:00 am Cradle Stitchers	11:30 am Mermaid Book Club	10:00 am Quilters	
	10:00 am Photography Club	1:00 pm Pinochle	1:00 pm Groff Mah Jong	1:00 pm Knitting	2:00 pm Scrabble	
	1:00 pm Talking Bridge	7:00 pm Singers		1:00 pm Card Games		
	1:00 pm Cards & Games			2:00 pm Book Disc Group		
15	16	17	18	19	20	21
	10:00 am Fun Bridge	9:45 am Bowling*	9:00 am Art Group	1:00 pm Knitting	10:00 am Fun Bridge	
	1:00 pm Talking Bridge	1:00 pm Mah Jong	12:30 pm Social Bridge	1:00 pm Card Games	10:00 am Quilters	
	1:00 pm Cards & Games	1:00 pm Pinochle	1:00 pm Groff Mah Jong		2:00 pm Scrabble	
	7:00 pm Folk Song Circle	7:00 pm Singers				
22	23	24	25	26	27	28
	10:00 am Fun Bridge	9:45 am Bowling*	9:00 am Art Group	10:00 am HM Sports All Resident M	10:00 am Fun Bridge	
	1:00 pm Talking Bridge	1:00 pm Mah Jong	1:00 pm Groff Mah Jong	1:00 pm Knitting	10:00 am Quilters	
	1:00 pm Cards & Games	1:00 pm Pinochle		1:00 pm Card Games	11:00 am Nature Group Lecture	
		7:00 pm Singers			2:00 pm Scrabble	
					7:00 pm Bingo	
29	30	31	Color Legend: Ardmore Room, CC Cove at Pool H-CC Main Hall Pool Green Room (Cove) Malvern Room, CC Paoli Room, CC Sullivan House See <i>Digest</i> Article & HM E-mails *Offsite			
	10:00 am Fun Bridge	9:45 am Bowling*	For Sports times, please check Skedda at www.hersheysmillhoa.skedda.com . Please remember to call the Community Center Office to schedule a room - 610-436-6019.			
	1:00 pm Talking Bridge	1:00 pm Mah Jong				
	1:00 pm Cards & Games	1:00 pm Pinochle				
		7:00 pm Singers				

Programs September 30 – October 16 (7:00 p.m. show and 8:30 p.m. movie will not be shown October 16)				
Fundamentals of Estate Planning & Taxation <i>With Lanita Kemezis</i> Does your will <i>really</i> accomplish what you want? Is your estate tax-efficient? Join Michael Menninger, CFP, in an interactive and educational seminar that will teach you the basics of estate planning. Mike will offer numerous strategies to help you improve tax efficiency and show how trusts may help you better accomplish your estate goals.	10:00 to 10:45 a.m.	4:00 to 4:45 p.m.	7:00 to 7:45 p.m.	12:00 to 12:45 a.m.

Movies Noon & 8:30 p.m.	October 1-6 <i>Moonstruck (PG) (1987)</i> <i>Cher, Nicolas Cage</i> A bookkeeper from Brooklyn finds herself in a difficult situation when she falls for the brother of the man she agreed to marry. (Run time 1:42)
	October 6-16 <i>That Thing You Do (PG) (1996)</i> <i>Tom Hanks, Liv Tyler</i> A local Pennsylvania band scores a one hit wonder and rides the star machine as long as they can. (Run time 1:48)

24 hours/day channel 971	Bulletin Board Times
12:45 a.m. - 10:00 a.m., 10:45 a.m. - Noon, 4:45 p.m. - 7:00 p.m., 7:45 p.m. - 8:30 p.m. on channel 970	

Programs October 17 – October 31 (7:00 p.m. show and 8:30 p.m. movie will not be shown October 31)				
Hijacking of TWA Flight 847 <i>With Lynn Mander</i> Lynn interviews Hershey's Mill resident Phil Maresca as he recounts his experience as First Officer of TWA Flight 847, that was captured in an international incident for 17 days.	10:00 to 10:45 a.m.	4:00 to 4:45 p.m.	7:00 to 7:45 p.m.	12:00 to 12:45 a.m.

