APRIL 2024

# GUIDE DIGEST







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#### Hershey's Mill Community TV

A fully self-supported nonprofit organization.

20 Hershey's Drive West Chester, PA 19380 Telephone: 610-436-5922 E-mail: hmctv@comcast.net

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#### **HMCTV Guide and Digest**

E-mail: editor@hmctvguide.com

Volume XXVIII, Number 4 - April 2024

**Editor Marie Knox** 

Assistant Editor Steven Friedrich

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Walt Woerheide

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All submissions welcomed; with rights retained by the owner. Send to <a href="mailto:editor.">editor.</a> Characteristics with rights retained by the owner. Send to <a href="mailto:editor.">editor.</a> Hardcopy submissions are not accepted. Articles should be limited to 500 words (although others may be considered), and submitted as Word documents. Photographs should be high-resolution and saved as JPEG's. HMCTV determines suitability and has sole discretion to publish any submission. Submissions are due by the 23rd (37-40 days in advance of each edition) for possible inclusion (those received after will be reviewed for the next); contact the Editor for exceptions. Articles are subject to editing for space, clarity, and grammar. Information and opinions are those of the author, and may not reflect those of Hershey's Mill Community TV, its officers, or directors.



Interested in advertising in the Guide and Digest?

CONTACT:
JACK KEELEY
EMAIL:
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#### Marc Fraser | Director of Security

From time to time, usually during inclement weather, Hershey's Mill villages and the surrounding community may lose electricity. While most outages last two or three hours, a few have lasted for more than 24 hours. During power outages lasting any length of time, the Security Department receives dozens of phone calls from residents who find themselves in inconvenient, or even emergency situations that could be prevented with advanced planning.

Listed below are suggestions that can better prepare people for a power outage:

1. When the power is out, your automatic garage door opener will not operate. For those residents with detached garages, be sure you know how to operate your emergency door release.

NOTE: Always take your house keys with you when you leave home, as you cannot rely on entering your home through your garage during a power outage.

- 2. Keep flashlights around the house and have extra batteries handy.
- 3. Keep a charged cell phone somewhere in your house, as your home phone will no longer have dial tone unless you have a backup battery for your Fios equipment.

- 4. If you are dependent on any lifesaving electrical devices (oxygen pumps, medical monitors, etc.) please contact your medical supply company to discuss options for a backup power supply.
- 5. Turn off any appliances that you were using when the power went off. When the power goes out unexpectedly, a person may have been using their stove, heating pad, or other device that requires monitoring. A person might leave the house and forget that these items were left running. If the person is not home when the power is restored, then the stove, heating pad etc. may begin operating again without any supervision which can be a fire hazard.

Please call PECO at 1-800-494-4000 to report that your power is out and for all outage-related questions. PECO requires account holders to report their problem directly and does not provide the Security Department with any more information than they give to residents.

Please do not call Security for information regarding a power outage, as this ties up our phone line; and people with security-related issues or emergencies cannot get through.

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#### **Residents Update**

Please pull this page out of the *Guide and Digest* to include it in your 2024 Resident Directory so you have the current information. When you have changed any of your information, please call Security for inclusion in the Update section.

Bozeman, Wayne & Rosemary 1134 Merrifield Drive

Drury, Donald & Janice

Enlow, Tom 615 Glenwood Lane

**Farrell, Thomas** 815 Jefferson Way

Horsell, Margaret & Smith, Norris 835 Jefferson Way

McHugh, Jerry & Ethel 660 Heatherton Lane

Ranck, John & Barbara 346 Devon Way

Sutter, Edward & Reed-Sutter, Joan 787 Inverness Drive

#### **Directory Corrections:**

This resident was accidentally left out of the 2024 Directory: James and Elaine Brogan 1401 Springton Lane This resident's address was incorrectly listed as 978 Heatherton: Joan Evans
678 Heatherton Lane

**Email Corrections:** 

**Bruce Cook** 759 Inverness Drive

**Philip Maresca** 1150 Newbury Lane



#### **IGC CONCIERGE JEWELERS**

IGC Concierge Jewelers will be in the Community Center from 9:00 a.m. to 5:00 p.m. providing a wide range of jewelry services. IGC will be there to purchase the following items: finished or broken gold, silver, or platinum jewelry items; gemstones; sterling silver flatware and sterling silver accessory pieces; fine timepieces such as Omega and Rolex (just to name a few brands), as well as gold or silver coins and vintage paper currency. With their state-of-the-art service center and superior craftsmen, they can expertly repair your fine jewelry and fine timepieces. They also repair fine mantel clocks, wall clocks, or grandfather clocks. Some minor repairs and some watch battery replacement can be done while you wait. The experts from IGC will inspect your fine jewelry and fine timepieces free of charge.

Find extra money in your unwanted items. Complimentary coffee and doughnuts will be served. If you have any questions or wish to make an appointment, please contact IGC at (610) 876-6638. See you at the event!

IGC Concierge Jewelers will be in the Community Center from 9:00 a.m. to 5:00 p.m. on April 4, 2024.

## PAOLI HOSPITAL AUXILIARY SHOWCASE OF HOMES AT HERSHEY'S MILL

Save the Date Thursday May 9, 2024 Adrianne Miller | Yardley Showcase of Homes Publicity Chair

The Paoli Hospital Auxiliary is delighted to present its "**Showcase of** 

Homes at Hershey's Mill" on May 9, 2024, from 10:00 a.m. to 4:00 p.m. The Showcase tour features six beautifully appointed homes. Each home features unique interior design and home decorating ideas for inspiration. In addition, you can choose to lunch at the Hershey's Mill Golf Club featuring an inviting Vendors' Boutique and take a chance on a raffle for one-of-a-kind prizes. What's better than exploring lovely homes while supporting Paoli Hospital's Inpatient Bed Expansion Project through your participation. House tour tickets are \$40 and tour tickets including lunch at Hershey's Mill Golf Club are \$80.

Tickets are available for sale:

## At the Community Center (11:00 a.m. to 2 p.m.)

(11:00 a.m. to 2 p.m.) April 15, 16, 17, 22, 23, 24, 29, 30. May 1, 6, 7, 8

#### At Hershey's Mill Golf Club

Wednesday Happy Hour (4:30 to 6:30 p.m.) April 17, 24, and May 1

Saturday (5:30 to 7:00 p.m.) April 20, 27

Thursday (9:30 to 10:30 a.m.) May 9 – Tour Ticket Only



For more information or tickets contact Sandi at 484-535-2639 or visit http://bidpal.net/phashowcaseofhomes

**EDITORS NOTE:** The January, March, April and May editions of our Getting to Know You Feature will introduce you to the homeowners whose homes you will see in the **Showcase**.

## ANNUAL HERB SALE AT HISTORIC YELLOW SPRINGS

The Philadelphia Unit of the Herb Society of America invites you to attend May 9, 2024, 10 a.m. to 1 p.m. (rain or shine) cash or check only. Visit us on our website: www.hsaphiladelphia.org.

## JOIN US FOR OUR ANNUAL HEALTH FAIR AND FARMERS MARKET!

The Wagner Group / Compass RE and Harmony Cares are delighted to invite you to our Second annual Mini Health Fair and Farmers Market at the Hershey's Mill community center. Date: May 22, 10 a.m. to 12 p.m. Location: Hershey's Mill Community Center.

This event promises to be a vibrant gathering where community members and their families can explore a variety of resources dedicated to enhancing well-being and quality of life.

(continued)



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#### **Community News (continued)**

Senior Resources and Expert Insights: At the Health Fair, you'll have the opportunity to engage with healthcare representatives and experts in the field who are eager to share valuable insights and information. Whether you have questions about health services, wellness programs, or caregiving support, our knowledgeable vendors are here to provide guidance and support tailored to your needs.

Healthy Treats and Nutritious Delights: Each vendor at the event has prepared a special treat just for you! As you explore the market, be sure to grab a bag and fill it with an assortment of healthy fruits and vegetables. Along with these fresh, locally sourced delights, you'll also receive valuable nutrition information to help you make informed choices for a balanced and nourishing lifestyle.

We can't wait to see you at the Health Fair and Farmers Market – it's an opportunity to connect, learn, and indulge in the abundance of health-focused offerings. Mark your calendars and join us for a day dedicated to your well-being!



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#### HERSHEY'S MILL ART GROUP

#### Martha Hanson | Franklin

We would like to congratulate one of our members, Carol Habig, for having 2 paintings accepted for exhibit at the 2024 Philadelphia Flower Show, the nation's largest horticultural event. Carol has been a member of The Philadelphia Society of Botanical Illustrators for over 25 years, and as a member she can enter two paintings for consideration to exhibit at the show. The submitted paintings are juried by art experts including one botanical juror, one artistic juror and one PHS juror. Only 30 to 40 are accepted after this rigorous process. This year, Carol's submissions of a rose and a marigold were accepted and included in the display. A botanical illustration accurately portrays a plant for scientific study and is finely detailed. It highlights the plant's features in an artistic but accurate way. It is a blend of art and science and does not have any support such as back-ground images, tablecloths or other objects commonly used in a still life painting. The HM Art Group is proud to have Carol as one of its talented members!

#### HERSHEY'S MILL BOOK CLUB

#### Carol Barkovsky | Eaton

Please join us on Thursday, April 11 at 2:00 p.m. in The Sullivan House, where Joyce Ross will lead us in a discussion of "Lessons in Chemistry" by Bonnie Garmus.

Chemist, Elizabeth Zott, is not your average woman. In fact, she would be the first to point out that there is no such thing! It is early 1960s and her

all-male team at Hastings Research Institute has a very unscientific view of equality. Except for Calvin Evans, a lonely, brilliant Nobel Prize nominee, who falls in love with her mind, true chemistry results!

Life, like science, is unpredictable! So, a few years later, Elizabeth has become a single mother and reluctant star of America's most beloved cooking show, Supper at Six. Her usual approach to cooking (combine 1 tablespoon acetic acid with a pinch of sodium chloride) proves revolutionary. As her following grows, not everyone is happy because she isn't just teaching women to cook, she is daring them to change the status quo! Laugh-out-loud funny, shrewdly observant, and studded with a dazzling cast of supporting characters, Lessons in Chemistry is as original and vibrant as it is protagonist.

#### HERSHEY'S MILL KNITTING CIRCLE

#### Ruth Schick | Chatham

Are you ready for Spring? It's almost here, and therefore, it's time to think about warm weather projects. If you are a knitter, crocheter or other handicrafter, why not join our Knitting Circle? We love to work on projects together, take part in a little banter and have all-around fun. We meet on Thursdays from 1 p.m. to 3 p.m. in The Paoli Room of The Community Center. When summer arrives and the weather is good, we meet at the Pool. For information about the Knitting Circle, contact Ruth Schick.



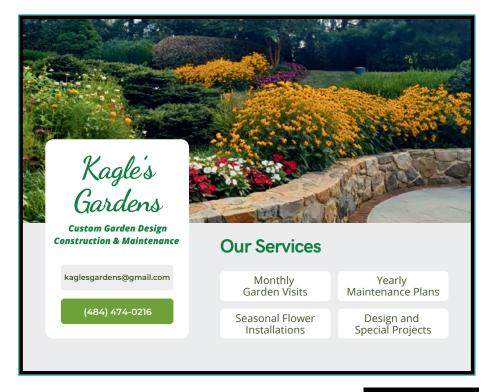
#### HERSHEY'S MILL NATURE GROUP

Christine McCormick | Ashton

Spring is here—birds are migrating, and plants are sprouting. On April 3 at 7 p.m., join the "Lights Out Philly" zoom session to hear how the city is aiding the birds in flight. Sign up for a bird walk on April 15 or May 20—space is limited so plan ahead. Even if you don't join a walk, do report your



(continued)



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#### **Club News (continued)**

feeder sightings. It has been a while since a Baltimore Oriole has been seen here (add a half orange to your feeder and be the first to report one!).

Even gardeners, frustrated by their small domain, can join HomeGrown National Park. On April 16 Barb Crispin and Derek Stedman will tell us how to garden small in Pots and Pockets to support our native pollinator populations while beautifying our environment. The Native Plant Garden is coming to life, and so are the weeds—stop by on Tuesday mornings with your weeding gear to help out and meet new friends. Speaking of helping out and meeting new friends, watch for

the spring "10 Million Trees" planting event. Once again, we will be adding native trees and shrubs to the riparian buffer areas along the Nature Trails.

Do you prefer to wander on your own? At least share your photos and observations by writing to HMNatureComm@hmhoa.com.





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#### **QUILTERS GROUP**

#### Diane King | Jefferson

You may have noticed various quilts hanging around our Community Center. The pictured quilt is hanging beside the top floor elevator door. A close study of the quilt will reveal the flower centers are cut from fabric in a kaleidoscope fashion. The maker of this quilt is Princeton's Marion Mackey, pictured with the quilt. Marion is a published quilt Artist. She had quilts in many juried shows, recently the Houston (TX) International Quilt Show, and she freely gives valued advice to our group. We meet Fridays in the Malvern Room in the Community Center, on Fridays from 10 a.m. to noon. Beginners and everyone are welcome.



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# Dru & Maury Kring

#### Annette Thies | Robynwood

Dru and Maury Kring aren't new to house tours. Their first was an 18th century farmhouse they restored in Chester Springs. The second, when they decided to downsize from ninety-seven acres to seven acres, was an authentic 18th century house they built with all the modern conveniences. Their current Eaton home displays Dru's art and that of other painters.

Originally from Haverford, PA, Dru and Maury married in 1987 and

lived in Atlanta where Maury was an executive for Georgia Pacific. Prior to Georgia Pacific, he was Group Company Chairman at Johnson and Johnson. When Maury took an early retirement, they moved back to Pennsylvania.

In 1999, Maury became the President of the Board for The Mill at Anselma Preservation and Educational Trust. During his six-year tenure, the trust raised two million dollars to restore the mill to full operation with its original equipment and became designated as a National Historic Landmark that is still open today. In his retirement, Maury spends his spare time reading and walking.

Dru's art studio contains paintings in progress, her whimsical "altered books" and sketch books filled with frame-worthy scenes from vacations. Her children say the sketches are far better than any photos she could have taken. She belongs to the Herb Society of America, and volunteers at the medicinal garden at Historic Yellow Springs and Tyler Arboretum's fragrant garden. She recently resigned as Head of the Alter Guild at St. Andrews. A proud pickle ball player, she also plays nine-hole golf and enjoys a nightly game of cribbage with Maury.



## Patty & Joe Panichelli

#### Annette Thies | Robynwood

Patty and Joe Panichelli have a passion for houses, which is reflected in the stunning Yardley home they renovated shortly after moving to HM in 2020. Through their business ON A BUDGET DECORATING, LLC, they've been designing and renovating houses in HM and New Jersey since 2009. Patty, who has been in real estate for forty years, and is currently with Engels and Vogel, said "Real estate and renovation go hand"

in hand." In their business, Patty does the design and Joe the renovation and they do one project at a time to ensure quality work.

Patty celebrated her twenty-first birthday by getting her real estate license. She and Joe met when he was in spring training with the Phillies as second baseman. In the off-season, he built houses with family members who were contractors. When they married, Joe owned a business which he later sold and subsequently worked as Vice President of Sales for several companies. After Joe took an early retirement, he and Patty pooled their skills, Patty's design and real estate experience and Joe's building expertise to start their company.

In his spare time, Joe golfs and enjoys the bourbon/cigar bar Patty designed for him in their home while Patty enjoys shopping for clients and planning parties. They both enjoy entertaining friends and clients and spending time with their children and granddaughter.

When asked if they have hobbies Patty said," We work 24/7 and love it."



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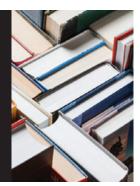
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Please remember that the Guide and Digest may not reflect the most current Bus Trip information. The HM News sent to each resident via E-mail and the bulletin board on Channel 971 will be the source of up-to-date information about the Bus Trips. You can also view the information on www.hersheysmill. org/activities/bustrips/.

Holland Ridge U-Pick Tulip Farm Tuesday, April 23, 2024 Cost: \$40 + Lunch Departs: 9:00 a.m. Contact: Janet Leyfert,

Experience the wonder of over 8 million tulips in bloom at this 300acre family farm in New Jersey. Bring your camera/phone for pictures at the Cinderella carriage, complimentary

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hayride shuttle, feeding zoo, and many other photo props. Browse the Holland Museum and gift shop for Dutch Souvenirs. U-Pick tulips are \$1 per flower plus tax. Food trucks are provided for lunch, or you can bring your own lunch and drink (nonalcoholic) to enjoy at the available picnic benches. We will leave Holland Ridge at 3:00 p.m. Please note that there will still be walking on grass and gravel, and this is a rain-or-shine event. SIGN-UP DEADLINE: Friday, April 5, 2024.

Philadelphia Orchestra Friday, May 3, 2024

**Cost: \$25** 

Departs: 12:00 p.m. Contact: Priscilla Burt,

Join us at the Kimmel Center for the world-renowned Philadelphia Orchestra's performance of Sergei Rachmaninoff's Piano Concerto No. 3, famous for its interconnecting themes and beauty for the pianist. Also, you will enjoy Bela Bartok's popular Concerto for Orchestra, as each section of instruments is treated in a soloistic way. Cost is for bus only. Individual tickets may be purchased online at www.philorch.org or by calling 215-893-1999.

Ocean City, NJ - Spring Block Party Saturday, May 4, 2024 Cost: \$35 + Lunch

Departs: 9:00 a.m.

Contact: Mary Ann McCarry,

Join us for a fun day at the Spring Block Party in downtown Ocean City, NJ, on Asbury Avenue from 5th Street

to 14th Street. There will be sidewalk sales, over 350 crafters, lots of vendors, music in the air, and lots of fun, food, and sweet treats. You can take a walk on the boardwalk and enjoy the ocean view, too! Lunch is on your own at one of the many restaurants/vendors; and we will leave Ocean City at 4:00 p.m. to return to Hershey's Mill.