Movies Noon & 8:30 p.m.	October 16-24 <i>Lone Survivor (R) (2013)</i> <i>Mark Wahlberg, Taylor Kitsch</i> Marcus Luttrell and his team set out on a mission to kill notorious Taliban leader Ahmad Shad in late June 2005. (Run time 2:00)
	October 24-31 <i>Mr. Mom (PG) (1983)</i> <i>Michael Keaton, Teri Garr</i> After he is suddenly laid off, a husband switches roles with his wife. She returns to the workplace, and he becomes a stay-at-home dad. (Run time 1:31)

For **Programs and Movies**, go to NEW channel numbers **970 & 971** (Bulletin Board information appears only if neither is currently airing). Call HMCTV at **610-436-5922** if you **aren't able to receive** our TV channels. To view Programs online, go to www.hersheysmill.org and navigate from TV & Digest to HMCTV to Original Programming.

HMCTV reserves the right to make program substitutions, and dates/times are subject to change. Opinions of hosts, guests, or advertisers shall not be construed as an endorsement by HMCTV. ©2020 HMCTV

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Classifieds

Ad deadline is the 23rd, and ads run two months at no cost (due to lead time, an ad received on January 23 would start in the March edition, etc.). Please limit description to 30 words per item, and include pricing and contact information.

Ads are subject to review/editing. Send submission to editor@hmctvguide.com, attention editor, or place printed/typed copy in the HMCTV mailbox outside the building. You must be a HM resident to advertise.

FOR SALE: Items from moving sale:



1) Ethan Allan Rock Maple Dining Room set, includes 60" oval table with three table leafs, table pads, six chairs plus two arm chairs, buffet, and china closet. \$1,500 or best offer.



2) Emperor Grandfather Clock, 6' 8" tall x 21" wide x 11" deep, plays three different melodies (Westminster, Whittington, and St. Michaels) and can be silenced. \$1,200 or best offer.



3) Baldwin Grand Piano, Model L 6' 3". \$6,500 or best offer.



4) Oval Coffee table, 44" long x 30" wide. \$300 or best offer.



5) Four-piece sectional sofa that includes two lazy boy seats and a queen size sofa bed, great for grandkids! \$300.



6) Kitchen table and chairs. \$300 or best offer.

All furniture owned by one family; house

is 15 minutes away from Hershey's Mill. Call .



FOR SALE: Two custom oak bookcases, 48" x 84" x 12". 6 shelves in each bookcase. \$150 each. Two Berger Brothers filing cabinets, four drawers in each cabinet. \$50 for both as a package deal. Please contact Gabrielle at



FOR SALE: Great Condition. American Drew solid wood headboard, \$125 or best offer. 81" x 55.5", no blemishes. Contact Bill



FOR SALE: Outdoor concrete 2-piece water fountain medium pump. \$100. Buyer must transport.



FOR SALE: Medium size folding crate with mattress, 30.5" L x 19.5" W x 21" H, \$25.



FOR SALE: Brunswick Gold Crown 3 pool table, perfect

condition, all equipment included. Buyer must move. \$500.

Contact Terry at for the three items above.

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Moca Asian Cuisine

Asian Fusion Restaurant

Bill and Patricia Schultz | Chatham

In the mood for a poke bowl, noodles and rice, sushi, sashimi, wonton soup, Kung Pao, teriyaki, sweet and sour chicken, or fried rice? Then we have found an ideal choice that is near to Hershey's Mill. Moca!

About five miles from our HM main gate along Lancaster Pike in Malvern on the south side of the road with ample parking is a fairly new Asian Cuisine establishment. It is open seven days a week, opening at 11:00 a.m.

made. The more-than-filling 12 pieces of thick sliced assorted fish selections in the sashimi lunch were served in a lovely bowl with fresh, tasty greens. The Lo Mein was exceedingly tasty, full of sliced chicken, and served with white rice on the side. We both sampled the Lo Mein and agreed that it was a great choice for lunch. It was also available with beef, shrimp, or just veggies.

We decided to take a pass on dessert, but we did enjoy the iced tea and



most days, with the exception being Sunday at noon. It offers lunch and dinner at reasonable price levels.

The menu is quite extensive with numerous choices to satisfy one's cravings. On our visit, we selected chicken Lo Mein (Patricia), and Bill was hungry, so he ordered hot and sour soup (cup), Yellowtail tuna roll, and the sashimi lunch (12 ample pieces). The soup was served hot, and we found it to be very tasty and full of the ingredients one would expect. The Yellowtail roll was large and freshly

the diet Coke served with lemons and plentiful ice.

The decor was modern, and the tables were far apart in a large spacious dining room. We selected a comfortable booth near the window. The service was courteous and very efficient. Our only criticism might be that we like to watch the people preparing the sushi, and the sushi area was in another room off the lobby but not visible from the dining area. Moca can satisfy all your Asian cuisine needs.