Bowman's Hill Wildflower Preserve Tuesday, May 7, 2024

**Cost: \$35** 

Departs: 9:00 a.m. Contact: Jayne Lytle,

With springtime comes sunshine and wildflowers. It's an excellent time to join the Nature Group on a visit to Bowman's Hill Wildflower Preserve (BHWP) located in New Hope, PA. This 134-acre Preserve hosts a native plant collection featuring over 700 of Pennsylvania's 2000 native plant species. BHWP's mission to increase the knowledge and use of native plants serves as an educational resource and destination that inspires conservation action. Preserve trained naturalists will serve as guides as we discover the flowers and fruits in season, as well as the habitats and important plantanimal interactions while enjoying the beauty of the trails. Our tour will take approximately one hour. The pathways are not handicapped accessible. After the tour, we will have free time to enjoy the picnic area so bring a lunch or snack and a folding chair. A gift shop and restroom will also be available. We will leave Bowman's about 1:30 p.m. Should weather prohibit our tour on May 7, we have booked a rain date for Thursday, May 9. Be sure to mark your calendar for both dates.

Cape May, NJ Saturday, May 11, 2024 Cost: \$35 + Lunch Departs: 8:30 a.m. Contact: Mary Ann McCarry,

Join us as we go "On the Way to Cape May" for a day of shopping along the

Washington Square Mall, strolling along the beach and seaside, and dining at one of Cape May's popular restaurants. An optional 45-minute Victorian Cape May Trolley Tour is also available at an additional cost of \$20.

**HM Discoverers Road To Freedom** Series - Battle of Brandywine Tuesday, May 14, 2024

**Cost: \$55** 

Departs: 10:00 a.m. Contact: Priscilla Burt.

Join the Hershey's Mill's Discoverers for the second installment of the "Road to Freedom" series. This tour will explore the area of Chester and Delaware counties connected with the American Revolution's Battle of Brandywine, the largest land battle of the war. The battle was fought on September 11, 1777. Hershey's Mill's own author Bruce E. Mowday will guide the tour. Bruce has written three books on the Battle of Brandywine, including the first history of the battle and two books on Lafayette and his participation in the battle. The bus will make stops at vital points where George Washington, Lafayette, and Alexander Hamilton stood during the battle. A lunch at the historic Chadds

(continued)

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#### **Bus Trips (continued)**

Ford Tavern is planned where Bruce will be available for questions. If interested, quickly make reservations. The first tour of the Road to Freedom series sold out within days of being posted. The walking difficulty for this trip will be moderate, with stops at various vista points. Lunch is included in the cost of the trip.

Philadelphia Phillies Friday, May 17, 2024 Cost: \$75 + Food Departs: 4:15 p.m. Contact: Marc Fraser,

Join us on Bryson Stott Bobble
Figurine giveaway night for an evening
of baseball at Citizen's Bank Park as we
watch our Philadelphia Phillies take on
division rival Washington Nationals in
a 6:40 p.m. game. Seats are in Section
327 (like last season), and food is
on your own at one of the ballpark
concessions. Call right away, as we
expect our trips to see the Phillies
this season to again sell out quickly!
Children age 12+ are welcome.

Stone Harbor Tuesday, June 18, 2024 Cost: \$35 + Meals Departs: 9:00 a.m. Contact: Joan Bove,

Enjoy a day on your own in the beautiful seaside town of Stone Harbor. With the Intercoastal Waterway to the West and the Atlantic Ocean to the east, visitors can enjoy peaceful beaches, a quaint downtown, and exceptional restaurants on this barrier island. The shopping district is home to a variety of boutiques and shops that offer seashore chic clothing, jewelry, gifts, and home decor. There

is a wide variety of restaurants for lunch and dinner. NOTE: Rain date is Tuesday, June 25, so be sure to mark your calendar for both dates.

#### **SERIES TRIPS**

2024-2025 Walnut Street Theatre Series

Thursday & Saturday Matinees Cost: \$295 (Series) or \$60 (Per Show)

Departs: 12:30 p.m.

Thursday Series Contact: Jayne Lytle,

(Wait List Only)

**Saturday Series Contact:** 

Priscilla Burt,

We encourage you to sign up right away, as these series fill up very quickly! Cost reflects both per person admission and bus fee for all five shows in the series. The Walnut Street Theatre's 2024-2025 Season includes the following shows for both series:

Thursday 10/24/24 & Saturday 10/26/24 – *"JERSEY BOYS"* 

Thursday 12/12/24 & Saturday 12/14/24 - "ELF – The Musical"

Thursday 1/30/25 & Saturday 2/1/25 – "DRIVING MISS DAISY"

Thursday 3/6/25 & Saturday 3/8/25 – "Noel Coward's HAY FEVER"

Thursday 4/17/25 & Saturday 4/19/25 – "DREAMGIRLS"

#### **NOTES:**

- 1. Before making payment, anyone wishing to participate in a bus trip must first call the contact person to ensure there is still room on the bus.
- 2. All bus riders must be aged 18 or older unless otherwise noted in the trip write-up.

(continued)

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#### **Bus Trips (continued)**







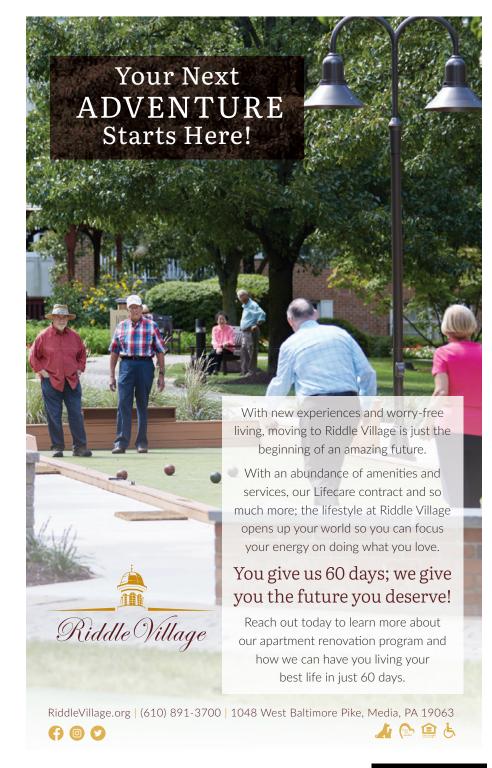
Photo captions, left to right, clockwise:

Theresa And Harry Schmidt and 33 other travelers enjoyed the 50's Music of The Big Bopper, Buddy Holly and Ritchie Valens at The American Music Theatre in Lancaster, Pa on February 18.

American Treasure Tour Museum Trip: A good time was had by all.

- 3. Trip payment checks should be made payable to "HERSHEY'S MILL HOA," sealed in an envelope (noting trip name and date) and placed in the maroon "Customer Service" mailbox next to the Security Center in the exit lane at the Main Gate.
- 4. Refunds are only granted if (1) the trip is canceled, or (2) the trip has a wait list from which another passenger can fill the vacated spot.
- 5. The bus leaves promptly at the scheduled Leave Time. Please plan to arrive at the Recreation Area parking lot 10 minutes early for boarding.

- 6. The Hershey's Mill Bus Committee is always looking for more volunteers to help share ideas and plan bus trips! If interested, call Marc Fraser at
- 7. Hershey's Mill residents can rent the bus to take groups of other residents (primarily) and guests on private trips to various regional locations of their choice. For more information, Marc Fraser at



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#### Scott Burkhart | Inverness

A newcomer to Hershey's Mill from out of state asked me what it would take for her to be considered an official Pennsylvanian. My response was the following:

To start with, when someone asks you where you are from, you don't use the whole word, you say PA.

#### Next you should:

- Say you love cheesesteaks, soft pretzels and Tastykakes.
- Say you are a die-hard fan of the Eagles, Phillies, Flyers, and Sixers and maybe even that soccer team.
- You know how southerners say "Y'all"? We have our own version that you should add to your vocabulary: "Youse Guys".
- If you're headed to New Jersey for a vacation: Say you are going "Down the Shore." Not "To the shore".
- Visit some historic sites that Philly has to offer such as the Liberty Bell, National Constitutional Center and the Eastern State Penitentiary that housed Al Capone.

Take time to explore Lancaster County and observe the farms and simple life of the Amish population there. You can get a feel for this unique place if you:

- Stop for breakfast and order a Dutch favorite: dippy eggs, scrapple and home fries.
- Find yourself slowly driving behind a horse and buggy at least once.
- Chuckle as you drive by or through the towns of Blue Ball, Bird in Hand, and Intercourse (real towns). I do anyway.
- Stop at a diner with a statue of Big Amos out front for lunch and dine on pot pie (no crust) washed down with birch beer (not root beer) and finishing with a slice of shoofly pie (wet bottom of course).
- Pick up a few Dutch phrases such as: Outen the lights, Scooch over I need some room, be careful the sidewalk is slippy, the dishes need washed and the bills need paid.
- And of course, buy some Lebanon or ring bologna to take home and share with friends while you discuss your Amish adventure with them.