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Steven Friedrich

Bruce Decker | Yardley

Steven is a recent volunteer to the Hershey's Mill *Guide and Digest* staff. He was recruited by the Editor because she felt that his experience as Editor of the Jefferson Village newsletter might be helpful. He found the invitation attractive as a way to contribute and because he admired the quality and breadth of subjects in the *Digest*. Since joining, he has edited several articles on the HM Library and the Movies/TV Listings.

"I write a lot of articles for the *Jefferson Journal*, but to tell the truth, I find the *Digest* to be right on target."

Steve is serving his sixth year as a volunteer member of Jefferson Village HOA council and is the editor and a writer of the *Jefferson Journal*, the village newsletter. While he was President of his HOA, he oversaw a period of updating major Village maintenance projects. The topography of the Mill shows Jefferson at the lowest point, which made the drainage a major problem. Steve feels that his main contribution was his ability to get people to work together on the Council and with the property manager. More recently, Steve found another Villager, a lawyer who was interested in representing the Village at the MA meetings, and he encouraged her to become president of the HOA.

Other volunteer activities usually involve Congregation Beth El-Ner Tamid in Broomall, where he is Cantor and teacher of Bible and

Ethics. He will organize classes on any subject the congregation wishes to study. He collaborates with the Rabbi to meet the educational and spiritual needs of the people, and he feels that teaching is just part of his calling.

As far as volunteering in The Mill, he feels that all residents need to be willing to contribute in some way. "Living in The Mill is a privilege." He feels that some people need to take responsibility and not expect service as if they are tenants in an apartment.

Steve has always lived and worked in the Philadelphia area. After graduation in Political Science from Muhlenberg College, his work was noticed by a professor at Gratz who had heard him sing and convinced Steve to become a full-time Cantor. He did so with Temple Israel in Upper Darby for 12 years. He studied on his own and with three other cantors and joined the Cantor's Assembly, a professional organization.

Steve has been married to Ann for almost 50 years. They have three sons and two grandchildren. Steve met Ann at a Sweetheart Dance in high school, and they were married by age 21.

Steve is extremely concerned about current events and the way people treat one another. He is especially upset with the ads that are so hateful and give no information. "People get turned off and don't vote which is the worst thing." One thing I will bring to my task as an editor is sensitivity. You have to be so careful of the words you use today.



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The Buzz is HOMEGROWN NATIONAL PARK

BARBARA CRISPIN | INVERNESS

Buzz words abound in the gardening world. And native plants are the buzziest right now. The Homegrown National Park (HNP) website is the place to go to get the facts and be inspired to add native plants to your garden, patio, or deck. Yes, patio or deck. An aster or coreopsis added to that pot of petunias or geraniums will add visual interest plus food for our native insects and birds. The Container Garden Resource guide on the HNP website www.homegrownnationalpark.org provides recommended plant lists and native plant databases where you can learn more about those that interest you. The National Wildlife Federation native plant database link is the first place I check when selecting at a nursery, garden center, or online. Or check the Nature Group's Native Plant Guide to find plants specifically appropriate to our community.

The Homegrown National Park movement began in 2007 when entomologist Doug Tallamy published *Bringing Nature Home* to explain why native plants are critical to the survival of insects and birds, and to us as well. His next book, *Nature's Best Hope* shares the good news that if everyone adds a native plant to the place where they live, we will greatly increase the chances that native insects and birds will find the food and shelter they need to thrive. We can track the success of this grass roots movement by looking at the website's interactive map that highlights all the places where folks have registered their plantings. The goal is 20 million acres.

If you can't garden or simply don't have a green thumb, take time to wander our grounds and appreciate the components of HNP that we steward. The Native Plant garden is a start, and many nearby community gardens feature native wildflowers. Milkweed, black-eyed susans, and cardinal flowers brighten several wildflower areas. You can't miss the goldenrod on the storage lagoon berm - they provide food for wintering birds, shelter for insects, and the roots are a major defense against erosion. The newly-planted oaks and willows in riparian areas and our own unique serpentine barrens are further contributions to the HNP.



Now is the time to get on the map! The HM Native Plant gardens are on the map. My front flower bed is too. We welcome you to join us. If you already have native plants in your garden, great, let us know. Send an email to

hersheysmillnature@gmail.com telling us your house number, the estimated size of your planted area and what native plants you selected. It may be 20 square feet, a deck railing, or even one pot at the front door. When you add new native plants, let us know. It all counts. Then we add it all together and update our total on the HNP map. We'll see Hershey's Mill grow to be a Homegrown National Park. *We'll share the buzz on the HM Nature Group website.*

Photo captions, left to right:

Nature Group Native Plant Garden, Christine McCormick, Ashton.

Homegrown National Park in Hershey's Mill, Christine McCormick, Ashton.

Windows 11 Built-in Security

Don Trauger | Kennett

When you purchase or use a Windows 11 computer you are getting the highest protection from malware intrusions that is possible today. Features like **Secure Boot** and **Trusted Platform Module (TPM)** are hardware components on the computer (versus programs or apps).

Secure Boot protects the computer from rootkits, a type of malware that takes over the computer from its startup. **TPM** holds encryption keys and certificates to further enhance security for browsers like Chrome and Firefox and others. The generated keys are only stored locally and can never be extracted or copied to other locations. This is much more secure than when keys are generated by the regular processor because a Trojan or other malware could theoretically intercept such keys.

More recent processors (computer chips) along with these two are required for Windows 11 to work properly. This is also why Windows 11 won't work on older computers. Another hardware feature of Windows 11 is something called **virtualization-based security or VBS**. Modern processors can run code in virtual machines with their own separate parts of working memory. This keeps the code separate from the main working memory, ensuring that malware won't spread to the rest of the computer. One note: all this security works independently

and automatically and is not controlled by the user.

Of course, you must install a good anti-virus program and a malware scanner program. These two 'frontline' security components allow Windows 11 to do what it needs to do underneath all the installed programs. I recommend **Bitdefender Total Security** and the free version of **Malwarebytes**. The paid version of Malwarebytes may interfere with Bitdefender because it acts like an anti-virus program, and you never want two anti-virus programs running on your computer at the same time. After you install the Malwarebytes program you should disable the paid versions' free trial that comes with it by clicking the Settings icon at the top of the main Malwarebytes window, clicking the Account tab at the top of the window, and disabling the subscription under the License key. The free version will now work properly.

Most worthy anti-virus programs offer automatic scans of your system and will notify you if it finds malware after the scan completes. Make sure that setting is turned on. Bitdefender Total Security does scan automatically. Malwarebytes does not but you should do frequent manual scans. You can download these programs at bitdefender.com and malwarebytes.com.

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Cell Phone Signal Boosters & Wi-Fi

There are certain areas where you may expect a poor cell phone signal. However, when you're in your own home, a good connection is important. There are two ways to acquire cell connectivity within your home if you have a weak cell signal: **Signal Booster** and **Wi-Fi** connection.

Signal Booster

This device can provide improved connectivity and reduce your phone's battery consumption by strengthening the signal, which allows your device to operate at lower power

levels in areas with weak reception. Cellular signal boosters boost your service using signals from further away cell towers. At least one bar of service is necessary for a booster to work. A signal booster system typically consists of three main components:

The **external antenna** is usually mounted outside your home or in a window, where it captures the weak cell signal. Position it in a location where it can access the best possible signal from the nearest cell tower. Omni-directional antennas capture

signals from multiple cell towers; Yagi-directional antennas focus on a specific tower. The antenna sends the weak signal to the **signal amplifier**. The amplifier/booster strengthens the received signal enough for distribution inside your home. The **internal antenna** is responsible for broadcasting the amplified signal within your home. The choice of an internal antenna depends on the specific area you want to cover with an improved signal.

Once installed, the signal booster system provides a stronger and more reliable signal within your home. You should consider these factors when selecting a cell phone signal booster:

- **Coverage Area:** Determine the size of the area that requires improved signal coverage.
- **Compatibility:** Check that the signal booster is compatible with your cell phone carrier and the frequency bands used in your area.
- **Signal Strength:** An exceptionally weak outdoor signal may require a more powerful signal booster.
- **Due diligence:** Research customer reviews and ratings for different signal booster models.

Using Wi-Fi Signal vs Cell Phone Signal Booster

A strong Wi-Fi signal in your home can be used to make calls and send texts. To use Wi-Fi calling on a smartphone, enable Wi-Fi on your phone and connect to a Wi-Fi network. Once connected, your phone will use the Wi-Fi network to

make calls and send texts, which can help improve call quality and reduce dropped calls.