Now that you are on your way to being a lady from PA, here are some random facts and suggestions you might want to know about your new state:

- If you travel to Pittsburgh, they say 'yinz' instead of 'youse', 'pop' instead of 'soda', and have Sheetz instead of WaWa.
- On February 2 we have a groundhog named Punxatawny Phil predict the next 5 weeks of weather.
- $\bullet$  We can have 65-degree weather and 5 inches of snow in the same week.
- When snow is predicted, you should head to the store to buy milk, bread, eggs and toilet paper.
- You should hone your driving skills to include deer and pothole dodging.

#### Finally. You are officially from PA if you:

- Can pronounce Yuengling beer correctly.
- Have been to a fire hall wedding reception.
- Know the difference between a crick and a creek.
- · Have ever seen a belt sander race.
- Hate the Dallas Cowboys.

I hope youse guys enjoyed this story. Now I got to outen the computer and head to WaWa.

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#### Janice Saunders | Eaton

The library's winter puzzle sale was an enormous success. Thanks to all who purchased puzzles, and thanks to Roberta Ullmann for making this popular fund raiser possible.

Often, we are asked why we are not able to reserve a book that is out on loan as is possible with local public libraries. Unlike public libraries, we do not issue library cards to our residents, so any request to reserve a book would be a manual process. That is untenable for a library like ours that depends on volunteer staff to function. We appreciate your understanding that the best we can do is advise on when your requested book is due back.



Monday to Friday 10 a.m. – 2 p.m. Saturday 10 a.m. – Noon

HM Library contact: Angela Linden 610-696-5374

www.hmlibrary.com

## News from the Malvern Public Library

In April, on Monday evenings from 4 p.m. - 5 p.m.: virtual yoga Zoom series. Carve out time for yourself with this virtual yoga series. You can register for one session or all 4. A Zoom link will be emailed 24 hours prior to the event.

Adult Game Night is scheduled for April 10 @ 6 p.m. Join us for a night of playing board games! Choose Monopoly, Scrabble, Catan, Telestrations or a classic like chess or checkers. We provide snacks!

BEEKEEPING 101 is scheduled for April 16 @ 6 p.m. After a wildly popular presentation last year, Mark Meaders returns to MPL with more information, visuals, and advice for anyone who wants to start an apiary or aid in the survival of this important species.

FAMILY STORYTIME AT EAST GOSHEN PARK! April 9 and 23 @ 10:30 a.m. May 7 and 21 @ 10:30 a.m.

Gather the kids and grandkids and join the Malvern Public Library's Children's Librarian for a story time adventure next to the playground at East Goshen Park this spring!

Please register in advance for these programs on our website www. malvern-library.org/calendar or call us at 610-644-7259.

#### **NEW BOOKS**

#### **FICTION**

Austin, Emily - *Interesting Facts* about Space

Burns, Amy Jo - Mercury Carr, Robyn - The Friendship Club deWitt, Patrick - The Librarianist

Fein, Laurie - *The London Bookshop Affair* 

Fredericks, Mariah - *The Wharton Plot* 

Gerstenblatt, Julie - Daughters of Nantucket

Hanna, Kristin - *The Women* Hawkins, Rachel - *The Heiress* Jones, Dan - *Wolves of Winter* Mallery, Susan - *The Summer Book Club* 

Miller, Derek - The Curse of Pietro Houdini

Quinn, Kate - The Phoenix Crown Ryan, Renee - The Paris Housekeeper Shafak, Elif - The Island of Missing Trees

Vardiashvili, Leo - Hard By a Great Forest

Winslow, De'Shawn Charles - Decent People

#### **MYSTERY**

Carpenter, Lea - *Ilium*Hallett, Janice - *The Myster* 

Hallett, Janice - The Mysterious Case of the Alperton Angels

Hayes, Terry - *The Year of the Locust* James, Elizabeth Gonzales -

The Bullet Swallower

Kellerman, Jonathon - *The Ghost Orchid* 

Miller, C.J. - The Antique Hunter's Guide to Murder

(continued)



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#### Library (continued)

O'Brien, Tim - America Fantastica Patterson, James - Missing Persons Patterson, James - Crosshairs Robb, J.D. - Random in Death Stevenson, Benjamin - Everyone on This Train Is a Suspect

#### **NONFICTION**

O'Reilly, Bill - Killing the Witches Kaplan, Janice - Gratitude Diaries Barr, William - One Damn Thing after Another Brown, Larisa - The Gardener of Lashkar

#### **BIOGRAPHY**

Stelzer, Cito - Churchill's American Network

Reid, Joy-Ann - *Medgar and Myrlie* White Elizabeth - *The Counterfeit Countess* 

Shuster, Simon - The Showman

#### LARGE PRINT

Kelley, Pamela - *The Nantucket Inn* Kelley, Pamela - *Nantucket Neighbors* Kelley, Pamela - *Nantucket White Christmas* 

Taylor, Brad - The Devil's Ransom



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## Plant Sales

#### Sharon Richardson | Ulster

May 6-7:

Jenkins Arboretum Plant Sale https://www.jenkinsarboretum.org/ plantsale/

May 4:

Ladew Gardens Garden Festival https://ladewgardens.com/Event-Calendar/Events-at-Ladew/-Garden-Festival

May 5-7:

Tyler Arboretum Annual Plant Sale

May 6-8:

Wildflower, Native Plant and Seed Sale at the Brandywine Conservancy https://www.brandywine.org/ conservancy/events/wildflowernative-plant-seed-sale

May 11:

Philadelphia Unit of the Herb Society of America Plant Sale, Yellow Springs https://www.hsaphiladelphia.org/ herb-sale-2022

May 12-13:

Landisville Garden and Landisville Herb and Garden Faire https://www. landisvalleymuseum.org/event/savethe-dates-2023-herb-garden-faire-12-13-may/ May 13:

Uwchlan Garden Club Plant Sale 8 a.m.-2 p.m., Uwchlan Meeting House, Lionville, PA

May 13:

Dahlia Society Tuber Sale at Longwood Gardens Visitor Center, 10 a.m.-3 p.m.

#### **Up-coming Dates**

April 22 Earth Day April 28 Arbor Day

May 18 PA Native Species Day June 4-10 National Gardening Day

June 19-25 National Pollinator Week

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## Microsoft's PC Manager

#### Don Trauger | Kennett

PC Manager is a relatively new PC cleanup tool from Microsoft. It removes deleted, unneeded and used once but not deleted files. You can download the free app from the Microsoft Store. It will install itself automatically and put a shortcut on the Desktop screen.

I installed the app and did a fairly intensive test comparing its effectiveness with Wise Disk Cleaner. my recommended cleanup tool. I set it up to run at a maximum removal level. My testing showed a rather dismal showing of only 37% of the junk files were removed. This may be due to conservative parameters imbedded in the app or fewer other items that aren't made available to clean. My guess is it's a combination of the two. I do like that it's fast, safe and with better programming it may do a better job of cleaning in the future.

Here are the steps to use PC Manager:

- Click the shortcut for PC Manager. You'll start in the **Home** position.
- Next to Boost, click Set Smart Boost and turn it on. This is a memory controller that comes into play under high memory usage conditions. It will work best on computers that have 8 Gbs or less of installed memory.
- Next, click **Boost** on the blue bar to activate.
- Click Health Check. You can accept all the pre-checked items then click Proceed.
- Click Deep Cleaning. You can accept

the pre-checked items or click details next to unchecked items for more info. Process can be ignored as it is a list of running programs.

- Startup displays a list of programs that start up at power on. They should be minimized to help the computer boot up quickly and minimize overall memory usage. Anti-virus files must load at startup, but others can be optional. Third party programs are known for using this category to get a jump on startup at the expense of your startup time. These programs do not have to start at boot up or at all. They are usually delivered when your computer is turned on the first time but they continue until you uninstall them or turn them off in **Startup**.
- Protection does not do any cleaning but is more of a status report on the listed items.
- One item, Pop-up management, does offer to block pop-ups so click it then click Enable pop-up block.
- Click Storage then click Processing.
- The **Apps** item offers a repeat of **Process** and **Startup** items shown in the **Home** category.
- The **Toolbox** is a work in progress showing only memory usage, screenshot (used to send Microsoft shots of pop-ups when they bypass the pop-up blocker) and the Settings icon.

If you want a fast, safe but incomplete cleanup, then PC Manager is for you. You should run it weekly if you are a moderate to heavy user. Wise Disk Cleaner users can do their cleanup monthly.

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## **Enjoy the warmer weather!**

## April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 2	2	3	5	6
	10:00 am Fun Bridge	9:45 am Bowling*	9:00 am Art Group	9:30 am Womens Bible Study	10:00 am Fun Bridge	
	1:00 pm Talking Bridge	1:00 pm Mah Jong	12:30 pm Social Bridge	10:00 am Caregivers Support Group	10:00 am Quilters	
	1:00 pm Cards & Games	1:00 pm Pinochle	1:00 pm Groff Mah Jong	1:00 pm Knitting	10:00 am Community Bible Study	
			7:00 pm Nature Group-Lights Out	1:00 pm Card Games	2:00 pm Scrabble	
			Zoom Session			
	7	8 9	) 1	0 11	12	13
	10:00 am Fun Bridge	9:45 am Bowling*	9:00 am Art Group	9:30 am Paoli Hospital Aux	10:00 am Fun Bridge	
	10:00 am CC Hosp Aux	1:00 pm Mah Jong	1:00 pm Groff Mah Jong	11:30 am Mermaid Book Club	10:00 am Quilters	
	10:00 am Photography Club	1:00 pm Pinochle		1:00 pm Knitting	10:00 am Community Bible Study	
	1:00 pm Talking Bridge	1:00 pm Physical Therapy Seminar		1:00 pm Card Games	2:00 pm Scrabble	
	1:00 pm Cards & Games	Preparing for Upcoming Season		2:00 pm Book Disc Group	·	
1.	4	15 16	6 1	7 18	19	20
1	9:00 am Nature Group - Birdwalk	9:45 am Bowling*	9:00 am Art Group	9:30 am Womens Bible Study	10:00 am Fun Bridge	20
	Registration Required	1:00 pm Mah Jong	12:30 pm Social Bridge	1:00 pm Knitting	10:00 am Pull Bridge	
	10:00 am Fun Bridge	1:00 pm Pinochle	1:00 pm Groff Mah Jong	1:00 pm Card Games	10:00 am Community Bible Study	
	•		1.00 pill Groff Mail 30fig	1.00 pm Card Games	· · · · · · · · · · · · · · · · · · ·	
	1:00 pm Talking Bridge 1:00 pm Cards & Games	7:00 pm Nature Group Pots & Pockets-Gardenng Small			2:00 pm Scrabble	
	7:00 pm Folk Song Circle	Fols & Fockets-Gardening Small				
2		22 23	3 2	4 25	5 26	27
-	10:00 am Fun Bridge	1:00 pm Mah Jong	9:00 am Art Group	9:30 am Womens Bible Study	10:00 am Fun Bridge	Z.i
	1:00 pm Talking Bridge	1:00 pm Pinochle	12:30 pm Social Bridge	1:00 pm Knitting	10:00 am Quilters	
	1:00 pm Cards & Games	The pin i module	1:00 pm Groff Mah Jong	1:00 pm Card Games	10:00 am Community Bible Study	
	1.00 pm carao a camoo		1:00 pm Sports Committee	1.00 pm cara camos	2:00 pm Scrabble	
			All Resident Spring Meeting		7:00 pm Bingo	
			resident opining moduling			
2	8	29 30	Ardmore Room, CC	Malvern Room, CC	Green Room (Cove)	
	10:00 am Fun Bridge	1:00 pm Mah Jong	Cove at Pool	Paoli Room, CC	*Offsite	
	1:00 pm Talking Bridge	1:00 pm Pinochle	H-CC Main Hall	Sullivan House		
	1:00 pm Cards & Games		Pool	See Digest Article & HM E-mails		
				edda at www.hersheysmillhoa.skedda. <u>ster25@gmail.com</u> or call 610-436-6019		

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Programs	April 1- April 15 (7:00 p.m. show and 8:30 p.m. movie April 15 will not be shown)			
Mississippi River Cruise With Lanita Kemezis Embark on a unique riverboat adventure along the Lower Mississippi River between New Orleans, Louisiana and Memphis, Tennessee, as Lanita talks to Kay Ricker about Kay's trip through this historic area.	10:00	4:00	7:00	12:00
	to	to	to	to
	10:45	4:45	7:45	12:45
	a.m.	p.m.	p.m.	a.m.

Movies
Noon
&
8:30 p.m.

#### April 1-8

Battle of Britain (G) (1969)
Laurence Olivier, Michael Caine

The outnumbered Royal Air Force dogfights the Germans to save Britain against all odds. (Run time 2:12)

#### April 9-15

MacArthur (PG) (1977)
Gregory Peck, Dan O'Herlihy

Biopic of General MacArthur covering his war exploits during World War 11 and the Korean War. (Run time 2:10)

24 hours/day channel 971

12:45 a.m. - 10:00 a.m., 10:45 a.m. - Noon,

4:45 p.m. - 7:00 p.m., 7:45 p.m. - 8:30 p.m. on channel 970

Bulletin Board
\_\_\_\_\_\_Times

#### **IMPORTANT NOTE:**

To schedule rooms or ask any questions, please call the Community Center office at 610-436-6019.

Programs	April 16 – April 30 (7:00 p.m. show and 8:30 p.m. movie April 30 will not be shown)			
Showcase of Homes 2024 With Kay Ricker The Paoli Hospital Auxiliary is presenting its fundraising "Showcase of Homes at Hershey's Mill" on May 9, 2024. Judy Molt, Auxiliary President, and Sharon Kope, co-chair, discuss the tour featuring six uniquely decorated homes in Hershey's Mill, ticket sales, an option for lunch at the Hershey's Mill Golf Club, shopping at the vendors' boutique, and raffle prizes.	10:00	4:00	7:00	12:00
	to	to	to	to
	10:45	4:45	7:45	12:45
	a.m.	p.m.	p.m.	a.m.

Movies —— Noon & 8:30 p.m.	April 16-22  Away all Boats (G) (1956)  Jeff Chandler, George Nader  The story of a U.S. ship and its crew in the Pacific,  1943-1945. (Run time 1:54)
	April 23-30  Raid on Rommel (PG) (1971)  Richard Burton, John Colicos  A daring plan to hit the Germans' lines in North Africa is seriously compromised when the elite commandos must be replaced by prisoners of war. (Run time 1:39)

For **Programs and Movies**, go to channel number **970** (Bulletin Board information appears only if Programs & Movies are not currently showing). Call HMCTV at **610-436-5922** if you **aren't able to receive** our TV channels. To view Programs online, go to <u>www.hersheysmill.org</u> and navigate from TV & Digest to HMCTV to Original Programming.

HMCTV reserves the right to make program substitutions, and dates/times are subject to change. Opinions of hosts, guests, or advertisers shall not be construed as an endorsement by HMCTV. ©2020~HMCTV

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Mi Pais

Bill and Patricia Schultz | Chatham

Located near to HM,
"Mi Pais" is on
Lancaster Avenue
in Frazer at #477,
not more than
4 miles from our
double gates! We
stopped in again
(not our first time) for
a Saturday lunch and the
restaurant was crowded,

which to us is always a good sign. The cuisine is Colombian, so it is not too spicy but very flavorful. We visited Colombia for 12 days about 10 years ago and fell in love with the flavors of Colombia. And as a bonus for many, they use corn not wheat in about 90% of the recipes so nearly all choices are gluten free but really flavorful.

The real specialty of Colombia is Empanadas and "Mi Pais" rises to the occasion with a fine selection to choose from for any appetite. We selected five: Pork, Chicken, Hawaiian, Beef, and Cheese. We decided the Hawaiian won the taste test of those five. It was filled with ham and pineapple and cooked to perfection. They were served with three sauces from mild to very spicy. We applied special Hogao sauce which is tomatoes, scallions, garlic, salt, and cumin that are cooked for about ten minutes we were informed, and the mixture was delicate and flavorful; the server had strongly recommended we try it. We were pleased we did.



Our next course was the Saturday Soup named Sancocho Res which was beef, potatoes and rice in a rich stock served in a large stainless bowl piping hot with an avocado sliced nicely on the side with some shredded lettuce. We chose water but added a tasty lime soda for our beverages. We finished the lunch with Colombian coffee which was superb. We were of course too full to try dessert but there were choices to be made.

Also on the menu are platters of steak, chicken, pork, or fish. The menu is 4 pages of very tempting choices, but the Empanadas are truly worth the trip to nearby Frazer for a taste of Colombia. And the price level for the Empanadas is extremely appealing to the wallet as well. So, when you need a change of pace from burgers and fries give "Mi Pais" a try!





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Ads are subject to review/editing. Send submission to <a href="editor@hmctvguide.com">editor@hmctvguide.com</a>, attention editor, or place printed/typed copy in the HMCTV mailbox outside the building. You must be a HM resident to advertise.

#### **FOR SALE:**

Two white wicker loveseats and two matching chairs with new Sunbrella covered cushions. \$100. Perfect for your sun porch. Call Christine @ .





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If you have recipes of your own you would like to share, especially for the upcoming holidays and events, please send them to editor@hmctvguide.com.

#### **Pecan Crusted Honey Mustard Salmon**

Pam Hudson | Eaton

#### **Ingredients**

- 5 tablespoons kosher salt
- 4 (6-8 oz) skin on salmon fillets
- 1 tablespoon olive oil
- 2 tablespoons Dijon mustard
- 2 tablespoons honey
- 1/2 cup chopped pecans
- · Lemon wedges for serving

#### Instructions

In a medium bowl combine 5 tablespoons of salt with 4 cups of water. Stir until salt is dissolved.

Place salmon in a casserole dish and pour the water over the fish making sure the salmon is submerged in the water. Cover and refrigerate for 30 minutes.

Preheat oven to 500°.

Thoroughly pat salmon dry with paper towel.