Wi-Fi calling is not a replacement for a cell phone booster. Wi-Fi calling only works when you're connected to a Wi-Fi network. If your Wi-Fi goes out and you have a weak cell signal, a cell phone booster can improve the cell signal in your home when you're not connected to Wi-Fi. If Wi-Fi goes out, you want to always be able to use cellular as a reliable backup, especially for any sort of emergency.

If the electrical power goes out neither the cell phone booster nor Wi-Fi will provide connectivity, so plan accordingly.



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BIKE

Jeff Smith | Princeton

We had a nice day for our annual ride in the Lehigh Gorge State Park on July 22. The Jim Thorpe Bike Train with two gondolas full of bikes transported us from the town of Jim Thorpe 26 miles north to the village of White Haven. After our bikes were taken off the train, we began our ride south back to Jim Thorpe. Much of the trail is shade covered, so even on sunny days the trail is generally cool. As the trail is alongside the Lehigh River, we had good views of the numerous kayakers, rafters, and tubers drifting down river and taking an occasional swim.

Our ride on August 9 was a first on the Michael Castle and Ben Cardin Canal Trails. Eight of us drove to the trail head at Delaware City, DE and embarked riding south on this asphalt trail along the Chesapeake and Delaware Canal. Being alongside the canal, the trail is mostly level, but there were a couple of areas where we had to deviate away from the canal and pedal up a short hill to circumvent a marina. Unfortunately, there isn't much shade on this trail so we were in the sun much of the way and pedaling against a headwind. It's a scenic ride as there are always interesting commercial and pleasure ships going through the canal. Once we arrived for lunch at Schaefer's Canal House, which is located right on the canal, we got a table next to the



L to R: Jeff Smith, Pete Marcelli, Bill Dolton, Bob Zink.



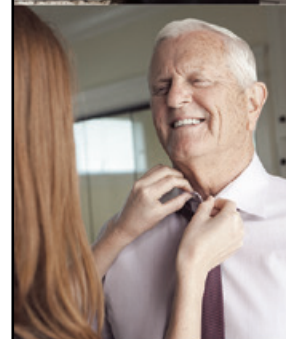
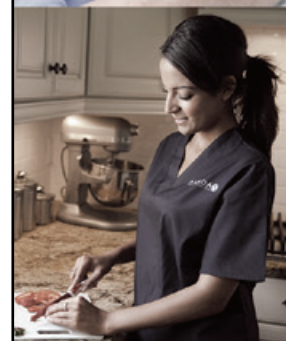
Seated: John and Julee Gooding; standing left to right: Thom Eusebi, Bob Zink, Jeff Smith, Bill Dolton, John DeVol, Sandy Kuric.

dock and had a very good lunch before heading back to Delaware City. The ride back was quicker as the wind was now behind us and made for easier pedaling.

If you receive your *Guide and Digest* prior to September 30, don't forget the Pedego e-Bike Company will be in the parking lot on that date by the tennis courts from 1:00 to 4:00 p.m. with several models of their e-bikes for you to ride. If you're considering an e-bike, this is a great opportunity to find out more about a battery powered bike.

Get a bike, get a life!

(continued)



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PLATFORM TENNIS

Marie Derby | Jefferson

Hershey's Mill is breathtaking in the fall, so make a commitment this year to enjoy it as much as you can! One way to do that is to learn how to play platform tennis. This sport takes us right into winter - another beautiful season here! Follow these steps and we'll see you on the courts.

Step 1: Set your mind to stay active through fall & winter by joining the platform tennis players. We play Monday through Friday 2:30 to 4:00 p.m., Wednesday night 7:00 p.m. (under the lights), and Saturday 9:30 to 11:00 a.m. Fridays are special as we Pour @ Four (BYOB, snacks supplied)

to socialize and have fun. Our friendly players will teach you how to play.

Step 2: Get the right gear as the platform tennis surface is rough and gritty, so you need outdoor court shoes that have a durable bottom. According to Keith from TheVolleyLlama.com, look for a tough outsole, a durable upper, affordability, and a partial herringbone tread pattern. This gritty, rough surface allows us to play even during a light drizzle. We brush off snow.

Step 3: Starting October 16th - According to the Detroit Ladies Platform Tennis League, dress in flexible layers so you do not feel restricted. Warm up is quick; it's quite shocking actually. Similar to our

beloved pickleball and tennis waiting areas, the platform tennis area also has a waiting area that is inside in a nice warm room. See you on the courts!