Rub fillets evenly with oil and place skin side down on a rimmed baking sheet.

In a small bowl stir together the mustard and honey - brush over the fillets.

Sprinkle the pecans on the top.

Reduce oven temp to 275°.

Roast for 20 to 30 minutes until the thickest part is translucent.

Serve with lemon wedges.

#### Gorgonzola Chicken

#### **Ingredients**

- 12 ounces Penne pasta
- 1 pound skinless chicken breast cut in 1-inch pieces
- 1 tablespoon olive oil
- 1 large clove garlic, minced
- 1/4 cup white wine
- 1 cup heavy whipping cream
- 1/4 cup chicken broth
- 2 cups crumbled gorgonzola cheese
- 6 8 sage leaves thinly sliced
- Salt and pepper to taste
- Grated parmesan cheese and fresh mince parsley

#### Instructions

Cook pasta according to package directions.

Meanwhile in a large skillet over medium heat, brown chicken in oil on all sides.

Add garlic, cook 1 minute longer.

Add Wine, stirring to loosen browned bits from pan.

(continued)



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#### **Recipes (continued)**

Add cream and broth; cook until sauce is slightly thickened, and chicken is no longer pink.

Stir in the gorgonzola cheese, sage, salt and pepper; cook until cheese is just melted.

Drain pasta, toss with sauce.

Sprinkle with parmesan cheese and parsley.

Serves 4.

#### **Sweet Potato Muffins**

#### **Ingredients**

- 1/2 cup butter
- 1-1/4 cups sugar
- 2 eggs
- 1-1/4 cups of mashed sweet potatoes
- 1-1/2 cups of flour
- 2 teaspoons baking powder
- 1/4 teaspoon salt
- 1 teaspoon cinnamon
- 1/4 teaspoon nutmeg



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- 1 cup milk
- 1/4 cup chopped walnuts or pecans
- 1/2 cup raisins

#### **Instructions**

Preheat oven to 400°.

Grease 1 and a half muffin tins.

Cream butter and sugar. Add eggs and mix well.

Blend in sweet potatoes.

Sift flour with baking powder, salt, cinnamon and nutmeg.

Add alternating with the milk. Do not over mix.

Fold in nuts and raisins.

Fill greased muffin tins 2/3 full.

Bake for 25 minutes.

#### Caesar Salad

Richard Hudson | Eaton

#### **Ingredients**

- 1 medium garlic clove
- 2 pinches salt
- Few grinds fresh pepper
- 5 anchovy fillets
- 1 pinch dried mustard
- Juice of 1/2 lemon
- Few drops red wine vinegar
- 2 oz olive oil
- 1 coddled egg
- 2 heads of Romaine lettuce cleaned and chopped
- 2 cups parmesan cheeses
- 1 cup croutons

#### Instructions

Rub garlic salt and pepper into the salad bowl (wooden bowl is best).

Add the anchovies making a paste with the anchovies.

Add the next five ingredients.

Mix together to make the salad dressing.

Add the lettuce, parmesan cheese and croutons.

Toss together.

Serves 4 people.

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# Hershey's Mill Players Save the Date

The Hershey's Mill Players are proud to announce their 2024 production: **Fantasy Mill**, written, produced, and performed by your Hershey's Mill neighbors.

#### Three performances:

- Thursday, June 27 at 7 p.m.
- Friday, June 28 at 7 p.m.
- Saturday, June 29 at 2 p.m.

All performances are at West Chester East High School, 450 Ellis Lane, 5 minutes from Hershey's Mill.

Tickets are just \$12 in advance; \$15 at the door, so you can save 20% by purchasing in advance. See any HM Players member or contact Clair Andrews:



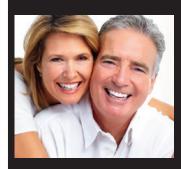
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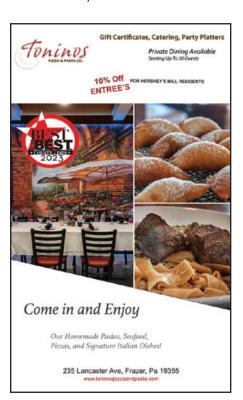
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## BOCCE Carroll Thompson | Princeton

April brings bocce clinics. We welcome the beginning of the bocce season with clinics to introduce new players to our sport. As I am composing this in mid-February, we plan on holding the clinics during the last two weeks of the month of April. Signups for the clinics will begin April 1. Various times will be scheduled and will be determined by the availability of our leaders. Please



check Mill's E-mails in April for more details on these times and days.

Signups for the bocce competitive season will be from April 15 to May 15. Please make a note on your calendars as it is important to finalize the bocce groups by May 15. Latecomers may be turned away! Most of us like to begin playing our competitive matches during May and June before the heat of the summer wilts our enthusiasm on the courts. Each team negotiates individual matches by e-mailing another team in your assigned group and deciding on a convenient time for both teams. There is no pressure to schedule weekly other than completing all your matches by August 15.

We had over two hundred participants in a remarkably successful competitive league last year and hope you will join us! Meet new friends and enjoy the summer days with us.

#### **PICKLEBALL**

#### Tom Fant | Yardley

Line calls are a variable in Pickleball. The pickleball lands "in" on any shot within the courts, including all boundary lines except on the serve, which must completely clear the non-Volley Zone known as the Kitchen line. Since the pickleball is made of solid plastic, it does not compress when it impacts the playing surface. In other sports, like tennis or Platform tennis, the ball is made of a pliable material and compresses when it impacts the playing surface. Because of the compression, the ball spreads out into a circle upon impact and makes a larger impression upon contact at the court boundary lines. The pickleball lands

on a point on the boundary lines. So, viewing perspective plays a vital role in making line calls. The person closest to the point of impact has the best view and perspective relative to the point of impact.

At The Mill, the receiving side gets the "benefit of the doubt" on close calls. Because of this, line calls being "in or out" defers to the receiving side and limits any arguments. If there is any question, the person closest to the impact area has the final say on the call. They may ask their partner for a second opinion, and they must agree on the call, or the call will default to being "in." Since we play for fun, line calls are non-contestable, and we play on.

Come out and join the fun, no experience required. Beginning in April, clinics will be conducted for new and newly minted players. The clinics are open to all residents and are directed to newish players, taught by caring, experienced volunteers in a low stress, hands on manner. New player clinics in April will be the first and third Saturday mornings, April 6 and April 20, at 8:00 a.m. and the second and third Wednesday afternoons, April 10 and April 24, at 4:00 p.m.

#### **PLATFORM TENNIS**

#### Marie Derby | Jefferson

With spring weather on the way, it is time for platform tennis players to transition back to tennis and pickleball. But, before we wrap up the season, we will have our first annual, **everyone is welcome**, End-of-Season Gala on April 6 at 1:00 p.m. with the rain-date of April 7.

First up- the drop serve. The drop serve is becoming extremely popular in platform tennis and a great alternative for players with shoulder injuries or discomfort. When using a drop serve, you hit the ball at waist height eliminating the overhead toss and shoulder rotation.

Platform tennis embodies a welcome simplicity. When you play tennis, your job at the net is offensive, whereas in platform, you are defending the net. Your paddle work is quiet. Your paddle is held parallel to your body versus the ready position in tennis. You are not on the attack; you are defending your position at the net by sliding your paddle left or right to make contact with the ball. You are not winding up

(continued)



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#### **HM Sports Committee (continued)**

with a big stroke. Your job is to defend the alley because your partner can cover the rest of the small court.

Successful platform tennis players are patient. Statistically speaking, the consistency to which you and your partner return the ball equals the points you will earn versus in tennis, where you are on the attack. You are counting on your opponents to make mistakes versus you earning the point. For those reasons, platform tennis is a perfect sport for former and new racquet and paddle ball players.

In closing, we had fun this season and our culminating end-of-season tournament is on April 6 from 1:00 p.m. to 3:45 p.m. Players will compete to earn a trophy and then we will spend time together to socialize in

and around the "warming room". So, whether you play or not, come out to make new friends, enjoy the beautiful surroundings, or just to grab a bite of pizza.

#### **SHUFFLEBOARD**

#### Sandy Deckard | Jefferson

March has come and gone, the clock has sprung forward, several holidays have occurred, and April has arrived. The old saying goes that April showers bring May flowers. I am also hoping that April will bring us nice, warm, sunny weather so that we can start playing shuffleboard again. I plan to start monitoring the weather forecasts and sending out weekly notifications about times to begin playing in the morning. As usual, we

will have our sessions on Wednesday and Saturday mornings and starting times will depend on how warm the outdoor temperatures are, which will probably be around 10 a.m. initially. Notifications will be sent out by e-mail, so if you are not already on our mailing list and wish to be included or if your address has changed, please let me know. My e-mail address is

, my cell phone number is , and I do accept texts.

Hope to see you all soon.

#### **TENNIS**

#### Dave Clewell | Robynwood

Winter is over, it is time to play tennis outdoors at The Mill. If there is a lovely day, feel free to go to Skedda

and reserve a court or just pop on down to the sports complex to engage in some fun. We will have two courts reserved starting May 1 for round robin open tennis play. I will send an e-mail to remind people to play at 9:30 a.m. on Tuesday, Thursday, and Saturday and at 3:00 p.m. on Monday, Wednesday, and Friday. Our first scheduled event will be Memorial Day, May 29. It will kick off the summer season and will be an organized tennis event with tennis, refreshments, and camaraderie. Enjoy the spring and call me if you have any questions about the tennis program. See you on the courts.

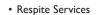
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## Spring Foolery

#### John Groch | Chatham

Just when you felt the first warm breeze of April, you thought, spring is here! Only to be fooled by the chilling, damp days that follow. Sometimes April is labeled as "spring's deception," and some historians speculate that April Fools' Day is connected to the vernal equinox, or first day of spring, "when Mother Nature fooled people with changing, unpredictable weather."

(history.com) Many a novice gardener has made the fatal mistake of rushing the planting of certain vegetable plants to "get a head start" on the garden. This usually ends in failure and either kills or stunts plants like peppers and tomatoes. Gardeners quickly learn to keep those seedlings indoors a bit longer and plant crops like lettuce, radishes, beets and carrots in April. Certain flowering bulbs can also be planted in April, such as canna and calla lilies, dahlias,

and gladiolus. Gardeners need to suppress their excitement about this year's crop and plant wisely, remaining patient until the safe times appropriate for different plants.

The gardening metaphor yields lessons that can be wisely applied to our everyday lives. How often have we rushed a household chore, only to trip and fall and injure ourselves or drop a delicate glass or ceramic piece, or ruined a dinner by forgetting an essential ingredient? Patience and proper timing usually lead to greater success. Savoring the moments before going on that highly anticipated vacation only adds to the enjoyment of the long-awaited event. Worrying

about the important goals we've set can actually interfere with our ultimate success, or at least reduce our joy at our achievement. As they say, patience is a "virtue," (Latin for personal strength) a quality rarely seen in today's fast-paced world obsessed with instant gratification.

In his classic work, Siddhartha, Hermann Hesse captures the Buddha's insight in these words, "Everyone can perform magic, everyone can reach his goals, if he is able to think, if he is able to wait...." Words of wisdom in today's perplexing times. Don't be fooled into thinking otherwise.









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## The Grove Post Office

#### Jeff Smith | Princeton

The Grove Post Office, located in nearby West Whiteland Township, operated from July 6, 1832, to July 14, 1843. The township itself was incorporated on February 26, 1765. The Post Office was in the general store on the northeast corner of what was then referred to as King and Whitford Roads. That section of King is now called West Boot Road. This building is still standing and is a residence.

The first Postmaster was Jacob Boyer, who was most likely the storekeeper as well. The second Postmaster to be appointed was Riter Boyer, who served from July 10, 1835, to April 25, 1840. He was succeeded by David Bechtell. Riter Boyer became the Postmaster again on February 8, 1841; he continued until it was closed in 1843. It was closed the same day as the first operations of the Main Line of the Pennsylvania RR. The post office probably had low revenues and after its closing the residents were served by the West Whiteland post office, whose name was changed to "Belvidere" the same day that Grove closed. The Belvidere Post Office operated from July 14, 1843, to Mar. 11, 1850. The name was also sometimes spelled as Belvedere.

The store for the Grove post office was advertised for rent by Riter Boyer in 1849 and also frequently thereafter. In 1856 an ad noted the store was frame



and the adjoining storekeeper's house stone. Some of its storekeepers were: S. L. Fisher (1868), Ruel Speakman (1869), Mahlon Hoffecker (1887), and Charles Ganer (1893).

Grove is one of the last remaining crossroad villages along the old Boot Road. It is the only historic district identified in West Whiteland Township after a comprehensive historic sites survey. Although small, Grove retains all its key historic structures which are certainly enhanced by the integrity of their setting. The structures consist of two small frame houses, an old store, the Grove Parsonage, the Grove School, the Grove M.E. Church and Cemetery, the Grove Tavern, and two 19th century dwellings on South Whitford Road.

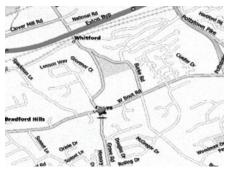
Another Post Office, named "West Whiteland", was closed and consolidated into Belvidere on the same day. The West Whiteland Post Office. was established in 1826 with Levi Evans as the Postmaster and it operated in the Oakland station on



the Chester Valley Railroad. Oakland was later named Whitford.

During Mary E. Boyer's term, the name was changed to West Whiteland and was housed in the Whitford Pennsylvania RR station along the Pennsylvania RR's Main Line.

The three Postmasters listed for the Belvidere post office were:



Jonathan Evans, appointed July 14, 1843 Thomas C. McLond, appointed May 14, 1844 Mary E. Boyer, appointed July 23, 1844

The name was officially changed on March 11, 1850, to the West Whiteland Post Office.

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## **REAL ID**

#### "REAL ID" Deadline

The deadline to get a REAL ID-compliant driver's license is now May 7, 2025, after being extended three times. Homeland Security officials said COVID-19 pandemic-related backlogs have slowed states' progress in issuing REAL ID-compliant licenses. Backlogs are greater where driver's license expiration dates were automatically extended, or operations were shifted to appointment only, as Pennsylvania did.

#### Why Do We Need a 'REAL ID'?

Congress passed the REAL ID Act in 2005. The Act, a recommendation of the 9/11 Commission, is intended to establish "minimum security standards for state-issued driver's licenses and identification cards and prohibits federal agencies from accepting for official purposes licenses and identification cards from states that do not meet these standards."

In addition to the stars on REAL ID driver's licenses, the cards themselves will be built with new technology, making them much more difficult to forge, according to the Department of Homeland Security.

Here are some things to know about REAL ID and the new deadline:

#### What Happens After the Deadline

After May 7, 2025, barring any further extensions of the deadline, Pennsylvania residents will no longer be able to use their non-REAL ID driver's license to board domestic flights, enter a military base, nuclear power plants or federal buildings that require ID at the door. A Real ID, passport or military ID will work. A REAL ID will be helpful but is **not** required to drive, vote, access the post office or hospitals, or prove your identity.

#### How Do I Get A 'REAL ID'?

There are three ways PA residents can obtain a 'REAL ID":

- Order the REAL ID online if you have been pre-verified and the REAL ID will be mailed to you.
- Visit any PennDOT Driver's License Center that is open for driver's license services.

#### **AFTER MAY 7, 2025,**

barring any further extensions of
the deadline, Pennsylvania residents
will no longer be able to use their
non-REAL ID driver's license to board
domestic flights, enter a military
base, nuclear power plants or federal
buildings that require ID at the door.
A Real ID, passport or military ID
will work. A REAL ID will be helpful
but is not required to drive, vote,
access the post office or hospitals,
or prove your identity.

• Visit any of the 13 REAL ID Centers and receive the license that day.

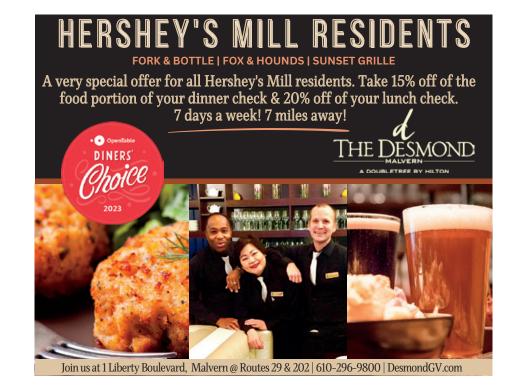
Residents must show proof of a Social Security number, two documents proving a current Pennsylvania address, and proof of all legal name changes. Acceptable Documents for proof of Social Security Number are:

- Social Security Card
- A W-2 Form
- · An SSA-1099 form
- A non-SSA-1099 form
- A pay stub with the applicant's name and full Social Security Number on it

Currently, the cost of a REAL ID is a \$30 one-time fee, plus the applicable renewal fee (currently \$36.50 for a four-year non-commercial driver's license and \$38.50 for a photo ID).

#### Should I Just Wait Until 2025?

The deadline is just over a year away. Putting off getting your 'REAL ID' could mean longer lines and more competition for appointments in places that require them. There are roughly 9.1 million licensed drivers in Pennsylvania. According to PennDOT, only 2 million REAL ID licenses have been issued. For more information: www.dmv.pa.gov/REAL ID.



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## **Basic Bridge**

#### Walt Woerheide | Springton

When people start learning bridge, the initial focus is on high card point count. That is, an ace is worth four points, a king three, a queen two, and a jack one. Later they will learn that aces and kings are worth slightly more and queens and jacks are worth slightly less. They are also usually taught to count points for short holdings. This is that a doubleton

is worth one point, a singleton two points, and a void three. Later they will learn that it is better to count points only for long suits. That is, one point for each card that is longer than four in a suit. In most cases, the distribution points will be the same whether you count shortness or length. Hands with extremely unusual distribution can be quite valuable but quite difficult to value in a traditional point scheme.