PICKLEBALL

Tom Fant | Yardley

There is an area in pickleball known as the Kitchen, also known as the Non Volley Zone (NVZ). What is the purpose of this strange-sounding area in the sport of pickleball? Since pickleball is a made-up game using elements of several backyard games, and its name also invokes a raised eyebrow, why not some more unique nomenclature. The ball used in pickleball has a firm surface, and although it has holes in the ball,

similar to a whiffle ball to deaden the speed, it can get up to 50 MPH when hit with force. The object of the Kitchen is safety. People are not permitted to hit the ball in the air from the Kitchen. They can only hit the ball in the Kitchen if it bounces in it, which is usually from a soft shot like a dink. Our aim is to have fun and be active. HM pickleball players are in tune with this goal and are mindful of aggressive play to keep it aligned with these goals. All HM residents and their guests are invited to come and enjoy our pickleball courts and nearby pavilion. Equipment is provided and available in the small storage shed in the pavilion.

(continued)



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SHUFFLEBOARD

Sandy Deckard | Jefferson

Fall is here! It's amazing how fast the year is flying by. We have had a very good attendance at our morning sessions throughout the summer and early fall and we always enjoy the fellowship. We will plan to continue play as long as the weather permits. There have been some years that we've played until Thanksgiving before it got too cold.

One really nice addition to our courts has been the decorative hand-painted rocks that have appeared in the stone

areas along the borders, around the shuffleboard side and the bocce courts as well. They are beautifully done. Personally, I don't know who has provided them, but I'd like to say thank you to the donor for they are truly a unique addition to our sports area.

Now that most of our summer traveling is done, come join us at shuffleboard and keep active. We're there on Wednesday and Saturday mornings until further notice. Keep checking the Master Home Owners announcements.

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Harvest TIME

John Groch | Chatham

Since we no longer live in a primarily agrarian society, we no longer feel the excitement that previously had surrounded the year-end harvest. Our supermarkets are well-supplied with fruits and vegetables year-round. Of course, gardeners retain some of the joy of the harvest as they continue to harvest lettuces, potatoes, broccoli, cabbage, eggplant, beets, winter squash varieties, and other vegetables and fruits well into the fall. But most of us continue to rely on a global food supply that allows us to stock our fridges year-round.

There are some common harvest time customs and practices, however, that we continue to celebrate to this day. The word harvest comes from an Old English word which means to reap, gather and store the food that will nourish the community through the winter. In ancient and medieval times, this season was a matter of life and death. If the harvest was not plentiful, people would starve. A rich bounty was cause for great joy and thankfulness.

Ancient Persians celebrated the harvest by setting their tables with candy, flowers, vegetables, and fruits to commemorate affection between friends and the love of family. Jewish communities celebrate Sukkot by building huts in their yards where they spend seven days eating, sleeping, and praying, reminding themselves of the joy and gratefulness experienced by ancient Israelite farmers at harvest time. Chinese people celebrate the

Moon Festival with colorful lanterns, which offer guidance to prosperity, and by eating moon cakes and playing entertaining games. We can recognize some of our own autumn practices in these traditions.

Mindful of nature's apparent death in the fall, the ancient Celts believed that the veil separating the living from the dead became thin and the Druid lord of the dead, Samhain (Sow-in) released spirits to wander the countryside for a day, October 31, the Celtic New Year's Eve. The Celts appeased the spirits by offering harvest treats to prevent harm. Christian missionaries to Ireland redirected the focus from dangerous ghosts to friendly saints, commemorated on All Hallows' Eve, the day before All Saints' Day.

Eventually the fall holiday became Halloween, blending both traditions by disguising children as ghosts, goblins, and all sorts of notable figures. In 19th century America, Irish immigrants introduced the figure of Stingy Jack, who lost favor with both the devil and God and roamed the earth with a hollowed-out turnip lamp and was known as "Jack of the lantern." So, the ancient practice of celebrating the joy of the harvest, and the related recognition of death as a part of life, combined to form modern fall rituals, all based on the life-giving phenomenon of the harvest.

Sources: coastalexpeditons.com; bpl.org; lapdonline.org

Basic Bridge

Walt Woerheide | Springton

Hands that have unusual distribution are often stronger than their high card point count would suggest. This month, East has a standard better minor opening. South passes. With eight high card points and six clubs, West raises to two clubs. North likes his holdings in the two major suits, so he bids a takeout double to ask his partner to bid his best suit. If South bids diamonds, North should bid two notrump. East has already bid the full strength of his hand, so he passes and leaves the decision about going higher to West.

A takeout double promises support in the unbid suits. It must promise at least three cards in any unbid majors and normally implies an opening point count. Because South knows they have at least an eight-card fit in spades, and his club void adds five points to his seven high card points, he bids three spades. This jump bid promises at least a ten-point hand. West appreciates that his singleton

spade is now worth three points, so he bids four clubs. North likes the spade fit with his partner, and although his diamond king may not win anything, it is still worth three points as a singleton. He bids game in spades. At this point, an aggressive West might bid five clubs, which would become a winning bid, but in this case he passes.

Because West's raise in clubs guarantees at least five, East can assume the five of clubs led is West's fourth best club. He also knows South has at most two clubs. East would use the rule of eleven to determine the value of any clubs South might have. This rule says that when the fourth best is led, one can subtract the value of the card led from eleven to determine the number of clubs North, East, and South together hold that are higher than the five. Eleven minus five is six. As North holds three and East holds three, this means that if South has any clubs, they would all be lower than the five. So, when the nine of clubs is played from the dummy, East inserts his jack and South ruffs.

East Deals, Both Vulnerable.

North

♠KJ74
♥Q8641
♦K
♣K98

West

♠5
♥K3
♦QJ43
♣QT6543

East

♠A98
♥975
♦AT6
♣AJ72

South

♠QT632
♥AJT
♦98752
♣-

Bidding:

	East	South	West	North
1♣	Pass	2♣	Double	
Pass	3♣	4♣	4♣	
All pass				

Opening Lead: 5♣

South has four spade and four heart tricks with certainty. He needs to find two more tricks! The obvious source is cross ruffs. He leads a diamond, which East wins. Now East sees that South can make a lot of tricks with cross ruffs, given his diamond and club voids. East leads the ace of spades followed by the nine. South wins the second trump in dummy and leads a low heart, playing the ten, which loses to the king. No matter what West returns, South wins that trick. He plays one more round of trumps, takes his heart winners, and ruffs the remaining clubs and diamonds. South makes his game, losing only the ace of diamonds, the ace of spades, and the king of hearts. Note that East-West could make a small slam in clubs, losing only the ace of hearts.



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I Saw What I Saw...

Frances Waldron | Chatham

Last month there was no article because I had writer's block and a sense of redundancy. Everything I can write about is on the internet, so why repeat it here? Then, I saw what I saw, which made me think. Do we ever get over feeling invincible or that nothing bad will happen to us? Do we pay more attention when the information is directed at us than when it is just out there in cyber space? Do we retain and heed any of the information we are given? I cannot answer my own questions or forget what I saw.

I was planning to do a series on prevention of falls last month but felt that topic had been fully addressed. Then I saw what I saw and knew something was missing. We will work on falls prevention in the future.

What I saw also made me think about safe 'functional mobility,' the occupational therapy term for moving about in space however you

do that: walking with or without a cane, using a walker, or using a wheelchair. Training in walker or cane use is better demonstrated than read. It is far easier to see and practice techniques with a coach. In that case, practicing the activity beats a million words.

Lastly, as I began to think about prevention, I thought about universal design and how that could have prevented what I saw. What is universal design? It is exactly what its name says - places and objects designed to be used with ease by everyone in our universe. It involves making spaces user-friendly for everyone from children to senior citizens and including every ability level on the spectrum.

Examples are ramps instead of steps, lever type door handles versus knobs, indicators on traffic signals telling us when to walk and when to wait, and grooves and bumps on walkways. Ramps are beneficial for toddlers



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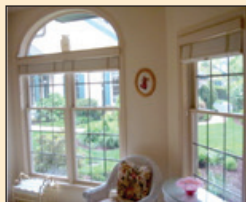
too short to climb steps, for parents with strollers, and for seniors with a cane or a walker. They are just easier. Most people, in my unscientific survey, use them anyway instead of the steps. Levered handles require less grip and muscle strength. They can accommodate the use of other body parts, such as an elbow, to open a door better than knobs. Again, just plain easier. The walk and stop icons

on traffic lights eliminate any language barriers. Universally, we can recognize the little walking stick figure. Ones with audio signals give visually impaired folks sounds to follow to navigate the world safely. Grooves and bumps at street crossings are used for white cane travel, giving the visually impaired both tactile and auditory feedback for safety and orientation.

So, what did I see that bothered me? One of our neighbors tried to step down from a curb with a walker, and very nearly fell. The universal design feature that would have prevented what I saw and left me with writer's block is the curb cut, which the neighbor completely ignored!