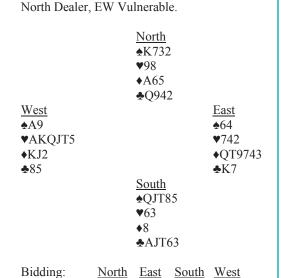
This month's hand was played eight times in a recent duplicate game. Five times E/W played at four hearts, twice they played at three hearts, and once it was played at four spades by N/S.

South has eight high card points but has a beautiful two-suited hand. So, he opens one spade. West has eighteen high card points and a solid six-card suit. He doubles with the intention of bidding hearts on his next bid. A double followed by a freely bid suit shows a hand of at least seventeen high card points. With nine high card points and a four-card spade suit, North raises to two

spades. Because of the intervening bid, East does not have to respond to his partner's double, for which he is greatly relieved! Because North and South now know they have a fit in spades, South bids three clubs to tell his partner he has a good club suit and that if his partner has club support, he should go to game. West reveals that his strong suit is hearts. North has some good clubs, so he bids game.

West makes the ace of hearts his opening lead. His one concern is that he does not give N/S a ruff/sluff opportunity. So, it is critical that his partner signals the number of hearts he has. If East has a singleton, he

plays it on the ace. If he has two or four hearts, he will play a higher heart first and then a lower heart. If he has three or five hearts, he will play his lowest heart first, followed by the next lower one. By doing this, West now knows not to lead a third heart. He also can see there is no value to leading trumps. He should not lead clubs as the opponents had bid them, so that leaves a diamond as the only reasonable lead. Alas, South wins the ace in dummy and leads trump. West gets his ace of spades, but then South wins whatever West next leads. South takes the winning finesse in clubs and makes his four tricks.



Pass

Pass

All Pass

Pass

2♠

Opening Lead: A♥

1.

3♣

DBL.

3♥



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## Know your Kryptonite. Know your Superpower.

#### Fran Waldron | Chatham

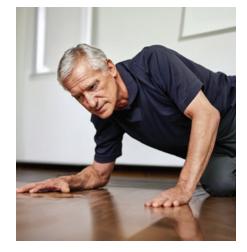
Now that we are familiar with the causes and consequences of falls, let us plan before one happens.

We should all honestly assess our strengths, or superpowers, and our weaknesses, or kryptonite. Seek your superpowers and kryptonite with adequate adult supervision!! DO NOT TRY GETTING ON THE FLOOR AND BACK UP ALONE!! If you are working with a physical therapist, they will be happy to help you with a pre-fall plan.

What is your pain threshold? If you have fallen and been injured, can you ignore the pain and do whatever it takes to get up? Can you remain calm and determine if you are hurt, bleeding, or stuck before you try to get up?

Can you easily roll from side to side? Back to front and front to back? Which side is easier to roll on to? Keep in mind that our preferred side for dexterity may not be the stronger side. You may find you have to roll onto the side you depend on for finer muscle movements, which may feel strange. You can try that on your bed. Keep in mind that your stronger side might be trapped by a fall and not helpful until you maneuver it free.

If lying flat on your back, can you move into a sitting position with your



legs extended? Do you need to move from your back to your side to sitting?

Can you crawl on your hands and knees or army man style? How far? You may have to move to a place where you can grip and pull yourself up, or to a slightly elevated surface, such as a chair, to push yourself up using your upper body strength. You may need to reach the nearest phone. If it is a long way, plan rest stops. Sitting with your back against a wall is easier than sitting unsupported. Stop and rest before you are exhausted.

With a little pre-planning, should you find yourself face down in the pachysandra chatting with the chipmunks, you can tell them you are a superhero who knows your superpowers and your kryptonite!



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## Lesser Celandine V. Native Spring Ephemerals



#### Barbara Crispin | Inverness

Drive to the end of community garden lane and sit on one of the benches conveniently placed to study the woodland garden. You can't help but notice the expansive carpet of glossy green leaves with cheery yellow blossoms. Everyone comments on how pretty this is after a winter's rest for the plant world. This is lesser celandine (Ficaria verna), a spring ephemeral brought to North America from Eurasia by the nursery trade in the 1800's because it is a fast grower and quite showy. It reproduces by seed, bulblet and tuber; a combination our native spring ephemerals Virginia bluebells, wild ginger, mayapple and others cannot compete against.

As is often the case, we humans mess around with nature and create unintended consequences that must then be addressed. So here we are. We started clearing the invasive vines and shrubs from this wooded area to reclaim the woodland garden. Once cleared, native plants in the woodland garden had the light and space to emerge but so did lesser celandine. The spring of 2023 saw the return of sensitive fern, skunk cabbage, Jack-inthe-Pulpit, violets, and eastern spring beauty. But lesser celandine which is widespread in the area also appeared in the woodland garden area. Beyond the light, invasions are helped by tossing weeds to save dumpster space. Lesser celandine doesn't die off from being ripped out of the soil,

like Brer Rabbit being tossed in that briar patch, it takes off. Last year by late spring the woodland garden landscape was covered in flowering lesser celandine crowding out the few native spring ephemerals just beginning to grow. This imbalance is a serious threat to plant diversity and to a healthy habitat for native pollinators. A healthy mix of native spring ephemerals provides pollen and nectar for the first flies and bees

to emerge in the spring. Some of these plants act as host plants for moth and butterfly caterpillars. And the fruits of these early native plants feed Eastern box turtles as well as some birds and small mammals.

(continued)

Photo captions, from top, clockwise: Virginia Bluebells, Linda Kane, Jefferson Trillium, Linda Kane, Jefferson Bloodroot, Christine McCormick, Ashton Trout Lilies, Christine McCormick, Ashton



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#### Nature Group (continued)

Now the garden volunteers are rushing to remove the lesser celandine by careful digging of the tubers and bulblets and by cutting back leaves and blossoms to weaken the plants where digging isn't possible. We are striving to replace this invasive plant with the native spring ephemerals one would expect to see in a mid-Atlantic wooded wetland: Virginia bluebells on the slope across the creek; blankets of trout lilies; rings of wide mayapple leaves hiding their tasty fruits around the oak trees; bigger crowds of Jackin-the-Pulpits along the birdhouse path. Imagine how lovely this woodland garden will be with clumps of bloodroot, Dutchman's breeches

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and trilliums blooming. Beautiful to see and a healthy habitat for wildlife.

While we work to reclaim the woodland garden for native spring ephemerals, you can help. Find a place in a mulched bed at your house or in your village (with permission of village landscape committee, of course) and add a few native spring ephemerals. Not daffodils or tulips, they came from Asia and have few benefits for native wildlife. Here are a few suggestions of where to start: spring beauty (Claytonia virginica) and bloodroot (Sanguinaria canadensis) are excellent choices for sunny or partly sunny spots. Mayapple (*Podophyllum peltatum*) and foam flower (Tiarella cordifolia) thrive in moist part-shade settings. Their attractive leaves last through most of summer. Virginia bluebells (Mertensia virginica) and Dutchman's breeches (Dicentra cucullaria) tucked in among your ferns will be welcome bursts of spring color while the ferns fill out. There are many more choices, spend some time discovering a new favorite early spring flower.

The HOA Friendly Native Plant List at hersheysmill.org/Nature Group lists native plants and places to buy them. Send your garden photos to HMNatureComm@hmhoa.com to enter the annual Nature Group photo contest.



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At Angel Companions, we offer a flexible schedule from hourly to around the clock live-in care, depending on your needs. We have an office on-site at Wellington which services clients at Hershey's Mill and surrounding areas. Our services include oversight by an on-site care manager who communicates with all clients.

#### **Our Services**

- Friendly companionship
- Respectful help with personal care, including bathing and dressing
- · Assistance with safe transfers, walking, and exercise
- · Meal planning and preparation, including grocery shopping
- · Medication reminders
- Light housekeeping including laundry
- · Accompaniment to errands and appointments

Office at Wellington - serving Hershey's Mill and surrounding areas



610.644.8160 AngelCompanions.net

#### **Activities Contacts**

Art Group	Sara Hamilton
Billiards Club	
Bingo	
Book Discussion Group	
Bowling (Oct-Apr)	•
Bridge Groups:	. Kusic Tuylul
Fun Bridge	Kathy Martinidos
Golf Club Tuesday Bridge	•
Golf Club Friday Bridge	
Social Club Party Bridge	
. •	
Talking Bridge	
Cards & Games	
Caregivers Support Group	•
Chester County Hospital Auxiliary	
Cradle Stitchers	
Exercise to DVDs	
Gardens (Community)	
HM Folk Song Circle	•
HM NEWS	•
Knitting Circle	
Mah Jongg (Groff)	. Lisa Groff
Mah Jongg (Tuesday)	. Carol Smore
Mermaid Book Club	. Karen Smith
MerryMakers	
Nature Group	. Christine McCormick
Paoli Hospital Auxiliary	. Judy Molt
Photography Club	. Roger Fleming
Pinochle Club	. Linda Kane
Poker Club	. Mike Brindisi
Quilters	. Diane King
Scrabble	•
Singers (Hershey's Mill Singers)	
Social Club	
Sports	
Sullivan House (FoSH)	
Table Tennis	
The Players	-
1110 1 147013	

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