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Recipes

If you have recipes of your own you would like to share, especially for the upcoming holidays and events, please send them to editor@hmctvguide.com.



Baked Brie with Jezebel Peaches

Pam Hudson | Eaton

Ingredients

- 1 tbsp jalapeno pepper jelly
- 1 tsp spicy brown mustard
- 1/4 tsp salt
- 1/8 tsp pepper
- 1 large ripe peach peeled and cut into chunks
- 1 Brie round about 13.2 oz packed in a wooden box

Instructions

Preheat oven to 350°.

Stir together the first four ingredients, then gently stir in peaches until covered.

Unwrap the brie and discard the rind from the top. Place back in wooden box and place on baking sheet.

Bake Brie for 10 minutes. Spoon peach mixture over the brie and bake for another 5 minutes or until cheese is melted.

Transfer to a platter and serve with crackers of your choice.



Oyster Stew

Pam Hudson | Eaton

Ingredients

- 4 tbsp butter
- 1 large onion, finely diced
- 2 garlic cloves
- 1/4 tsp red pepper
- 1/4 tsp paprika
- 1/4 tsp salt
- 1/2 tsp black pepper
- 6 cups whole milk or half and half
- 1 tsp of dried parsley
- 16 oz fresh raw oysters, undrained



(continued)

Instructions

Heat butter over medium heat in heavy bottom 3-quart saucepan. Add diced onion and sauté until tender, about 5 minutes. Grate or mince garlic, continue to sauté for another 1-2 minutes, being watchful not to burn. Add red pepper, paprika, salt, and black pepper. Stir about 1 minute.

Drain oysters and reserve oyster liquid. Reduce heat to low, add milk, parsley, and oyster liquid.

Cook over low heat until mixture is hot and beginning to steam, and bubbles just start to appear around the edge. Do not allow to boil.

Add oysters and continue to cook over low heat until oysters begin to curl on edges. Serve and enjoy!

Mom's Favorite Beans for a Crowd

Charlotte Potter | Yardley

Ingredients

- 2 15 oz cans large white lima or butter beans, drained
- 1 15 oz can green lima beans, drained
- 1 15 oz can dark red kidney beans, drained
- 1 16 oz can baked beans, *undrained*
- 8 slices bacon
- 4 large onions, sliced
- 1/2 c brown sugar
- 1 tsp dry mustard
- 1/2 tsp garlic powder
- 1 tsp salt
- 1/2 c cider vinegar

Instructions

Fry bacon until crisp, crumble, set aside.

Add onions, brown sugar, mustard, garlic powder, salt, and cider vinegar to bacon grease. Cook covered for 20 minutes.

Add all the beans and the crumbled bacon.

Bake at 350° for 1 1/2 hours.

(Can be baked ahead and frozen.)



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and surrounding areas



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Activities Contacts

Art Group	Sara Hamilton
Billiards Club	Jim Short
Bingo	Hal Deal
Book Discussion Group	Carol Barkovsky
Bowling (Oct-Apr)	Rosie Taylor
Bridge Groups:	
Fun Bridge	Kathy Martinides
Golf Club Tuesday Bridge	J.B. Smink
Golf Club Friday Bridge	John Marks
Social Club Party Bridge	Susan Hackstaff
Talking Bridge	Lisa Groff
Cards & Games	Jacki Gernscheid
Caregivers Support Group	Robert Hughes
Chester County Hospital Auxiliary	Kate Lindsay
Cradle Stitchers	Donna Faunce
Exercise to DVDs	Barbara Scott
Gardens (Community)	Jim DiCarlo
HM Folk Song Circle	Lynne Urian
HM NEWS	Sherry Kane
Knitting Circle	Ruth Schick
Mah Jongg (Groff)	Lisa Groff
Mah Jongg (Tuesday)	Carol Smore
Mermaid Book Club	Karen Smith
MerryMakers	
Nature Group	Christine McCormick
Paoli Hospital Auxiliary	Judy Molt
Photography Club	Roger Fleming
Pinochle Club	Kate Lindsay
Poker Club	Mike Brindisi
Quilters	Diane King
Scrabble	Marie Knox
Singers (Hershey's Mill Singers)	Dolores Manion
Social Club	Rosalind Baker
Sports	Dave Nagurney
Sullivan House (FoSH)	Elaine Becker
Table Tennis	Dave Kagan
The Players	Shauna Flynn

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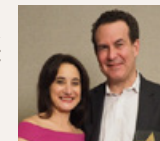
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